



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

**From January 2023**  
**Period end date**

**Period start date To December 2023**

**Charity name: Freedom Support Network**

**Charity registration number: 1200109**

## Objectives and Activities

|  | SORP reference     |  |
|--|--------------------|--|
| Summary of the purposes of the charity as set out in its governing document  | Para 1.17          | <p><b>1. To promote the rehabilitation of women 18 and above, who may have just been released from prison or within the criminal justice system by:-</b></p> <p><b>providing advice and assistance and organising programmes of physical, educational and other activities as a means of advancing in life and helping them develop their skills, build their capacities and capabilities to enable them to rebuild their lives and participate more actively in their communities; and</b></p> <p><b>providing support and encouragement through the provision of counselling, coaching, training, advisory and sign-posting support.</b></p> <p><b>2. To promote social inclusion for the public benefit by preventing people from becoming socially excluded, relieving the needs of those people who are socially excluded and assisting them to integrate into society.</b></p> |
| Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts. | Para 1.17 and 1.19 | <p><b>Main activities are: Counselling, coaching, training, workshops, advisory and signposting services.</b></p> <p><b>Our services are aimed at building skills for individuals to improve their chances of gaining meaningful employment.</b></p>   |
| Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit   | Para 1.18          | <p><b>Our services and activities since inception have been in line with the purposes for which the charity was established and in line with the guidelines of the charity Commission. The activities and programmes we have</b></p>   |

|  |  |  |
|--|--|--|
|  |  | curated and been carrying out provide guidance, coaching and counselling support with the aim to help people rebuild their lives after custody and have a space for advocacy, while they transform their experiences with life changing actions and emerge as who they have always wanted to be. The programmes provide support services for female ex-offenders who have just been out of custody within a three-month period of release. |
|--|--|--|

### **Additional information (optional)**

You may choose to include further statements where relevant about:

|  | SORP reference |  |
|--|----------------|--|
| Policy on grant making   | Para 1.38      | <b>We don't currently engage in grant making.</b>  |
| Policy on social investment including program related investment | Para 1.38      | <b>As a fledgling charity, we are still gathering advise on how to embark on social investment.</b>  |
| Contribution made by volunteers                                  | Para 1.38      | <b>We have had some volunteers supporting our work by giving their time and knowledge to allow us reach more of the individuals who need our services.</b> |
| Other  |                |  |

### **Achievements and Performance**

|  |                |  |
|--|----------------|--|
|  | SORP reference |  |
|--|----------------|--|

|   |           |   |
|---|-----------|---|
| Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole. | Para 1.20 | <p><b>Our charity has been able to work successfully with 25 people, impacting about 150 family members, through our various programmes which include:</b></p> <p><b>Envision anew - a programme that allows new ex-offender women start life on a fresh look, through active coaching or counselling services, CV writing, referral or sign posting to business incubators and advisory services, depending on the paths they choose after custody.</b></p> <p><b>Also, with our shop your dream job project – bespoke career coaching is given to service users who choose to tread a new career path after custody, giving them the confidence and clarity they need to integrate in the world of work, to boost their finances and rebuild their lives.</b></p> |
|---|-----------|---|

#### **Additional information (optional)**

You may choose to include further statements where relevant about:

|  |           |  |
|--|-----------|--|
| Achievements against objectives set                          | Para 1.41 |  |
| Performance of fundraising activities against objectives set | Para 1.41 |  |
| Investment performance against objectives                    | Para 1.41 |  |
| Other  |           |  |

