

Cooking Champions

Charity No. 1201150

TRUSTEES' ANNUAL REPORT AND UNAUDITED ACCOUNTS

30th November 2024

The trustees present their report and financial statements for the year ended 30 November 2024. The trustees confirm that the financial statements comply with current statutory requirements: the Memorandum and Articles of Association and the Statement Of Recommended Practice - Accounting and Reporting by Charities (SORP), applicable to charities preparing their accounts in accordance with FRS 102, and Part 11 of the Charities Act 2011.

REFERENCE AND ADMINISTRATIVE DETAILS

Charity No. 1201150

Company No. CE030830

Registered Office

St. Matthew's Vicarage
1 Church Road
Enfield
EN3 4NT

Trustees

The Directors of the charitable company are its Trustees for the purposes of charity law. The following Directors and Trustees served during the year:

Omari Chambers-Alert (resigned 1st February 2024)
Samuel Kagwi
Sanasum Perera
Suzanna Gillespie (resigned 30th November 2024)
Caroline Armstrong (appointed 30th November 2024)

Accountants

Luna Muncaster Ltd
40 Vera Avenue
Grange Park
London
N21 1RG

Bankers

Metro Bank
1-3 Market Chambers
Church Street
Enfield
EN2 6AA



STRUCTURE, GOVERNANCE AND MANAGEMENT

Cooking Champions is a registered Charity and a Charitable Incorporated Organisation (CIO). It is governed by a Constitution.

During the year, there were a minimum of three Trustees on the Board. The Board meets at least four times a year. It sets the strategic direction for the organisation and has the overall responsibility for the running of Cooking Champions, which is delegated on a day to day operational basis to the Chief Executive, Clare Donovan.

Board meetings consist of an operational update, provided by Clare Donovan and the executive team, a financial update and a strategic forward look.

The Board is involved in the drafting, review and approval of all relevant policies and procedures for Cooking Champions. All Cooking Champions Trustees and Staff are required to undertake online courses in safeguarding. Trustees are also provided with access to training materials via ICAEW.

Sanasum Perera is the Chair of the Board. Omari Chambers-Alert and Suzanna Gillespie acted as Trustees during the year and stepped down during the year to which this report relates. Caroline Armstrong was recruited and joined the trustee board at the end of the year to ensure that the Charity governing document stipulation of a minimum of three Trustees was met. The Board and the Executive team undertake an annual Trustee skills review to identify any gaps and if additional expertise is required. Cooking Champions will be seeking to recruit an additional two Trustees during 2025.

All Trustees act on a voluntary basis, and have not received any remuneration from Cooking Champions during the year.

ANNUAL REVIEW

Summary

Cooking Champions has been supporting the people of North London since the start of the pandemic in 2020.

After gaining charitable status in November in 2022, we have spent the year further establishing the charity in the local community and a full year of activities in our community kitchen.

We have continued to provide food support, education and training across North London. This includes over four years of continuous weekly food bank services. Highlights of the year include celebrating our kitchen's second birthday, working throughout the year to deliver the highest quality cooking lessons, our first ever fundraising gala dinner and celebrating five years of providing meals on Christmas Day.

Similar to last year, we have seen a further increase in demand for our food support services. Year on year figures show a 53% increase in the number of bags of food we have distributed.

The trustees are hugely grateful to our fantastic executive team, led by Clare Donovan, and all our volunteers, without whom the Charity would not function.

The Board of Trustees are proud of the services Cooking Champions has provided over the past year, and we look forward to continuing to work with our CEO, staff and volunteers in providing services to alleviate poverty through food support, education and training.

OBJECTIVES AND ACHIEVEMENTS

Objectives

The objective of Cooking Champions is the relief of poverty in London and the surrounding area by providing food parcels, prepared meals, food education and support through a community kitchen for people in financial hardship. The trustees understand their responsibility to keep this public benefit central to the work and activities. Cooking Champions principally operates in the London Boroughs of Enfield.

