

GREEN & ABLES

England & Wales · Charity number 1201379

Details

Status Registered

Legal form CIO

Registered 2022-12-19

Register [View on the Charity Commission register](#)

Contact

Address 4 Cedars Avenue
London
E17 7QN

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Activities

Objects: TO PROMOTE SOCIAL INCLUSION FOR THE PUBLIC BENEFIT BY WORKING WITH PEOPLE WHO ARE SOCIALLY EXCLUDED ON THE GROUNDS OF OLD AGE OR DISABILITY TO RELIEVE THE NEEDS OF SUCH PEOPLE AND ASSIST THEM TO INTEGRATE INTO SOCIETY, IN PARTICULAR BY PROVIDING:1. A TRANSPORT SERVICE TO AND FROM RECREATIONAL AND PUBLIC SERVICES;2. OUTINGS AND SOCIAL TRIPS INCLUDING TRANSPORT TO AND FROM HOME;3. PROVIDING RECREATIONAL FACILITIES AND OPPORTUNITIES SUITABLE FOR THE ELDERLY OR FOR THOSE WITH DISABILITIES; AND4. A LOCAL BEFRIENDING GROUP THAT ENCOURAGES AND ENABLES MEMBERS OF THE ELDERLY AND/OR DISABLED COMMUNITY TO PARTICIPATE MORE EFFECTIVELY WITH THE WIDER COMMUNITY.

Activities: Green and Ables is based at Codicote in North Hertfordshire. The charity's aims to have an environmental and social hub to combat loneliness among elderly and local people and support and encourage the local environmental projects to take shape and start.

Classification

- **How:** Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Disability
- **Who:** Elderly/old People, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees	
2025-06-14		£0	£0	-	-
2024-06-14		£675	£552	-	-

Trustees

Name	Role	Appointed
Ayfer Karakus	Chair	2022-08-01
Ayten Payne		2022-08-01
Sabine Anneliese Junker		2022-08-01

GREEN & ABLES

England & Wales - Charity number 1201379

Accounts

1. Annual Report

GREEN & ABLES

Charity Number: 1201379

Financial Year End: 14 June 2025

Trustees' Annual Report

Objectives and Activities

GREEN & ABLES exists to provide inclusive support, activities and opportunities for individuals with disabilities and additional needs, promoting wellbeing and community engagement.

Activities During the Year

During this financial year the charity was not operational. The lead trustee experienced significant personal circumstances including relocation and divorce, which limited capacity to deliver activities.

The trustees intend to review and resume charitable activities when circumstances allow.

Financial Review

The charity had no significant financial activity during this financial year.

Income: £0

Expenditure: £0

Balance carried forward: £65.12

Structure, Governance and Management

GREEN & ABLES is a Charitable Incorporated Organisation (CIO) governed by its constitution and managed by its trustees.

Trustee Name: **Ms A Karakus**

Position: Trustee

Date: 10 April 2026

2.Accounts

GREEN & ABLES

Charity Number: 1201379

Financial Year End: 14 June 2025

Receipts and Payments Account

Receipts (Income)

Donations: £0

Grants: £0

Other Income: £0

Total Income: £0

Payments (Expenditure)

Operational costs: £0

Activities: £0

Administration: £0

Total Expenditure: £0

Balance

Opening Balance: £65.12

Income: £0

Expenditure: £0

Closing Balance: £65.12

Trustee Signature:

Name: Ms Karakus

Date: 10 April 2026

GREEN & ABLES

England & Wales - Charity number 1201379

Accounts

Trustees' Annual Report and Accounts

Green and Ables CIO

Charity Number: 1201379

For the period ending 19/12/2022 - 14/06/2024

Reference and Administrative Details

Charity Name: Green and Ables CIO

Charity Number: 1201379

Date of Establishment: 19 December 2022

Registered Address: 4 Cedars Avenue, Walthamstow, London E17 7QN

Operating Location: Codicote, North Hertfordshire

Trustees

- Ayfer Karakus
- Sabine Anneliese Junker
- Arten Payne

Structure, Governance, and Management

Green and Ables CIO is governed by its constitution as a Charitable Incorporated Organisation (CIO). The trustees oversee the charity's operations and decision-making, ensuring that activities align with the charity's aims and objectives.

