



COMMUNITY AUTISTIC SUPPORT, PRIDE & ADVOCACY

Registered Charity 1200786



Annual Report and Financial Statements

**Seventeen Month Period
ended 31 August 2025**

Annual Report and Financial Statements Period from 1 April 2024 to 31 August 2025

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Legal and Administrative Information

Trustees

Tim Ahlborn (appointed 18 March 2025)
 Charlotte Beacon (appointed 18 March 2025)
 Simon Boyle
 Darren Carpenter (appointed 18 March 2025)
 Sharon Harrison
 Daniel Osborn (appointed 18 March 2025)
 Andrew Stammers (appointed 18 March 2025)
 Helen Smith

Charity number

1200786 (formerly 1110260)

Registered office

Community House
 South Street
 Bromley
 BR1 1RH

Independent examiner

Affinia
 Lynwood House
 Crofton Road
 Orpington
 BR6 8QE

Bankers

Lloyds Bank
 25 Gresham Street
 London
 EC2V 7HN

Insignis Asset Management Limited
 St John's Innovation Centre
 Cowley Road
 Cambridge
 CB4 0WS

Charity Overview

CASPA is a registered CIO based in Bromley, South East London. We were founded in 2002 (registered charity number 1110260) as Children on the Autistic Spectrum Children's Association (CASPA) by parents who wanted more for their autistic children. As of 31 August 2025, all assets, liabilities and operations were transferred from the old charity to the CIO, therefore this report included activities from both the old charitable trust and the new CIO.

Today, CASPA offers inclusive, person-centred support to over 500 autistic individuals and their families each year. Our charity's team includes experienced staff and committed volunteers, many of whom have lived experience of autism.

We offer a varied programme of support, delivered across multiple community venues in the London Borough of Bromley. Our activities are designed to promote inclusion, reduce isolation, and help autistic individuals of all ages develop the confidence and life skills they need to thrive.

We run over 10 weekly clubs tailored to age groups ranging from toddlers to adults. We provide safe, and welcoming spaces for social interaction, creativity, skills building and personal development. Many members stay with us for years, moving through clubs as their needs and confidence grow. While we offer long-term continuity, our focus remains on encouraging independence, developing peer connections, celebrating progress, and maintaining a strong sense of community for members and parents.

We recognise the pressures that families of autistic individuals face, particularly where needs are high and statutory support is limited. Our parent, carer and sibling support services help reduce stress, build peer support networks, and equip families with tools and strategies to better advocate for their loved ones.

Our programmes are led by staff and volunteers who understand autism and create environments where individuals are not expected to mask, conform, or "fit in".

Instead, we meet people where they are. We celebrate individuality, respond to communication preferences, and encourage individuals to participate on their own terms.



Our Vision, Mission and Values

Our Mission

CASPA encourages autistic pride and supports autistic individuals to have fun, learn life skills, and make safe and inclusive community connections.

Our Vision

To build a society in which autistic individuals feel understood and empowered to be their full selves and live their best lives.

Our Values

- **Acceptance** – We are inclusive and celebrate our differences
- **Support** – We are supportive, caring and kind
- **Community** – We connect people and build community
- **Trust** – We earn trust and create safety
- **Communication** – We listen to others and communicate honestly

The CASPA Way

Committed – We are committed to CASPA's mission and our work.

Learning – We share knowledge, learn from others to grow our skills, and support others to grow.

Proactive – We take action, problem-solve and “muck in” where needed.

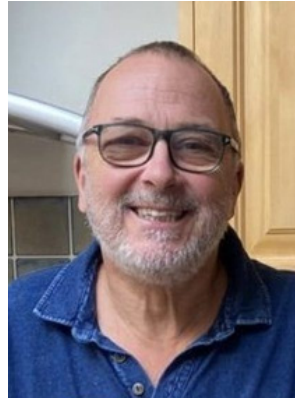
Organised – We plan and manage our time, tasks and responsibilities.

Optimistic – We think positively, encourage fun, and promote autistic pride.

Message from our CEO and Co-Chairs



CEO - Sarah Towler



Trustee - Andrew Stammers



Trustee - Sharon Harrison

As we look back on the past 17 months at CASPA, we feel a sense of pride, gratitude, and hope. It has been another incredibly busy and meaningful year for our charity.

We expanded our services, strengthened our organisational foundations, and taken big strategic steps forward. It has been a year of growth in services, in staff development, and in ambition.

Highlights over the past 17 months include:

- Transitioning to operating as a Charitable Incorporated Organisation (CIO)
- Implementing our Theory of Change and launching our new 2024–2027 Strategy, with a strong focus on Autistic Voice and lived experience
- Opening our 30+ club, Infinity, providing new opportunities for adult members
- Strengthening Governance selection processes and selecting new Trustees with the skills and experience needed to help us build organisational resilience
- Creating meaningful connections and peer support opportunities through our first Family Residential
- Working with Bromley Council on the Autistic Voice Project to put lived experience and advocacy at the heart of local resource planning and delivery
- Delivering autism awareness training to local businesses through the The Bromley Autism Promise Project
- Running an adult Travel Training Project, supporting independence and life skills

Message from our CEO and Co-chairs

We also focused on expanding our services and planned the opening of two new under 16s clubs in September 2025. This project highlighted many challenges for our CASPA team. This included finding additional funding, locating safe and affordable venues, recruiting, training high-quality staff and integrating new members and families.

Overcoming these challenges gave our staff team a sense of pride and demonstrated staff collaboration, mutual support to solve problems, and commitment to moving CASPA forward.

Our consolidation over the last 17 months puts us in a strong position to continue developing our services, with more autistic individuals and their families benefiting from the safe, supportive spaces CASPA provides.

The need for our services increases daily. More individuals and families are reaching out for social opportunities, and specialist support. This growing demand highlights the challenges they face and the vital role CASPA plays in meeting those needs.

CASPA would not be possible without our staff, volunteers and supporters. Their generosity, dedication, and kindness are at the core of everything we achieve.

I would also like to extend my thanks to everyone who has supported CASPA through our events, fundraising and donations this year.

We thank the funders detailed in the report that have supported CASPA during this period. We must also thank the organisations and groups that go above and beyond in their fundraising, which for this period includes O2e, Chislehurst Golf Club, LSP Renewables, Fourdaysrunning, which have all raised over £10,000 for CASPA in the period.

Although the need for our services continues to grow, so does our ambition, our passion, and our commitment to being a lifeline, a place of joy and belonging for autistic individuals and their families.



CASPA

TRUSTEES' REPORT

FOR THE PERIOD ENDED 31 AUGUST 2025

The Trustees present their annual report and financial statements for the period ended 31 August 2025.

The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the Charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)".

Objectives and activities

CASPA's objectives are to support the needs of autistic children, adults and their families. CASPA aims to improve their quality of life, promote their inclusion in their local communities and to help and support them to reach their full potential.