Cooking Champions uses self employed individuals to deliver its services and funds the work through donations, grants and general fundraising. In addition, the charity also uses an extensive team of volunteers to provide its services and support the local community.

In order to strengthen our level of support we are also working with other charities and local community organisations to alleviate poverty and increase food security such as The Felix Project, Food Bank Aid and Enfield Women's Centre.

Achievements and performance throughout the year.

Food Support

Food support, via a food bank, was provided twice a week, every single week for people across the London Borough of Enfield. The service was available for people to select their own food in person at our food bank, or a delivery service was offered for those who could not attend easily. 9,067 bags of food were provided throughout the year December 2023 - November 2024.

Max Carne joined in September as Food Bank Supervisor as Keeley Forbes moved from this role to Assistant Manager. Since his appointment the food bank team designed and implemented a new referral system to ensure that our resources are being distributed as fairly as possible. This is especially important as our services are more in demand than ever before. Food bank information has been made available in several different languages (i.e Bulgarian, Turkish, Arabic) and we have worked with translators to help support recipients whose first language is not English.

Meals made

Cooking Champions staff and volunteers made 6,897 meals between December 2023 and November 2024. This includes meals served at our community lunches, distributed at our food bank and to support other charities including The Little Things UK, AgeUK Enfield and Enfield Women's Centre. The majority of the meals we make are made using produce from The Felix Project. As a team we are able to use our cooking skills and creative thinking to provide nutritious and tasty meals and avoid ultra processed ingredients as much as possible.

Palmers Green Food Festival

For the past four years, Cooking Champions has proudly organised the Palmers Green Food Festival, a vibrant celebration of food, culture, and community held annually in Broomfield Park. As the lead organiser of the food and drinks village, Cooking Champions curates a diverse array of local vendors, offering everything from global street food to artisan treats. The festival features live music, family-friendly activities, and showcases the rich culinary diversity of North London.

The event has grown each year, creating opportunities for local businesses, encouraging cultural exchange, and putting good food at the heart of a joyful, inclusive community celebration.

Fundraising Gala Dinner

In March 2024, to mark International Women's Day, St Matthew's Church in Ponders End was transformed into an enchanting dining space for a special fundraising event. The Inspiring Women's Gala Dinner, sponsored by travel company [echo.bravo](https://www.echo.bravo.com/), brought together a diverse gathering of over 70 attendees who were treated to a 4-course dinner by 4 professional chefs Dominique Woolf, Melissa Thompson, Thuy Pham, and Georgina Hayden.

The event also offered musical entertainment and a special awards ceremony where Cooking Champions recognised 14 local women during the gala for their exemplary contributions to their North London communities.

Edmonton Green Library Garden

Cooking Champions were commissioned to lead the transformation of a disused space behind Edmonton Green Library into a thriving community garden and learning hub. This “Grow, Feed, Eat, Read” project was developed and delivered by Cooking Champions to engage young people in growing their own food, learning to cook nutritious meals, and improving literacy.

The garden offers a welcoming, educational space where young people can connect with nature and gain vital life skills. This initiative reflects Cooking Champions' ongoing commitment to supporting the community through food, education, and inclusive, creative spaces.

Enfield Town Football Club

Cooking Champions is the official catering partner of Enfield Town FC, serving high-quality food on match days at the Dave Bryant Stadium. This partnership not only enhances the fan experience but also funds the charity's vital food support services. All profits go directly towards providing weekly meals and food parcels to residents. The collaboration also offers paid hospitality training for local young people, aligning with the organisations' community-focused values.

New Van

Our new van has been a game-changer for Cooking Champions. It has allowed us to transport larger quantities of food safely and efficiently, supporting the growing demand for our weekly community meals. We can now collect more surplus food from partners like Food Bank Aid, reducing waste and increasing the number of meals we provide.

