

PARENT PATHWAYS

England & Wales · Charity number 1201149

Details

Status Registered

Legal form CIO

Registered 2022-11-25

Register [View on the Charity Commission register](#)

Contact

Address The Old Ripple Primary
SUTTON IANE
Ripple
Deal
Kent
CT14 8JA

Phone 07507702415

Email parent_pathways@outlook.com

Activities

Objects: TO PROMOTE AND PROTECT THE GOOD HEALTH OF PEOPLE AFFECTED BY PERINATAL MENTAL HEALTH ILLNESSES IN PARTICULAR BUT NOT EXCLUSIVELY BY:-I. AWARDING GRANTS TO CHARITIES, COMMUNITY GROUPS, NHS SERVICES, SOCIAL CARE SERVICES AND OR OTHER STATUTORY SERVICES THAT SUPPORT, PROVIDE TREATMENT AND OR RAISE AWARENESS OF PERINATAL MENTAL HEALTH WHEREBY STATUTORY FUNDING IS NOT REQUIRED TO FUND.II. AWARDING GRANTS TO QUALIFIED COUNSELLORS WHO SPECIALISE IN PERINATAL MENTAL HEALTH TO FUND THE PROVISION OF TREATMENTS INCLUDING TALKING THERAPIES, HYPNOTHERAPY, AND COUNSELLING.III. PROVIDING PEER SUPPORT THROUGH THE PROVISION OF EMAIL SUPPORT, AND FACE-TO-FACE PEER SUPPORT.

Activities: Parent Pathways provides grants to cover the costs of funds for services which help the mental and physical health of parents during the perinatal period. Activities include; workshops, events, funding specialist healthcare support.

Classification

- **How:** Makes Grants To Organisations, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Disability
- **Who:** The General Public/mankind

Geography

- Kent

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-05	£3,177	£1,879	-	-
2024-04-05	£1,608	£710	-	-

Trustees

Name	Role	Appointed
SARAH HUBBARD	Chair	2022-11-22
Rebecca Margaret Ann Danican		2022-11-22
Sophie Eleanor Jessup		2022-11-20

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Accounts

Table 1

Date	In	Description	Annual return category. Donations, Charitable activities, Other Trading activities	Out	Description	
10/4/24			Other activities	£648.00	Website domain	
3/5/24	£1000.00	donation	Donation			
8/5/24	£5.00	Dover lotto	Other trading activities			
17/5/24				£250.00	Tracey Miles - Mummy MOT	Grant making
17/5/24				£205.00	Tracey Miles -Mummy MOT	Grant making
20/5/24	£19.64	Quiz entry	Other trading activities			
20/5/24				£224.00	Markel - insurance	
23/5/24	£420.00	Quiz	Other trading activities			
4/6/24	£4.00	Dover lotto	Other trading activities			
20/6/24	£275.00	Inner wheel donation	Grant income/ donation			
2/7/24	£4.00	Dover Lotto	Other trading activities			
13/8/24	£5.00	Dover Lotto	Other trading activities			
6/9/24	£1400.00	DDC Grant	Charitable activities			
10/9/24	£5.00	Dover Lotto	Other trading activities			
19/9/24				£220.00	Tracey Miles - Mummy MOT	
15/10/24	£7.50	Dover Lotto	Other trading activities			
5/11/24	£6.00	Dover Lotto	Other trading activities			
3/12/24	£6.00	Dover Lotto	Other trading activities			
14/1/25	£7.50	Dover lotto	Other trading activities			
4/2/25	£6.00	Dover Lotto	Other trading activities			
11/3/24	£6.00	Dover Lotto	Other trading activities			
25/11/25				£12.46	wix.com	
2/4/25				£230.00	Betteshanger Venue hire	
3/4/25				£90.00	Tracey Miles - Mummy MOT	
TOTALS	£3176.64			£1879.46		
GROSS final balance	£1297.18					
Other trading activities	£501.64		Grant making	£765.00		
Donations	£1275.00					
Charitable activities	£1400.00					

