

M.A.S.H CIO  
FINANCIAL STATEMENTS

Period ending

31 December 2024

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For the period ending 31 December 2024**

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## **Trustees Annual Report For the period ending 31 December 2024**

The Trustees present their report with the independently examined financial statements of M.A.S.H CIO. This is the first period of operation of the Charitable Incorporated Organisation (CIO), which covers from 13<sup>th</sup> December 2022 to 31 December 2023.

### **Reference and Administrative Details of the Charity, its Trustees and Advisers**

<u>Name of charity:</u>	M.A.S.H CIO
<u>Charity Registration Number:</u>	1201316
<u>Charity's Principal Address:</u>	M.A.S.H. CIO Bridlington Town Football Club Queensgate Bridlington East Yorkshire YO16 7LN

#### Trustees:

Names of Trustees who served during the period and since the period end were as follows:-

<b>Name:</b>	<b>Position:</b>	<b>Dates of service if not for the full period:</b>
Mr Craig Leach	Chair	Appointed 13 <sup>th</sup> October 2022
Mr Terry Benstead		Appointed 13 <sup>th</sup> October 2022
Mr Martin Barmby		Appointed 3 <sup>rd</sup> January 2024
Mr Sam Velickovic		Appointed 15 <sup>th</sup> January 2024
Mrs Elizabeth Fielding		Resigned 23 <sup>rd</sup> August 2023
Mr Barry Riley		Resigned 16 <sup>th</sup> November 2023

<u>Independent Examiner:</u>	Rebecca Triffitt, MAAT Employee of: Phoenix Accountancy and Business Consultancy Limited Morley's Cottage Morley's Yard Walkergate Beverley East Yorkshire HU17 9BY
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**Trustees Annual Report  
For the period ending 31 December 2024**

Bankers:

The Co-operative Bank  
PO Box 250  
Skelmersdale  
WN8 6WT

**Structure, Governance and Management**

Governing Document:

M.A.S.H CIO is a registered Charitable Incorporated Organisation governed by its Constitution (foundation model), on 21<sup>st</sup> July 2021, amended on 6<sup>th</sup> April 2022 and registered with Charity Commission on 13<sup>th</sup> December 2022.

Recruitment and appointment of Trustees:

The trustees form the Executive Committee of the charity. The members of the Executive Committee are elected at the Annual General Meeting by the members of the Charity. All members are circulated with invitations to nominate trustees in advance of the AGM.

The Constitution of the Charity states that there must be at least three charity trustees, with maximum limit of nine.

Apart from the first charity trustees, every trustee must be appointed by a resolution passed at a properly convened meeting of the charity trustees.

Trustee Induction and Training:

All trustees are provided with the Charity Commissions 'Roles and Responsibilities of Trustees', the Constitution and the financial statements including the Annual Report. Any training required by the trustees may be requested at any point, where it is considered useful to their role as trustee.

Organisational Structure:

The board of Trustees manages the Charity, and aims to consider only strategic decisions at its meetings. Trustees are aware that any conflict of interest is declared and recorded and the person will be withheld from that part of the meeting and will not be able to vote for that bit of discussion. The board holds an AGM every year, other than that any charity trustee may call a meeting during the year, giving 14 days notice.

**Trustees Annual Report  
For the period ending 31 December 2024****Risk Management:**

The major risks, to which the charity is exposed, as identified by the Trustees, have been reviewed and systems have been established to mitigate those risks. All systems and procedures are reviewed regularly to ensure they meet charity law and our own organisations aims and objectives.

**Objectives and Activities**

The charity's object is:

THE OBJECT OF THE CIO IS FOR THE BENEFIT OF VETERANS OF ALL BRANCHES OF THE ARMED FORCES AND THEIR FAMILIES LIVING IN EAST RIDING, YORKSHIRE COMMUNITY BY:

\* THE PROMOTION OF SOCIAL INCLUSION AMONG VETERANS TO PREVENT THEM FROM BECOMING SOCIALLY EXCLUDED AND TO RELIEVE THE NEEDS OF THEM AND TO HELP THEM INTEGRATE INTO SOCIETY THROUGH THE PROVISION OF FACILITIES AND ACTIVITIES IN WHICH THEY CAN MEET JOINTLY OR INDIVIDUALLY TO UNDERTAKE CREATIVE, PHYSICAL OR RECREATIONAL ACTIVITIES. FOR THE PURPOSES OF THIS CLAUSE "SOCIALLY EXCLUDED" MEANS EXCLUDED FROM SOCIETY OR PARTS OF SOCIETY, DUE TO MENTAL HEALTH ISSUES OR AS A RESULT OF BEING UNABLE TO ADJUST TO A CIVILIAN ENVIRONMENT.

