

Survivors Together CIO


Registered Charity No: 1201320

Report and Accounts for the year to 31st December 2024

Survivors Together	Charity No	1201320
---------------------------	-------------------	----------------

Legal and Administrative Information

Trustees	Hilary Colston (Chair) Janice Anne Lewis Brian Dexter (Treasurer) Lydia Adjoa Yeboah- resigned Diana Roy -resigned Helen Mash -appointed 5 February 2024 Sophie Howell -appointed 2 September 2025
Director/Lead	Yvonne Fletcher- resigned March 2024 Sarah Ward- appointed lead employee April 2024
Principal Address	Memorial Community Church 389-395 Barking Road Plaistow LONDON E13 8AL
Bankers	Nat West Bank East Ham (A) Branch 37 High Street North London E6 1HS
Independent Examiner	Derek Gyateng MBA ACCA 145 Henniker Gardens East Ham E6 3HT

	Survivors Together	Charity No	1201320
	Chair's Report for the year ending 31st December 2024		

The trustees present their report and accounts for the year ended 31st December 2024

The accounts have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charities Act 2011 and the SORP "Accounting and Reporting by Charities" issued in March 2008.

Structure and Governance

Survivors Together is a small charity. The Trustees are responsible for the governance of the charity but the day to day management is undertaken by the Director and Development Worker who report to the steering committee.

The charity has two employees, pays for sessional and creche workers but relies heavily on volunteers

Risk

The trustees have given due consideration to the major risks to which the charity is exposed, and are satisfied that systems, policies and procedures are in place to mitigate exposure to major risks.

Objectives

The charities objectives are

- (I) the preservation, development and protection of good mental and emotional health among victims of childhood sexual abuse, by the provision of mutual support, education and support groups
- (II) to advance the education of the public in matters relating to sexual abuse, including danger signs and how abuse can be identified and addressed

The charity provides support to women survivors of sexual abuse - providing a safe space, building friendships and being a place where women can build friendships with each other.

Work consists of group meetings and individual sessions. It operates predominantly in London Borough of Newham

Activity and Strategic Review


In 2023 Survivors Together registered as a CIO. Survivors Together is a social support group with therapeutic themes in our work. We encourage healing journeys to enable what is a devastating and profound event or series of events on a life, to enable the ability to move from the position of victim to surviving and then thriving.

At the end of March Yvonne Fletcher retired as the director of the charity. Yvonne started Survivors together in 2008, and has led the charity since then, thanks were given to her from members and the trustees joined her for a celebration at Othona. The City Bridge Foundation had been a major funder for several years, but this funding came to an end in April. An application to the Lloyds Foundation was successful; the Lloyds Foundation have awarded £25,000 a year for three years from May, dependent on the funding being matched. A donor has matched the first two years

Sarah Ward, the charity development worker took on the role of lead employee whilst the trustees looked at the staff structure prior to seeking new staff. Gill Sage continued to give administrative support.

The Lloyds Foundation have made available their capacity building programme, and the trustees began working with Locality.

A more detailed annual report with reports from events, meetings and words from our clients is available from the charity.

	Survivors Together	Charity No	1201320
	Chair's Report for the year ending 31st December 2024		

Financial Review

The Charity's financial transactions during the year and the financial situation at the end of the year are set out in the following accounts. The trustees consider the financial position to be satisfactory.

Our income £81,714 (2023: £113,307) is on target. Of this, the sum transferred from the trust is £400 (2023: £10,440) and new income is £81,314

Our expenditure was £ 57,578 (2023: £85,014), including the spend down of funds transferred from the old Trust and expenditure of £15,630 from restricted funds. Our free reserves position with a closing balance of £52,429 (2023: £12,663) is as planned by the trustees, leaving the CIO in a good position for the year ahead. Expenditure was delayed in the year due to difficulty in recruiting a second Project Manager.

