



LANGUAGE UNLOCKED





Vision



Our dual commitment is to steer young teens away from being at risk towards a meaningful path of unwavering achievement.



Mission



We assist young teens to embark on a transformative journey, explore, build, and actualize their future aspirations, through a diverse range of interpersonal activities.



Why Meirim



Meirim Illuminating Ltd originated as a parent support group five years ago, dedicated to assisting at-risk young teens. Over time, Meirim transformed into an official charity, formally established in 2022. The organisation has since evolved into a unique provision supporting educational learning, social action, personal growth and development.

Founded by compassionate professionals, including doctors, social services, and therapists, Meirim was born out of the necessity to help at-risk teens who were facing challenges such as homelessness, truancy, and defiance. These young teens deserved a second chance, an opportunity for success, and Meirim professionals embarked on this journey with warmth and kindness. By identifying the core issues and providing appropriate support, Meirim aimed to help young teens overcome their shame and fear of seeking help, ensuring that no one is left behind or abandoned.

The ultimate measure of success for Meirim lies in witnessing young teens navigate through difficult situations and eventually becoming alumni who are motivated to support other struggling youths. Each individual's outcome is unique, seeing these young adults giving back to their community and helping others facing similar challenges, is the ultimate goal.

Some of our clients have experienced childhood trauma, deprivation, and familial dysfunction.

For others, it may be as simple as an undiagnosed learning disability, social exclusion, or a bumpy child-to-adult transition. Whatever the case, overall behaviour and academic success deteriorate, leading them down a difficult path for them and those who love them.





How Meirim



At-risk teens communicate in a different language - one shaped by hardship, survival, and struggle. They speak in actions, silences, and defiance rather than words. Where mainstream teens navigate structured pathways, these young teens move through uncertainty, pressing keys that don't always function as expected. Meirim understands their language and helps them rewrite their story.



Tab

TAB - Finding direction, making new choices.



Shift

SHIFT - Developing skills, shifting perspectives.

Ctrl

CTRL - Learning self-control, taking ownership of their journey.

Alt

ALT - Exploring alternative routes through therapy and tailored support.



BACKSPACE - Stepping back, reassessing, and finding better pathways.



ENTER - Reintegrating, engaging, and stepping into their future.



Meirim doesn't force young people to "fit in"—instead, we teach them to translate their experiences into resilience, growth, and success. With the right guidance, they don't just learn a new language; they learn to write their own future.

Trustees Statement

Navigating life as an at-risk teen is like using a keyboard with missing keys—uncertain, frustrating, and disconnected. At Meirim, we don't rewrite their story; we simply guide them in finding the right keys to press.



TAB – Creating space for growth, guiding young teens toward new opportunities.



SHIFT – Encouraging mindset shifts, emotional healing, and personal transformation.

Ctrl

CTRL – Empowering them to take control of their actions and decisions.

Alt

ALT – Offering alternative pathways through bespoke therapeutic support.



BACKSPACE – Helping them step back, reflect, and make healthier choices.



ENTER – Supporting reintegration, confidence, and ensuring they move forward.



With 13 years of experience, our trained facilitators understand that at-risk teens don't follow a one-size-fits-all path. Many have lost trust in authority, severed relationships, and struggle with passive-aggressive behaviors. We don't judge their past—we invest in their future. Through individualised support, peer mentorship, and a unique team-led approach, we provide a space where they can reconnect, heal, and redefine their journey.

This year, we have successfully supported 36 teens, with 22 more on our waiting list—a clear indicator of the growing need for our services. Meirim remains committed to bespoke, impactful support, ensuring each young teen gets the tools they need to press Enter on a brighter future.



The Meirim Distinction



Caps

CAPS LOCK – Establishing stability, helping teens feel secure and ready to engage.

Shift

SHIFT – Nurturing growth, guiding them as they adapt and transform.

Ctrl

CTRL – Equipping them with the skills to take control of their future.

Alt

ALT – Exploring new perspectives, building trust, teamwork, and social connections.



ENTER – Empowering them to step forward with confidence, ready to face life's challenges.



At Meirim, we don't just support at-risk teens - we help them unlock their potential, one keystroke at a time.

Sam* entered the Meirim youth group having been rejected from 4 schools. Sam developed a knack for avoiding authority to remain under the radar. However, for Sam school and social life were an absolute mess. Sam was personally challenged by his actions. Sam came to Meirim after being shifted from institution to institution, with a strong sense of suspicion and alertness. Our trained facilitators sensed deep distrust and aggressive attitude. For when Sam faced continued rejection, Meirim came to and illuminated his way. We proved to him that there is a way towards success. Meirim's inclusive approach, helping young teens towards success, has been a proven success.