In pursuit of these objects, the charity's main activities during the year were:

Weekly youth social clubs: Tots, Juniors, Inters, Seniors, Drama, Football, Swimming

Weekly adult clubs: Future, Beyond, Infinity and CASPA Connects

Holiday and half term activities including daytime activities and overnight residential trips both for youth and adult members

Woodlodge overnight stays - supporting independence and life skill development

Pryzm, an LGBTQ+ programme for members 14 years+ (Closed as of 31/07/2024 as incorporated into our regular weekly Clubs)

Family activities including monthly walks and other activities, such as trips to the zoo

Parent/carer support group, parent activities and individualised support

Travel Training

Autistic advocacy

Public benefit

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the Charity should undertake. All the charitable activities undertaken by the charity support the needs of autistic individuals and their families in the Bromley area and support greater acceptance of CASPA's autistic community in the wider world.

Achievements and performance

Significant activities and achievements against objectives

During the year, the CIO focused on these strategic aims:

- To improve services to support Autistic individuals and their families
- To improve training and benefits for CASPA staff
- To improve the long-term governance and structure of CASPA.

CASPA improved services through analysing member and family feedback and extending services to include new Infinity programming, improve the current programme delivery and planning to open two new weekly youth Clubs in September 2025. Our services continue to deliver impactful support through a variety of formats which is detailed in this annual report.

CASPA offered all self-employed staff the opportunity to become employees with all the rights and benefits that this offers them, and provided a well overdue cost-of-living increase to all staff. We believe it was important to appropriately attract, support and reward our highly experienced and well-trained staff. This should help to retain current staff and attract new staff as needed.

CASPA

TRUSTEES' REPORT (CONTINUED)

FOR THE PERIOD ENDED 31 AUGUST 2025

Trustees of Children on the Autistic Spectrum Parent's Association (CASPA), charitable trust number 1110260, created CASPA, CIO number 1200786 on 21 October 2022 and became the Trustees for both entities. The trustees transferred assets, liabilities and operations from the charitable trust to the CIO as of 31 August 2024 which did not change the charitable objectives, beneficiaries or services of the organisation. In accordance with FRS102, this transaction was treated as a merger, and as such, these accounts include financial information from both the charitable trust and the CIO for the seventeen months from 1 April 2024 through 31 August 2025.

During the period, senior leaders undertook a rigorous recruitment of additional Trustees to strengthen our Board and better support CASPA's strategic growth. We communicated this change in structure with all stakeholders, including members and their families, suppliers and funders while making all the administrative changes that were required to operate as the new CIO. Unfortunately, this has negatively impacted our ability to access Trust & Foundation grants due to the extended reporting period pushing our income over £1,000,000 (over a 17-month reporting period).

Financial review

CASPA has maintained its financial position over the period beginning with careful financial control, despite decreasing grant funding and donations, which was largely offset by growth in member income and community fundraising and fundraising events.

The attached Financial Statements cover the 17 months to 31 August 2025. Total income for the accounting period was £1,074,770. Total funds of the charity as at 31 August 2025 were £340,573, comprising restricted funds of £62,389 and unrestricted funds of £278,184. As at 31 April 2024 total funds were £438,954, comprised of £374,857 in unrestricted funds and 64,097 in restricted funds.

Donations including Trust & Foundation grants have decreased by £107,835 from £457,653 in the previous period to £349,818 in the current period. This reflects the more difficult Trust and Foundation fundraising landscape generally as well as the challenge of fundraising when the previous period of 17 months, shows income over £1,000,000, which limits the number of funders to whom CASPA can apply as well as a significant one-off donation in the previous period.

Membership subscription income of £334,583 comprises 31% of total income, even after an increase in April 2025, the first increase in over five years. CASPA has intentionally attempted to keep membership subs as affordable as possible for members and families, despite our much higher cost of specialist delivery that is required for our members.

CASPA increased fundraising capacity and has successfully seen community fundraising and fundraising events grow from £285,998 for the period ended 31 March 2024 to £375,729 for the seventeen months ended 31 August 2025 due to the amazingly generous CASPA community of individuals and businesses that participate in or attend our fundraisers.

Fundraising events included CASPA's annual fundraising Ball in November, with a new successful Golf Day in September 2024 and another in September 2025. Challenge events have grown to include wing walking, skydiving, Three Peaks in 24 hours, and many 10K and Half Marathon challenges. These give CASPA supporters more ways to personally challenge themselves while fundraising for our charity. Additionally, there is continued growth in people connected to the CASPA community delivering in-aid-of fundraising events that make a huge financial difference for the charity. This includes the annual Fourdaysrunning and Walking event, which has been fundraising for CASPA for over fifteen years as well as one-off events such as being chosen as Chislehurst Golf Club's Charity of the Year.

Total expenditure increased from the previous period due to both the increase in delivery of charitable activities, fundraising, and support costs particularly IT, office and staff training costs, coupled with the cost-of-living increases given to staff.

Total expenditure for the period was £1,173,151 (prior period £765,929), of which:

Expenditure on charitable activities: £1,097,908 (prior period £715,296)

Raising funds (including fundraising and trading): £75,243 (prior period £50,633)

CASPA

TRUSTEES' REPORT (CONTINUED)

FOR THE PERIOD ENDED 31 AUGUST 2025

Going concern

Trustees have carried out an assessment of their charity's ability to continue as 'going concern' and determined that there are no material uncertainties relating to its going concern status.

Reserves policy

It is the policy of the charity that unrestricted funds which have not been designated for a specific use should be maintained at a level equivalent to between three to six month's expenditure. The trustees consider that reserves at this level will ensure that, in the event of a significant drop in funding, they will be able to continue the charity's current activities while consideration is given to ways in which additional funds may be raised. This level of reserves has been maintained throughout the period and were £278,184 as at 31 August 2025.

Major risks

Trustees have assessed the major risks to which the charity is exposed. Strategies are continually developed and reviewed to mitigate these risks. The Trustees consider the greatest risks to be safeguarding our vulnerable members, health and safety incidents and the short-term nature and unpredictability of funding. The Trustees and key management monitor these risks on an ongoing basis.

Plans for future periods

Over the next year, Trustees intend to focus on the following strategic priorities:

Opening the two new youth Clubs, Juniors and Seniors, in September 2025 to reduce waiting lists.

Supporting fundraising capacity and diversity of funding ensuring the long-term viability of the charity.

Evaluating future club openings in order to further reduce waiting list and increase impact of delivery services for members and families. Future openings will be based on the knowledge and impact that is gained through the Infinity Club opening in September 2024 and the September 2025 openings.

These plans are dependent on the continued availability of sufficient funding and operational capacity. The Trustees will keep this under review in light of the external environment and the charity's financial position.

