

HTH TEAMWORK CIO

Annual Report and Financial Statements

Year ending 31 March 2025

Charity number: 1201215

HTH TEAMWORK CIO

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Trustees

Rev B Howell
C Kennedy
B Stoneman
E McMaster

Charity number

1201215

Independent examiner

J Hart FCCA
TIG Corporate Finance Limited
Metropolitan House
Longrigg Road
Swalwell
NE16 3AS

The trustees present their annual report and financial statements for the year ended 31 March 2024. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)".

Objectives and activities

At HTH Teamwork CIO (Happy to Help Gateshead), our aim is to ensure older adults have the domestic support they need to live in safety and comfort. Our team of home help assistants carry out weekly cleaning, shopping, errands and prescription collection to help empower people to stay independent and living in the communities and homes where they feel happiest.

As we approach our 25th birthday, we've seen firsthand for many years how important it is for people to feel in control of the services they access. It is our ethos to always give people choice, and ensure their needs, wishes and values shape the services we provide, for as long as people need us. This year, our short-term and free support has made a meaningful impact for individuals across Gateshead who are struggling with health and income inequalities, two challenges which older people can find more difficult to overcome than younger age groups.

Our one-to-one assisted outings service continued to be very popular this year, with local older people using the service to attend appointments, stay active, and to do the things they enjoy, knowing they have support from home and back again.

Our Statistics For The Year

- 263 people received weekly help at home with domestic tasks, shopping and errands
- 17 people received regular one-to-one support to go on outings of their choosing
- We employed 33 local people as home help assistants across the year

Why We Do It...

- Loneliness and isolation and bereavement
- Health and financial inequalities are high in communities in Gateshead
- Low car user status, poor local infrastructure and health issues can make transport difficult for older adults living in deprived communities to get to appointments and to stay active
- Anti-social behaviour, crime and vandalism in communities leaves older people feeling vulnerable
- Stretched local resources
- Memory loss, disability, poor mobility, anxiety and low mood can lead to a risk of loss of independence that can be supported through home help services like ours, while also benefitting any carers
- Less face-to-face support available in the community since the pandemic
- Risk of falls, injury and illness as a result of being unable to manage at home
- Older people can feel a sense of loss when family spend their time doing household tasks for them instead of sharing quality time together when visiting

Our Impact in Gateshead

91% of customers feel more independent. Support enables people to live more independently. Some associated this with the feeling of coping, others discussed the reduced 'burden' on family, and most expressed that without the services, they would not be able to manage in their home and would therefore have to move into sheltered accommodation, which would restrict their choices.

83% of our clients tell us about the increased confidence they feel from regular interaction with our team.

67% feel they live in greater comfort - This, in turn, increased clients happiness (well being). This positivity leads people to become more engaged in social activities and to be more open to accessing a wider range of support in their communities.

60% feel they have greater structure. Clients feel the structure of a regular visit gives them something to look forward to. Without this, many told us they would feel 'fed up' and be at risk of depression.

84% feel less anxious and of these, 91% go on to experience better health.

90% feel less isolated and they feel more resilient as a result.

Our Impact - Employment

- Increased employability skills
- Reduced reliance on family members
- Increased social capital

Our Impact - Social & Community

- Increased engagement with support services and social and community activities
- Positive support networks created
- Reduced loneliness
- Enabled independent living
- Increased social engagement and improved relationships

Our Impact - Health & Wellbeing

- Increased happiness and comfort
- Reduced pressure
- Routine and structure
- Quality time with family
- Positive change to mental health
- Feeling empowered
- Feeling settled
- Increased positivity and motivation

Housing

- Improved home organisation, cleanliness and management
- Improved home and personal safety leading to a reduction in vulnerability and fear of being a victim of crime
- Increased independence

Comments from Beneficiaries

"My mam's home help is perfect, and Liz manages the service so well. She is a credit to the charity. Everything you do at Happy to Help is amazing."

"It's a lifeline for my dad, and for me. You're not just home helps, you've become friends."

"It's lovely how my dad notices and appreciates his home being clean and tidy."

"The support is peace of mind that everything is getting done. Now my husband is in care it's nice to know I have a friendly face coming in to see me."

"Our home help has given the spark back to my mam. I'm so, so grateful."

