

Trustees' Annual Report for the period

From 01/03/2024

To 28/02/2025

Charity name: Knighton & Presteigne Foodbank

Charity registration number: 1200127

This is the annual report and audited accounts for the year ended 28 February 2025. The Trustees of Knighton & Presteigne Food Bank confirm that they comply with the requirements of the Charities Act 2011, the trust deed and the Charities SORP (FRS 102).

OBJECTIVES AND ACTIVITIES

Context – A Foodbank has been operating in the Knighton and Presteigne area from October 2012 up to the present time. During these years, there have been many in the local communities who have struggled financially and have visited the Foodbank in need of a helping hand. The Foodbank continued operating under its umbrella organisation (Churches Together in Knighton & District - CTKD) until 2022 when CTKD decided it no longer wished to remain a charity. The Foodbank subsequently applied to the Charity Commission to become a charity in its own right and was granted charitable status on the 19th August 2022.

Purposes – The prevention and relief of poverty by the provision of food, funds, goods or services for the public benefit of residents of Knighton, Presteigne and the surrounding area.

Activities – Once the need has been confirmed, the Foodbank has provided to individuals and families a crisis food parcel consisting of a minimum of 3 days' worth of tinned & dried food, plus fresh items such as milk, bread, cheese and eggs. Referrals this year were predominately from the local support services and agencies such as Midwives, Social Services, Housing, Women's Aid, Mental Health Services, District Nurses, Health Visitors and Citizens Advice Bureau. In addition we saw an uptake of referrals from housing services' homeless projects during the winter period. Many of these were for individuals and families being housed temporarily in local B&B or temporary social housing.

The Foodbank has continued to offer an outreach service to the community of Presteigne, albeit without a permanent base. However, the outreach service serving the Presteigne area continues to be a valuable resource for the community and, as a consequence, we continued this service by operating twice weekly from the primary Foodbank store based at Knighton Baptist Church. We are grateful for the dedicated donations from some generous individuals of food and cash specifically for this purpose. In addition, we have received wonderful support and fundraising from local community enterprises, churches, schools and businesses in both Knighton and Presteigne. The Harvest Festival and Christmas donations this year were particularly generous and enabled us to react during the colder months by enhancing the food parcels and providing gifts and extra meat and vegetable vouchers.

This has been a challenging twelve months at the Foodbank as we saw a significant increase in referrals and larger families needing our support, many more of whom were working but unable to cover their food and fuel bills. In addition, the direct food donations reduced considerably as many of our donors were finding the cost too great. Fortunately, we have been able to purchase food, laundry products, toiletries, pet food and vouchers for fresh food, from our cash donations and some grant funding.

We have also become aware of the need to tackle not only food poverty but increasingly also hygiene poverty. We have increased our support to schools, baby and tots groups and families for extra help with laundry and hygiene products. This has been in the form of direct provision via our "Tots2Teens" funding of toiletries for babies, tots, teens and young adults. It is so sad to think of children not attending school because their uniform is not clean or because they have been unable to shower or wash their hair.

During the summer we supported hard pressed families who were not able to access free school meals in the long holiday break, as part of our "Don't Go Hungry" project. Then in the autumn and winter months we also provided essentials for our "Winter Warmth Project" by purchasing hot water bottles, blankets, hats, gloves, socks and leggings plus children's bedding and warm nightwear. We also supplied slow cookers, air fryers and sandwich toasters, to help families and individuals prepare nutritious meals with minimum fuel costs.

Once again, special parcels of food and other essentials, together with small gifts and goodies, were handed out at Christmas, helping to make the Christmas period special for individuals and families unable to afford anything extra.

In addition, the Foodbank has been able to donate some limited funds to assist other organisations/charities in the area who are involved in the relief of poverty, in keeping with our own charitable purposes.

Volunteers – A number of volunteers have served the Foodbank throughout the year by supporting the Manager, particularly in helping users to make up parcels of food and toiletries. They continue to be an essential and much-appreciated part of our operations.

Public benefit - In their decision-making and management, the Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

ACHIEVEMENTS AND PERFORMANCE

Through its various activities, the Foodbank has succeeded in providing support to individuals and families in financial crisis, i) in the short term by the provision of food and hygiene parcels, ii) for the longer term by providing items that should last several years to help in keeping warm and in preparing meals whilst minimising fuel costs.

Beneficiaries are always warmly welcomed and treated with dignity at the Foodbank. Allowing users to be involved in choosing the contents of their food and hygiene parcels and to be able to purchase from local retailers using vouchers they have been given has helped individuals in crisis to regain some self-respect. The feedback received shows that the services of the Foodbank are very much needed and appreciated.

