

THE ELLIOT PROJECT

England & Wales · Charity number 1200126

Details

Status Registered

Legal form CIO

Registered 2022-08-18

Register [View on the Charity Commission register](#)

Contact

Address 2 Gleneagles Road
Boorley Green
Southampton
SO32 2sj
SO32 2SJ

Phone 07547642126

Email theellioprojectcharity@gmail.com

Website <https://www.theellioproject.com/>

Activities

Objects: TO PROMOTE AND PROTECT THE MENTAL HEALTH AND WELLBEING OF INDIVIDUALS ABOVE THE AGE OF 18 WITHIN THE UK, SUFFERING FROM MENTAL HEALTH ISSUES INCLUDING BUT NOT LIMITED TO PTSD, DEPRESSION AND ANXIETY THROUGH:1. THE PROVISION OF MENTAL HEALTH COURSES AND ONE-TO-ONE COACHING TO BE PROVIDED BY SELECTED PARTNERING ORGANISATIONS2. TO CREATE AND MAINTAIN A NETWORK OF VOLUNTEERS, TO BENEFIT THE WELLBEING OF THE PUBLIC SUFFERING FROM MENTAL HEALTH WITHIN THE UK 3. TO PROMOTE THE EDUCATION OF THE GENERAL PUBLIC IN ALL AREAS RELATING TO MENTAL HEALTH THROUGH THE PROVISION OF A FREE INFORMATION, ADVICE AND SUPPORT SERVICE

Activities: The Elliot Project currently provide training and environments for individuals to come and learn and speak openly about their mental health.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Disability
- **Who:** Children/young People, Elderly/old People, The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-01	£23,268	£11,510	-	-
2024-04-01	£8,417	£2,528	-	-
2023-04-01	£0	£0	-	-

Trustees

Name	Role	Appointed
Alexander Loscar Rigby	Chair	2023-03-17
Harley Marie McCarthy		2023-03-17
Lucy Hennell		2023-03-17
Owen Ross OBrien Speirs		2023-03-17
Shirley Ann Hennell		2023-03-17

THE ELLIOT PROJECT

England & Wales - Charity number 1200126

Accounts

THE ELLIOT PROJECT CIO
(Registered Charity Number 1200126)

Financial Statements
for the year ended 1 April 2025

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1	Trustees report
2	Receipts and payments account
3	Statement of assets and liabilities
4	Notes to the accounts

**Trustees' Annual report
for the year ended 1 April 2025**

Full Name The Elliot Project

Organisation Type Charitable incorporated organisation

Principal Address 2 Gleneagles Road, Boorley Green, Southampton SO32 2SJ

Trustees Alexander Loscar Rigby
 Shirley Ann Hennell
 Lucy Hennell
 Harley Marie McCarthy
 Abigail Margaret Horner
 Owen Ross OBrien Speirs

Governance and Management

The Charity is a CIO Foundation registered on 18 August 2022.
Trustees are voted in at a committee meeting and agree to serve and adopt the Charity's policies.

Objectives and Activities

The charity's objectives are to promote and protect the mental health and wellbeing of individuals above the age of 18 within the UK.

Public benefit Statement

The Trustees confirm that they have complied with the duty in section 4 of the Charities Act 2006 to have due regard to the Charity Commission's general guidance on public benefit, "Charities and Public Benefit".

Summary of the main activities undertaken for the public benefit

The charity aims to provide support to individuals suffering from mental health issues including, but not limited to, PTSD, depression and anxiety through 1. the provision of mental health courses and 1 2 1 coaching to be provided by selected partnering organisations 2. to create and maintain a network of volunteers to benefit the wellbeing of the public suffering from mental health within the UK 3. to promote the education of the general public in all areas relating to mental health through the provision of a free information advice and support service.

Summary of the main achievements during the period

Raising funds to provide support with mental health and wellbeing.

The charity's policy on reserves

We aim to keep a reserve of three months future expenses.

Signed on behalf of the charity's trustees:

Signed.....
Alexander Loscar Rigby
Trustee

Date.....

THE ELLIOT PROJECT CIO
Receipts & payments account
for the year ended 1 April 2025

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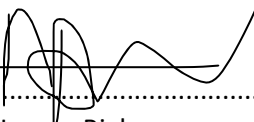
	Note	2025 £	2024 £
Receipts			
Fundraising		6515	0
Donations	2	16753	8417
		23268	8417
Payments			
Postage and stationery		349	0
Resources		7566	205
Sponsorship		0	1400
Events		2664	905
Subscriptions		312	18
Accountancy		600	0
Sundries		19	0
		11510	2528
Net receipts		11758	5889
Cash funds at start of this period		5889	0
Cash funds at end of this period		17647	5889

THE ELLIOT PROJECT CIO
Statement of Assets and Liabilities
at 1 April 2025

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	Notes	2025	2024
		£	£
Cash assets			
Bank account		<u>17647</u>	<u>5889</u>
Liabilities			
Creditors	3	<u>612</u>	<u>600</u>

These financial statements are accepted on behalf of the charity by:

Signed.....
Alexander Loscar Rigby
Trustee

Dated 30/07/25

**Notes to the accounts
for the year ended 1 April 2025****1 Receipts & payments accounts**

Receipts and payments accounts contain a summary of money received and money spent during the period and a list of assets and liabilities at the end of the period. Usually, cash received and cash spent will include transactions through bank accounts and cash in hand.

	2025	2024
2 Donations	£	£
Sundry	<u>16753</u>	<u>8417</u>
3 Creditors		
Accountancy fee	<u>612</u>	<u>600</u>

4 Trustees Remuneration

Trustees received no expenses, remuneration or benefits in this period.

5 Glossary of terms

Creditors: these are amounts owed by the charity, but not paid during the accounting period.

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Summary of the main achievements during the period

During this period the charity was making preparations for activities which commenced after the year end.

The charity's policy on reserves

We aim to keep a reserve of three months future expenses.

Signed on behalf of the charity's trustees:

Signed.....
Alexander Loscar Rigby

Date.....

**THE ELLIOT PROJECT CIO
Receipts & payments account
for the period 18.8.22 to 1.4.23**

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There were no receipts or payments in the period

THE ELLIOT PROJECT CIO
Statement of Assets and Liabilities
at 1 April 2023

The charity had no assets or liabilities at 1.4.23

These financial statements are accepted on behalf of the charity by:

Signed.....

Dated.....

Alexander Loscar Rigby

**Notes to the accounts
for the period 18 August 2022 to 1 April 2023**

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