"Knowing we have everything in place now makes me feel as if I can finally relax and take some time to look after myself."

"It stops me from feeling lonely and gives my family peace of mind. I enjoy going out now very much, especially for a coffee and a chat with my outings assistant"

Future Plans

As we continue our journey as a Charitable Incorporated Organisation following our conversion from a Community Interest Company in December 2022, we remain committed to delivering high-quality, person-centred support to older people across Gateshead.

Our priority over the coming year is to secure funding to continue our free, time-limited support for a further 12 months. This vital service is designed for individuals recovering from illness, injury, surgery, or bereavement, as well as for those whose carers are temporarily unavailable or in need of respite.

We will continue working closely with our trusted referral partners to ensure that this support reaches those most in need. Alongside this, we aim to strengthen our referral pathways, explore new partnership opportunities, and gather robust feedback to inform future service development.

Looking ahead, we are also exploring ways to broaden our impact by growing our team and reaching more people who need our support. We remain focused on reducing isolation, supporting independence, and delivering measurable social value to the communities we serve.

Financial review

The financial statements show a net income in funds of £5,457 (2024 £1,812). The cash balance at the bank is £39,964 (2024 £30,698).

The trustees are pleased with the surplus in this financial period and are optimistic this will continue going forward.

The trustees consider that the ideal level of reserves as at 31 March 2025 would be around £30,000. At this level of unrestricted reserves the charity could maintain operation for approximately 2 months.

Current unrestricted reserves amount to £34,355. The charity enjoys good liquidity and has no issue on meeting it's liabilities when they are due. The trustees are confident for the next twelve months.

The trustees have assessed the major risks to which the charity is exposed and are satisfied that systems are in place to mitigate exposure to the major risks.

Structure, governance and management

The charity was established as a Charitable Incorporated organisation on 2 December 2022. It's working name is Happy to Help Gateshead.

The trustees who served during the year and up to the date of signature of the financial statements were:

- Rev B Howell
- Mrs C Kennedy
- Mr B Stoneman
- Mrs E McMaster

The trustees continually audit the available skills of the board and look to acquire new trustees with different skills and experiences which can assist in the growth of the organisation. Recruitment is by approach and word of mouth. Trustees are not remunerated for the work they carry out for the charity.

Signed on behalf of the trustees, on 7 November 2025.



Rev B Howell
Trustee

Report of the Independent Examiner to the trustees of HTH Teamwork CIO

I report on the financial statements of HTH Teamwork CIO for the year ended 31 March 2025 which are set out on pages 7 to 13.

Respective responsibility of trustees and examiner

The charity's trustees are responsible for the preparation of the financial statements. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed. Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- Examine the accounts under section 145 of the 2011 Act
- To follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the 2011 Act) and
- To state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commissioners. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare financial statements which accord with the accounting records and to comply with the accounting requirements set out in the Charities (Accounts and Reports) Regulations 2008,have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

J Hart FCCA

TIG Corporate Finance Limited
Metropolitan House
Longrigg Road
Swalwell
Gateshead NE16 3AS

7 November 2025

HTH TEAMWORK CIO
Statement of Financial Activities
Year ended 31 March 2025

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	Notes	2025 £	2024 £
Income			
Donations and legacies	2	10,740	8,127
Charitable activities	3	224,871	194,197
Other income	4	5,365	4,158
Total income		240,976	206,482
Expenditure on:			
Charitable activities	5	235,519	204,670
Total expenditure		235,519	204,670
Net income/(expenditure) and net movement in funds		5,457	1,812
Reconciliation of funds:			
Total funds brought forward		42,939	41,127
Total funds carried forward		48,396	42,939

HTH TEAMWORK CIO
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Balance Sheet as at 31 March 2025

	Notes	£	2025 £	£	2024 £
Fixed assets					
Tangible assets	7		490		579
Current assets					
Debtors	8	13,811		14,741	
Cash at bank and in hand		<u>39,964</u>		<u>30,698</u>	
Total current assets		53,775		45,439	
Liabilities					
Creditors: amounts falling due within one year	9	<u>5,869</u>		<u>3,079</u>	
Net current assets			<u>47,906</u>		<u>42,360</u>
Total net assets			<u>48,396</u>		<u>42,939</u>
The funds of the charity					
Restricted funds			14,041		14,041
Unrestricted funds			<u>34,355</u>		<u>28,898</u>
Total charity funds	10		<u>48,396</u>		<u>42,939</u>

Approved by the trustees on 7 November 2025 and signed on its behalf by

Brian Howell

Rev B Howell

1 Accounting policies

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) – (Charities SORP (FRS 1023), the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

Fund accounting

- Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.
- Restricted funds are subject specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Income

All income is included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:

- Donations are recognised where there is entitlement, certainty of receipt and the amount can be measured with sufficient reliability.
- Investment income is recognised on a receivable basis.
- Income from charitable activities includes income recognised as earned (as the related goods or services are provided) under contract.

