

SASSI

England & Wales · Charity number 1201275

Details

Other names	SASSI - SOLO ADOPTERS SOCIAL, SUPPORT AND INFORMATION
Status	Registered
Legal form	CIO
Registered	2022-12-08
Register	View on the Charity Commission register

Contact

Address	61 Bridge Street Kington HR5 3DJ
Phone	07814442298
Email	team@sassi.org.uk
Website	https://www.sassi.uk/

Activities

Objects: TO RELIEVE THE NEEDS OF ADOPTIVE PARENTS (IN PARTICULAR BUT NOT EXCLUSIVELY SOLO ADOPTIVE PARENTS) THROUGH THE PROVISION OF PEER SUPPORT GROUPS AND OTHER FORMS OF INFORMATION, SUPPORT AND GUIDANCE WITH A FOCUS ON (BUT NOT LIMITED TO) PARENTING AND THEIR OWN PSYCHOLOGICAL HEALTH AND WELLBEING."

Activities: Peer support social meet ups for adults and their children.

Classification

- **How:** Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes
- **Who:** Other Defined Groups

Geography

- Darlington
- Durham
- Gateshead
- Hartlepool
- Newcastle Upon Tyne City
- North Tyneside
- Northumberland
- South Tyneside
- Stockton-on-tees
- Sunderland

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£12	£350	-	-
2024-08-31	£905	£23	-	-
2023-08-31	£101	£0	-	-

Trustees

Name	Role	Appointed
Elizabeth Patricia Joyce Meakin		2026-02-01
Kate Fullen		2026-02-01
Katherine Heason		2022-12-01
Susan Doyle		2026-02-01

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Accounts

SASSI – Solo Adopters Social Support and Information

Registered Charity No. 1201275

Trustees' Report and Financial Statement for the year ended 31 Aug 2025

Name	SASSI – Solo Adopters Social Support and Information
Charity no:	1201275
Structure:	CIC
Trustees:	Tracey Bushnall (Chair) Katherine Heason (Treasurer) Gail Humphrey
Address:	61 Bridge Street, Kington HR5 3DJ UNITED KINGDOM
Bank:	Virgin Money

This was our third year as a charity and we support over twenty families from the North East.

In the year 24/25 we offered six meetups at various locations ranging from parks to days out at adventure play places. These meetups are essential for parents' wellbeing as they get to chat to other adults who are going through the same thing as them, plus they get some well needed respite as our kids play happily with each other, due to their similarities.

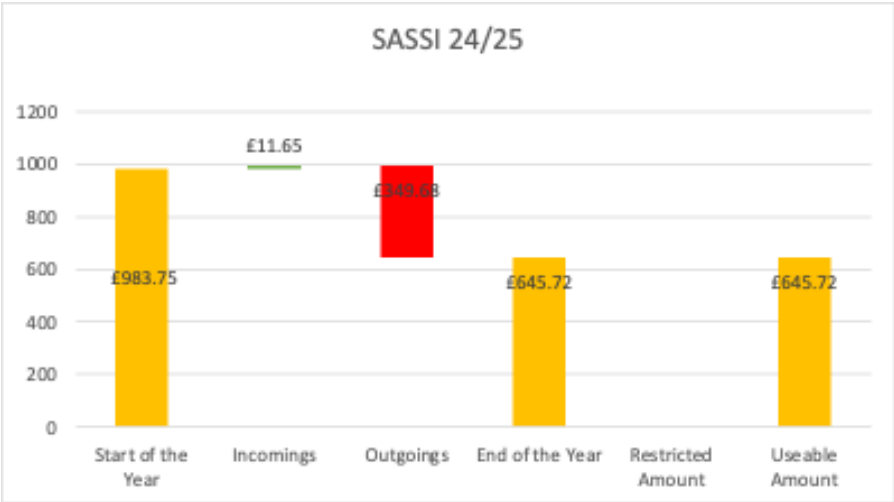
We offered support via both our Whatsapp community and social media pages, helping with a range of issues from school navigation to what's available financially, to simply listening to each other's days. This is where the most immediate support happens, in the moment, when people need it.

