

Trustees' Annual Report

Breakin Barriers

For the financial year ended 31 March 2025

1. The Charity and Its Objectives

Breakin Barriers is a charitable organisation established to support children and young people living with spinal cord injuries and spinal cord disorders.

The charity exists to remove the practical, emotional, and social barriers that these young people and their families face in everyday life.

The charity's objectives are to:

- Provide support, advocacy, and guidance to young people affected by spinal cord injuries and disorders
- Improve access to resources, services, and opportunities that enhance quality of life
- Promote inclusion, independence, and confidence
- Support families and carers with information and practical assistance
- Raise awareness of the challenges faced by children and young people living with spinal cord conditions

2. Activities During the Year

- Providing direct support and guidance to families navigating life after diagnosis or injury
- Offering signposting to specialist services, rehabilitation pathways, and community support
- Engaging with young people to encourage confidence, inclusion, and participation in everyday life
- Building relationships with community organisations, healthcare professionals, and educational settings
- Raising awareness of the unique challenges faced by children living with spinal cord conditions

3. Public Benefit

The trustees confirm that all activities carried out during the year were undertaken for the public benefit.

The charity's work directly benefits children and young people living with spinal cord injuries and disorders, as well as their families and carers, by:

- Reducing isolation
- Increasing access to information and resources
- Supporting independence and inclusion
- Improving wellbeing and confidence

4. Achievements and Performance

- Supported young people and families affected by spinal cord conditions through guidance and advocacy
- Increased awareness of spinal cord disorders affecting children and young people
- Built the charity's presence within the community to better reach those in need of support
- Developed the framework for ongoing support initiatives and partnerships

5. Financial Review

The charity's income for the year totalled £55,002.

This income was applied towards:

- Support services for young people and families
- Resources, equipment, and materials
- Travel and outreach
- Essential administrative and operational costs required to run the charity effectively
- The trustees ensure that all funds are used carefully and solely in furtherance of the charity's objectives.

6. Reserves Policy

The trustees aim to maintain a small level of reserves to ensure the charity can continue to operate and meet its commitments to beneficiaries.

7. Plans for the Coming Year

- Expand direct support offered to children and young people with spinal cord injuries and disorders

- Develop partnerships with healthcare providers, schools, and community organisations
- Increase awareness campaigns and outreach
- Secure additional funding and donations to broaden the charity's impact
- Develop structured programmes tailored to the needs of beneficiaries

8. Structure, Governance and Management

Breakin Barriers is governed by a board of trustees responsible for the strategic direction and oversight of the charity.

The trustees during the financial year were:

- Fidel Thompson (Chair)
- Joseph Bailey
- Jessie Gayle

9. Trustee Responsibilities

- Proper accounting records are maintained
- Appropriate policies and procedures are in place
- The charity's assets are safeguarded
- The charity operates in accordance with its governing document and charitable objectives

10. Approval

Approved by the trustees on: 05/02/2026

Signed on behalf of the trustees:

Name: Fidel Thompson

Position: Chair

Signature: 

BREAKIN BARRIERS

(Charity Incorporated Organisation number 1200151)

Financial statements

for the year ended 31 March 2025

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BREAKIN BARRIERS

Directors' report (incorporating the Trustees' annual report) for the year ended 31 March 2025

The trustees, who are also directors of the charity for the purposes of the Companies Act, submit their annual report and the financial statements for the year ended 31 March 2023.

Full name: Breakin Barriers

CIO Registered Number: 1200151

Principal address: 5 Park Court, Birmingham Road, Coleshill, B46 1AS

Directors (Trustees): Joseph Bailey, Chair
Fidel Thompson
Jessie Gayle

Bankers: HSBC, 67 The Parade, Sutton Coldfield, B72 1PD

Independent examiner: Paula Wilson, MAAT
56 Hickman House, Hickman Road, Galley Common
Nuneaton, CV10 9NQ

Governance and management

The charity is a Charity Incorporated Organisation. It is operated under the rules of its constitution, dated 23 August 2022. The only voting members are the charity trustees. It has no share capital and the liability of each member in the event of winding-up is limited to £1.

Overall management of the charity is the responsibility of the trustees who are elected and co-opted under the terms of the constitution.

BREAKIN BARRIERS
Director's Report (continued)
for the year ended 31 March 2025

Aims and objectives

For the public benefit, the objects of the CIO are:

1. To relieve the needs of people with spinal cord injuries in the UK, particularly, but not exclusively, those who may be experiencing or at risk of experiencing poor mental health, by the means of, but not exclusively:
 - a. Increasing awareness of the impact of spinal cord injuries upon mental health;
 - b. Providing early intervention opportunities for those with spinal cord injuries to work on their physical and mental health such as painting, exercise, socialising, coaching and counselling;
 - c. Creating content, events, partnerships and experiences that encourage those with spinal cord injuries to share their experiences in a friendly and supportive environment;
 - d. Providing funding and support to midlands Centre for Spinal Injury, Robert Jones and Agnes Hunt Orthopaedic Hospital.
2. The Promotion of social inclusion among people with spinal cord injuries and their families who are socially excluded from society, or parts of society, as a result of their injury or disability by:
 - a. Raising Public awareness of the issues affecting people with spinal cord injuries and their families, both generally and in relation to their social exclusion;
 - b. Providing recreational facilities and opportunities for people with spinal cord injuries.

The charity's policy on reserves

The charity has no specific policy with regard to the level of reserves.

Exemptions

The directors/trustees have taken advantage of the exemptions available to small companies, including the audit exemption (see statement on balance sheet).

BREAKIN BARRIERS

Director's Report (continued)

for the year ended 31 March 2025

Responsibilities of the trustees

The charity trustees are responsible for preparing a trustees' annual report and financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities of England and Wales requires the charity trustees to prepare financial statements for each year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources, of the charity for that period. In preparing those financial statements the Trustees are required to:

- select suitable accounting policies and then apply them consistently.
- observe the methods and principles in the applicable Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures that must be disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the company will continue in business.

The Trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy, at any time, the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011, the applicable Charities (Accounts and Reports) Regulations and the provisions of the Trust deed. They are also responsible for safeguarding the assets of the Charity and taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website in accordance with legislation in the United Kingdom governing the preparation and dissemination of financial statements.

Declarations

The company has taken advantage of the small companies' exemption in preparing the report above.

The trustees declare that they have approved the trustees' report (including directors' report) above.

Signed on behalf of the charity's trustees/directors

Signature  Date 05/02/2026

Full Name: Fidel Thompson

Independent examiner's report to the trustees of

BREAKIN BARRIERS

for the year ended 31 March 2025

Report to the trustees of Breakin Barriers on accounts for the year ended 31st March 2025, charity incorporated organisation number 1200151, set out on pages 5 to 9.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention to indicate that:

- accounting records have not been kept in accordance with section 386 of the Companies Act 2006;
- the accounts do not accord with such records:
- where accounts are prepared on an accruals basis, whether they fail to comply with relevant accounting requirements under section 396 of the Companies Act 2006, or are not consistent with the Charities SORP (FRS102)
- any matter which the examiner believes should be drawn to the attention of the reader to gain a proper understanding of the accounts.



04/02/2026

Signed: _____ Date: _____

Paula Wilson, MAAT

BREAKIN BARRIERS

Statement of financial activities incorporating the income and expenditure account for the year ended 31 March 2025

	Notes	Unrestricted Funds £	Restricted Funds £	2025 Total Funds £	2024 £
Incoming resources					
Grants		-	47,950	47,950	13,450
Donations		7,072	-	7,072	15,450
Other				-	1,215
Total incoming resources		7,072	47,950	55,022	30,115
Resources expended					
Marketing & Publicity		156	1,551	1,707	1,707
Coaching		733	1,347	2,080	-
Consultancy		3,625	28,500	32,125	2,370
Website & IT		365	16	380	1,197
DBS Checks		-	-	-	94
Events		5,020	3,597	8,617	3,225
Insurance		-	156	156	137
Equipment & Merchandise		574	1,175	1,749	647
Staff Expenses/Transport		-	1,807	1,807	40
Day Trips		-	-	-	894
Volunteers		-	260	260	-
Traning		-	450	450	-
Bank charges		60	-	60	60
Accounts		400	-	400	400
Total resources expended		10,933	38,859	49,792	10,771
Net incoming/(outgoing) resources		(3,861)	9,091	5,230	19,344
Funding b/f		14,503	13,420	27,923	8,578
Transfers				-	-
Total funds carried forward		10,643	22,511	33,153	27,922

BREAKIN BARRIERS

REGISTERED CHARITY NUMBER: 1200151

BALANCE SHEET TO 31 MARCH 2025

		2024/25 £	2023/24 £
Current assets	Notes		
Cash at bank and in hand		33,552	28,122
		<u>33,552</u>	<u>28,122</u>
Current Liabilities			
Accrued Expenditure	4	(400)	(200)
Net current assets		<u>33,153</u>	<u>27,922</u>
Represented by			
Unrestricted Funds	7	10,643	14,502
Restricted Funds		22,511	13,420
Balance carried forward		<u>33,153</u>	<u>27,922</u>

Exemption from audit

For the year ending 31st March 2025 the company was entitled to exemption from audit under section 477 of the Companies Act 2006 relating to small companies.

Directors' responsibilities:

- The members have not required the company to obtain an audit of its accounts for the year in question in accordance with section 476 of the Companies Act 2006:
- The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

The directors declare that they have approved the accounts above.

Signed on behalf of the company's directors:

Signed: 

Dated: 05/02/2026

BREAKIN BARRIERS

Notes to the accounts

for the year ended 31 March 2025

1. Accounting policies

Basis of the preparation of the accounts

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant notes to these accounts. The accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011

Incoming resources

All material incoming resources have been included on a receivable basis – i.e. they are included if the date receivable falls within the period covered by these accounts.

Resources expended

These have been analysed using a natural classification

2. Grants & Donations

	2025	2024
	£	£
The Global Fund	47,950	-
Sport England (grant)	-	13,450
Sports Key (other income)	240	1,215
Solve Global Ltd	1,000	4,800
Solve CIC	-	1,000
Deeney Media Ltd	-	4,150
New Era Ltd	750	-
C Allcock	1,082	-
Property Central (Auction)	2,500	-
Telent Technology	1,000	-
Caslte Phoenix	100	-
Birmingham Metropolitan College	350	-
A Walia	50	-
Hat Trick Productions	-	3,000
Centrica MGMT	-	2,000
Higgs	-	500
	55,022	30,115

BREAKIN BARRIERS

Notes to the accounts

for the year ended 31 March 2025

3. Creditors

	2025	2024
	£	£
Accounts Preparation	400	400
	<u>400</u>	<u>400</u>

4. Movement in Funds

	Opening balance £	Incoming resources £	(Resources expended) £	Transfers £	Closing balance £
Unrestricted funds	14,502	7,072	(10,933)	-	10,643
	<u>14,502</u>	<u>7,072</u>	<u>(10,933)</u>	<u>-</u>	<u>10,643</u>
Restricted funds					
Sport England	13,420	-	(6,697)	-	6,723
Phoenix Global Fund	-	47,950	(32,162)	-	15,788
	<u>13,420</u>	<u>47,950</u>	<u>(38,859)</u>	<u>-</u>	<u>22,511</u>
Total Funds	<u>27,921</u>	<u>55,022</u>	<u>(49,792)</u>	<u>-</u>	<u>33,153</u>

5. Trustees' remuneration, benefits and expenses

Trustees received no expenses, remuneration or benefits in this period.

6. Independent examination and accountancy services

During the period, the cost of accountancy services was £400.

7. Glossary of terms

Creditors: These are amounts owed by the charity, but not paid during the accounting period.

Independent examiner's report to the trustees of
BREAKIN BARRIERS
for the year ended 31 March 2025

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04/02/2026

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Paula Wilson, MAAT