



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From April 2024      Period start date To March 2025  
Period end date

**Charity name: Freedom Support Network**

**Charity registration number: 1200109**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p><b>1. To promote the rehabilitation of women 18 and above, who may have just been released from prison or within the criminal justice system by:-</b></p> <p><b>providing advice and assistance and organising programmes of physical, educational and other activities as a means of advancing in life and helping them develop their skills, build their capacities and capabilities to enable them to rebuild their lives and participate more actively in their communities; and</b></p> <p><b>providing support and encouragement through the provision of counselling, coaching, training, advisory and sign-posting support.</b></p> <p><b>2. To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.</b></p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p><b>Main activities are: Counselling, coaching, training, workshops, advisory and signposting services.</b></p> <p><b>Our services are aimed at building skills for individuals to improve their chances of gaining meaningful employment.</b></p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p><b>Our services and activities since inception have been in line with the purposes for which the charity was established and in line with the guidelines of the charity Commission. The activities and programmes we have</b></p>

		curated and been carrying out provide guidance, coaching and counselling support with the aim to help people rebuild their lives after custody and have a space for advocacy, while they transform their experiences with life changing actions and emerge as who they have always wanted to be. The programmes provide support services for female ex-offenders who have just been out of custody within a three-month period of release.
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### **Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	<b>We don't currently engage in grant making.</b>
Policy on social investment including program related investment	Para 1.38	<b>As a fledgling charity, we are still gathering advise on how to embark on social investment.</b>
Contribution made by volunteers	Para 1.38	<b>We have had some volunteers supporting our work by giving their time and knowledge to allow us reach more of the individuals who need our services.</b>
Other		

### **Achievements and Performance**

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p><b>Our charity has been able to work successfully with 50 people, so far, impacting about 130 family members, through our various programmes which include: Envision anew - a programme that allows new ex-offender women start life on a fresh look, through active coaching or counselling services, CV writing, referral or sign posting to business incubators and advisory services, depending on the paths they choose after custody.</b></p> <p><b>Also, with our shop your dream job project – bespoke career coaching is given to service users who choose to tread a new career path after custody, giving them the confidence and clarity they need to integrate in the world of work, to boost their finances and rebuild their lives.</b></p>
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#### **Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	<b>Our impact is now being felt within the communities where we work, as more people are now using our services.</b>
Performance of fundraising activities against objectives set	Para 1.41	<b>Our fundraising activities were more productive during this accounting period as we were able to raise £18000 as a grant.</b>
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<b>Our Charity is so far, largely self-funded. And during the period in account, donations were made to the group only by the trustees and a grant of £2,000 was received.</b>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	<b>Reserves may be held in accounts after all Charity expenses have been paid and reserves may be carried over for the next financial year.</b>
Amount of reserves held	Para 1.22	<b>£1,013.27</b>
Reasons for holding zero reserves	Para 1.22	<b>N/A</b>
Details of fund materially in deficit	Para 1.24	<b>N/A</b>
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	<b>Detailed below</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	<b>Self-Funding Actively engaged in Fundraising Efforts</b>
Investment policy and objectives including any social investment policy adopted	Para 1.46	<b>In progress</b>
A description of the principal risks facing the charity	Para 1.46	<b>The Charity risks stopping its operations if fundraising support is not received in good time, but we are working to getting funding agencies and companies to understand the value of our work and cause. We are also looking at other ways that we improve our social investment potential.</b>
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	<b>Foundation Model</b>
How is the charity constituted? (e.g <a href="#">unincorporated association</a> , CIO)	Para 1.25	<b>Charitable Incorporated Organisation</b>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<b>Trustees are appointed by the Chair.</b>

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	Freedom Support Network
Other name the charity uses	
Registered charity number	1200109
Charity's principal address	Unit C6, Seedbed Business Centre, Vanguard Way, Shoeburyness SS3 9QY Essex

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Mutiat Adebawale			
2	Bisoye Balogun-Akintoye			
3	Charmaine Lily			
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	mtadebowale	
<b>Full name(s)</b>	Mutiat Adebawale	
<b>Position (eg Secretary, Chair, etc)</b>	Trustee Chair	
<b>Date</b>	07/01/2026	