

# **Durham Dales Parish Nursing**

## **Report and Financial Statements**

**for the period 2 November 2022 - 31 March 2024**

**Charitable Incorporated Organisation**

**Charity number 1200881**

**Durham Dales Parish Nursing**  
**Report and Financial Statements**  
**for the period 2 November 2022 to 31 March 2024**

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# **Durham Dales Parish Nursing**

## **Directors and Trustees Annual Report for the period 2 November 2022 to 31 March 2024**

### **Reference and administration details**

Charity name:	Durham Dales Parish Nursing
Registered charity number	1200881
Registered office address	Cuthbert House Stonebridge Durham DH1 3RY

The trustees who served during the period and up to the date of this report are:

Dr Elizabeth Jane Burdon	(appointed 1 April 2023)
Dr Kate Elizabeth Stewart	(appointed 1 April 2023)
Richard Betton	(appointed 1 July 2022)
Rev Alec James Harding	(appointed 1 July 2022)
Dr John Jackson White	(appointed 1 July 2022)

Independent Examiner	Mr J I Henderson 1 Silverdale Way Whickham Newcastle upon Tyne NE16 5SL
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### **Structure, governance and management**

Durham Dales Parish Nursing is a Charitable Incorporated Organisation, set up and registered with the Charity Commission on 2<sup>nd</sup> November 2022. Regular meetings of trustees were quarterly, with one additional, extraordinary meeting concerned with appointment of staff, meaning that the full board of trustees met 6 times over the reporting period. The first part time Parish Nurse was employed in June 2023, in partnership with Upper Teesdale Agricultural Support Services, and Parish Nursing Ministries UK. The first accounting period is for the 17 month period from registration to 31 March 2024.

### **Objectives and activities**

The objects of Durham Dales Parish Nursing are, for the benefit of the public, the relief of sickness and the preservation of health among people residing permanently or temporarily in and around Teesdale and Weardale, by the provision of Parish Nurses.

The trustees have had regard to the guidance issued by the Charity Commission on public benefit.

### **Achievements and performance**

The first year of the project has been about establishing the parish nursing service and building connections with clients, GP surgeries and community groups. The first Parish Nurse was appointed in June 2023, and has visited and established regular contact with community groups such as local lunch clubs, churches, the auction mart and various interest and support groups. She has also worked hard to partner with local GP

surgeries and social prescribers, enabling referrals both ways, and creating opportunities to work together to support clients' overall health and wellbeing, rather than addressing issues separately, resulting in better outcomes for clients. At the time of reporting, nineteen clients in the Teesdale area had contact with the service, fourteen of these were receiving ongoing support from the Parish Nurse; the others had been referred on to other services or no longer required support due to improved mental health.

In March 2024 a second Parish Nurse was employed, at the time of reporting, they were beginning to make contact with organisations and individuals in Weardale.

The service has become well integrated into the local support networks and the impact of the support for individuals has also helped families of those receiving care from the service. The education around self-help provided by the nurses has improved the resilience of users of the service. The open-ended nature of the support provided has allowed for a greater or lesser intensity of engagement, helping people to better manage their own mental health, knowing that support will continue to be available on a when-required basis.

The aims for the next year include recruitment of a volunteer team to help with some of the non-medical aspects of support that clients require, such as assistance to access activities or shops, and general listening and befriending on an ongoing basis.

### **Financial performance**

The main source of income during the year was a grant allocated by Durham Diocesan Board of Finance from funds generously provided by Lord Crewe's Charity. This will cover all costs for the first two years of the project's activities. Further funding is to be sought from other grant-making organisations in the coming year. The existing funding is expected to last until March 2026.

### **Trustees' responsibilities in respect of the financial statements**

Charity Law requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charity at the year end and of the net incoming/outgoing resources of the charity for the year then ending. In preparing these financial statements the trustees are required to

- select suitable accounting policies;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare financial statements on a going concern basis unless it is inappropriate to assume that the charity will continue on that basis.

The trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable it to ensure that the financial statements comply with the Charities Act 2011. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

This report was approved by the trustees on 21.1.25 and signed on their behalf by

  
Rev Alec Harding  
Chair of Trustees

## Independent Examiner's Report on the Accounts

Report to the Trustees of Durham Dales Parish Nursing on the accounts for the period 2 November 2022 to 31 March 2024 set out on pages 6 to 11

### Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act), and
- to state whether particular matters have come to my attention.

### Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

### Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that, in any material respect, the requirements:
  - To keep accounting records in accordance with section 130 of the Charities Act; and
  - To prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed



Date

21.1.25

Name

Mr J I Henderson FCA

Address

1 Silverdale Way  
Whickham  
NE16 5SL

## Durham Dales Parish Nursing

### Statement of Financial Activities (incorporating an Income and Expenditure Account) for the period 2 November 2022 to 31 March 2024

	Note	Unrestricted Funds	Total Funds 2.11.22 – 31.3.24
		£	£
<b>Incoming resources</b>	3		
Donation		10	10
Charitable activities		0	0
Other incoming resources		50,500	50,500
<i>Total incoming resources</i>		<u><b>50,510</b></u>	<u><b>50,510</b></u>
<b>Resources expended</b>	4		
Generation of voluntary income		0	0
Charitable Activities		30,075	30,075
Governance costs		1,021	1,021
Other resources expended		0	0
<i>Total resources expended</i>		<u><b>31,096</b></u>	<u><b>31,096</b></u>
<b>Net income/(expenditure) for the year</b>		<u><b>19,414</b></u>	<u><b>19,414</b></u>
<b>Reconciliation of funds</b>			
Total funds brought forward		0	0
Net movement in funds throughout year		<u><b>19,414</b></u>	<u><b>19,414</b></u>
<i>Total funds carried forward</i>		<u><b>19,414</b></u>	<u><b>19,414</b></u>

All the charity's operations are classed as continuing and recognised gains and losses and movement on reserves are shown above.

The notes on pages 8 to 11 form part of these accounts.

## Durham Dales Parish Nursing

### Balance Sheet as at 31 March 2024

	Note	Total Funds at 31.3.24 £
<b>Current Assets</b>		
Debtors	7	25,425
Cash at bank and in hand		10,497
<i>Total current assets</i>		<b><u>35,922</u></b>
<b>Liabilities</b>		
Creditors: amounts falling due within one year	8	<u>16,508</u>
<i>Net current assets</i>		<b><u>19,414</u></b>
<i>Total assets less current liabilities</i>		19,414
<i>Net assets</i>		<b><u>19,414</u></b>
<b>The funds of the charity</b>		
Restricted income funds		0
Unrestricted income funds		19,414
<i>Total charity funds</i>		<b><u>19,414</u></b>

Signed on behalf of the Trustees



Rev Alec Harding  
Director and Trustee

Date 21.1.25

## **Durham Dales Parish Nursing**

### **Notes to the Financial Statements for the period 2 November 2022 to 31 March 2024**

#### **Note 1: Basis of preparation**

These accounts have been prepared on the basis of historic cost (except that investments are shown at market value) in accordance with the Financial Reporting Standard 102 (FRS102) as applicable to Charities (effective January 2016) comprising the Statement of Recommended Practice Accounting and Reporting by Charities ("SORP 2015").

#### **Note 2: Accounting policies**

##### **2.1 Incoming resources**

###### **2.1.1 Recognition of incoming resources**

These are included in the Statement of Financial Activities (SoFA) when:

- The charity becomes entitled to the resource
- The trustees are virtually certain they will receive the resources and the monetary value can be measured with sufficient reliability.

###### **2.1.2 Incoming resources with related expenditure**

Where incoming resources have related expenditure (as with fundraising or contract income) the incoming resources and related expenditure are reported gross in the SoFA.

###### **2.1.3 Grants and donations**

Grants and donations are only included in the SoFA when the charity has unconditional entitlement to the resources.

