

Sing out Sutton
Trustee Report
1 April 2024 – 31 March 2025

Charity Particulars:

Charity Trustees:

Christine Lindsay (chair from 28 November 2022)

Stephen Williams

Rosemarie Smith

Jan Lewis

Philip Butlin, Treasurer

Sarah Kane

Key Personnel:

Victoria Hodges, Director

Banking:

Cooperative Business Banking

Charity Registration:

1201167

Operating address:

108 Montpelier Road

Purley

CR8 2QB

SING OUT SUTTON

Trustees Report

For the year ended 31/3/25

The Trustees present their annual report and financial statements of the charity for the year ended 31 March 2025.

Constitution and Objectives

Sing out Sutton is a wellbeing singing charity which facilitates regular fun, friendly and supportive singing sessions accessible to all adults in the borough of Sutton. The choir upholds the belief that singing has powerful physical, psychosocial and emotional wellbeing benefits. It holds weekly singing sessions for two groups: Thursday evening choir at Chiltern Church and Singing for Breathing at Wallington Library. It also hosts singing workshops and performances to members of the public to promote singing for wellbeing.

The charity is governed by the Sing out Sutton constitution, drawn up in November 2022, which has the following objectives: to promote, improve, develop and maintain physical and mental wellbeing through singing in the London borough of Sutton, and occasionally beyond. To promote public education in, and appreciation of the art and science of singing to the public through concerts, workshops and other events as the trustees shall determine from time to time.

Public Benefit

Sing out Sutton's public benefit entails provision of wellbeing support through music-making for the choir participants, and provision of entertainment, education and promotion of wellbeing benefits of singing to the choir's audiences.

Structure, Governance and Management

During the period of April 2024 – March 2025 Sing out Sutton was governed by three trustees.

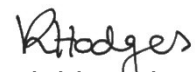
It operates under a CIO constitution and employs a director on a freelance basis.

Trustees hold office for three years and are eligible for re-election.

Achievements and Performances

Note from the founder/director

This year has been one of strengthening our roots in the community as well as increasing our reach. With the inception of the Singing for Breathing group, initially starting as a fortnightly pilot project then expanding to a regular weekly offering, we have reinforced our mission to promote singing as a vital asset to wellbeing, especially for those with lung conditions. Our objectives have been fulfilled in a variety of ways, highlights of which are detailed below.



Vicki Hodges

General achievements

Between 1st April 2024 and 31st March 2025 we:

- Held **45 Thursday evening rehearsals**, with attendance averaging at **71 each week - a 34% increase** on last year
- **Registered 54 new people** at Thursday evening choir (meaning 244 people in total have registered at Sing out Sutton since it started)
- **Ran 7 Singing for Breathing taster sessions** at Pulmonary Rehabilitation classes, in collaboration with NHS Sutton Health and Care
- **Launched Singing for Breathing on 17th September 2024**
- **Held 13 Singing for Breathing rehearsals**, with **average attendance at 22** each week
- **Registered 70 people at Singing for Breathing** across the 13 weeks
- **Ran our first Everyone can Sing! event**, which proved incredibly popular and sold out a week beforehand
- **Introduced 4 new songs** to our repertoire

2024 Highlights

April

Performed at Tennyson Grange Care Home

Performed at Wallington Older People's Wellbeing Day

Performed for the Mayor of Sutton charity in a joint concert with Norwood Wind Ensemble

May

Performed at the Banham Marsden March

Had 8 new joiners during one rehearsal, the greatest number of new joiners in this period

June

Held our largest Thursday evening rehearsal with 85 people in the room

Performed at Wallington Music Festival

Held our 3rd Birthday party gig with live band at the Sound Lounge

July

Performed at the Belmont Festival

August

Performed for Home-Start Sutton's Anniversary celebrations

Won a grant from Arts Network Sutton to hold an Everyone can Sing! Workshop Day

September

Performed for Sutton Housing Society's residents in Griffiths Close

Launched Singing for Breathing pilot project

Held the first Everyone can Sing! Workshop day

October

Sang for the Maggie's Centre charity Fire Walk at Sutton United Football Club

November

Performed at Wallington Older People's Wellbeing Day

Recorded a musical Christmas Message for Surrey Police Awards

December

Performed at Maggie's Centre Carol Service

Sang for the residents of Warrengate Nursing Home

Performed for Sutton Housing Partnership's residents Christmas party at Hill House

