

# BREATHE EASY NORWICH

England & Wales · Charity number 1200970

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2022-11-10

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Nnuh  
Colney Lane  
Colney  
Norwich  
NR4 7UY

**Phone** 01603289779

**Email** [paula.browne@nnuh.nhs.uk](mailto:paula.browne@nnuh.nhs.uk)

## Activities

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**Objects:** THE OBJECT[S] OF THE CIO [IS][ARE] FOR THE PUBLIC BENEFIT TO PRESERVE AND PROTECT GOOD HEALTH AMONG, AND RELIEVE THE NEEDS OF PEOPLE WHO ARE SUFFERING FROM RESPIRATORY DISEASES, AND THEIR FAMILIES AND CARERS, IN EAST ANGLIA, IN PARTICULAR PROVIDING SUPPORT GROUPS WHICH PROVIDE INFORMATION, ADVICE AND ORGANISED ACTIVITIES WHICH PROMOTE A HEALTHIER LIFESTYLE, SUCH AS SINGING FOR LUNG HEALTH, PULMONARY REHABILITATION EXERCISE AND ASSISTING IN THE PROVISION OF FACILITIES, SUPPORT SERVICES AND EQUIPMENT NOT NORMALLY PROVIDED BY THE STATUTORY AUTHORITIES.

**Activities:** monthly meetings providing support, education, and information to people with lung disease.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** People With Disabilities

## Geography

- Norfolk

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£13,575	£7,132	-	-
2024-03-31	£8,533	£6,277	-	-

## Trustees

Name	Role	Appointed
corriena adeline scollay	Chair	2023-01-01
Penelope Susan Holland		2023-01-01
paula jane browne		2023-01-01
pauline anne laybourne		2023-01-01
susan jenny flack		2023-01-01

**BREATHE EASY NORWICH**

England & Wales - Charity number 1200970

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# Accounts

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Breathe easy norwich  
1200970  
Paula's address  
Paula Browne  
Corriena Scollay  
Penny Holland  
Sue Flack  
Pauline Laybourne

All trustees are involved with the monthly meetings (February to December). Committee meetings are held four times a year to discuss speakers and it is ensured that a variety of speakers are invited. Meetings are held around lung health and occasional interesting talks. When required new trustees are invited from monthly meetings that they feel would benefit the group. Trustees meetings take place once a year and ad-hoc.

The object[s] of the cio [is][are] for the public benefit to preserve and protect good health among, and relieve the needs of people who are suffering from respiratory diseases, and their families and carers, in east anglia, in particular providing support groups which provide information, advice and organised activities which promote a healthier lifestyle, such as singing for lung health, pulmonary rehabilitation exercise and assisting in the provision of facilities, support services and equipment not normally provided by the statutory authorities.

Meetings are held February to December two of which are parties, a birthday party to celebrate the founding of the group, a christmas party, and an AGM and auction. The meetings are two hours long where the first half is taken up with a speaker, except the parties and AGM, and the second half is a chance for refreshments, catch ups and a raffle is held. Raffle prizes are supplied by members of the group.

Successful and informative meetings took place have taken place which involved talks on the following subjects:

Lung transplants  
Inhalers and medication  
Safety at home talk from fire and rescue  
Chair based yoga  
Respiratory physiotherapy  
Bletchley Park

On average we have 30 attendees and all meetings are well received.

The charity has donated money for furniture to furnish a respiratory ward staff room at the Norfolk and Norwich hospital. Oximeters, hand held fans, shaving mirrors, physio equipment for exercise and mobility for the respiratory patients have also been purchased by the Charity.



