



The Healing Hubs Charity: 1201382

Annual Report 2024/5

Opening Letter from the Chair of Trustees

Welcome everyone to the Healing Hubs Annual Report for 2024/5!

I became involved with the Healing Hubs back at the start of the journey, before we were a Registered Charity. Signposted by the NHS, my mother-in-law (then diagnosed with Alzheimer's) began to attend the Meeting Place in Aldershot. It was a chance for her to engage with others in a way that she'd not been able to do for several years, and she gained a lot of benefit from the variety of activities which helped to keep her mind active. My contribution was as a helper and an ad hoc choir leader! When my mother-in-law was no longer able to attend, I continued to do so and was approached to become a Trustee.

I have been privileged and proud to be part of the journey from (almost!) the beginning and never cease to be amazed by the inspiration and leadership from our CEO, Sarah. She does, of course, have an excellent team behind her which despite bumps along the way, always manages to keep things on track and moving in a positive direction.

To help with some fund raising, my band provided a fun-filled evening of sixties music, and I think the picture (below) will forever be posted on the website of me in that dress!



I want to express huge thanks to everyone who has contributed to our efforts this year, whether it be by giving or raising money, volunteering, or even just spreading the news of the wonderful work that is being done. I know our journey forward will be exciting and positive, and I look forward to being part of it!

Sue Lampard

Chair of Trustees

Aims and achievements

Our mission at The Healing Hubs Charity is to provide community-based services that are designed to maximise mental health and wellbeing for individuals of all ages, with a strong emphasis on crisis prevention. We are dedicated to creating a supportive and inclusive environment where individuals can access the resources they need to thrive and lead fulfilling lives.

This year we have continued to build our core services of Meeting



Places, Warm Hubs, Befriending Calls, Companion Home Visits, coffee mornings and day trips. We have partnered with Silent Storms Charity which supports Men's Mental health by providing regular 'decompression' meetings for their mentors.

Our Laughter Programme includes a year-long Laughter Campaign which encouraged people to laugh for a minute and upload it to share. We provided Laughter Workshops for both adults and children, as well as delivering training to Laughter Yoga Leaders. We firmly believe in the benefits of laughter which include improved Mental, Physical, Emotional and Social Health, improved Mental Clarity and benefits to the Immune System. In a workplace environment laughter can enhance team dynamics, improve organisational culture and reduce staff turnover.



Benefits of The Healing Hubs Charity

With the help of our donors, volunteers, and supporters, The Healing Hubs Charity has been able to make a positive impact in the lives of thousands of people. As our charity grows from strength to strength, we firmly believe that we are making a real difference to those who reach out.

From members.....

Supportive, friendly, part of a group. Keep doing what you're doing!

The Meeting Place is just wonderful. I look forward to it so much each week. I wish Monday was every day



And a volunteer.....

The Meeting Place is really great. I enjoy helping people and coming to The Meeting Place and putting out my art supplies for everyone to use



Activity

Here's an overview of our services and average numbers of members that are using them. This is great progress after our early beginnings of the original Meeting Place in Aldershot!

Monday Meeting Place (Aldershot)	30
Tuesday Warm Hub (Alton)	15
Wednesday Respite (Aldershot)	8
Thursday Warm Hub (Aldershot)	15
Friday Meeting Place (Alton)	15
Weekly Befriending Calls	15
Weekly Laughter Clubs	10
Silent Storm Monthly workshop	8
On-line Carers support group	In development
Monthly Coffee Morning (Alton)	5

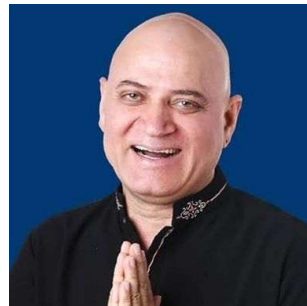
Our finances come from a mixture of sources including donations, grants, fundraising and contributions from our members. Here's an overview of the financial year.

Opening Balance	01/01/2024	£3712
Income		£89,618
Expenditure		£51,448
Closing balance	31/12/2024	£41,882

Our Team (as of October 2025)



Patron
Jack Sheffield
Author



Patron
Dr Madan Kataria
Founder of Laughter Yoga

Our Senior Management Team (Volunteers)



CEO
Sarah Greenway



Finance Director
Jackie Mogg

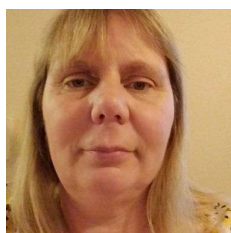


Designated
Safeguarding Lead
Lynsie Smith

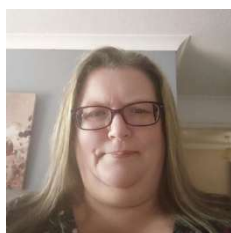


Director
of Inclusion
Zethu Makatini

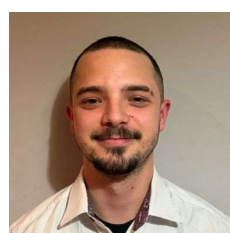
Our Operational Team (Paid)



Sharon Watt
Team Managers



Marianne Hamill



Nick Barrett
Customer
Engagement
Coordinator



Karen Weyman
Team Support

Our Fabulous Volunteers!



Christine
Leah



Mike
Sue



Tina
Pauline
Francis

Our Wonderful Sponsors!





INCOME

Charity Commission
Number: 1201382

OPENING BALANCE	3712.28
Donations	17601.03
Grants	46000.00
Fundraising	621.22
Meeting Place Aldershot	8610.96
Meeting Place Alton	1167.46
Orchard House	553.91
Lowford Meeting Place	7906.59
Bourne Court Warm Hub	183.44
Companionship Fees	3200.00
Misc	3773.00
Total	93329.89

EXPENDITURE

BALANCE B/F	0
Meeting Place Aldershot	1228.08
Meeting Place Alton	541.43
Meeting Place Lowford	164.47
Orchard House	319.03
Bourne Court	143.93
Mini Bus Hire Aldershot/Lowford	9006.22
Rent Aldershot/Lowford	5072.05
Activities	1312.36
Equipment	185.94
Salaries	30566.45
Website/Padlet	1360.09
MISC	1383.03
DBS	164.40
TOTAL	51447.48

INCOME 93329.89
EXPENDITURE 51447.48

Balance in bank as of 31.12.2024

41882.41



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

The Healing Hubs

**On accounts for the year
ended**

31.12.2024

**Charity no
(if any)**

1201382

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31.12,

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

27.10.2025

Name:

Jonah Stoodley

**Relevant professional
qualification(s) or body
(if any):**

N/A

Address:

1 Prospect Place

Alresford, Hampshire

SO24 9FZ

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.