

ROCKY ROAD FOUNDATION

England & Wales · Charity number 1200593

Details

Status Registered

Legal form CIO

Registered 2022-10-06

Register [View on the Charity Commission register](#)

Contact

Address 6 Pottery Street
Swansea
West Glamorgan
SA1 2GA

Phone 07527069325

Email info@rockyroadfoundation.org.uk

Website www.rockyroadfoundation.org.uk

Activities

Objects: TO RELIEVE POOR MENTAL HEALTH AND PROMOTE AND PROTECT POSITIVE MENTAL HEALTH, AMONG ATHLETES AND PEOPLE INVOLVED IN SPORT AT ALL LEVELS WITHIN SOUTH WEST WALES, AND ULTIMATELY TO PREVENT SUICIDE. THIS WILL BE DONE BY: A) THE ADVANCEMENT OF EDUCATION OF MENTAL HEALTH ISSUES AND MENTAL WELLBEING FOR ATHLETES, PEOPLE INVOLVED IN SPORT, COACHES AND STAFF MEMBERS.B) PROVIDING MENTAL HEALTH SUPPORT AND INTERVENTIONS FROM QUALIFIED PRACTITIONERS TO REDUCE MENTAL ILL-HEALTH. C) PROMOTION AND DEVELOPMENT OF LIFE SKILLS TO PRO-LONG PARTICIPATION AND INVOLVEMENT WITHIN SPORT. D) LIAISING AND SIGNPOSTING TO EXTERNAL ORGANISATIONS AND SUPPORTING THE REFERRAL PROCESS WHEN REQUIRED.

Activities: Rocky Road Foundation aims to raise awareness of mental fitness and well-being in sporting communities through educating, mentoring and supporting.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes
- **Who:** Children/young People, Other Defined Groups

Geography

- Throughout Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£6,609	£2,327	-	-
2023-12-31	£2,000	£241	-	-

Trustees

Name	Role	Appointed
Natasha Perdue	Chair	2021-11-08
Dr Stephen Mellalieu		2021-11-08
James Ledger		2023-11-13
Noel Stephen Wellington		2021-11-08
Rebecca Wilson		2021-11-08

ROCKY ROAD FOUNDATION

England & Wales - Charity number 1200593

Accounts



Receipts and payments account

For the period from	Period start 1/1/2024	To
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
A1 Receipts			
Grants	325	6,284	-
Donations	362	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
Sub total (Gross income for AR)	687	6,284	-
A2 Asset and investment sales, (see table).			
	-	-	-
	-	-	-
Sub total	-	-	-
Total receipts	687	6,284	-
A3 Payments			
Internet Costs		53	-
Promotional Materials		1,239	-
Travel/refreshments	-	339	-
Insurance	178	-	-
IT Equipment	-	518	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
Sub total	178	2,149	-
A4 Asset and investment purchases, (see table)			
	-	-	-
	-	-	-
Sub total	-	-	-
Total payments	178	2,149	-

Net of receipts/(payments)	509	4,135	-
A5 Transfers between funds	-	-	-
A6 Cash funds last year end	1,759	-	-
Cash funds this year end	2,268	4,135	-

Section B Statement of

Categories	Details	Unrestricted funds to nearest £
	Current Account	2,268
		-
		-
	Total cash funds	2,268
	(agree balances with receipts and payments account(s))	OK

Details	Unrestricted funds to nearest £
	-
	-
	-
	-
	-
	-

Details	Fund to which asset belongs

Details	Fund to which asset belongs

Details

Fund to which liability relates

Signed by one or two trustees on behalf of all the trustees

Signature

Print Name

Natasha

o (if any)
200593

ounts

Period end date
12/31/2024

CC16a



Total funds

Last year

to the nearest £

to the nearest £

6,609	1,000
362	1,000
-	-
-	-
-	-
-	-
-	-

-	-
6,971	2,000

-	-
-	-
-	-

6,971	2,000
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53	26
1,239	215
339	-
178	-
518	-
-	-
-	-
-	-
-	-
2,327	241

-	-
-	-

2,327	241
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4,644	1,759
-	-
1,759	-
6,403	1,759



Restricted funds to nearest £	Endowment funds to nearest £
4,135	-
-	-
-	-
4,135	-

Must come to 6403

Restricted funds to nearest £	Endowment funds to nearest £
-	-
-	-
-	-
-	-
-	-
-	-

