

Sing out Sutton

Trustee Report

28 Nov 2022 – 31 March 2024

Charity Particulars:

Charity Trustees:

Christine Lindsay (chair from 26 October 2022)

Stephen Williams

Rosemarie Smith

Key Management:

Victoria Hodges, Director

Principle Bankers:

Starling Bank

Charity Registration:

1201167

Operating address:

108 Montpelier Road

Purley

CR8 2QB

SING OUT SUTTON

Trustees Report

For the year ended 31/3/24

The Trustees present their annual report and financial statements of the charity for the year ended 31 March 2024.

Constitution and Objectives

Sing out Sutton is a wellbeing choir which meets weekly to provide a regular fun, friendly and supportive atmosphere when music-making. The choir upholds the belief that singing has powerful physical, psychosocial and emotional wellbeing benefits. Its main centre of operation and rehearsals is from Chiltern Church and consists of around 60-70 regular weekly attendees.

The charity is governed by the Sing out Sutton constitution, drawn up in November 2022, which has the following objectives: to promote, improve, develop and maintain physical and mental wellbeing through singing in the London borough of Sutton, and occasionally beyond. To promote public education in, and appreciation of the art and science of singing to the public through concerts, workshops and other events as the trustees shall determine from time to time.

Public Benefit

Sing out Sutton's public benefit entails provision of wellbeing support through music-making for the choir participants, and provision of entertainment, education and promotion of wellbeing benefits of singing to the choir's audiences.

Structure, Governance and Management

Sing out Sutton is governed by three trustees, whose particulars are shown on page 9.

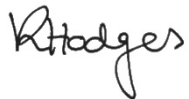
It operates under a CIO constitution and employs a director on a freelance basis.

Trustees hold office for three years and are eligible for re-election.

Achievements and Performances

Letter from the director

It has been a busy year and a bit for the choir, full of growth and exciting opportunities in the local community. Our objectives to promote the importance of singing for wellbeing have been fulfilled in a variety of ways, across Sutton and the surrounding area. Below are a few highlights from the first year and a bit since the charity's inception.



Vicki Hodges

General notes

Between 28th November 2022 and 31st March 2024 we:

- Held 63 rehearsals, with attendance averaging at 53 each week
- Registered 50 new people
- Learnt 7 new songs
- Held 4 social events

2022

November

The choir received official charity status

December

Performed at the Maggie's Centre Carol Concert, where we helped them raise over £7,000

Busking in Sainsbury's where we raised £193.93 for Maggie's Centres

2023

February

Celebrated largest rehearsal since becoming a charity with 60 people in the room

Performed for Sutton Quakers

March

Performed for St Raphael's Hospice

Registered our 150th choir member

April

Performed at Wallington Community Wellbeing Day

May

Performed at the Banham Marsden March

June

Celebrated Sing out Sutton's second birthday at the Sound Lounge Sutton

- The event featured a live three-piece band

Performed at the Maggie's Centre thank you event

Performed at YourSpace summer fayre

July

Performed at Ewell Village Fair

Performed for the residents of Warrengate Nursing Home

Took part in a recording day for a charity single in support of cancer patients in Ukraine and Sudan

August

Held a summer party afternoon tea social for all our members at Downs Lawn Tennis Club

Performed for the residents of Tennyson Grange care home

September

Held a quiz social event

October

Performed at Wallington Community Wellbeing Day

December

Performed at Beeches YuleFest

Performed at Maggie's Centre Carol Service

Performed at Sutton Bowls Club

Held a Christmas Party social event

Busked outside Sainsbury's and raised £211.62 for Sing out Sutton

2024

January

Had 7 new joiners in one rehearsal, the greatest number of new joiners during the period

Performed for the residents of Hampton Lodge

Had our largest rehearsal with 71 people in the room

February

Registered our 200th member

Performed for Sutton Quakers afternoon tea

March

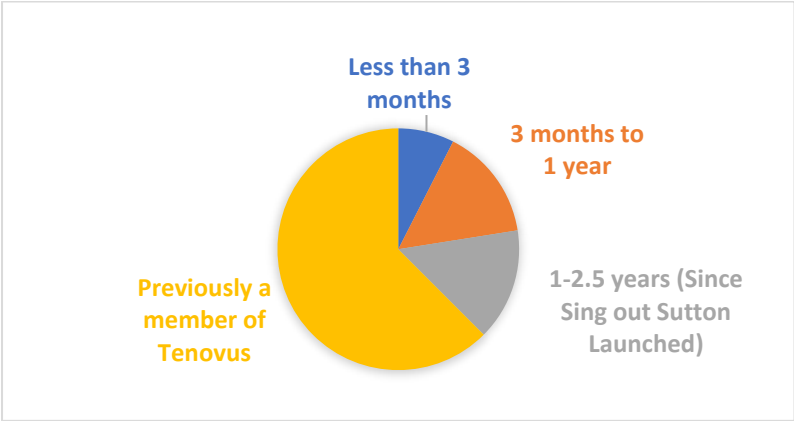
Held a variety evening social event where we raised £640