We were here for Sam, we are not here to dictate, rule or measure. We encourage healing, health and humanity.





Meirim Success Stories



At 15, Avi* had been expelled from multiple schools, each time for a different reason. He learned to shut down before anyone could push him away. At home, things weren't much better—strained relationships, little communication, and a growing sense of isolation.

When Avi joined Meirim, he was skeptical. He wasn't used to being heard, and trusting adults felt impossible. But Meirim didn't try to force him into a mold. Instead, they gave him space to take control of his journey. Through mentorship and group activities, he learned teamwork, personal responsibility, and healthier ways to express emotions.

With Meirim's support, Avi realized failure didn't have to define him. Now 17, he's training in gas safety and volunteers at Meirim, helping younger teens like him. No longer stuck in rejection, he has found purpose, connection, and a future he believes in.

I used to think no one got me. Every time I spoke, it was like I was pressing the wrong keys. Wrong words, wrong actions... just wrong.

Yeah, same. It's like everyone expected me to just fit in when I didn't even know where to start. But Meirim... they actually listened. They read between the lines—figured out what I meant even when I couldn't say it.

Exactly. When I came in, I was stuck. Pressing the same buttons over and over, getting nowhere. They hit TAB for me—made space for me to breathe, to think. No pressure, just time to figure things out.

And then SHIFT happened. They showed me I wasn't just stuck in one setting. I could learn new skills, think differently. I didn't have to keep reacting the same way every time.

Yeah, and I realized I actually had CTRL over my life. My choices. My actions. No more blaming the system, the teachers, my past. Meirim gave me the tools, but I had to press the keys.

And sometimes? You need an ALT key. A way to do things differently, not just repeat the same cycle. Therapy, mentors, new routines - Meirim showed me the alternative routes when I thought I had none.

And now? I'm finally pressing ENTER. Moving forward, stepping into something real. I'm not just surviving anymore - I'm actually living.

Meirim's Services



1

Career Building

Our teens explore careers, work training, placements, and experience.

Where responsibility and reputation merge.

2

Creative Expression

Our teens thrive with music, singing, drama, woodwork, pottery and art sessions.

Where fantasy, freedom, and fun inspire.

3

Crisis Intervention

Teens receive support during crisis (substance abuse/mental health).

Where safety and security hold on tight.

4

Cookery Training

Specialised cookery sessions for teens with a restricted diet.

Where creating and concocting meld.

5

Life Skills

Our teens take in I tech, finance, first aid, safety awareness, and relationship development.

Where learning and living meet.

6

Therapy Mentoring

Our teens learn to heal with qualified trauma-informed mentors and psychotherapy

Where the past and growth co-exist.

7

Physical Activities

High-impact sports coaching and exercise fitness training.

Where effort and exhaustion unite.

8

Social Events

Team-led events and weekends, and sleepaway schemes in nature.

Where passion, positivity and purpose blend.

Our work shows the best results through Psychodrama, expression, and explanation. Communicating lived-in experiences in a supported environment increases the best learning outcomes.

TRUSTEES' REPORT FOR THE YEAR ENDED 31 MAY 2025.

The trustees present their annual report and financial statements for the year ended 31 May 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the charity's governing document, the Charities Act 2011 and "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019).

Objectives and Activities:

Meirim Illuminating Ltd empowers teens and families in crisis through counselling, education, and financial aid. Our programmes span mental health support, education, sports, and economic development. With a non-judgmental approach, we rebuild self-esteem, fostering resilience in adolescents. Job placement assistance, community projects, and relief from poverty are integral parts of our mission.

Public Benefit:

The trustees have taken due heed of their obligations relating to Public Benefit Duty affecting charities, as well as to their obligations under the Equalities Act 2010. The Trustees are satisfied that they meet their obligations.

Achievements and performance

The charity is dependent on income from voluntary donations and grants. Total incoming resources during the year were £701,251 (2024: £562,079.) Expenditure amounted to £668,860 (2024: £575,979.)

FINANCIAL REVIEW

Reserves policy

The charity's policy is to maintain reserves equivalent to at least 3 months of core running costs. This level of reserves is intended to provide financial stability, ensuring that the charity can continue its essential operations in the event of unexpected funding shortfalls or unforeseen expenses. This level of reserves has been maintained throughout the year. The Reserves Policy is reviewed annually to ensure it remains appropriate for the charity's needs and circumstances

Structure, governance and management

The charity is controlled by its governing document, its memorandum and articles of association, incorporated 19th May 2022, as amended on 18 Jan 2023, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

The trustees who served during the year and up to the date of signature of the financial statements were:

P Benedikt
Y Stroh
B C Stempel

The day to day affairs of the Charity are administered by the Board of Trustees. It is not currently the intention of the Trustees of the Charity to appoint new trustees. Should the situation change in the future, the Trustees will apply suitable recruitment and training procedures. None of the trustees has any beneficial interest in the charity.

