

# COOKING CHAMPIONS

England & Wales - Charity number 1201150

## Details

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**Other names** COOKING CHAMPIONS CIC

**Status** Registered

**Legal form** CIO

**Registered** 2022-11-25

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** St. Matthews Vicarage  
1 Church Road  
Enfield  
Middlesex  
EN3 4NT

**Phone** 07598675595

**Email** [info@cookingchampions.uk](mailto:info@cookingchampions.uk)

**Website** <http://www.cookingchampions.uk/>

## Activities

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**Objects:** THE RELIEF OF POVERTY IN LONDON AND THE SURROUNDING AREA BY PROVIDING FOOD PARCELS, PREPARED MEALS AND COOKERY TEACHING AND SUPPORT THROUGH A COMMUNITY KITCHEN FOR PEOPLE IN FINANCIAL HARDSHIP.

**Activities:** The relief of poverty in London and the surrounding area by providing food parcels, prepared meals and cookery teaching and support through a community kitchen for people in financial hardship

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

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- Throughout London

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-11-30	£113,936	£125,710	-	-
2024-11-30	£145,217	£138,218	-	-
2023-11-30	£159,319	£138,569	-	-

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## Trustees

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Name	Role	Appointed
<b>Bianca Tia Vinod Mesuria</b>	Chair	2025-08-01
Catherine Elise Chakrabortty		2025-08-01
Sarah Kimberley Peazer-Davies		2025-08-01

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**COOKING CHAMPIONS**

England & Wales - Charity number 1201150

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# Accounts

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Cooking Champions

Charity No. 1201150

# TRUSTEES' ANNUAL REPORT AND UNAUDITED ACCOUNTS

*30th November 2025*

The trustees present their report and financial statements for the year ended 30 November 2025. The trustees confirm that the financial statements comply with current statutory requirements: the Memorandum and Articles of Association and the Statement Of Recommended Practice - Accounting and Reporting by Charities (SORP), applicable to charities preparing their accounts in accordance with FRS 102, and Part 11 of the Charities Act 2011.

## **REFERENCE AND ADMINISTRATIVE DETAILS**

**Charity No. 1201150**

**Company No. CE030830**

### **Registered Office**

St. Matthew's Vicarage  
1 Church Road  
Enfield  
EN3 4NT

### **Trustees**

The Directors of the charitable company are its Trustees for the purposes of charity law. The following Directors and Trustees served during the year:

Samuel Kagwi (resigned 7th June 2025)  
Sanasum Perera (resigned 7th October 2025)  
Caroline Armstrong (resigned 30th November 2025)  
Katy Chakraborty (appointed 1st August 2025)  
Sarah Peazer (appointed 1st August 2025)  
Bianca Tia Mesuria (appointed 1st August 2025)

### **Accountants**

Luna Muncaster Ltd  
40 Vera Avenue  
Grange Park  
London  
N21 1RG

### **Bankers**

Metro Bank  
1-3 Market Chambers  
Church Street  
Enfield  
EN2 6AA



## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

Cooking Champions is a registered Charity and a Charitable Incorporated Organisation (CIO). It is governed by a Constitution.

During the year, there were a minimum of three Trustees on the Board. The Board meets at least four times a year. It sets the strategic direction for the organisation and has the overall responsibility for the running of Cooking Champions, which is delegated on a day to day operational basis to the Chief Executive, Clare Donovan.

Board meetings consist of an operational update, provided by Clare Donovan and the executive team, a financial update and a strategic forward look.

The Board is involved in the drafting, review and approval of all relevant policies and procedures for Cooking Champions. All Cooking Champions Trustees and Staff are required to undertake online courses in safeguarding. Trustees are also provided with access to training materials via ICAEW.

Bianca Tia Mesuria is the Chair of the Board. Sanasum Perera, Sam Kagwi and Caroline Armstrong acted as Trustees during the year and stepped down during the year to which this report relates. Bianca Tia Mesuria, Katy Chakraborty and Sarah Peazer were recruited and joined the trustee board in September to ensure that the Charity governing document stipulation of a minimum of three Trustees was met. The Board and the Executive team undertake an annual Trustee skills review to identify any gaps and if additional expertise is required. Cooking Champions will be seeking to recruit at least one additional Trustee during 2026.

All Trustees act on a voluntary basis, and have not received any remuneration from Cooking Champions during the year.

## **ANNUAL REVIEW**

### **Summary**

Cooking Champions has been supporting the people of North London since the start of the pandemic in 2020.

After gaining charitable status in November in 2022, we have spent our time further establishing the charity in the local community and a full year of activities in our community kitchen.

We have continued to provide food support, education and training across North London. This includes over five years of continuous weekly food bank services. Highlights of the year include celebrating our kitchen's third birthday, working throughout the year to deliver the highest quality cooking lessons, our award winning community garden and celebrating six years of providing meals on Christmas Day.

Similar to last year, we have seen a further increase in demand for our food support services. During this 12 month period the charity distributed 12,744 bags of food. This is a 34% increase compared to the previous year.

The trustees are hugely grateful to our fantastic executive team, led by Clare Donovan, and all our volunteers, without whom the Charity would not function.

The Board of Trustees are proud of the services Cooking Champions has provided over the past year, and we look forward to continuing to work with our CEO, staff and volunteers in providing services to alleviate poverty through food support, education and training.

## **OBJECTIVES AND ACHIEVEMENTS**

### **Objectives**

The objective of Cooking Champions is the relief of poverty in London and the surrounding area by providing food parcels, prepared meals, food education and support through a community kitchen for people in financial hardship. The trustees understand their responsibility to keep this public benefit central to the work and activities. Cooking Champions principally operates in the London Boroughs of Enfield.

Cooking Champions uses self employed individuals to deliver its services and funds the work through donations, grants and general fundraising. In addition, the charity also uses an extensive team of volunteers to provide its services and support the local community.

We work as part of an ecosystem of charities and local community organisations to alleviate hunger and increase food security including The Felix Project, Food Bank Aid and Enfield's Women Centre.



## **Achievements and performance throughout the year.**

### ***Food Support***

Food support, via a food bank, was provided every single week for people across the London Borough of Enfield. The service was available for people to select their own food in person at our food bank. Our delivery service was stopped in the summer. This was to make sure we were using our resources as effectively as possible.

Keeley Forbes oversaw the running of the food bank as part of her role as Assistant Manager. Daniel Oag joined the food bank team in August 2025. Key changes this year included reducing the service to one day a week and stopping deliveries. Both of these changes were made due to lower volunteer numbers and reduced funding. We are pleased to report that we were able to help the same amount of people and the number of bags distributed actually increased. In addition, we strengthened our systems to further understand the circumstances of our recipients and to better meet their needs.

### ***Meals made in the kitchen***

Cooking Champions staff and volunteers prepared an impressive 7,128 meals between December 2024 and November 2025. These meals supported our much-loved Thursday community lunches, school holiday programmes, and cooking lessons.

Our experienced team consistently excels at creating delicious, nutritious meals using the diverse ingredients generously provided by The Felix Project. Over the past year, we placed a strong emphasis on enhancing not only the taste and presentation of our meals, but also the efficiency of our preparation processes.

At the heart of our work is a core belief: every meal we serve should meet the same high standards as one a paying customer would expect.

### ***Cook for Good***

Our CEO, Clare Donovan, was selected to participate in the inaugural Cook for Change programme run by Cook for Good. This multi-faceted initiative focused on exploring new income streams for Cooking Champions.

As part of the programme, Clare attended an intensive three-day bootcamp followed by specialist workshops delivered by Google, Deloitte, and Peabody. At the programme's graduation ceremony, Clare designed a bespoke menu—an excellent opportunity to showcase the quality, creativity, and range of our catering offer.

Clare is now part of a fantastic alumni network of social enterprise leaders, primarily based in London, providing an ongoing source of inspiration, collaboration, and support.



### **Refugee Week Film Screening**

Coordinated by our Communications and Strategy Lead, Rachael Chadwick, we were honoured to take part in Refugee Week—the world’s largest arts and culture festival celebrating the contributions, resilience, and creativity of people seeking sanctuary.

With funding from Counterpoints Arts, we hosted a special screening of the acclaimed documentary *For Sama*. The event was made even more meaningful by the presence of Afraa Hashem, who led a heartfelt cooking session, recreating the final dish she prepared before being forced to leave Syria.

Local Syrian families attended the event, creating a powerful and emotional atmosphere. It was a truly special opportunity to bring the community together and connect families with Afraa and her story.

### **UCAN Enfield launched**

The Unified Community Assistance Network (UCAN) launched in June 2025. In partnership with eight other local organisations, Cooking Champions provides support to people with long term health conditions, sensory loss, neurodiversity, older people, and those experiencing mental health concerns or loneliness.

We run six sessions each month, and the programme has quickly proven to be very popular—bringing a new group of participants into the kitchen and a great deal of positive energy to our sessions.

With funding secured for the next nine years, UCAN has become a key and sustainable feature of our weekly timetable.

### **Kids Can Cook**

We launched a crowdfunding campaign in partnership with The Big Give for our *Kids Can Cook!* initiative. Together, we successfully raised £16,000—enough to fund 40 children’s cooking classes. By the end of the year, we had delivered 18 of the 40 planned classes and will continue running them during future school holidays.

We delivered our first series of sessions during the summer holidays across two boroughs, receiving overwhelmingly positive feedback from participants:

- 100% rated teacher satisfaction as 5/5
- 100% said their family learned something new
- 90% said the sessions encouraged children to cook more at home

### **Supper Clubs**

To celebrate five years of Cooking Champions, we hosted a series of supper clubs designed to showcase our work and raise vital funds. Each event featured a unique menu theme—including Mexican, Scandinavian, and Texan cuisine—held at venues across the borough.

Attendees included a mix of loyal supporters and people new to Cooking Champions. The events proved to be a powerful way to engage our community, with many guests going on to donate, book additional catering services, or sign up as volunteers after attending.



### *Strengthening links with Les Dames D'Escoffier*

Clare Donovan is a member of Les Dames d'Escoffier, a philanthropic organisation supporting women across the food, beverage, and hospitality industries worldwide.

Several members have provided valuable support to Cooking Champions—visiting the kitchen to lead workshops, contributing to our crowdfunding campaign, and connecting Clare with their wider food networks.

Clare also benefited from collaborating with fellow member Lucy Vincent, CEO of Food Behind Bars, when she joined a cooking session with a group of women at HMP Send.

### *Our kitchen garden*

During the summer, we lost a significant portion of our garden space due to extension work by the adjoining primary school. This was a difficult loss—particularly as it meant, we could no longer deliver our planned outdoor summer cooking lessons.

