

# SING OUT SUTTON

England & Wales · Charity number 1201167

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2022-11-28

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 30 Holland Avenue  
Cheam  
Sutton  
Surrey  
SM2 6HU

**Phone** 07792781885

**Email** [vicki@singoutsutton.co.uk](mailto:vicki@singoutsutton.co.uk)

**Website** [www.singoutsutton.co.uk](http://www.singoutsutton.co.uk)

## Activities

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**Objects:** TO PROMOTE, IMPROVE, DEVELOP AND MAINTAIN PHYSICAL AND MENTAL WELLBEING THROUGH SINGING IN THE LONDON BOROUGH OF SUTTON, AND OCCASIONALLY BEYOND. TO PROMOTE PUBLIC EDUCATION IN, AND APPRECIATION OF THE ART AND SCIENCE OF SINGING TO THE PUBLIC THROUGH CONCERTS, WORKSHOPS AND OTHER EVENTS AS THE TRUSTEES SHALL DETERMINE FROM TIME TO TIME

**Activities:** A wellbeing choir which promotes, improves, develops and maintains physical and mental wellbeing through singing in the London borough of Sutton, and occasionally beyond. Promotes public education in, and appreciation of the art and science of singing to the public through concerts, workshops and other events as the trustees shall determine from time to time.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Arts/culture/heritage/science
- **Who:** The General Public/mankind

## Geography

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- Surrey
- Sutton

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	£18,078	£15,843	-	-
2024-03-31	£23,414	£18,256	-	-

## Trustees

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Name	Role	Appointed
<b>Stephen Williams</b>	Chair	2022-10-26
Janet Lewis		2025-08-01
Philip Butlin		2025-08-01
Rosemarie Joy Smith		2022-10-26
Sarah Jane Kane		2025-08-01

**SING OUT SUTTON**

England & Wales - Charity number 1201167

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# Accounts

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Sing out Sutton  
Trustee Report  
1 April 2024 – 31 March 2025

# Charity Particulars:

## Charity Trustees:

Christine Lindsay (chair from 28 November 2022)

Stephen Williams

Rosemarie Smith

Jan Lewis

Philip Butlin, Treasurer

Sarah Kane

## Key Personnel:

Victoria Hodges, Director

## Banking:

Cooperative Business Banking

## Charity Registration:

1201167

## Operating address:

108 Montpelier Road

Purley

CR8 2QB

# SING OUT SUTTON

## Trustees Report

For the year ended 31/3/25

The Trustees present their annual report and financial statements of the charity for the year ended 31 March 2025.

## Constitution and Objectives

Sing out Sutton is a wellbeing singing charity which facilitates regular fun, friendly and supportive singing sessions accessible to all adults in the borough of Sutton. The choir upholds the belief that singing has powerful physical, psychosocial and emotional wellbeing benefits. It holds weekly singing sessions for two groups: Thursday evening choir at Chiltern Church and Singing for Breathing at Wallington Library. It also hosts singing workshops and performances to members of the public to promote singing for wellbeing.

The charity is governed by the Sing out Sutton constitution, drawn up in November 2022, which has the following objectives: to promote, improve, develop and maintain physical and mental wellbeing through singing in the London borough of Sutton, and occasionally beyond. To promote public education in, and appreciation of the art and science of singing to the public through concerts, workshops and other events as the trustees shall determine from time to time.

## Public Benefit

Sing out Sutton's public benefit entails provision of wellbeing support through music-making for the choir participants, and provision of entertainment, education and promotion of wellbeing benefits of singing to the choir's audiences.

## Structure, Governance and Management

During the period of April 2024 - March 2025 Sing out Sutton was governed by three trustees.

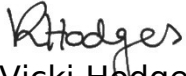
It operates under a CIO constitution and employs a director on a freelance basis.

Trustees hold office for three years and are eligible for re-election.

# Achievements and Performances

## Note from the founder/director

This year has been one of strengthening our roots in the community as well as increasing our reach. With the inception of the Singing for Breathing group, initially starting as a fortnightly pilot project then expanding to a regular weekly offering, we have reinforced our mission to promote singing as a vital asset to wellbeing, especially for those with lung conditions. Our objectives have been fulfilled in a variety of ways, highlights of which are detailed below.