The trustee report was approved by the trustees on 1st December 2025, and is signed on its behalf by:

Y Stroh- Trustee

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF MEIRIM ILLUMINATING LTD

I report to the trustees on my examination of the financial statements of Meirim Illuminating Ltd (the charity) for the year ended 31 May 2025.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the financial statements in accordance with the requirements of the Charities Act 2011 (the 2011 Act).

I report in respect of my examination of the charity's financial statements carried out under section 145 of the 2011 Act. In carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member of the Association of Accounting Technicians (AAT), which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

- 1) accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
- 2) the financial statements do not accord with those records; or
- 3) the financial statements do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the financial statements to be reached.

Menacem Oberlander MAAT
Accounts Completed Ltd
137 Church Parade,
Canvey Island, SS8 9RD
Dated: 15th December 2025

MEIRIM ILLUMINATING LTD STATEMENT OF FINANCIAL ACTIVITIES for the year ended 31 May 2025

	Notes	2025 Unrestricted £	2025 Restricted £	2025 Total £	2024 Total £
Income and endowments from					
Donations and legacies	3	701,251		701,251	562,079
Expenditure on					
Raising funds	4				11,005
Charitable activities	5	668,860		668,860	564,974
Total		668,860		668,860	575,979
Net Income / (Expenditure)		32,391		32,391	(2,895)
Reconciliation of funds					
Total funds bought forward		246		246	3,141
Total funds carried forward		32,637		32,637	246

MEIRIM ILLUMINATING LTD STATEMENT OF FINANCIAL POSITION AS AT 31 MAY 2025

		2025 Unrestricted £	2025 Restricted £	2025 Total £	2024 Total £
Fixed Assets					
tangible assets	6	30,345	-	30,345	35,700
Current Assets					
Cash at bank		810	-	810	5,367
Debtors	7	25,000	-	25,000	
		25,810	-	25,810	5,367
Current Liabilities					
Creditors within 1 year	8	(23,518)	-	(23,518)	(40,821)
Net Current Assets					
		2,292	-	2,292	(35,454)
Net Assets					
		32,637	-	32,637	246
Fund Analysis:					
Unrestricted funds				32,637	246
Total funds				32,637	246

The financial statements were approved by the trustees on 1st December 2025.

Y Stroh
Trustee

CASHFLOW STATEMENT FOR THE YEAR ENDING 31 MAY 2025

	Notes	2025 £	2024 £
Cash flows from operating activities			
Cash generated from operations	1	(4,557)	43,566
Net cash (used in)/provided by operating activities		(4,557)	43,566
Cash flows from investing activities			
Purchase of tangible fixed assets		-	(42,000)
Net cash provided by/(used in) investing activities		-	(42,000)
Change in cash and cash equivalents in the reporting period		(4,557)	1,566
Cash and cash equivalents at the beginning of the reporting period		5,367	3,801
Cash and cash equivalents at the end of the reporting period		810	5,367

NOTES TO THE CASHFLOW STATEMENT FOR THE YEAR ENDING 31 MAY 2025

1 RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES**RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES**

	2025 £	2024 £
Net income/(expenditure) for the reporting period as per the Statement of Financial Activities	32,391	(2,895)
Adjustments for:		
Depreciation charges	5,355	6,300
Decrease / (Increase) in debtors	(25,000)	
(Decrease) / Increase in creditors	(17,303)	40,161
	(4,557)	43,566

2 ANALYSIS OF CHANGES IN NET FUNDS

	At 01/06/2024 £	Cash flow £	At 31/05/2025 £
Net Cash			
Cash at Bank	5,367	(4,557)	810

1 Accounting policies

Charity information

The charity is a limited company, limited by guarantee and governed by its memorandum and articles of association, incorporated 19th May 2022, as amended on 18 Jan 2023, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

1.1 Accounting convention

The financial statements have been prepared in accordance with the charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" ("FRS 102") and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (effective 1 January 2019). The charity is a Public Benefit Entity as defined by FRS 102. The charity has taken advantage of the provisions in the SORP for charities not to prepare a Statement of Cash Flows.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value. The principal accounting policies adopted are set out below.

