



CHARITY COMMISSION  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From September 2022  
Period end date

Period start date To 30<sup>th</sup> March '23

Charity name: All Cycle Bath & West

Charity registration number: 1200391

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	"To provide or assist in the provision of cycling equipment and facilities in the interests of social welfare for recreation or other leisure time occupation of individuals who have need of such facilities by reason of their youth, age, infirmity or disablement, financial hardship or social and economic circumstances with the object of improving their conditions of life."
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<b>Improvements to physical and mental well-being.</b> We provide regular opportunities for physical and mental well-being through our programme of inclusive cycling using adapted and accessible bikes, trikes, hand cycles and tandems in a traffic free environment. Offering: <ul style="list-style-type: none"><li>• people recovering from injuries, strokes and neuro conditions the opportunity to regain fitness, increase flexibility and build muscle tone.</li><li>• Physical activities to people who are neuro divergent</li><li>• Those with a disability or a long term condition the opportunity for regular outdoor exercise throughout the year.</li><li>• those with disabilities the opportunity to be included in activities which would otherwise</li></ul>

		<p>not be accessible to them, and in an environment that allows other family members to participate.</p> <p>whole family participation has a very positive impact on the person with the disability as well as the others attending who can join in</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	On being appointed as a trustee for the charity they have been directed to the relevant guidance on being a trustee available on the Charity Commission website.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38N/A	N/A
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	<p><b>September 2022 – March 2023</b> During this initial period of its existence the charity relied significantly on volunteers, initially with the trustees establishing: a policy framework; setting budgets; business plans and identifying funding sources. This included a core of 6 regular volunteers As the charity became operational in January 2023 the chair of trustee's acted as operational coordinator for the delivery of services over the first 4 months of the charity.</p> <p>This voluntary contribution in the transitional period allowed the charity to start delivering services to users from January 2023 and earning revenue from services delivered – largely through public sessions at Odd Down Cycle Circuit/</p>
Other		<p><b>Providing routes to simple volunteering and steps towards employment.</b></p> <p>We encourage young people who joined as users at a younger age to volunteer with us when older and use their experience to help others to enjoy the same activity that they benefited from as younger users.</p>

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>How the charity provides public benefit</b></p> <p><b>Combating social Isolation</b> Through our activities we address the need to combat social isolation as well as low levels of physical activity caused by challenges in reduced services during the pandemic. Our service allows users to access a range of bikes, trikes and wheelchair bikes and meet others in a friendly and supportive environment. Where a family member has an additional need or disability, our schedule of Saturday Club sessions makes a regular 'whole family' experience possible. Providing one-off social gatherings such as at Christmas or on Away Day rides on dedicated cycle routes or other inclusive cycling centres gives people a chance to establish social relationships and share experiences.</p> <p><b>Building self-esteem and increasing skills and confidence.</b> Our volunteers and staff work with individuals to provide motivation and encouragement to those with low self-esteem to make small steps to achieving realistic goals. Providing positive role models for children and young people by participating in a fun and enjoyable activity and thereby gaining awareness of personal safety. Throughout the year a volunteer maintenance crew meets weekly to keep the bikes and trikes running safely. We recruit from organisations who support those from disadvantaged backgrounds including individuals recovering from addiction or mental ill health.</p> <p><b>Health &amp; economic benefits - savings to the NHS</b> Sport England (2021) reported that people with disabilities are less likely to be engaged in physical activity than those without. Anecdotal evidence from focus groups shows that cyclists with disabilities reported examples of health benefits including, a drop in blood</p>