Reserves Policy


The charity policy is to aim to hold free reserves equivalent to six months expenditure to give the trustees time to make and implement necessary actions should funding drop or come to an end. Based on the current year that figure is £50,000. Total reserves stand at £52,429 of which £nil is restricted funds. The Free reserves figure is therefore £52,429. Which is just above target.

Post Year end events

There are no post-year events that affect the charity's financial security, activities nor an understanding of the accounts

Signed: *Hilary Colston*
Chair of Trustees

Date approved 16/10/2025

	Survivors Together	Charity No	1201320
	Independent Examiner's Report		

To the Trustees.

I report on the accounts of the Trust for the year ended 31st December 2024, which are set out in the following pages.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011, "the 2011 Act", and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

Examine the accounts under section 145 of the 2011 Act;

To follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and

To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

Which gives me reasonable cause to believe that in any material respect the requirements:

To keep accounting records in accordance with section 386 of the companies Act 2011;
and


To prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities(2008);

have not been met; or

to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.


Derek Gyateng

Dated.....19/10/2025

 Survivors Together	Survivors Together				Charity No	1201320	CC17a
	Annual accounts for the period						
	From		01/01/2024	To	31/12/2024		

Section A Statement of financial activities

Registered Charity No: 1201320	Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
Incoming resources (Note 3)						
Incoming resources from generated funds						
Voluntary income	S01	32,350	-	-	32,350	19,640
Investment income	S03	-	-	-	-	-
Incoming resources from charitable activities	S04	48,964	-	-	48,964	83,227
Other incoming resources	S05	400	-	-	400	10,440
Total incoming resources	S06	81,714	-	-	81,714	113,307
Resources expended (Notes 4-8)						
Costs of Generating Funds		-	-	-	-	-
Costs of generating voluntary income	S07	-	-	-	-	-
Charitable activities	S10	41,690	15,630	-	57,320	84,438
Governance costs	S11	258	-	-	258	576
Other resources expended		-	-	-	-	-
Total resources expended		41,948	15,630	-	57,578	85,014
Net incoming/(outgoing) resources before transfers		39,766	-	15,630	-	24,136
Gross transfers between funds		-	-	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)		39,766	-	15,630	-	24,136
Other recognised gains/(losses)						
Gains and losses on revaluation of fixed assets for the charity's own use		-	-	-	-	-
Gains and losses on investment assets		-	-	-	-	-
Net movement in funds		39,766	-	15,630	-	24,136
Total funds brought forward		12,663	15,630	-	28,293	-
Total funds carried forward		52,429	-	-	52,429	28,293

 Survivors Together	Survivors Together				Charity No	1201320	CC17a
	Annual accounts for the period						
	From		01/01/2023	To	31/12/2023		

Section B

Registered Charity No:
1201320

Note

	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
	£	£	£	£	£
	F01	F02	F03	F04	F05
Fixed assets					
Tangible assets (Note 6)	-	-	-	-	150
Investments	-	-	-	-	-
Total fixed assets	-	-	-	-	150

Current assets

Debtors (Note 7)	71	-	-	71	-
Cash at bank and in hand	56,444	-	-	56,444	35,232
Total current assets	56,515	-	-	56,515	35,232

Creditors: amounts falling due within one year (Note 8)

3,086	-	-	3,086	7,089
-------	---	---	-------	-------

Net current assets/ (liabilities)

53,429	-	-	53,429	28,143
--------	---	---	--------	--------

Total assets less current liabilities

53,429	-	-	53,429	28,293
--------	---	---	--------	--------

Creditors: amounts falling due after one year

-	-	-	-	-
---	---	---	---	---

Net assets


53,429	-	-	53,429	28,293
--------	---	---	--------	--------

Funds of the Charity

Unrestricted funds	52,429			52,429	12,663
Restricted income funds (Note 9)		-		-	15,630
Endowment funds (Note 9)			-	-	-
Total funds	52,429	-	-	52,429	28,293

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Hilary Colston</i>	Hilary Colston	16/10/2025
<i>Bj Dexter</i>	Brian Dexter	16/10/2025

 Survivors Together	Survivors Together				Charity No	1201320	CC17a
	Annual accounts for the period						
	From		01/01/2023	To	31/12/2023		
Section C		Notes to the accounts					

Registered Charity No: 1201320

1.1 Basis of accounting

These accounts have been prepared on the basis of historic cost in accordance with:

- Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2005);
- and with the Charities Act.