CHARITY COMMISSION  
FOR ENGLAND AND WALES

BREATHE EASY NORWICH No (if any)

## Receipts and payments accounts

CC16a

For the period from	Period start date 1 <sup>st</sup> APRIL 24	To	Period end date 31 <sup>st</sup> MARCH 25
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
MONTHLY RAFFLE	592	-	-	592	768
MEETING REFRESHMENTS	200	-	-	200	18
SALES	413	-	-	413	325
DONATIONS	1,870	-	-	1,870	13,934
LEGACIES	10,500	-	-	10,500	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>13,575</b>	<b>-</b>	<b>-</b>	<b>13,575</b>	<b>15,045</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>13,575</b>	<b>-</b>	<b>-</b>	<b>13,575</b>	<b>15,045</b>
<b>A3 Payments</b>					
ROOM HIRE	730	-	-	730	791
PRINTING	1,176	-	-	1,176	2,041
MAGAZINE	533	-	-	533	735
ACTIVITIES	470	-	-	470	502
BANK CHARGES	30	-	-	30	18
PURCHASES	4,193	-	-	4,193	2,099
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>7,132</b>	<b>-</b>	<b>-</b>	<b>7,132</b>	<b>6,186</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>7,132</b>	<b>-</b>	<b>-</b>	<b>7,132</b>	<b>6,186</b>
<b>Net of receipts/(payments)</b>	<b>6,443</b>	<b>-</b>	<b>-</b>	<b>6,443</b>	<b>8,859</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>6,443</b>	<b>-</b>	<b>-</b>	<b>6,443</b>	<b>8,859</b>

# Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	IN BANK ACCOUNT	30,702	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>30,702</b>	<b>-</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	NONE	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>	NONE		-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>	SPEAKER AND LEAD	B.E.N..	150	-
	MICROPHONE	B.E.N..	100	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>	NONE		-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name
	M. BAGGALEY	Date of approval

**BREATHE EASY NORWICH**

England & Wales - Charity number 1200970

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# Accounts

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## Trustees report for 2024-2025 Breathe Easy Norwich

[1200970](#)

NNUH, Colney Lane, Norwich NR4 7UY

Paula Browne

Corriena Scollay

Penny Holland

Sue Flack

Pauline Laybourne

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February 2025





CHARITY COMMISSION  
FOR ENGLAND AND WALES

BREATHE EASY NORWICH

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## Receipts and payments accounts

For the period from	10 <sup>th</sup> NOVEMBER 22	To	31 <sup>st</sup> MARCH 24
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
MONTHLY RAFFLE	768	-	-	768	-
MEETING REFRESHMENTS	18	-	-	18	-
SALES	325	-	-	325	-
DONATIONS	13,934	-	-	13,934	-
LEGACIES	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>15,045</b>	<b>-</b>	<b>-</b>	<b>15,045</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>15,045</b>	<b>-</b>	<b>-</b>	<b>15,045</b>	<b>-</b>
<b>A3 Payments</b>					
ROOM HIRE	791	-	-	791	-
PRINTING	2,041	-	-	2,041	-
ROOM HIRE	791	-	-	791	-
MAGAZINE	735	-	-	735	-
ACTIVITIES	502	-	-	502	-
BANK CHARGES	18	-	-	18	-
PURCHASES	2,099	-	-	2,099	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>6,977</b>	<b>-</b>	<b>-</b>	<b>6,977</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>6,977</b>	<b>-</b>	<b>-</b>	<b>6,977</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>8,068</b>	<b>-</b>	<b>-</b>	<b>8,068</b>	<b>-</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<b>Cash funds this year end</b>	<b>8,068</b>	<b>-</b>	<b>-</b>	<b>8,068</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	IN BANK ACCOUNT	24,811	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>24,811</b>	<b>-</b>	<b>-</b>

(agree balances with receipts and payments account(s))

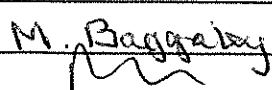
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	NONE	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>	NONE		-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>	SPEAKER AND LEAD	B.E.N..	150	-
	MICROPHONE	B.E.N..	100	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>	NONE		-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	M. BAGGALEY	20-02-25
	PAULA SKOWME	20/2/25