		<p>pressure and healthy weight loss. (Clayton et al.,2017)</p> <p>Studies have shown that the impact of cycling on health has the potential to make monetary savings for the NHS</p> <p>The growth in interest in cycling through the pandemic of 2020/2022 further underlines the need for the response to this growth to be inclusive, accessible and provide for those with disabilities.</p> <p>Among families with at least one person with a disability, the total estimated spending power is £274 billion a year (Scope, 2022a)</p> <p>Delivering more inclusive cycling opportunities means that customers with disabilities contribute to a positive effect on the economy. Among families with at least one person with a disability, the total estimated spending power is £274 billion a year (Scope, 2022a).</p>
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#### **Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<p><b>September 2022 – January 2023</b></p> <ul style="list-style-type: none"> <li>• Recruiting trustees</li> <li>• Establishing our governance structure</li> <li>• Implementing financial procedures</li> <li>• Establishing our policy framework</li> <li>• Establishing interim funding strategy</li> <li>• Establishing branding and communications framework</li> </ul> <p><b>Activities and projects completed in 2023, 1<sup>st</sup> January - 31<sup>st</sup> March, (CIO commenced service delivery from January 2023)</b></p> <p>Scheduled public sessions: weekly sessions to our groups, <b>Tuesday Twilight</b> sessions (February – November) and a fortnightly <b>Saturday Club</b> which welcomes anyone who would like to experience the wide selection of bikes, trikes, tandem-trikes and hand-cycles which means we can cater for all ages and abilities.</p> <p><b>Attendance at scheduled sessions:</b></p> <ul style="list-style-type: none"> <li>• Tuesday Twilight sessions: February - March – x7 1 hr sessions; average attendance of 14 users per session; 20 beneficiaries</li> </ul>
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		<ul style="list-style-type: none"> <li>• Saturday Club sessions x6 1.5 hr sessions average attendance 15 users per session 32 beneficiaries</li> </ul> <p><b>Group sessions (January February – March '23) no group sessions during this period</b></p> <p><b>Organisations using the service in this period</b></p> <ul style="list-style-type: none"> <li>• Stroke Association (B&amp;NES Coordinator) x 3 referrals</li> <li>• Bath &amp; North East Somerset Council 'SEND alternative provision' x2 p.w 1-1 sessions during school term time: 16 sessions delivered.</li> </ul> <p>The Awards for All grant enables us to recruit a PT Operations Manager (in post May '23)</p>
Performance of fundraising activities against objectives set	Para 1.41	<p>In our first 2 years as a CIO, grant providers have been:</p> <ul style="list-style-type: none"> <li>• The Together Fund (Sport England via WESPORT) for set up and transition costs</li> <li>• National Lottery - Awards for All</li> <li>• Quartet Resilience Fund (submitted March '23 to support activity commencing April '24</li> </ul>
Investment performance against objectives	Para 1.41	<b>N/A</b>
Other		<b>N/A</b>

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	The period being reported on represents the beginning of operations and the position at the end of the period represents having received a considerable amount of income in advance of expenditure. Funding in advance was enabling the charity to begin to take on staff and commitments relating to its contracts with confidence.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	3 months reserves, to enable to the charity to reliably meet its commitments to paying staff and to allow appropriate time to make adjustments in the event of changing funding levels.
Amount of reserves held	Para 1.22	The charity held £11,358 of unrestricted funds at the end of the period. This was vastly more than three months of expenditure in the period, but it does broadly represent 3 months of expenditure in the following year. £12,000 of restricted funds were held, which were due to spent in the following year in line with the associated grant conditions.
Reasons for holding zero reserves	Para 1.22	<b>N/A</b>
Details of fund materially in deficit	Para 1.24	No funds were in deficit
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>N/A</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	See: 'Performance of fundraising activities against objectives set'
Investment policy and objectives including any social investment policy adopted	Para 1.46	<b>N/A</b>
A description of the principal risks facing the charity	Para 1.46	<ol style="list-style-type: none"> <li><b>1. Global pandemic:</b> loss of income due to shut down of operations and ability to generate income</li> <li><b>2. Major incident/accident:</b> as part of operational work, major injury or fatality involving user/member of staff/public. Resultant cessation of operational work as a result of formal investigation procedures</li> </ol>

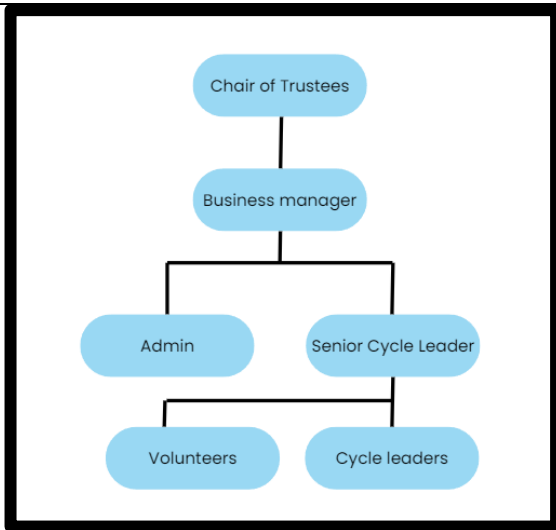
		3. Change of government policies on funding priorities e.g Active Travel England
Other		