In response, we quickly adapted by running sessions in the car park. What began as an emergency solution soon sparked a new idea: to transform the space into a permanent community garden.

Thanks to a highly successful crowdfunding campaign delivered in partnership with Spacehive and Enfield Council, we raised the funds needed to install a secure perimeter fence.

The campaign was supported by over 150 donors, including many of our regular kitchen visitors, who were able to contribute small amounts. This was especially meaningful, as it reflected the strength of the community support we receive each week.

### *Enfield Town Football Club*

Cooking Champions completed their second season providing catering services at home matches for the local football team, Enfield Town Football Club. The money raised during the 2023/24 season (finished in April 2025) enabled us to fund 1,223 community meals, 3,250 food parcels and 38 hours of cooking lessons. The decision not to continue for a third season was to explore different catering options and to remove additional hours for Clare as she was awaiting surgery which required a long recovery time. We are grateful to Enfield Town Football Club for the opportunity and support that we received.

### *Christmas Lunches and Festive Services*

2025 marked our sixth year of hosting Community Christmas Lunches. We welcomed a mix of returning guests and first-time visitors, offering a warm, fun and inclusive space during what can be a difficult time of year. This service was funded thanks to our annual Christmas crowd funder. Our fantastic volunteers made it all possible, from prepping food to creating a festive, welcoming atmosphere. We delivered 130 Christmas dinners and had 55 people for a three course meal on Christmas Day.

## FINANCIAL REVIEW

### Financial position

Cooking Champions financial position is solid, with total assets available at 30 November 2025 of £47,922. Of this, £45,779 is unrestricted usable cash reserves.

### Financial performance

Our total income for the year ended 30 November 2025 was £113,936 and our expenditure was £125,710 (including depreciation of £6,456), generating a loss in our third year of £11,774. Excluding depreciation this loss was £5,318.

Of total income received, 96% of our income was from grants and donations. Grants were typically for delivery of a specific project e.g. the delivery of children's cooking lessons.

A regular donor to the charity is Seren Catering which is an events catering business set up by CEO, Clare Donovan which provides all profits to Cooking Champions.

Most of our expenditure relates to staffing costs (£98,588), followed by premises costs (£9,160 - which are principally rent and insurance) and kitchen equipment, food and garden costs (£7,323). Cooking Champions has no financial investments or borrowings and awards no grants.

This year has seen increased financial pressure in an even more difficult economic climate. This impacts our service users and staff directly as well as the organisation itself. There is increased competition for grant funding at both a local and national level and the amount of money available for projects that the charity could apply for has decreased.

### Reserves policy

Cooking Champions has determined that its level of unrestricted usable cash reserves should be three months of operational costs. Our usable cash reserves stood at £45,779 as at 30 November 2025 which falls above the policy requirement. Reserves may temporarily fall below this amount if investment is needed - in such a case this would need to be approved by the Board of Trustees.

## **Principal risks**

The Trustees and the Executive team have identified the following key risks to the ongoing operations of Cooking Champions.

They have taken necessary steps to minimise these. Overall, the Trustees and Executive team feel that the following risks are being effectively managed. Key risks are discussed at Trustee meetings.

### **1. Staff and Volunteers**

As a small charity, our team are critical to making things work well. Our Founder and CEO, Clare Donovan, is essential to the smooth running of the Cooking Champions operations and takes on responsibilities in many areas.

We are grateful to our many volunteers and are continually looking to expand our base for those who want to be involved.

### **2. Food Supplies**

The charity is reliant on four main sources of food: Food Bank Aid, The Felix Project, Warbutons and public donations.

### **3. Income Diversification**

The Charity is continuously looking for new funding sources - whether through grant applications, fundraising events or connecting through the local community.

### **4. Trustee Board**

A minimum of three Trustees are required to take decisions under the governing documents, with Cooking Champions aiming to have at least four Trustees in place. We conduct an annual review of whether the Trustee Board collectively has the right skill set to meet the needs of the Charity as it grows. We are looking to increase the number of Trustees and will be recruiting in the coming year.

## FINANCIAL REVIEW

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the

Companies Act 2006 and Charities Act 2011. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to charitable incorporated organisations (CIOs) and in accordance with the Charities SORP (FRS 102). A CIO is a charity registered as a body corporate under Part 11 of the Charities Act 2011.

### **Signed on behalf of the board**

Katy Chakraborty  
Trustee  
14th April 2026



## INDEPENDENT EXAMINER'S REPORT

I report to the charity Trustees on my examination of the financial statements of Cooking Champions for the year ended 30 November 2025.

### **Responsibilities and basis of report**

As the charitable company's Trustees, you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act').

In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

### **Independent examiner's statement**

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Mrs Luna Muncaster  
Associate Chartered Accountant (ICAEW)  
Luna Muncaster Ltd  
40 Vera Avenue  
Grange Park  
London  
N21 1RG  
24th April 2025



Cooking Champions  
Statement of Financial Activities  
for the year ended 30 November 2025

	Notes	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income and endowments from:					
Donations and legacies	3	73,987	36,201	110,188	106,372
Charitable activities	4	2,848	-	2,848	38,845
Other	5	900	-	900	-
<b>Total</b>		<b>77,735</b>	<b>36,201</b>	<b>113,936</b>	<b>145,217</b>
Expenditure on:					
Charitable activities	6	38,230	51,923	90,153	73,450
Other	7	35,557	-	35,557	64,768
<b>Total</b>		<b>73,787</b>	<b>51,923</b>	<b>125,710</b>	<b>138,218</b>
Net gains on investments		-	-	-	-
Net (expenditure)/income	8	3,948	(15,722)	(11,774)	6,999
Transfers between funds		-	-	-	-
Net (expenditure)/income before other gains/(losses)		3,948	(15,722)	(11,774)	6,999
Other gains and losses					
Net movement in funds		3,948	(15,722)	(11,774)	6,999
Reconciliation of funds:					
Total funds brought forward		41,831	17,865	59,696	52,697
Total funds carried forward		45,779	2,143	47,922	59,696

Cooking Champions  
 Summary Income and Expenditure Account  
 for the year ended 30 November 2025

	2025 £	2024 £
Income	113,936	145,217
Gross income for the year	<u>113,936</u>	<u>145,217</u>
Expenditure	119,254	132,138
Depreciation and charges for impairment of fixed assets	6,456	6,080
Total expenditure for the year	<u>125,710</u>	<u>138,218</u>
Net (expenditure)/income before tax for the year	(11,774)	6,999
Net (expenditure )/income for the year	<u><u>(11,774)</u></u>	<u><u>6,999</u></u>

Cooking Champions  
Balance Sheet  
at 30 November 2025

Company No. CE030830	Notes	2025 £	2024 £
Fixed assets			
Tangible assets	10	15,176	21,632
		<u>15,176</u>	<u>21,632</u>
Current assets			
Cash at bank and in hand		32,746	38,964
		<u>32,746</u>	<u>38,964</u>
Creditors: Amount falling due within one year	11	-	(900)
Net current assets		<u>32,746</u>	<u>38,064</u>
Total assets less current liabilities		<u>47,922</u>	<u>59,696</u>
Net assets excluding pension asset or liability		<u>47,922</u>	<u>59,696</u>
Total net assets		<u><u>47,922</u></u>	<u><u>59,696</u></u>
The funds of the charity			
Restricted funds	12		
Restricted income funds		2,143	17,865
		<u>2,143</u>	<u>17,865</u>
Unrestricted funds	12		
General funds		45,779	41,831
		<u>45,779</u>	<u>41,831</u>
Reserves	12		
Total funds		<u><u>47,922</u></u>	<u><u>59,696</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 30 November 2025 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 15 April 2026

And signed on its behalf by:

Katy Chakrabortty  
Trustee  
15 April 2026

Cooking Champions  
Statement of Cash flows  
for the year ended 30 November 2025

	2025 £	2024 £
Cash flows from operating activities		
Net (expenditure)/income per Statement of Financial Activities	(11,774)	6,999
Adjustments for:		
Movement in provisions	(900)	-
Depreciation of property, plant and equipment	4,699	6,080
Loss on disposal of tangible fixed assets	1,757	-
(Decrease)/Increase in trade and other payables		900
Net cash (used in)/provided by operating activities	<u>(6,218)</u>	<u>13,979</u>
Net cash used in investing activities	<u>-</u>	<u>(18,962)</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net decrease in cash and cash equivalents	(6,218)	(4,983)
Cash and cash equivalents at the beginning of the year	38,964	43,947
Cash and cash equivalents at the end of the year	<u>32,746</u>	<u>38,964</u>
Components of cash and cash equivalents		
Cash and bank balances	32,746	38,964
	<u>32,746</u>	<u>38,964</u>

for the year ended 30 November 2025

## 1 Accounting policies

### Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

### Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

### Income

Recognition of income      Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.

Income with related expenditure      Where income has related expenditure the income and related expenditure is reported gross in the SoFA.

Donations and legacies      Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.

Tax reclaims on donations and gifts      Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.

Donated services and facilities      These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

Volunteer help      The value of any volunteer help received is not included in the accounts.

Investment income      This is included in the accounts when receivable.

Gains/(losses) on revaluation of fixed assets      This includes any gain or loss resulting from revaluing investments to market value at the end of the year.

Gains/(losses) on investment assets      This includes any gain or loss on the sale of investments.

## Cooking Champions

### Notes to the Accounts

#### Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

#### Taxation

The charity is exempt from corporation tax on its charitable activities.

#### Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

motor vehicles	33% reducing balance
fixtures, fittings and equipment	20% straight line

#### Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

#### Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

#### Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Statement of Financial Activities - prior year

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £
Income and endowments from:			
Donations and legacies	78,083	28,289	106,372
Charitable activities	2,504	36,341	38,845
Total	<u>80,587</u>	<u>64,630</u>	<u>145,217</u>
Expenditure on:			
Charitable activities	21,875	51,575	73,450
Other	64,768	-	64,768
Total	<u>86,643</u>	<u>51,575</u>	<u>138,218</u>
Net income	<u>(6,056)</u>	<u>13,055</u>	<u>6,999</u>
Net income before other gains/(losses)	(6,056)	13,055	6,999
Other gains and losses:			
Net movement in funds	<u>(6,056)</u>	<u>13,055</u>	<u>6,999</u>
Reconciliation of funds:			
Total funds brought forward	47,887	4,810	52,697
Total funds carried forward	<u><u>41,831</u></u>	<u><u>17,865</u></u>	<u><u>59,696</u></u>

3 Income from donations and legacies

	Unrestricted	Restricted	Total	Total
			2025	2024
	£	£	£	£
The National Lottery	-	-	-	19,850
Seren Catering	4,416	-	4,416	3,861
Go Fund Me	8,743	-	8,743	9,501
Golden Giving	4,717	-	4,717	12,860
Anonymous Donor 1	7,000	-	7,000	10,000
Ryft Pay Ltd	11,082	-	11,082	-
Attic Self Storage	3,165	-	3,165	-
Square	5,356	-	5,356	-
Taylor Woodrow	1,000	-	1,000	-
The Little Things	1,447	-	1,447	-
The Woodward Trust	1,750	-	1,750	-
'R' Voices	1,713	-	1,713	1,006
CG Benevity	2,189	-	2,189	-
GR Wright & Sons	1,000	-	1,000	-
Enfield Golf Club	713	-	713	964
ELF Grant	-	2,957	2,957	6,899
Old Enfield Charitable Trust	-	1,800	1,800	1,540
Other - including Stripe and Just Giving	5,395	-	5,395	27,026
Gift Aid	2,269	-	2,269	1,062
Matched funding	7,832	-	7,832	-
UCAN Age UK	-	7,200	7,200	-
ASDA - Kitchen Garden	-	2,550	2,550	-
Counterpoint Arts	-	400	400	-
London Borough of Enfield (Alma cooking lessons)	-	4,779	4,779	-
London Borough of Camden	-	9,560	9,560	-
The Childhood TCT	-	5,357	5,357	-
Enfield Island Youth Community	200	-	200	-
Action Funder	2,000	-	2,000	-
The Stef Phillips	500	-	500	-
John Lewis	1,500	-	1,500	-
London Borough of Enfield - HAF	-	1,598	1,598	-
Other				11,803
	<u>73,987</u>	<u>36,201</u>	<u>110,188</u>	<u>106,372</u>

4 Income from charitable activities

	Unrestricted	Total 2025	Total 2024
	£	£	£
LBE Edmonton Library Garden Project	-	-	30,000
Mayor's Fund For London	-	-	6,341
Income from Food Festival	-	-	1,103
Other	-	-	1,401
Catering Services	2,848	2,848	-
	<u>2,848</u>	<u>2,848</u>	<u>38,845</u>

5 Other income

	Unrestricted	Total 2025	Total 2024
	£	£	£
release of accountancy accrual	900	900	-
	<u>900</u>	<u>900</u>	<u>-</u>

6 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2025	Total 2024
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Food, garden and small kitchen equipment	7,323	-	7,323	13,566
Direct labour	30,907	51,923	82,830	59,884
	<u>38,230</u>	<u>51,923</u>	<u>90,153</u>	<u>73,450</u>

7 Other expenditure

	Unrestricted	Total	Total
		2025	2024
	£	£	£
Employee costs	15,905	15,905	42,026
Motor and travel costs	1,004	1,004	1,660
Premises costs	9,160	9,160	10,234
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	6,456	6,456	6,080
General administrative costs	1,952	1,952	3,868
Legal and professional costs	1,080	1,080	900
	<u>35,557</u>	<u>35,557</u>	<u>64,768</u>
8 Net (expenditure)/income before transfers		2025	2024
		£	£
This is stated after charging:			
Depreciation of owned fixed assets		4,699	6,080
9 Staff costs		2025	2024
		£	£
Salaries and wages		98,588	101,878
		<u>98,588</u>	<u>101,878</u>

No employee received emoluments in excess of £60,000. "Employee costs" and "staff costs" for the purposes of these accounts include key management personnel who work on a self-employed basis.

10 Tangible fixed assets

	motor vehicles £	fixtures, fittings and equipment £	Total £
Cost or revaluation			
At 1 December 2024	16,886	13,014	29,900
Disposals	-	(2,929)	(2,929)
At 30 November 2025	<u>16,886</u>	<u>10,085</u>	<u>26,971</u>
Depreciation and impairment			
At 1 December 2024	3,477	4,791	8,268
Depreciation charge for the year	2,682	2,017	4,699
Disposals	-	(1,172)	(1,172)
At 30 November 2025	<u>6,159</u>	<u>5,636</u>	<u>11,795</u>
Net book values			
At 30 November 2025	<u>10,727</u>	<u>4,449</u>	<u>15,176</u>
At 30 November 2024	<u>13,409</u>	<u>8,223</u>	<u>21,632</u>
11 Creditors: amounts falling due within one year			
	2025 £		2024 £
Accruals	-		900
	<u>-</u>		<u>900</u>

12 Movement in funds

	At 1 December 2024	Incoming resources (including other gains/losses) £	Resources expended £	At 30 November 2025 £
Restricted funds:				
Restricted income funds:				
LBE Alma Cooking Lessons	-	4,779	(4,779)	-
EVA Sugar Swap Grant	-	2,957	(2,957)	-
TNL Community Fund	17,865	-	(17,865)	-
LBE HAF	-	1,598	(1,598)	-
LBE Together / Old Enfield Community Trust	-	1,800	(1,800)	-
UCAN Age UK	-	7,200	(7,200)	-
ASDA Kitchen Garden	-	2,550	(2,550)	-
Counterpoint Arts	-	400	(400)	-
LB Camden	-	9,560	(9,560)	-
The childhood TCT	-	5,357	(3,214)	2,143
<i>Total</i>	<u>17,865</u>	<u>36,201</u>	<u>(51,923)</u>	<u>2,143</u>
Unrestricted funds:				
General funds	41,831	77,735	(73,787)	45,779
<b>Total funds</b>	<u><u>59,696</u></u>	<u><u>113,936</u></u>	<u><u>(125,710)</u></u>	<u><u>47,922</u></u>

Purposes and restrictions in relation to the funds:

Restricted funds:

LBE Alma Cooking Lessons	Provision of cooking lessons
EVA Sugar Swap Grant	Provision of cooking lessons with children focused on swapping high sugar items for healthier options
TNL Community Fund	Provision of hot meals to the local community
LBE HAF	Provision of hot meals to children during the school holidays
LBE Together / Old Enfield Community Trust	Provision of hot meals to the local community
UCAN Age UK	Provision of cooking lessons
ASDA Kitchen Garden	Key garden equipment
Counterpoint Arts	For Refugee Week film screening
LB Camden	North London Waste Association
The childhood TCT	Kids Can Cook! Campaign

13 Analysis of net assets between funds

	Unrestricted funds £	Total £
Fixed assets	15,176	15,176
Net current assets	32,746	32,746
	<u>47,922</u>	<u>47,922</u>

14 Reconciliation of net debt

	At 1 December 2024 £	Cash flows £	At 30 November 2025 £
Cash and cash equivalents	38,964	(6,218)	32,746
	<u>38,964</u>	<u>(6,218)</u>	<u>32,746</u>
Net debt	<u>38,964</u>	<u>(6,218)</u>	<u>32,746</u>

15 Related party disclosures

*Controlling party*

The entity is a registered Charitable Incorporated Organisation and has no share capital; thus no single party controls the charity.

Cooking Champions  
Detailed Statement of Financial Activities  
for the year ended 30 November 2025

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total funds 2025 £	Total funds 2024 £
Income and endowments from:				
Donations and legacies				
The National Lottery	-	-	-	19,850
Seren Catering	4,416	-	4,416	3,861
Go Fund Me	8,743	-	8,743	9,501
Golden Giving	4,717	-	4,717	12,860
Anonymous Donor 1	7,000	-	7,000	10,000
Ryft Pay Ltd	11,082	-	11,082	-
Attic Self Storage	3,165	-	3,165	-
Square	5,356	-	5,356	-
Taylor Woodrow	1,000	-	1,000	-
The Little Things	1,447	-	1,447	-
The Woodward Trust	1,750	-	1,750	-
'R' Voices	1,713	-	1,713	1,006
CG Benevity	2,189	-	2,189	-
GR Wright & Sons	1,000	-	1,000	-
Enfield Golf Club	713	-	713	964
ELF Grant	-	2,957	2,957	6,899
Old Enfield Charitable Trust	-	1,800	1,800	1,540
Other - including Stripe and Just Giving	5,395	-	5,395	27,026
Gift Aid	2,269	-	2,269	1,062
Matched funding	7,832	-	7,832	-
UCAN Age UK	-	7,200	7,200	-
ASDA - Kitchen Garden	-	2,550	2,550	-
Counterpoint Arts	-	400	400	-
London Borough of Enfield (Alma cooking lessons)	-	4,779	4,779	-
London Borough of Camden	-	9,560	9,560	-
The Childhood TCT	-	5,357	5,357	-
Enfield Island Youth Community	200	-	200	-
Action Funder	2,000	-	2,000	-
The Stef Phillips	500	-	500	-
John Lewis	1,500	-	1,500	-
London Borough of Enfield - HAF	-	1,598	1,598	-
Other	-	-	-	11,803
	<u>73,987</u>	<u>36,201</u>	<u>110,188</u>	<u>106,372</u>
Charitable activities				
LBE Edmonton Library Garden Project	-	-	-	30,000

Cooking Champions

Detailed Statement of Financial Activities

Mayor's Fund For London	-	-	-	6,341
Income from Food Festival	-	-	-	1,103
Other	-	-	-	1,401
Catering Services	2,848	-	2,848	-
	<u>2,848</u>	<u>-</u>	<u>2,848</u>	<u>38,845</u>
Other				
release of accountancy accrual	900	-	900	-
	<u>900</u>	<u>-</u>	<u>900</u>	<u>-</u>
Total income and endowments	77,735	36,201	113,936	145,217
Expenditure on:				
Charitable activities				
Food, garden and small kitchen equipment	7,323	-	7,323	13,566
Direct labour	30,907	51,923	82,830	59,884
	<u>38,230</u>	<u>51,923</u>	<u>90,153</u>	<u>73,450</u>
Total of expenditure on charitable activities	38,230	51,923	90,153	73,450
Employee costs				
Salaries/wages	15,758	-	15,758	41,994
Staff training	147	-	147	32
	<u>15,905</u>	<u>-</u>	<u>15,905</u>	<u>42,026</u>
Motor and travel costs				
Vehicles - Fuel	-	-	-	1,108
Vehicles - Insurance and licences	1,004	-	1,004	552
	<u>1,004</u>	<u>-</u>	<u>1,004</u>	<u>1,660</u>
Premises costs				
Rent	7,846	-	7,846	10,234
Premises insurances	1,314	-	1,314	-
	<u>9,160</u>	<u>-</u>	<u>9,160</u>	<u>10,234</u>
General administrative costs, including depreciation and amortisation				
Depreciation of motor vehicles	2,682	-	2,682	3,477
Depreciation of fixtures, fittings and equipment	2,017	-	2,017	2,603
Loss on disposal of tangible fixed assets	1,757	-	1,757	-
General insurances	-	-	-	534
Software, IT support and related costs	-	-	-	180
Stationery and printing	53	-	53	-
Sundry expenses	1,211	-	1,211	2,366
Telephone, fax and broadband	688	-	688	788
	<u>8,408</u>	<u>-</u>	<u>8,408</u>	<u>9,948</u>
Legal and professional costs				
Accountancy and bookkeeping	1,080	-	1,080	900