Note 2 Accounting policies

INCOMING RESOURCES

Recognition of incoming resources These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- the trustees consider that receipt of funds is probable; and
- the monetary value can be measured with sufficient reliability.

Incoming resources with related expenditure Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.

Tax reclaims on donations and gifts Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Gifts in kind Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised.

Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity.

Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer help The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Investment income This is included in the accounts when receivable.

EXPENDITURE AND LIABILITIES

Liability recognition Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance costs Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters and the cost of E&PL insurances


Grants with performance conditions Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.

Grants payable without performance conditions These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.

Support Costs Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

ASSETS

Tangible fixed assets for use by charity These are capitalised if they can be used for more than one year, and cost at least £250. They are valued at cost or a reasonable value on receipt.

	Survivors Together		Charity No	1201320
	Annual accounts for the period			
	From		To	31/12/2024


Section C

Notes to the accounts

Note 3

Analysis of incoming resources


	Analysis	This year £	Last year £
Voluntary income (S01)	General Cash Gifts and one-off Donations	3,292	16,488
	Cash Donation re Othona weekend	-	-
	Gifts in Kind	-	-
	HMRC NI Rebate	2,058	3,152
	Match funding donation	27,000	
	Gift Aid recoverable	-	-
	Total	32,350	19,640
Investment income (S03)	Bank Interest	-	-
		-	-
	Total	-	-
Incoming resources from charitable activities (S04)	Grant from Big Lottery [R]	-	10,000
	LBN (MH&W) [R]	-	12,926
	London Community (Cost of Living) [R]	-	27,100
	Aspers	1,687	3,202
	Lottery Young womens project [R]	-	-
	Magdelene	-	2,000
	City Bridge Trust [R]	-	25,000
	Landlease	-	2,000
	Loughborough University [R]	-	1,000
	Postcode Society Trust [U]	22,277	
	Iloyds Foundation [U]	25,000	-
	Total	48,964	83,227
Other income (S05)	Transfer from Survivors Together Charitable trust	400	10,440
		-	-
	Total	400	10,440

	Survivors Together		Charity No	1201320
	Annual accounts for the period			
	From		To	
		01/01/2024		31/12/2024

Section C Notes to the accounts

Note 4 Analysis of resources expended

		This year	Last year
		£	£
Expenditure on Raising Funds			
		-	-
		-	-
	Total	-	-
Expenditure on Charitable activities (S10)			
	Staff Costs	48,514	63,153
	Meeting Room Hire	296	1,560
	Meeting Costs and Speakers	206	489
	Events and other client support	467	4,628
	Publicity and advertising	5,163	55
	Volunteer and Staff Travel	312	1,330
	Phone/Stationery/Postage	995	1,055
	Office and IT costs	491	480
	Training	226	2,670
	Gifts and Grant support	-	9,018
	Publications	-	-
	Consultancy	500	-
	Depreciation	150	-
	Total	57,320	84,438
Expenditure on Support costs (S11)			
	Insurance	258	576
		-	-
	Total	258	576

	Survivors Together			Charity No	1201320
	Annual accounts for the period				
	From		01/01/2024	To	31/12/2024

Section C Notes to the accounts

Note 5 Paid employees

During the year there were five employees of the organisation. None of the Trustees

