

Survivors Together CIO

Registered Charity No: 1201320

Template

Report and Accounts for the year to 31st December 2023

Survivors Together	Charity No	1201320
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Legal and Administrative Information

Trustees

Hilary Colston (Chair)
Janice Anne Lewis
Brian Dexter (Treasurer)
Diana Rosemarie Roy -appointed 2 May 2023
Lydia Adjoa Yeboah

Director


Yvonne Fletcher

Principal Address

Memorial Community Church
389-395 Barking Road
Plaistow
LONDON
E13 8AL

Bankers

Nat West Bank
East Ham (A) Branch
37 High Street North
London
E6 1HS

	Survivors Together	Charity No	1201320
	Chair's Report for the year ending 31st December 2023		

The trustees present their report and accounts for the year ended 31st December 2023

The accounts have been prepared in accordance with the accounting policies set out in the notes to the accounts and comply with the Charities Act 2011 and the SORP "Accounting and Reporting by Charities" issued in March 2008.

Structure and Governance

Survivors Together is a small charity. The Trustees are responsible for the governance of the charity but the day to day management is undertaken by the Director and Development Worker who report to the steering committee.

The charity has two employees, pays for sessional and creche workers but relies heavily on volunteers

Risk

The trustees have given due consideration to the major risks to which the charity is exposed, and are satisfied that systems, policies and procedures are in place to mitigate exposure to major risks.

Objectives

The charity's objectives are

- (I) the preservation, development and protection of good mental and emotional health among victims of childhood sexual abuse, by the provision of mutual support, education and support groups
- (II) to advance the education of the public in matters relating to sexual abuse, including danger signs and how abuse can be identified and addressed

The charity provides support to women survivors of sexual abuse - providing a safe space, building friendships and being a place where women can build friendships with each other.

Work consists of group meetings and individual sessions. It operates predominantly in London Borough of Newham

Activity and Strategic Review


Survivors Together is a social support group with therapeutic themes in our work. We encourage healing journeys to enable what is a devastating and profound event or series of events on a life, to enable the ability to move from the position of victim to surviving and then thriving.

We have had a busy year with meetings, events and trips. We spent two days away in Othana, Essex for time away from the busyness of east London. For some this was the only opportunity to escape London life. We went to a concert, the beach, the cinema; as well as learning life coping skills such as Thi Chi, mindfulness and art therapy.

This year we have started a young women's group that meets once a month on a Tuesday. This has been a real success welcoming a dozen new clients between the ages of 16-25.

During the year the trustees received a transfer of assets from a charitable trust, Survivors Together, charity registration number 1141487. The CIO's objectives mirror those of the trust and the trustees which to close the trust in the fullness of time. This transfer was effective from 1st January 2023.

A more detailed annual report with reports from events, meetings and words from our clients is available from the charity.

	Survivors Together	Charity No	1201320
	Chair's Report for the year ending 31st December 2023		

Financial Review

Our income £ is on target. Of this the nsum transferred from the trust is £ and new income is £

Our expenditure £, Our free reserves position is as planned by the trutees.

The Charity's financial transactions during the year and the financial situation at the end of the year are set out in the following accounts. The trustees consider the financial position to be satisfactory,

Reserves Policy

The charity policy is to aim to hold free reserves equivalent to two months expenditure to give the trustees time to make and implement necessary actions should funding drop or come to an end. Based on the current year that figure is £12,000. The reserves position at the end of the year shows a balance of £38,616 of which £ 9,692 is restricted funds leaving free reserves at £28,9875. The Trustees acknowledge that current free reserves are therefore significantlt above this target but are aware that the funding climate has changed and these reserves will be used in the coming year to deliver services.


Post Year end events

There are no post-year events that affect the charity's financial security, activities nor an understanding of the accounts

Signed:

Chair of Trustees

Date approved

	Survivors Together	Charity No	1201320
	Independent Examiner's Report		

To the Trustees.

I report on the accounts of the Trust for the year ended 31st December 2023, which are set out in the following pages.