Structure, governance and management

CASPA is a Charitable Incorporated Organisation registered with the Charities Commission (registered number 1200786). On 31 August 2024, Children on the Autistic Spectrum Parents Association (registered number 1110260) transferred all assets, liabilities and operations to CASPA. This transfer changed nothing about the services CASPA delivers or the core principles underpinning our services, and allows the charity to operate with a more robust and sustainable structure.

FRS102 has required that CASPA report consolidated financials from both the Charitable Trust, from 1 April 2024 through 31 August 2024 combined with the CIO's results from 31 August, 2024 through 31 August 2025. This 17 month period reports income over £1M, but CASPA does not have annual income over £1M as seen in the Unaudited Annual Statement of Financial Activities.

The Trustees who served during the period and up to the date of signature of the financial statements were:

C Beacon	(Appointed 18 March 2025)
D A Osborn	(Appointed 18 March 2025)
T Ahlborn	(Appointed 18 March 2025)
D R Carpenter	(Appointed 18 March 2025)
A Stammers	(Appointed 18 March 2025)
H Smith	
S Harrison	
S Boyle	

TRUSTEES' REPORT (CONTINUED)

FOR THE PERIOD ENDED 31 AUGUST 2025

Recruitment and appointment of trustees

CASPA is overseen by its Trustees who meet at least 4 times per year. Trustees are elected after a skills-based selection process and inducted through meetings with the Senior Leadership Team. Induction includes visits to Clubs and staff events.

The Trustees are responsible for setting the CEO's salary and approving all senior leadership team remuneration. Trustees approve changes to overall pay bands, and any increases. The Senior Leadership Team manages individual performance and progression-related pay increases for staff.

None of the Trustees has any beneficial interest in the company. All of the Trustees are members of the company and guarantee to contribute £1 in the event of a winding up.

Organisational structure

CASPA is led by its CEO, who is supported by the senior leadership team and programme delivery managers. This group work to contribute to the delivery of the strategic objectives approved by the Trustees. There are core service staff who support delivery staff in providing activities and services to our members.

The Trustees' report was approved by the Board of Trustees.



Trustee

Date:

10.4.26

STATEMENT OF TRUSTEES' RESPONSIBILITIES *FOR THE PERIOD ENDED 31 AUGUST 2025*

The Trustees are responsible for preparing the Trustees' Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the Trustees to prepare financial statements for each financial period which give a true and fair view of the state of affairs of the Charity and of the incoming resources and application of resources of the Charity for that period.

In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The Trustees are responsible for keeping sufficient accounting records that disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

INDEPENDENT AUDITOR'S REPORT TO THE TRUSTEES OF CASPA

Opinion

We have audited the financial statements of CASPA (the 'Charity') for the period ended 31 August 2025 which comprise the statement of financial activities, the balance sheet, the statement of cash flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion, the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 August 2025 and of its incoming resources and application of resources, for the period then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the Charities Act 2011.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the Charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

In auditing the financial statements, we have concluded that the Trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the Charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the Trustees with respect to going concern are described in the relevant sections of this report.

Other information

The other information comprises the information included in the annual report other than the financial statements and our auditor's report thereon. The Trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and we do not express any form of assurance conclusion thereon. Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit, or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 requires us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the Trustees' report; or
- sufficient accounting records have not been kept; or
- the financial statements are not in agreement with the accounting records; or
- we have not received all the information and explanations we require for our audit.

INDEPENDENT AUDITOR'S REPORT (CONTINUED) TO THE TRUSTEES OF CASPA

Responsibilities of Trustees

As explained more fully in the statement of Trustees' responsibilities, the Trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the Trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error. In preparing the financial statements, the Trustees are responsible for assessing the Charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the Trustees either intend to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with the Act and relevant regulations made or having effect thereunder.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

The extent to which our procedures are capable of detecting irregularities, including fraud, is detailed below.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/auditorsresponsibilities>. This description forms part of our auditor's report.

Other matters

The financial statements comparatives for the period ended 31 March 2024 were unaudited.

Your attention is drawn to the fact that the charity has prepared financial statements in accordance with "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)" (as amended) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has now been withdrawn.

This has been done in order for the financial statements to provide a true and fair view in accordance with current Generally Accepted Accounting Practice.

Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.



Louise Hallsworth FCA (Senior Statutory Auditor)

For and on behalf of Affinia (Orpington), Statutory Auditor

Chartered Accountants

Lynwood House

Crofton Road

Orpington

BR6 8QE

Date: 14 April 2026

CASPA

STATEMENT OF FINANCIAL ACTIVITIES INCLUDING INCOME AND EXPENDITURE ACCOUNT

FOR THE PERIOD ENDED 31 AUGUST 2025

		Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
	Notes						
Income from:							
Donations and legacies	3	151,054	198,764	349,818	210,647	247,006	457,653
Charitable activities	4	334,583	-	334,583	333,926	-	333,926
Other trading activities	5	375,729	-	375,729	285,998	-	285,998
Investments	6	14,640	-	14,640	2,990	-	2,990
Total income		876,006	198,764	1,074,770	833,561	247,006	1,080,567
Expenditure on:							
Raising funds	7	75,243	-	75,243	50,633	-	50,633
Charitable activities	8	897,436	200,472	1,097,908	485,683	229,613	715,296
Total expenditure		972,679	200,472	1,173,151	536,316	229,613	765,929
Net income/(expenditure) and movement in funds		(96,673)	(1,708)	(98,381)	297,245	17,393	314,638
Reconciliation of funds:							
Fund balances at 1 April 2024		374,857	64,097	438,954	77,612	46,704	124,316
Fund balances at 31 August 2025		278,184	62,389	340,573	374,857	64,097	438,954

The statement of financial activities includes all gains and losses recognised in the period. All income and expenditure derive from continuing activities.

CASPA

BALANCE SHEET

AS AT 31 AUGUST 2025

	Notes	2025 £	£	2024 £	£
Fixed assets					
Tangible assets	15		37,266		61,529
Current assets					
Debtors	16	20,012		2,696	
Cash at bank and in hand		341,672		394,509	
		<u>361,684</u>		<u>397,205</u>	
Creditors: amounts falling due within one year	17	<u>(58,377)</u>		<u>(19,780)</u>	
Net current assets			<u>303,307</u>		<u>377,425</u>
Total assets less current liabilities			<u>340,573</u>		<u>438,954</u>
The funds of the Charity					
Restricted income funds	20	62,389		64,097	
Unrestricted funds	21	278,184		374,857	
		<u>340,573</u>		<u>438,954</u>	

The financial statements were approved by the Trustees on 10/4/26



Trustee

CASPA

STATEMENT OF CASH FLOWS

FOR THE PERIOD ENDED 31 AUGUST 2025

	Notes	2025 £	£	2024 £	£
Cash flows from operating activities					
Cash (absorbed by)/generated from operations	24		(67,477)		330,180
Investing activities					
Investment income received		14,640		2,990	
Net cash generated from investing activities			14,640		2,990
Net cash generated from financing activities			-		-
Net (decrease)/increase in cash and cash equivalents			(52,837)		333,170
Cash and cash equivalents at beginning of period			394,509		61,339
Cash and cash equivalents at end of period			341,672		394,509

NOTES TO THE FINANCIAL STATEMENTS FOR THE PERIOD ENDED 31 AUGUST 2025

1 Accounting policies

Charity information

CASPA is a Charitable Incorporated Organisation. The registered address is Community House, South Street, Bromley, Kent.

