

Trustees' Annual Report for the period

From 01/03/2023

To 29/02/2024

Charity name: Knighton & Presteigne Foodbank

Charity registration number: 1200127

This is the annual report and audited accounts for the year ended 29 February 2024. The Trustees of Knighton & Presteigne Food Bank confirm they comply with the requirements of the Charities Act 2011, the trust deed and the Charities SORP (FRS 102).

OBJECTIVES AND ACTIVITIES

Context – Knighton Food Bank started in October 2012 in response to the, then current, financial situation. It was one of several projects operated by Churches Together in Knighton & District (CTKD). In 2022, Knighton Food Bank was informed of the decision to de-register CTKD as a charity and Knighton & Presteigne Foodbank was awarded charitable status in its own right on the 19th August 2022.

Purposes – The prevention and relief of poverty by the provision of food, funds, goods or services for the public benefit of residents of Knighton, Presteigne and the surrounding area.

Activities - With the support of local government and other funding bodies together with donations from individuals in our local communities, we have been able to respond to the difficult economic situation by providing food, toiletries, and a range of other helpful items such as slow cookers to those in great need within our area. In addition, a Winter Project was run and special Christmas parcels made up and distributed.

Public benefit - In their decision-making and management, the Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

ACHIEVEMENTS

The foodbank has operated throughout the period on two days in Knighton and on an outreach basis in Presteigne as we are now struggling to find suitable premises. This has required additional effort from our manager as she has administered Presteigne's needs from Knighton.

The Knighton site has continued to be operated from a house attached to and owned by Knighton Baptist Church for two hours on Tuesdays and Fridays. After a trial period, the Presteigne Youth Centre was found to be unsuitable and, as already stated, we are actively looking for a more suitable location. Our clients (who we refer to as our 'friends') mostly continue to come to us from local support services referrals.

This has been a particularly challenging twelve months for everyone. As the financial crisis has bitten, we have seen food donations drop off. It has therefore been necessary to purchase a significant quantity of additional foodstuffs and other essentials to supplement the donations. We always give our friends the opportunity to choose their own 'basket' and include vouchers for local butchers and greengrocers in both towns so they can shop for fresh food.

Once again, we offer our grateful thanks to our local community who unstintingly donate cash, food and their valuable time and also, to Knighton Baptist Church for their support and to the Welsh Government and Powys County Council for their grant funding. Our manager's operational report says all of the above – with much more detail and elegance! We, the charity's trustees, thank both her and her fabulous volunteers from the bottom of our hearts.

KNIGHTON & PRESTEIGNE FOODBANK – MANAGER’S OPERATIONAL REPORT

Our aim continues to be the provision, when need has been ascertained, of a crisis food parcel consisting for a minimum of 3 days' worth of tinned & dried food, plus fresh items such as milk, bread, cheese and eggs. Referrals this year were predominately from the local support services and agencies such as Midwives, Social Services, Housing, Women's Aid, Mental Health Services, District Nurses, Health Visitors and CAB.

Whilst we continue to offer an outreach service to the community of Presteigne, we have not been able to secure permanent premises. However, the outreach service serving the Presteigne area continues to be a valuable resource for the community and as a consequence we continued this service by operating twice weekly from the food bank store based at Knighton Baptist Church. We are grateful for the dedicated donations of food and cash specifically for this purpose. In addition, we have received wonderful support & fundraising from local community enterprises, churches, schools and businesses in both Knighton and Presteigne.

This has been a challenging twelve months at food bank as we saw a significant increase in referrals and larger families needing our support. In addition, the direct food donations reduced considerably as many of our donors were finding the cost too great. Fortunately, we have been able to purchase food, laundry products, toiletries, pet food and vouchers for fresh food, from our cash donations and grant funding. Economic hardship has added to real poverty for many residents of Knighton & Presteigne. For some, including a higher number of working families, it has been a struggle to put food on the table, especially when faced with loss of a job, sickness and homelessness and debts. Towards the latter end of the year, we responded to an influx of referrals from Powys Housing, to support “rough sleepers” over the winter, who were being housed temporarily in a local hotel. We have also continued our support to schools, baby and tots groups and families for extra help with laundry and hygiene products plus provision of toiletries for babies, tots, teens and young adults. As a result of grant funding from the Welsh Government and Powys County Council, we also provided essentials for our “Winter Warmth Project” by purchasing hot water bottles, blankets, hats, gloves, socks and leggings plus children's bedding and warm nightwear.