Performed at a choir member's Celebration of Life event (Marion Earp)

Choir member evaluation:

The annual survey sent out in January 2024 received 40 responses, and provided the following information:

Length of time as a member of Sing out Sutton



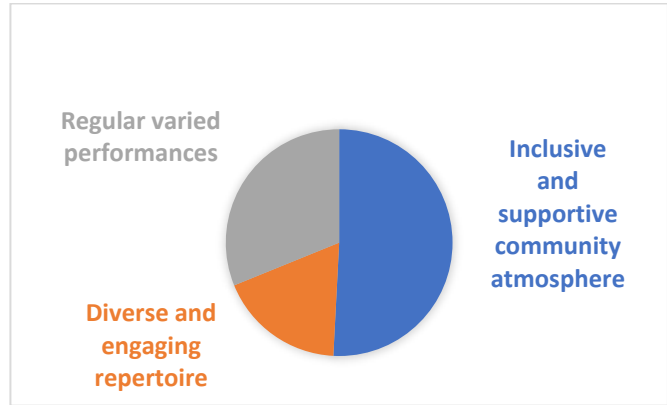
Satisfaction rates among the choir were 88% very satisfied, 12% satisfied.

Regarding what aspect of Sing out Sutton was most enjoyable:

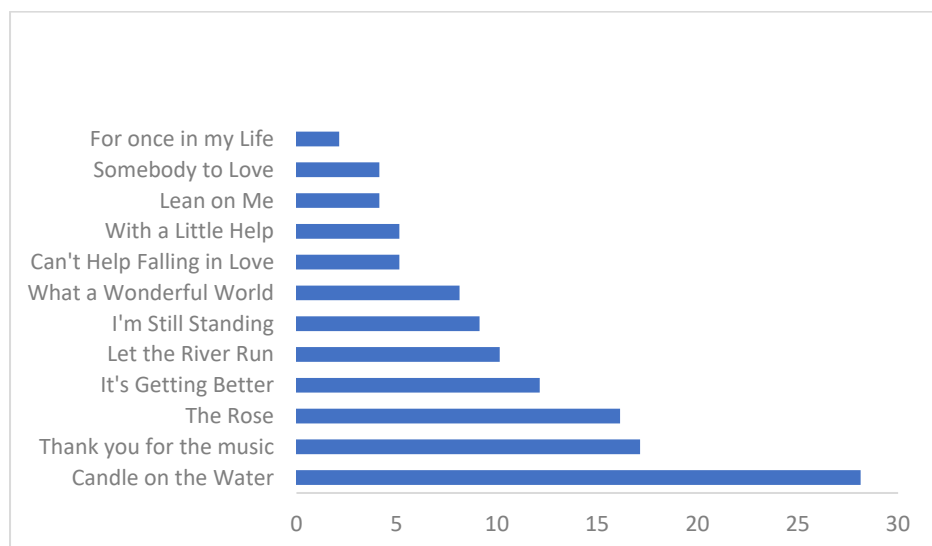
Fun and engaging rehearsals	78%
Social interactions with fellow choir members	73%
Sense of community and belonging	65%
Variety and selection of songs in repertoire	63%
Opportunities to perform in public or community events	55%
Improvement in singing skills	35%

What sets Sing out Sutton apart from other groups (if applicable)

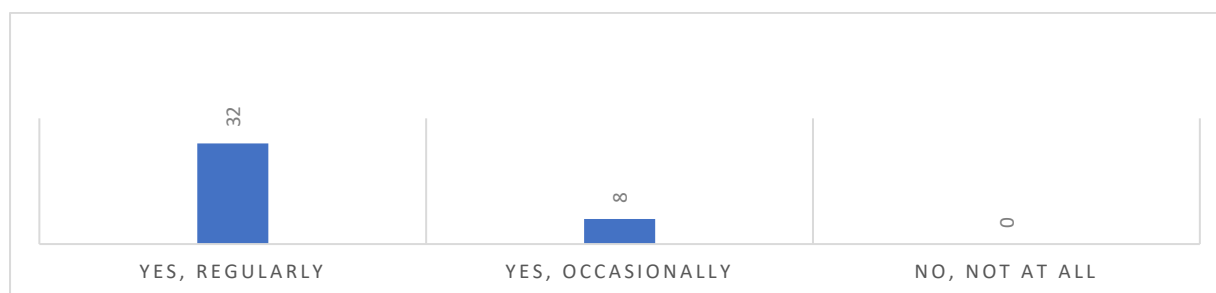
NB – in future, this question must also have ‘free to join’ as an answer option



Favourite repertoire choice of all songs learnt to that point (not including Christmas songs)



Have you contributed regularly to Sing out Sutton?