1.1 Reporting period

The Charity's current period financial statement run from the 1 April 2024 to the 31 August 2025 and the comparatives are from 22 October 2022 to 31 March 2024,

1.2 Basis of preparation

The financial statements have been prepared in accordance with the Charity's governing document, the Charities Act 2011, FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland" and the Charities SORP "Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102)". The Charity is a Public Benefit Entity as defined by FRS 102.

The financial statements have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a true and fair view. This departure has involved following the Statement of Recommended Practice for charities applying FRS 102 rather than the version of the Statement of Recommended Practice which is referred to in the Regulations but which has since been withdrawn.

The financial statements are prepared in sterling, which is the functional currency of the Charity. Monetary amounts in these financial statements are rounded to the nearest £.

The financial statements have been prepared under the historical cost convention, [modified to include the revaluation of freehold properties and to include investment properties and certain financial instruments at fair value]. The principal accounting policies adopted are set out below.

1.3 Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

1.4 Charitable funds

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of their charitable objectives.

Restricted funds are subject to specific conditions by donors or grantors as to how they may be used. The purposes and uses of the restricted funds are set out in the notes to the financial statements.

Endowment funds are subject to specific conditions by donors that the capital must be maintained by the Charity.

1.5 Income

Income is recognised when the Charity is legally entitled to it after any performance conditions have been met, the amounts can be measured reliably, and it is probable that income will be received.

Cash donations are recognised on receipt. Other donations are recognised once the Charity has been notified of the donation, unless performance conditions require deferral of the amount. Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 AUGUST 2025

1 Accounting policies

Legacies are recognised on receipt or otherwise if the Charity has been notified of an impending distribution, the amount is known, and receipt is expected. If the amount is not known, the legacy is treated as a contingent asset.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

1.6 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement, and the amount of the obligation can be measured reliably.

Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges are allocated on the portion of the asset's use.

All expenditure is inclusive of irrecoverable VAT.

1.7 Tangible fixed assets

Tangible fixed assets over £5,000 are initially measured at cost and subsequently measured at cost or valuation, net of depreciation and any impairment losses.

Depreciation is recognised so as to write off the cost or valuation of assets less their residual values over their useful lives on the following bases:

Fixtures and fittings	4 years straight line
Motor vehicles	5 years straight line

The gain or loss arising on the disposal of an asset is determined as the difference between the sale proceeds and the carrying value of the asset, and is recognised in the statement of financial activities.

1.8 Impairment of fixed assets

At each reporting end date, the Charity reviews the carrying amounts of its tangible assets to determine whether there is any indication that those assets have suffered an impairment loss. If any such indication exists, the recoverable amount of the asset is estimated in order to determine the extent of the impairment loss (if any).

1.9 Cash and cash equivalents

Cash and cash equivalents include cash in hand, deposits held at call with banks, other short-term liquid investments with original maturities of three months or less, and bank overdrafts. Bank overdrafts are shown within borrowings in current liabilities.

1.10 Financial instruments

The Charity has elected to apply the provisions of Section 11 'Basic Financial Instruments' and Section 12 'Other Financial Instruments Issues' of FRS 102 to all of its financial instruments.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 AUGUST 2025

1 Accounting policies

Basic financial assets

Basic financial assets, which include debtors and cash and bank balances, are initially measured at transaction price including transaction costs and are subsequently carried at amortised cost using the effective interest method unless the arrangement constitutes a financing transaction, where the transaction is measured at the present value of the future receipts discounted at a market rate of interest. Financial assets classified as receivable within one year are not amortised.

Basic financial liabilities

Basic financial liabilities, including creditors and bank loans are initially recognised at transaction price unless the arrangement constitutes a financing transaction, where the debt instrument is measured at the present value of the future payments discounted at a market rate of interest. Financial liabilities classified as payable within one year are not amortised.

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of operations from suppliers. Amounts payable are classified as current liabilities if payment is due within one year or less.

1.11 Employee benefits

The cost of any unused holiday entitlement is recognised in the period in which the employee's services are received.

Termination benefits are recognised immediately as an expense when the Charity is demonstrably committed to terminate the employment of an employee or to provide termination benefits.

1.12 Retirement benefits

Payments to defined contribution retirement benefit schemes are charged as an expense as they fall due.

2 Critical accounting estimates and judgements

In the application of the Charity's accounting policies, the Trustees are required to make judgements, estimates and assumptions about the carrying amount of assets and liabilities that are not readily apparent from other sources. The estimates and associated assumptions are based on historical experience and other factors that are considered to be relevant. Actual results may differ from these estimates.

The estimates and underlying assumptions are reviewed on an ongoing basis. Revisions to accounting estimates are recognised in the period in which the estimate is revised where the revision affects only that period, or in the period of the revision and future periods where the revision affects both current and future periods.

The Charity makes estimates and assumptions concerning the future. The resulting accounting estimates and assumptions will, by definition, seldom equal the related actual results. The estimates and assumptions that have a significant risk of causing a material adjustment to the carrying amounts of assets and liabilities within the next financial year are discussed below.

Tangible fixed assets: The trustees annually assess both the residual value of these assets and the expected useful life of such assets which is currently judged to be up to 5 years, based on experience.

Going concern: Accounting standards require the trustees to consider the appropriateness of the going concern basis when preparing the financial statements. This requires the trustees to forecast the future trading and cash requirements of the charity along with other factors which could impact upon the business. Further information regarding the trustees assessment of going concern is found in the trustees report and accounting policy section.