Our director, Julie McCormack also presented at two workshops with Adopt North East, that reached twelve families. The purpose was to introduce SASSI to solo adopters in the area and share knowledge with them.

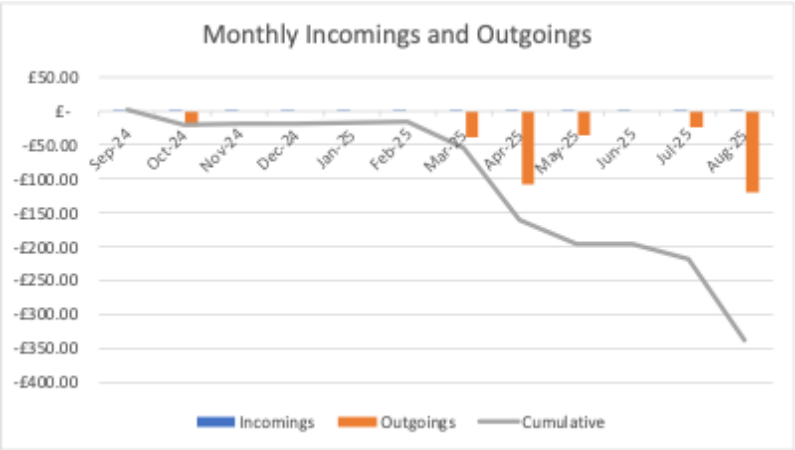
Financial Statement

At the start of the year we had £983.75 in the bank, and ended the year with £645.72.

There were no incomings other than interest and outgoings paid towards social meet ups and bills for web hosting, ghost address and insurance.



£ 983.75	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	Feb-25	Mar-25	Apr-25	May-25	Jun-25	Jul-25	Aug-25
£ 11.65	£ 1.09	£ 1.12	£ 1.07	£ 1.11	£ 1.11	£ 0.96	£ 1.02	£ 0.94	£ 0.86	£ 0.81	£ 0.82	£ 0.74
-£ 349.68	£ -	-£ 22.80	£ -	£ -	£ -	£ -	-£ 39.00	-£ 107.88	-£ 36.00	£ -	-£ 24.00	-£ 120.00
-£ 338.03	£ 1.09	-£ 21.68	£ 1.07	£ 1.11	£ 1.11	£ 0.96	-£ 37.98	-£ 106.94	-£ 35.14	£ 0.81	-£ 23.18	-£ 119.26
	£ 1.09	-£ 20.59	-£ 19.52	-£ 18.41	-£ 17.30	-£ 16.34	-£ 54.32	-£ 161.26	-£ 196.40	-£ 195.59	-£ 218.77	-£ 338.03



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Statement

In our second year as a charity, we had a runner in the Great North Run who raised awareness of our charity with people who donated. This raised £1006 total.

Katherine Heason (trustee) and volunteer Julie McCormack recorded a podcast with Al Coates on the "Adoption and Fostering Podcast". This was released in December 2023 (<https://adoptionandfostering.podbean.com/?s=sassi>). Both the GNR and Podcast brought new members and interest in the work of SASSI. With people as far as Canada getting in touch to ask more about SASSI.

SASSI offered numerous meet ups including local shopping centres, parks and adventure gardens. We also offered online meetings to offer advice around DLA applications as well as supported 2 members to complete applications and successfully gain DLA.