**Achievements and Performance**

2024 has been a year of continued growth and development for M.A.S.H. We have strengthened our support to veterans and serving personnel and their families, responding to a wide range of welfare needs, including crisis intervention, provision of food parcels, essential household items, and support with heating and utilities.

A key development this year has been the planning and introduction of the Camo Café, a mobile hub designed to bring support directly into the rural areas of East Yorkshire. Once operational, the Camo Café will provide a welcoming, accessible space offering free refreshments and signposting to further support services. This initiative will enable us to reach individuals who are often isolated from mainstream services, ensuring that help is brought directly to communities in need.

Our network of hubs continues to grow, with regular support now available in Beverley, Bridlington, Leven, and at the Defence School of Transport in Leconfield. These hubs continue to serve as safe spaces where individuals can access welfare support, participate in well-being activities, and connect with others.

We have also expanded our well-being programme, introducing Tai Chi and Boxercise alongside our ongoing activities such as mountain biking, allotment projects, metal detecting

**Trustees Annual Report  
For the period ending 31 December 2024**

and regular crafting activities. These activities are central to improving mental health and fostering community connections.

This year, we have seen increased collaboration with external partners, including local colleges, which have provided valuable work experience opportunities for young people. This partnership has strengthened our connections with the local community and helped empower the next generation to engage with and support M.A.S.H's mission.

Funding to support our initiatives has been accessed from both local and national grant providers, as well as through sponsored activities and fundraising efforts. This funding has been critical in allowing us to meet increasing demand and expand our services.

**Financial Review**Reserves Policy

The charity reserves are currently healthy. At this present time there is no finance reserves policy in place, but have suggested that the charity should aim to keep 3 months running costs at all time.

**Plans for Future Years**

Please see main objectives for the following year.

Looking ahead, our plans include extending support into rural areas.

**Statement of Trustees responsibilities**

The Trustees are responsible for preparing a Trustees' Annual Report and Financial Statements in accordance with applicable law and United Kingdom Accounting Standards. M.A.S.H CIO has income below £250,000 and has therefore elected to prepare the financial statements on a Receipts and Payments basis in line with the Charities Act 2011.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity. They are also responsible for safeguarding the assets of the charity and hence taking reasonable steps for the prevention and detection of fraud and other irregularities.

**Trustees Annual Report  
For the period ending 31 December 2024**

**Statement of disclosure of information to Independent Examiner**

We, the Trustees of the charity who held office at the date of approval of these financial statements, each confirm so far as we are aware, that:

- there is no relevant information of which the charity's Independent Examiner is unaware; and
- We have taken all the steps that we ought to have taken as Trustees in order to make ourselves aware of any relevant information and to establish that the charity's independent examiners are aware of that information.

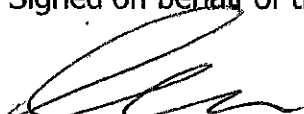
**Independent Examiner**

Rebecca Triffitt, MAAT from Phoenix Accountancy and Business Consultancy has been appointed as Independent Examiner for the first accounting period.

**Trustee Declaration**

The Trustees declare that they have approved the Trustees Annual Report.

Signed on behalf of the charity's Trustees on 3rd May 2025.



Craig Leach  
Chair of Trustees

**Independent Examiner's Report to the Members of M.A.S.H CIO  
For the period ending 31 December 2024**

I report on the accounts of M.A.S.H CIO for the period ending 31 December 2024, which are set out on pages 8 to 14.

**Respective responsibilities of Trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this period under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

**Basis of independent examiner's report**

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

**Independent examiner's statement**

In connection with my examination, no material matters have come to my attention which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Charities Act or
- the accounts do not accord with the accounting records

I have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Rebecca Triffitt, MAAT  
Phoenix Accountancy and Business Consultancy Limited  
Morley's Cottage  
Morley's Yard  
Walkergate  
Beverley  
HU17 9BY