CASPA

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE PERIOD ENDED 31 AUGUST 2025

3 Income from donations and legacies

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
Donations and gifts	102,522	-	102,522	71,208	-	71,208
Trust and Foundation grants	48,532	198,764	247,296	139,439	247,006	386,445
	<u>151,054</u>	<u>198,764</u>	<u>349,818</u>	<u>210,647</u>	<u>247,006</u>	<u>457,653</u>

4 Income from charitable activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Charitable activities		
Member income	225,160	170,541
Cafe income	-	24,175
Holiday and Saturday club income	23,312	15,000
Residential income	62,790	32,461
Family activities	1,419	1,453
Other income	21,902	90,296
	<u>334,583</u>	<u>333,926</u>

5 Income from other trading activities

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Fundraising events	<u>375,729</u>	<u>285,998</u>

6 Income from investments

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Interest receivable	<u>14,640</u>	<u>2,990</u>

CASPA

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE PERIOD ENDED 31 AUGUST 2025

7 Expenditure on raising funds

	Unrestricted funds 2025 £	Unrestricted funds 2024 £
Fundraising and publicity		
Other fundraising costs	75,243	50,633

8 Expenditure on charitable activities

	Charitable activities 2025 £	Heading #ac988 2025 £	Total 2025 £	Charitable activities 2024 £
Direct costs				
Staff costs	668,898	-	668,898	424,023
Depreciation and impairment	-	1,854	1,854	-
Staffing expenditure	33,321	-	33,321	95,030
Residential expenses	45,683	-	45,683	23,001
Club expenses	79,909	-	79,909	31,501
Holiday and saturday club expenses	29,505	-	29,505	27,645
Membership subscriptions	10,310	-	10,310	7,921
Rent / Venue hire	17,000	-	17,000	31,724
Community cafe expenses	-	-	-	6,745
DBS check	1,222	-	1,222	882
	885,848	1,854	887,702	648,472
Share of support and governance costs (see note 9)				
Support	195,314	-	195,314	58,236
Governance	14,892	-	14,892	8,588
	1,096,054	1,854	1,097,908	715,296
Analysis by fund				
Unrestricted funds	895,582	1,854	897,436	485,683
Restricted funds	200,472	-	200,472	229,613
	1,096,054	1,854	1,097,908	715,296

CASPA

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE PERIOD ENDED 31 AUGUST 2025

9 Support costs allocated to activities

	2025 £	2024 £
Depreciation	22,409	1,448
Insurance	4,481	5,140
Telephone	3,905	5,094
Postage and stationery	144	30
Advertising / Marketing	13,190	7,419
Travel and motor expenses	2,266	405
Bank charges	14,496	1,623
IT / Office and administration	52,339	19,515
Staff training	43,481	9,939
Other staff related costs	9,776	3,300
Sundry expenditure	26,974	4,323
Governance costs	16,745	8,588
	<u>210,206</u>	<u>66,824</u>
Analysed between:		
Charitable activities	<u>210,206</u>	<u>66,824</u>

Governance costs comprise:

	2025 £	2024 £
Audit fees	10,200	5,520
Accountancy	5,280	-
Legal and professional	1,165	2,914
Governance	100	154
	<u>16,745</u>	<u>8,588</u>

10 Net movement in funds

	2025 £	2024 £
The net movement in funds is stated after charging/(crediting):		
Fees payable for the audit of the charity's financial statements	10,200	5,520
Depreciation of owned tangible fixed assets	22,409	1,448
Impairment of owned tangible fixed assets	1,854	-
	<u></u>	<u></u>

11 Trustees

None of the Trustees (or any persons connected with them) received any remuneration or benefits from the Charity during the period.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)
FOR THE PERIOD ENDED 31 AUGUST 2025

12 Employees

The average monthly number of employees during the period was:

2025 Number	2024 Number
28	13

Employment costs

	2025 £	2024 £
Wages and salaries	615,204	386,868
Social security costs	35,079	25,525
Other pension costs	18,615	11,630
	<u>668,898</u>	<u>424,023</u>

The number of employees whose annual remuneration was more than £60,000 is as follows:

	2025 Number	2024 Number
£60,001 to £70,000	<u>1</u>	<u>-</u>

Remuneration of key management personnel

The remuneration of key management personnel was as follows:

The total remuneration and benefits received by key management personnel (including employer pension contributions and employer national insurance contributions) during the year was £258,667 (31 March 2024: £143,172).

13 Taxation

The charity is exempt from taxation on its activities because all its income is applied for charitable purposes.

14 Impairments

Impairment tests have been carried out where appropriate and the following impairment losses have been recognised in profit or loss:

	2025 £	2024 £
In respect of:		
Fixtures and Fittings	<u>1,854</u>	<u>-</u>

CASPA

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE PERIOD ENDED 31 AUGUST 2025

15 Tangible fixed assets

	Fixtures and fittings £	Motor vehicles £	Total £
Cost			
At 1 April 2024	7,647	58,841	66,488
At 31 August 2025	7,647	58,841	66,488
Depreciation and impairment			
At 1 April 2024	4,959	-	4,959
Depreciation charged in the period	834	21,575	22,409
Impairment losses	1,854	-	1,854
At 31 August 2025	7,647	21,575	29,222
Carrying amount			
At 31 August 2025	-	37,266	37,266
At 31 March 2024	2,688	58,841	61,529

More information on the impairment arising in the period is given in note 14.

16 Debtors

	2025 £	2024 £
Amounts falling due within one year:		
Trade debtors	16,376	2,696
Other debtors	1,716	-
Prepayments and accrued income	1,920	-
	20,012	2,696

17 Creditors: amounts falling due within one year

	Notes	2025 £	2024 £
Other taxation and social security		11,326	2,113
Deferred income	18	23,739	15,093
Trade creditors		14,315	433
Other creditors		2,702	701
Accruals		6,295	1,440
		58,377	19,780

CASPA

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE PERIOD ENDED 31 AUGUST 2025

18 Deferred income

	2025 £	2024 £
Other deferred income	23,739	15,093

Deferred income is included in the financial statements as follows:

	2025 £	2024 £
Deferred income is included within:		
Current liabilities	23,739	15,093
Movements in the period:		
Deferred income at 1 April 2024	15,093	-
Released from previous periods	(15,093)	-
Resources deferred in the period	23,739	15,093
Deferred income at 31 August 2025	23,739	15,093

19 Retirement benefit schemes

	2025 £	2024 £
Defined contribution schemes		
Charge to profit or loss in respect of defined contribution schemes	18,615	11,630

The Charity operates a defined contribution pension scheme for all qualifying employees. The assets of the scheme are held separately from those of the Charity in an independently administered fund.