Cooking Champions  
Detailed Statement of Financial Activities

	1,080	-	1,080	900
Total of expenditure of other costs	35,557	-	35,557	64,768
Total expenditure	73,787	51,923	125,710	138,218
Net gains on investments	-	-	-	-
Net (expenditure)/income	3,948	(15,722)	(11,774)	6,999
Net (expenditure)/income before other gains/(losses)	3,948	(15,722)	(11,774)	6,999
Other Gains	-	-	-	-
Net movement in funds	3,948	(15,722)	(11,774)	6,999
Reconciliation of funds:				
Total funds brought forward	41,831	17,865	59,696	52,697
Total funds carried forward	45,779	2,143	47,922	59,696

**COOKING CHAMPIONS**

England & Wales - Charity number 1201150

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# Accounts

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Cooking Champions

Charity No. 1201150

# TRUSTEES' ANNUAL REPORT AND UNAUDITED ACCOUNTS

*30th November 2024*

The trustees present their report and financial statements for the year ended 30 November 2024. The trustees confirm that the financial statements comply with current statutory requirements: the Memorandum and Articles of Association and the Statement Of Recommended Practice - Accounting and Reporting by Charities (SORP), applicable to charities preparing their accounts in accordance with FRS 102, and Part 11 of the Charities Act 2011.

## **REFERENCE AND ADMINISTRATIVE DETAILS**

**Charity No. 1201150**

**Company No. CE030830**

### **Registered Office**

St. Matthew's Vicarage  
1 Church Road  
Enfield  
EN3 4NT

### **Trustees**

The Directors of the charitable company are its Trustees for the purposes of charity law. The following Directors and Trustees served during the year:

Omari Chambers-Alert (resigned 1st February 2024)  
Samuel Kagwi  
Sanasum Perera  
Suzanna Gillespie (resigned 30th November 2024)  
Caroline Armstrong (appointed 30th November 2024)

### **Accountants**

Luna Muncaster Ltd  
40 Vera Avenue  
Grange Park  
London  
N21 1RG

### **Bankers**

Metro Bank  
1-3 Market Chambers  
Church Street  
Enfield  
EN2 6AA



## **STRUCTURE, GOVERNANCE AND MANAGEMENT**

Cooking Champions is a registered Charity and a Charitable Incorporated Organisation (CIO). It is governed by a Constitution.

During the year, there were a minimum of three Trustees on the Board. The Board meets at least four times a year. It sets the strategic direction for the organisation and has the overall responsibility for the running of Cooking Champions, which is delegated on a day to day operational basis to the Chief Executive, Clare Donovan.

Board meetings consist of an operational update, provided by Clare Donovan and the executive team, a financial update and a strategic forward look.

The Board is involved in the drafting, review and approval of all relevant policies and procedures for Cooking Champions. All Cooking Champions Trustees and Staff are required to undertake online courses in safeguarding. Trustees are also provided with access to training materials via ICAEW.

Sanasum Perera is the Chair of the Board. Omari Chambers-Alert and Suzanna Gillespie acted as Trustees during the year and stepped down during the year to which this report relates. Caroline Armstrong was recruited and joined the trustee board at the end of the year to ensure that the Charity governing document stipulation of a minimum of three Trustees was met. The Board and the Executive team undertake an annual Trustee skills review to identify any gaps and if additional expertise is required. Cooking Champions will be seeking to recruit an additional two Trustees during 2025.

All Trustees act on a voluntary basis, and have not received any remuneration from Cooking Champions during the year.

## **ANNUAL REVIEW**

### **Summary**

Cooking Champions has been supporting the people of North London since the start of the pandemic in 2020.

After gaining charitable status in November in 2022, we have spent the year further establishing the charity in the local community and a full year of activities in our community kitchen.

We have continued to provide food support, education and training across North London. This includes over four years of continuous weekly food bank services. Highlights of the year include celebrating our kitchen's second birthday, working throughout the year to deliver the highest quality cooking lessons, our first ever fundraising gala dinner and celebrating five years of providing meals on Christmas Day.

Similar to last year, we have seen a further increase in demand for our food support services. Year on year figures show a 53% increase in the number of bags of food we have distributed.

The trustees are hugely grateful to our fantastic executive team, led by Clare Donovan, and all our volunteers, without whom the Charity would not function.

The Board of Trustees are proud of the services Cooking Champions has provided over the past year, and we look forward to continuing to work with our CEO, staff and volunteers in providing services to alleviate poverty through food support, education and training.

## **OBJECTIVES AND ACHIEVEMENTS**

### **Objectives**

The objective of Cooking Champions is the relief of poverty in London and the surrounding area by providing food parcels, prepared meals, food education and support through a community kitchen for people in financial hardship. The trustees understand their responsibility to keep this public benefit central to the work and activities. Cooking Champions principally operates in the London Boroughs of Enfield.

Cooking Champions uses self employed individuals to deliver its services and funds the work through donations, grants and general fundraising. In addition, the charity also uses an extensive team of volunteers to provide its services and support the local community.

In order to strengthen our level of support we are also working with other charities and local community organisations to alleviate poverty and increase food security such as The Felix Project, Food Bank Aid and Enfield Women's Centre.

## **Achievements and performance throughout the year.**

### ***Food Support***

Food support, via a food bank, was provided twice a week, every single week for people across the London Borough of Enfield. The service was available for people to select their own food in person at our food bank, or a delivery service was offered for those who could not attend easily. 9,067 bags of food were provided throughout the year December 2023 - November 2024.

Max Carne joined in September as Food Bank Supervisor as Keeley Forbes moved from this role to Assistant Manager. Since his appointment the food bank team designed and implemented a new referral system to ensure that our resources are being distributed as fairly as possible. This is especially important as our services are more in demand than ever before. Food bank information has been made available in several different languages (i.e Bulgarian, Turkish, Arabic) and we have worked with translators to help support recipients whose first language is not English.

### ***Meals made***

Cooking Champions staff and volunteers made 6,897 meals between December 2023 and November 2024. This includes meals served at our community lunches, distributed at our food bank and to support other charities including The Little Things UK, AgeUK Enfield and Enfield Women's Centre. The majority of the meals we make are made using produce from The Felix Project. As a team we are able to use our cooking skills and creative thinking to provide nutritious and tasty meals and avoid ultra processed ingredients as much as possible.

### ***Palmers Green Food Festival***

For the past four years, Cooking Champions has proudly organised the Palmers Green Food Festival, a vibrant celebration of food, culture, and community held annually in Broomfield Park. As the lead organiser of the food and drinks village, Cooking Champions curates a diverse array of local vendors, offering everything from global street food to artisan treats. The festival features live music, family-friendly activities, and showcases the rich culinary diversity of North London.

The event has grown each year, creating opportunities for local businesses, encouraging cultural exchange, and putting good food at the heart of a joyful, inclusive community celebration.

### ***Fundraising Gala Dinner***

In March 2024, to mark International Women's Day, St Matthew's Church in Ponders End was transformed into an enchanting dining space for a special fundraising event. The Inspiring Women's Gala Dinner, sponsored by travel company [echo.bravo](https://www.echo.bravo.com), brought together a diverse gathering of over 70 attendees who were treated to a 4-course dinner by 4 professional chefs Dominique Woolf, Melissa Thompson, Thuy Pham, and Georgina Hayden.

The event also offered musical entertainment and a special awards ceremony where Cooking Champions recognised 14 local women during the gala for their exemplary contributions to their North London communities.

### ***Edmonton Green Library Garden***

Cooking Champions were commissioned to lead the transformation of a disused space behind Edmonton Green Library into a thriving community garden and learning hub. This “Grow, Feed, Eat, Read” project was developed and delivered by Cooking Champions to engage young people in growing their own food, learning to cook nutritious meals, and improving literacy.

The garden offers a welcoming, educational space where young people can connect with nature and gain vital life skills. This initiative reflects Cooking Champions' ongoing commitment to supporting the community through food, education, and inclusive, creative spaces.

### ***Enfield Town Football Club***

Cooking Champions is the official catering partner of Enfield Town FC, serving high-quality food on match days at the Dave Bryant Stadium. This partnership not only enhances the fan experience but also funds the charity's vital food support services. All profits go directly towards providing weekly meals and food parcels to residents. The collaboration also offers paid hospitality training for local young people, aligning with the organisations' community-focused values.

### ***New Van***

Our new van has been a game-changer for Cooking Champions. It has allowed us to transport larger quantities of food safely and efficiently, supporting the growing demand for our weekly community meals. We can now collect more surplus food from partners like Food Bank Aid, reducing waste and increasing the number of meals we provide.

It's made our work more flexible, reliable and far-reaching, helping us respond to community needs more effectively throughout the year. It's become an essential part of our day-to-day operations.

### ***Christmas Lunches and Festive Services***

2024 marked our fifth year of hosting Community Christmas Lunches. We welcomed a mix of returning guests and first-time visitors, offering a warm, fun and inclusive space during what can be a difficult time of year. One guest shared, “If it wasn't for you I wouldn't have had a Christmas”. That was a powerful reminder of why we do this work. Our incredible volunteers made it all possible, from prepping food to creating a festive, welcoming atmosphere.

## FINANCIAL REVIEW

### Financial position

Cooking Champions financial position is solid, with total assets available at 30 November 2024 of £59,696. Of this, £41,831 is unrestricted usable cash reserves.

### Financial performance

Our total income for the year ended 30 November 2024 was £145,217 and our expenditure was £138,218 (including depreciation of £6,080), generating a surplus in our second year of £6,999. Of total income received, 73% of our income was from grants and donations. Grants were typically for delivery of a specific project e.g. the delivery of hot lunches for the community.

A regular donor to the charity is Seren Catering which is an events catering business set up by CEO, Clare Donovan which provides all profits to Cooking Champions. The remaining 27% came from income from charitable activities which was predominantly the Edmonton Library Garden Project.

Most of our expenditure relates to staffing costs (£101,878), followed by food, garden and kitchen costs (£13,566), and premises costs (£10,234) which are principally electricity bills. We also invested in assets during the year which included the purchasing of a van and equipping our Community Kitchen.

Cooking Champions has no financial investments or borrowings and awards no grants.