Date: 31/5/25



# **Receipts and Payments Account** **For the period ended 31 December 2024**

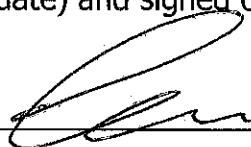
		2024	2024	2024	2023	2023	2023
		Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	Note	Funds	Funds	Funds	Funds	Funds	Funds
		£	£	£	£	£	£
<b>RECEIPTS</b>	1						
Grants	2	-	46,156	46,156	-	43,523	43,523
Donations		1,108	1,000	2,108	2,452	-	2,452
Fundraising		3,818	-	3,818	1,482	-	1,482
Sales		-	-	-	2,591	-	2,591
		4,926	47,156	52,082	6,525	43,523	50,048
<b>PAYMENTS</b>							
Activities		427	14,442	14,869	3,396	8,190	11,586
Insurance		546	1,304	1,850	484	772	1,256
Uniforms		-	-	-	1,013	-	1,013
Allotment Costs		-	2,098	2,098	197	1,605	1,802
Running Costs		23	-	23	400	599	999
Outreach Costs		499	2,096	2,595	225	4,528	4,753
Activities Costs		275	16,627	16,902	-	-	-
Volunteer Expenses		825	-	825	-	-	-
Storage & Room Hire		1,257	-	1,257	405	150	555
Training		-	2,878	2,878	-	943	943
Travel & Motor Costs		1,717	-	1,717	689	350	1,039
Accounts		240	-	240	-	-	-
Donation		2,093	-	2,093	-	-	-
Advertising & Marketing		249	146	395	24	3,352	3,376
Purchase of Fixed Assets		298	5,200	5,498	232	10,412	10,644
		8,450	44,791	53,240	7,065	30,901	37,966
<b>Net Surplus/(Deficit) for the period</b>		<b>(3,524)</b>	<b>2,365</b>	<b>(1,158)</b>	<b>(540)</b>	<b>12,622</b>	<b>12,082</b>
Transfer between funds				-	(278)	278	-
Funds transferred from incorporated association		3,576	20,386	23,962	4,394	7,486	11,880
<b>Cash and Bank Balances carried forward</b>		<b>52</b>	<b>22,751</b>	<b>22,804</b>	<b>3,576</b>	<b>20,386</b>	<b>23,962</b>

The notes on pages 10 to 14 form part of these financial statements

**Statement of Assets and Liabilities****As at 31 December 2024**

	Notes	2024 Total Funds £	2023 Total Funds £
<b>Monetary Assets</b>			
Current Account		22,804	23,962
<b>Total Monetary Assets</b>		<b>22,804</b>	<b>23,962</b>
Comprising:			
Unrestricted Funds		52	3,576
Restricted Funds	3	22,751	20,386
		<u>22,804</u>	<u>23,962</u>
<b>Non-Monetary Assets and Liabilities</b>			
<b>Fixed Assets for the Charity's use (at historical cost):</b>			
Large Equipment – Van		4,000	4,000
Shed		800	800
Polly Tunnel		690	690
Pizza Oven		110	110
Small Allotment Tools		800	800
Trailer		5,200	-
Laptops		298	-
		<u>11,898</u>	<u>6,400</u>
<b>Debtors</b>		<u>-</u>	<u>-</u>
<b>Creditors</b>		<u>240</u>	<u>240</u>

These financial statements have been approved by the committee on  
03/05/2025 (date) and signed on its behalf by:

 Craig Leech, Trustee

The notes on pages 10 to 14 form part of these financial statements.

**Notes to the Financial Statements**  
**For the period ended 31 December 2024**

**Notes**

**1 Basis of Preparation**

These accounts have been prepared on a receipts and payments (R&P) basis in line with charity commission guidance for a charity of this size. This is the first period of operation, the Charitable Incorporated Organisation (CIO) registered with the Charity Commission on 13<sup>th</sup> December 2022.

**2 Grants**

	<b>2024</b>	<b>2024</b>	<b>2024</b>	<b>2023</b>	<b>2023</b>	<b>2023</b>
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	Funds	Funds	Funds	Funds	Funds	Funds
	£	£	£	£	£	£
East Riding Voluntary Action Services	-	-	-	-	1,000	1,000
HEY Smile	-	1,130	1,130	-	10,000	10,000
Veterans Foundation	-	-	-	-	6,263	6,263
Two Ridings	-	7,867	7,867	-	2,000	2,000
Tesco - Groundworks	-	-	-	-	1,000	1,000
East Riding Yorkshire Council	-	32,235	32,235	-	15,585	15,585
The Armed Forces Covenant Fund	-	-	-	-	7,675	7,675
Yorkshire Coast Bid	-	4,924	4,924	-	-	-
	-	46,156	46,156	-	43,523	43,523