1.2 Going concern

At the time of approving the financial statements, the trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. Thus the trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.3 Charitable funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of their charitable objectives. Restricted funds are subject to specific conditions by donors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements. Endowment funds are subject to specific conditions by donors that the capital must be maintained by the charity.

1.4 Income

Income is recognised when the charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received. Cash donations are recognised on receipt. Other donations are recognised once the charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation. Legacies are recognised on receipt or otherwise if the charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

1.5 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in

undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

1.6 Tangible fixed assets

Tangible fixed assets are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses. Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Plant and equipment - 40% RBM

Fixtures and fittings - 15% RBM

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

Investment property

Investment property, which is property held to earn rentals and/or for capital appreciation, is initially recognised at cost, which includes the purchase cost and any directly attributable expenditure. Subsequently it is measured at fair value at the reporting end date. The surplus or deficit on revaluation is recognised in profit or loss.

Impairment of fixed assets

At each reporting end date, the charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

Cash and equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised. Debt instruments are subsequently carried at amortised cost, using the effective interest rate method. Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less. If not, they are presented as non-current liabilities. Trade creditors are recognised initially at transaction price and subsequently measured at amortised cost using the effective interest method.

Financial liabilities are derecognised when the charity's contractual obligations expire, are discharged or are cancelled.

Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received. Termination benefits are recognised immediately as an expense when the charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

2 Critical accounting estimates and judgements

In the application of the charity's accounting policies, the trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates. The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods. Judgements made by the directors in the application of these accounting policies that have significant effect on the financial statements and estimates with a significant risk of material adjustment in the next year are as follows.

Property valuation

The valuation of the charity's investment property is subject to a degree of uncertainty, as the value depends on various factors including the nature of the property, its location and expected future net rental values, market yields and comparable market transactions, and is made on the basis of assumptions which may not prove to be accurate.

3 Donations and legacies

	2024 Total £
Income and endowments from	
Donations and legacies	562,079

4 Expenditure on:

Raising Funds	11,005
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NOTES TO THE FINANCIAL STATEMENTS for the year ended 31 May 2025

5 Charitable activities

Grants to individuals	2,610	-
Food	105,169	68,860
Wages	117,015	73,938
Activities	91,955	138,769
Camp	44,681	59,652
Books	6,588	947
Therapy	73,663	38,601
Carer	9,485	-
Courses	66,388	69,503
Rent and venue hire	95,015	72,000
Insurance	950	734
Repairs	3,369	16,096
Utilities	-	483
Cleaning	3,992	1,064
Depreciation	5,355	6,300
Advertising and promotion	1,579	-
Printing	8,864	-
Security	660	-
	637,338	546,947

Support and governance costs

Communication and IT	-	2,244
General office	10,444	1,248
Accountancy	1,800	1,800
Legal and professional fees	19,099	1,483
Finance costs	179	247
	31,522	7,022
Total expenditure on charitable activity	668,860	553,969
Total resources expended	668,860	564,974

6 Tangible Fixed Assets

Fixtures and Fittings £

Cost

At 1 June 2024 and 31 May 2025 42,000

Depreciation

at 1 June 2024 6,300

Charge for the year 5,355

At 31 May 2025 11,655

Net Book Value

At 31 May 2025 30,345

At 31 May 2024 35,700

7 Debtors

	2025 Total £	2024 Total £
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Accrued Income: pledges receivable

25,000 -

25,000 -

8 Creditors

Accruals: Accounting fees 1,800 1,800

Other creditors 16,721 39,021

Credit Card balance 4,997 -

23,518 40,821

9 Trustees

None of the trustees received any remuneration, benefits or expenses paid during the year.

10 Employees

The average number of employees was 16 (2024: 9).
No employees received emoluments in excess of £60,000.

11 Taxation

The charity is exempt from tax on income and gains falling within section 505 of the Taxes Act 1988 or section 252 of the Taxation of Chargeable Gains Act 1992 to the extent that these are applied to its charitable objects.

12 Related party transactions

There are no disclosable related party transactions to report.

MEIRIM ILLUMINATING LTD TRUSTEES AND PROFESSIONAL ADVISERS

Registered charity name

MEIRIM ILLUMINATING LTD

Charity number

1201029

Principal office

3 The Approach
London
NW4 2HU

Trustees

Y Stroh
P Benedikt
B Stempel

Accountant

Menacem Oberlander MAAT
Accounts Completed Ltd
137 Church Parade,
Canvey Island, SS8 9RD

Bankers

Wise
Virgin Money