###### **2.1.4 Tax reclaims on donations and gifts**

Incoming resources from tax reclaims are included in the SoFA at the same time as the gift to which they relate.

###### **2.1.5 Contractual income and performance related grants**

This is only included in the SoFA once the related goods or services have been delivered.

###### **2.1.6 Gifts in kind**

Gifts in kind are accounted for at a reasonable estimate of their value to the charity or the amount actually realised. Gifts in kind for sale or distribution are included in the accounts as gifts only when sold or distributed by the charity. Gifts in kind for use by the charity are included in the SoFA as incoming resources when receivable.

###### **2.1.7 Donated services and facilities**

These are only included in incoming resources (with an equivalent amount in resources expended) where the benefit to the charity is reasonably quantifiable, measureable and material. The value placed on these resources is the estimated value to the charity of the service or facility received.



#### 2.1.8 Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.

#### 2.1.9 Investment income

This is included in the accounts when receivable.

### 2.2 Expenditure and liabilities

#### 2.2.1 Liability recognition

Liabilities are recognised as soon as there is a legal or constructive obligation committing the charity to pay out resources.

#### 2.2.2 Governance costs

Include costs of the preparation and examination of statutory accounts, the costs of trustee meetings and costs of any legal advice to trustees on governance or constitutional matters.

#### 2.2.3 Support costs

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources.

### 2.3 Assets

#### 2.3.1 Tangible fixed assets for use by charity

These are capitalised if they can be used for more than one year and cost at least £1,000. They are valued at cost or, if gifted, at the value to the charity on receipt.

### Note 3 Analysis of incoming resources

	Unrestricted	Restricted	Total
			2.11.22 - 31.3.24
	£	£	£
<b>Voluntary income</b>	10	0	0
<b>Activities for generating funds</b>	0	0	0
<b>Other incoming resource</b>			
Grant – Durham Diocese	50,500	0	50,500
<b>Total incoming resources</b>	<b><u>50,510</u></b>	<b><u>0</u></b>	<b><u>50,500</u></b>

#### Note 4 Analysis of resources expended

	Unrestricted	Restricted	Total
			2.11.22 - 31.3.24
	£	£	£
<b>Charitable activities</b>			
Staff costs	24,319	0	24,319
Travel and subsistence	561	0	561
Administration	722	0	722
Staff training	1,298	0	1,298
Equipment	1,456	0	1,456
Management Fees (UTASS)	1,719	0	1,719
Misc (paid in advance 5425)	0	0	0
	<b><u>30,075</u></b>	<b><u>0</u></b>	<b><u>30,075</u></b>
<b>Governance costs</b>	1,021	0	1,021
<b>Total resources expended</b>	<b><u>31,096</u></b>	<b><u>0</u></b>	<b><u>31,096</u></b>

#### Note 5 Details of certain items of expenditure

##### 5.1 Trustee expenses

No Trustees claimed expenses during the accounting period.

##### 5.2 Fees for the examination of the accounts

2.11.22  
- 31.3.24  
£

Independent examiner's fees for reporting on the accounts 0

#### Note 6 Paid employees

At the end of the year part-time two members of staff were employed by UTASS and seconded to the project. These were remunerated at £41,742 per annum (FTE, including pension contributions).

#### Note 7 Debtors and prepayments

##### Analysis of debtors

Amounts falling due within  
one year  
At 31.3.24  
£

Grant payments outstanding 20,000  
Prepayments 5,425

**Total** **25,425**

## Note 8 Creditors and accruals

Analysis of creditors	Amounts falling due within one year
	At 31.3.24 £
Invoices	16,508
<i>Total</i>	<b><u>16,508</u></b>

## Note 9 Transactions and related parties

There were no transactions with related parties during the year.

## Note 10 Liability of Members

The liability of members is limited. In the event of the charity being wound up during the period of membership, members would be required to contribute an amount not exceeding £1.