**Notes to the Financial Statements**  
**For the period ended 31 December 2024**

**3 Restricted Funds**

	Balance as at 01/01/24	Incoming	Outgoing	Transfer	Balance as at 31/12/24
	£	£	£		£
HEY Smile	6,189	-	(6,189)	-	-
Two Ridings	2,000	-	(2,000)	-	-
Veterans Foundation	5,743	-	(5,743)	-	-
ERYC – Metal Detectors	196	-	-	-	196
ERYC - DST	1,258	10,911	(5,292)	-	6,877
ERYC – Armed Force Day	5,000	5000	(10,000)	-	-
ERYC - Armed Forces Day	-	4,924	(4,924)	-	-
HEY Smile AFD	-	1,130	(1,130)	-	-
ERYC - Camo Café	-	5,800	(795)	-	5,005
Two Ridings (Brid)	-	4,536	(4,286)	-	250
Two Ridings (Bev)	-	2,400	(827)	-	1,573
Two Ridings (Ins)	-	931	-	-	931
Bridlington Town Council	-	500	(500)	-	-
Lords Feoffee's	-	500	(500)	-	-
ERYC - BTWB	-	9,272	(1,353)	-	7,919
ERYC -	-	1,252	(1,252)	-	-
	20,386	47,156	(44,791)	-	22,751

**4 Restricted Funds (continued)**

A brief description of the restricted funds are shown below:

**HEY Smile**

- Restricted funding was received from Hey Smile for Community Mental Health, funds to be spent on training, volunteer expenses and materials £5,000 (PY)
- Restricted funding was received from Hey Smile for project called Greenspaces £5,000 (PY)
- Restricted funding was received from Hey Smile to support community mental health £1,130

**Notes to the Financial Statements**  
**For the period ended 31 December 2024****Two Ridings Foundation**

- Restricted funding was received from Two Ridings Foundation, to provide, slow cookers, flasks, hot water bottles, slippers, and throws for 40 local veterans within the East Riding area £2,000 (PY)
- Restricted funding was received from Two Ridings Foundation to contribute towards activity costs and transport costs for the people in Bridlington. £4,536
- Restricted funding was received from Two Ridings Foundation to contribute towards activity costs and transport costs for the people in Beverley. £2,400
- Restricted funding was received from Two Ridings Foundation to contribute towards Insurance. £931

**Veterans Foundation - £6,263**

Restricted funding received from Veterans Foundations; to provide a trailer, 1<sup>st</sup> aid training, running costs and a craft group

**East Riding of Yorkshire Council**

- Restricted grant received from ERYC for hands on activity within the Deference School of Transport £3,196 (PY) £10,911 (CY)
- Restricted grant received from ERYC for £5,000 to be spent on Armed Forces Day in Bridlington
- Restricted grant received from ERYC for £5,000 to be spent on Armed Forces Day and Community Day in Bridlington
- Restricted grant received from ERYC for £9,272 to be spent on the project beat the winter blues in the Bridlington and Beverley area.

**The Armed Forces Covenant Fund Trust**

Restricted grant received from The Armed Forces Covenant Fund Trust to be spent on the outreach project.

**Bridlington Town Council - £500**

Restricted donation received from Bridlington Town Council to contribute towards Armed Forces Day in Bridlington.

**Lords Feofees Trust - £500**

Restricted donation received from Lords Feofees's Trust to contribute towards Techy Tea CIC to run a five week tech help workshop programme in Bridlington.

**Yorkshire Coast Bid - £4,924**

Restricted grant received from Yorkshire Coast Bid to contribute towards Armed Forces Day in Bridlington.

**Notes to the Financial Statements**  
**For the period ended 31 December 2024**

**5 Taxation**

M.A.S.H CIO is a registered charity. All the charities' income is applied to its charitable objectives and the charity is therefore exempt under current legislation from most forms of taxation.

The charity is not VAT registered and all expenditure includes irrecoverable VAT.

**6 Payments to Trustees**

No remuneration directly or indirectly out of the funds of the Charity was paid or payable for the period to any Trustee.

There no trustee which travel expenses were claimed (2023 - £223.20) during this financial period.

**7 Credit Union bank**

New charity bank account was opened 6<sup>th</sup> April 2023. £11,879.51 was transfer over from Credit Union leaving a balance of £857.63 still to be transferred over during 2025.