  
Vicki Hodges

## General achievements

Between 1<sup>st</sup> April 2024 and 31<sup>st</sup> March 2025 we:

- Held **45 Thursday evening rehearsals**, with attendance averaging at **71 each week - a 34% increase** on last year
- **Registered 54 new people** at Thursday evening choir (meaning 244 people in total have registered at Sing out Sutton since it started)
- **Ran 7 Singing for Breathing taster sessions** at Pulmonary Rehabilitation classes, in collaboration with NHS Sutton Health and Care
- **Launched Singing for Breathing on 17<sup>th</sup> September 2024**
- **Held 13 Singing for Breathing rehearsals**, with **average attendance at 22** each week
- **Registered 70 people at Singing for Breathing** across the 13 weeks
- **Ran our first Everyone can Sing! event**, which proved incredibly popular and sold out a week beforehand
- **Introduced 4 new songs** to our repertoire

## 2024 Highlights

### April

Performed at Tennyson Grange Care Home

Performed at Wallington Older People's Wellbeing Day

Performed for the Mayor of Sutton charity in a joint concert with Norwood Wind Ensemble

### May

Performed at the Banham Marsden March

Had 8 new joiners during one rehearsal, the greatest number of new joiners in this period

## June

Held our largest Thursday evening rehearsal with 85 people in the room

Performed at Wallington Music Festival

Held our 3<sup>rd</sup> Birthday party gig with live band at the Sound Lounge

## July

Performed at the Belmont Festival

## August

Performed for Home-Start Sutton's Anniversary celebrations

Won a grant from Arts Network Sutton to hold an Everyone can Sing! Workshop Day

## September

Performed for Sutton Housing Society's residents in Griffiths Close

Launched Singing for Breathing pilot project

Held the first Everyone can Sing! Workshop day

## October

Sang for the Maggie's Centre charity Fire Walk at Sutton United Football Club

## November

Performed at Wallington Older People's Wellbeing Day

Recorded a musical Christmas Message for Surrey Police Awards

## December

Performed at Maggie's Centre Carol Service

Sang for the residents of Warrengate Nursing Home

Performed for Sutton Housing Partnership's residents Christmas party at Hill House

Held a Christmas Party social event

Walked for Cheam and Sutton Rotary's Santa Float Collection

## 2025 Highlights

### January

Attended Cheam and Sutton rotary presentation evening where we were presented a cheque for £900

### February

Held a variety evening social event where we raised £691.60

## March

Performed for Sutton Quakers afternoon tea

Introduced welcome desk volunteers to Thursday evening choir

Ran a Ladies Who Lunch singing taster session

Sang at a choir member's funeral (Robin Bevan)



Singing at Wallington  
Older People's Wellbeing  
Day, April 2024

Everyone can Sing!  
Workshop day, September  
2024



# Financial Review

Income during the year totalled £18,078. The charity's expenditure totalled £15,843. The aim of Sing out Sutton is to balance costs against voluntary contributions along with maintaining adequate reserves.

## Fundraising

All fundraising activities are managed internally without involvement of commercial partners. The charity complies with relevant codes of practice and has received no complaints.

## Reserves Policy

The charity maintains reserves to cover operational costs. Current reserves exceed the target amount of 3 months' operational costs.

## Plans for Future Periods

Alongside continued regular choir rehearsals and gigs, the following projects have been proposed:

1. Options to expand to a daytime choir
2. Continuing large and small-scale Everyone can Sing! Events for the public to engage in Singing for Wellbeing
3. 4<sup>th</sup> Birthday Fundraising concert with live Jazz Band accompanying the songs, joining up both Thursday evening choir and Singing for Breathing

## Trustees' Responsibilities Statement

The trustees are responsible for preparing the Trustees' Report and maintaining financial integrity through preparing accurate financial statements in accordance with applicable law and United Kingdom Accounting Standards.