Suggestions of fundraising events to support Sing out Sutton included:

Boot sale, outdoor gigs with bucket collections, 100 club, raffle, cake sale, clothes swap, joint fundraiser with other organisations, performances with 'gig fees' i.e. care homes.

Social activities suggested included:

Singing 'away day', coffee mornings, walking group, outings to see or sing with other choirs, coach trips, quiz/general knowledge evening, lunch date, summer party for friends and family.

Suggestions to improve Sing out Sutton included:

Longer sessions, lessons in understanding harmony, singing a cappella, access to scores, matching uniform and folder, zoom time variations, less talking in rehearsals.

Song suggestions: from 40 respondents, 28 different songs were suggested, of which 19 were viable potential options, and 6 of which have been queued up to be arranged in the next 12-18 months.

Financial Review

Income during the year totalled £23,414. The charity expenditure totalled £18,256. The aim of Sing out Sutton is to balance costs against voluntary contributions along with maintaining reserves.

Fundraising

All fundraising activities are managed internally without involvement of commercial partners. The charity complies with relevant codes of practice and has received no complaints.

Reserves Policy

The charity maintains reserves to cover operational costs. Current reserves exceed the target amount of 3 months' operational costs.

Plans for Future Periods

Alongside continued regular choir rehearsals and gigs, the following projects have been proposed:

1. Travel reimbursement for choir members in need.
2. Singing for wellbeing workshops and education evenings.
3. Singing for breathing collaboration with Sutton and Wallington Pulmonary Rehab clinic. Offering singing for breathing taster opportunities for participants of the pulmonary rehab courses, with a view to referring into the choir.
4. Everyone can Sing! Workshop day, open to the choir and the public, engaging with the wider community and providing education on the accessibility of singing to all and the wider wellbeing benefits of singing.

Trustees' Responsibilities Statement

The trustees are responsible for preparing the Trustees' Report and maintaining financial integrity through preparing accurate financial statements in accordance with applicable law and United Kingdom Accounting Standards.

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the Charity's trustees,


Christine Lindsay
Chair of Trustees

Stephen Williams

Rosemarie Smith

Receipts and payments accounts

CC16a

For the period
from

28.11.22

To

31.3.24

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Rehearsal Contributions - Direct Debit/Bank Transfer	14,188.00	-	-	14,188	NA
Rehearsal Contributions - Cash	4,719.17	-	-	4,719	NA
Rehearsal Contributions - Cheque/card	1,755.00	-	-	1,755	NA
Tea/coffee Contributions	625.38	-	-	625	NA
Social Events	0.00	-	-	-	NA
Gig/talk Contributions	574.95	-	-	575	NA
Banking interest	69.82	-	-	70	NA
Fundraising	1,257.72	-	-	1,258	NA
Other	223.87	-	-	224	NA
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	23,414	-	-	23,414	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	23,414	-	-	23,414	-

A3 Payments

Staff Costs		-	-	-	-
Choir Leader Rehearsal/admin Fees	7,215	-	-	7,215	-
Choir Leader Gig Fees	2,950	-	-	2,950	-
Choir Leader Cover Fees	210	-	-	210	-
Band/Accompanist Fees	330	-	-	330	-
Rehearsal Tracks	240	-	-	240	-
Training/Courses/Subscriptions	165	-	-	165	-
Other	90	-	-	90	-
	-	-	-	-	-
	-	-	-	-	-
Overheads	-	-	-	-	-
Hall Hire	5,012	-	-	5,012	-
Print/Post/Stationery	1,100	-	-	1,100	-
Website	223	-	-	223	-
Bank Charges	38	-	-	38	-
Equipment Purchase	47	-	-	47	-
Uniform	54	-	-	54	-
Charitable donations	430	-	-	430	-
Subscriptions	75	-	-	75	-
General office expenses	-	-	-	-	-
Refreshments	64	-	-	64	-
Backing tracks	14	-	-	14	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	18,256	-	-	18,256	-

A4 Asset and investment purchases, (see table)					
	-	-	-	-	
	-	-	-	-	
Sub total	-	-	-	-	-
Total payments	18,256	-	-	18,256	-
Net of receipts/(payments)	5,158	-	-	5,158	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	5,158	-	-	5,158	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Cash funds to year end	5,158		-
	Bank account starting balance	6,150	-	-
		-	-	-
	Total cash funds	11,308	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities			-	

		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval