

## Trustees report for 2024-2025 Breathe Easy Norwich

[1200970](#)

NNUH, Colney Lane, Norwich NR4 7UY

Paula Browne

Corriena Scollay

Penny Holland

Sue Flack

Pauline Laybourne

All trustees are involved with the monthly meetings (February to December). Committee meetings are held four times a year to discuss speakers and it is ensured that a variety of speakers are invited. Meetings are held around lung health and occasional interesting talks. When required new trustees are invited from monthly meetings that they feel would benefit the group. Trustees meetings take place once a year and ad-hoc.

The object[s] of the group for the public benefit to preserve and protect good health among, and relieve the needs of people who are suffering from respiratory diseases, and their families and carers, in East Anglia, in particular providing support groups which provide information, advice and organised activities which promote a healthier lifestyle, such as singing for lung health, pulmonary rehabilitation exercise and assisting in the provision of facilities, support services and equipment not normally provided by the statutory authorities.

Meetings are held February to December two of which are parties, a birthday party to celebrate the founding of the group, a christmas party, and an AGM and auction. The meetings are two hours long where the first half is taken up with a speaker, except the parties and AGM, and the second half is a chance for refreshments, catch ups and a raffle is held. Raffle prizes are supplied by members of the group.

Successful and informative meetings have taken place which involved talks on the following subjects:

Lung transplants

Inhalers and medication

Safety at home talk from fire and rescue

Chair based yoga

Respiratory physiotherapy

Bletchley Park

On average we have 30 attendees and all meetings are well received.

The charity has donated money for furniture to furnish a respiratory ward staff room at the Norfolk and Norwich hospital. Oximeters, hand held fans, shaving mirrors, physio equipment for exercise and mobility for the respiratory patients have also been purchased by the Charity.

February 2025





CHARITY COMMISSION  
FOR ENGLAND AND WALES

BREATHE EASY NORWICH

12 00 970

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## Receipts and payments accounts

For the period  
from

10<sup>th</sup> NOVEMBER 22

To

31<sup>st</sup> MARCH 24

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
MONTHLY RAFFLE	768	-	-	768	
MEETING REFRESHMENTS	18	-	-	18	
SALES	325	-	-	325	
DONATIONS	13,934	-	-	13,934	
LEGACIES	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	15,045	-	-	15,045	-
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	15,045	-	-	15,045	-
<b>A3 Payments</b>					
ROOM HIRE	791	-	-	791	
PRINTING	2,041	-	-	2,041	
ROOM HIRE	791	-	-	791	
MAGAZINE	735	-	-	735	
ACTIVITIES	502	-	-	502	
BANK CHARGES	18	-	-	18	
PURCHASES	2,099	-	-	2,099	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	6,977	-	-	6,977	-
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	6,977	-	-	6,977	-
<b>Net of receipts/(payments)</b>	8,068	-	-	8,068	-
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	-	-	-	-	-
<b>Cash funds this year end</b>	8,068	-	-	8,068	-

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	IN BANK ACCOUNT	24,811	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	24,811	-	-
(agree balances with receipts and payments account(s))				
<b>B2 Other monetary assets</b>	NONE	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	NONE			
<b>B4 Assets retained for the charity's own use</b>	SPEAKER AND LEAD	B.E.N..	150	-
	MICROPHONE	B.E.N..	100	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	NONE			
Signed by one or two trustees on behalf of all the trustees				
Signature		Print Name		Date of approval
M. Baggeley		M. BAGGALEY		20-02-25
		PAULA SLOWME		20/2/25