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the Charity's current trustees,

  
Christine Lindsay  
Chair of Trustees  
Jan Lewis

Stephen Williams

Rosemarie Smith

Philip Butlin

Sarah Kane

## Sing Out Sutton

Registered Charity No. 1201167

### Receipts and Payments Account for the Year ended 31 March 2025

2024/

	Unrestricted funds	Restricted funds
	£	£
<b>Receipts</b>		
Donations - Rehearsals	16,013	-
Donations - Gigs	429	-
Donations - Events	1,125	-
Donations - Singing for Breathing	45	-
Grants	66	-
Other income	400	-
<b>Total</b>	<b>18,078</b>	<b>-</b>

#### Payments

Professional Services - Rehearsal Fees	6,300	-
Professional Services - Gig Fees	1,925	-
Professional Services - Admin Fee	500	-
Prof Services - Everyone Can Sing!	775	-
Prof Services - Singing for Breathing	932	-
Choir Leader cover	85	-
Song Arrangements and tracks	157	-
Hall Hire	3,350	-
Advertising, Promotion and Fundraising	487	-
Insurances	96	-
Uniform and Badges	663	-
Refreshments	33	-
Office expenses	229	-
Printing, Postage and Stationery	291	-
Travel and Accommodation	20	-
Charitable donations		-
Other costs		-
<b>Total</b>	<b>15,843</b>	<b>-</b>

<b>Net receipts/(payments)</b>	<b>2,235</b>	<b>-</b>
<b>Cash funds last year end</b>	<b>11,308</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>13,543</b>	<b>-</b>

### Statement of Assets and Liabilities as at 31 March 2025

£

Cash at Bank	13,543
Other assets	-
Total Assets	<u>13,543</u>
Liabilities	-
Net Assets	<u>13,543</u>

25

Endowment  
funds  
£

Total funds  
£

Period 28  
November  
2022 to 31  
March 2024

Total funds  
£

-	16,013
-	429
-	1,125
-	45
-	66
-	400
-	18,078

21,288
575
-
-
-
1,551
23,414

-	6,300
-	1,925
-	500
-	775
-	932
-	85
-	157
-	3,350
-	487
-	96
-	663
-	33
-	229
-	291
-	20
-	-
-	-
-	15,843

6,715
2,950
500
-
-
210
254
5,012
-
-
54
64
383
1,100
-
430
584
18,256

-	2,235
-	11,308
-	13,543

5,158
6,150
11,308

2024  
£

11,308

-

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11,308

-

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11,308

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**SING OUT SUTTON**

England & Wales - Charity number 1201167

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# Accounts

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Sing out Sutton

Trustee Report

28 Nov 2022 – 31 March 2024

# Charity Particulars:

## **Charity Trustees:**

Christine Lindsay (chair from 26 October 2022)

Stephen Williams

Rosemarie Smith

## **Key Management:**

Victoria Hodges, Director

## **Principle Bankers:**

Starling Bank

## **Charity Registration:**

1201167

## **Operating address:**

108 Montpelier Road

Purley

CR8 2QB

# SING OUT SUTTON

## Trustees Report

### For the year ended 31/3/24

The Trustees present their annual report and financial statements of the charity for the year ended 31 March 2024.

## Constitution and Objectives

Sing out Sutton is a wellbeing choir which meets weekly to provide a regular fun, friendly and supportive atmosphere when music-making. The choir upholds the belief that singing has powerful physical, psychosocial and emotional wellbeing benefits. Its main centre of operation and rehearsals is from Chiltern Church and consists of around 60-70 regular weekly attendees.

The charity is governed by the Sing out Sutton constitution, drawn up in November 2022, which has the following objectives: to promote, improve, develop and maintain physical and mental wellbeing through singing in the London borough of Sutton, and occasionally beyond. To promote public education in, and appreciation of the art and science of singing to the public through concerts, workshops and other events as the trustees shall determine from time to time.

## Public Benefit

Sing out Sutton's public benefit entails provision of wellbeing support through music-making for the choir participants, and provision of entertainment, education and promotion of wellbeing benefits of singing to the choir's audiences.

## Structure, Governance and Management

Sing out Sutton is governed by three trustees, whose particulars are shown on page 9.

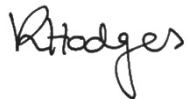
It operates under a CIO constitution and employs a director on a freelance basis.

Trustees hold office for three years and are eligible for re-election.

# Achievements and Performances

## Letter from the director

It has been a busy year and a bit for the choir, full of growth and exciting opportunities in the local community. Our objectives to promote the importance of singing for wellbeing have been fulfilled in a variety of ways, across Sutton and the surrounding area. Below are a few highlights from the first year and a bit since the charity's inception.



