



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period from

From 1 January 2023 to 31 December 2023

Charity name:HearSay Charitable Trust

Charity registration number: 1200556

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	(a) To provide professional counselling services for families, children and individuals affected by a range of impairing conditions such as psychological, mental health, behavioural or emotional problems, and/or physical, sensory or other disabilities as well as those affected by the health or disabilities of others, in Maidstone and the surrounding areas; (b) To provide such counselling particularly for those unable to afford private counselling or whose needs cannot be met by other agencies in a timely manner; (c) To further the training of counsellors and others who assist in helping persons with or affected by mental, physical, sensory or other disabilities; (d) To promote research into the challenges facing individuals with or affected by disabilities; (e) To collaborate with other organisations working in complementary or similar fields in the provision of professional counselling services for individuals with or affected by disabilities.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Subsidised one-to-one, family and couple counselling, in particular for those with a range of impairing conditions as set out in HearSay's objectives. Facilitation of support groups for parents of children with a range of behavioural and emotional difficulties, mainly school-based but also working with another charity locally that supports young carers.
Statement confirming whether the trustees have	Para 1.18	The Trustees are all fully aware of the Charity Commission guidance on public

had regard to the guidance issued by the Charity Commission on public benefit		benefit
---	--	---------

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	Not applicable
Policy on social investment including program related investment	Para 1.38	Not applicable
Contribution made by volunteers	Para 1.38	HearSay Charitable Trust relies heavily on volunteers. Both the Treasurer and the Clerk to the Trustees are volunteers.
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	From evaluations of individual and family counselling sessions submitted at the end of their series of eight sessions (which is the most commonly received number of sessions), it is evident that clients have benefitted considerably from the counselling they have received. The charity acquired the services of an equine therapist, and the clients referred to her, mainly children, have been helped considerably by this form of counselling. The school-based parent support groups have also been well-received, enabling parents to discuss concerns within the group and learn from each other as well as from the facilitating counsellor. The schools also benefit, for example from improved relationships with the parents and less disruptive behaviour from pupils.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	HearSay Charitable Trust set the following objectives in its Business Plan covering the period 2022 to 2025: - To increase the number of clients by 10% and increase the number of counselling hours in the first year of the plan. - To support families and carers of students in four schools in the local area. - To improve the organisation of the Trust, and thereby the impacts of the Trust's work, by recruiting an administrator and additional volunteers. The part-time Administrator will be in post by the end of 2022 (requiring the Trustees to decide on the job description, hours and salary). Recruit other volunteers by the end of 2022. - To put in place relevant policies and procedures to improve efficiency in the Trust's operations, and review them regularly, while ensuring the impacts are measured through client recommendations and evaluations. - To further improve the financial position of the Trust by increasing income through fund-raising from a range of sources by increasing visibility; applying for funding from
-------------------------------------	-----------	--

		local, regional and national organisations; developing a strong donor base of both individual and corporate donors; and undertaking a range of fundraising events, including street collections. During 2023, considerable progress was made against all objectives, although by the end of 2023, both self-employed part-time administrative staff had resigned for personal reasons. The charity is aiming to appoint one part-time administrator to be in post by the beginning of 2025. HearSay had, by the end of 2023, been working with one school and a charity that supports young carers, and good progress is being made towards work with further schools. The grant from the Colyer Fergusson Charitable Trust is enabling the charity to offer more of these very well-received parent support groups in 2024. The charity's financial position was boosted by the award of a grant from the Colyer Fergusson Charitable Trust of £11,000 in October 2023.
Performance of fundraising activities against objectives set	Para 1.41	The charity has been successful in raising sufficient funds through fund-raising activities and applications to foundations to cover its running costs and to continue to deliver counselling to a wide range of people.
Investment performance against objectives	Para 1.41	Not applicable
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	During the year under review, there was a 39% increase in the total revenue (£32k in FY 2023 compared to £23k in FY 2022). This was mainly because of a grant of £11k from the Colyer-Ferguson Charitable Trust in 2023, and an increase in counselling fees (£15k in FY 2023 compared to £8k in FY 2022). This increase in revenue enabled HearSay to undertake more charitable activities (as reflected, for example, in an increase in total expenditure on counselling from £5k in FY 2022 to £19k in FY 2022). The charity was able to carry forward £26k excess unrestricted funds to support its activities in FY 2024.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	There is no policy for the Charity to hold reserves. All unused resources (cash) are carried forward to support the charity's activities.
Amount of reserves held	Para 1.22	Not applicable
Reasons for holding zero reserves	Para 1.22	All unused resources (cash) are carried forward to support the charity's activities.
Details of fund materially in deficit	Para 1.24	Not applicable
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are no known or anticipated events (or non events) that threaten the going concern of HearSay Charitable Trust as at the end of 2023. There are enough funds to support the charity for the next 12 months, even in the absence of material donations.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Donations and legacies £11,000 Funds from charitable activities £18,049 Funds from fundraising activities £2,919
Investment policy and objectives including any social investment policy adopted	Para 1.46	Not applicable
A description of the principal risks facing the charity	Para 1.46	None envisaged
Other		

