



Trustees' Annual Report for the period

From 1st April 2024 to 31st March 2025

Charity name: Brighter Futures Yorkshire

Charity registration number: 1200756

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	The objects for which the organisation is established are, within the area of North Yorkshire: 1) To enable and empower everyone experiencing mental health challenges to live with, manage and recover from their condition. 2) To relieve the needs of people with mental health conditions by working to increase the understanding of mental health and mental health challenges by gathering and sharing information and working to raise awareness, promote understanding and challenge stigma and discrimination.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We provide a range of peer support services for people who experience mental health issues reducing social isolation and encouraging individuals to share experiences and approaches to the management of mental illness. We have achieved this by delivering a weekly one-and-a-half-hour peer support group, a weekly two-hour creative arts group. We have also organised day trips for participants across the local region as well as an annual holiday.</p> <p>We have also worked with a range of other local organisations sharing information on our services and developing best practice. These include Tees, Esk and Wear Valleys NHS Foundation Trust, The National Trust, North Yorkshire Youth, Selby District Association of Voluntary Services, North Yorkshire Council, and local GP surgeries. We receive and make referrals to and from Tees, Esk and Wear Valleys NHS Foundation Trust, our local Crisis Service and GP surgeries. We also signpost to third sector organisations including Rethink, the</p>

		Samaritans and for young people Papyrus and Shout.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The charity trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the public benefit guidance published by the Charity Commission.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	The charity has two occasional volunteers who contribute to the delivery of ArtWell sessions. The trustees would like to take this opportunity to express our gratitude to the volunteers.
Other		

Achievements and Performance

	SORP reference	
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<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>Despite limited funds and time, we have continued to run and facilitate our weekly peer support group. This has provided a supportive space where participants can build friendships and then explore any mental health issues that they may be experiencing. We have developed a positive relationship with venue owners who continue to support the group and work of the charity. We continue to meet in a local café which provides a good balance between feeling included in the local community and maintaining privacy. This has helped our participants to feel included in society and has also helped to challenge some of the stigma around mental ill health.</p> <p>ArtWell, our weekly creative group has continued to operate and engages participants in a wide range of varied creative activities. These activities are delivered free to all participants something which we are proud to be able to do despite the rising costs of materials. Delivered on Saturday mornings in the local Citizens Advice office, the group provides a more intimate and confidential space for challenging topics to be explored amongst peers in a supported way.</p> <p>We have enjoyed a variety of day trips for participants across the local region as well as an annual holiday to Shropshire. These have been a fabulous success enabling participants who are often reliant on benefits to enjoy a holiday break. The charity has been able to make small financial contributions to subsidise the cost of the holidays making them affordable for all participants. These have and remain a highlight of the year and help to strengthen the peer relationships of participants and subsequently the efficacy of our weekly support groups.</p> <p>We have continued to develop links with a range of other local organisations sharing information on our services and developing best practice. These include Tees, Esk and Wear Valleys NHS Foundation Trust, Selby District Association of Voluntary Services, North Yorkshire Council, and local GP surgeries. Following the success of Picture Positive in 2024, we are hoping to be able to deliver a further project exploring place and wellbeing during 2025. We have received and make referrals to and from Tees, Esk and</p>
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		Wear Valleys NHS Foundation Trust, our local Crisis Service and GP practices.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
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Performance of fundraising activities against objectives set	Para 1.41	
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Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	£---- restricted funds £---- unrestricted funds £---- total funds
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity aims to hold a reserve of £500 to cover the cost of insurance and email hosting. This will allow the charity to continue to function for approximately 12 months in the event of a loss of any other income. Given this event the charity would be able to sustain its core function of providing a weekly peer support group as this is delivered in a way that incurs no additional costs.
Amount of reserves held	Para 1.22	£500
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	No deficits
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	The trustees are confident that the charity is solvent and able to continue to deliver its objectives

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	

Other Expenditure Categories		
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Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	CIO – Foundation Model Constitution whose only voting members are its charity trustees
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation (CIO)
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<p>Open advertisement and interview process for all trustees leading to recommendation to the board.</p> <p>In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	<p>The charity trustees will make available to each new charity trustee, on or before his or her first appointment:</p> <ul style="list-style-type: none"> (a) a copy of the current version of the constitution; and (b) a copy of the CIO's latest Trustees' Annual Report and statement of accounts
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The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Brighter Futures Yorkshire
Other name the charity uses	
Registered charity number	1200756
Charity's principal address	16 Lockton Court Church Fenton Tadcaster LS24 9UT

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Robert Bennett	Chair		
2	Lisa Healy			
3	Colin Watts			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
nil		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
nil		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	No assets
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity’s trustees

