

Southern Africa Resource Centre

England & Wales · Charity number 1200189

Details

Other names SOUTHERN AFRICA RESOURCES CENTRE

Status Registered

Legal form CIO

Registered 2022-08-26

Register [View on the Charity Commission register](#)

Contact

Address Bristol Commonwealth Society
14 Whiteladies Road
Bristol
BS8 1PD

Phone 07900 910 994

Email info.bwithbeira@gmail.com

Website <https://bristolbeiralink.org/>

Activities

Objects: THE FOLLOWING OBJECTS ARE FOR THE PUBLIC BENEFIT IN SOUTHERN AFRICA:-TO RELIEVE POVERTY;TO ADVANCE EDUCATION; ANDTO ADVANCE SOUTHERN AFRICAN ART, CULTURE AND HERITAGE.

Activities: The Southern Africa Resource Centre (SARC) looks to promote networks and strategic partnerships between communities in Bristol and Southern Africa, in particular, in Beira, Mozambique, to identify ideas and opportunities through a people-to-people approach to create positive outcomes and sustainable change.

Classification

- **How:** Makes Grants To Organisations, Provides Services, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes, Education/training, Disability, The Prevention Or Relief Of Poverty, Arts/culture/heritage/science, Environment/conservation/heritage, Economic/community Development/employment
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Charities Or Voluntary Bodies

Geography

- **Area of benefit:** SOUTHERN AFRICA
- Mozambique
- Bristol City

Finances

| Period end | Income | Expenditure | Assets | Employees |
|------------|---------|-------------|--------|-----------|
| 2025-10-31 | £13,658 | £15,446 | - | - |
| 2024-10-31 | £14,610 | £11,412 | - | - |
| 2023-10-31 | £12,940 | £21,794 | - | - |

Trustees

| Name | Role | Appointed |
|---------------------------------|-------|------------|
| Peninah Achieng-Kindberg | Chair | 2022-08-26 |
| Abbi Gutierrez Ramirez | | 2026-03-24 |
| Adil Seco | | 2025-11-25 |
| Angela Claire Lowe | | 2024-12-02 |
| Caroline Diana Pitt | | 2022-09-13 |
| Connor Graeme Grant | | 2026-01-20 |
| Katherine Dee | | 2026-01-20 |
| Maia Gedde | | 2026-01-20 |
| SHARON FOSTER | | 2022-08-26 |
| William Stewart | | 2026-03-24 |

Southern Africa Resource Centre

England & Wales - Charity number 1200189

Accounts

SOUTHERN AFRICA RESOURCE CENTRE
Annual Report and Accounts, year-end 31 October 2025

| | |
|-----------------------------|--|
| Charity number | 1200189 registered 26/08/22 (previously 1000003) |
| Trustees | Peninah Achieng-Kindberg (ex-Chair) Sharon Foster (Acting Chair) Angela Lowe Caroline Pitt (Treasurer& Secretary) Dave Spurgeon (resigned 31 st September 2025) Henry Frankis Pyle (resigned March 2025) |
| Registered Office | Bristol Commonwealth Society 14 Whiteladies Road Bristol BS8 1PD |
| Bankers | The Co-operative Bank |
| Independent Examiner | Not required |

This report for the year ending 31st October 2025 sits alongside the internally audited accounts for that period.

Contents

| | | |
|---|--|----|
| 1 | OBJECTIVES AND ACTIVITIES | 2 |
| 2 | ACHIEVEMENTS AND PERFORMANCE..... | 3 |
| 3 | FINANCIAL REVIEW..... | 9 |
| 4 | STRUCTURE, GOVERNANCE AND MANAGEMENT..... | 10 |
| 5 | STATEMENT OF FINANCIAL ACTIVITIES (INCOME AND EXPENDITURE) | 13 |
| 6 | STATEMENT OF FINANCIAL POSITION AS AT 31 OCTOBER 2025 | 14 |

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2025

1 OBJECTIVES AND ACTIVITIES

1.1 Objectives

Southern Africa Resource Centre was governed by a trust deed dated 9th June 1990 and was registered with the Charity Commission for England and Wales as charity number **1000003** on 2nd August 1990. The charitable objects were described as:

1. To advance the education of the public in the South-West of England in the theory and practice of apartheid and in the field of Southern African art, history and current affairs
2. To relieve persons in Southern Africa suffering need hardship and/or distress who by reason of their social or economic conditions are in need of assistance

Southern Africa Resource Centre was registered with the Charity Commission for England and Wales as Charitable Incorporated Organisation (CIO) number **1200189** on 26th August 2022. The charitable objects are described as:

For the public benefit in Southern Africa,

1. to relieve poverty;
2. to advance education; and
3. to advance Southern African art, Culture and Heritage.

All the charity's assets were transferred to the CIO.

1.2 Activities

The work of the Southern Africa Resource Centre (SARC) focuses on the work facilitated by Bristol Link with Beira (BLB) www.bristolbeiralink.org/. BLB promotes people-to-people networks between the cities of Bristol in the UK, and Beira in Mozambique, to empower and benefit local communities and generate links and learning between the two cities.

Our strategy focusses on the sectors of

- Health & Education,
- Communities & Civil Society,
- Climate Change & Energy;
- Culture & Sport

using the mechanisms of

- Organisation-Organisation,
- People-People,
- Research;

whilst targeting

- SDG 11 Sustainable Cities and Communities
- SDG 17 Partnerships for the Goals

Overseas grants have been provided on the basis of needs identified and budgeted by our partners in Beira, an award-winning NGO, ADEL Sofala www.adelsofala.org.mz/. These grants for social investment go to local organizations with a track record of social responsibility through supporting the community. All administration and management work in Bristol is undertaken by volunteers.

This year, in addition to projects overseas, we have held events celebrating 50 years of Mozambican Independence, and 35 years of Bristol Link with Beira. Activities in Bristol aim to raise awareness in Bristol about development issues of urban sub-Saharan Africa, highlighting Climate Justice and Global Citizenship.

1.3 Public Benefit

The Trustees have observed the guidance issued by the Charity Commission on public benefit. We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity and helps us ensure our objectives and activities remain focused on our stated purpose and charitable objects. We have referred to the guidance contained in the Charity Commission’s general guidance on public benefit when reviewing our aim and objectives and in planning our future activities.

2 ACHIEVEMENTS AND PERFORMANCE

2.1 Health & Education

2.1.1 Reproductive Sexual Health for Women & Girls



SARC received another £5k grant from Coles Medlock Foundation, for the Associação para o Desenvolvimento Social (ADS) project “**Girl-to-Girl Empowerment of Women and Girls**”, for the third year running, monitored by ADEL, our partners in Beira. ADS designed the project, and ran workshops to train mentors on gender-based violence (GBV), sexual and reproductive health (SRH), early pregnancy, child marriage, gender equality, human rights, civic engagement and life skills. Mentors then took these messages to Girls’ Clubs in the neighbourhoods, reaching 120 young women, who are encouraged to informally share knowledge with their peers, families, and communities.

Mentors also broadcast debates and performances on radio, TV and social media, for a wider dissemination of knowledge. These are available on the ADS Facebook page and summarised in English on the BLB Facebook page. Topics include Menstrual Dignity, Promotion of Peace, Human Rights and Women’s Rights, and Body Autonomy. With the assistance of UN Women, ADS produced a music video about GBV, now on the BLB YouTube Channel. One of the young women mentors has been selected as a UN Women Peace Champion.

2.1.2 Catering Equipment and Training at Amai Mussananhi



SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2025

BLB have long-supported community group Amai Mussananhi (**Women helping Women**), who received £4k from BLB supporters, via ADEL. Amai wanted to address issues of food insecurity through the provision of catering equipment and training for the Amai preschool. 20 vulnerable women were selected to receive catering training to provide both school lunches, and snacks for sale out of hours. 4 of these women dropped out during the course due to pregnancy and/or caring duties. The 16 who completed the course benefited from small business training. The Amai preschool now provides improved school meals for vulnerable children, improving their welfare and providing the nourishment needed for their development. Small snack businesses will promote income generation for these vulnerable women.

2.1.3 Resources for Bristol Schools



Learning Everywhere and Bristol City Council have been promoting BLB's **"Where is our Twin"** Learning Pack with Activity Sheets about Beira, Mozambique and Sub-Saharan Africa, for use in schools in Bristol. One of the schools in Bristol is negotiating a link with a school in Beira, following a workshop facilitated by the Bristol City Twinning Officer and MoYah, a Mozambican rapper, activist, and educator resident in Bristol.

As well as learning about Beira, Mozambique and Sub-Saharan Africa, we hope that students and staff will be inspired to develop school links, get involved with Twinning, and benefit from the partnerships we have set up. These learning documents contribute to raising awareness in Bristol about issues of urban sub-Saharan Africa, Climate Justice, and encourage Global Citizenship. The documents can be downloaded from the BLB website.

2.1.4 Research

We have continued to elicit research projects from the universities in Bristol, and benefit from the input of student volunteers. We encourage universities in Beira to take part in the initiatives of University of Bristol's Perivoli Africa Research Centre. We also encourage Mozambicans to study in Bristol via the Chevening Scholarships.



SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2025

A SARC Trustee representing BLB presented our work at the Development Studies Association conference “Navigating crisis: dangers and opportunities in development” at the University of Bath. The panel assembled by South West International Development Network (SWIDN) comprised BLB, Chase Africa, Just a Drop, and Motivation, and addressed “**Towards a Meaningful Practice of Reparative Development: Bridging Crises and Reimagining Opportunities for Decolonisation**” by presenting our reflections to an academic audience.

2.2 Community & Civil Society

2.2.1 Women in Urban Agriculture



ADEL are implementing our project “**Economic Resilience for Vulnerable Women**”, designed in conjunction with the local community association Fundissananhe. They represent women working in urban agriculture in Vaz, on the edge of Beira’s industrial zone. This project supports 200 women in developing micro businesses and improve the economic resilience of their households. The project includes training, mentoring and provision of horticultural goods

ADEL have also handed over income-generating kits to enable self-employment for a sustainable source of income generation. These women have taken part in micro-finance and small business training workshops, and formed savings and rotating credit groups. Topics discussed included the role of women in the family, Family Law, food security and small business management, with a view to dissemination in their communities.

The final stage of the project is planting, which will take place in November. This £5k project was financed by Kitchen Table, Eleanor Rathbone and Taylor Charitable Trusts.

2.2.2 Bristol’s ‘Beira Day’

BLB celebrated Beira’s Dia da Cidade on 20 August, marking 118 years of Beira’s city status by raising Beira’s city flag outside Bristol’s City Hall, attended by representatives of BLB, Bristol City Council and the Bristol Commonwealth Society.

2.3 Climate Change & Energy

2.3.1 Youth Leadership for the Environment

BLB has been working with ADEL, and a youth group in Beira to prepare a project proposal focussing on youth leadership and environmental management, and are applying for grants in UK.

2.3.2 Green Cities Infrastructure Programme

Beira is one of the 3 cities in Mozambique included in UKAID’s GCIP programme. BLB has maintained communication with FCDO and the project managers with a view to strengthening the Bristol-Beira Link. We are pleased that our partners in Beira, ADEL have been contracted to initiate the community engagement in Beira.

2.4 Culture & Sport

2.4.1 Festival of Voice



As part of “Festival of Voice” organised by St George’s concert hall in Bristol, BLB facilitated Beira’s contribution to the video **“Twin Cities - Singing City 2025”**. We are grateful to dance teacher Natércio Bazo and his colleagues at Escola Primaria Palmo e Maio, in Beira for submitting their cultural anthem which is on BLB’s YouTube channel. The teachers express their pride in being African, like their ancestors, recognising all the provinces of Mozambique.

2.4.2 Dance Programme at Casa de Cultura



£1.5k raised by BLB from Rotary Bristol, to sponsor the programme **“Social Protection through the Arts”** for vulnerable teenagers who use dance as a method of social support and stability away from crime. This programme was designed by the professional dance teacher in Beira in conjunction with a Red Cross Project Manager. The young people participate in formal dance training, as well as cultural, recreational and educational activities. The dance teacher has shown that vulnerable teenagers who attend regular dance classes and feel part of a team, can turn their lives around, become included socially, and subsequently avoid criminal and unhealthy lifestyles. Indeed, one of the students now attends the Mozambican National Dance School, and was selected to perform in Reunion.

BLB have facilitated preparation of a £5k funding proposal for a subsequent phase of the project with the dance teacher in Beira, and Rise Youth Dance in Bristol. This will incorporate digital collaboration between both sets of students, peer-to-peer CPD, and training of teaching assistants. This project is partially funded to date.

2.4.3 Afrika Eye Film Festival

SARC received £2k in this financial year from the Morel Trust for the 20th Afrika Eye Film Festival, which will be held in November 2025. This grant has covered venue hire, marketing, distributor costs, speakers’ expenses, venue hire, administration and marketing, relating to four films from Southern Africa.

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2025

2.5 Anniversary Events in Bristol

2.5.1 Mozambican Films screened in Bristol



To celebrate 35 years of BLB, we have screened 2 films about Mozambican culture. “**Dance for Peace**”, based on the choreographed 'Ode a Paz' created by Mozambique's National Dance Company was shown twice, once in conjunction with the Global Goals Centre at their International Cultural Festival, and again in conjunction with Afrika Eye Film Festival at Bristol Commonwealth Society. The wonderful music documentary, “**Marrabentando**”, looking at the contemporary approach to the national music of Mozambique was shown at Easton Cowfolk Radical Film Club. About 40 people attended each screening of the 3 screenings. The films were screened for free, thanks to the directors and the venues.

2.5.2 Mozambican Poster Exhibition in Bristol



Celebrating 50 years of Mozambican Independence and 35 years of Bristol Link with Beira, BLB mounted the exhibition ‘**Our Sophisticated Weapon: Posters of the Mozambican Revolution**’ assembled at London University’s School of African and Oriental Studies (SOAS). It ran for 5 weeks in Bristol Central Library, which had an average footfall of 935 per day. Set up during the student revision period, and located outside the study centre, the 20 posters and received much interest.

40 people attended the preview, attended by the Lord Mayor of Bristol and BLB supporters. Following talks on Mozambican Independence and on BLB, one of the curators, explained the artistic and political value of the posters. The exhibition was later visited by the Mozambican High Commissioner, who was guided by SARC Trustees, members of the Mozambican diaspora and representatives of the Bristol Commonwealth Society, Bristol Libraries and Bristol City Council.

The exhibition was part sponsored by Bristol International Twinning Association, Bristol Commonwealth Society, Bristol Libraries, Amiel and Melburn, and SOAS; with the shortfall covered by SARC.

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2025

2.5.3 Mozambican Independence Exhibition in Bristol



A selection of posters and archival material was exhibited as *“Mozambique at 50: A Luta Continua!”* at the Bristol Radical History Festival in Bristol, attended by over 1,000 people. The displays related to the campaign for Independence in Mozambique and the ensuing civil war. The exhibition celebrated the 50th anniversary of the successful struggle for the liberation of Mozambique from Portuguese colonial rule in 1975. One of the Trustees who has been involved in the Anti-Apartheid Movement, gave a talk to an audience of 20, on the history of Mozambican independence, how it supported and inspired liberation struggles across Southern Africa, and the price Mozambique in terms of its own development. He identified the challenges the country faced and elaborated on the current situation in Mozambique.

2.5.4 Celebrating 50 years of Mozambican Independence



Over 40 people gathered at Bristol’s City Hall on 25th June to celebrate the 50th anniversary of Mozambique’s Independence. Guests included Mozambique’s High Commissioner in UK and her staff, Bristol’s Lord Mayor, members of the Mozambican diaspora, SARC Trustees, BLB friends and supporters. The Mozambican flag was raised on College Green before guests assembled in City Hall’s Beira Room, to listen to speeches and messages of support for Mozambique, its people, and the Bristol-Beira link. The Beira Room echoed to the chants of “Viva Mozambique, Viva” and “Viva Bristol Link with Beira, Viva”. Formalities were concluded by MoYah reading a poem written by Alberto da Barca in Beira, to commemorate 50 years since Independence. Everyone then enjoyed Mozambican food kindly provided by the Mozambique High Commission.

3 FINANCIAL REVIEW

3.1 Financial Position

3.1.1 End of Year Balance

The last year-end balance of £14,924 at 31/10/24 included £1,175 restricted funds, leaving £13,749; which was above the target figure of £12,500. The surplus £1,300 was used this year to kick-start fundraising events to celebrate 35 years of BLB and 50 years of Mozambican Independence.

This year-end balance of £13,137 at 31/10/25 includes £2,660 restricted funds, leaving a working balance of £10,477; which is below the target figure of £12,500. Fundraising is now a priority for 2026, and if unsuccessful, Financial Reserves will have to be reduced by £2,000.

3.1.2 Income

The income of £13,658 this year included restricted grants: £5k from Coles Medlock for ADS, £1,415 for the poster exhibition; £2k from Morel for Afrika Eye; £2k from Morel for next year's dance project; and £1,775 for the fundraising calendar. The remaining £1,468 was from GoFundMe Crowdfunders, and various unsolicited donations.

3.1.3 Expenditure

Expenditure overseas in Beira of £8,398 included the Urban Agriculture project, and the Girl-to-Girl project including ADEL's monitoring and evaluation. £2,500 was sent to ADEL for core costs.

Expenditure on projects in Bristol of £4,261 included the Poster exhibition and Afrika Eye. The remaining £2,787 was spent on the fundraising calendar and core costs. All other BLB activities in Bristol have been undertaken for free by volunteers.

This represents 54% spent on projects in Beira, Mozambique, 28% on projects in Bristol, UK and 18% on fundraising and administrative costs. The percentage in Bristol was high this year due to the anniversary events

3.2 Financial Planning and Management

3.2.1 Financial Reserves Strategy

As a voluntary organisation, we have specified minimum reserves of £12,500 at the end of each year, assuming a minimum of £1,000 unrestricted donations, to cover spending on:

- £1,500 for BLB core costs,
- £2,000 for ADEL core costs
- £5,000 contingency fund for disaster relief in Beira,
- £5,000 cash flow to cover any grant funding paid retrospectively

This end of year balance of just over £13,000 includes over £2,500 restricted funds unspent on on-going projects. The working balance of £10,500 will leave the reserves £2,000 short next year, unless equivalent unrestricted fundraising is successful.

3.2.2 Financial Management

The Trustees aim to secure strong financial management by comparing the financial position of SARC against the Financial Strategy above for the following 12 months, at each Trustee meeting. Whilst fundraising to cover reserves and core costs, BLB relies primarily on grant applications for new initiatives. Crowdfunding has been more successful for projects than for core costs.

SARC and BLB use Coop Business Banking which has been named 'Best Charity Banking Provider' for 10 years running by Business Moneyfacts.

3.2.3 Fundraising

SARC/BLB's streams of fundraising undertaken by volunteers this year were:

- Applying to trusts and foundations for grants for specific budgeted projects, contributing to a spreadsheet of potential funders and applications made;
- GoFundMe Crowdfunding platforms for one-off and regular donations from the public;
- Raising funds by informal appeals to friends, family and colleagues.
- Assembling and selling the annual calendar of photographs of Beira

The trustees are working on their networks to motivate Bristol-Beira partnerships, initiate projects and unlock finance. The long-term sustainability of the charity depends on the motivation of volunteers to cover core costs as well as projects.

4 STRUCTURE, GOVERNANCE AND MANAGEMENT

4.1 Structure

4.1.1 Trustees and Volunteers

Following the resignation of one long-standing trustee and one new trustee, we now have 4 volunteer Trustees from diverse professions and backgrounds, who manage the activities of SARC and BLB. The long-standing chair has stood down, and another Trustee is now Acting Chair, prior to a formal vote. An additional 10 volunteers, including members of the Mozambican diaspora in Bristol, focus on BLB. BLB has also benefited from the activities of Bristol City Council's International Twinning Officer who manages activities in Bristol. We are actively looking for more Trustees and Volunteers through social networks and umbrella organisations, to strengthen the Working Groups and the Trustee Board.

4.1.2 Working Groups

The Trustees and volunteers contribute to either or both of the separate bi-monthly meetings of the Operational Working Group, dealing with administration; and the Programmes Working Group (which includes representatives of the partners overseas), dealing with projects.

4.1.3 Policies and Procedures

We have reviewed our existing policies to align with the requirements of the CIO. These include:

- Conflict of Interest (included in Constitution and Trustee Code of Conduct)
- Financial Reserves
- Risk Management (included in Financial Reserves and Working with Partners/Overseas)
- Safeguarding vulnerable beneficiaries
- Volunteer management

In addition, we have policies for:

- Communications and Social Media
- Complaints handling
- Diversity and Inclusion
- Expending Reserves in an Emergency
- Fundraising
- GDPR
- Modern Slavery
- Trustee Recruitment
- Working Overseas
- Working with Partner

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2025

4.2 Governance

4.2.1 Participation

We have held Trustee meetings approximately every 2 months, and held a workshop including volunteers, to discuss our workplan for the coming year. The two working groups, one for Programmes and another for Operations, consisting of Trustees and volunteers, have met approximately every two months.

4.2.2 Partner Agreements

As agreed in the Memorandum of Understanding with ADEL, we have contributed to their core funding every quarter, and included ADEL representatives in our Programme Working Group Meetings, as well as project related meetings. In conjunction with ADEL, we prepare an annual Strategic Development Plan. All grants made by SARC are preceded by Donation Agreements signed by both SARC and the organisation receiving the grant.

4.2.3 Monitoring and Evaluation

We complete a Monitoring and Evaluation checklist for each project, including grant applications made, grants received, and grants expended. The organisation which has received the grant are asked to provide a qualitative report with photographs, either in the format of our grant giver, or in the format of the recipient organisation. A volunteer from Bristol has undertaken to visit Beira annually.

4.2.4 Registration with HMRC

We have registered with HMRC for Corporation Tax.

4.3 Management

4.3.1 Work Plan

We prepared a work plan for the years 2024-2025, to prioritise actions for SARC, and the two BLB working groups. We will continue with the initiatives undertaken this year, and ensure that we are a sustainable organisation through long-term planning.

4.3.2 Communications

The use of zoom has ensured good attendance at our regular internal meetings and workshops based in Bristol; as well as regular virtual meetings with ADEL in Beira. We have managed to increase our followers on BLB's Instagram, LinkedIn and Facebook through regular social media posts. We post videos of our projects on our YouTube channel. These all contain news affecting Beira and describe the activities of BLB and our partners in Beira, and highlighting opportunities for Mozambicans sponsored by UK and Commonwealth organisations. We assemble these posts, with other relevant articles, as newsletters sent to subscribing supporters approximately every two months.

The address of SARC has been changed from 17 Oldbury Court Rd Bristol BS16 2HH, to c/o Bristol Commonwealth Society, 14 Whiteladies Road, Bristol, BS8 1PD.

4.3.3 Umbrella organisations

We actively follow the activities and advice of relevant volunteer, charity and international development organisations. Of particular relevance are South West International Development Network (SWIDN) and Small International Development Charities Network (SIDCN).

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2025

Statement of Trustees Responsibility

Company law requires the directors, who are also charity Trustees to prepare financial statements that give a true and fair view of the organisation's financial activities during the year and its financial position at the end of the year.

In doing so the Trustees are required to:

1. select suitable accounting policies and then apply them consistently;
2. make judgements and reasonable and prudent judgement;
3. state whether applicable accounting standards and statement of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;
4. prepare the financial statements on the going concern basis unless it is inappropriate to presume that the organisation will continue in operation.

The Trustees are also responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with applicable law, regulations and the trust deed. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the Board of Trustees



.....

Peninah Achieng-Kindberg
Trustee

Date 18/11/2025

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2025

5 STATEMENT OF FINANCIAL ACTIVITIES (INCOME AND EXPENDITURE)

| | Total funds £ 2025 | Total Funds £ 2024 |
|---------------------------------------|-----------------------|-----------------------|
| | £ | |
| Incoming Resources | | |
| Fundraising | 744 | 1,795 |
| Grants (restricted) | 10,484 | 9,365 |
| Donation | 655 | 800 |
| Sponsorships | 1,775 | 2650 |
| | <hr/> | |
| Total Incoming Resources | 13,658 | 14,610 |
| | <hr/> | |
| Resources Expended | | |
| Projects (UK restricted grants) | 4,261 | 1,800 |
| Projects (Overseas restricted grants) | 4,598 | 6,537 |
| Projects (Overseas) | 2,500 | 1,500 |
| Professional Fees | 0 | 180 |
| Printing, Postage and Subscriptions | 425 | 248 |
| Events | 987 | 0 |
| Fundraising Cost | 1,002 | 1,002 |
| Accountancy Fees | 0 | 0 |
| Bank Charges | 260 | 145 |
| Travel/Subsistence | 112 | 0 |
| | <hr/> | |
| Total Resources Expended | 15,446 | 11,412 |
| | <hr/> | |
| Net Surplus/Deficit for the year | -1,788 | 3,198 |
| Opening Funds | 14,924 | 11,726 |
| Closing Funds | 13,137 | 14,924 |

(£2,660 Restricted funds at the end of the year)

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2025

6 STATEMENT OF FINANCIAL POSITION AS AT 31 OCTOBER 2025

| | 2025 | 2024 |
|-------------------------|-------------|-------------|
| | £ | £ |
| Current Assets | | |
| Cash at bank | | |
| SARC Account | 3,137 | 4,925 |
| SARC Account (reserves) | 0 | 0 |
| Beira Fund | 0 | 0 |
| Beira Fund (reserves) | 10,000 | 10,000 |
| | <hr/> | <hr/> |
| Total cash | 13,137 | 14,925 |
| | <hr/> | <hr/> |
| Net Assets | 13,137 | 14,925 |
| | <hr/> <hr/> | <hr/> <hr/> |
| Represented by | | |
| General Funds | 13,137 | 14,925 |
| | <hr/> | <hr/> |
| | <hr/> <hr/> | <hr/> <hr/> |

Signed on behalf of the Board of Trustees



Peninah Achieng-Kindberg
Trustee

Date 18/11/2025

Southern Africa Resource Centre

England & Wales - Charity number 1200189

Accounts

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2024

| | |
|-----------------------------|---|
| Charity number | 1200189 registered 26/08/22 (previously 1000003) |
| Trustees | Peninah Achieng-Kindberg (Chair) Dave Spurgeon (Secretary) Sharon Foster Caroline Pitt (Treasurer) |
| Registered Office | 17 Oldbury Court Road Bristol BS16 2HH |
| Bankers | The Co-operative Bank |
| Independent Examiner | Not required |

This report for the year ending 31st October 2024 sits alongside the internally audited accounts for that period.

Contents

| | | |
|---|---|----|
| 1 | OBJECTIVES AND ACTIVITIES..... | 2 |
| 2 | ACHIEVEMENTS AND PERFORMANCE | 3 |
| 3 | FINANCIAL REVIEW | 7 |
| 4 | STRUCTURE, GOVERNANCE AND MANAGEMENT | 8 |
| 5 | STATEMENT OF FINANCIAL ACTIVITIES (INCOME AND EXPENDITURE)..... | 12 |
| 6 | STATEMENT OF FINANCIAL POSITION AS AT 31 OCTOBER 2024..... | 13 |

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2024

1 OBJECTIVES AND ACTIVITIES

1.1 Objectives

Southern Africa Resource Centre was governed by a trust deed dated 9th June 1990 and was registered with the Charity Commission for England and Wales as charity number **1000003** on 2nd August 1990, with charitable objects described as:

1. To advance the education of the public in the South-West of England in the theory and practice of apartheid and in the field of Southern African art, history and current affairs
2. To relieve persons in Southern Africa suffering need hardship and/or distress who by reason of their social or economic conditions are in need of assistance

Southern Africa Resource Centre was registered with the Charity Commission for England and Wales as Charitable Incorporated Organisation (CIO) number **1200189** on 26th August 2022.

The charitable objects were described as:

1. For the public benefit in Southern Africa, to relieve poverty; to advance education; and to advance Southern African art, Culture and Heritage.

All the charity's assets were transferred to the CIO.

1.2 Activities

The work of the Southern Africa Resource Centre (SARC) focuses on the work facilitated by Bristol Link with Beira (BLB). BLB promotes people-to-people networks between the cities of Bristol in the UK, and Beira in Mozambique, to empower and benefit local communities and generate links and learning between the two cities.

Our strategy focusses on the sectors of

- Health & Education,
- Communities & Civil Society,
- Climate Change & Energy;
- Culture & Sport

using the mechanisms of

- Organisation-Organisation,
- People-People,
- Research;

whilst targeting

- SDG 11 Sustainable Cities and Communities
- SDG 17 Partnerships for the Goals

Overseas grants have been provided on the basis of needs identified and budgeted by our partners in Beira, an award-winning NGO, ADEL Sofala. These grants for social investment go to local organizations with a track record of social responsibility through helping the community. All administration and management work in Bristol is undertaken by volunteers. Activities in Bristol aim to raise awareness in Bristol about development issues of urban sub-Saharan Africa, the coastal impact of Climate Change and global citizenship.

1.3 Public Benefit

The Trustees have observed the guidance issued by the Charity Commission on public benefit. We review our aims, objectives and activities each year. This review looks at what we achieved and the outcomes of our work in the previous 12 months. The review looks at the success of each key activity

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2024

and helps us ensure our objectives and activities remain focused on our stated purpose and charitable objects. We have referred to the guidance contained in the Charity Commission’s general guidance on public benefit when reviewing our aim and objectives and in planning our future activities.

2 ACHIEVEMENTS AND PERFORMANCE

2.1 Health & Education

2.1.1 Reproductive Sexual Health for Women & Girls



SARC received a £5,000 grant from Coles Medlock Foundation, for the Associação para o Desenvolvimento Social (ADS), 6-month project **“Empowerment of Women and Girls”**. ADS designed the project, and ran workshops to train mentors on gender-based violence, sexual and reproductive health, early pregnancy, sexually transmitted diseases, forced marriage, gender equality, human rights and civic engagement. The mentors then took the messages to Girls’ Clubs in the bairros and set up mini libraries, reaching 200 teenagers. The mentors were also offered further professional training and one commented *“I would like to thank BLB for giving me the opportunity to learn Excel which is very important for me because it will help me progress towards a course in civil engineering”*. ADEL Sofala (BLB’s non-profit partner in Beira) added in their monitoring report *“it can be seen that the girls have been organising more and more meetings as a result of them being empowered to take ownership of the project”*.

2.1.2 Catering Equipment and Training at Amai Mussananhi

BLB has been working with ADEL and the long-supported community group Amai Mussananhi (Women helping Women), who requested £4,000 from BLB to address issues of food insecurity through the provision of catering equipment and training for the Amai preschool. The purchase of appliances and food items last year assisted in providing a snack and lunch meal to 70 children every day.

SOUTHERN AFRICA RESOURCE CENTRE

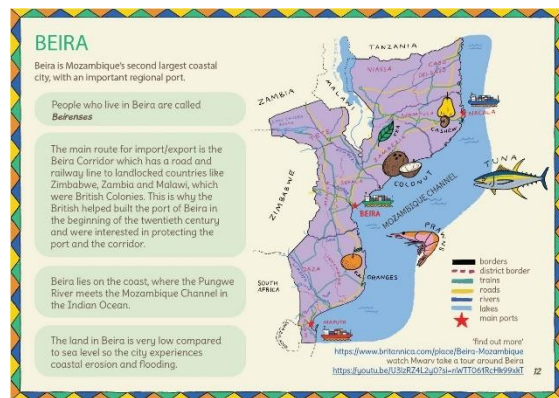
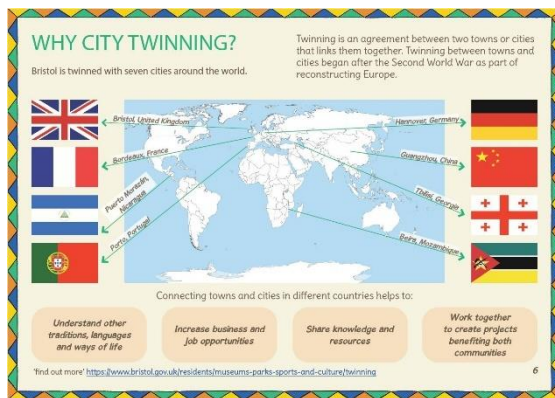
Annual Report and Accounts, year-end 31 October 2024



The catering training was delayed, awaiting a new dedicated kitchen constructed and financed by Amai volunteers. This has recently been completed and 20 vulnerable women have been identified to receive catering training to provide both school lunches, and snacks for sale out of hours. This will support income generating activities, benefitting them and their families. The Amai preschool can then provide improved school meals for vulnerable children, improving their welfare and providing the nourishment needed for their development. Small snack business will promote income generation for vulnerable women.

2.1.3 Resources for Bristol Schools

With the support of a MSc International Development student from University of Bath and additional volunteers, BLB has prepared **“Where is our Twin”**: a Learning Pack with Activity Sheets about Beira for use in schools in Bristol. This was sponsored by Lighting Up Learning, The Van NESTE Foundation and Bristol International Twinning Association. £2,250 in grants allowed us to engage an educationalist, an illustrator and a graphic designer.



As well as learning about Beira, Mozambique and Sub-Saharan Africa, we hope that students and staff will be inspired to develop school links, get involved with Twinning, and benefit from the partnerships we have set up. These learning documents contribute to raising awareness in Bristol about issues of urban sub-Saharan Africa, and the coastal impact of Climate Change, and encourage global citizenship. The documents can be downloaded from the BLB website. www.bristolbeiralink.org/about-beira/learning-and-activity-packs/

2.1.4 Research

We have continued to elicit research projects from the universities in Bristol, and will encourage universities in Beira to take part in the initiatives of University of Bristol's Perivoli Africa Research Centre. We also encourage Mozambicans to study in Bristol via the Chevening Scholarships.

A student from University of Bristol's MSc in International Development has prepared a report for BLB, including a SWOT analysis of the organisation and a workplan to increase the volunteer 'workforce'.

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2024

To this end, BLB have engaged with University of Bristol and University of West of England volunteer hubs.

2.2 Community & Civil Society

2.2.1 Women working in Urban Agriculture

ADEL Sofala have proposed their project “Economic Resilience for Vulnerable Women in Mozambique” in conjunction with the local community association Fundissananhe. They represent vulnerable women working in urban agriculture in Vaz, on the edge of Beira’s industrial zone. This project will support 200 women in developing micro businesses and improve the economic resilience of their households. We have obtained grants totalling £5,000, and the project which includes training, mentoring and provision of horticultural goods, is due to start at the beginning of November.

2.2.2 Bristol’s Harbour Festival

860 people visited the **Bristol Twin Cities** tent on College Green over the weekend of Bristol’s Harbour Festival. Children made stickers of creatures representing Bristol’s seven twin cities: Beira, Bordeaux, Guangzhou, Hannover, Porto, Puerto Morazan, and Tbilisi. For Beira we chose the sea turtle which can be found in the mangroves of the Sofala Bank. The green stickers were applied to the letter ‘T’, and the complete set of seven letters ‘BRISTOL’ will be on display at Twinning events and in Bristol’s City Hall.



2.2.3 Bristol’s ‘Twinning Tuesdays’

We celebrated Beira’s Dia da Cidade on 20 August, marking 117 years of Beira’s city status. At our ‘**Beira Day**’, Bristol City Council hosted a free family drop in event at M-Shed, where families designed capulanas (Mozambican cloths), made sea turtle badges, watched videos of Beira dance groups, handled objects from Beira, met BLB Trustees and Bristol’s Deputy Lord Mayor. Meanwhile the Beira city flag was flying outside City Hall on College Green. 90 adults and 105 children attended the event. The trustees chatted to aspiring global citizens, young and old, about life in Beira, illustrating the challenges of urban sub-Saharan Africa and the coastal impact of Climate Change.

2.2.4 Trustee Presentations

Trustees have made presentations to Rotary Bristol Breakfast and to Unite South West with a view to increasing funding and support in kind for BLB.

2.3 Climate Change & Energy

2.3.1 Youth Leadership

BLB has been working with ADEL, and a youth group in Beira to prepare a project proposal focussing on youth leadership and environmental management with a view to applying for grants in UK.

2.4 OCEAN

BLB supported ADEL Sofala in their application ‘**Sustainable Management of Coastal and Marine Biodiversity**’ for a £200,000 community grant from the Ocean Community Empowerment and Nature (OCEAN), part of the UK’s Blue Planet Fund, for a project on mangrove conservation. The bid was unsuccessful, and ADEL have requested SARC for staff training in response to points raised in the feedback.

2.5 Green Cities Infrastructure Programme

BLB made a short presentation at a ‘round table’ meeting with representatives of Foreign, Commonwealth and Development Office (FCDO) as part of their visit to Bristol City Council to look at urban and international initiatives. The visitors included staff from the Green Cities Infrastructure Programme (GCIP). Beira is one of the 3 cities in Mozambique included in this programme. BLB has maintained communication with FCDO and the managing consultants of GCIP with a view to strengthening the Bristol-Beira Link.

2.6 Culture & Sport

2.6.1 Festival of Voice

As part of “Festival of Voice” organised by St George’s Bristol, BLB facilitated Beira’s contribution to the video “**Twin Cities - Singing City 2024**”. We are grateful to the students at the Casa de Cultura for filming their performance of a dance song, at minute 12.10 on [St George’s YouTube channel](#). An introduction was added to contribute to an Activity Sheet which is part of the Learning Pack [BLB YouTube channel](#).

2.6.2 Dance Programme at Casa de Cultura



£2,500 raised by BLB through Rotary Bristol sponsored the programme “**Social Protection through the Arts**” for vulnerable teenagers who use dance as a method of social support and stability away from crime. The programme was designed by the dance teacher in conjunction with a Red Cross Project Manager. The young people participate in formal dance training, as well as cultural, recreational and educational activities. Participants meet others who have already benefited from the project and stabilized their lives. They make new friendships and envisage a different future. 11 teenage girls and 1 teenage boy took part in 2023-2024. The dance teacher at Casa de Cultura reported “*We are working hard and through dance, managing internal conflict. Everyone participates in decision-making with regard to acceptable behaviour in the group.*” He has shown that vulnerable teenagers who attend regular dance classes and feel part of a team, can turn their lives around, become included socially, and subsequently avoid criminal and unhealthy lifestyles. Rotary Bristol have provided another £1500 to cover 12 more students for a further 3 months, whilst BLB seeks additional crowdfunding for continuation of the programme www.gofund.me/0c04a0ca

3 FINANCIAL REVIEW

3.1 Financial Position

3.1.1 End of Year Balance

The end of year balance of £11,726 at 31/10/23 was just below the target figure of £12,500. The end of year balance of £14,925 at 31/10/24 includes restricted funds of £1,175, leaving a working balance of £13,500. It is anticipated that the surplus £1,300 will be used to kick-start fundraising events to celebrate 35 years of Bristol and 50 years of Mozambique Independence in 2025.

3.1.2 Income

An income of £14,610 this year included two restricted grants, one of £5,000 (Kitchen Tables Charity Trust, Eleanor Rathbone Foundation and CB &HH Taylor Trust) for ADEL Sofala's project "Economic Resilience for Vulnerable Women in Vaz" and another £2,000 (Van Neste) for the Learning Pack. We also received income from calendar sponsorship, calendar sales, the on-going GoFundMe Crowdfunder, and various unsolicited donations.

3.1.3 Expenditure

Expenditure overseas in Beira of over £8,000 included the Vaz project, the Dance Outreach and quarterly payments to ADEL for core costs plus their Monitoring & Evaluation of BLB projects in Beira. Expenditure in Bristol included production of the Learning Pack, printing and distribution of the fundraising calendar; and minor core costs. A website specialist was engaged to complete a refresh after 3 years. All other BLB activities in Bristol have been undertaken by volunteers. This represents 70% spent on projects in Beira, Mozambique and 16% on projects in Bristol, UK.

3.2 Financial Planning and Management

3.2.1 Financial Reserves

As a voluntary organisation, we have specified minimum reserves of £12,500 at the end of each year, to include spending on:

- £1,500 for BLB core costs,
- £2,000 for ADEL core costs
- £5,000 contingency fund for disaster relief in Beira,
- £5,000 cash flow to cover any grant funding paid retrospectively

assuming a minimum of £1,000 unrestricted donations. The end of year balance of nearly £15,000 includes approx. £1,250 restricted funds unspent on on-going projects. A surplus £1250 can thus supplement BLB activities in 2024-2025.

3.2.2 Financial Management

The Trustees aim to secure strong financial management of its finances by assessing the bi-monthly reports on the overall financial position of SARC, and the Financial Strategy for the following 12 months, both provided by the Treasurer. Whilst fundraising to cover reserves and core costs, and Crowdfunding, BLB relies primarily on grant applications for new initiatives.

3.2.3 Fundraising

SARC/BLB's streams of fundraising undertaken by volunteers this year were:

- Applying to trusts and foundations for grants for specific budgeted projects, contributing to a spreadsheet of potential funders and applications made;
- GoFundMe Crowdfunding platforms for one-off and regular donations from the public;
- Raising funds by informal appeals to friends, family and colleagues.

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2024

- Assembling and selling the annual calendar of photographs of Beira

The trustees are working on their networks to motivate Bristol-Beira partnerships, initiate projects and unlock finance. The long-term sustainability of the charity depends on the motivation of volunteers to cover core costs as well as projects.

4 STRUCTURE, GOVERNANCE AND MANAGEMENT

4.1 Structure

4.1.1 Registration as CIO

The SARC Secretary completed the CIO registration on 26/08/2022, with the new charity number of 1200189 and the objects:

“For the public benefit in Southern Africa: to relieve poverty; to advance education; and to advance Southern African art, culture and heritage”.

The governing document of the CIO is a trust deed. The SARC Secretary made a presentation of the changes and implications at the November 2022 Trustees Meeting and has circulated a guide to Trustee duties.

4.1.2 Working Groups

The Trustees and volunteers contribute to either or both of the separate bi-monthly meetings of the Operational Working Group and the Programmes Working Group (which includes representatives of the partners overseas).

4.1.3 Policies and Procedures

We have reviewed our existing policies to align with the requirements of the CIO. These include:

- Conflict of Interest (included in Constitution and Trustee Code of Conduct)
- Financial Reserves
- Risk Management (included in Financial Reserves and Working with Partners/Overseas)
- Safeguarding vulnerable beneficiaries
- Volunteer management

In addition, we have policies for:

- Communications and Social Media
- Complaints handling
- Diversity and Inclusion
- Expending Reserves in an Emergency
- Fundraising
- GDPR
- Modern Slavery
- Trustee Recruitment
- Working Overseas
- Working with Partners

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2024

4.1.4 Trustees and Volunteers

SARC was saddened by the unexpected death of Trustee, Roger James on 18th June 2024. He had been involved with SARC and BLB since 1990. He was a passionate internationalist and environmentalist, tirelessly campaigning, in particular on climate change and social justice. We now have 4 volunteer Trustees from diverse professions and backgrounds, who undertake the activities of SARC and BLB, with an additional 5 volunteers, including university students and teachers, who focus on BLB. BLB was particularly pleased to welcome a MSc International Business student from University of Bristol who took over the social media content, a marine consultant who contributed to the preparation of project proposals, and a University of Bristol staff member who took over volunteer management. BLB has also benefited from the activities of Bristol City Council's International Twinning Officer. This took the pressure off the Trustees, and enabled us to move forward a number of items in particular the Learning Pack. We are also indebted to a RedCross Project manager who has volunteered to manage the Dance Programme in Beira. We are actively looking for more Trustees and volunteers through social networks and umbrella organisations, to strengthen the Working Groups and the Trustee board.

4.2 Governance

4.2.1 Participation

We have held Trustee meetings approximately every 2 months, and held two workshops including volunteers, to discuss our workplan for the coming year. The two working groups, one for Programmes and another for Operations, consisting of Trustees and volunteers, have met approximately every two months.

4.2.2 Partner Agreements

As agreed in the Memorandum of Understanding with ADEL, we have contributed to their core funding every quarter, and included them in our Programme Working Group Meetings, in addition to project related meetings. In conjunction with ADEL, we prepare and annual Strategic Development Plan. All grants made by SARC are preceded by Donation Agreements signed by both SARC and the organisation receiving the grant.

4.2.3 Monitoring and Evaluation

We complete a Monitoring and Evaluation checklist for each project, including grant applications made, grants received, and grants expended. The organisation which has received the grant are asked to provide a qualitative report with photographs, either in the format of our grant giver, or in the format of the recipient organisation.

4.3 Management

4.3.1 Work Plan

We have prepared a work plan for the years 2023-2024-2025, to prioritise actions for SARC, and the two BLB working groups. Consequently, we will be able to continue with the initiatives undertaken this year and ensure that we are a sustainable organisation.

4.3.2 Communications

The use of zoom has ensured good attendance at our regular internal meetings and workshops based in Bristol, as well as regular virtual meetings with ADEL in Beira. We have managed to increase our followers on BLB's Instagram, LinkedIn and Facebook through regular social media posts. These all contain news affecting Beira and describe the activities of BLB and our partners in Beira, and highlighting opportunities for Mozambicans sponsored by UK and Commonwealth organisations. We assemble these posts, with other relevant articles, as newsletters sent to subscribing supporters approximately every quarter.

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2024

4.3.3 Umbrella organisations

We actively follow the activities and advice of relevant volunteer, charity and international development organisations. Of particular relevance are South West International Development Network (SWIDN) and Small International Development Charities Network (SIDCN).

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2024

Statement of Trustees Responsibility

Company law requires the directors, who are also charity Trustees to prepare financial statements that give a true and fair view of the organisation's financial activities during the year and its financial position at the end of the year.

In doing so the Trustees are required to:

1. select suitable accounting policies and then apply them consistently;
2. make judgements and reasonable and prudent judgement;
3. state whether applicable accounting standards and statement of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;
4. prepare the financial statements on the going concern basis unless it is inappropriate to presume that the organisation will continue in operation.

The Trustees are also responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with applicable law, regulations and the trust deed. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the Board of Trustees

.....

Peninah Achieng-Kindberg
Trustee Chair

Date xx/xx/22024

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2024

5 STATEMENT OF FINANCIAL ACTIVITIES (INCOME AND EXPENDITURE)

| | Total Funds £ 2024 | Total Funds £ 2023 |
|---------------------------------------|-----------------------|-----------------------|
| Incoming Resources | | |
| Fundraising | 1,795 | 1,542 |
| Grants (restricted) | 9,365 | 7,500 |
| Donation | 800 | 1,123 |
| Sponsorships | 2650 | 2,775 |
| | 14,610 | 12,940 |
| Resources Expended | | |
| Projects (UK restricted grants) | 1,800 | 1,030 |
| Projects (Overseas restricted grants) | 6,537 | 16,855 |
| Projects (Overseas) | 1,500 | 2,000 |
| Professional Fees | 180 | 0 |
| Printing, Postage and Sundries | 248 | 410 |
| Events | 0 | 170 |
| Fundraising Cost | 1,002 | 1002 |
| Accountancy Fees | 0 | 0 |
| Bank Charges | 145 | 240 |
| Travel/Subsistence | 0 | 87 |
| | 11,412 | 21,794 |
| Net Surplus/Deficit for the year | 3,198 | -8,854 |
| Opening Funds | 11,726 | 20,580 |
| Closing Funds | 14,924 | 11,726 |

(£1,175 Restricted funds at the end of the year)

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2024

6 STATEMENT OF FINANCIAL POSITION AS AT 31 OCTOBER 2024

| | 2024 | 2023 |
|-------------------------|--------|--------|
| | £ | £ |
| Current Assets | | |
| Cash at bank | | |
| SARC Account | 4,925 | 976 |
| SARC Account (reserves) | 0 | 0 |
| Beira Fund | 0 | 750 |
| Beira Fund (reserves) | 10,000 | 10,000 |
| | 14,925 | 11,726 |
| Total cash | 14,925 | 11,726 |
| | 14,925 | 11,726 |
| Net Assets | 14,925 | 11,726 |
| | 14,925 | 11,726 |
| Represented by | | |
| General Funds | 14,925 | 11,726 |
| | 14,925 | 11,726 |
| | 14,925 | 11,726 |

Signed on behalf of the Board of Trustees

Peninah Achieng-Kindberg
Trustee Chair

Date xx/xx/2024

Southern Africa Resource Centre

England & Wales - Charity number 1200189

Accounts

SOUTHERN AFRICA RESOURCE CENTRE
Annual Report and Accounts, year-end 31 October 2023

| | |
|-----------------------------|--|
| Charity number | 1200189 registered 26/08/22 (previously 1000003) |
| Trustees | Peninah Achieng-Kindberg (Chair) Dave Spurgeon (Secretary) Sharon Foster Roger James Caroline Pitt (Treasurer) |
| Registered Office | 17 Oldbury Court Road Bristol BS16 2HH |
| Bankers | The Co-operative Bank |
| Independent Examiner | Not required |

This report for the year ending 31st October 2023 sits alongside the internally audited accounts for that period.

Contents

| | | |
|---|---|----|
| 1 | Objectives and Activities | 2 |
| 2 | Achievements and Performance | 3 |
| 3 | Financial Review | 5 |
| 4 | Structure, Governance and Management | 6 |
| 5 | Statement of Activities and Financial Activities (Income and Expenditure) | 9 |
| 6 | Statement of Financial Position as at 31 October 2023 | 10 |

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2023

1 OBJECTIVES AND ACTIVITIES

1.1 Objectives

Southern Africa Resource Centre was governed by a trust deed dated 9th June 1990 and was registered with the Charity Commission for England and Wales as charity number **1000003** on 2nd August 1990, with charitable objects described as:

1. To advance the education of the public in the South-West of England in the theory and practice of apartheid and in the field of Southern African art, history and current affairs
2. To relieve persons in Southern Africa suffering need hardship and/or distress who by reason of their social or economic conditions are in need of assistance

Southern Africa Resource Centre was registered with the Charity Commission for England and Wales as Charitable Incorporated Organisation (CIO) number **1200189** on 26th August 2022.

The charitable objects were described as:

1. For the public benefit in Southern Africa, to relieve poverty; to advance education; and to advance Southern African art, Culture and Heritage.

All the charity's assets were transferred to the CIO.

1.2 Activities

The work of the Southern Africa Resource Centre (SARC) focuses on the work with Beira facilitated by Bristol Link with Beira (BLB). BLB promotes people-to-people networks between the cities of Bristol in the UK, and Beira in Mozambique, to empower and benefit local communities and generate links and learning between the two cities.

Our strategy this year has focussed on the sectors of

- Health & Education,
- Communities & Civil Society,
- Climate Change & Energy;
- Culture & Sport

using the mechanisms of

- Organisation-Organisation,
- People-People,
- Research;

whilst targeting

- SDG 11 Sustainable Cities
- SDG 17 Partnerships

The Trustees have observed the guidance issued by the Charity Commission on public benefit. Overseas grants have been provided on the basis of needs identified and budgeted by our partners in Beira, an award-winning NGO, ADEL Sofala. These grants for social investment go to local organizations with a track record of social responsibility through helping the community. All administration and management work in Bristol is undertaken by volunteers. Activities in Bristol aim to raise awareness in Bristol about development issues of urban sub-Saharan Africa, and the coastal impact of Climate Change.

2 ACHIEVEMENTS AND PERFORMANCE

2.1 Health & Education

2.1.1 Reproductive Sexual Health for Women & Girls

In 2022 SARC received £5,000 finance from Coles Medlock Foundation, which BLB granted to the Associação para o Desenvolvimento Social (ADS), a non-profit in Beira, for the 6-month project which they had proposed, entitled “Empowerment of Women and Girls in sexual and reproductive health”. Following civic introductions in September 2022, ADS engaged young women as mentors in women’s health, and their inaugural training session was attended by BLB’s NGO partner in Beira, ADEL.

ADS shared knowledge about the dangers of sexual violence and early pregnancy; protection against early pregnancy, reproductive health, sexual and reproductive rights; and also, nutrition. Through sessions at girls’ clubs, the knowledge spread, and women and girls can make responsible decisions regarding their sexuality, reproduction, health and nutrition. ADS submitted a final report in March 2023. One of the 18-year-old mentors in sexual and reproductive health, posted on TikTok appreciating the support from BLB *“so that we can disseminate the necessary information to minimise the occurrence of unwanted early pregnancy and its effects: interrupted education and dreams cut short”*.

2.1.2 Reproductive Sexual Health, Human Rights and Citizenship for Women & Girls

SARC were also successful in a subsequent £5,000 funding bid to the Coles Medlock Foundation in 2023, which BLB granted to ADS for another 6-month project which ADS had proposed, building on the project above, with the addition of the topics on Human Rights and Citizenship, which started in October.

2.1.3 Backpacks for Schoolgirls

To mark International Women’s Day, BLB launched an appeal to provide backpacks to schoolgirls following the devastating effects of Cyclone Freddy. The £1,800 project provided hygiene and dignity kits as well as school materials to ensure continued school attendance of girls whose possessions had been destroyed. The project was conceived and developed in Beira by ADS, who distributed 40 backpacks and contents, financed by BLB, to school-age girls in three neighbourhoods of Beira, which was appreciated by their communities. ADS submitted a final report in May 2023. A young woman sent a video message *“My thanks to Bristol for supporting my two younger sisters with backpacks and supplies, it was a good surprise for us – there are many more in need”*.

2.1.4 ICT Equipment and Training at Matacuane Primary School

Through ADEL, staff at Matacuane Primary School highlighted the need for Information and Computer Technology (ICT) equipment and training to increase efficiency in data management and student grading. This enables them to comply with national requirements for data entry, which previously rested with 3 teachers alone. This £4,000 BLB financed project provided additional computer equipment for the school, and a trainer who ran training sessions in small groups to enable staff to use computers proficiently.

37 teachers have now completed a basic course in Information and Computer Technology (ICT) organised by ADEL. They showed their appreciation in a video on the BLB [YouTube channel](#). The Headteacher explains that *“[This project] was a dream on our agenda. Our attitudes have changed. The teachers can now format and upload their own grades which frees up the Pedagogical Department who had to deal with it previously.”* The Deputy Head elaborates *“The ICT training was useful for us, because the majority of the teachers had no basic ICT knowledge. We are required [by the Ministry of Education] to upload the grades digitally. Everybody should have basic ICT training.”*

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2023

2.1.5 Catering Equipment and Training at Amai Mussananhi

BLB has been working with ADEL and the community group Amai Mussananhi (Women helping Women), on a £4,000 project addressing issues of food insecurity through the provision of catering equipment and training for the Amai preschool. The purchase of appliances and food items has assisted in providing a snack and lunch meal to 70 children every day. Following the construction of a new dedicated kitchen by Amai volunteers, the project will equip 20 vulnerable women with the resources and training needed to support income generating activities, benefitting them and their families. The Amai preschool will provide improved school meals for vulnerable children, improving their welfare and providing the nourishment needed for their development; whilst promoting income generation for vulnerable women.

2.1.6 Resources for Bristol Schools

BLB, with the support of a MSc International Development student from University of Bath, is currently preparing teaching packs about Beira for schools in Bristol. An educationalist, an illustrator and a graphic designer are also contributing, and we await the outcome of funding applications to finalise these resources.

2.1.7 Research

We have continued to elicit research projects from the universities in Bristol, and will encourage universities in Beira to take part in the initiatives of University of Bristol's Perivoli Africa Research Centre. We also encourage Mozambicans to study in Bristol via the Chevening Scholarships.

2.2 Community & Civil Society

2.2.1 Bristol City Council's Beira Room

BLB organised a civic raising of Beira's flag outside City Hall to commemorate Beira's annual "Dia da Cidade". The successful event continued in the "Beira Room" at City Hall, and brought together many people who have supported the work of BLB since the partnership between Bristol and Beira began 33 years ago. Encouraging speeches highlighted the progress of the link and the contributions of attendees who made this possible. Highlights of this event were the unveiling of a capulana patchwork, and a video of a specially prepared dance performance presented by the Casa da Cultura in Beira, titled 'From Beira to the World'. This was followed by a zoom call with Beira to give updates on ongoing initiatives.

2.2.2 Rotary International

In May, Beira Rotary hosted a Regional Conference for delegates from Zimbabwe, Malawi, Zambia and Mozambique and also UK, representing Rotary International. The UK delegates then visited ADEL, our NGO partner, to see their work. Rotary were thanked for their contribution to post-Cyclone Idai rehabilitation works at Amai Mussananhi and Matacuane Primary School. This meeting has initiated the process for a link between Rotary Bristol and Rotary Beira.

2.3 Climate Change & Energy

2.3.1 Youth Leadership

BLB has been working with ADEL, and a youth group in Beira to prepare a project proposal focussing on environmental management with a view to applying for grants in UK.

2.4 Culture & Sport

2.4.1 Festival of Voice

As part of "Festival of Voice" organised by St George's Bristol, BLB facilitated Beira's contribution to the video "Twin Cities - Singing City 2023". We are grateful to AJOMAC (the Youth Association of

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2023

Macuti) with the performance, now on BLB [YouTube channel](#), which they use as an introduction to discussions about the relationship between traditional and modern medicine.

2.4.2 Ballet Studio at Casa de Cultura

Thanks to the activities of volunteers in Beira, refurbishment of the ballet studio, which was damaged in Cyclone Idai and subsequent flooding, was completed under budget. Therefore £2,500 raised by BLB through Rotary, can be diverted for an outreach programme. The dance teacher has already shown that vulnerable teenagers who attend regular dance classes and feel part of a team, can turn their lives around, become included socially, and subsequently avoid criminal and unhealthy lifestyles. This programme now has funds for 6 months, with monitoring and evaluation by ADEL, whilst we seek additional funds for its continuation.

3 FINANCIAL REVIEW

3.1 Financial Position

3.1.1 End of Year Balance

SARC had a healthy end of year balance of £20,531 at 31/10/22 which gave the Trustees the confidence to expend the surplus £8,000 above reserves, on projects in Beira (Primary School ICT and Pre-school Catering). The end of year balance of £11,726 at 31/10/23 is just below the target figure of £12,500.

3.1.2 Income and Expenditure

Income this year was dominated by two restricted grants, one of £5,000 (Coles Medlock) and another £2,500 (Rotary), supplemented by calendar sponsorship, calendar sales, a quiz night, the on-going GoFundMe Crowdfunder, and various unsolicited donations.

Expenditure overseas in Beira totalling £18,885 was primarily five grants (Girls Backpacks, Primary School ICT, Pre-school Catering, Girls Mentoring and Ballet Outreach) passed to the relevant NGOs in Beira; quarterly payments to ADEL for core costs; and payments for ADEL's Monitoring & Evaluation of BLB projects in Beira. Expenditure in Bristol included a picture rail and hanging system for the Beira Room at Bristol City Council, the mounted patchwork, and celebrating 'Beira Day' there; costs for printing and distributing the calendar; and minor core costs. No specialists or consultants have been engaged, and all BLB activities in Bristol have been undertaken by volunteers.

3.2 Financial Planning and Management

3.2.1 Financial Reserves

As a voluntary organisation, we have specified minimum reserves of £12,500 at the end of each year, to include spending on:

- £1,500 for BLB core costs,
- £2,000 for ADEL core costs
- £5,000 contingency fund for disaster relief in Beira,
- £5,000 cash flow to cover any grant funding paid retrospectively

Being £750 short at year end of 2023, SARC aims to fundraise a minimum of £1,150 in addition to £600 of established regular donations, to achieve this at year end 2024.

3.2.2 Financial Management

The Trustees aim to secure strong financial management of its finances by assessing the bi-monthly reports on the overall financial position of SARC, and the Financial Strategy for the following 12 months, both provided by the Treasurer. Whilst fundraising to cover reserves and core costs, BLB is

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2023

currently still expending the grant to fit out the Beira Room, whilst seeking funds for new initiatives in 2024.

3.2.3 Fundraising

SARC/BLB's streams of fundraising undertaken by volunteers this year were:

- Applying to trusts and foundations for grants for specific budgeted projects, contributing to a spreadsheet of potential funders and applications made;
- GoFundMe Crowdfunding platforms for one-off and regular donations from the public;
- Raising funds by informal appeals to friends, family and colleagues.
- Assembling and selling the annual calendar of photographs of Beira

The trustees are working on their networks to motivate Bristol-Beira partnerships, initiate projects and unlock finance. The long-term sustainability of the charity depends on the motivation of volunteers to cover core costs as well as projects.

4 STRUCTURE, GOVERNANCE AND MANAGEMENT

4.1 Structure

4.1.1 Registration as CIO

The SARC Secretary completed the CIO registration on 26/08/2022, with the new charity number of 1200189 and the objects:

“For the public benefit in Southern Africa: to relieve poverty; to advance education; and to advance Southern African art, culture and heritage”.

The governing document of the CIO is a trust deed. The SARC Secretary made a presentation of the changes and implications at the November 2022 Trustees Meeting and has circulated a guide to Trustee duties.

4.1.2 Working Groups

The Trustees and volunteers contribute to either or both of the separate bi-monthly meetings of the Operational Working Group and the Programmes Working Group (which includes representatives of the partners overseas).

4.1.3 Policies and Procedures

We have reviewed our existing policies to align with the requirements of the CIO. These include:

- Complaints handling
- Risk management
- Safeguarding vulnerable beneficiaries
- Volunteer management
- GPDR
- Communications and Social Media
- Diversity and Inclusion
- Expending Reserves in an Emergency
- Working Overseas
- Working with Partners
- Fundraising

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2023

4.1.4 Trustees and Volunteers

We currently have 5 volunteer Trustees from diverse professions and backgrounds, who undertake the activities of SARC and BLB, with an additional 5 volunteers, including university students and teachers, who focus on BLB. BLB was particularly pleased to welcome a MSc International Development student from University of Bath on a 300-hour placement from February – September 2023. This took the pressure off the volunteers, and enabled us to move forward a number of items in particular the Teaching Pack. We are actively looking for more Trustees and volunteers through social networks and umbrella organisations, to strengthen the Working Groups and the Trustee board.

4.2 Governance

4.2.1 Participation

We have held Trustee meetings approximately every 2 months, and held two workshops including volunteers, to discuss our workplan for the coming year. The two working groups, one for Programmes and another for Operations, consisting of Trustees and volunteers, have met approximately every two months.

4.2.2 Partner Agreements

As agreed in the Memorandum of Understanding with ADEL, we have contributed to their core funding every quarter, and included them in our Programme Working Group Meetings, in addition to project related meetings. All grants made by SARC are preceded by Donation Agreements signed by both SARC and the organisation receiving the grant.

4.2.3 Monitoring and Evaluation

We complete a Monitoring and Evaluation checklist for each project, including grant applications made, grants received, and grants expended. The organisation which has received the grant are asked to provide a qualitative report with photographs, either in the format of our grant giver, or in the format of the recipient organisation.

4.3 Management

4.3.1 Work Plan

We have prepared a work plan for the years 2022-2023-2024, to prioritise actions for SARC, and the two working groups. Consequently, we will be able to continue with the initiatives undertaken this year and ensure that we are a sustainable organisation.

4.3.2 Communications

The use of zoom has ensured good attendance at our regular internal meetings and workshops. We have also held regular meetings with ADEL in Beira. We have managed to increase our followers on BLB's Instagram, LinkedIn and Facebook through regular social media posts. These all contain news affecting Beira and describing the activities of BLB and our partners in Beira, and highlighting opportunities for Mozambicans sponsored by UK and Commonwealth organisations. We assemble these posts, with other relevant articles, as newsletters sent to subscribing supporters approximately every quarter.

4.3.3 Umbrella organisations

We actively follow the activities and advice of relevant volunteer, charity and international development organisations, in particular SWIDN.

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2023

Statement of Trustees Responsibility

Company law requires the directors, who are also charity Trustees to prepare financial statements that give a true and fair view of the organisation's financial activities during the year and its financial position at the end of the year.

In doing so the Trustees are required to:

1. select suitable accounting policies and then apply them consistently;
2. make judgements and reasonable and prudent judgement;
3. state whether applicable accounting standards and statement of recommended practice have been followed, subject to any departures disclosed and explained in the financial statements;
4. prepare the financial statements on the going concern basis unless it is inappropriate to presume that the organisation will continue in operation.

The Trustees are also responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the company and enable them to ensure that the financial statements comply with applicable law, regulations and the trust deed. They are also responsible for safeguarding the assets of the company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Signed on behalf of the Board of Trustees



.....
Peninah Achieng-Kindberg
Trustee Chair

Date 10/01/2024

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2023

5 STATEMENT OF FINANCIAL ACTIVITIES (INCOME AND EXPENDITURE)

| | Total Funds £ 2023 | Total Funds £ 2022 |
|---------------------------------------|-----------------------|-----------------------|
| Incoming Resources | | |
| Fundraising | 1,542 | 2,481 |
| Grants (restricted) | 7,500 | 10,000 |
| Donation | 1,123 | 4,472 |
| Sponsorships | 2,775 | 3,440 |
| Sponsorships (restricted) | 0 | 1,808 |
| | 12,940 | 22,621 |
| Resources Expended | | |
| Projects (UK restricted grants) | 1,030 | 0 |
| Projects (Overseas restricted grants) | 16,855 | 11,909 |
| Projects (Overseas) | 2,000 | 2,000 |
| Professional Fees | 0 | 0 |
| Printing, Postage and Sundries | 410 | 752 |
| Events | 170 | 0 |
| Fundraising Cost | 1002 | 990 |
| Accountancy Fees | 0 | 420 |
| Bank Charges | 240 | 229 |
| Travel/Subsistence | 87 | 328 |
| | 21,794 | 16,628 |
| Net Surplus/Deficit for the year | -8,854 | 5,992 |
| Opening Funds | 20,580 | 14,588 |
| Closing Funds | 11,726 | 20,580 |

(£183 Restricted funds at the end of the year)

SOUTHERN AFRICA RESOURCE CENTRE

Annual Report and Accounts, year-end 31 October 2023

6 STATEMENT OF FINANCIAL POSITION AS AT 31 OCTOBER 2023

| | 2023 | 2022 |
|-------------------------|-------------|--------|
| | £ | £ |
| Current Assets | | |
| Cash at bank | | |
| SARC Account | 976 | 11,590 |
| SARC Account (reserves) | 0 | 722 |
| Beira Fund | 750 | |
| Beira Fund (reserves) | 10,000 | 9,278 |
| | <hr/> | |
| Total cash | 11,726 | 20,580 |
| | <hr/> | |
| Net Assets | 11,726 | 20,580 |
| | <hr/> <hr/> | |
| Represented by | | |
| General Funds | 11,726 | 20,580 |
| | <hr/> | |
| | 11,726 | 20,580 |
| | <hr/> <hr/> | |

Signed on behalf of the Board of Trustees



Peninah Achieng-Kindberg
Trustee Chair

Date 10/01/2024