Held a Christmas Party social event

Walked for Cheam and Sutton Rotary's Santa Float Collection

2025 Highlights

January

Attended Cheam and Sutton rotary presentation evening where we were presented a cheque for £900

February

Held a variety evening social event where we raised £691.60

March

Performed for Sutton Quakers afternoon tea

Introduced welcome desk volunteers to Thursday evening choir

Ran a Ladies Who Lunch singing taster session

Sang at a choir member's funeral (Robin Bevan)



Singing at Wallington
Older People's Wellbeing
Day, April 2024

Everyone can Sing!
Workshop day, September
2024



Financial Review

Income during the year totalled £18,078. The charity's expenditure totalled £15,843. The aim of Sing out Sutton is to balance costs against voluntary contributions along with maintaining adequate reserves.

Fundraising

All fundraising activities are managed internally without involvement of commercial partners. The charity complies with relevant codes of practice and has received no complaints.

Reserves Policy

The charity maintains reserves to cover operational costs. Current reserves exceed the target amount of 3 months' operational costs.

Plans for Future Periods

Alongside continued regular choir rehearsals and gigs, the following projects have been proposed:

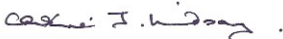
1. Options to expand to a daytime choir
2. Continuing large and small-scale Everyone can Sing! Events for the public to engage in Singing for Wellbeing
3. 4th Birthday Fundraising concert with live Jazz Band accompanying the songs, joining up both Thursday evening choir and Singing for Breathing

Trustees' Responsibilities Statement

The trustees are responsible for preparing the Trustees' Report and maintaining financial integrity through preparing accurate financial statements in accordance with applicable law and United Kingdom Accounting Standards.

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the Charity's current trustees,


Christine Lindsay
Chair of Trustees
Jan Lewis

Stephen Williams

Philip Butlin

Rosemarie Smith

Sarah Kane

Sing Out Sutton

Registered Charity No. 1201167

Receipts and Payments Account for the Year ended 31 March 2025**2024/**

	Unrestricted funds £	Restricted funds £
Receipts		
Donations - Rehearsals	16,013	-
Donations - Gigs	429	-
Donations - Events	1,125	-
Donations - Singing for Breathing	45	-
Grants	66	-
Other income	400	-
Total	18,078	-

Payments

Professional Services - Rehearsal Fees	6,300	-
Professional Services - Gig Fees	1,925	-
Professional Services - Admin Fee	500	-
Prof Services - Everyone Can Sing!	775	-
Prof Services - Singing for Breathing	932	-
Choir Leader cover	85	-
Song Arrangements and tracks	157	-
Hall Hire	3,350	-
Advertising, Promotion and Fundraising	487	-
Insurances	96	-
Uniform and Badges	663	-
Refreshments	33	-
Office expenses	229	-
Printing, Postage and Stationery	291	-
Travel and Accommodation	20	-
Charitable donations		-
Other costs		-
Total	15,843	-

Net receipts/(payments)	2,235	-
Cash funds last year end	11,308	-
Cash funds this year end	13,543	-

Statement of Assets and Liabilities as at 31 March 2025

£

Cash at Bank	13,543
Other assets	-
Total Assets	<u>13,543</u>
Liabilities	-
Net Assets	<u>13,543</u>

25

Endowment
funds
£

Total funds
£

-	16,013
-	429
-	1,125
-	45
-	66
-	400
-	18,078

Period 28
November
2022 to 31
March 2024

Total funds
£

21,288
575
-
-
-
1,551
23,414

-	6,300
-	1,925
-	500
-	775
-	932
-	85
-	157
-	3,350
-	487
-	96
-	663
-	33
-	229
-	291
-	20
-	-
-	-
-	15,843

6,715
2,950
500
-
-
210
254
5,012
-
-
54
64
383
1,100
-
430
584
18,256

-	2,235
-	11,308
-	13,543

5,158
6,150
11,308

2024
£

11,308

-

11,308

-

11,308
