

THE ELLIOT PROJECT CIO
(Registered Charity Number 1200126)

Financial Statements
for the year ended 1 April 2023

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**Trustees' Annual report
for the period 18 August 2022 to 1 April 2023**

Full Name	The Elliot Project
Organisation Type	Charitable incorporated organisation
Principal Address	2 Gleneagles Road, Boorley Green, Southampton SO32 2SJ
Trustees	Alexander Loscar rigby Shirley Ann Hennell Lucy Hennell Harley Marie McCarthy Abigail Margaret Horner Owen Ross OBrien Speirs

Governance and Management

The Charity is a CIO Foundation registered on 18 August 2022.

Trustees are voted in at a committee meeting and agree to serve and adopt the Charity's policies.

Objectives and Activities

The charity's objectives are to promote and protect the mental health and wellbeing of individuals above the age of 18 within the UK.

Public benefit Statement

The Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the Charity Commission's general guidance on public benefit, "Charities and Public Benefit".

Summary of the main activities undertaken for the public benefit

The charity aims to provide support to individuals suffering from mental health issues including, but not limited to, PTSD, depression and anxiety through 1. the provision of mental health courses and 1 2 1 coaching to be provided by selected partnering organisations 2. to create and maintain a network of volunteers to benefit the wellbeing of the public suffering from mental health within the UK 3. to promote the education of the general public in all areas relating to mental health through the provision of a free information advice and support service.

Summary of the main achievements during the period

During this period the charity was making preparations for activities which commenced after the year end.

The charity's policy on reserves

We aim to keep a reserve of three months future expenses.

Signed on behalf of the charity's trustees:

Signed.....
Alexander Loscar Rigby

Date.....

THE ELLIOT PROJECT CIO

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**Receipts & payments account
for the period 18.8.22 to 1.4.23**

There were no receipts or payments in the period

THE ELLIOT PROJECT CIO
Statement of Assets and Liabilities
at 1 April 2023

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The charity had no assets or liabilities at 1.4.23

These financial statements are accepted on behalf of the charity by:

Signed.....

Alexander Loscar Rigby

Dated.....

**Notes to the accounts
for the period 18 August 2022 to 1 April 2023**

Trustees Remuneration

Trustees received no expenses, remuneration or benefits in this period.