Vicki Hodges

## General notes

Between 28<sup>th</sup> November 2022 and 31<sup>st</sup> March 2024 we:

- Held 63 rehearsals, with attendance averaging at 53 each week
- Registered 50 new people
- Learnt 7 new songs
- Held 4 social events

## 2022

### November

The choir received official charity status

### December

Performed at the Maggie's Centre Carol Concert, where we helped them raise over £7,000

Busking in Sainsbury's where we raised £193.93 for Maggie's Centres

## 2023

### February

Celebrated largest rehearsal since becoming a charity with 60 people in the room

Performed for Sutton Quakers

### March

Performed for St Raphael's Hospice

Registered our 150<sup>th</sup> choir member

## **April**

Performed at Wallington Community Wellbeing Day

## **May**

Performed at the Banham Marsden March

## **June**

Celebrated Sing out Sutton's second birthday at the Sound Lounge Sutton

- The event featured a live three-piece band

Performed at the Maggie's Centre thank you event

Performed at YourSpace summer fayre

## **July**

Performed at Ewell Village Fair

Performed for the residents of Warrengate Nursing Home

Took part in a recording day for a charity single in support of cancer patients in Ukraine and Sudan

## **August**

Held a summer party afternoon tea social for all our members at Downs Lawn Tennis Club

Performed for the residents of Tennyson Grange care home

## **September**

Held a quiz social event

## **October**

Performed at Wallington Community Wellbeing Day

## **December**

Performed at Beeches YuleFest

Performed at Maggie's Centre Carol Service

Performed at Sutton Bowls Club

Held a Christmas Party social event

Busked outside Sainsbury's and raised £211.62 for Sing out Sutton

## **2024**

### **January**

Had 7 new joiners in one rehearsal, the greatest number of new joiners during the period

Performed for the residents of Hampton Lodge

Had our largest rehearsal with 71 people in the room

## **February**

Registered our 200<sup>th</sup> member

Performed for Sutton Quakers afternoon tea

## **March**

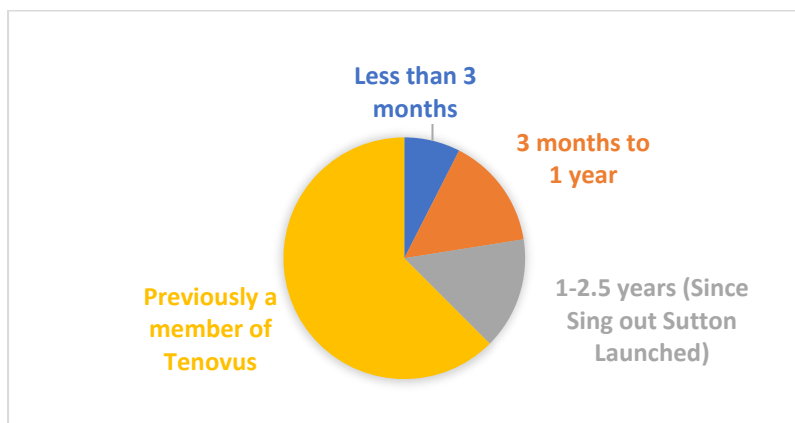
Held a variety evening social event where we raised £640

Performed at a choir member's Celebration of Life event (Marion Earp)

# Choir member evaluation:

The annual survey sent out in January 2024 received 40 responses, and provided the following information:

## Length of time as a member of Sing out Sutton



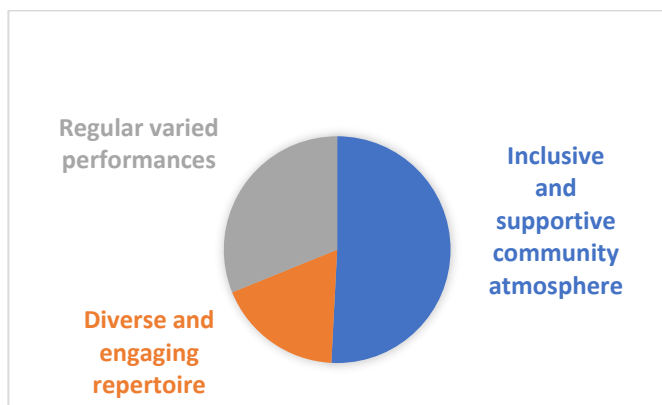
Satisfaction rates among the choir were 88% very satisfied, 12% satisfied.