It's made our work more flexible, reliable and far-reaching, helping us respond to community needs more effectively throughout the year. It's become an essential part of our day-to-day operations.

Christmas Lunches and Festive Services

2024 marked our fifth year of hosting Community Christmas Lunches. We welcomed a mix of returning guests and first-time visitors, offering a warm, fun and inclusive space during what can be a difficult time of year. One guest shared, “If it wasn't for you I wouldn't have had a Christmas”. That was a powerful reminder of why we do this work. Our incredible volunteers made it all possible, from prepping food to creating a festive, welcoming atmosphere.

FINANCIAL REVIEW

Financial position

Cooking Champions financial position is solid, with total assets available at 30 November 2024 of £59,696. Of this, £41,831 is unrestricted usable cash reserves.

Financial performance

Our total income for the year ended 30 November 2024 was £145,217 and our expenditure was £138,218 (including depreciation of £6,080), generating a surplus in our second year of £6,999. Of total income received, 73% of our income was from grants and donations. Grants were typically for delivery of a specific project e.g. the delivery of hot lunches for the community.

A regular donor to the charity is Seren Catering which is an events catering business set up by CEO, Clare Donovan which provides all profits to Cooking Champions. The remaining 27% came from income from charitable activities which was predominantly the Edmonton Library Garden Project.

Most of our expenditure relates to staffing costs (£101,878), followed by food, garden and kitchen costs (£13,566), and premises costs (£10,234) which are principally electricity bills. We also invested in assets during the year which included the purchasing of a van and equipping our Community Kitchen.

Cooking Champions has no financial investments or borrowings and awards no grants.

Although Cooking Champions is in a relatively strong financial position it operates in a difficult economic climate, which impacts our service users and staff directly as well as the organisation itself. Whilst it is encouraging to see the rate of inflation falling it should not be forgotten that prices are still rising. Pressures still remain with food and energy prices in particular, and our service users are reporting ongoing challenges with the cost of living. The economic climate also impacts on the availability of local government funding.

Reserves policy

Cooking Champions has determined that its level of unrestricted usable cash reserves should be three months of operational costs. Our usable cash reserves stood at £41,831 as at 30 November 2024 which falls above the policy requirement. Reserves may temporarily fall below this amount if investment is needed - in such a case this would need to be approved by the Board of Trustees.

Principal risks

The Trustees and the Executive team have identified the following key risks to the ongoing operations of Cooking Champions.

They have taken necessary steps to minimise these. Overall, the Trustees and Executive team feel that the following risks are being effectively managed. Key risks are discussed at Trustee meetings.

1. Staff and Volunteers

As a small Charity, our people are critical to making things work well. Our Founder and CEO, Clare Donovan, is essential to the smooth running of the Cooking Champions operations and takes on responsibilities in many areas.

We are grateful to our many volunteers and are continually looking to expand our base for those who want to be involved.

2. Food Supplies

The charity is reliant on four main sources of food: Food Bank Aid, The Felix Project, Warbutons and public donations.

3. Income Diversification

The Charity is continuously looking for new funding sources - whether through grant applications, fundraising events or connecting through the local community.

4. Trustee Board

A minimum of three Trustees are required to take decisions under the governing documents, with Cooking Champions aiming to have at least four Trustees in place. We conduct an annual review of whether the Trustee Board collectively has the right skill set to meet the needs of the Charity as it grows. We are looking to increase the number of Trustees and will be recruiting in the coming year.

FINANCIAL REVIEW

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the

Companies Act 2006 and Charities Act 2011. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to charitable incorporated organisations (CIOs) and in accordance with the Charities SORP (FRS 102). A CIO is a charity registered as a body corporate under Part 11 of the Charities Act 2011.

Signed on behalf of the board

Sanasum Perera
Trustee
24th April 2025

INDEPENDENT EXAMINER'S REPORT

I report to the charity Trustees on my examination of the financial statements of Cooking Champions for the year ended 30 November 2024.