Expenditure

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity the expenditure. All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life

Fixtures and fittings	15% on reducing balance
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Pensions

The charity operates a defined contribution pension scheme. Contributions are charged to expenditure as they become payable in accordance with the rules of the scheme.

2 Income from donations and legacies

	Unrestricted £	Restricted £	2025 £	2024 £
TNL Community Fund (Awards for All)	-	-	-	8,127
Charles Hayward Foundation	-	5,500	5,500	-
Gateshead Council – Community Chest	-	5,240	5,240	-
	-	10,740	10,740	8,127

3 Income from charitable activities

	Unrestricted £	2025 £	2024 £
Home help services	206,156	206,156	179,656
Social care	18,715	18,715	14,541
	224,871	224,871	194,197

4 Other income

	Unrestricted £	2025 £	2024 £
Employment allowance	5,365	5,365	4,158

5 Expenditure charitable activities

	Unrestricted £	Restricted £	2025 £	2024 £
Staff costs	201,262	6,893	208,155	176,754
Rent	2,220	-	2,220	2,220
Travel expenses	4,492	721	5,213	5,637
Office costs	3,768	-	3,768	1,737
Telephone	1,389	-	1,389	930
Accountancy	990	-	990	990
Software and IT	1,632	-	1,632	2,670
Training	-	-	-	321
Repairs and renewals	-	-	-	994
Bank charges	744	-	744	801
Legal and professional	3,300	-	3,300	-
Insurance	1,349	-	1,349	4,578
Sundry expenses	-	-	-	264
Management fee and Core contribution	3,546	3,126	6,672	6,672
Depreciation	87	-	87	102
	224,779	10,740	235,519	204,670

6 Staff costs and remuneration of key management

	2025 £	2024 £
Salaries	200,010	171,655
Social security	6,739	4,158
Other pension costs	1,406	941
	208,155	176,754

The average number of employees during the year was 27 (2024 – 27) with all employee time involved in providing either support to the governance of the charity or support services to charitable activities.

No employees were paid £60,000 or more.

7 Tangible fixed assets

	Fixtures & Equipment £
Cost	
At 1 April 2024	4,544
Additions	-
At 31 March 2025	4,544
Depreciation	
At 1 April 2024	3,965
Charge for year	89
At 31 March 2025	4,054
Net Book Value	
At 31 March 2025	490
<i>At 31 March 2024</i>	<i>579</i>

8 Debtors

	2025 £	2024 £
Trade debtors	12,459	12,870
Prepayments	1,353	1,871
	13,812	14,741

9 Creditors: amounts falling due in one year

	2025 £	2024 £
Trade creditors	-	-
Other creditors	4,220	659
Taxation and social security	659	1,430
Accruals	990	990
	5,869	3,079

10 Total charity funds

	At 1 April 2024	Income	Expenditure	At 31 March 2025
	£	£	£	£
Restricted	14,041	10,740	10,740	14,041
Unrestricted	28,898	230,236	224,779	34,355
General	42,939	240,976	235,519	48,396

11 Trustees remuneration and expenses

No remuneration was paid to trustees in the period.

None of the trustees were paid expenses during the year.

12 Pension scheme

The charity operates a defined contribution pension scheme. The pension costs represent contributions payable to the scheme. The cost was £1,406 (2024 - £941).

13 Related parties

Mr B Howell and Mrs E McMaster are unpaid directors of Teamwork Development Trust CIC. Teamwork Development Trust CIC provides management services to the company. During the year the cost of these services amounted to £4,500 (2024: £6,672). Certain expenses are recharged from Teamwork Development Trust CIC for software and legal support. The recharged amount was £2,172 (2024: £4,656).