--	--	--

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document	Para 1.25	CIO constitution
How is the charity constituted?	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	By recommendation of current trustees

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	All Trustees are advised to read the guidance on the role of Trustees provided by the Charity Commission, and all have done so. Trustees are also required to complete a Safeguarding course relating to children and adults at risk so that all understand what is required of the counsellors who work with clients on behalf of HearSay. In addition, all Trustees are involved in the development of any new policies and procedures and take part in the regular review of all existing policies.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The Charity has a Board of Trustees and a Treasurer and Clerk to the Trustees who report to the Board and support HearSay's work. The Chair of Trustees belongs to an informal group of chairs of local counselling charities in Kent where knowledge and experience of a range of issues are discussed at quarterly meetings.
Relationship with any related parties	Para 1.51	Not applicable
Other		

Reference and Administrative details

Charity name	HearSay Charitable Trust
Other name the charity uses	HearSay Trust
Registered charity number	1200556
Charity's principal address	39-48 Marsham Street Maidstone, Kent, ME14 1HH UK

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Professor Martin Knapp CBE	Chair of Trustees		
2	Dr Nellie Adjaye MBE	Trustee		
3	Ann Freeman	Trustee		
4	John Taylor	Trustee	From February 2023	
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
Not applicable		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
Not applicable		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Not applicable
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	Not applicable
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	Not applicable

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Exemptions from disclosure

Reason for non-disclosure of key personnel details

None

Other optional information

--

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Martin Richard John Knapp	
Position (eg Secretary, Chair, etc)	Chair of Trustees	
Date	29 October 2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

HearSay Charitable Trust		Charity No (if any)	1200556
Annual accounts for the period			
Period start date	01-Jan-23	To	31-Dec-23

Section A Statement of financial activities

Recommended categories by activity

Income and resources (Note 3)

Income and endowments from:

Donations and legacies						
Charitable activities						
Other trading activities						
Investments						
Separate material item of income						
Other						
Total						

Resources expended (Note 6)

Expenditure on:

Raising funds						
Charitable activities						
Separate material item of expense						
Other						
Total						

Net income/(expenditure) before investment gains/(losses)

Net gains/(losses) on investments

Net income/(expenditure)

Extraordinary items

Transfers between funds

Other recognised gains/(losses):

Gains and losses on revaluation of fixed assets for the charity's own use

Other gains/(losses)

Net movement in funds

Reconciliation of funds:

