

Charity No: 1200600

SATIPATTHANA

ACCOUNTS FOR THE PERIOD ENDED 05 APRIL 2024

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SATIPATTHANA
ACCOUNTS FOR THE PERIOD ENDED 05 APRIL 2024

CHARITY INFORMATION

Trustees

J. R. Leaf	Treasurer	Appointed 1 October 2022
Floriane De Knoop	Trustee	Appointed 1 October 2022
Pauline Barthelemy	Trustee	Appointed 1 October 2022
Ilenia Liber	Trustee	Appointed 1 October 2022

Address

2 Burgh Street
 London
 N1 8HF

Independent Examiner

Mr. S. D. Davis FCA FCCA
 Expertax Limited
 42-44 Clarendon Road
 Watford
 Hertfordshire
 WD17 1JJ

Charity registration number: 1200600

Satipatthana

TRUSTEES REPORT FOR THE PERIOD ENDED 5TH APRIL 2024

Introduction

The trustees are pleased to present their report, accompanying the accounts for the period ended 5th April 2024.

Satipatthana is a charitable incorporated organization (CIO) which was registered on 6th October 2022. On the same date, it adopted its constitution which sets out the framework on which the Charity's activities are based.

Trustees are appointed at the annual general meeting (AGM), held each June and the current trustees as set out on the information page will be asked to continue at the next AGM.

About the charity and its governance

Satipatthana provides courses in insight meditation for the good physical and mental health of the participants. It operates in London.

The charity is mainly managed by the Treasurer Jarrod Leaf and volunteer Emilie Leaf but governance of the CIO is provided by the Trustees. The day-to-day management of the operations (and much of the volunteer work) is carried out by Jarrod and Emilie whilst the trustees provide ideas as to how to enhance and improve the Charity's service offerings as well as oversight.

Objectives and activities

The object of the charity is to preserve and protect good mental health for the public benefit by providing courses in Vipassana (Insight) meditation.

The main activity of the charity is to provide courses in Vipassana (Insight) meditation. This benefits the community by alleviating mental and physical suffering.

Contributions made by volunteers

The Trustees would like to thank Jarrod and Emilie who sacrificed their time and put in many hours of hard work; without such assistance, Satipatthana could not have made such a large impact and helped so many people.

Achievements and performance

The Charity has performed well, especially considering the limited funds and resources available to it.

During the year to 5th April 2024, the Charity taught the Vipassana Insight meditation technique to approximately 30 people during one 10 day retreat.

These people gave very good feedback and made donations to help cover the costs of a future retreat.

Financial review

Cash at bank was £1373 on the 5th April 2024, which comprises unrestricted funds. These funds are being held so that the Charity can continue to operate if its operating costs exceed its donations.

The main risk to the Charity is a loss of income due to the cost-of-living crisis.

The Charity relies entirely on income from its Vipassana meditation courses.

The Charity did not receive any grants from government or other charities.

Future plans

The plans for the 2024-25 year are to add more courses to the 10 day one and for different durations so as to be accessible to more people. Specifically, with sufficient demand, there will be 2 hour and 2 day ones - approximately every other month - as well as at least one 5 day course, in order to continue to increase the number of places available for participants to learn the technique.

Declaration

The Trustees declare that they have approved the trustees' report above.

Signed on behalf of the board of trustees

A handwritten signature in black ink, appearing to read 'Ilenia Liber', written over a dotted line.

Ilenia Liber
10/07/2024

SATIPATTHANA
ACCOUNTS FOR THE PERIOD ENDED 05 APRIL 2024
INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS

Report to the trustees of Satipatthana on the accounts for the period ended 05 april 2024, Charity No: 1200600 as set out on pages seven and eight.

I report to the trustees on my examination of the accounts of the above charity ('the Trust') for the period ended 05 April 2024.

Responsibilities and basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

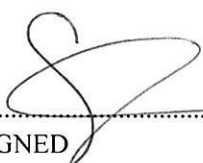
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that, in any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounting and Reports) Regulations 2008 other than any requirement that then accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


.....
SIGNED

10 July 2024
DATE

Mr. S. D. Davis FCA FCCA
Chartered Accountant

Expertax Limited
Chartered Certified Accountants & Registered Auditors
42-44 Clarendon Road
Watford
Hertfordshire
WD17 1JJ

SATIPATTHANA
ACCOUNTS FOR THE PERIOD ENDED 05 APRIL 2024
RECEIPTS AND PAYMENTS ACCOUNT

	<u>Period Ended 05 April 2024</u> <u>Unrestricted Funds</u>
Receipts	
Retreat Donations	8,343
Other income	
Total receipts	<u>8,343</u>
Payments	
Rent	6,250
Insurance and Website	540
Accountancy Fees	180
Other expenses	-
Total payments	<u>6,970</u>
Excess of receipts over payments	<u>1,373</u>
Cash funds at last year end	-
Cash funds at this year end	<u>1,373</u>

SATIPATTHANA
ACCOUNTS FOR THE PERIOD ENDED 05 APRIL 2024
STATEMENT OF ASSETS AND LIABILITIES

	<u>Year Ended 5th April 2024</u> <u>Unrestricted Funds</u>
Assets	
Cash at bank	1,373
Total assets	<u>1,373</u>
Liabilities	
	<u>-</u>
Total liabilities	
Net assets	<u>1,373</u>
Represented By	
Retained surplus	1,373
Total equity	<u>1,373</u>

The board of trustees has approved the receipts and payments account as set out on page five and the above statement of assets and liabilities.



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Signed on behalf of the board of trustees by
J. R. Leaf - Treasurer

10 July 2024
DATE