Although Cooking Champions is in a relatively strong financial position it operates in a difficult economic climate, which impacts our service users and staff directly as well as the organisation itself. Whilst it is encouraging to see the rate of inflation falling it should not be forgotten that prices are still rising. Pressures still remain with food and energy prices in particular, and our service users are reporting ongoing challenges with the cost of living. The economic climate also impacts on the availability of local government funding.

### Reserves policy

Cooking Champions has determined that its level of unrestricted usable cash reserves should be three months of operational costs. Our usable cash reserves stood at £41,831 as at 30 November 2024 which falls above the policy requirement. Reserves may temporarily fall below this amount if investment is needed - in such a case this would need to be approved by the Board of Trustees.

## **Principal risks**

The Trustees and the Executive team have identified the following key risks to the ongoing operations of Cooking Champions.

They have taken necessary steps to minimise these. Overall, the Trustees and Executive team feel that the following risks are being effectively managed. Key risks are discussed at Trustee meetings.

### **1. Staff and Volunteers**

As a small Charity, our people are critical to making things work well. Our Founder and CEO, Clare Donovan, is essential to the smooth running of the Cooking Champions operations and takes on responsibilities in many areas.

We are grateful to our many volunteers and are continually looking to expand our base for those who want to be involved.

### **2. Food Supplies**

The charity is reliant on four main sources of food: Food Bank Aid, The Felix Project, Warbutons and public donations.

### **3. Income Diversification**

The Charity is continuously looking for new funding sources - whether through grant applications, fundraising events or connecting through the local community.

### **4. Trustee Board**

A minimum of three Trustees are required to take decisions under the governing documents, with Cooking Champions aiming to have at least four Trustees in place. We conduct an annual review of whether the Trustee Board collectively has the right skill set to meet the needs of the Charity as it grows. We are looking to increase the number of Trustees and will be recruiting in the coming year.

## FINANCIAL REVIEW

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that year. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the

Companies Act 2006 and Charities Act 2011. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to charitable incorporated organisations (CIOs) and in accordance with the Charities SORP (FRS 102). A CIO is a charity registered as a body corporate under Part 11 of the Charities Act 2011.

### **Signed on behalf of the board**

Sanasum Perera  
Trustee  
24th April 2025



## INDEPENDENT EXAMINER'S REPORT

I report to the charity Trustees on my examination of the financial statements of Cooking Champions for the year ended 30 November 2024.

### **Responsibilities and basis of report**

As the charitable company's Trustees, you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act').

In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

### **Independent examiner's statement**

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Mrs Luna Muncaster  
Associate Chartered Accountant (ICAEW)  
Luna Muncaster Ltd  
40 Vera Avenue  
Grange Park  
London  
N21 1RG  
24th April 2025



Cooking Champions  
Statement of Financial Activities  
for the year ended 30 November 2024

	Notes	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Income from:					
Donations and legacies	3	78,083	28,289	106,372	107,694
Charitable activities	4	2,504	36,341	38,845	51,625
Total		80,587	64,630	145,217	159,319
Expenditure on:					
Charitable activities	5	21,875	51,575	73,450	31,719
Other	6	64,768	-	64,768	106,850
Total		86,643	51,575	138,218	138,569
Net gains on investments		-	-	-	-
Net income	7	(6,056)	13,055	6,999	20,750
Transfers between funds		-	-	-	-
Net income before other gains/(losses)		(6,056)	13,055	6,999	20,750
Other gains and losses					
Net movement in funds		(6,056)	13,055	6,999	20,750
Reconciliation of funds:					
Total funds brought forward		47,887	4,810	52,697	-
Total funds carried forward		41,831	17,865	59,696	20,750

Cooking Champions  
Summary Income and Expenditure Account  
for the year ended 30 November 2024

	2024 £	2023 £
Income	145,217	159,319
Gross income for the year	<u>145,217</u>	<u>159,319</u>
Expenditure	132,138	136,381
Depreciation and charges for impairment of fixed assets	6,080	2,188
Total expenditure for the year	<u>138,218</u>	<u>138,569</u>
Net income before tax for the year	6,999	20,750
Net income for the year	<u><u>6,999</u></u>	<u><u>20,750</u></u>

Cooking Champions  
Balance Sheet  
at 30 November 2024

Company No. CE030830	Notes	2024 £	2023 £
Fixed assets			
Tangible assets	9	21,632	8,750
		<u>21,632</u>	<u>8,750</u>
Current assets			
Cash at bank and in hand		38,964	43,947
		<u>38,964</u>	<u>43,947</u>
Creditors: Amount falling due within one year	10	(900)	-
Net current assets		<u>38,064</u>	<u>43,947</u>
Total assets less current liabilities		<u>59,696</u>	<u>52,697</u>
Net assets excluding pension asset or liability		<u>59,696</u>	<u>52,697</u>
Total net assets		<u><u>59,696</u></u>	<u><u>52,697</u></u>
The funds of the charity			
Restricted funds	11		
Restricted income funds		17,865	4,810
		<u>17,865</u>	<u>4,810</u>
Unrestricted funds	11		
General funds		41,831	47,887
		<u>41,831</u>	<u>47,887</u>
Reserves	11		
Total funds		<u><u>59,696</u></u>	<u><u>52,697</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 30 November 2024 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 16 April 2025

And signed on its behalf by:

Sanasum Perera  
Chair of Trustees  
16 April 2025

Cooking Champions  
Statement of Cash flows  
for the year ended 30 November 2024

	2024 £	2023 £
Cash flows from operating activities		
Net income per Statement of Financial Activities	6,999	20,750
Adjustments for:		
Depreciation of property, plant and equipment	6,080	2,188
Increase in trade and other payables	900	31,947
Net cash provided by operating activities	<u>13,979</u>	<u>54,885</u>
Cash flows from investing activities		
Payments for property, plant and equipment	(18,962)	(10,938)
Net cash used in investing activities	<u>(18,962)</u>	<u>(10,938)</u>
Net cash from financing activities	<u>-</u>	<u>-</u>
Net (decrease)/increase in cash and cash equivalents	(4,983)	43,947
Cash and cash equivalents at the beginning of the year	43,947	-
Cash and cash equivalents at the end of the year	<u>38,964</u>	<u>43,947</u>
Components of cash and cash equivalents		
Cash and bank balances	38,964	43,947
	<u>38,964</u>	<u>43,947</u>

for the year ended 30 November 2024

## 1 Accounting policies

### Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

### Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

### Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

### Income

Recognition of income      Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.

Income with related expenditure      Where income has related expenditure the income and related expenditure is reported gross in the SoFA.

Donations and legacies      Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.

Tax reclaims on donations and gifts      Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.

Donated services and facilities      These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

Volunteer help      The value of any volunteer help received is not included in the accounts.

Investment income      This is included in the accounts when receivable.

Gains/(losses) on revaluation of fixed assets      This includes any gain or loss resulting from revaluing investments to market value at the end of the year.

Gains/(losses) on investment assets      This includes any gain or loss on the sale of investments.

## Cooking Champions

### Notes to the Accounts

#### Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

#### Taxation

The charity is exempt from corporation tax on its charitable activities.

#### Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

motor vehicles	20% reducing balance
fixtures, fittings and equipment	20% straight line

#### Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

#### Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

#### Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Statement of Financial Activities - prior year

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Income from:			
Donations and legacies	71,124	36,570	107,694
Charitable activities	20,877	30,748	51,625
Total	<u>92,001</u>	<u>67,318</u>	<u>159,319</u>
Expenditure on:			
Charitable activities	25,200	6,519	31,719
Other	50,861	55,989	106,850
Total	<u>76,061</u>	<u>62,508</u>	<u>138,569</u>
Net income	<u>15,940</u>	<u>4,810</u>	<u>20,750</u>
Net income before other gains/(losses)	15,940	4,810	20,750
Other gains and losses:			
Net movement in funds	<u>15,940</u>	<u>4,810</u>	<u>20,750</u>
Reconciliation of funds:			
Total funds carried forward	<u><u>15,940</u></u>	<u><u>4,810</u></u>	<u><u>20,750</u></u>

3 Income from donations and legacies

	Unrestricted	Restricted	Total	Total
			2024	2023
	£	£	£	£
The National Lottery	-	19,850	19,850	19,260
Seren Catering	3,861	-	3,861	8,600
London Catalyst	-	-	-	2,000
Golden Giving	12,860	-	12,860	9,781
'R' Voices	1,006	-	1,006	2,774
London Borough of Enfield	-	-	-	5,310
Rank Foundation	-	-	-	4,000
Anonymous donor 1	10,000	-	10,000	10,000
Anonymous donor 2	-	-	-	20,000
EVA Sugar Swap Grant	-	6,899	6,899	-
Old Enfield Charitable Trust	-	1,540	1,540	-
AKO Foundation	7,000	-	7,000	-
Echo Bravo	2,000	-	2,000	-
Enfield Golf Club	964	-	964	-
Benton Woodroffe	1,000	-	1,000	-
Pearsons Enfield	1,803	-	1,803	-
Just Giving	4,111	-	4,111	-
Stripe	3,176	-	3,176	-
Go Fund Me	9,501	-	9,501	4,183
Other	20,801	-	20,801	21,786
	<u>78,083</u>	<u>28,289</u>	<u>106,372</u>	<u>107,694</u>

4 Income from charitable activities

	Unrestricted	Restricted	Total	Total
			2024	2023
	£	£	£	£
LBE Edmonton Library	-	30,000	30,000	-
Garden Project	-	-	-	36,040
London Borough of Enfield	-	-	-	5,463
Square	-	-	-	4,760
The Greek Orthodox	-	-	-	-
Foodbank	-	6,341	6,341	-
Mayor's Fund for London	-	-	-	-
Income from Food Festival	1,103	-	1,103	-
Other	1,401	-	1,401	5,362
	<u>2,504</u>	<u>36,341</u>	<u>38,845</u>	<u>51,625</u>

In 2023, of the total income from charitable activities, £30,748 was from restricted funds.

5 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2024	Total 2023
	£	£	£	£
<i>Expenditure on charitable activities</i>				
Food, garden, small kitchen equipment and purchases	9,744	3,822	13,566	22,384
Direct wages	12,131	47,753	59,884	9,335
	<u>21,875</u>	<u>51,575</u>	<u>73,450</u>	<u>31,719</u>

6 Other expenditure

	Unrestricted	Total 2024	Total 2023
	£	£	£
Employee costs	42,026	42,026	90,837
Motor and travel costs	1,660	1,660	12
Premises costs	10,234	10,234	8,990
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	6,080	6,080	2,188
General administrative costs	3,868	3,868	3,564
Legal and professional costs	900	900	1,259
	<u>64,768</u>	<u>64,768</u>	<u>106,850</u>

7 Net income before transfers

	2024	2023
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	6,080	2,188

8 Staff costs

	2024	2023
Salaries and wages (including subcontractors)	101,878	100,172
	<u>101,878</u>	<u>100,172</u>

No employee received emoluments in excess of £60,000. "Employee costs" and "staff costs" for the purposes of these accounts include key management personnel who work on a self-employed basis.