## Structure, Governance and Management

Description of charity's trusts:		N/A
Type of governing document (trust deed, royal charter)	Para 1.25	<b>Constitution</b>
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	All Cycle Bath & West is charity incorporated organisation. Its only members are its trustees
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are invited to apply giving details of experience and skills that they can offer the charity. Appointment of trustees are via the board of existing trustees.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Trustees are referred to the Charity Commission guidance documents and to other sources of information such as Charity Excellence
<p>The charity's organisational structure and any wider network with which the charity works</p> <p>NOTE: the organisational chart reflects the charity as at April 2024</p>	Para 1.51	 <pre> graph TD     A[Chair of Trustees] --&gt; B[Business manager]     B --&gt; C[Admin]     B --&gt; D[Senior Cycle Leader]     C --&gt; E[Volunteers]     D --&gt; F[Cycle leaders]         </pre>
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	All Cycle Bath & West
Other name the charity uses	N/A
Registered charity number	1200391



Charity's principal address	8 Brooklands, Dunkerton, Bath BA28BH

### **Names of the charity trustees who manage the charity**

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Esther Renfrew	User representative		
2	Sam Plummer	Safeguarding (& acting interim finance		
3	Janet Dabbs	Grants & Fundraising		
4	Christopher Revill	Chair of trustees		
5	Rodger Allin		To June 16/06/23	
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20				

Corporate trustees – names of the directors at the date the report was approved **N/A**

[illegible]

Name of trustees holding title to property belonging to the charity **N/A**

[illegible]

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	NA
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	NA
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	NA

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
<b>Voluntary – finance &amp; accounts</b>	Nick Chinnery	20 Greenfield Walk, Midsomer Norton, Radstock, BA3 2RP

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

NA
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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Christopher Revill	
Position (eg Secretary, Chair, etc)	Chair of trustees	
Date	14/06/24	



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name  
All Cycle Bath & West

**On accounts for the  
period ended**

31 March 2023

**Charity no  
(if any)**

1200391

**Set out on pages**

1 to 2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity for the period ended 31/03/2023.

**Responsibilities and  
basis of report**

As the charity trustees of the charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**

**Date:**

26.6.24

**Name:**

James Gare

**Relevant professional  
qualification(s) or body  
(if any):**

FCA

**Address:**

Monahans, Hermes House, Fire Fly Avenue, Swindon SN2 2GA

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

# All Cycle Bath & West

## Receipts and Payments Accounts

Charity Number: 1200391

From: 01/09/2022

To: #####

Unrestricted Funds	Restricted Funds		Total Funds
	Awards for All	Together Fund	

Notes

### Section A Receipts and Payments

#### A1 Receipts

Public Sessions	847			847
Group Sessions	665			665
BANES SEND Contract	975			975
BANES ATSP	8,090			8,090
Grants	-	10,000	2,000	12,000
Donations	2,000			2,000
<b>Sub total</b>	<b>12,577</b>	<b>10,000</b>	<b>2,000</b>	<b>24,577</b>

#### A2 Asset and investment sales

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<b>Total Receipts</b>	<b>12,577</b>	<b>10,000</b>	<b>2,000</b>	<b>24,577</b>
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#### A3 Payments

Staff costs	442			442
Session Costs	566			566
Administration costs	211			211
<b>Sub total</b>	<b>1,219</b>	<b>-</b>	<b>-</b>	<b>1,219</b>

#### A4 Asset and investment purchases

-

<b>Total payments</b>	<b>1,219</b>	<b>-</b>	<b>-</b>	<b>1,219</b>
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#### Net of receipts/(payments)

<b>11,358</b>	<b>10,000</b>	<b>2,000</b>	<b>23,358</b>
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#### A5 Transfers between funds

#### A6 Cash funds last year

#### Cash funds this year end

<b>11,358</b>	<b>10,000</b>	<b>2,000</b>	<b>23,358</b>
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## Section B Statement of assets and liabilities at the end of the period

B1 Cash funds	11,358	10,000	2,000	<b>23,358</b>	
Agrees and balances with receipts and payments accounts					
B2 Other monetary assets					
B3 Investment assets					
B4 Assets retained for the charity's ov	60,000			<b>60,000</b>	1
B5 Liabilities					

### Notes

1 - The charity has a number of cycles, transferred in for ongoing use in its activities. This is the approximate value at historic cost.

Restricted Funds (description of source and purpose of funds)

Awards for All

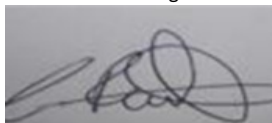
Together Fund

Quartet Resilience Fund

Quartet Bath Half

Signed by one or two trustees on behalf of all the trustees

Signature



Print Name

Christopher Revill

Date of approval

14/06/2024