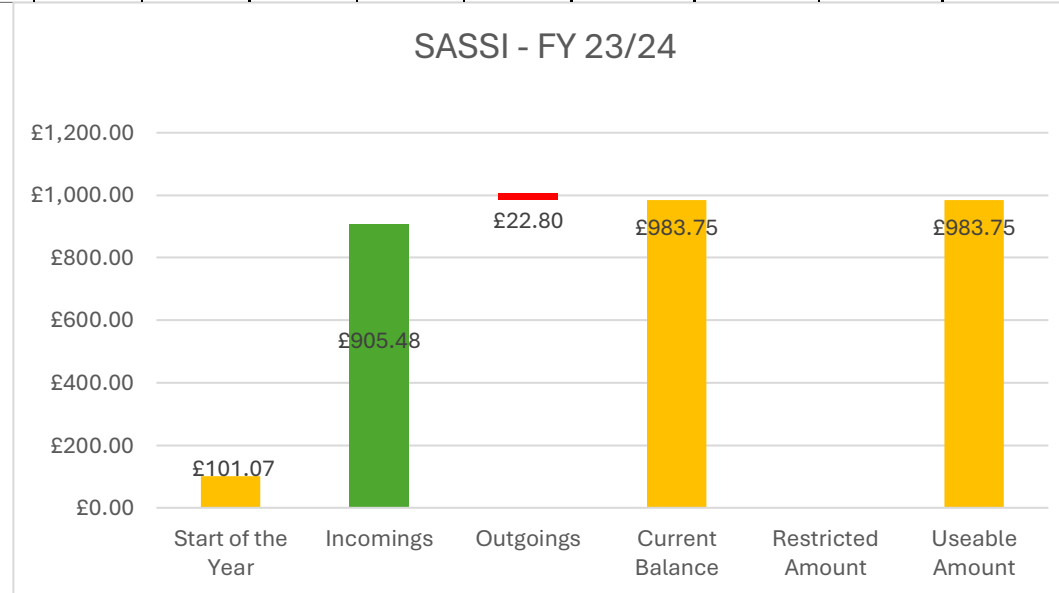
The Whatsapp community was still used within different themes of general chat, teenagers, schools and financial support.

Financial Statement

We started the year with £101 from Donations from the Great North Run in September 2022. Donations continued to come in, during this financial year, to the value of £905.

With only £22 worth of costs, we ended the year with £984.

23/24		92023	102023	112023	122023	12024	22024	32024	42024	52024	62024	72024	82024
Funds at start of year	£ 101.07	Sep-23	Oct-23	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24
Incomings	£ 905.48	£ 893.32	£ 1.11	£ 1.08	£ 1.12	£ 1.12	£ 1.05	£ 1.12	£ 1.09	£ 1.12	£ 1.09	£ 1.13	£ 1.13
Outgoings	-£ 22.80	£ -	-£ 22.80	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
NET	£ 882.68	£ 893.32	-£ 21.69	£ 1.08	£ 1.12	£ 1.12	£ 1.05	£ 1.12	£ 1.09	£ 1.12	£ 1.09	£ 1.13	£ 1.13
Cumulative		£ 893.32	£ 871.63	£ 872.71	£ 873.83	£ 874.95	£ 876.00	£ 877.12	£ 878.21	£ 879.33	£ 880.42	£ 881.55	£ 882.68



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This year was our first as a charity and we offered 8 meet ups across the region ranging from soft plays to parks and adventure settings. Parents came with and without children, depending on the meet up.

We also moved to using Whatsapp Community to create chats that were themed and easier to follow. This allowed us to help parents with DLA claims, School issues and behaviour in different age ranges (i.e. preschool and teenagers). Non-Violent Resistance (parenting style for children who have experienced trauma) techniques were discussed to offer support. One-2-one chats and meet ups were also offered for parents who required someone to talk things through with.

We also had a person run in the Great North Run who ran for our charity – some of the donations came in, in this financial year, to the value of £100.99.

Financial Statement

We started the year with zero funds, as it was our first year as a registered charity. We ended the year with £101.07, largely from donations. We aren't a financial charity, as we offer peer support rather than financial.

22/23		92022	102022	112022	122022	12023	22023	32023	42023	52023	62023	72023	82023
Funds at start of year	£ -	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23	Apr-23	May-23	Jun-23	Jul-23	Aug-23
Incomings	£ 101.07	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ 101.07
Outgoings	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -
NET	£ 101.07	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ 101.07
Cumulative		£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ -	£ 101.07