9 Tangible fixed assets

	motor vehicles £	fixtures, fittings and equipment £	Total £
Cost or revaluation			
At 1 December 2023	-	10,938	10,938
Additions	16,886	2,076	18,962
At 30 November 2024	<u>16,886</u>	<u>13,014</u>	<u>29,900</u>
Depreciation and impairment			
At 1 December 2023	-	2,188	2,188
Depreciation charge for the year	3,477	2,603	6,080
At 30 November 2024	<u>3,477</u>	<u>4,791</u>	<u>8,268</u>
Net book values			
At 30 November 2024	<u>13,409</u>	<u>8,223</u>	<u>21,632</u>
At 30 November 2023	<u>-</u>	<u>8,750</u>	<u>8,750</u>
10 Creditors: amounts falling due within one year			
	2024		2023
	£		£
Accruals	900		-
	<u>900</u>		<u>-</u>

11 Movement in funds

	At 1 December 2023	Incoming resources (including other gains/losses) £	Resources expended £	At 30 November 2024 £
Restricted funds:				
Restricted income funds:				
TNL Soulfood	4,810	-	(4,810)	-
Mayor's Fund For London	-	6,341	(6,341)	-
EVA Sugar Swap Grant	-	6,899	(6,899)	-
TNL Community Fund	-	19,850	(1,985)	17,865
LBE Edmonton Library				
Garden Project	-	30,000	(30,000)	-
Old Enfield Charitable Trust	-	1,540	(1,540)	-
<i>Total</i>	<u>4,810</u>	<u>64,630</u>	<u>(51,575)</u>	<u>17,865</u>
Unrestricted funds:				
General funds	47,887	80,587	(86,643)	41,831
<b>Total funds</b>	<u><u>52,697</u></u>	<u><u>145,217</u></u>	<u><u>(138,218)</u></u>	<u><u>59,696</u></u>

Purposes and restrictions in relation to the funds:

Restricted funds:

TNL Soulfood	Provision of cooking lessons to ensure family recipes are shared with the local community
Mayor's Fund For London	Provision of children's cooking lessons
EVA Sugar Swap Grant	Provision of cooking lessons with children focused on swapping high sugar items for healthier options
TNL Community Fund	Provision of hot meals to the local community
LBE Edmonton Library	To create a community garden based at Edmonton library
Garden Project	
Old Enfield Charitable Trust	Provision of cooking lessons

12 Analysis of net assets between funds

	Unrestricted funds £	Total £
Fixed assets	21,632	21,632
Net current assets	38,064	38,064
	<u><u>59,696</u></u>	<u><u>59,696</u></u>

13 Reconciliation of net debt

	At 1 December 2023 £	Cash flows £	At 30 November 2024 £
Cash and cash equivalents	43,947	(4,983)	38,964
	<u>43,947</u>	<u>(4,983)</u>	<u>38,964</u>
Net debt	<u>43,947</u>	<u>(4,983)</u>	<u>38,964</u>

14 Related party disclosures

*Controlling party*

The entity is a registered Charitable Incorporated Organisation and has no share capital; thus no single party controls the charity.

Cooking Champions  
Detailed Statement of Financial Activities  
for the year ended 30 November 2024

	Unrestricted funds 2024 £	Restricted funds 2024 £	Total funds 2024 £	Total funds 2023 £
Income from:				
Donations and legacies				
The National Lottery	-	19,850	19,850	19,260
Seren Catering	3,861	-	3,861	8,600
London Catalyst	-	-	-	2,000
Golden Giving	12,860	-	12,860	9,781
'R' Voices	1,006	-	1,006	2,774
London Borough of Enfield	-	-	-	5,310
Rank Foundation	-	-	-	4,000
Anonymous donor 1	10,000	-	10,000	10,000
Anonymous donor 2	-	-	-	20,000
EVA Sugar Swap Grant	-	6,899	6,899	-
Old Enfield Charitable Trust	-	1,540	1,540	-
AKO Foundation	7,000	-	7,000	-
Echo Bravo	2,000	-	2,000	-
Enfield Golf Club	964	-	964	-
Benton Woodroffe	1,000	-	1,000	-
Pearsons Enfield	1,803	-	1,803	-
Just Giving	4,111	-	4,111	-
Stripe	3,176	-	3,176	-
Go Fund Me	9,501	-	9,501	4,183
Other	20,801	-	20,801	21,786
	<u>78,083</u>	<u>28,289</u>	<u>106,372</u>	<u>107,694</u>
Charitable activities				
LBE Edmonton Library Garden Project	-	30,000	30,000	-
London Borough of Enfield Square	-	-	-	36,040
The Greek Orthodox Foodbank	-	-	-	5,463
Mayor's Fund for London	-	6,341	6,341	4,760
Income from Food Festival	1,103	-	1,103	-
Other	1,401	-	1,401	5,362
	<u>2,504</u>	<u>36,341</u>	<u>38,845</u>	<u>51,625</u>
Total income	80,587	64,630	145,217	159,319
Expenditure on:				
Charitable activities				

Cooking Champions

Detailed Statement of Financial Activities

Food, garden, small kitchen equipment and purchases	9,744	3,822	13,566	22,384
Direct wages	12,131	47,753	59,884	9,335
	<u>21,875</u>	<u>51,575</u>	<u>73,450</u>	<u>31,719</u>
Total expenditure on charitable activities	21,875	51,575	73,450	31,719
Employee costs				
Salaries/wages	41,994	-	41,994	76,306
Staff training	32	-	32	-
Temporary staff	-	-	-	14,531
	<u>42,026</u>	<u>-</u>	<u>42,026</u>	<u>90,837</u>
Motor and travel costs				
Vehicles - Fuel and road tax	1,108	-	1,108	-
Vehicles - Insurance and licences	552	-	552	-
Travel and subsistence	-	-	-	12
	<u>1,660</u>	<u>-</u>	<u>1,660</u>	<u>12</u>
Premises costs				
Rent	10,234	-	10,234	8,990
	<u>10,234</u>	<u>-</u>	<u>10,234</u>	<u>8,990</u>
General administrative costs, including depreciation and amortisation				
Depreciation of motor vehicles	3,477	-	3,477	-
Depreciation of fixtures, fittings and equipment	2,603	-	2,603	2,188
General insurances	534	-	534	432
Software, IT support and related costs	180	-	180	234
Stationery and printing	-	-	-	24
Subscriptions	-	-	-	252
Sundry expenses	2,366	-	2,366	2,498
Telephone, fax and broadband	788	-	788	124
	<u>9,948</u>	<u>-</u>	<u>9,948</u>	<u>5,752</u>
Legal and professional costs				
Audit/Independent examination fees	-	-	-	1,259
Accountancy and bookkeeping	900	-	900	-
	<u>900</u>	<u>-</u>	<u>900</u>	<u>1,259</u>
Total expenditure on other costs	<u>64,768</u>	<u>-</u>	<u>64,768</u>	<u>106,850</u>
Total expenditure	86,643	51,575	138,218	138,569
Net gains on investments	-	-	-	-
Net income	(6,056)	13,055	6,999	20,750

Cooking Champions  
Detailed Statement of Financial Activities

Net income before other gains/(losses)	<u>(6,056)</u>	<u>13,055</u>	<u>6,999</u>	<u>20,750</u>
Other Gains	<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Net movement in funds	<u>(6,056)</u>	<u>13,055</u>	<u>6,999</u>	<u>20,750</u>
Reconciliation of funds:				
Total funds brought forward	<u>47,887</u>	<u>4,810</u>	<u>52,697</u>	<u>-</u>
Total funds carried forward	<u><u>41,831</u></u>	<u><u>17,865</u></u>	<u><u>59,696</u></u>	<u><u>20,750</u></u>

**COOKING CHAMPIONS**

England & Wales - Charity number 1201150

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# Accounts

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Cooking Champions

Charity No. 1201150

Trustees' Report and Unaudited Accounts

30 November 2023

Cooking Champions  
Contents

	Pages
Trustees' Annual Report	2
Independent Examiner's Report	9
Statement of Financial Activities	10
Summary Income and Expenditure Account	11
Balance Sheet	12
Statement of Cash flows	13
Notes to the Accounts	14
Detailed Statement of Financial Activities	21

The trustees present their report and financial statements for the period ended 30 November 2023. The trustees confirm that the financial statements comply with current statutory requirements: the Memorandum and Articles of Association and the Statement Of Recommended Practice - Accounting and Reporting by Charities (SORP), applicable to charities preparing their accounts in accordance with FRS 102, and Part 11 of the Charities Act 2011.

#### REFERENCE AND ADMINISTRATIVE DETAILS

Charity No. 1201150

#### Registered Office

St. Matthews Vicarage  
1 Church Road  
Enfield  
Middlesex  
EN3 4NT

#### Trustees

The following Trustees served during the year:

Omari Chambers-Alert (resigned 1st February 2024)

Samuel Kagwi

Sanasum Perera

Suzanna Gillespie

#### Accountants

Luna Muncaster Ltd  
40 Vera Avenue  
Grange Park  
London  
N21 1RG

#### Bankers

Metro Bank  
1-3 Market Chambers  
Church Street  
Enfield  
EN2 6AA

## STRUCTURE, GOVERNANCE AND MANAGEMENT

Cooking Champions is a registered Charity and a Charitable Incorporated Organisation (CIO). It is governed by a Constitution.

During the period, there were four Trustees on the Board. The Board meets at least four times a year. It sets the strategic direction for the organisation and has the overall responsibility for the running of Cooking Champions, which is delegated on a day to day operational basis to the Chief Executive, Clare Donovan.

Board meetings consist of an operational update, provided by Clare Donovan and the executive team, a financial update and a strategic forward look. As this is the first year of incorporation for the Charity, significant time has also been dedicated to ensuring that all relevant policies and procedures are in place.

The Board is involved in the drafting, review and approval of all relevant policies and procedures for Cooking Champions. All Cooking Champions Trustees and Staff are required to undertake online courses in safeguarding. Trustees are also provided with access to training materials via ICAEW.

Sanasum Perera is the Chair of the Board. Omari Chambers-Alert acted as Trustee during the year and stepped down after the end of the financial period to which this report relates. The Charity governing documents require a minimum of three Trustees. The Board and the Executive team undertake an annual Trustee skills review to identify any gaps and if additional expertise is required. Cooking Champions will be seeking to recruit an additional Trustee with fundraising experience during 2024.

