



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st April 2024 To 31st March 2025

Charity name: Sudden Cardiac Arrest UK

Charity registration number: 1200875

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Sudden Cardiac Arrest UK has three core objectives: the advancement of health, the advancement of education, and the relief of those in need. These objectives are pursued particularly, but not exclusively, by providing information and support to individuals who have experienced a sudden cardiac arrest, their families, and others affected by the event. Additionally, the CIO works to raise awareness of this condition among both medical professionals and the general public.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Continued provision of peer support through online communities and revitalised regional meetups programme. Contribution to the All-Party Parliamentary Group for Defibrillators report "Beyond Revival" which included a dedicated section on survivorship. Key involvement in the development and publication of the Resuscitation Council UK Quality Standards for Care and Rehabilitation of Cardiac Arrest Survivors and Key Supporters. Contribution to research projects including CARESS-f, the RESCQ project supporting lay responders, and the Child CPR Project. Representation at the European Resuscitation Council conference in Athens. Planning and preparation for the 10 Years Together national conference. Attendance at industry events to increase awareness of the charity. Distribution of Effective Peer Support leaflets to hospitals and cardiac centres. Publication of articles providing information, resources and survivor stories.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity	Para 1.18	The Trustees have taken into account Charity Commission guidance regarding Public Benefit when making decisions regarding the charity's activities

Commission on public benefit		
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The charity achieved significant milestones in influencing national and international policy on cardiac arrest survivorship. The dedicated survivorship section in the APPG for Defibrillators report "Beyond Revival" represented official parliamentary acknowledgement of the urgent need for standardised treatment pathways for survivors after hospital discharge. The publication of the Resuscitation Council UK Quality Standards for Cardiac Arrest Survivors, developed with key representation from SCA UK, provides a framework ensuring minimum standards of care and addresses the variation in survivor support across the UK. Contributions to research projects (CARESS-f, RESCQ, and Child CPR Project) have helped advance understanding of survivor and co-survivor needs. Significant planning and financial commitment was made towards the 10 Years Together national conference (May 2025), marking ten years since survivors and co-survivors first came together informally in 2015. Initial steps were taken to increase awareness of the charity through attendance at industry events. The charity's online communities continue to grow, whilst the revitalised regional meetups programme facilitates face-to-face peer support connections across the UK.

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	During the reporting period, the charity recorded income amounting to £34,292 from donations, corporate sponsorship and sales. The charity committed approximately £21,000 to host the 10 years Together national conference (May 2025), and closed the period with net income of £4,295.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	For continuity of charity activities
Amount of reserves held	Para 1.22	£28,496
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the	Para 1.23	None

charity continuing as a going concern		
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Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Through ordinary resolution of the charity. - The trustees may appoint a person who is willing to act as a Trustee

Reference and Administrative details

Charity name	Sudden Cardiac Arrest UK
Other name the charity uses	SCA UK
Registered charity number	1200875
Charity's principal address	Fortress House 301, High Road Benfleet Essex SS7 5HA
Independent Examiner	Castle Point Accountancy Chartered Certified Accounts CPA House 301, High Road Benfleet Essex SS7 5HA
Bankers	National Westminster Bank PLC

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Paul Swindell	Chair		
2	Dr Thomas Keeble	Medical officer		
3	Stuart Menzies	Secretary		
4	Gareth Cole			
5	Joanna Baggornie		Appointed 24/4/24	
6	Charlotte Pickwick		Resigned 24/4/24	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Paul Swindell	Stuart Menzies
Position (eg Secretary, Chair, etc)	Chair	
Date	21/01/2026	

Charity number: 1200875

Registered number: CE030572
(England and Wales)

Sudden Cardiac Arrest UK

Accounts

For the year ended 31 March 2025

**Sudden Cardiac Arrest UK
Report of the Trustees**

For the year ended 31 March 2025

The Trustees have pleasure in presenting their report and the financial statements for the charity for the year ended 31 March 2025. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1 January 2015).

OBJECTIVES AND ACTIVITIES

The advancement of health; the advancement of education; and the relief of those in need, particularly but not exclusively by: providing information and support to persons who have suffered a sudden cardiac arrest, their families and others affected by the event; and by raising awareness of the condition both with medical professionals and the general public

The trustees have considered the Charity Commission's guidance on public benefit, including the guidance 'public benefit: running a charity (PB2)'.

REFERENCE AND ADMINISTRATIVE INFORMATION

Name of Charity	Sudden Cardiac Arrest UK
Charity registration number	1200875

Trustees

The trustees and officers serving during the year and since the year end were as follows:

P Swindell
J Balgarnie
S Menzies
G Cole
T Keeble
C Pickwick (Resigned 24 April 2024)

Independent examiners	Castle Point Accountancy Chartered Certified Accountants CPA House 301 High Road Benfleet SS7 5HA
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Approved by the Board of Trustees and signed on its behalf by



P Swindell (Chair)

S Menzies (Trustee)

Sudden Cardiac Arrest UK
Independent Examiners Report to the Trustees

For the year ended 31 March 2025

I report to the trustees on my examination of the accounts of the charity for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

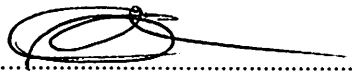
I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiners statement

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Castle Point Accountancy
Chartered Certified Accountants
CPA House
301 High Road
Benfleet
SS7 5HA

28 August 2025

Sudden Cardiac Arrest UK
Income and Expenditure Account
For the year ended 31 March 2025

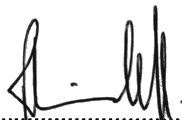
	2025	2024
	£	£
Turnover		
Sales	8,710	4,987
Donations	12,390	21,191
Corporate Sponsorship	14,000	17,000
	35,100	43,178
Cost of Sales		
Cost of Sales	(1,857)	(224)
Closing Stock	587	-
Gross Income	33,830	42,954
Expenses		
Venue Hire	20,383	11,776
Advertising & Promotion	4,932	2,918
Staff Training	38	106
Motor Expenses	158	441
Computer Software & Website Expenses	1,891	778
Telephone & Internet	18	12
Postage & Stationery	214	197
Travel & Subsistence	1,268	1,369
Bank & Finance Charges	358	410
Insurance	96	48
Legal & Professional Fees	585	585
Miscellaneous Expenses	49	100
Exchange Rate Loss	7	13
	(29,997)	(18,753)
Net Operating Income	3,833	24,201
Investment Income		
Interest Received	462	0
Net Income	4,295	24,201

**Sudden Cardiac Arrest UK
Statement of Financial Position**

As at 31 March 2025

		2025 £	2024 £
Current assets			
Cash At Bank		28,519	22,165
Stock		587	
Trade Debtors		2,000	2,000
Prepayments & Accrued Income		1,125	638
		32,231	24,803
Current liabilities			
Accruals	600		550
Other Creditors	3,057		-
Expense Account	78		52
		3,735	602
Net current assets			
Total assets less current liabilities		28,496	24,201
Net assets		28,496	24,201
Balance At Start Of Period		24,201	0
Net Income		4,295	24,201
		28,496	24,201

These financial statements are accepted on behalf of the charity by:



P Swindell (Chair)