Objectives and Activities

The objectives of Green and Ables CIO are to promote social inclusion for the public benefit by working with individuals who are socially excluded due to old age or disability. The charity seeks to alleviate social isolation and foster community engagement through the following initiatives:

1. Providing a transport service to and from recreational and public services.

2. Organizing outings and social trips, including transportation to and from home.
3. Offering recreational facilities and opportunities suitable for the elderly and disabled.
4. Establishing a local befriending group that encourages and enables participation in the wider community.

Achievements and Performance

During the reporting period, Green and Ables CIO engaged in several projects to promote environmental sustainability and social inclusion:

- **Codicote Rewilding Project:** Developed herb and rewilding areas at the John Clements Sport and Community Centre car park. 20/05/2023
- **Wildlife-Friendly Hedge:** Created a hedge between the tennis courts at The John Clements Sport and Community Centre and Taylor Wimpey building site. 10/12/2023
- Insect Photography Exhibition in Peace Memorial Hall, Codicote 24/11/2023
- **Community Engagement:** Partnered with local charities such as The John Clements Sport and Community Centre, Waste Not Want Not, and Peace Memorial Hall to donate resources and foster collaboration.

Challenges Faced

- In engagements with HCC, hard to establish a clear plan for the local grass verges
- Engaging local residents in community-led environmental initiatives.
- Securing adequate funding to expand and sustain green and social activities.

Future Plans

Due to the active commitments of the trustees in their professional and personal lives, ongoing projects are temporarily on hold. However, there are plans to continue supporting local community gardens in E17 and fostering further environmental and social initiatives.

Financial Review

Green and Ables CIO's primary source of income was from grants, as detailed below:

- **North Hertfordshire District Council (NHDC) Grant:** £400
- **Codicote Parish Council Grant:** £250
- Ayfer Karakus £25

Expenditure:

- **Donation to St John's Sport and Community Centre:** £300
- **Purchases from Waste Not Want Not Community Garden Centre:** £16
- £23.96 domain name renewal 26.12.2023
- £20.39 Godaddy Website/Marketing 25.12.2023
- £20.39 Godaddy Website/Marketing 25.11.2023
- £20.39 Godaddy Website/Marketing 25.10.2023
- £20.39 Godaddy Website/Marketing 25.09.2023
- £20.39 Godaddy Website/Marketing 25.08.2023
- £20.39 Godaddy Website/Marketing 25.07.2023
- £19.19 Godaddy Website/Marketing 25.06.2023
- £19.19 Godaddy Website/Marketing 25.05.2023 (Paid by the trustee A.K.)
- £19.19 Godaddy Website/Marketing 25.04.2023 (Paid by the trustee A.K.)
- £19.19 Godaddy Website/Marketing 25.03.2023 (Paid by the trustee A.K.)
- £19.19 Godaddy Website/Marketing 25.02.2023 (Paid by the trustee A.K.)
- £19.19 Godaddy Website/Marketing 25.01.2023 (Paid by the trustee A.K.)
- £13.19 Domain Registration 25.12.2022 (paid by the trustee A Karakus)
- £45 bags of sand and a birth bath for the Community Herb Garden at John Clements Sports and Community Center (Paid by the trustee A Karakus)

The charity maintains a stable financial position and will continue to seek funding opportunities to support future projects.

Declaration

The trustees declare that they have approved this report and confirm its accuracy.

Signed on behalf of the board of trustees:

Name: Ayfer Karakus

Position: Chair

Date: 17/03/2025

This report provides a summary of the charity's activities, achievements, challenges, and financial position during the reporting period. It is intended to meet the regulatory requirements for the Trustees' Annual Report and Accounts submission.