A Table of Service Provision providing more detail on numbers supported is given below.

Table of Service Provision, March 2024 - February 2025

Month	New Referrals, Knighton	Repeat Referrals, Knighton	New Referrals, Presteigne	Repeat Referrals, Presteigne	Adults Supported, Knighton	Children Supported, Knighton	Adults Supported, Presteigne	Children Supported, Presteigne	Total Referrals	Total Receiving Foodbank Support/Meals
Mar 2024	10	6	7	3	13	8	11	14	26	46 (414 meals)
April	7	3	5	1	12	10	7	6	16	35 (315 meals)
May	4	6	2	0	10	10	2	3	12	25 (225 meals)
June	5	12	0	0	22	24	0	0	17	46 (414 meals)
July	11	11	1	0	26	25	1	2	23	54 (486 meals)
Aug	12	9	3	0	28	33	3	5	24	69 (621 meals)
Sept	11	4	1	0	19	21	1	2	16	44 (396 meals)
Oct	4	14	1	0	26	12	1	2	19	41 (369 meals)
Nov	11	10	2	2	24	18	4	5	25	51 (459 meals)
Dec	11	7	5	1	16	31	7	7	24	61 (549 meals)
Jan 2025	11	10	1	1	24	18	2	4	23	48 (432 meals)
Feb	7	10	2	1	17	14	4	3	20	38 (342 meals)
TOTALS (YEAR)	103	122	30	9	237	224	43	5	243	558 (5,022 meals)

FINANCIAL REVIEW

Review of the charity's financial position at the end of the period – The Foodbank is particularly blessed to have around 40 very generous financial supporters who donate on a regular monthly basis, enabling the Foodbank to plan with confidence for the future. These regular donations increased by nearly 20% compared with the 2023/24 financial year, thanks in large part to some donors increasing their standing orders significantly. On the other hand, one-off donations and food donations from individuals reduced considerably, possibly because of ongoing economic pressures and less media focus on foodbanks.

Powys County Council provided a grant of £3.1k during the year from their Household Support fund and there were donations totalling £3.3k from local organisations. These were also much-appreciated.

Total income for the year was adequate to cover the regular expenditure required to run the Foodbank and also to fund the “Tots2Teens” project, the “Don’t Go Hungry” project, and the “Winter Warmth Project”. Many vouchers from local retailers were distributed during the year and slow cookers, air fryers and sandwich toasters were purchased and given to those in need. In addition, some funds were allocated for donating to other local charities/organisations running projects in keeping with the Foodbank’s charitable objects.

The Foodbank finished the year in a strong financial position with cash assets totalling £82.6k, an increase of £4.5k compared with the previous financial year.

Investment policy and objectives including any social investment policy adopted – The policy of the foodbank is to hold all cash assets at minimum risk. All the cash assets have been held in a current account and a savings account with HSBC UK Bank plc. The total at the end of the period was below the Financial Services Compensation Scheme protection limit for charities of £85,000.

A description of the principal financial risks facing the charity – Throughout its existence, the Foodbank has benefitted from free or notional rent for use of a building for its operations. If this situation changes (as is anticipated), it will be necessary to locate suitable alternative local premises, probably requiring significant extra expenditure on rent.

A further financial risk to the Foodbank is associated with the economic climate within the country and the ability of individuals in our local communities to afford to donate. There could also potentially be an increase in demand for the Foodbank services depending on Government priorities for allocating its limited resources.

Although the significant reserves held currently should enable the Foodbank to continue to operate into the future even if these risks materialise, the Trustees will keep the situation under close review.

Statement supporting the policy and reasons for holding reserves – There is no indication at the present time that the need for the Foodbank services is likely to reduce in the coming months and years. Even a significant number of individuals/families with income from employment are struggling to pay for essentials, and the decline in one-off financial donations and food donations may reflect a general purse-tightening within the community. In addition, the current turbulence in the global economy and issues within the UK economy have added further uncertainties. Should the local or national climate deteriorate there would likely be a two-fold impact on the Foodbank: the level of donations would reduce and, the demand for Foodbank services increase.

The Foodbank is also faced with the likelihood of having to pay commercial rent for a suitable space for its operations because its current low-cost accommodation is expected to become unavailable in the near future. This will result in an extra financial burden.

The Foodbank Trustees therefore believe it is prudent to maintain a higher level of reserves than previously. A target level of £70k has therefore been agreed. This level of reserves should enable the Foodbank to continue operating well into the future even if income from donations and grants reduces significantly. Even at this increased level, there are currently sufficient funds available for the Trustees to continue to consider supporting other local organisations with suitable aims and look for more opportunities to benefit those in financial crisis. However, in light of the various concerns mentioned above, the financial position will be kept under regular review.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Type of governing document – Constitution

How constituted – CIO

Trustee selection method – Appointed by the Committee of Trustees

REFERENCE AND ADMINISTRATIVE DETAILS

Charity name – Knighton & Presteigne Foodbank

Registered charity number – 1200127

Charity's principal address – Tower House, 29 High Street, Knighton, Powys LD7 1AT



Names of the charity Trustees who manage the charity


	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Madeleine McDonagh	Chairperson	10/09/24 – present	Committee of Trustees
2	Alison Thomas	Secretary		
3	Julia Roberts			
4	Sally Mansell			
5	Ann Curtis			

DECLARATIONS

The trustees declare that they have approved the Trustees' report above.

Signed on behalf of the charity's Trustees

Signature(s)		
Full name(s)	MADELEINE MCDONAGH	A. M. THOMAS
Position (eg Secretary, Chair, etc)	Chair	SECRETARY
Date	15/04/25	

 <div>CHARITY COMMISSION FOR ENGLAND AND WALES</div>	Knighton & Presteigne Foodbank			1200127		CC16a
	Receipts and payments accounts					
	For the period from	01/03/2024	To	28/02/2025		
Section A Receipts and payments						
	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year	
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £	
A1 Receipts						
Donations	23,777	-	-	23,777	27,179	
Grants	-	3,142	-	3,142	11,237	
Interest received	1,008	-	-	1,008	759	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
	-	-	-	-	-	
Sub total (Gross income for AR)	24,785	3,142	-	27,927	39,175	
A2 Asset and investment sales, (see table).						
	-	-	-	-	-	
	-	-	-	-	-	
Sub total	-	-	-	-	-	
Total receipts	24,785	3,142	-	27,927	39,175	
A3 Payments						
Manager remuneration	10,081	630	-	10,711	11,940	
Food, toiletries, vouchers, slow cookers, etc	7,141	2,512	-	9,653	9,685	
Telephone & internet	270	-	-	270	293	
Publicity, postage & stationery	92	-	-	92	300	
Bank charges	74	-	-	74	84	
Hire & equipping of premises	600	-	-	600	460	
Insurance, fees. etc	981	-	-	981	1,184	
Other	1,000	-	-	1,000	-	
	-	-	-	-	-	
Sub total	20,239	3,142	-	23,381	23,946	
A4 Asset and investment purchases, (see table)						
	-	-	-	-	-	
	-	-	-	-	-	
Sub total	-	-	-	-	-	
Total payments	20,239	3,142	-	23,381	23,946	
Net of receipts/(payments)	4,546	-	-	4,546	15,229	
A5 Transfers between funds	-	-	-	-	-	
A6 Cash funds last year end	78,017	-	-	78,017	62,788	
Cash funds this year end	82,563	-	-	82,563	78,017	

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	HSBC Charitable Account	6,543	-	-
	HSBC Money Manager Account	76,020	-	-
	Cash received but not banked	-	-	-
	Total cash funds	82,563	-	-

(agree balances with receipts and payments account(s))

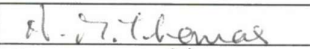

	Details	OK Unrestricted funds to nearest £	OK Restricted funds to nearest £	OK Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Shelving, Cupboard, Trolley, Shredder	Unrestricted	-	-
	Laptop Computer, Smartphone	Unrestricted	-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	A.M. THOMAS	15/4/25
	S.E. MANSELL	15/4/25



CHARITY COMMISSION FOR ENGLAND AND WALES

Independent examiner's report on the accounts

Section A

Independent Examiner's Report

Report to the trustees/
members of

KNIGHTON & PRESTEIGNE FOOD BANK CIO

On accounts for the year
ended

28 FEBRUARY 2025

Charity no
(if any)

1200127

Set out on pages

A1 & A2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended **28 / 02 / 2025**.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 07/06/2025

Name:

CHRISTOPHER THOMAS NATHANIEL DAVIS MEng ACA

Relevant professional
qualification(s) or body
(if any):

ICAEW Membership # 2956147

Address:

Housego Accountancy & Taxation Ltd

Office 10, Broadaxe Business Park, PRESTEIGNE, Powys, LD8 2UH

UNITED KINGDOM

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Nothing Further to Report.