

Charity Registration Number 1201461 (England & Wales)

UNA VOZ DE AYUDA (VOICE OF SUPPORT)

**ANNUAL REPORT AND UNAUDITED FINANCIAL STATEMENT
FOR THE YEAR ENDED 30 APRIL 2024**

UNA VOZ DE AYUDA (VOICE OF SUPPORT)

COMPANY INFORMATION

TRUSTEES

Antonio Redondo
Antonia Ragel
Meury Febres

VOLUNTEERS

Antonio Redondo (Director)
Nelly Mosquera (Sub-Director)
Mirta Osorio
Mayte Daza
Fiorella Ramirez Ysla
Antonia Ragel
Meury Febres

Trustee and Volunteer who passed away since the integration of Una Voz de Ayuda.
Angeles Ramirez Montelongo (RIP)

UNA VOZ DE AYUDA (VOICE OF SUPPORT)Contents of the Financial Statements
for the Year Ended 30 April 2024

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Trustee's Annual Report for the Financial Period 29 Dec 2022-30 April 2024.

The trustees and volunteers who are directors of the organisation present their report and audited financial statements for the Financial Period 29 Dec 2022-30 April 2024.

The trustees Constitution of a Charitable Incorporated Organisation who's only voting members are its charity trustees and the Foundation model constitution was dated, last on 13 December 2022 and submitted to the charity commission in Dec 2022

Structure, governance and management

Una Voz de Ayuda (UVA) [A Voice of Support] is a registered charity and organisation run by volunteers registered Charity Incorporated Organisation under the number 1201461.

The trustees and volunteers at present are members of the Management Committee.

All new staff, volunteers and members of the management committee must go through an induction process at the start of their work with Una Voz de Ayuda (UVA) [A Voice of Support]. This process aims to familiarise them with aims, objectives and structures of the organisation, understand the policies and procedures which are likely to be relevant to their work

Una Voz de Ayuda is governed by a board of trustees and volunteers who oversee the charity's strategic direction and financial management. The board meets regularly to discuss operations, compliance, long-term planning, monitoring risks and budget. As part of its work the committee approves the charity's business plan, annual work programmes, annual budget, day-to-day operations, volunteering management and operational decisions are delegated to the committee who receive supervision from the Director and sub-director.

The main activity of the organisation is general support in the emotional health and wellbeing for the Spanish speaking community in the UK.

The trustees and volunteers reviewed the health and safety policy on 31 Jan 2025 and at various meetings throughout the year examine likely risks of constitutional, financial, governance, management, operations, fundraising, external influences, health and safety and agreed measures to reduce and mitigate the risks.

Objectives and Activities

The purpose, aims, objectives and mission of Una Voz de Ayuda are to provide services to the Spanish speaking community in London- The UK which main drive is to work in the prevention of psychological crisis and the promotion of emotional and mental wellbeing to the Spanish speaking community in the UK in order to support and empower Latin American migrants in the UK by providing essential services such as workshops and active listening through the telephone line that people can contact to talk when having emotional crisis, cultural programs, and community-building activities.

The trustees have received briefing and online training to ensure that the work Una Voz de Ayuda adheres to the Charity Commission's guidance on "Charities and Public Benefit and strictly furthers Una Voz de Ayuda's charitable purposes for public benefit. The trustees considered the restrictions to benefit a section of the public, based on language spoken (Spanish) to strictly fall within our charitable objects. No other restrictions apply in terms of access to facilities, degree of need or any other factors.

Una Voz de Ayuda's committee is responsible for safeguarding the assets of the organisation and hence for taking reasonable steps for the prevention and detection of fraud and irregularities.

Who Used and Benefited from Our Services?

Latin Americans and Spanish people form a significant portion of the migrant community in the UK, facing challenges related to adaptation, economic instability, and emotional well-being. The beneficiaries of Una Voz de Ayuda's services are predominantly Spanish-speaking migrants from countries such as Colombia, Ecuador, Venezuela, Spain, Peru, Bolivia with a significant number experiencing financial hardship and social isolation.