## Regarding what aspect of Sing out Sutton was most enjoyable:

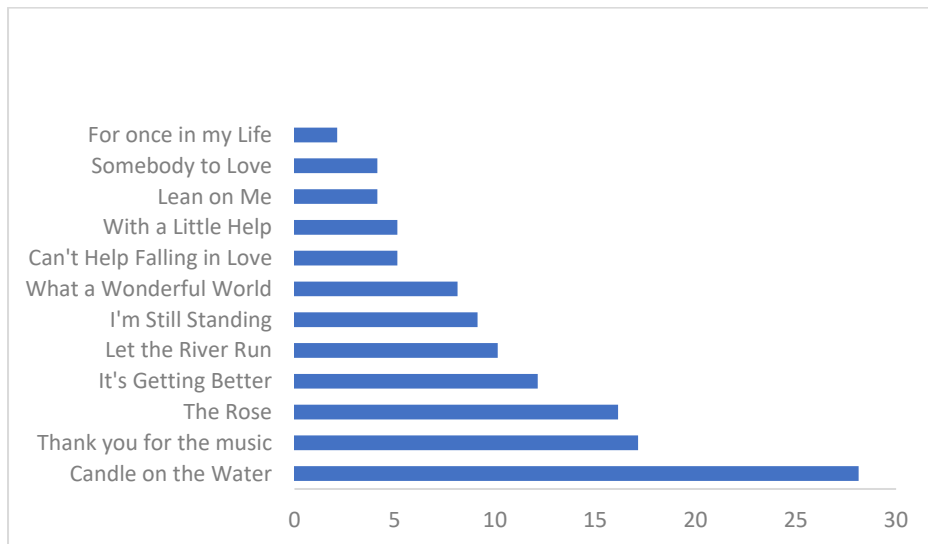
Fun and engaging rehearsals	78%
Social interactions with fellow choir members	73%
Sense of community and belonging	65%
Variety and selection of songs in repertoire	63%
Opportunities to perform in public or community events	55%
Improvement in singing skills	35%

## What sets Sing out Sutton apart from other groups (if applicable)

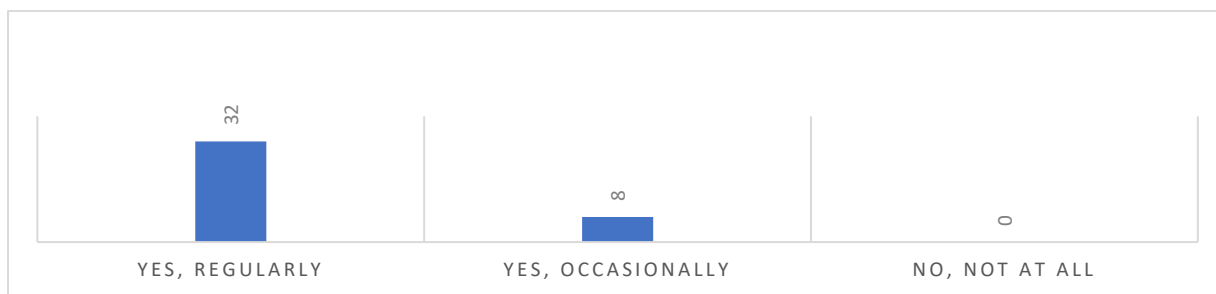
*NB – in future, this question must also have 'free to join' as an answer option*



## Favourite repertoire choice of all songs learnt to that point (not including Christmas songs)



## Have you contributed regularly to Sing out Sutton?



## Suggestions of fundraising events to support Sing out Sutton included:

Boot sale, outdoor gigs with bucket collections, 100 club, raffle, cake sale, clothes swap, joint fundraiser with other organisations, performances with 'gig fees' i.e. care homes.

## Social activities suggested included:

Singing 'away day', coffee mornings, walking group, outings to see or sing with other choirs, coach trips, quiz/general knowledge evening, lunch date, summer party for friends and family.

## Suggestions to improve Sing out Sutton included:

Longer sessions, lessons in understanding harmony, singing a cappella, access to scores, matching uniform and folder, zoom time variations, less talking in rehearsals.

