

Breathe easy norwich  
1200970  
Paula's address  
Paula Browne  
Corriena Scollay  
Penny Holland  
Sue Flack  
Pauline Laybourne

All trustees are involved with the monthly meetings (February to December). Committee meetings are held four times a year to discuss speakers and it is ensured that a variety of speakers are invited. Meetings are held around lung health and occasional interesting talks. When required new trustees are invited from monthly meetings that they feel would benefit the group. Trustees meetings take place once a year and ad-hoc.

The object[s] of the cio [is][are] for the public benefit to preserve and protect good health among, and relieve the needs of people who are suffering from respiratory diseases, and their families and carers, in east anglia, in particular providing support groups which provide information, advice and organised activities which promote a healthier lifestyle, such as singing for lung health, pulmonary rehabilitation exercise and assisting in the provision of facilities, support services and equipment not normally provided by the statutory authorities.

Meetings are held February to December two of which are parties, a birthday party to celebrate the founding of the group, a christmas party, and an AGM and auction. The meetings are two hours long where the first half is taken up with a speaker, except the parties and AGM, and the second half is a chance for refreshments, catch ups and a raffle is held. Raffle prizes are supplied by members of the group.

Successful and informative meetings took place have taken place which involved talks on the following subjects:

Lung transplants  
Inhalers and medication  
Safety at home talk from fire and rescue  
Chair based yoga  
Respiratory physiotherapy  
Bletchley Park

On average we have 30 attendees and all meetings are well received.

The charity has donated money for furniture to furnish a respiratory ward staff room at the Norfolk and Norwich hospital. Oximeters, hand held fans, shaving mirrors, physio equipment for exercise and mobility for the respiratory patients have also been purchased by the Charity.



CHARITY COMMISSION  
FOR ENGLAND AND WALES

BREATHE EASY NORWICH

No (if any)

## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
1<sup>st</sup> APRIL 24

To

Period end date  
31<sup>st</sup> MARCH 25

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
MONTHLY RAFFLE	592	-	-	592	768
MEETING REFRESHMENTS	200	-	-	200	18
SALES	413	-	-	413	325
DONATIONS	1,870	-	-	1,870	13,934
LEGACIES	10,500	-	-	10,500	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	13,575	-	-	13,575	15,045
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	13,575	-	-	13,575	15,045
<b>A3 Payments</b>					
ROOM HIRE	730	-	-	730	791
PRINTING	1,176	-	-	1,176	2,041
MAGAZINE	533	-	-	533	735
ACTIVITIES	470	-	-	470	502
BANK CHARGES	30	-	-	30	18
PURCHASES	4,193	-	-	4,193	2,099
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	7,132	-	-	7,132	6,186
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	7,132	-	-	7,132	6,186
<b>Net of receipts/(payments)</b>	6,443	-	-	6,443	8,859
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	6,443	-	-	6,443	8,859

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	IN BANK ACCOUNT	30,702	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	30,702	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	NONE	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	NONE		-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	SPEAKER AND LEAD	B.E.N..	150	-
	MICROPHONE	B.E.N..	100	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	NONE		-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		M. BAGGALEY		