All Trustees act on a voluntary basis, and have not received any remuneration from Cooking Champions during the year.

## ANNUAL REVIEW

### Summary

Cooking Champions has been supporting the people of North London since the start of the pandemic in 2020. However, we were incorporated as a charity in November 2022, making this our first year with charity status. We have made some great progress as we continue in our goal of providing food support, education and training across North London. It has also been a year in which we have put in place the frameworks for continued success and we have learned a lot from this process.

Highlights of the year include establishing ourselves in our new home in Ponders End, equipping our Community Kitchen and building connections across the community, including food suppliers, supporters, volunteers, service users and other charities. See Activities section for more details.

However, we live in difficult times and demand for our services has increased significantly due to the cost of living crisis. Compared to the previous 12 months, Cooking Champions are supporting 40% more people, and there is a clear and increasing need for our services.

As a young charity, we have faced challenges in establishing sustainable funding streams. More funding opportunities will be open to us in the coming year as a result of having been a registered charity for more than a year.

The trustees are hugely grateful to our fantastic executive team, led by Clare Donovan, and all our volunteers, without whom the Charity would not function.

The Board of Trustees are proud of the services Cooking Champions has provided over the past year, and we look forward to continuing to work with our CEO, staff and volunteers in providing services to alleviate poverty through food support, education and training.

## OBJECTIVES AND ACHIEVEMENTS

### Objectives

The objective of Cooking Champions is the relief of poverty in London and the surrounding area by providing food parcels, prepared meals, food education and support through a community kitchen for people in financial hardship. The trustees understand their responsibility to keep this public benefit central to the work and activities. Cooking Champions principally operates in the London Boroughs of Enfield, Waltham Forest and Haringey.

Cooking Champions uses self employed individuals to deliver its services and funds the work through donations, grants and general fundraising. In addition, the charity also uses an extensive team of volunteers to provide its services and support the local community.

In order to strengthen our level of support we are also working with other charities and local community organisations to alleviate poverty and increase food security.

Achievements and performance during our first year as a charity

### *Community Kitchen & Garden*

We settled into our new premises and developed the only dedicated community kitchen in the Borough of Enfield. Thanks to a successful grant application, we were able to invest over £5,000 upgrading the kitchen, improving the electrics and installing the equipment needed to maintain the highest food hygiene standards. We received a 5 star food hygiene rating following the latest inspection in March 2023.

The first year at the community kitchen saw the development of a varied timetable of food based activities including free lunches, cooking lessons, training courses and community events. Every Thursday we provided homemade cooked meals for anyone who attended the community lunches. Each week a new menu was devised based on cultural events and what food we had available.

We have hosted several larger community events to highlight the work that we do to supporters, local organisations and potential donors. This includes Christmas Day, St. David's Day and the opening of the kitchen garden. It was the first Christmas Day that we opened our doors for people to come and eat with us, so they didn't spend the day alone. We also distributed Christmas lunches to many of our regular recipients to heat and eat at home.

The kitchen garden was developed to grow produce to use in the kitchen or to distribute in the food bank. The garden was recognised with a Silver Award at the Enfield in Bloom Awards.

### *Food Support*

Food support, via a food bank, was provided twice a week, every single week for people across Enfield and adjacent London boroughs. The service was available for people to select their own food in person, or a delivery service was offered for those who could not attend easily. 5,800 bags of food were provided throughout the year December 2022 - November 2023.

### *Food Education and Training*

We delivered a range of cooking classes including Parent and Child lessons, teenage cooking classes, childrens lessons during school holidays, Over 50s Mens club and Open Kitchen sessions (a three hour class with the emphasis on preparing meals to take home to families).

Enfield Council hired us to guide local school holiday club providers through their Level 2 Food Hygiene Certificate and also show how that theoretical knowledge translates into the daily running of a club.

Chief Executive and General Manager Clare Donovan was awarded a scholarship for an intense six weeks chef course at Little Portland Street Cookery School. Many recipes, techniques and strategies for running a teaching kitchen were brought back to the Cooking Champions kitchen.

### *Community Engagement*

Throughout the year Cooking Champions worked with eight different schools via teaching healthy living classes, cooking lessons, fundraising, sixth form volunteers and forming long term partnerships.

As the charity grows, we are developing a calendar of fundraising events which include a food festival in Palmers Green, Midsummer Supper Club and Harvest Festival collections from local schools.

Cooking Champions continues to be a strong community asset, and this is strengthened by the support we provide for other charities (via food, meals and guidance) including The Little Things UK, AgeUK Enfield, Exodus UK and Enfield Women's Centre.

## FINANCIAL REVIEW

### Financial position

Cooking Champions financial position is solid, with total assets available at 30 November 2023 of £52,697. Of this, £39,137 is unrestricted usable cash reserves. As a newly incorporated charity, we now have a charity bank account, and received an unrestricted transfer of £31,947 from Cooking Champions CIC, the entity within which Cooking Champions previously operated before it achieved charitable status.

### Financial performance

Our total income for the period ended 30 November 2023 was £159,319 and our expenditure was £138,569 (including depreciation of £2,188), generating a surplus in our first year of £20,750.

Of total income received, 86% of our income came from grants or one-off donations. Grants were typically for delivery of a specific project e.g. the Open Kitchen cooking lessons.

The remaining 14% came from Seren Catering and individual donations, including ongoing monthly donations, via the Golden Giving platform. Seren Catering is a separate commercial events catering business set up by our CEO, Clare Donovan, which donates all profits to Cooking Champions.

## Cooking Champions Trustees Annual Report

Most of our expenditure relates to staffing costs (£100,172), followed by food, garden and kitchen costs (£22,384), and premises costs (£8,990) which are principally electricity bills. We also invested £10,938 in assets during the year, primarily relating to equipping our Community Kitchen.

Cooking Champions has no financial investments or borrowings and awards no grants.

Although Cooking Champions is in a relatively strong financial position it operates in a difficult economic climate, which impacts our service users and staff directly as well as the organisation itself. Whilst it is encouraging to see the rate of inflation falling it should not be forgotten that prices are still rising. Pressures still remain with food and energy prices in particular, and our service users are reporting ongoing challenges with the cost of living. The economic climate also impacts on the availability of local government funding.

### Reserves policy

Cooking Champions has determined that its level of unrestricted usable cash reserves should be three months of operational costs. Our usable cash reserves stood at £39,137 as at 30 November 2023 which falls above the policy requirement. Reserves may temporarily fall below this amount if investment is needed - in such a case this would need to be approved by the Board of Trustees.

### Principal risks

The Trustees and the Executive team have identified the following key risks to the ongoing operations of Cooking Champions. They have taken necessary steps to minimise these. Overall, the Trustees and Executive team feel that the following risks are being effectively managed. Key risks are discussed at Trustee meetings.

### *Staff and Volunteers*

As a small Charity, our people are critical to making things work well. Our Founder and CEO, Clare Donovan, is essential to the smooth running of the Cooking Champions operations and takes on responsibilities in many areas. During our first year as a registered charity there has been a big increase in demand for our services. As we continue to grow to meet this need it has been necessary to redefine job roles with individuals specialising in the delivery of different projects.

We are grateful to our many volunteers and are continually looking to expand our base for those who want to be involved.

### *Food Supplies*

During the financial period covered by these accounts, the majority of food donations came from the Felix Project. A key focus for us in 2024 has been diversifying our food supply sources and we have added new suppliers including Warburtons and Food Bank Aid, which provide additional fresh produce which improves the range of food which we can offer in our food support services.

### *Income Diversification*

The Charity is continuously looking for new funding sources - whether through grant applications, fundraising events or connecting through the local community.

*Trustee Board*

A minimum of three Trustees are required to take decisions under the governing documents, with Cooking Champions aiming to have at least four Trustees in place. We conduct an annual review of whether the Trustee Board collectively has the right skill set to meet the needs of the Charity as it grows. We are looking to increase the number of Trustees and will be recruiting in the coming year.

## STATEMENT OF TRUSTEES' RESPONSIBILITIES

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and accounting estimates that are reasonable and prudent;
- state whether applicable UK accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006 and Charities Act 2011. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The above report has been prepared in accordance with the provisions applicable to charitable incorporated organisations (CIOs) and in accordance with the Charities SORP (FRS 102).

A CIO is a charity registered as a body corporate under Part 11 of the Charities Act 2011.

Signed on behalf of the board

Sanasum Perera  
Trustee  
18 June 2024

I report to the charity Trustees on my examination of the financial statements of Cooking Champions for the period ended 30 November 2023.

#### Responsibilities and basis of report

As the charitable company's Trustees, you are responsible for the preparation of the financial statements in accordance with the requirements of the Companies Act 2006 ('the 2006 Act').

Having satisfied myself that the financial statements of the Charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's financial statements as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5) (b) of the 2011 Act.

#### Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the financial statements have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Mrs Luna Muncaster  
Associate Chartered Accountant (ICAEW)  
Luna Muncaster Ltd  
40 Vera Avenue  
Grange Park  
London

N21 1RG  
18 June 2024

Cooking Champions  
Statement of Financial Activities  
for the period ended 30 November 2023

	Notes	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Income and endowments from:				
Donations and legacies	3	71,124	36,570	107,694
Charitable activities	4	20,877	30,748	51,625
Total		92,001	67,318	159,319
Expenditure on:				
Charitable activities	5	25,200	6,519	31,719
Other	6	50,861	55,989	106,850
Total		76,061	62,508	138,569
Net gains on investments		-	-	-
Net income	7	15,940	4,810	20,750
Transfers between funds		-	-	-
Net income before other gains/(losses)		15,940	4,810	20,750
Other gains and losses				
Net movement in funds		15,940	4,810	20,750
Reconciliation of funds:				
Total funds carried forward		15,940	4,810	20,750

Cooking Champions  
Summary Income and Expenditure Account  
for the period ended 30 November 2023

	2023 £
Income	159,319
Gross income for the period	<u>159,319</u>
Expenditure	136,381
Depreciation and charges for impairment of fixed assets	2,188
Total expenditure for the period	<u>138,569</u>
Net income before tax for the period	20,750
Net income for the period	<u><u>20,750</u></u>

Cooking Champions  
Balance Sheet  
at 30 November 2023

Company No.	Notes	2023 £
Fixed assets		
Tangible assets	9	8,750
		<u>8,750</u>
Current assets		
Cash at bank and in hand		43,947
		<u>43,947</u>
Net current assets		43,947
Total assets less current liabilities		<u>52,697</u>
Net assets excluding pension asset or liability		52,697
Total net assets		<u><u>52,697</u></u>
The funds of the charity		
Restricted funds	10	
Restricted income funds		4,810
		<u>4,810</u>
Unrestricted funds	10	
General funds		15,940
		<u>15,940</u>
Unrestricted reserves brought forward	10	
General funds transferred to charity from CIC upon inception		31,947
		<u>31,947</u>
Total funds		<u><u>52,697</u></u>