Total funds brought forward

Total funds carried forward

Guidance Note

WKS
30 Oct 2024

Section B Balance sheet



CHARITY COMMISSION
FOR ENGLAND AND WALES

Guidance Notes

	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
	£ F01	£ F02	£ F03	£ F04	£ F05
Intangible assets					
Tangible assets (Note 15)	-	-	-	-	-
Heritage assets (Note 14)	-	-	-	-	-
Investments (Note 16)	-	-	-	-	-
Investments (Note 17)	-	-	-	-	-
Total fixed assets	-	-	-	-	-
Current assets					
Stocks (Note 18)	-	-	-	-	-
Debtors (Note 19)	-	-	-	-	-
Investments (Note 17.4)	-	-	-	-	-
Cash at bank and in hand (Note 24)	26,248	-	-	26,248	21,534
Total current assets	26,248	-	-	26,248	21,534
Creditors: amounts falling due within one year					
(Note 20)	-	-	-	-	-
Net current assets/(liabilities)	26,248	-	-	26,248	21,534
Total assets less current liabilities	26,248	-	-	26,248	21,534
Creditors: amounts falling due after one year					
(Note 20)	-	-	-	-	-
Provisions for liabilities					
	-	-	-	-	-
Total net assets or liabilities	26,248	-	-	26,248	21,534
Funds of the Charity					
Endowment funds (Note 27)	-	-	-	-	-
Restricted income funds (Note 27)	-	-	-	-	-
Unrestricted funds	26,248	-	-	26,248	21,534
Revaluation reserve	-	-	-	-	-
Total funds	26,248	-	-	26,248	21,534

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy
<i>Martin Knapp</i>	MARTIN KNAPP	20/10/2024
1		

Independent examiner's report to the HearSay Charitable Trust, registration number 1200556

I report to the trustees on my examination of the accounts of the above charity for the year ended 31 December 2023, which are set out on pages 1 to 2

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

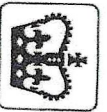
I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



Mrs Kathy High MA ACA
The Gables
556 Loose Road
Maidstone
Kent ME15 9UR
4 November 2024



CHARITY COMMISSION
FOR ENGLAND AND WALES

Section A Statement of financial activities

HearSay Charitable Trust		Charity No (if any)	1200556
Annual accounts for the period			
Period start date	01-Jan-23	To	Period end date
			31-Dec-23

Recommended categories by activity

Guidance No

Incoming resources (Note 3)
Income and endowments from:

Donations and legacies
Charitable activities
Other trading activities
Investments
Separate material item of income
Other
Total

Resources expended (Note 6)
Expenditure on:

Raising funds
Charitable activities
Separate material item of expense
Other
Total

Net income/(expenditure) before investment gains/(losses)
Net gains/(losses) on investments

Net income/(expenditure)
Extraordinary items
Transfers between funds
Other recognised gains/(losses):
Gains and losses on revaluation of fixed assets for the charity's
own use
Other gains/(losses)

Net movement in funds

Reconciliation of funds:

Total funds brought forward
Total funds carried forward

	£ F01	£ F02	£ F03	£ F04	£ F05
Unrestricted funds					
Restricted income funds					
Endowment funds					
Total funds					
Prior year funds					
S01	11,000	-	-	11,000	14,976
S02	18,049	-	-	18,049	8,135
S03	2,919	-	-	2,919	-
S04	-	-	-	-	-
S05	-	-	-	-	-
S06	181	-	-	181	49
S07	32,149	-	-	32,149	23,160
S08	-	-	-	-	-
S09	27,435	-	-	27,435	14,251
S10	-	-	-	-	-
S11	-	-	-	-	-
S12	27,435	-	-	27,435	14,251
S13	4,714	-	-	4,714	8,909
S14	-	-	-	-	-
S15	4,714	-	-	4,714	8,909
S16	-	-	-	-	-
S17	-	-	-	-	-
S18	-	-	-	-	-
S19	-	-	-	-	-
S20	4,714	-	-	4,714	8,909
S21	21,534	-	-	21,534	12,625
S22	26,248	-	-	26,248	21,534

MKS
30 Oct 2024

Section B

Balance sheet



CHARITY COMMISSION
FOR ENGLAND AND WALES

Guidance Notes

Unrestricted funds Restricted income funds Endowment funds Total this year Total last year

£ £ £ £ £
F01 F02 F03 F04 F05

Intangible assets (Note 15)
Tangible assets (Note 14)
Heritage assets (Note 16)
Investments (Note 17)

Total fixed assets

Current assets

Stocks (Note 18)
Debtors (Note 19)
Investments (Note 17.4)
Cash at bank and in hand (Note 24)

Total current assets

Creditors: amounts falling due within one year (Note 20)

Net current assets/(liabilities)

Total assets less current liabilities

Creditors: amounts falling due after one year (Note 20)
Provisions for liabilities

Total net assets or liabilities

Funds of the Charity

Endowment funds (Note 27)

Restricted income funds (Note 27)

Unrestricted funds

Revaluation reserve

Total funds

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
<i>Mark Knap</i>	MARK KNAPP	20/10/2024