Summary of Referral Activity:

	2022-2023	2023 -2024
Referrals	126	295
Adults supported	199	412
Children supported	169	417

Note: Please see separate **Table of Service Provision 2023 – 2024** for full breakdown.

Breakdown of Service Provision

Knighton & Presteigne Foodbank- Table of Service Provision Service Provision: March 2023/Feb 2024

Month	New Referrals Kn	Repeat Referrals Kn	New Referrals P	Repeat Referrals P	Adults Supported Kn	Children supported Kn	Adults Supported P	Children Supported P	Total Referrals	Total Individuals Receiving food parcels
March 2023	14	5	1	0	29	30	1	0	20	60
April	6	11	3	2	26	18	9	10	22	63
May	10	7	2	6	21	29	10	12	25	72
June	6	6	5	4	20	19	13	11	21	63
July	12	2	5	3	24	31	12	13	22	80
Aug	15	7	7	8	34	50	24	26	37	134
Sept	8	4	4	9	15	16	14	14	23	59
Oct	13	6	4	3	24	17	10	14	26	65
Nov	7	14	0	2	28	23	2	3	23	56
Dec	10	9	4	1	26 (+ 19 Xmas)=45	23 (+ 24 Xmas)= 47	8 (+6 Xmas)= 14	11(+ 10 Xmas) =21	24 (+ 20 Xmas)=44	127
Jan2024	9	7	2	-	20	3	2	2	18	27
Feb	7	3	2	2	11	4	4	4	14	23
TOTALS (YEAR)	117	83	39	42	297	287	115	130	295	829

KNIGHTON & PRESTEIGNE FOODBANK - FINANCIAL REVIEW 2023/24

Review of the charity's financial position at the end of the period – It has been encouraging to find that our local communities have continued to provide significant financial and other practical support to the Foodbank during its first full year of operation as a CIO. The much-valued regular monthly donations by standing order or gift aided (administered by Stewardship) increased by more than 20% over the course of the year. This underpinning funding has enabled the Foodbank to plan for the future with confidence.

Powys County Council provided new funding during the year of £11.2k through Direct Food Support and Discretionary Cost of Living grants. However, there were some indications towards the end of the year that one-off donations from individuals and organisations were tailing off, possibly as there was less media coverage of the cost-of-living crisis during this period.

Nevertheless, the Foodbank was able to run various special projects through the year in addition to its usual work of providing parcels of food and other essentials to individuals and families in financial trouble. A number of air fryers and slow cookers were purchased to enable some suitable Foodbank users to prepare healthy meals for manageable energy costs. Vouchers for use at local food retailers were provided with some food parcels allowing the recipients the dignity of shopping for themselves and greater choice. The special Christmas parcels were a great success once again, bringing an element of joy at a particularly difficult time of year for many. The Foodbank ended the period in a strong financial position and it is not anticipated that any specific fundraising initiatives will be required during the coming year.

Statement explaining the policy for holding reserves stating why they are held - We have aimed to maintain total cash assets at the bank of £60,000 which funds approximately 15 months running costs and also allows for possible future damaging political decisions, economic changes, or other emergencies which could result in reduced donations to the Foodbank and/or increased demand for its services. The reserves at the end of the period were more than sufficient to meet these requirements and the Trustees will consider options for effective use of excess funds during the next period in keeping with our charitable objects.