Respective responsibilities of trustees and examiner

The trustees are responsible for the preparation of the accounts. The trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011, "the 2011 Act", and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

Examine the accounts under section 145 of the 2011 Act;

To follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and

To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:


Which gives me reasonable cause to believe that in any material respect the requirements:

To keep accounting records in accordance with section 386 of the companies Act 2011;
and

To prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities(2008);

have not been met; or


to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

	Survivors Together				Charity No	1201320	CC17a
	Annual accounts for the period						
	From		01/01/2023	To	31/12/2023		

Section A	Statement of financial activities
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Section A Statement of financial activities

	Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
Incoming resources (Note 3)						
Incoming resources from generated funds						
Voluntary income	S01	19,640	-	-	19,640	-
Investment income	S03	-	-	-	-	-
Incoming resources from charitable activities	S04	8,202	75,026	-	83,227	-
Other incoming resources	S05	10,440	-	-	10,440	-
Total incoming resources	S06	38,281	75,026	-	113,307	-
Resources expended (Notes 4-8)						
Costs of Generating Funds		-	-	-	-	-
Costs of generating voluntary income	S07	-	-	-	-	-
Charitable activities	S10	25,042	59,396	-	84,438	-
Governance costs	S11	576	-	-	576	-
Other resources expended		-	-	-	-	-
Total resources expended		25,618.00	59,396.00	-	85,014.00	-
Net incoming/(outgoing) resources before transfers		12,663	15,630	-	28,293	-
Gross transfers between funds		-	-	-	-	-
Net incoming/(outgoing) resources before other recognised gains/(losses)		12,663	15,630	-	28,293	-
Other recognised gains/(losses)						
Gains and losses on revaluation of fixed assets for the charity's own use		-	-	-	-	-
Gains and losses on investment assets		-	-	-	-	-
Net movement in funds		12,663	15,630	-	28,293	-
Total funds brought forward		-	-	-	-	-
Total funds carried forward		12,663	15,630	-	28,293	-

 Survivors Together	Survivors Together				Charity No	1201320	CC17a
	Annual accounts for the period						
	From		01/01/2023	To	31/12/2023		

Section B

Balance Sheet as at 31
Aug 2023

Note

Unrestricted
funds

£

F01

Restricted
income funds

£

F02

Endowment
funds

£

F03

Total this
year

£

F04

Total last
year

£

F05

Fixed assets

Tangible assets (Note 6)

Investments

Total fixed assets

Current assets

Debtors (Note 7)

Cash at bank and in hand

Total current assets

**Creditors: amounts falling due
within one year** (Note 8)

Net current assets/ (liabilities)

**Total assets less current
liabilities**

**Creditors: amounts falling
due after one year**

Net assets

Funds of the Charity

Unrestricted funds

Restricted income funds (Note 9)

Endowment funds (Note 9)

Total funds


Signed by one or two trustees on
behalf of all the trustees

Signature

Print Name

Date of
approval

	Hilary Colston	
	Brian Dexter	

 Survivors Together	Survivors Together				Charity No	1201320	CC17a
	Annual accounts for the period						
	From		01/01/2023	To	31/12/2023		
Section C		Notes to the accounts					

Note 1 **Basis of preparation**

1.1 Basis of accounting

These accounts have been prepared on the basis of historic cost in accordance with:

- Accounting and Reporting by Charities – Statement of Recommended Practice (SORP 2005);
- and with the Charities Act.

Note 2 **Accounting policies**

INCOMING RESOURCES

Recognition of incoming resources These are included in the Statement of Financial Activities (SoFA) when:

- the charity becomes entitled to the resources;
- the trustees consider that receipt of funds is probable; and
- the monetary value can be measured with sufficient reliability.

Incoming resources with related expenditure Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

Grants and donations Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.

Tax reclaims on donations and gifts Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

Gifts in kind Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised.
Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity.

Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

Donated services and facilities These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measurable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.

Volunteer help The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

Investment income This is included in the accounts when receivable.

EXPENDITURE AND LIABILITIES

Liability recognition Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

Governance costs Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and cost of any legal advice to trustees on governance or constitutional matters and the cost of E&PL insurances


Grants with performance conditions Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.

Grants payable without performance conditions These are only recognised in the accounts when a commitment has been made and there are no conditions to be met relating to the grant which remain in the control of the charity.

Support Costs Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

ASSETS

Tangible fixed assets for use by charity These are capitalised if they can be used for more than one year, and cost at least £250. They are valued at cost or a reasonable value on receipt.

 Survivors Together	Survivors Together		Charity No	1201320
	Annual accounts for the period			
	From		01/01/2023	To


Section C

Notes to the accounts

Note 3

Analysis of incoming resources

	Analysis	This year £	Last year £
Voluntary income (S01)	General Cash Gifts and one-off Donations	16,488	-
	Cash Donation re Othona weekend	-	-
	Gifts in Kind	-	-
	HMRC NI Rebate	3,152	-
	Gift Aid recoverable	-	-
	Total	19,640	-
Investment income (S03)	Bank Interest	-	-
	Total	-	-
Incoming resources from charitable activities (S04)	Grant from Big Lottery [R]	10,000	-
	LBN (MH&W) [R]	12,926	-
	London Community (Cost of Living) [R]	27,100	-
	Aspers	3,202	-
	Lottery Young womens project [R]	-	-
	Magdelene	2,000	-
	City Bridge Trust [R]	25,000	-
	Landlease	2,000	-
	Loughborough University	1,000	-
	Total	83,227	-
Other income (S05)	Transfer from Survivors Together Charitable trust	10,440	-
	Total	10,440	-