Signature(s)

	
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Full name(s)

Robert Bennett	
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**Position (eg Secretary,
Chair, etc)**

Chair	
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Date

30 th December 2025

NB. Please see additional Chair’s Report, included below

Chair's report

Summary of Activities and Achievements

In the 2024 / 25 year the charity has directly delivered

- A weekly peer support group
- A weekly creative group 'ArtWell'
- Day trips to local attractions including trips to the coast
- An annual holiday

Financial Review

In the 2024 / 25 year income was £1652 (2023 / 24: £6993) and expenditure was £2181 (2023 / 24: £8308) resulting in a net loss of £529 (2023 / 24: -£1315) and year end cash funds of £968.

In the 2024 / 2025 year the charity was awarded new grants by North Yorkshire County Council Stronger Communities Fund

Grant income was £1000 (2023 / 2024: £5622).

The net loss is therefore attributable to reduced grant income and the higher costs associated with increasing levels of activity.

Unrestricted year end funds have fallen to £936 (2023 / 24: £1497).

Public Benefit

The charity's activities enable and empower everyone experiencing mental health challenges to live with, manage and recover from their condition. We work to relieve the needs of people with mental health conditions by increase the understanding of mental health and mental health challenges by gathering and sharing information and working to raise awareness, promote understanding and challenge stigma and discrimination. We build confidence, lessen social isolation and provide skills for people with mental ill-health. In 2024 / 2025 our activities have been attended by 12 individuals.

Governance and Management

The charity is a CIO governed by its governing document. In 2024 / 25 no new trustees have been appointed and none have resigned. Trustees have a broad range of skills, meetings are held monthly with a meeting in June designated as the Annual General Meeting.

The charity has up to date and regularly reviewed policies on safeguarding, GDPR, volunteering and Equality and Diversity.

In 2024 / 2025 the charity has maintained its website and run social media accounts on facebook, and Instagram.

Thank You

The trustees would like to take this opportunity to acknowledge the hard work of the charity's volunteers. We are grateful to all the funding organisations and individuals who have supported the charity in all its valuable work throughout the year.

Outlook

The charity is well positioned to continue to deliver its charitable objectives over coming years. The weekly support group and ArtWell are expected to maintain their size with potential for further growth.

Financially the charity will focus on continuing to diversify income streams and increasing income from grants, trusts and income from delivery of bespoke projects. Costs will remain as low as possible.



Receipts and payments accounts

For the period from	Period start date	To	Period end date
	01/04/2024		31/03/2025

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations and legacies	-	-	-	-	-
Donations by individuals	652	-	-	652	1 371
Charitable activities	-	-	-	-	-
North Yorkshire Council Stronger Communities Grant	-	1 000	-	1 000	-
Performance related grant	-	-	-	-	3 500
Payment for Services	-	-	-	-	2 122
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	652	1 000	-	1 652	6 993
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	652	1 000	-	1 652	6 993
A3 Payments					
Charitable Activities	-	-	-	-	-
ArtWell Project	-	968	-	968	1 135
2024 Annual Brighter Futures Holiday	504	-	-	504	252
Citizens Advice Peer Support Group	-	-	-	-	22
Payment to Trustee to deliver Citizens Advice Peer Support Group	-	-	-	-	640
Make a Smile Youth Group Project	-	-	-	-	245
Payment to Trustee to deliver Make a Smile Youth Group Project	-	-	-	-	90
Picture Positive Project	-	-	-	-	1 808
Payment to Trustee to deliver Picture Positive Project	-	-	-	-	1 260
2023 Annual Brighter Futures Holiday	-	-	-	-	1 164
Other	-	-	-	-	-
Trustee Expenses	-	-	-	-	110
Mobile phone, email hosting	213	-	-	213	461
Insurance	363	-	-	363	554
Accountancy Fees	-	-	-	-	207
Sundry Post Office Fees	-	-	-	-	8
Refreshments & Hospitality	93	-	-	93	208
Zoom Computer Software Subscription	-	-	-	-	144
Computer Software Subscription	40	-	-	40	-
Sub total	1 213	968	-	2 181	8 308
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	1 213	968	-	2 181	8 308
Net of receipts/(payments)	- 561	32	-	- 529	- 1 315
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	1 497	-	-	1 497	-
Cash funds this year end	936	32	-	968	- 1 315

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Account	936	32	-
		-	-	-
		-	-	-
	Total cash funds	936	32	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	N/A	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	N/A		-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
	N/A		-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
	N/A		-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	R Bennett	R Bennett	18/01/2026	