Investment policy and objectives including any social investment policy adopted - All the cash assets have been held in a current account and savings account with HSBC UK Bank plc. The total at the end of the period was below the Financial Services Compensation Scheme limit for charities of £85,000.

A description of the principal risks facing the charity - The main financial risk to the Foodbank is associated with the economic climate within the country and the ability of individuals in our local communities to afford to donate. However, the significant level of reserves held currently should enable the Foodbank to continue to operate even in the event of a national crisis.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Type of governing document – Constitution

How constituted – CIO

Trustee selection method – Appointed by the Committee of Trustees

REFERENCE AND ADMINISTRATIVE DETAILS

Charity name – Knighton & Presteigne Foodbank

Registered charity number – 1200127

Charity's principal address – Tower House, 29 High Street, Knighton, Powys LD7 1AT

Names of the charity Trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Julia Roberts	Chairperson		Committee of Trustees
2	Alison Thomas	Secretary		
3	Madeleine McDonagh	Treasurer		
4	Sally Mansell			
5	Ann Curtis			

DECLARATIONS

The trustees declare that they have approved the Trustees' report above.

Signed on behalf of the charity's Trustees

Signature(s)	M McDonagh	A. M. Thomas
Full name(s)	MADELEINE McDONAGH	ALISON MARGARET THOMAS
Position (eg Secretary, Chair, etc)	TREASURER	SECRETARY
Date	21/06/2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Knighton & Presteigne Foodbank

1200127

Receipts and payments accounts

CC16a

For the period
from

01/03/2023

To

29/02/2024

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	27,179	-	-	27,179	10,290
Grants	-	11,237	-	11,237	1,381
Interest received	759	-	-	759	-
Transferred from Knighton and East Radnor Food Bank (charity no. 1172353) which will be dissolving	-	-	-	-	59,253
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	27,938	11,237	-	39,175	70,924
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	27,938	11,237	-	39,175	70,924
A3 Payments					
Manager remuneration	6,190	5,750	-	11,940	5,475
Food, toiletries, vouchers, slow cookers, etc	1,851	7,834	-	9,685	1,365
Telephone & internet	293	-	-	293	24
Publicity, postage, & stationery	300	-	-	300	342
Bank charges	84	-	-	84	25
Hire & equipping of premises	460	-	-	460	905
Insurance, fees, etc	1,184	-	-	1,184	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	10,362	13,584	-	23,946	8,136
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	10,362	13,584	-	23,946	8,136
Net of receipts/(payments)	17,576	- 2,347	-	15,229	62,788
A5 Transfers between funds	- 14	14	-	-	-
A6 Cash funds last year end	60,455	2,333	-	62,788	-
Cash funds this year end	78,017	-	-	78,017	62,788

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	HSBC Charitable Account	28,005	-	-
	HSBC Money Manager Account	50,012	-	-
	Cash received but not banked	-	-	-
	Total cash funds	78,017	-	-

(agree balances with receipts and payments account(s))

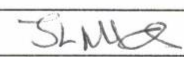
	Details	OK Unrestricted funds to nearest £	OK Restricted funds to nearest £	OK Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Shelving, Cupboard, Trolley	Unrestricted	-	-
	Laptop Computer, Smartphone	Unrestricted	-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	J.L. ROBERTS	19.03.24
A.M. Thomas	A.M. THOMAS	19/03/24



Section A

Independent Examiner's Report

Report to the trustees/
members of

KNIGHTON & PRESTEIGNE FOOD BANK CIO

On accounts for the year
ended

29 FEBRUARY 2024

Charity no
(if any)

1200127

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended 29 / 02 / 2024.

Responsibilities and
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 10/06/2024

Name:

CHRISTOPHER THOMAS NATHANIEL DAVIS MEng ACA

Relevant professional
qualification(s) or body
(if any):

ICAEW Membership # 2956147

Address:

Housego Accountancy & Taxation Ltd

Office 10, Broadaxe Business Park, PRESTEIGNE, Powys, LD8 2UH

UNITED KINGDOM

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Nothing Further to Report.