Number of Employees

	2024	2023
Charitable Activities	3	4

	2024	2023
	£	£
Employment Costs		
Wages and Salaries	46,198	59,158
NIC	2,058	3,152
Employer Pension costs	258	844
	48,514	63,153

Note 6 Tangible fixed assets

6.1 Cost or valuation


	Plant, machinery and motor vehicles	Fixtures, fittings and equipment	Land and Buildings	Total
	£	£	£	£
Balance brought forward	-	-	-	-
Additions	-	-	-	-
Revaluations	-	150	-	150
Disposals	-	-	-	-
Transfers *	-	-	-	-
Balance carried forward	-	150	-	150

6.2 Accumulated depreciation and impairment provisions

**Basis	SL or RB	Straight Line 50%		
** Rate				
	£	£	£	£
Balance brought forward	-	-	-	-
Depreciation charge for year	-	150	-	150
Impairment provisions	-	-	-	-
Revaluations	-	-	-	-
Disposals	-	-	-	-
Transfers*	-	-	-	-
Balance carried forward	-	150	-	150

6.3 Net book value

Brought forward	-	-	-	-
Carried forward	-	-	-	-

	Survivors Together		Charity No	1201320
	Annual accounts for the period			
	From		To	
		01/01/2024		31/12/2024
Section C				
Notes to the accounts (cont)				

Registered Charity No: 1201320

Note 7

Analysis of debtors

Debtors and prepayments

Trade debtors

Other debtors

Prepayments and accrued income

Total

Amounts falling due within		Amounts falling due after more	
This year £	Last year £	This year £	Last year £
-	-	-	-
61	-	-	-
10	-	-	-
71	-	-	-

Note 8

Creditors and accruals

8.1 Analysis of creditors

Loans and overdrafts

Trade creditors


Payroll creditors

Deferred Income

Accruals

Total

Amounts falling due within		Amounts falling due after more	
This year £	Last year £	This year £	Last year £
-	-	-	-
1,164	722	-	-
2,422	3,138	-	-
-	-	-	-
500	3,229	-	-
4,086	7,089	-	-

	Survivors Together		Charity No	1201320
	Annual accounts for the period			
	From		01/01/2024	To
Section C	Notes to the accounts (cont)			

Note 9 Endowment and restricted income funds

9.1 Funds held

The charity holds the following Restricted Funds.

Fund Name	Type PE, EE or R	Purpose and Restrictions
The National Lottery-Young Women	Restricted	Young womens worker and project delivery
LB Newham (MH & W)	Restricted	Promote and support wellbeing and mental health amongst vulnerable adults
London Community Grant	Restricted	To support clients with cost of living challenges both directly and indirectly, including provision of hardship
Postcode Society Trust	Unrestricted	Unrestricted funding Providing support to improve mental health of survivors of sexual abuse.
Lloyds Bank Foundation	Unrestricted	Unrestricted funding supporting organisational development. Support also includes coaching sessions for Trustees.
Lloyds Match Funding	Unrestricted	

It has no permanent nor expendable endowment funds

9.2 Movements of major funds

Fund names	Fund balances brought forward £	Incoming resources £	Outgoing resources £	Fund balances carried forward £
The National Lottery	4,000	-	4,000	-
LB Newham (MH&W)	4,016	-	4,016	-
London community (Cost of living)	7,614	-	7,614	-
Total Restricted Funds	15,630	-	15,630	-
Postcode fund	-	22,227	17,171	5,056
Lloyds Bank Foundation	-	25,000	13,500	11,500
Match Fund	-	27,000	14,079	12,921
General Funds	12,663	11,289		23,952
Total Unrestricted Funds	12,663	85,516	44,750	53,429

Note 10 Related Party Transactions and Transactions with Trustees

The Chair is also Secretary of Memorial Community Church who provide office space and meeting rooms to the charity at their standard rates

The Chair and Treasurer are trustees of the Survivors together Trust, Charity number 1141487, which transferred £400 to the CIO in January 2024.