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the period ended 30 November 2023 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 18 June 2024

And signed on its behalf by:

Sanasum Perera  
Trustee  
18 June 2024

Cooking Champions  
Statement of Cash flows  
for the period ended 30 November 2023

	2023 £
Cash flows from operating activities	
Net income per Statement of Financial Activities	20,750
Adjustments for:	
Depreciation of property, plant and equipment	2,188
General funds transferred to charity from CIC upon inception	31,947
Net cash provided by operating activities	<u>54,885</u>
Cash flows from investing activities	
Payments for property, plant and equipment	(10,938)
Net cash used in investing activities	<u>(10,938)</u>
Net cash from financing activities	<u>-</u>
Net increase in cash and cash equivalents	43,947
Cash and cash equivalents at the beginning of the period	-
Cash and cash equivalents at the end of the period	<u>43,947</u>
Components of cash and cash equivalents	
Cash and bank balances	43,947
	<u>43,947</u>

for the period ended 30 November 2023

## 1 Accounting policies

### Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

### Fund accounting

**Unrestricted funds** These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.

**Designated funds** These are unrestricted funds earmarked by the trustees for particular purposes.

**Revaluation funds** These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.

**Restricted funds** These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

### Income

**Recognition of income** Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.

**Income with related expenditure** Where income has related expenditure the income and related expenditure is reported gross in the SoFA.

**Donations and legacies** Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.

**Tax reclaims on donations and gifts** Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.

**Donated services and facilities** These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

**Volunteer help** The value of any volunteer help received is not included in the accounts.

**Investment income** This is included in the accounts when receivable.

**Gains/(losses) on revaluation of fixed assets** This includes any gain or loss resulting from revaluing investments to market value at the end of the year.

**Gains/(losses) on investment assets** This includes any gain or loss on the sale of investments.

## Cooking Champions

### Notes to the Accounts

#### Expenditure

Recognition of expenditure Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.

Expenditure on raising funds These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.

Expenditure on charitable activities These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.

Grants payable All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.

Governance costs These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.

Other expenditure These are support costs not allocated to a particular activity.

#### Taxation

The charity is exempt from corporation tax on its charitable activities.

#### Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

fixtures, fittings and equipment	20%% straight line
----------------------------------	--------------------

#### Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

#### Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

#### Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

#### Receipt of donated goods, facilities and services

All donated goods, facilities and services received are recognised within incoming resources and expenditure at an estimate of the value to the charity.

2 Company status

The organisation is a Charitable Incorporated Organisation and consequently does not have share capital.

3 Income from donations and legacies

	Unrestricted	Restricted	Total
	2023		
	£	£	£
The National Lottery	-	19,260	19,260
Seren Catering	12,783	-	12,783
London Catalyst	-	2,000	2,000
Golden Giving	9,781	-	9,781
'R' Voices	2,774	-	2,774
London Borough of Enfield	-	5,310	5,310
Rank Foundation	4,000	-	4,000
Anonymous donor 1	20,000	-	20,000
Anonymous donor 2	-	10,000	10,000
Other	21,786	-	21,786
	<u>71,124</u>	<u>36,570</u>	<u>107,694</u>

4 Income from charitable activities

	Unrestricted	Restricted	Total
	2023		
	£	£	£
London Borough of Enfield	5,292	30,748	36,040
Square	5,463	-	5,463
The Greek Orthodox Foodbank	4,760	-	4,760
Other	5,362	-	5,362
	<u>20,877</u>	<u>30,748</u>	<u>51,625</u>

5 Expenditure on charitable activities

	Unrestricted	Restricted	Total
	2023		
	£	£	£
Food, garden and small kitchen equipment	19,655	2,729	22,384
Direct wages	5,545	3,790	9,335
	<u>25,200</u>	<u>6,519</u>	<u>31,719</u>

6 Other expenditure

	Unrestricted	Restricted	Total
	£	£	2023
			£
Salaries/wages - key management personnel	36,944	51,501	88,445
Other subcontractor costs	2,392	-	2,392
Motor and travel costs	12	-	12
Premises costs	5,191	3,799	8,990
Amortisation, depreciation, impairment, profit/loss on disposal of fixed assets	2,188	-	2,188
General administrative costs	2,875	689	3,564
Legal and professional costs	1,259	-	1,259
	<u>50,861</u>	<u>55,989</u>	<u>106,850</u>

7 Net income before transfers

	2023
This is stated after charging:	£
Depreciation of owned fixed assets	2,188

8 Staff costs

	2023
Salaries and wages, including subcontractors -	100,172
	<u>100,172</u>

No employee received emoluments in excess of £60,000. "Employee costs" and "staff costs" for the purposes of these accounts include key management personnel who work on a self-employed basis.

9 Tangible fixed assets

	fixtures, fittings and equipment	Total
	£	£
Cost or revaluation		
Additions	10,938	10,938
At 30 November 2023	<u>10,938</u>	<u>10,938</u>
Depreciation and impairment		
Depreciation charge for the year	2,188	2,188
At 30 November 2023	<u>2,188</u>	<u>2,188</u>
Net book values		
At 30 November 2023	<u>8,750</u>	<u>8,750</u>

10 Movement in funds

	At 25 November 2022	Incoming resources (including other gains/losses) £	Resources expended £	At 30 November 2023 £
Restricted funds:				
Restricted income funds:				
Catalyst Mens 50+	-	2,000	(2,000)	-
LBE Mens 50+	-	2,100	(2,100)	-
EVA Wellbeing	-	2,040	(2,040)	-
TNL Soulfood	-	9,620	(4,810)	4,810
TNL Community Fund	-	9,640	(9,640)	-
LBE HAF	-	20,648	(20,648)	-
LBE Community Lunches	-	3,270	(3,270)	-
LBE Together	-	8,000	(8,000)	-
Open Kitchen	-	10,000	(10,000)	-
<i>Total</i>	<u>-</u>	<u>67,318</u>	<u>(62,508)</u>	<u>4,810</u>
Unrestricted funds:				
General funds	-	92,001	(76,061)	15,940
<b>Total funds</b>	<u><u>-</u></u>	<u><u>159,319</u></u>	<u><u>(138,569)</u></u>	<u><u>20,750</u></u>
General funds transferred to charity from CIC upon inception	<u>-</u>			<u>31,947</u>

Restricted funds:

Catalyst Mens 50+	Provision of cooking lessons to men aged 50+
LBE Mens 50+	Provision of cooking lessons to men aged 50+
EVA Wellbeing	Provision of cooking lessons to parents and children
TNL Soulfood	Provision of cooking lessons to parents and children
TNL Community Fund	Provision of hot meals to the local community
LBE HAF	Provision of hot meals to children during the school holidays
LBE Community Lunches	Provision of hot meals to the local community
LBE Together	Provision of hot meals to the local community
Open Kitchen	Provision of open kitchen sessions where people can come and cook for themselves and their families for free

11 Analysis of net assets between funds

	Unrestricted funds	Total
	£	£
Fixed assets	8,750	8,750
Net current assets	43,947	43,947
	<u>52,697</u>	<u>52,697</u>

12 Reconciliation of net debt

	Cash flows	At 30 November 2023
	£	£
Cash and cash equivalents	43,947	43,947
	<u>43,947</u>	<u>43,947</u>
Net debt	<u>43,947</u>	<u>43,947</u>

13 Related party disclosures

*Controlling party*

The company is limited by guarantee and has no share capital; thus no single party controls the company.

Cooking Champions  
Detailed Statement of Financial Activities  
for the period ended 30 November 2023

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Income and endowments from:			
Donations and legacies			
The National Lottery	-	19,260	19,260
Seren Catering	12,783	-	12,783
London Catalyst	-	2,000	2,000
Golden Giving	9,781	-	9,781
'R' Voices	2,774	-	2,774
London Borough of Enfield	-	5,310	5,310
Rank Foundation	4,000	-	4,000
Anonymous donor 1	20,000	-	20,000
Anonymous donor 2	-	10,000	10,000
Other	21,786	-	21,786
	<u>71,124</u>	<u>36,570</u>	<u>107,694</u>
Charitable activities			
London Borough of Enfield Square	5,292	30,748	36,040
The Greek Orthodox Foodbank	5,463	-	5,463
Other	4,760	-	4,760
	5,362	-	5,362
	<u>20,877</u>	<u>30,748</u>	<u>51,625</u>
Total income and endowments	92,001	67,318	159,319
Expenditure on:			
Charitable activities			
Food, garden and small kitchen equipment	19,655	2,729	22,384
Direct wages	5,545	3,790	9,335
	<u>25,200</u>	<u>6,519</u>	<u>31,719</u>
Total of expenditure on charitable activities	25,200	6,519	31,719
Employee costs			
Salaries/wages - key management personnel	36,944	39,362	76,306
Other subcontractor costs	2,392	12,139	14,531
	<u>39,336</u>	<u>51,501</u>	<u>90,837</u>
Motor and travel costs			
Travel and subsistence	12	-	12
	<u>12</u>	<u>-</u>	<u>12</u>
Premises costs			
Rent	5,191	3,799	8,990
	<u>5,191</u>	<u>3,799</u>	<u>8,990</u>

Cooking Champions

Detailed Statement of Financial Activities

General administrative costs, including depreciation and amortisation			
Depreciation of fixtures, fittings and equipment	2,188	-	2,188
General insurances	432	-	432
Software, IT support and related costs	234	-	234
Stationery and printing	24	-	24
Subscriptions	252	-	252
Sundry expenses	1,809	689	2,498
Telephone, fax and broadband	124	-	124
	<u>5,063</u>	<u>689</u>	<u>5,752</u>
Legal and professional costs			
Audit/Independent examination fees	1,259	-	1,259
	<u>1,259</u>	<u>-</u>	<u>1,259</u>
Total of expenditure of other costs	<u>50,861</u>	<u>55,989</u>	<u>106,850</u>
Total expenditure	76,061	62,508	138,569
Net gains on investments	-	-	-
	<u>15,940</u>	<u>4,810</u>	<u>20,750</u>
Net income			
Net income before other gains/(losses)	15,940	4,810	20,750
Other Gains	-	-	-
	<u>15,940</u>	<u>4,810</u>	<u>20,750</u>
Net movement in funds			
Reconciliation of funds:			
Total funds brought forward	-	-	-
Total funds carried forward	<u>15,940</u>	<u>4,810</u>	<u>20,750</u>