Responsibilities and basis of report

As the charitable company's Trustees, you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act').

In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Mrs Luna Muncaster
Associate Chartered Accountant (ICAEW)
Luna Muncaster Ltd
40 Vera Avenue
Grange Park
London
N21 1RG
24th April 2025

Cooking Champions
Statement of Financial Activities
for the year ended 30 November 2024

		Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
	Notes				
Income from:					
Donations and legacies	3	78,083	28,289	106,372	107,694
Charitable activities	4	2,504	36,341	38,845	51,625
Total		80,587	64,630	145,217	159,319
Expenditure on:					
Charitable activities	5	21,875	51,575	73,450	31,719
Other	6	64,768	-	64,768	106,850
Total		86,643	51,575	138,218	138,569
Net gains on investments		-	-	-	-
Net income	7	(6,056)	13,055	6,999	20,750
Transfers between funds		-	-	-	-
Net income before other gains/(losses)		(6,056)	13,055	6,999	20,750
Other gains and losses					
Net movement in funds		(6,056)	13,055	6,999	20,750
Reconciliation of funds:					
Total funds brought forward		47,887	4,810	52,697	-
Total funds carried forward		41,831	17,865	59,696	20,750

Cooking Champions
Summary Income and Expenditure Account
for the year ended 30 November 2024

	2024 £	2023 £
Income	145,217	159,319
Gross income for the year	<u>145,217</u>	<u>159,319</u>
Expenditure	132,138	136,381
Depreciation and charges for impairment of fixed assets	6,080	2,188
Total expenditure for the year	<u>138,218</u>	<u>138,569</u>
Net income before tax for the year	<u>6,999</u>	<u>20,750</u>
Net income for the year	<u><u>6,999</u></u>	<u><u>20,750</u></u>

Cooking Champions
Balance Sheet
at 30 November 2024

Company No. CE030830	Notes	2024 £	2023 £
Fixed assets			
Tangible assets	9	21,632	8,750
		<u>21,632</u>	<u>8,750</u>
Current assets			
Cash at bank and in hand		38,964	43,947
		<u>38,964</u>	<u>43,947</u>
Creditors: Amount falling due within one year	10	(900)	-
Net current assets		<u>38,064</u>	<u>43,947</u>
Total assets less current liabilities		<u>59,696</u>	<u>52,697</u>
Net assets excluding pension asset or liability		<u>59,696</u>	<u>52,697</u>
Total net assets		<u><u>59,696</u></u>	<u><u>52,697</u></u>
The funds of the charity			
Restricted funds	11		
Restricted income funds		17,865	4,810
		<u>17,865</u>	<u>4,810</u>
Unrestricted funds	11		
General funds		41,831	47,887
		<u>41,831</u>	<u>47,887</u>
Reserves	11		
Total funds		<u><u>59,696</u></u>	<u><u>52,697</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 30 November 2024 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 16 April 2025

And signed on its behalf by:

Sanasum Perera
Chair of Trustees
16 April 2025

Cooking Champions
Statement of Cash flows
for the year ended 30 November 2024

	2024 £	2023 £
Cash flows from operating activities		
Net income per Statement of Financial Activities	6,999	20,750
Adjustments for:		
Depreciation of property, plant and equipment	6,080	2,188
Increase in trade and other payables	900	31,947
Net cash provided by operating activities	<u>13,979</u>	<u>54,885</u>
Cash flows from investing activities		
Payments for property, plant and equipment	(18,962)	(10,938)
Net cash used in investing activities	<u>(18,962)</u>	<u>(10,938)</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net (decrease)/increase in cash and cash equivalents	(4,983)	43,947
Cash and cash equivalents at the beginning of the year	43,947	-
Cash and cash equivalents at the end of the year	<u>38,964</u>	<u>43,947</u>
Components of cash and cash equivalents		
Cash and bank balances	38,964	43,947
	<u>38,964</u>	<u>43,947</u>

for the year ended 30 November 2024

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
-----------------------	---

Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
---------------------------------	--

Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
------------------------	--

Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
-------------------------------------	---

Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
---------------------------------	--

Volunteer help	The value of any volunteer help received is not included in the accounts.
----------------	---

Investment income	This is included in the accounts when receivable.
-------------------	---

Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
---	---

Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.
-------------------------------------	--

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

motor vehicles	20% reducing balance
fixtures, fittings and equipment	20% straight line

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Statement of Financial Activities - prior year

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Income from:			
Donations and legacies	71,124	36,570	107,694
Charitable activities	20,877	30,748	51,625
Total	92,001	67,318	159,319
Expenditure on:			
Charitable activities	25,200	6,519	31,719
Other	50,861	55,989	106,850
Total	76,061	62,508	138,569
Net income	15,940	4,810	20,750
Net income before other gains/(losses)	15,940	4,810	20,750
Other gains and losses:			
Net movement in funds	15,940	4,810	20,750
Reconciliation of funds:			
Total funds carried forward	15,940	4,810	20,750

3 Income from donations and legacies

	Unrestricted	Restricted	Total 2024	Total 2023
	£	£	£	£
The National Lottery	-	19,850	19,850	19,260
Seren Catering	3,861	-	3,861	8,600
London Catalyst	-	-	-	2,000
Golden Giving	12,860	-	12,860	9,781
'R' Voices	1,006	-	1,006	2,774
London Borough of Enfield	-	-	-	5,310
Rank Foundation	-	-	-	4,000
Anonymous donor 1	10,000	-	10,000	10,000
Anonymous donor 2	-	-	-	20,000
EVA Sugar Swap Grant	-	6,899	6,899	-
Old Enfield Charitable Trust	-	1,540	1,540	-
AKO Foundation	7,000	-	7,000	-
Echo Bravo	2,000	-	2,000	-
Enfield Golf Club	964	-	964	-
Benton Woodroffe	1,000	-	1,000	-
Pearsons Enfield	1,803	-	1,803	-
Just Giving	4,111	-	4,111	-
Stripe	3,176	-	3,176	-
Go Fund Me	9,501	-	9,501	4,183
Other	20,801	-	20,801	21,786
	<u>78,083</u>	<u>28,289</u>	<u>106,372</u>	<u>107,694</u>

4 Income from charitable activities

	Unrestricted	Restricted	Total 2024	Total 2023
	£	£	£	£
LBE Edmonton Library	-	30,000	30,000	-
Garden Project	-	-	-	36,040
London Borough of Enfield	-	-	-	5,463
Square	-	-	-	4,760
The Greek Orthodox	-	-	-	-
Foodbank	-	6,341	6,341	-
Mayor's Fund for London	1,103	-	1,103	-
Income from Food Festival	1,401	-	1,401	5,362
Other	<u>2,504</u>	<u>36,341</u>	<u>38,845</u>	<u>51,625</u>

In 2023, of the total income from charitable activities, £30,748 was from restricted funds.

5 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2024	Total 2023
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Food, garden, small kitchen equipment and purchases	9,744	3,822	13,566	22,384
Direct wages	12,131	47,753	59,884	9,335
	<u>21,875</u>	<u>51,575</u>	<u>73,450</u>	<u>31,719</u>

6 Other expenditure

	Unrestricted	Total 2024	Total 2023
	£	£	£
Employee costs	42,026	42,026	90,837
Motor and travel costs	1,660	1,660	12
Premises costs	10,234	10,234	8,990
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	6,080	6,080	2,188
General administrative costs	3,868	3,868	3,564
Legal and professional costs	900	900	1,259
	<u>64,768</u>	<u>64,768</u>	<u>106,850</u>

7 Net income before transfers

	2024	2023
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	6,080	2,188

8 Staff costs

	2024	2023
Salaries and wages (including subcontractors)	101,878	100,172
	<u>101,878</u>	<u>100,172</u>

No employee received emoluments in excess of £60,000. "Employee costs" and "staff costs" for the purposes of these accounts include key management personnel who work on a self-employed basis.