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Trustees' Annual Report for the period						
From	Period start date			T o	Period end date	
	22	11	2022		5	4

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

 Postcode

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1 Sarah Hubbard			
2 Sophie Jessup			
3 Rebecca Danican			
4			
5			
6			
7			
8			
9			
10			
11			
12			

13
14
15
16
17
18
19
20

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year
<hr/> <hr/>	

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Charity was established by association, knowing each other.
Trustee selection methods (eg. appointed by, elected by)	Appointed on registering the charity

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

For the public benefit, the promotion of good mental and physical health and the relief of those at risk of poor mental health through the provision of grants to individuals or selected organisations providing antenatal/postnatal/perinatal support/activities and education and mental health support, for expectant and/or parents/ guardians/ carers and families with infants/children up to 3 years of age residing in the United Kingdom.

The main activities for public benefit are: facilitating workshops, facilitating specialist healthcare support for individuals, networking opportunities.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

The main achievements of the charity to date are:

- raising the profile of local services that are available to local people by holding a launch event where providers had stalls to showcase their offerings.
- Facilitating workshops for antenatal and postnatal movement and relaxation.
- Covering the cost of Mummy MOT (Women's health physiotherapy check) for 6 people.
- Covering the cost of Women's health physio follow ups for 7 people.
- hosting fundraising events to raise funds
- Making connections with local services.

Section E

Financial review

Brief statement of the charity's policy on reserves

With the charity being still so small, we only ever work within our means. We will only provide where our projections actual physical funds in the bank account will allow.

Details of any funds materially in deficit

N/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

S Hubbard

Full name(s)

Sarah Hubbard

Position (eg Secretary, Chair etc) Chair

Date 30/1/2025



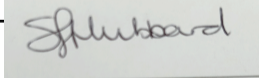
Parent Pathways		No (if any)	
Receipts and payments accounts			
For the period from	Period start date	To	Period end date
	25/11/2022		5/4/24

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds
	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts				
Donations	181	-	-	181
Other trading activities	1,427	-	-	1,427
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
Sub total(Gross income for AR)	1,608	-	-	1,608
A2 Asset and investment sales, (see table).				
	- 0	- 0	- 0	-
	- 0	- 0	- 0	-
Sub total	- 0	- 0	- 0	-
Total receipts	1,608	- 0	- 0	1,608
A3 Payments				
Grants for services	250	-	-	250
Grants for services	195	-	-	195
Printing costs	58	-	-	58
Printing costs	144	-	-	144
Grants for services	50	-	-	50
Website costs	12	-	-	12
	- 0	-	-	-
	- 0	-	-	-
	- 0	-	-	-
Sub total	709	-	-	709
A4 Asset and investment purchases, (see table)				
	- 0	- 0	- 0	-
	- 0	- 0	- 0	-
Sub total	- 0	- 0	- 0	-
Total payments	709	- 0	- 0	709
Net of receipts/(payments)	899	-	-	899
A5 Transfers between funds	- 0	-	-	-
A6 Cash funds last year end	- 0	-	-	-
Cash funds this year end	899	-	-	899

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds	Restricted funds
		to nearest £	to nearest £
B1 Cash funds		-	-
		-	-

		-	-
	Total cash funds	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK
		Unrestricted funds	Restricted funds
	Details	to nearest £	to nearest £
B2 Other monetary assets		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
	Details	Fund to which asset belongs	Cost (optional)
B3 Investment assets			-
			-
			-
			-
			-
			-
	Details	Fund to which asset belongs	Cost (optional)
B4 Assets retained for the charity's own use			-
			-
			-
			-
			-
			-
			-
			-
			-
	Details	Fund to which liability relates	Amount due (optional)
B5 Liabilities			-
			-
			-
			-
			-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	
		Sarah Hubbard	

-
-
OK
Endowment funds
to nearest £
-
-
-
-
-
-
-
Current value (optional)
-
-
-
-
-
Current value (optional)
-
-
-
-
-
-
-
-
-
When due (optional)
Date of approval
30/1/25