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 AUGUST 2025

20 Restricted funds

The restricted funds of the charity comprise the unexpended balances of donations and grants held on trust subject to specific conditions by donors as to how they may be used.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 August 2025 £
3H	-	8,994	(8,994)	-
Access Sport	-	3,850	(3,850)	-
Awards for All	-	20,000	-	20,000
Backstage Trust	4,558	-	(4,558)	-
Bromley Children and Family Forum	5,025	-	(5,025)	-
City Bridge	7,380	-	(7,380)	-
Clothworkers	3,400	-	(3,400)	-
Garfield Weston Foundation	-	15,000	(15,000)	-
Hargreaves Trust	-	10,000	(2,015)	7,985
Innovation Fund	-	22,500	(19,006)	3,494
Jack Petchey	1,800	7,334	(6,351)	2,783
London Youth	-	1,918	(1,918)	-
Mercers	7,658	50,000	(34,934)	22,724
National Lottery	21,917	-	(21,917)	-
Sheldon	1,040	1,000	(2,040)	-
Sports England	10,036	3,660	(12,146)	1,550
Three Guineas Trust	20	30,000	(30,020)	-
Other	1,263	24,508	(21,918)	3,853
	<u>64,097</u>	<u>198,764</u>	<u>(200,472)</u>	<u>62,389</u>

CASPA

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED)

FOR THE PERIOD ENDED 31 AUGUST 2025

20 Restricted funds

Previous period:	At 22 October 2022 £	Incoming resources £	Resources expended £	At 31 March 2024 £
Access Sport	-	1,858	(1,858)	-
Backstage Trust	-	13,405	(8,847)	4,558
Bromley Children and Family Forum	18,826	18,599	(32,400)	5,025
City Bridge	13,780	20,000	(26,400)	7,380
Clothworkers	-	10,000	(6,600)	3,400
DWF Foundation	1,275	-	(1,275)	-
Friend of Phoenix	-	10,400	(10,400)	-
Garfield Weston Foundation	11,540	-	(11,540)	-
Jack Petchey	-	4,500	(2,700)	1,800
London Youth	-	1,800	(1,800)	-
Macintosh	-	4,758	(4,758)	-
Mercers	-	25,000	(17,342)	7,658
National Lottery	-	89,460	(67,543)	21,917
Sheldon	-	5,000	(3,960)	1,040
Sports England	-	14,786	(4,750)	10,036
TFL	-	5,440	(5,440)	-
Three Guineas Trust	20	10,000	(10,000)	20
Wates	-	10,000	(10,000)	-
Yorkshire BS	-	2,000	(2,000)	-
Other	1,263	-	-	1,263
	<u>46,704</u>	<u>247,006</u>	<u>(229,613)</u>	<u>64,097</u>

21 Unrestricted funds

The unrestricted funds of the charity comprise the unexpended balances of donations and grants which are not subject to specific conditions by donors and grantors as to how they may be used. These include designated funds which have been set aside out of unrestricted funds by the trustees for specific purposes.

	At 1 April 2024 £	Incoming resources £	Resources expended £	At 31 August 2025 £
General funds	<u>374,857</u>	<u>876,006</u>	<u>(972,679)</u>	<u>278,184</u>
Previous period:	At 22 October 2022 £	Incoming resources £	Resources expended £	At 31 March 2024 £
General funds	<u>77,612</u>	<u>833,561</u>	<u>(536,316)</u>	<u>374,857</u>

CASPA

NOTES TO THE FINANCIAL STATEMENTS (CONTINUED) FOR THE PERIOD ENDED 31 AUGUST 2025

22 Analysis of net assets between funds

	Unrestricted funds 2025 £	Restricted funds 2025 £	Total 2025 £
At 31 August 2025:			
Tangible assets	37,266	-	37,266
Current assets/(liabilities)	240,918	62,389	303,307
	<u>278,184</u>	<u>62,389</u>	<u>340,573</u>
	Unrestricted funds 2024 £	Restricted funds 2024 £	Total 2024 £
At 31 March 2024:			
Tangible assets	61,529	-	61,529
Current assets/(liabilities)	313,328	64,097	377,425
	<u>374,857</u>	<u>64,097</u>	<u>438,954</u>

23 Related party transactions

There were no disclosable related party transactions during the period (2024 - none).

24	Cash (absorbed by)/generated from operations	2025 £	2024 £
	(Deficit)/surplus for the period	(98,381)	314,638
	Adjustments for:		
	Investment income recognised in statement of financial activities	(14,640)	(2,990)
	Depreciation and impairment of tangible fixed assets	24,263	1,448
	Movements in working capital:		
	(Increase) in debtors	(17,316)	(2,696)
	Increase in creditors	29,951	4,687
	Increase in deferred income	8,646	15,093
	Cash (absorbed by)/generated from operations	<u>(67,477)</u>	<u>330,180</u>

25 Analysis of changes in net funds

The Charity had no material debt during the year.

Unaudited Addendum of Annual Statement of Financial Activities

For the year ended 31 August 2025 and 31 August 2024

The Trustees present this Addendum to the financial statements to provide additional financial information for the period relating to the year ended 31 August 2025. The purpose of this addendum is to disclose the unaudited Statement of Financial Activities (SOFA) for the year ended 31 August 2025, together with comparative figures for the year ended 31 August 2024.

In accordance with merger accounting principles under the Charities SORP (FRS 102), the reporting period reflects the activities of the consolidated entity following the transition from the former charitable trust to the Charitable Incorporated Organisation (CIO) structure on 31 August 2024. The combined accounting period therefore covers activity from 1 April 2024 to 31 August 2025, ensuring continuity and comparability across both legal entities.

The Trustees confirm that the figures presented in this addendum are based on management accounts and remain unaudited. They are provided to support transparency in financial reporting and to aid funders' understanding of the scale and operations of the charity during the stated reporting periods.

	Unrestricted Funds	Restricted Funds	Total	Total
	2025	2025	2025	2024
Income from:				
Donations and legacies	123,662	140,094	263,756	234,213
Charitable Activities	300,588		300,588	232,258
Other Trading Activities	259,518		259,518	274,946
Investments	<u>12,691</u>		<u>12,691</u>	<u>4,010</u>
Total Income	696,460	140,094	836,553	745,427
Expenditure on:				
Raising Funds	64,541		64,541	45,616
Charitable Activities	<u>677,178</u>	<u>110,635</u>	<u>787,813</u>	<u>593,870</u>
Total expenditure	741,719	110,635	852,354	639,486
Net income/(expenditure)	- <u>45,259</u>	<u>29,459</u>	- <u>15,801</u>	<u>105,941</u>
Reconciliation of funds:				
Beginning of the year	<u>323,443</u>	<u>32,930</u>	<u>356,373</u>	<u>250,432</u>
End of the Year	<u>278,184</u>	<u>62,389</u>	<u>340,573</u>	<u>356,373</u>

Programmes and Services

CASPA has delivered thousands of meaningful opportunities for autistic individuals and their families — reducing isolation, building independence, and ensuring autistic voices shape the support they receive. With 42% autistic or neurodivergent staff, our lived-experience workforce is central to everything we do.

Across all services, CASPA delivered 762 sessions with 14,506 session places utilised, supporting 1,218 individuals. Notably, 42% of CASPA's staff identify as autistic or neurodivergent, ensuring provision is informed by genuine lived experience at every level.

