

Annual Accounts and Trustees Report

Frehom International
For the period ended 31st March
2025



Prepared on
23rd January 2026

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Objectives and Activities

Frehom International objectives are the prevention or relief of poverty anywhere in the world by providing or assisting in the provision of education, training, healthcare projects, including funding for medicine and healthcare, and all the necessary support designed to enable individuals to generate a sustainable income and be self-sufficient.

We confirm that the trustees have had regard to the guidance issued by the Charity Commission on public benefit. The trustees have referred to the guidance contained in the Charity Commission's general guidance on public benefit when reviewing the organisation's aims and objectives and in planning future activities and setting scholarship policy for the period.

Achievements and Performance

We are pleased that during the reporting period to 31st March 2025, Frehom International has been providing free counselling services through one of the trustees who is a qualified counsellor.

The organisation is satisfying its objectives, although more effort is required to look for more volunteers to achieve the objectives.

Financial Review

Frehom International work is entirely reliant on donations. For this reporting period the organisation did not raise donations but plans to do so for the next financial year.

We are confident that the Charity will carry out its full functions during the next reporting period.

It is the policy of the organisation that unrestricted funds be maintained, wherever possible, at a level of at least £500. The Trustees consider that reserves at this level will ensure that the organisation of key basic activities is met while consideration is given to ways in which additional funds may be raised. At year end the charity held unrestricted funds of £140 as the organisation is processing opening a bank account.

In 2026 we will continue seeking to secure further funding from private donations, so that the charity can continue to achieve its objectives.

Structure, Governance and Management

Frehom International is a registered Charitable Incorporated Organisation (CIO), charity number 1201130, and is governed by a constitution dated 26th March 2022.

Every appointed trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointments as appointed charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. All trustees were re-appointed in 2025.

All trustees give off their time freely and no trustee remuneration was paid in the reporting period. Trustees are required to disclose all relevant interests and withdraw from decisions where a conflict of interest arises. The Trustee, Ms. Jennifer Nagama Gama, is responsible for the day-to-day operations of the Charity.

Reference and Administrative Details

Charity name:	Frehom International
Other name the charity uses:	N/A
Registered charity number:	1201130
Country of Registration:	England & Wales
Charity's principal address:	88 Shirley Cresent, Beckenham, BR3,4AZ
Trustees:	Jennifer Nagama Gama (Chair) Temwa Chirambo Shepherd Chengeta
Email:	jnagama@aol.com

Declaration

The trustees declare that they have approved of the trustees' report above.

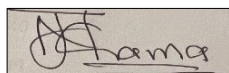
Signed on behalf of the charity's trustees:

Full name: Jennifer Nagama Gama

Position: Trustee (Chair)

Date: 23 January 2026

Signature:



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Full name: Temwa Vintt Chirambo

Position: Trustee

Date: 23 January 2026

Signature:



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	CHARITY COMMISSION FOR ENGLAND AND WALES	Charity Name		No (if any)		CC16a
		Frehom international		1201130		
		Receipts and payments accounts				
		For the period from	Period start date 01/04/2024	To	Period end date 31/03/2025	
Section A Receipts and payments						
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year	
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £	
A1 Receipts						
	-	-	-	-	-	-
Donations	140	-	-	140	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
Sub total (Gross income for AR)	140	-	-	140	-	-
A2 Asset and investment sales, (see table).						
	-	-	-	-	-	-
	-	-	-	-	-	-
Sub total	-	-	-	-	-	-
Total receipts	140	-	-	140	-	-
A3 Payments						
	-	-	-	-	-	-
No expenses	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
	-	-	-	-	-	-
Sub total	0	-	-	0	-	-
A4 Asset and investment purchases, (see table)						
	-	-	-	-	-	-
	-	-	-	-	-	-
Sub total	-	-	-	-	-	-
Total payments	-	-	-	-	-	-
Net of receipts/(payments)	-	-	-	-	-	-
A5 Transfers between funds	-	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-	-
Cash funds this year end	140	-	-	140	-	-

For the Period Ended 31st March 2025

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	Total cash funds	140	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment Funds to nearest £
B2 Other monetary assets	Details	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of Approval	
	J.Gama	Jennifer Nagama Gama	23/01/2026	
	T.Chirambo	Temwa Vintt Chirambo	23/01/2026	

