



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From February 2023 Period start date To 31/12/2023 Period end date

Charity name: Community of African Veteran Association Leicester (CAVAL)

Charity registration number: 1201977

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The preservation and protection of good physical and mental health of people aged over 25 living in Leicester in particular but not exclusively by promoting and providing physical fitness sessions including football.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<ol style="list-style-type: none">1. Fitness sessions were held every Saturday morning from 10:30 AM to 1:00 PM, offering a fantastic opportunity to improve health and well-being.2. We organized two exciting friendly football matches, bringing together enthusiastic teams from Reading and Birmingham for a spirited competition.3. In addition, we hosted an unforgettable family fun day that drew in over 400 participants. This vibrant event was packed with engaging outdoor games, including tug-of-war, football, badminton, sack races, egg-and-spoon races, and board games, all accompanied by delicious refreshments. It was a day filled with laughter, camaraderie, and fun for everyone involved!
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	For all activities, the trustees had regard to the Charity Commission's guidance on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	

Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	Volunteers were essential to the success of CAVAL's activities. Their unwavering dedication and commitment not only enhanced the overall effectiveness of our events but also created a vibrant and supportive community. By offering free fitness training sessions, the volunteers empowered participants to achieve their health goals. Additionally, many played a vital role in organizing these impactful events. The invaluable contributions of our volunteers have truly elevated CAVAL and made a lasting difference.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The family fun day organized by CAVAL brought together an impressive 400 participants, demonstrating the community's enthusiasm for engaging in outdoor activities. These types of events play a crucial role in alleviating stress, combating depression, and enhancing mental health. They foster a sense of unity and social integration, creating a vibrant community atmosphere. Moreover, the event served as a valuable networking opportunity, enabling participants to connect and collaborate in meaningful ways.</p> <p>The friendly football games not only promoted camaraderie but also significantly boosted participants' physical health. By helping to reduce and prevent cardiovascular diseases, these activities play an essential role in lessening the strain on our NHS. Such initiatives not only benefit individuals but also contribute to a healthier, more resilient community overall.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
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Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	CAVAL raise a total of £5800 through donations. A total of £4219 was spent in organising the family fun day and the football friendlies. The balance in the account was £1581.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	CAVAL's policy is to hold at least £500 as reserves
Amount of reserves held	Para 1.22	£1000,00.
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	£0.00
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		N/A
Type of governing document (trust deed, royal charter)	Para 1.25	CAVAL Association Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Voted at General Assembly meeting

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	
Other name the charity uses	N/A
Registered charity number	1201977
Charity's principal address	25 GLENGARRY CLOSE LEICESTER LE3 6RP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	George Chi Tangyie	Chairperson		General Assembly
2	Mr Mbi Gerald Baiye	Trustee		General Assembly
3	Mr Junior Elimbi	Trustee		General Assembly
4	Mr Elvis Nyiawung Morfaw	Trustee		General Assembly
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

N/A

Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	George Chi Tangyie	
Full name(s)	George Chi Tangyie	
Position (eg Secretary, Chair, etc)	Chair	
Date	03/04/2025	

Section B Balance sheet

	Guidance Note	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets						
Intangible assets (Note 15)	B01	-	-	-	-	-
Tangible assets (Note 14)	B02	427	-	-	427	-
Heritage assets (Note 16)	B03	-	-	-	-	-
Investments (Note 17)	B04	-	-	-	-	-
Total fixed assets	B05	427	-	-	427	-
Current assets						
Stocks (Note 18)	B06	-	-	-	-	-
Debtors (Note 19)	B07	-	-	-	-	-
Investments (Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand (Note 24)	B09	1,581	-	-	1,581	-
Total current assets	B10	1,581	-	-	1,581	-
Creditors: amounts falling due within one year (Note 20)	B11	-	-	-	-	-
Net current assets/(liabilities)	B12	1,581	-	-	1,581	-
Total assets less current liabilities	B13	2,008	-	-	2,008	-
Creditors: amounts falling due after one year (Note 20)	B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	2,008	-	-	2,008	-
Funds of the Charity						
Endowment funds (Note 27)	B17	-	-	-	-	-
Restricted income funds (Note 27)	B18	-	-	-	-	-
Unrestricted funds	B19	1,581	-	-	1,581	-
Revaluation reserve	B20	-	-	-	-	-
Fair value reserve	B21	-	-	-	-	-
Total funds	B22	1,581	-	-	1,581	-

The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by one or two trustees/directors on behalf of all the trustees/directors

Print Name	Date of approval dd/mm/yyyy
George Chi Tangyie	11/05/2024
Elvis Nyiawung Morfaw	11/05/2024

Signature of director authenticating accounts being sent to Companies House

Signature	Date dd/mm/yyyy
George Chi Tangyie	11/05/2024
Elvis Nyiawung Morfaw	Print name