9 Tangible fixed assets

	motor vehicles £	fixtures, fittings and equipment £	Total £
Cost or revaluation			
At 1 December 2023	-	10,938	10,938
Additions	16,886	2,076	18,962
At 30 November 2024	<u>16,886</u>	<u>13,014</u>	<u>29,900</u>
Depreciation and impairment			
At 1 December 2023	-	2,188	2,188
Depreciation charge for the year	3,477	2,603	6,080
At 30 November 2024	<u>3,477</u>	<u>4,791</u>	<u>8,268</u>
Net book values			
At 30 November 2024	<u>13,409</u>	<u>8,223</u>	<u>21,632</u>
At 30 November 2023	<u>-</u>	<u>8,750</u>	<u>8,750</u>

10 Creditors:

amounts falling due within one year

	2024 £	2023 £
Accruals	900	-
	<u>900</u>	<u>-</u>

11 Movement in funds

	At 1 December 2023	Incoming resources (including other gains/losses) £	Resources expended £	At 30 November 2024 £
Restricted funds:				
Restricted income funds:				
TNL Soulfood	4,810	-	(4,810)	-
Mayor's Fund For London	-	6,341	(6,341)	-
EVA Sugar Swap Grant	-	6,899	(6,899)	-
TNL Community Fund	-	19,850	(1,985)	17,865
LBE Edmonton Library				
Garden Project	-	30,000	(30,000)	-
Old Enfield Charitable Trust	-	1,540	(1,540)	-
<i>Total</i>	<u>4,810</u>	<u>64,630</u>	<u>(51,575)</u>	<u>17,865</u>
Unrestricted funds:				
General funds	47,887	80,587	(86,643)	41,831
Total funds	<u><u>52,697</u></u>	<u><u>145,217</u></u>	<u><u>(138,218)</u></u>	<u><u>59,696</u></u>

Purposes and restrictions in relation to the funds:

Restricted funds:

TNL Soulfood	Provision of cooking lessons to ensure family recipes are shared with the local community
Mayor's Fund For London	Provision of children's cooking lessons
EVA Sugar Swap Grant	Provision of cooking lessons with children focused on swapping high sugar items for healthier options
TNL Community Fund	Provision of hot meals to the local community
LBE Edmonton Library	To create a community garden based at Edmonton library
Garden Project	

Old Enfield Charitable Trust Provision of cooking lessons

12 Analysis of net assets between funds

	Unrestricted funds £	Total £
Fixed assets	21,632	21,632
Net current assets	38,064	38,064
	<u><u>59,696</u></u>	<u><u>59,696</u></u>

13 Reconciliation of net debt

	At 1 December 2023 £	Cash flows £	At 30 November 2024 £
Cash and cash equivalents	43,947	(4,983)	38,964
	<u>43,947</u>	<u>(4,983)</u>	<u>38,964</u>
Net debt	<u>43,947</u>	<u>(4,983)</u>	<u>38,964</u>

14 Related party disclosures

Controlling party

The entity is a registered Charitable Incorporated Organisation and has no share capital; thus no single party controls the charity.