Una Voz de Ayuda operates for the benefit of Spanish speaking migrants, ensuring their cultural heritage and emotional well-being are preserved and supported. All activities align with UK charity regulations and are designed to make a positive community impact.

Many of our service users work in low-paid, precarious jobs, including cleaning, hospitality, and caregiving, often under exploitative conditions.

A large percentage of beneficiaries' face housing insecurity, sharing overcrowded accommodations or dealing with unsafe living conditions.

Emotional well-being is a key area of concern, with many experiencing stress, anxiety, and depression due to migration challenges and past trauma.

Language barriers prevent access to essential services, with a significant portion of beneficiaries requiring interpretation assistance.

Women, particularly single mothers, form a substantial part of our beneficiaries, needing support in parenting, domestic abuse recovery, and financial independence.

By offering tailored emotional support workshops, cultural activities, and direct assistance, Una Voz de Ayuda plays a vital role in strengthening the resilience of Latin American migrants and fostering a sense of belonging within the UK community.

Achievements and Performance

Despite financial challenges, Una Voz de Ayuda successfully delivered:

Workshops for participants:

-Understanding the power of Forgiveness 16 January 2023
(8 weeks) Workshop with 14 participants.

-Understanding the process of bereavement and grief.
22nd Feb 2023 (8 weeks)
Workshop with 13 participants.

-Emotional intelligence 4th April 2023 (12 weeks)
Workshop of 37 participants.

-Resilience 10th July 2023 (8 weeks)

Workshop of 8 participants.

-Learn how to live with a long-term disease or illnesses 30th September 2023 (8 weeks)

Workshop of 20 participants

-Self-esteem 4th March 2024

Workshop of 11 Participants.

Workshops for Trustees and volunteers:

-Active listening while answering the telephone line 5th January 2023 (9 weeks), update/debriefing April 2024

-Group dynamization 15 March 2023 (9 weeks)

-Non-violent communication 10 June 2023 (4 weeks)

-Update Emotional support/assistant/ listeners 20 September 2023 (10 weeks)

Community feedback has been overwhelmingly positive, with participants expressing how these activities helped them feel connected to their roots, very useful, life changing and they feel emotionally supported in their migration journey.

These activities directly contribute to our goal of preserving Latin American culture and supporting emotional well-being in the diaspora community.

Challenges and Lessons Learned

Because we are limited to supporting the Spanish Speaking community in the UK; founding has been very challenging and minimal to receive.

Underfunding of Emotional Well-being and Cultural Initiatives: Mental health and cultural preservation often receive insufficient financial support, despite their crucial role in migrant adaptation and well-being. Without mental health support, individuals struggle to function effectively in society.

Delayed Funding Impact: The delay in receiving funds resulted in financial strain, limiting the scope of activities.

Plans.

In the upcoming year, Una Voz de Ayuda aims to:

Expand the different workshops to reach more participants, including workshops such as stress management, knowing yourself, meaning of life, management of your emotions. effective communication as well as integrating activities like working in conjunction with the Latin community choir, art therapy, cine forum.

Secure more sustainable funding sources to support our programs.

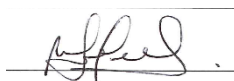
Strengthen partnerships with other organizations to maximize impact.

on behalf of the board of trustees

Meury Febres

Trustee

27-02-2025



UNA VOZ DE AYUDA (VOICE OF SUPPORT)Statement of Financial Activities
for the Year Ended 30 April 2024

| | Notes | Unrestricted funds £ | Restricted funds £ | 30.4.24 Total funds £ |
|--|-------|----------------------------|--------------------------|--------------------------------|
| INCOMING RESOURCES | | | | |
| Incoming resources from generated funds | | | | |
| Voluntary income | 2 | 222 | - | 222 |
| Investment income | 3 | <u>-</u> | <u>-</u> | <u>-</u> |
| Total incoming resources | | 222 | - | 222 |
| RESOURCES EXPENDED | | | | |
| Other resources expended | | - | - | - |
| | | <u>-</u> | <u>-</u> | <u>-</u> |
| NET INCOMING RESOURCES | | 222 | - | 222 |
| RECONCILIATION OF FUNDS | | | | |
| Total funds brought forward | | - | - | - |
| | | <u>-</u> | <u>-</u> | <u>-</u> |
| TOTAL FUNDS CARRIED FORWARD | | <u>222</u> | <u>-</u> | <u>222</u> |