Tots & Family

102 Tots sessions · 781 bookings
16 Parent/Carer sessions · 97 bookings
35 Family trips · 643 bookings



Under 16's Clubs

151 club sessions · 4,387 bookings
49 trips & activities · 644 bookings
39 holiday clubs · 886 bookings



16+ Adult Services

126 sessions · 4,344 bookings
94 trips & activities · 1,393 bookings
13 Woodlodge overnight sessions · 99 bookings



Speciality Programmes

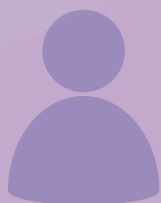
107 Drama sessions · 997 bookings
35 Swimming sessions · 318 bookings
65 Football sessions supported



Programmes at a Glance

14,506

Session Places Utilised



762

Sessions Delivered



1,218

Individuals Supported

27

Families on a Supported Residential

190

Families at Celebration Event

121

Connects Members

Tots & Family Services

CASPA's Tots and Family Services provide early intervention and whole-family support for autistic children aged 0–4 and their families.

Tots Club runs twice weekly. Parents and children attend together, helping children develop confidence, engagement, and early developmental skills within an autism-informed environment. During the second half of each session, children are supported by trained staff in soft play, providing parents and carers with a valuable period of respite.

CASPA's Family Services offer inclusive family outings, walks, and events for autistic individuals and their families of all ages, creating opportunities to build connections and access shared experiences. This whole-family approach improves wellbeing and strengthens long-term outcomes for autistic children and their families.

Programme Structure

Tots Club ages 3-4, 2 sessions per week in Bromley

Family Walk all ages, monthly

Family Outing all ages, monthly

Parent/Carer Drop-Ins & Meet-Ups 4 monthly

Challenges We Address

- Isolation and loneliness
- Parents lacking confidence in understanding their child's needs
- Challenges with socialisation and unfamiliar environments
- Barriers to accessing inclusive community opportunities
- Families navigating complex challenges without peer support

"As a parent to a non-verbal child with ASD the world can feel lonely but CASPA makes sure nobody is lonely and nobody is excluded.

I met lots of great people through my time with CASPA Tots and the staff are just beautiful, amazing people."



Under 16's Programmes

CASPA's Under 16's term-time weekly social clubs provide autistic children and young people with structured opportunities to socialise, build friendships, and develop life skills in a safe, autism-informed environment.

Delivered through our Juniors, Inters, and Seniors clubs, sessions include activities such as cooking, sports, crafts, sensory play, science, and team games. Each activity is designed to support communication, emotional regulation, independence, and self-confidence.

Juniors (age 5–8)

49 sessions **1,190**
bookings 1 session per
week in Orpington

Inters (age 9–12)

51 sessions **1,448**
bookings 1 session per
week in Orpington

Seniors (age 11–16)

51 sessions **1,749**
bookings 1 session per
week in Orpington

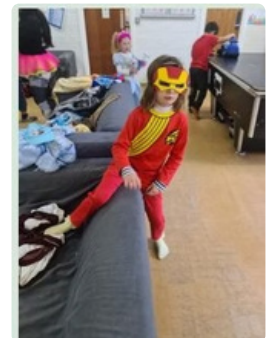
Case Study: Caitlyn's Story

Caitlyn first came to CASPA when she was three and attended Tots before transitioning to Juniors when she started school. At that time, Caitlyn had a very limited number of words and would struggle to play alongside other children. Her behaviour often became physical, and transitions were always very difficult.

During the two years she has attended Juniors, Caitlyn has blossomed. Her confidence has grown alongside her speech, and she is now able to tell staff what is upsetting her.

She loves routine: at snack time, she calls out to the other children alongside staff — with the biggest smile on her face. She has developed friendships and now attends birthday parties with friends from CASPA.

**"We know they
are safe in your
hands, and always
have the best
time." - Caitlyn's
Mum**



Case Study: Leo's Journey

Leo joined CASPA in our Tots group as a non-speaking child with significant support needs. He was a runner and frequent absconder — unable to communicate his needs verbally, he often became dysregulated and physical.

For his family, daily life revolved around safety and constant supervision. Doors were kept locked. Outings required a specially adapted pram.



Following the pandemic, Leo's family returned to CASPA seeking something that had been missing for years: opportunity, belonging, and friendship. He began attending CASPA football and family activities.

With consistent staffing, structured sessions, and predictable routines, Leo began to thrive.

Today, Leo attends Seniors weekly and has participated in residential trips. He has a large friendship group that extend beyond CASPA. He asks to attend trips and actively participates in sports and team activities that his family once believed would not be possible.

“There was a time when Leo's world revolved around safety plans and locked doors. Now, it revolves around friends, football, residential, and the next trip on the calendar.”

Resilience Through Adversity

Leo was recently diagnosed with Crohn's disease. He experienced a challenging time, including six weeks on a restrictive liquid diet and ongoing hospital appointments.

Despite this, Leo continues to attend Seniors every week and joins trips with his friends, even when those trips involve food he cannot eat.

Connection matters more to Leo than avoidance and Seniors remains the highlight of his week.

16+ Adult Services: Futures, Beyond & Infinity

CASPA's 16+ programmes are delivered through our Futures, Beyond, and Infinity clubs. These weekly sessions focus on building confidence, promoting independence, and supporting emotional wellbeing through activities such as cooking, sports, and supported community access.

In November 2024, CASPA strengthened its adult provision by relocating Futures and Beyond to West Wickham and Shirley Baptist Church, providing access to improved facilities including a sports hall, kitchen, and quiet space.

At the same time, CASPA launched Infinity — a new weekly club for autistic adults aged 30+, ensuring continued support beyond existing age-based provision.

In total, CASPA delivered **126 16+ sessions with 4,344 bookings**, plus **94 trips and activities with 1,393 bookings**.

Futures (16–22)

48 sessions **1,884 bookings** West Wickham, weekly

Beyond (22–30)

48 sessions **2,077 bookings** West Wickham, weekly

Infinity (30+)

17 sessions **284 bookings** West Wickham, bi-weekly (launched Nov 2024)

Woodlodge

13 overnight sessions **99 bookings** Monthly residential life skills

"CASPA give you life skills to be more independent such as travel training, how to cook and how to talk to people... CASPA are like one big family — we have all made friends for life."

Speciality Programmes

CASPA's Speciality Programmes complement weekly social clubs by focusing on structured skill development, emotional wellbeing, creativity, and independence.



Swimming Programme

Launched September 2024 in partnership with Access to Sport and Zambezi Swim School. 9 children per session across four 10-week blocks, with 3 CASPA staff in the pool.



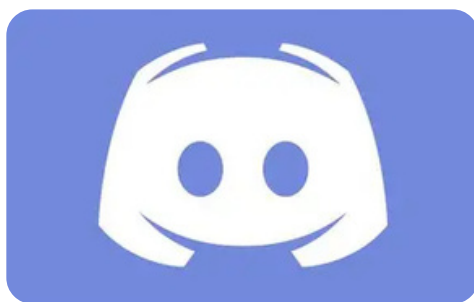
Drama Programme

Sessions provide structured, creative environments supporting confidence, communication, and self-expression. The programme includes Summer and Christmas shows and CASPA's Got Talent.