## Financial Review

|  |           |   |
|--|-----------|---|
| Review of the charity's financial position at the end of the period              | Para 1.21 | <b>Our Charity is so far, largely self- funded. And during the period in account, donations were made to the group only by the trustees.</b>    |
| Statement explaining the policy for holding reserves stating why they are held   | Para 1.22 | <b>Reserves may be held in accounts after all Charity expenses have been paid and reserves may be carried over for the next financial year.</b> |
| Amount of reserves held  | Para 1.22 | <b>£330.87</b>  |
| Reasons for holding zero reserves  | Para 1.22 | <b>N/A</b>  |
| Details of fund materially in deficit  | Para 1.24 | <b>N/A</b>  |
| Explanation of any uncertainties about the charity continuing as a going concern | Para 1.23 | <b>Detailed below</b>   |

### Additional information (optional)

You may choose to include further statements where relevant about:

|   |           |  |
|---|-----------|--|
| The charity's principal sources of funds (including any fundraising)            | Para 1.47 | <b>Self-Funding<br/>Actively engaged in Fundraising Efforts</b>  |
| Investment policy and objectives including any social investment policy adopted | Para 1.46 | <b>In progress</b>   |
| A description of the principal risks facing the charity                         | Para 1.46 | <b>The Charity risks stopping its operations if fundraising support is not received in good time, but we are working to getting funding agencies and companies to understand the value of our work and cause. We are also looking at other ways that we improve our social investment potential.</b> |
| Other   |           |  |

## Structure, Governance and Management

|   |           |   |
|---|-----------|---|
| Description of charity's trusts:  |           |   |
| Type of governing document<br>(trust deed, royal charter)   | Para 1.25 | <b>Foundation Model</b>                     |
| How is the charity constituted?<br>(e.g unincorporated association, CIO)  | Para 1.25 | <b>Charitable Incorporated Organisation</b> |
| Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees | Para 1.25 | <b>Trustees are appointed by the Chair.</b> |

### Additional information (optional)

You may choose to include further statements where relevant about:

|   |           |  |
|---|-----------|--|
| Policies and procedures adopted for the induction and training of trustees                | Para 1.51 |  |
| The charity's organisational structure and any wider network with which the charity works | Para 1.51 |  |
| Relationship with any related parties   | Para 1.51 |  |
| Other   |           |  |

## Reference and Administrative details

|                             |   |
|-----------------------------|---|
| Charity name                | Freedom Support Network   |
| Other name the charity uses |   |
| Registered charity number   | 1200109   |
| Charity's principal address | Unit C6, Seedbed Business Centre, Vanguard Way,<br>Shoeburyness SS3 9QY Essex |
|                             |   |

### **Names of the charity trustees who manage the charity**

|    | Trustee name          | Office (if any) | Dates acted if not for whole year | Name of person (or body) entitled to appoint trustee (if any) |
|----|-----------------------|-----------------|-----------------------------------|---|
| 1  | Mutiat Adebawale      |                 |                                   |   |
| 2  | Anne-Marie Greenslade |                 |                                   |   |
| 3  | Charmaine Lily        |                 |                                   |   |
| 4  |                       |                 |                                   |   |
| 5  |                       |                 |                                   |   |
| 6  |                       |                 |                                   |   |
| 7  |                       |                 |                                   |   |
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| 15 |                       |                 |                                   |   |
| 16 |                       |                 |                                   |   |
| 17 |                       |                 |                                   |   |
| 18 |                       |                 |                                   |   |
| 19 |                       |                 |                                   |   |
| 20 |                       |                 |                                   |   |

Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

## Funds held as custodian trustees on behalf of others

|   |     |
|---|-----|
| Description of the assets held in this capacity   | N/A |
| Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects | N/A |
| Details of arrangements for safe custody and segregation of such assets from the charity's own assets                         | N/A |

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
|                 |      |         |
|                 |      |         |
|                 |      |         |
|                 |      |         |

#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

|  |                  |  |
|--|------------------|--|
| <b>Signature(s)</b>                        | mtadebowale      |  |
| <b>Full name(s)</b>                        | Mutiat Adebawale |  |
| <b>Position (eg Secretary, Chair, etc)</b> | Trustee Chair    |  |
| <b>Date</b>                                | 10/05/2024       |  |