UNA VOZ DE AYUDA (VOICE OF SUPPORT)Statement of the Financial PositionAt 30 April 2024

| | Notes | Unrestricted funds £ | Restricted funds £ | 30.4.24 Total funds £ |
|--|-------|----------------------------|--------------------------|--------------------------------|
| CURRENT ASSETS | | | | |
| Debtors | 7 | - | - | - |
| Cash at bank | | <u>222</u> | <u>-</u> | <u>222</u> |
| | | 222 | - | 222 |
| CREDITORS | | | | |
| Amounts falling due within one year | 8 | - | - | - |
| | | <u>-</u> | <u>-</u> | <u>-</u> |
| NET CURRENT ASSETS | | <u>222</u> | <u>-</u> | <u>222</u> |
| TOTAL ASSETS LESS CURRENT LIABILITIES | | 222 | | 222 |
| | | <u>-</u> | <u>-</u> | <u>-</u> |
| NET ASSETS | | <u>222</u> | <u>-</u> | <u>222</u> |
| FUNDS | 9 | | | |
| Unrestricted funds: | | | | |
| Unrestricted | | 222 | - | 222 |
| Restricted funds: | | | | |
| Restricted | | <u>-</u> | <u>-</u> | <u>-</u> |
| TOTAL FUNDS | | <u>222</u> | <u>-</u> | <u>222</u> |

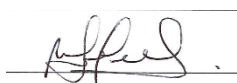
UNA VOZ DE AYUDA (VOICE OF SUPPORT)Balance Sheet - continuedAt 30 April 2024

The charitable company is entitled to exemption from audit under Section 477 of the Companies Act 2006 for the year ended 30 April 2024.

The members have not required the charitable company to obtain an audit of its financial statements for the year ended 30 April 2024 in accordance with Section 476 of the Companies Act 2006.

These financial statements have been prepared in accordance with the provisions applicable to companies subject to the small companies' regime.

The financial statements were approved by the Board of Trustees on 27-02-2025 and were signed on its behalf by:



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Meury Febres

Trustees

UNA VOZ DE AYUDA (VOICE OF SUPPORT)

Notes to the Financial Statements for the Year Ended 30 April 2024

1. ACCOUNTING POLICIES

Company Information

Una Voz De Ayuda (Voice of Support) is a charity registered with the Register of Charities (England & Wales). The registered office is 20 Hollywood Road, London, E4 8JE

Accounting convention

The financial statements have been prepared in accordance with the charity's Memorandum and Articles of Association, the Companies Act 2006 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)". The charity is a Public Benefit Entity as defined by FRS 102.

The charity has taken advantage of the provisions in the SORP for charities applying FRS 102 Update Bulletin 1 not to prepare a Statement of Cash Flows.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention. The principal accounting policies adopted are set out below.

Incoming resources

All incoming resources are included on the Statement of Financial Activities when the charity is legally entitled to the income and the amount can be quantified with reasonable accuracy.