Cooking Champions
Detailed Statement of Financial Activities
for the year ended 30 November 2024

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Income from:				
Donations and legacies				
The National Lottery	-	19,850	19,850	19,260
Seren Catering	3,861	-	3,861	8,600
London Catalyst	-	-	-	2,000
Golden Giving	12,860	-	12,860	9,781
'R' Voices	1,006	-	1,006	2,774
London Borough of Enfield	-	-	-	5,310
Rank Foundation	-	-	-	4,000
Anonymous donor 1	10,000	-	10,000	10,000
Anonymous donor 2	-	-	-	20,000
EVA Sugar Swap Grant	-	6,899	6,899	-
Old Enfield Charitable Trust	-	1,540	1,540	-
AKO Foundation	7,000	-	7,000	-
Echo Bravo	2,000	-	2,000	-
Enfield Golf Club	964	-	964	-
Benton Woodroffe	1,000	-	1,000	-
Pearsons Enfield	1,803	-	1,803	-
Just Giving	4,111	-	4,111	-
Stripe	3,176	-	3,176	-
Go Fund Me	9,501	-	9,501	4,183
Other	20,801	-	20,801	21,786
	<u>78,083</u>	<u>28,289</u>	<u>106,372</u>	<u>107,694</u>
Charitable activities				
LBE Edmonton Library Garden Project	-	30,000	30,000	-
London Borough of Enfield Square	-	-	-	36,040
The Greek Orthodox Foodbank	-	-	-	5,463
Mayor's Fund for London	-	6,341	6,341	4,760
Income from Food Festival	1,103	-	1,103	-
Other	1,401	-	1,401	5,362
	<u>2,504</u>	<u>36,341</u>	<u>38,845</u>	<u>51,625</u>
Total income	80,587	64,630	145,217	159,319
Expenditure on:				
Charitable activities				

Cooking Champions

Detailed Statement of Financial Activities

Food, garden, small kitchen equipment and purchases	9,744	3,822	13,566	22,384
Direct wages	12,131	47,753	59,884	9,335
	<u>21,875</u>	<u>51,575</u>	<u>73,450</u>	<u>31,719</u>
Total expenditure on charitable activities	21,875	51,575	73,450	31,719
Employee costs				
Salaries/wages	41,994	-	41,994	76,306
Staff training	32	-	32	-
Temporary staff	-	-	-	14,531
	<u>42,026</u>	<u>-</u>	<u>42,026</u>	<u>90,837</u>
Motor and travel costs				
Vehicles - Fuel and road tax	1,108	-	1,108	-
Vehicles - Insurance and licences	552	-	552	-
Travel and subsistence	-	-	-	12
	<u>1,660</u>	<u>-</u>	<u>1,660</u>	<u>12</u>
Premises costs				
Rent	10,234	-	10,234	8,990
	<u>10,234</u>	<u>-</u>	<u>10,234</u>	<u>8,990</u>
General administrative costs, including depreciation and amortisation				
Depreciation of motor vehicles	3,477	-	3,477	-
Depreciation of fixtures, fittings and equipment	2,603	-	2,603	2,188
General insurances	534	-	534	432
Software, IT support and related costs	180	-	180	234
Stationery and printing	-	-	-	24
Subscriptions	-	-	-	252
Sundry expenses	2,366	-	2,366	2,498
Telephone, fax and broadband	788	-	788	124
	<u>9,948</u>	<u>-</u>	<u>9,948</u>	<u>5,752</u>
Legal and professional costs				
Audit/Independent examination fees	-	-	-	1,259
Accountancy and bookkeeping	900	-	900	-
	<u>900</u>	<u>-</u>	<u>900</u>	<u>1,259</u>
Total expenditure on other costs	<u>64,768</u>	<u>-</u>	<u>64,768</u>	<u>106,850</u>
Total expenditure	86,643	51,575	138,218	138,569
Net gains on investments	-	-	-	-
	<u>(6,056)</u>	<u>13,055</u>	<u>6,999</u>	<u>20,750</u>
Net income				

Cooking Champions

Detailed Statement of Financial Activities

Net income before other gains/(losses)	(6,056)	13,055	6,999	20,750
Other Gains	-	-	-	-
Net movement in funds	(6,056)	13,055	6,999	20,750
Reconciliation of funds:				
Total funds brought forward	47,887	4,810	52,697	-
Total funds carried forward	41,831	17,865	59,696	20,750