Woodlodge Residential

Monthly life skills residential sessions in a fully equipped flat. Members practise cooking, cleaning, laundry, and self-care in a safe, supported environment, building independence and providing valuable family respite.



CASPA Connects

Online moderated peer support via Discord. 15–20 members actively engage per moderated session. 11 hours of professional moderation weekly ensure safety and safeguarding.

Targeted Intervention Project

In April 2025, CASPA launched a targeted intervention project. This provided additional short-term support to autistic children who would benefit from enhanced support but did not require full-time one-to-one provision. Each half term, 12 children were selected for a three-term period.

This targeted approach enabled staff to work closely with individuals to support specific developmental goals, improve social engagement, and increase confidence within the group environment.

Several members progressed to independently engaging with peers. Some demonstrated increased confidence outside CASPA, including improved peer interactions in school. The intervention strengthened staff understanding of individual needs, improving overall quality of support across CASPA programmes.



Travel Training Course

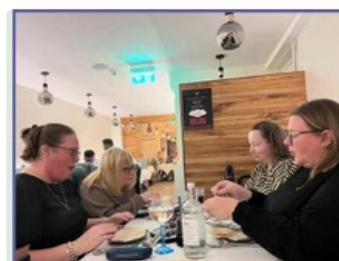
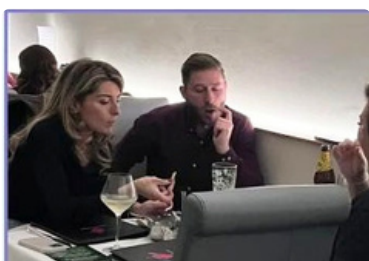
Our Travel Training Programme in partnership with London Borough of Bromley ran from November 2024 to June 2025, supporting autistic individuals aged 16 and over to develop the practical skills, safety awareness and confidence to travel independently.

The course was designed around real-world learning, covering route planning, road and public transport safety, managing unexpected changes, and building resilience when navigating the community.

We delivered 10 structured courses, supporting groups of five participants at a time. In total, 50 individuals aged 16+ completed the programme, including 14 autistic individuals who were not existing CASPA members, extending our impact beyond our core services.

Parent/Carer Support & Community

CASPA's commitment to whole-family support extends beyond the children and adults in its clubs. Through Parent/Carer Support Sessions, WhatsApp communities, and dedicated social events, such as our Parent/Carer Curry Night CASPA creates a space where parents and carers feel understood, supported, and less alone.



"These moments of connection are vital for our well-being, helping us feel supported and less alone. I'm already looking forward to the next meeting, to laugh, share, and remind each other of the strength we find in community, this is the power of CASPA."

Holiday Provision & Residentials

CASPA's holiday provision plays a vital role in service delivery. Holiday clubs, Multi Activity Days, trips, and our Under 16s and Adult residential programmes are particularly important for families during periods of routine change, providing consistency, structure, and meaningful engagement. These programmes enable members to develop life skills, confidence, and resilience while also providing valuable respite for families and carers.

Under 16's Trips

49 trips & activities · 644 bookings
39 holiday club days · 886 bookings
included visits to Thorpe Park, London Zoo, Paddleboarding, Water Park, Bowling, Laser Combat, Swimming

16+ Trips & Activities

94 trips & activities · 1,393 bookings
Community outings, cultural visits, nature experiences, social events promoting independence

Family Trips

35 trips & activities · 643 bookings
Theatre visits, beach trips, activity centres, inclusive leisure — building positive shared family experiences

Residentials

Sailing (12 young people, age 12–16)
Outdoor adventure (54 children, age 8–16) PGL (53 young people) Adult residentials (60 adults)



"CASPA has given my daughter the chance to engage in many activities that would otherwise be inaccessible for her... She has spent time on residential trips which has given much-needed respite for our family."

Rose's Story: A Raw Bacon Sandwich & a Life Changed

Rose, aged 15, had withdrawn significantly — exhausted by the pressures of school and daily masking. After school she would retreat to her room, rarely leaving the house, with no friendships to speak of. When the sailing residential was first suggested, she immediately rejected it.

It was a raw bacon sandwich on Father's Day morning that prompted her mum to gently raise it again. The talked about the benefits: learning cooking, cleaning, and the chance to meet new people.

As the trip approached, Rose was unsure then decided she couldn't go. Her mum gave her a choice: sulk her way through, or go with an open mind and possibly have the time of her life. Rose chose the adventure.



During the trip Rose made friends, was often laughing and smiling and even climbed to the top of the mast!

Rose went home, exhausted but glowing, carrying two certificates: one for sailing, one from CASPA awarding her the **'Social Butterfly'** title. She had woken early to watch the sunrise. She could not stop talking.

Since the trip, Rose has spent less time in her room and more time with family, helping around the house. She is chatting with new friends about what to wear to the Friday night club at CASPA — which she is now excited to attend again.

"You have given her back her confidence, her smile, and her friendships. It has been truly life-changing." — Rose's Mum

Advocacy & Partnership

CASPA plays a vital role in advocating for autistic individuals and families, working in partnership with local authorities, NHS services, and community organisations to improve understanding, accessibility, and inclusion. Through collaborative events, strategic partnerships, and autistic-led projects, CASPA supports families to access services, influences local provision, and ensures autistic voices are heard in shaping support and awareness across the community.

Autism Celebration and Autistic Voice Project – April 2024

In partnership with the London Borough of Bromley, NHS South East London, and the Bromley All Age Autism Partnership, CASPA delivered a large-scale Autism Celebration Day supporting **190 families**.

The event brought together local services to provide accessible information and support, alongside inclusive activities including sports, gaming, yoga, and sensory activities. CASPA staff supported autistic children throughout, enabling parents and carers to engage with service providers.

deliver an autistic-led engagement project. Focus groups with autistic individuals identified key areas where greater understanding was needed, leading to the co-production of awareness videos, communication cards, information leaflets, and awareness badges.

The campaign will culminate in a collaborative launch with Bromley Children's Project in September 2025, followed by wider distribution at the SEND Local Offer event in October 2025.

Inclusive Community Partnerships	Autistic-Led Focus Groups	Strengthening Local Systems
CASPA supported inclusivity festivals in partnership with Mencap and CANDI in September 2024 and July 2025, enabling autistic individuals to safely access community services	CASPA facilitated autistic-led focus groups, ensuring lived experience directly informs service development and resource co-production across the borough	Advocacy and partnership work increased awareness across services, supported family access to appropriate support, and strengthened collaboration between the voluntary sector, health, and local authority partners