



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 01 November 2023 To 31 October 2024

Charity name: Café Milk CIO

Charity registration number: 1201791

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To preserve and protect good health for the public benefit through the provision of education in the techniques and health benefits of breastfeeding by providing support and practical advice to families in the Surrey area. The advancement of education for the public benefit through the provision of training to volunteers in the Surrey area so that they can expand their skills and knowledge in supporting successful breastfeeding to build expertise within the local community.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Café Milk delivers its purposes by provisioning three venues facilitated by Breastfeeding Counsellors (the subcontractor costs within the accounts), each once a week during term time, for 2 hour sessions. Café Milk also aims to provision some limited sessions during the summer holidays. The three venues are all located within Surrey in the towns of Horley, Redhill and Caterham. The Trustees work closely with HCRG Care Group within East Surrey to enable Health Visitor attendance at the vast majority of these sessions. These sessions predominantly provide support and practical advice to families with regards to breastfeeding techniques and health benefits, but are also able to deliver support and advice on a wide range of topics throughout the infant years which also support the preservation of good health for the public benefit.

		<p>Café Milk endeavours to offer a comfortable and 'homely' environment to its recipients, offering refreshments and lights snacks and also ensures that it has all of the required facilities for new parents and their infants, as such there are a small amount of sundry costs within the accounts.</p> <p>Café Milk also delivered Breastfeeding Peer Support training to eight new Peer Supporters to expand support available during the sessions and expertise within the local community.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>Café Milk Trustees are aware of the guidance issued by the Charity Commission on public benefit and have taken it into account when making any decisions to which the guidance is relevant.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>In the months between Sept 2023 - Aug 2024, there were 119 Café Milk sessions across Horley, Redhill, and Caterham. The peer supporter team collectively provided over 520 voluntary hours. Eight additional peer supporters received training, who are now volunteering regularly in our cafes. A total of 575 new mothers and their babies attended a Café Milk session during this period, resulting in 1114 visits overall. Notably, 29% of new mothers who gave birth in East Surrey attended Café Milk.</p> <p>This service has been invaluable in providing both infant feeding support and social support to new mothers and partners, creating a welcoming community where they can share experiences and receive evidence-based advice and peer support. The service provisioned at Café Milk, in partnership with health providers, ensures that new mothers receive comprehensive support during this crucial time.</p>
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Café Milk accounts are in a strong position at the end of the financial period, with enough funding to allow for several more months of provision of the services.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Trustees have deemed that it is not necessary for Café Milk to hold reserves.
Amount of reserves held	Para 1.22	0
Reasons for holding zero reserves	Para 1.22	The Trustees have deemed that reserves are unnecessary given the low funding requirements for the enduring service provision.
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The charity receives the vast majority of its donations via grants, if there are ongoing issues with attaining funding from grants, there may be uncertainty around the charity continuing.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Constitution of a Charitable Incorporated Organisation whose only voting members are its charity Trustees.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Apart from the first charity Trustees, every Trustee must be appointed by a resolution passed at a properly convened meeting of the charity Trustees. In selecting individuals for appointment, the charity Trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	CAFE MILK CIO
Other name the charity uses	FEEDING SUPPORT IN EAST SURREY CIC (Previous name)
Registered charity number	1201791
Charity's principal address	66 Somerset Road Redhill RH1 6LT

Names of the charity trustees who manage the charity

		Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
	1	Dionne Grogan			
	2	Cherrelle Ann Mclean			
	3	Aimee Louise Shields			
	4	Susan Elizabeth Ashfield			
	5	Romy Secker			
	6	Katherine Elizabeth King			
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) *CMclean*

Full name(s) Cherrelle Mclean

Position (eg Secretary,
Chair, etc) Secretary

Date 28/08/2025



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name CAFE MILK CIO	No (if any) 1201791
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Receipts and payments accounts

For the period from	Period start date 01 November 2023	To	Period end date 31 October 2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	8,984	-	-	8,984	-
	-	-	-	-	-
Sub total (Gross income for AR)	8,984	-	-	8,984	-
A2 Asset and investment sales					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	8,984	-	-	8,984	-
A3 Payments					
Subcontractor costs	8,742	-	-	8,742	-
Insurance	96	-	-	96	-
Accountancy fees	120	-	-	120	-
Sundry expenses	-	-	-	-	-
	-	-	-	-	-
Sub total	8,958	-	-	8,958	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-

Total payments	8,958	-	-	8,958	-
Net of receipts/(payments)	26	-	-	26	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	7,641	-	-	7,641	-
Cash funds this year end	7,667	-	-	7,667	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank	£7,641.43	-	-
	Total cash funds	7,641	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	

Signature	Print Name	Date of approval
<i>CMclean</i>	Cherelle Mclean	28/08/2025