Resources expended

Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

Tangible fixed assets

Tangible fixed assets and depreciation

Tangible fixed assets are stated at cost less depreciation. Depreciation is provided at rates calculated to write off the cost of fixed assets, less their estimated residual value, over their expected useful lives on the following bases:

| | |
|--------------------|-------------------------|
| Computer equipment | 25% Straight Line Basis |
| F F & Equipment | 25% Straight Line Basis |

Taxation

The charity is exempt from corporation tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. VOLUNTARY INCOME

| | |
|-----------------|------------|
| | 30.4.24 |
| | £ |
| Gifts | - |
| Donations | - |
| Grants | - |
| Membership Fees | 222 |
| | <hr/> |
| | <u>222</u> |

UNA VOZ DE AYUDA (VOICE OF SUPPORT)**Notes to the Financial Statements - continued****for the Year Ended 30 April 2024****3. INVESTMENT INCOME**

| | |
|--------------------------|---------|
| | 30.4.24 |
| | £ |
| Deposit account interest | <hr/> - |

4. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 30 April 2024 nor for the year ended 31 March 2011.

Trustees' Expenses

There were no trustees' expenses paid for the year ended 30 April 2024

5. STAFF COSTS

| | |
|--------------------|----------|
| | 34.04.24 |
| | £ |
| Wages and salaries | <hr/> - |

6. TANGIBLE FIXED ASSETS

-

7. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | |
|---------------|---------|
| | 30.4.24 |
| | £ |
| Other debtors | <hr/> - |

8. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

| | |
|------------------------------|---------|
| | 30.4.24 |
| | £ |
| Trade creditors | - |
| Taxation and social security | - |
| Other creditors | <hr/> - |
| | <hr/> - |

UNA VOZ DE AYUDA (VOICE OF SUPPORT)Notes to the Financial Statements - continued
for the Year Ended 30 April 2024**9. MOVEMENT IN FUNDS**

| | At 22.12.22 £ | Net movement in funds £ | At 30.4.24 £ |
|---------------------------|------------------|-------------------------------|-----------------|
| Unrestricted funds | | | |
| Unrestricted | - | 222 | 222 |
| Restricted funds | | | |
| Restricted | - | - | - |
| | <hr/> | <hr/> | <hr/> |
| TOTAL FUNDS | <u>-</u> | <u>222</u> | <u>222</u> |

Net movement in funds, included in the above are as follows:

| | Incoming resources £ | Resources expended £ | Movement in funds £ |
|---------------------------|----------------------------|----------------------------|---------------------------|
| Unrestricted funds | | | |
| Unrestricted | 222 | - | 222 |
| Restricted funds | | | |
| Restricted | - | - | - |
| | <hr/> | <hr/> | <hr/> |
| TOTAL FUNDS | <u>222</u> | <u>-</u> | <u>222</u> |

NA VOZ DE AYUDA (VOICE OF SUPPORT)Detailed Statement of Financial Activities
for the Year Ended 30 April 202430.4.24
£**INCOMING RESOURCES****Voluntary income**

| | |
|-----------------|-----|
| Gifts | - |
| Donations | - |
| Grants | 222 |
| Membership Fees | - |

 222
Investment income

| | |
|--------------------------|---|
| Deposit account interest | - |
|--------------------------|---|

Total incoming resources 222
RESOURCES EXPENDED**Other resources expended**

| | |
|-----------------------------|---|
| Wages | - |
| Supervision & Assessments | - |
| Counsellor | - |
| Finance & Admin support | - |
| Room & Facility hire | - |
| Print, Post & Stationery | - |
| Materials & Equipment | - |
| Telephone | - |
| Advertisement & Recruitment | - |
| Computer Software | - |
| Computer Equipment | - |
| Website Development | - |
| Sundry | - |
| Travel & Accommodation | - |
| Training | - |
| Bank Charges | - |
| MC Expenses | - |
| Staff & Volunteer expenses | - |
| Books & Research | - |
| Subscription | - |
| Rent & Rates | - |
| Cleaning/maintenance | - |
| Audit Fees | - |
| Insurance | - |
| Accountancy Fees | - |
| Catering Exp | - |

 -

Total resources expended -

UNA VOZ DE AYUDA (VOICE OF SUPPORT)

Detailed Statement of Financial Activities - continued
for the Year Ended 30 April 2024

| | |
|-------------------|---|
| | 30.4.24 £ |
| Net income | <div><div></div><div>222</div><div></div></div> |