**Song suggestions:** from 40 respondents, 28 different songs were suggested, of which 19 were viable potential options, and 6 of which have been queued up to be arranged in the next 12-18 months.

# Financial Review

Income during the year totalled £23,414. The charity expenditure totalled £18,256. The aim of Sing out Sutton is to balance costs against voluntary contributions along with maintaining reserves.

## Fundraising

All fundraising activities are managed internally without involvement of commercial partners. The charity complies with relevant codes of practice and has received no complaints.

## Reserves Policy

The charity maintains reserves to cover operational costs. Current reserves exceed the target amount of 3 months' operational costs.

## Plans for Future Periods

Alongside continued regular choir rehearsals and gigs, the following projects have been proposed:

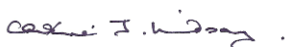
1. Travel reimbursement for choir members in need.
2. Singing for wellbeing workshops and education evenings.
3. Singing for breathing collaboration with Sutton and Wallington Pulmonary Rehab clinic. Offering singing for breathing taster opportunities for participants of the pulmonary rehab courses, with a view to referring into the choir.
4. Everyone can Sing! Workshop day, open to the choir and the public, engaging with the wider community and providing education on the accessibility of singing to all and the wider wellbeing benefits of singing.

## Trustees' Responsibilities Statement

The trustees are responsible for preparing the Trustees' Report and maintaining financial integrity through preparing accurate financial statements in accordance with applicable law and United Kingdom Accounting Standards.

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the Charity's trustees,



Christine Lindsay  
Chair of Trustees

Stephen Williams

Rosemarie Smith

## Receipts and payments accounts

For the period from	28.11.22	To	31.3.24
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Rehearsal Contributions - Direct Debit/Bank Transfer	14,188.00	-	-	14,188	NA
Rehearsal Contributions - Cash	4,719.17	-	-	4,719	NA
Rehearsal Contributions - Cheque/card	1,755.00	-	-	1,755	NA
Tea/coffee Contributions	625.38	-	-	625	NA
Social Events	0.00	-	-	-	NA
Gig/talk Contributions	574.95	-	-	575	NA
Banking interest	69.82	-	-	70	NA
Fundraising	1,257.72	-	-	1,258	NA
Other	223.87	-	-	224	NA
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>23,414</b>	<b>-</b>	<b>-</b>	<b>23,414</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>23,414</b>	<b>-</b>	<b>-</b>	<b>23,414</b>	<b>-</b>
<b>A3 Payments</b>					
<b>Staff Costs</b>					
Choir Leader Rehearsal/admin Fees	7,215	-	-	7,215	-
Choir Leader Gig Fees	2,950	-	-	2,950	-
Choir Leader Cover Fees	210	-	-	210	-
Band/Accompanist Fees	330	-	-	330	-
Rehearsal Tracks	240	-	-	240	-
Training/Courses/Subscriptions	165	-	-	165	-
Other	90	-	-	90	-
	-	-	-	-	-
	-	-	-	-	-
<b>Overheads</b>					
Hall Hire	5,012	-	-	5,012	-
Print/Post/Stationery	1,100	-	-	1,100	-
Website	223	-	-	223	-
Bank Charges	38	-	-	38	-
Equipment Purchase	47	-	-	47	-
Uniform	54	-	-	54	-
Charitable donations	430	-	-	430	-
Subscriptions	75	-	-	75	-
General office expenses	-	-	-	-	-
Refreshments	64	-	-	64	-
Backing tracks	14	-	-	14	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>18,256</b>	<b>-</b>	<b>-</b>	<b>18,256</b>	<b>-</b>

<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	<b>18,256</b>	-	-	<b>18,256</b>	-
<b>Net of receipts/(payments)</b>	<b>5,158</b>	-	-	<b>5,158</b>	-
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	<b>5,158</b>	-	-	<b>5,158</b>	-

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	Cash funds to year end	5,158		-
	Bank account starting balance	6,150	-	-
		-	-	-
	<b>Total cash funds</b>	<b>11,308</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		<b>Unrestricted funds to nearest £</b>	<b>Restricted funds to nearest £</b>	<b>Endowment funds to nearest £</b>
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>				
<b>B4 Assets retained for the charity's own use</b>				
<b>B5 Liabilities</b>				

		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval