

KNIGHTON & PRESTEIGNE FOODBANK

England & Wales · Charity number 1200127

Details

Status Registered

Legal form CIO

Registered 2022-08-19

Register [View on the Charity Commission register](#)

Contact

Address Tower House
29 High Street
Knighton
Powys
LD7 1AT

Phone 07731524058

Email helen@knightonfoodbank.co.uk

Website www.knightonfoodbank.co.uk

Activities

Objects: THE PREVENTION AND RELIEF OF POVERTY BY THE PROVISION OF FOOD, FUNDS, GOODS OR SERVICES FOR THE PUBLIC BENEFIT OF RESIDENTS OF KNIGHTON, PRESTEIGNE AND THE SURROUNDING AREA.

Activities: Knighton & Presteigne Foodbank operates in east Radnorshire and also crosses the border into Herefordshire and Shropshire. It helps families and individuals in crisis who are struggling with the growing problems caused by rising inflation, benefit changes and food and energy costs.

Classification

- **How:** Provides Services
- **What:** Disability, The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

Geography

- Herefordshire
- Powys
- Shropshire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-02-28	£27,927	£23,381	-	-
2024-02-29	£39,175	£23,946	-	-
2023-02-28	£70,924	£8,136	-	-

Trustees

Name	Role	Appointed
Dr Madeleine McDonagh	Chair	2022-08-19
Alison Margaret Thomas		2022-08-19
Ann Christine Curtis		2022-08-19
Julia Lesley Roberts		2022-08-19
Sally Elizabeth Mansell		2022-08-19

KNIGHTON & PRESTEIGNE FOODBANK

England & Wales - Charity number 1200127

Accounts

Trustees' Annual Report for the period

From 01/03/2024

To 28/02/2025

Charity name: Knighton & Presteigne Foodbank

Charity registration number: 1200127

This is the annual report and audited accounts for the year ended 28 February 2025. The Trustees of Knighton & Presteigne Food Bank confirm that they comply with the requirements of the Charities Act 2011, the trust deed and the Charities SORP (FRS 102).

OBJECTIVES AND ACTIVITIES

Context – A Foodbank has been operating in the Knighton and Presteigne area from October 2012 up to the present time. During these years, there have been many in the local communities who have struggled financially and have visited the Foodbank in need of a helping hand. The Foodbank continued operating under its umbrella organisation (Churches Together in Knighton & District - CTKD) until 2022 when CTKD decided it no longer wished to remain a charity. The Foodbank subsequently applied to the Charity Commission to become a charity in its own right and was granted charitable status on the 19th August 2022.

Purposes – The prevention and relief of poverty by the provision of food, funds, goods or services for the public benefit of residents of Knighton, Presteigne and the surrounding area.

Activities – Once the need has been confirmed, the Foodbank has provided to individuals and families a crisis food parcel consisting of a minimum of 3 days' worth of tinned & dried food, plus fresh items such as milk, bread, cheese and eggs. Referrals this year were predominately from the local support services and agencies such as Midwives, Social Services, Housing, Women's Aid, Mental Health Services, District Nurses, Health Visitors and Citizens Advice Bureau. In addition we saw an uptake of referrals from housing services' homeless projects during the winter period. Many of these were for individuals and families being housed temporarily in local B&B or temporary social housing.

The Foodbank has continued to offer an outreach service to the community of Presteigne, albeit without a permanent base. However, the outreach service serving the Presteigne area continues to be a valuable resource for the community and, as a consequence, we continued this service by operating twice weekly from the primary Foodbank store based at Knighton Baptist Church. We are grateful for the dedicated donations from some generous individuals of food and cash specifically for this purpose. In addition, we have received wonderful support and fundraising from local community enterprises, churches, schools and businesses in both Knighton and Presteigne. The Harvest Festival and Christmas donations this year were particularly generous and enabled us to react during the colder months by enhancing the food parcels and providing gifts and extra meat and vegetable vouchers.

This has been a challenging twelve months at the Foodbank as we saw a significant increase in referrals and larger families needing our support, many more of whom were working but unable to cover their food and fuel bills. In addition, the direct food donations reduced considerably as many of our donors were finding the cost too great. Fortunately, we have been able to purchase food, laundry products, toiletries, pet food and vouchers for fresh food, from our cash donations and some grant funding.

We have also become aware of the need to tackle not only food poverty but increasingly also hygiene poverty. We have increased our support to schools, baby and tots groups and families for extra help with laundry and hygiene products. This has been in the form of direct provision via our "Tots2Teens" funding of toiletries for babies, tots, teens and young adults. It is so sad to think of children not attending school because their uniform is not clean or because they have been unable to shower or wash their hair.

During the summer we supported hard pressed families who were not able to access free school meals in the long holiday break, as part of our "Don't Go Hungry" project. Then in the autumn and winter months we also provided essentials for our "Winter Warmth Project" by purchasing hot water bottles, blankets, hats, gloves, socks and leggings plus children's bedding and warm nightwear. We also supplied slow cookers, air fryers and sandwich toasters, to help families and individuals prepare nutritious meals with minimum fuel costs.

Once again, special parcels of food and other essentials, together with small gifts and goodies, were handed out at Christmas, helping to make the Christmas period special for individuals and families unable to afford anything extra.

In addition, the Foodbank has been able to donate some limited funds to assist other organisations/charities in the area who are involved in the relief of poverty, in keeping with our own charitable purposes.

Volunteers – A number of volunteers have served the Foodbank throughout the year by supporting the Manager, particularly in helping users to make up parcels of food and toiletries. They continue to be an essential and much-appreciated part of our operations.

Public benefit - In their decision-making and management, the Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

ACHIEVEMENTS AND PERFORMANCE

Through its various activities, the Foodbank has succeeded in providing support to individuals and families in financial crisis, i) in the short term by the provision of food and hygiene parcels, ii) for the longer term by providing items that should last several years to help in keeping warm and in preparing meals whilst minimising fuel costs.

Beneficiaries are always warmly welcomed and treated with dignity at the Foodbank. Allowing users to be involved in choosing the contents of their food and hygiene parcels and to be able to purchase from local retailers using vouchers they have been given has helped individuals in crisis to regain some self-respect. The feedback received shows that the services of the Foodbank are very much needed and appreciated.

A Table of Service Provision providing more detail on numbers supported is given below.

Table of Service Provision, March 2024 - February 2025

Month	New Referrals, Knighton	Repeat Referrals, Knighton	New Referrals, Presteigne	Repeat Referrals, Presteigne	Adults Supported, Knighton	Children Supported, Knighton	Adults Supported, Presteigne	Children Supported, Presteigne	Total Referrals	Total Receiving Foodbank Support/Meals
Mar 2024	10	6	7	3	13	8	11	14	26	46 (414 meals)
April	7	3	5	1	12	10	7	6	16	35 (315 meals)
May	4	6	2	0	10	10	2	3	12	25 (225 meals)
June	5	12	0	0	22	24	0	0	17	46 (414 meals)
July	11	11	1	0	26	25	1	2	23	54 (486 meals)
Aug	12	9	3	0	28	33	3	5	24	69 (621 meals)
Sept	11	4	1	0	19	21	1	2	16	44 (396 meals)
Oct	4	14	1	0	26	12	1	2	19	41 (369 meals)
Nov	11	10	2	2	24	18	4	5	25	51 (459 meals)
Dec	11	7	5	1	16	31	7	7	24	61 (549 meals)
Jan 2025	11	10	1	1	24	18	2	4	23	48 (432 meals)
Feb	7	10	2	1	17	14	4	3	20	38 (342 meals)
TOTALS (YEAR)	103	122	30	9	237	224	43	5	243	558 (5,022 meals)

FINANCIAL REVIEW

Review of the charity's financial position at the end of the period – The Foodbank is particularly blessed to have around 40 very generous financial supporters who donate on a regular monthly basis, enabling the Foodbank to plan with confidence for the future. These regular donations increased by nearly 20% compared with the 2023/24 financial year, thanks in large part to some donors increasing their standing orders significantly. On the other hand, one-off donations and food donations from individuals reduced considerably, possibly because of ongoing economic pressures and less media focus on foodbanks.

Powys County Council provided a grant of £3.1k during the year from their Household Support fund and there were donations totalling £3.3k from local organisations. These were also much-appreciated.

Total income for the year was adequate to cover the regular expenditure required to run the Foodbank and also to fund the “Tots2Teens” project, the “Don’t Go Hungry” project, and the “Winter Warmth Project”. Many vouchers from local retailers were distributed during the year and slow cookers, air fryers and sandwich toasters were purchased and given to those in need. In addition, some funds were allocated for donating to other local charities/organisations running projects in keeping with the Foodbank’s charitable objects.

The Foodbank finished the year in a strong financial position with cash assets totalling £82.6k, an increase of £4.5k compared with the previous financial year.

Investment policy and objectives including any social investment policy adopted – The policy of the foodbank is to hold all cash assets at minimum risk. All the cash assets have been held in a current account and a savings account with HSBC UK Bank plc. The total at the end of the period was below the Financial Services Compensation Scheme protection limit for charities of £85,000.

A description of the principal financial risks facing the charity – Throughout its existence, the Foodbank has benefitted from free or notional rent for use of a building for its operations. If this situation changes (as is anticipated), it will be necessary to locate suitable alternative local premises, probably requiring significant extra expenditure on rent.

A further financial risk to the Foodbank is associated with the economic climate within the country and the ability of individuals in our local communities to afford to donate. There could also potentially be an increase in demand for the Foodbank services depending on Government priorities for allocating its limited resources.

Although the significant reserves held currently should enable the Foodbank to continue to operate into the future even if these risks materialise, the Trustees will keep the situation under close review.

Statement supporting the policy and reasons for holding reserves – There is no indication at the present time that the need for the Foodbank services is likely to reduce in the coming months and years. Even a significant number of individuals/families with income from employment are struggling to pay for essentials, and the decline in one-off financial donations and food donations may reflect a general purse-tightening within the community. In addition, the current turbulence in the global economy and issues within the UK economy have added further uncertainties. Should the local or national climate deteriorate there would likely be a two-fold impact on the Foodbank: the level of donations would reduce and, the demand for Foodbank services increase.

The Foodbank is also faced with the likelihood of having to pay commercial rent for a suitable space for its operations because its current low-cost accommodation is expected to become unavailable in the near future. This will result in an extra financial burden.

The Foodbank Trustees therefore believe it is prudent to maintain a higher level of reserves than previously. A target level of £70k has therefore been agreed. This level of reserves should enable the Foodbank to continue operating well into the future even if income from donations and grants reduces significantly. Even at this increased level, there are currently sufficient funds available for the Trustees to continue to consider supporting other local organisations with suitable aims and look for more opportunities to benefit those in financial crisis. However, in light of the various concerns mentioned above, the financial position will be kept under regular review.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Type of governing document – Constitution

How constituted – CIO

Trustee selection method – Appointed by the Committee of Trustees

REFERENCE AND ADMINISTRATIVE DETAILS

Charity name – Knighton & Presteigne Foodbank

Registered charity number – 1200127

Charity's principal address – Tower House, 29 High Street, Knighton, Powys LD7 1AT

Names of the charity Trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Madeleine McDonagh	Chairperson	10/09/24 – present	Committee of Trustees
2	Alison Thomas	Secretary		
3	Julia Roberts			
4	Sally Mansell			
5	Ann Curtis			

DECLARATIONS

The trustees declare that they have approved the Trustees' report above.

Signed on behalf of the charity's Trustees

Signature(s)	<i>MM McDonagh</i>	<i>A.M. Thomas</i>
Full name(s)	MADELEINE MCDONAGH	A. M. THOMAS
Position (eg Secretary, Chair, etc)	Chair	SECRETARY

Date 15/04/25



CHARITY COMMISSION
FOR ENGLAND AND WALES

Knighton & Presteigne Foodbank 1200127

Receipts and payments accounts

CC16a

For the period from 01/03/2024 To 28/02/2025

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Donations	23,777	-	-	23,777	27,179
Grants	-	3,142	-	3,142	11,237
Interest received	1,008	-	-	1,008	759
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	24,785	3,142	-	27,927	39,175
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	24,785	3,142	-	27,927	39,175
A3 Payments					
Manager remuneration	10,081	630	-	10,711	11,940
Food, toiletries, vouchers, slow cookers, etc	7,141	2,512	-	9,653	9,685
Telephone & internet	270	-	-	270	293
Publicity, postage & stationery	92	-	-	92	300
Bank charges	74	-	-	74	84
Hire & equipping of premises	600	-	-	600	460
Insurance, fees. etc	981	-	-	981	1,184
Other	1,000	-	-	1,000	-
	-	-	-	-	-
Sub total	20,239	3,142	-	23,381	23,946
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	20,239	3,142	-	23,381	23,946
Net of receipts/(payments)	4,546	-	-	4,546	15,229
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	78,017	-	-	78,017	62,788
Cash funds this year end	82,563	-	-	82,563	78,017

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	HSBC Charitable Account	6,543	-	-
	HSBC Money Manager Account	76,020	-	-
	Cash received but not banked	-	-	-
	Total cash funds	82,563	-	-

(agree balances with receipts and payments account(s))

OK

OK

OK

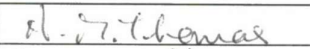
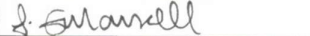
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Shelving, Cupboard, Trolley, Shredder	Unrestricted	-	-
	Laptop Computer, Smartphone	Unrestricted	-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	A.M. THOMAS	15/4/25
	S.E. MANSELL	15/4/25



Section A Independent Examiner's Report

Report to the trustees/ members of

KNIGHTON & PRESTEIGNE FOOD BANK CIO

On accounts for the year ended

28 FEBRUARY 2025

Charity no (if any)

1200127

Set out on pages

A1 & A2

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended 28 / 02 / 2025.

Responsibilities and basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Chris Davis

Date:

07/06/2025

Name:

CHRISTOPHER THOMAS NATHANIEL DAVIS MEng ACA

Relevant professional qualification(s) or body (if any):

ICAEW Membership # 2956147

Address:

Housego Accountancy & Taxation Ltd

Office 10, Broadaxe Business Park, PRESTEIGNE, Powys, LD8 2UH

UNITED KINGDOM

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Nothing Further to Report.

KNIGHTON & PRESTEIGNE FOODBANK

England & Wales - Charity number 1200127

Accounts

Trustees' Annual Report for the period

From 01/03/2023

To 29/02/2024

Charity name: Knighton & Presteigne Foodbank

Charity registration number: 1200127

This is the annual report and audited accounts for the year ended 29 February 2024. The Trustees of Knighton & Presteigne Food Bank confirm they comply with the requirements of the Charities Act 2011, the trust deed and the Charities SORP (FRS 102).

OBJECTIVES AND ACTIVITIES

Context – Knighton Food Bank started in October 2012 in response to the, then current, financial situation. It was one of several projects operated by Churches Together in Knighton & District (CTKD). In 2022, Knighton Food Bank was informed of the decision to de-register CTKD as a charity and Knighton & Presteigne Foodbank was awarded charitable status in its own right on the 19th August 2022.

Purposes – The prevention and relief of poverty by the provision of food, funds, goods or services for the public benefit of residents of Knighton, Presteigne and the surrounding area.

Activities - With the support of local government and other funding bodies together with donations from individuals in our local communities, we have been able to respond to the difficult economic situation by providing food, toiletries, and a range of other helpful items such as slow cookers to those in great need within our area. In addition, a Winter Project was run and special Christmas parcels made up and distributed.

Public benefit - In their decision-making and management, the Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

ACHIEVEMENTS

The foodbank has operated throughout the period on two days in Knighton and on an outreach basis in Presteigne as we are now struggling to find suitable premises. This has required additional effort from our manager as she has administered Presteigne's needs from Knighton.

The Knighton site has continued to be operated from a house attached to and owned by Knighton Baptist Church for two hours on Tuesdays and Fridays. After a trial period, the Presteigne Youth Centre was found to be unsuitable and, as already stated, we are actively looking for a more suitable location. Our clients (who we refer to as our 'friends') mostly continue to come to us from local support services referrals.

This has been a particularly challenging twelve months for everyone. As the financial crisis has bitten, we have seen food donations drop off. It has therefore been necessary to purchase a significant quantity of additional foodstuffs and other essentials to supplement the donations. We always give our friends the opportunity to choose their own 'basket' and include vouchers for local butchers and greengrocers in both towns so they can shop for fresh food.

Once again, we offer our grateful thanks to our local community who unstintingly donate cash, food and their valuable time and also, to Knighton Baptist Church for their support and to the Welsh Government and Powys County Council for their grant funding. Our manager's operational report says all of the above – with much more detail and elegance! We, the charity's trustees, thank both her and her fabulous volunteers from the bottom of our hearts.

KNIGHTON & PRESTEIGNE FOODBANK – MANAGER’S OPERATIONAL REPORT

Our aim continues to be the provision, when need has been ascertained, of a crisis food parcel consisting for a minimum of 3 days' worth of tinned & dried food, plus fresh items such as milk, bread, cheese and eggs. Referrals this year were predominately from the local support services and agencies such as Midwives, Social Services, Housing, Women's Aid, Mental Health Services, District Nurses, Health Visitors and CAB.

Whilst we continue to offer an outreach service to the community of Presteigne, we have not been able to secure permanent premises. However, the outreach service serving the Presteigne area continues to be a valuable resource for the community and as a consequence we continued this service by operating twice weekly from the food bank store based at Knighton Baptist Church. We are grateful for the dedicated donations of food and cash specifically for this purpose. In addition, we have received wonderful support & fundraising from local community enterprises, churches, schools and businesses in both Knighton and Presteigne.

This has been a challenging twelve months at food bank as we saw a significant increase in referrals and larger families needing our support. In addition, the direct food donations reduced considerably as many of our donors were finding the cost too great. Fortunately, we have been able to purchase food, laundry products, toiletries, pet food and vouchers for fresh food, from our cash donations and grant funding. Economic hardship has added to real poverty for many residents of Knighton & Presteigne. For some, including a higher number of working families, it has been a struggle to put food on the table, especially when faced with loss of a job, sickness and homelessness and debts. Towards the latter end of the year, we responded to an influx of referrals from Powys Housing, to support "rough sleepers" over the winter, who were being housed temporarily in a local hotel. We have also continued our support to schools, baby and tots groups and families for extra help with laundry and hygiene products plus provision of toiletries for babies, tots, teens and young adults. As a result of grant funding from the Welsh Government and Powys County Council, we also provided essentials for our "Winter Warmth Project" by purchasing hot water bottles, blankets, hats, gloves, socks and leggings plus children's bedding and warm nightwear.

Summary of Referral Activity:

	2022-2023	2023 -2024
Referrals	126	295
Adults supported	199	412
Children supported	169	417

Note: Please see separate **Table of Service Provision 2023 – 2024** for full breakdown.

Breakdown of Service Provision

Knighton & Presteigne Foodbank- Table of Service Provision Service Provision: March 2023/Feb 2024

Month	New Referrals Kn	Repeat Referrals Kn	New Referrals P	Repeat Referrals P	Adults Supported Kn	Children supported Kn	Adults Supported P	Children Supported P	Total Referrals	Total Individuals Receiving food parcels
March 2023	14	5	1	0	29	30	1	0	20	60
April	6	11	3	2	26	18	9	10	22	63
May	10	7	2	6	21	29	10	12	25	72
June	6	6	5	4	20	19	13	11	21	63
July	12	2	5	3	24	31	12	13	22	80
Aug	15	7	7	8	34	50	24	26	37	134
Sept	8	4	4	9	15	16	14	14	23	59
Oct	13	6	4	3	24	17	10	14	26	65
Nov	7	14	0	2	28	23	2	3	23	56
Dec	10	9	4	1	26 (+ 19 Xmas)=45	23 (+ 24 Xmas)= 47	8 (+6 Xmas)= 14	11(+ 10 Xmas) =21	24 (+ 20 Xmas)=44	127
Jan2024	9	7	2	-	20	3	2	2	18	27
Feb	7	3	2	2	11	4	4	4	14	23
TOTALS (YEAR)	117	83	39	42	297	287	115	130	295	829

KNIGHTON & PRESTEIGNE FOODBANK - FINANCIAL REVIEW 2023/24

Review of the charity's financial position at the end of the period – It has been encouraging to find that our local communities have continued to provide significant financial and other practical support to the Foodbank during its first full year of operation as a CIO. The much-valued regular monthly donations by standing order or gift aided (administered by Stewardship) increased by more than 20% over the course of the year. This underpinning funding has enabled the Foodbank to plan for the future with confidence.

Powys County Council provided new funding during the year of £11.2k through Direct Food Support and Discretionary Cost of Living grants. However, there were some indications towards the end of the year that one-off donations from individuals and organisations were tailing off, possibly as there was less media coverage of the cost-of-living crisis during this period.

Nevertheless, the Foodbank was able to run various special projects through the year in addition to its usual work of providing parcels of food and other essentials to individuals and families in financial trouble. A number of air fryers and slow cookers were purchased to enable some suitable Foodbank users to prepare healthy meals for manageable energy costs. Vouchers for use at local food retailers were provided with some food parcels allowing the recipients the dignity of shopping for themselves and greater choice. The special Christmas parcels were a great success once again, bringing an element of joy at a particularly difficult time of year for many. The Foodbank ended the period in a strong financial position and it is not anticipated that any specific fundraising initiatives will be required during the coming year.

Statement explaining the policy for holding reserves stating why they are held - We have aimed to maintain total cash assets at the bank of £60,000 which funds approximately 15 months running costs and also allows for possible future damaging political decisions, economic changes, or other emergencies which could result in reduced donations to the Foodbank and/or increased demand for its services. The reserves at the end of the period were more than sufficient to meet these requirements and the Trustees will consider options for effective use of excess funds during the next period in keeping with our charitable objects.

Investment policy and objectives including any social investment policy adopted - All the cash assets have been held in a current account and savings account with HSBC UK Bank plc. The total at the end of the period was below the Financial Services Compensation Scheme limit for charities of £85,000.

A description of the principal risks facing the charity - The main financial risk to the Foodbank is associated with the economic climate within the country and the ability of individuals in our local communities to afford to donate. However, the significant level of reserves held currently should enable the Foodbank to continue to operate even in the event of a national crisis.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Type of governing document – Constitution

How constituted – CIO

Trustee selection method – Appointed by the Committee of Trustees

REFERENCE AND ADMINISTRATIVE DETAILS

Charity name – Knighton & Presteigne Foodbank

Registered charity number – 1200127

Charity’s principal address – Tower House, 29 High Street, Knighton, Powys LD7 1AT

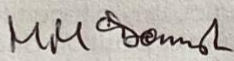
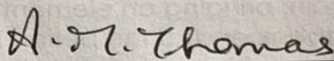
Names of the charity Trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Julia Roberts	Chairperson		Committee of Trustees
2	Alison Thomas	Secretary		
3	Madeleine McDonagh	Treasurer		
4	Sally Mansell			
5	Ann Curtis			

DECLARATIONS

The trustees declare that they have approved the Trustees’ report above.

Signed on behalf of the charity’s Trustees

Signature(s)		
Full name(s)	MADELEINE McDONAGH	ALISON MARGARET THOMAS
Position (eg Secretary, Chair, etc)	TREASURER	SECRETARY
Date	21/06/2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Knighton & Presteigne Foodbank

1200127

Receipts and payments accounts

CC16a

For the period from	01/03/2023	To	29/02/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	27,179	-	-	27,179	10,290
Grants	-	11,237	-	11,237	1,381
Interest received	759	-	-	759	-
Transferred from Knighton and East Radnor Food Bank (charity no. 1172353) which will be dissolving	-	-	-	-	59,253
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	27,938	11,237	-	39,175	70,924
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	27,938	11,237	-	39,175	70,924
A3 Payments					
Manager remuneration	6,190	5,750	-	11,940	5,475
Food, toiletries, vouchers, slow cookers, etc	1,851	7,834	-	9,685	1,365
Telephone & internet	293	-	-	293	24
Publicity, postage, & stationery	300	-	-	300	342
Bank charges	84	-	-	84	25
Hire & equipping of premises	460	-	-	460	905
Insurance, fees, etc	1,184	-	-	1,184	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	10,362	13,584	-	23,946	8,136
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	10,362	13,584	-	23,946	8,136
Net of receipts/(payments)	17,576	- 2,347	-	15,229	62,788
A5 Transfers between funds	- 14	14	-	-	-
A6 Cash funds last year end	60,455	2,333	-	62,788	-
Cash funds this year end	78,017	-	-	78,017	62,788

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	HSBC Charitable Account	28,005	-	-
	HSBC Money Manager Account	50,012	-	-
	Cash received but not banked	-	-	-
	Total cash funds	78,017	-	-

(agree balances with receipts and payments account(s))

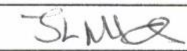
	OK	OK	OK
Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Unrestricted	-	-
Shelving, Cupboard, Trolley	Unrestricted	-	-
Laptop Computer, Smartphone		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	J.L. ROBERTS	19.03.24
A.M. Thomas	A.M. THOMAS	19/03/24



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

KNIGHTON & PRESTEIGNE FOOD BANK CIO

**On accounts for the year
ended**

29 FEBRUARY 2024

**Charity no
(if any)**

1200127

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended **29 / 02 / 2024**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date: 10/06/2024

Name:

CHRISTOPHER THOMAS NATHANIEL DAVIS MEng ACA

**Relevant professional
qualification(s) or body
(if any):**

ICAEW Membership # 2956147

Address:

Housego Accountancy & Taxation Ltd

Office 10, Broadaxe Business Park, PRESTEIGNE, Powys, LD8 2UH

UNITED KINGDOM

Section B

Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Nothing Further to Report.

KNIGHTON & PRESTEIGNE FOODBANK

England & Wales - Charity number 1200127

Accounts

Trustees' Annual Report for the period

From 01/03/2022

To 28/02/2023

Charity name: Knighton & Presteigne Foodbank

Charity registration number: 1200127

This is the annual report and audited accounts for the period ended 28 February 2023. The Trustees of Knighton & Presteigne Food Bank confirm they comply with the requirements of the Charities Act 2011, the trust deed and the Charities SORP (FRS 102).

OBJECTIVES AND ACTIVITIES

Context - Knighton Food Bank started in October 2012 in response to the, then current, financial situation. It was one of several projects operated by Churches Together in Knighton & District (CTKD). In 2022, Knighton Food Bank was informed of the decision to de-register CTKD as a charity and Knighton & Presteigne Foodbank was awarded charitable status in its own right on the 19th August 2022.

Purposes - The prevention and relief of poverty by the provision of food, funds, goods or services for the public benefit of residents of Knighton, Presteigne and the surrounding area.

Activities - With the support of local government and other funding bodies together with donations from individuals in our local communities, we have been able to respond to the difficult economic situation by providing food, toiletries, and a range of other helpful items such as slow cookers to those in great need within our area. In addition, a Winter Project was run and special Christmas parcels made up and distributed.

Public benefit - In their decision-making and management, the Trustees have had regard to the guidance issued by the Charity Commission on public benefit.

ACHIEVEMENTS

The foodbank has operated throughout the period on two days in Knighton and on one day in Presteigne. Particular emergency needs have also been met at other times as they have arisen. We refer to the families and individuals we support as our 'friends'. They have come to us (often in great distress) via statutory agencies, health visitors, GP, etc. and also by direct contact with our manager.

The Knighton site has continued to be operated from a house attached to and owned by Knighton Baptist Church for two hours on Tuesdays and Fridays. Near the end of the year, the Youth Centre was identified as a possible suitable future location for our operations in Presteigne and has been hired for a trial period.

Our manager is incredibly innovative in the way she has faced-up to the current energy and food inflation crisis - vouchers for local butchers and greengrocers (supporting the local community and giving friends a choice), slow cookers, air

fryers, warm throws, bags of personal hygiene goods for our local secondary school plus some stunning Christmas hampers. We are all very grateful for her professionalism and empathy.

We have had steady support from the local community throughout this period, both by way of food donations (collection boxes in shops, Harvest Festivals, etc.) and through standing orders and one-off cash donations. In addition, we have received discretionary grants from the Welsh Government/Powys County Council which have allowed the purchase of all those slow cookers, blankets, duvets, etc.

We would like to take this opportunity to thank the community, our volunteers and our Trustees for their unstinting support through some very lean times and also to Knighton Baptist Church for their generosity in providing our accommodation in Knighton (and allowing us to even spill out into the church pews during busy periods!).

Breakdown of service provision

Knighton & Presteigne Foodbank Breakdown of Service Provision: Aug 2022-Feb2023

Month	New Referrals Kn	Repeat Referrals Kn	New Referrals P	Repeat Referrals P	Adults Supported Kn	Children supported Kn	Adults Supported P	Children Supported P	Total Food Parcels per mth
Aug 2022	3	7	1	3	15	11	8	12	14
Sept	13	4	3	3	20	14	12	12	23
Oct	15	7	7	4	30	19	15	14	33
Nov	16	6	6	4	29	40	13	17	32
Dec*incl Christmas Hampers	40	25	20	10	58	18	17	34	95
Jan 2023	16	8	7	4	30	42	12	18	35
Feb	14	8	8	4	22	23	10	15	34
TOTAL (YEAR)	117	59	52	32	204	167	87	126	266

Notes:

August 2022 – February 2023: 20 slow cookers were handed out with food parcels (grant funded), plus 1 air fryer (donated).
September 2023 – November 2023: 60 hygiene packs distributed to teens via schools.

FINANCIAL REVIEW

Review of the charity's financial position at the end of the period - Once the Knighton & Presteigne Foodbank became a charity in its own right and with the blessing of Churches Together, all the funds held by CTKD on behalf of the Foodbank were transferred in tranches to the new charity and the old bank account was subsequently closed just before the financial year end.

The local communities were informed of the change of name, status, new bank account etc via the Foodbank website, publicity materials, mailings, and word of mouth. Pleasingly, the important and significant regular monthly donations by standing order or gift aided (administered by Stewardship) remained at a similar level throughout this transition period. The less-predictable one-off donations by individuals and organisations, together with Local Government grants, also continued as previously. As a result, the healthy financial position enabled various specific initiatives to be funded such as a Winter project and making up of special Christmas parcels, in addition to the purchase of food and other essentials to compensate for shortfalls in stock levels.

Statement explaining the policy for holding reserves stating why they are held - We have aimed to maintain reserves at the bank of £30,000 which covers approximately 15 months running costs. Further funds have been retained to enable the Foodbank to survive possible future damaging political decisions, economic changes, or other emergencies which could result in reduced donations to the Foodbank and/or increased demand for its services. The reserves at the end of the period were sufficient to meet these requirements.

Investment policy and objectives including any social investment policy adopted - All the cash assets have been held in a current account and savings account with HSBC UK Bank plc. The total at the end of the period was well below the Financial Services Compensation Scheme limit for charities of £85,000.

A description of the principal risks facing the charity - The main financial risk to the Foodbank is associated with the economic climate within the country and the ability of individuals in our local communities to afford to donate. However, the significant level of reserves held currently should enable the Foodbank to continue to operate even in the event of a national crisis.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Type of governing document - Constitution

How constituted - CIO

Trustee selection method - Appointed by the Committee of Trustees

REFERENCE AND ADMINISTRATIVE DETAILS

Charity name - Knighton & Presteigne Foodbank

Registered charity number - 1200127

Charity's principal address - Tower House, 29 High Street, Knighton, Powys LD7 1AT

Names of the charity Trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1 Julia Roberts	Chairperson		Committee of Trustees
2 Alison Thomas	Secretary		
3 Madeleine McDonagh	Treasurer		
4 Sally Mansell			
5 Ann Curtis			
Position (eg Secretary, Chair, etc)		CHAIR	TREASURER / TRUSTEE
Date		6th February 2024	

DECLARATIONS

DECLARATIONS

The trustees declare that they have approved the trustees' report above.

Signature on behalf of the charity's Trustees

Signature(s)

Full name(s)

Position (eg Secretary, Chair, etc)

Date

JL Roberts

MM McDonagh

JULIA LESLEY ROBERTS

MADELEINE McDONAGH

CHAIR

TREASURER / TRUSTEE

6th February 2024

The trustees declare that they have approved the Trustees' report above.

Signed on behalf of the charity's Trustees



CHARITY COMMISSION
FOR ENGLAND AND WALES

Knighton & Presteigne Foodbank

1200127

Receipts and payments accounts

CC16a

For the period from	01/03/2022	To	28/02/2023
------------------------	------------	----	------------

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	10,290	-	-	10,290	-
Grants	-	1,381	-	1,381	-
Transferred from Knighton and East Radnor Food Bank (charity no. 1172353) which will be dissolving	54,967	4,286	-	59,253	-
Interest received	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	65,257	5,667	-	70,924	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	65,257	5,667	-	70,924	-
A3 Payments					
Manager remuneration (3 months in 2022/23)	3,375	2,100	-	5,475	-
Food, toiletries, vouchers, slow cookers, etc	131	1,234	-	1,365	-
Telephone & internet	24	-	-	24	-
Publicity, postage, & stationery	342	-	-	342	-
Bank charges	25	-	-	25	-
Hire & equipping of premises	905	-	-	905	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	4,802	3,334	-	8,136	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	4,802	3,334	-	8,136	-
Net of receipts/(payments)	60,455	2,333	-	62,788	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	60,455	2,333	-	62,788	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	HSBC Charitable Account	31,042	2,333	-
	HSBC Money Manager Account	29,253	-	-
	Cash received but not banked	160	-	-
	Total cash funds	60,455	2,333	-

(agree balances with receipts and payments account(s))

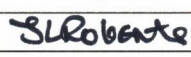
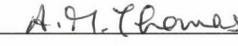
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use	Shelving, Cupboard, Trolley	Unrestricted	-	-
	Laptop Computer, Smartphone	Unrestricted	-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	JULIA LESLEY ROBERTS	15.8.23
	ALISON MARGARET THOMAS	15/8/23

Independent examiner's report on the accounts

Section A Independent Examiner's Report

Report to the trustees/ members of	KNIGHTON & PRESTEIGNE FOOD BANK CIO		
On accounts for the year ended	28 FEBRUARY 2023	Charity no (if any)	1200127
Set out on pages			

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the period ended **28 / 02 / 2023**.

Responsibilities and basis of report As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:  Date: 21/08/2023

Name: CHRISTOPHER THOMAS NATHANIEL DAVIS MEng ACA

Relevant professional qualification(s) or body (if any): ICAEW Membership # 2956147

Address: Housego Accountancy & Taxation Ltd
Office 10, Broadaxe Business Park, PRESTEIGNE, Powys, LD8 2UH
UNITED KINGDOM

Section B Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Nothing Further to Report.