Cost (optional)	Current value (optional)
-	-
-	-
-	-
-	-
-	-

Cost (optional)	Current value (optional)
-	-
-	-
-	-
-	-
-	-

-	-
-	-
-	-
-	-

**Amount due
(optional)**

**When due
(optional)**

-	
-	
-	
-	
-	

lame

Perdue

Outgoing

Date	Description		Company	Amount	Balance
29.1.24	Domain Name RRF		1&1 Internet LTD	3.6	
23.2.24	Webpage poster design/barcode		Public Group Ltd	100	
28.2.24	Domain Name RRF		1&1 Internet LTD	3.6	
7.3.24	200 workshop posters printed		Eastside Printers	100	
27.3.24	Domain Name RRF		1&1 Internet LTD	3.6	
29.4.24	Domain Name RRF		1&1 Internet LTD	3.6	
19.4.24	Projector		Amazon	144.98	
30.5.24	Domain Name RRF		1&1 Internet LTD	3.6	
26.6.24	Gazibo		Events Branding	946.8	
27.6.24	Domain Name RRF		1&1 Internet LTD	3.6	
29.7.24	Domain Name RRF		1&1 Internet LTD	3.6	
29.8.24	Domain Name RRF		1&1 Internet LTD	3.6	
19.9.24	Insurance		Lloyd&Whyte	177.91	
27.9.24	Domain Name RRF		Ionos Cloud	3.6	
14.10.24	Leaflets		Eastside Printers	105	
29.10.24	Annual fee for domain name		Ionos Cloud	15.6	
27.11.24	Domain Name RRF		Ionos Cloud	3.6	
Total				1626.29	

Incoming

Date	Description	Company	Amount	Balance
29.12.23				1,758.60
1.2.24	People vote	Giving Fund	36.73	
15.2.24	ONA Grant - Training	Swansea Council	325	
2.4.24	Restricted Grant	National Lottery	5,284	
28.5.24	School workshop	Cwmnedd Primary	95	
17.10.24	Fundraiser	Luke Howard	70	
11.11.24	Fundraiser	Luke Howard	87.49	
25.11.24	Restricted Grant	Ground works	1000	
17.12.24	Fundraiser	Luke Howard	72.57	
Total			6970.79	

Month	Incoming	Outgoing	Restricted	Balance
Dec	1,758.60			1,758.60
Jan		3.60		
Feb	361.73	103.60		
March		103.60		1,909.53
April	5,284.00	3.60	5,284.00	7,189.93
May	95.00	45.34		7,239.59
June		950.40		6,289.19
July		3.60		6,285.59
August		247.48		6,038.51
Sept		181.51		
Oct	70.00	120.60		
Nov	1,087.49		1,000.00	
Dec	72.57	556.43		6,402.83
Total	8,729.39	2,319.76	6,284.00	

Incoming

Date	Description	Company	Amount	Balance
29.12.24				6,402.83
12.2.25	Fundraising event	Welsh Powerlifting	500	
6.3.25	Volunteering	HSBC	480	
17.3.25	Just giving		24	
1.4.25	Workshops	Swansea council	250	
Total			1253.75	

Month	Incoming	Outgoing	Restricted	
Dec				6,402.83
Jan		3.60		6,399.23
Feb	500.00	3.60		6,895.63
March	503.75	3.60		7,645.78
April	250.00	333.15		7,309.03
May		7.20		7,305.43
June		216.39		
July				
August				
Sept				
Oct				
Nov				
Dec				
Total	1,253.75	567.54	0.00	

Date	Outcoming	Description	Incoming	Company	Amount
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Balance

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England & Wales - Charity number 1200593

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	-	-	-
	-	-	-
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Promotional Materials		1,239	-
Travel/refreshments	-	339	-
Insurance	178	-	-
IT Equipment	-	518	-
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	-
	-
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	-
	-

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Signature

Print N

Natasha

o (if any)
200593

ounts

Period end date
12/31/2024

CC16a



Total funds

Last year

to the nearest £

to the nearest £

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362	1,000
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-
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-	-
-	-
-	-
-	-
-	-

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-	-
-	-
-	-
-	-
-	-

Cost (optional)	Current value (optional)
-	-
-	-
-	-
-	-
-	-

-	-
-	-
-	-
-	-

**Amount due
(optional)**

**When due
(optional)**

-	
-	
-	
-	
-	

lame

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Balance