 Survivors Together	Survivors Together		Charity No	1201320
	Annual accounts for the period			
	From		To	
		01/01/2023		31/12/2023

Section C Notes to the accounts

Note 4 Analysis of resources expended

		This year £	Last year £
Expenditure on Raising Funds		-	-
		-	-
	Total	-	-
Expenditure on Charitable activities (S10)	Staff Costs	63,153	-
	Meeting Room Hire	1,560	-
	Meeting Costs and Speakers	489	-
	Events and other client support	4,628	-
	Publicity and advertising	55	-
	Volunteer and Staff Travel	1,330	-
	Phone/Stationery/Postage	1,055	-
	Office and IT costs	480	-
	Training	2,670	-
	Gifts and Grant support	9,018	-
	Publications	-	-
	Consultancy	-	-
	Depreciation	-	-
	Total	84,436	-
Expenditure on Support costs (S11)	Insurance	576	-
		-	-
	Total	576	-

Section C**Notes to the accounts****Note 5 Paid employees**

During the year there were five employees of the organisation. None of the Trustees


Number of Employees	2023	2022
Charitable Activities	5	0
Employment Costs	2023	2022
	£	£
Wages and Salaries	59,158	
NIC	3,152	
Employer Pension costs	844	
	<u>63,153</u>	<u>-</u>

Note 6 Tangible fixed assets**6.1 Cost or valuation**

	Plant, machinery and motor vehicles £	Fixtures, fittings and equipment £	Land and Buildings £	Total £
Balance brought forward	-	-	-	-
Additions	-	-	-	-
Revaluations	-	150	-	150
Disposals	-	-	-	-
Transfers *	-	-	-	-
Balance carried forward	-	150	-	150

6.2 Accumulated depreciation and impairment provisions

**Basis	SL or RB	Straight Line 50%		
** Rate				
	£	£	£	£
Balance brought forward	-	-	-	-
Depreciation charge for year	-	-	-	-
Impairment provisions	-	-	-	-
Revaluations	-	-	-	-
Disposals	-	-	-	-
Transfers*	-	-	-	-
Balance carried forward	-	-	-	-
6.3 Net book value				
Brought forward	-	-	-	-
Carried forward	-	150	-	150

	Survivors Together		Charity No	1201320
	Annual accounts for the period			
	From		To	
Section C		01/01/2023	31/12/2023	
Notes to the accounts (cont)				

Note 7

Analysis of debtors

Debtors and prepayments

Trade debtors
Other debtors
Prepayments and accrued income

Total

Amounts falling due within		Amounts falling due after more	
This year £	Last year £	This year £	Last year £
-	-	-	-
-	-	-	-
-	-	-	-
-	-	-	-
-	-	-	-

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Note 8

8.1 Analysis of creditors

Creditors and accruals

Loans and overdrafts
Trade creditors
Payroll creditors
Deferred Income
Accruals

Total

Amounts falling due within		Amounts falling due after more	
This year £	Last year £	This year £	Last year £
-	-	-	-
722	-	-	-
3,138	-	-	-
-	-	-	-
3,229	-	-	-
7,089	-	-	-

Note 9**Endowment and restricted income funds****9.1 Funds held**

The charity holds the following Restricted Funds.

Fund Name	Type PE, EE or R	Purpose and Restrictions
The National Lottery-Young Women	Restricted	Young womens worker and project delivery
City Bridge Trust	Restricted	Programme Delivery
LB Newham (MH & W)	Restricted	Promote and support wellbeing and mental health amongst vulnerable adults
London Community Grant	Restricted	To support clients with cost of living challenges both directly and indirectly, including provision of hardship fund grants.

It has no permanent nor expendable endowment funds

9.2 Movements of major funds

Fund names	Fund balances brought forward £	Incoming resources £	Outgoing resources £	Fund balances carried forward £
The National Lottery	-	10,000	6,000	4,000
City Bridge Trust	-	25,000	25,000	-
LB Newham (MH&W)	-	12,926	8,910	4,016
London community (Cost of living)	-	27,100	19,486	7,614
Total Restricted Funds	-	75,026	59,396	15,630

Note 10**Related Party Transactions and Transactions with Trustees**

The Chair provides supervision services to the Director

The Chair is also Secretary of Memorial Community Church who provide office space and meeting rooms to the charity at their standard rates