

The Iuventas Foundation

Annual Report and Unaudited Financial Statements

For the period from 1 April 2024 to 31 March 2025

**THE IUVENTAS FOUNDATION
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FOR THE PERIOD ENDED 31 MARCH 2025**

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THE IUVENTAS FOUNDATION
REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE PERIOD ENDED 31 MARCH 2025

Trustees:	Nick McEwen (Chair) Sean Fletcher Emma Tolson
Company registered number:	CE029989
Charity registered number:	1200073
Registered office:	31 Squitchey Lane Oxford OX2 7LD
Accountants:	Caroline Webster FCA UHY Ross Brooke Suite I Windrush Court Abingdon Business Park Abingdon OX14 1SY
Bankers:	Virgin Money 129 High Street Oxford OX1 4DF

**THE IUVENTAS FOUNDATION
TRUSTEES' REPORT
FOR THE PERIOD ENDED 31 MARCH 2025**

The Trustees present their report and financial statements for the year ended 31 March 2025. Reference and administrative information set out on page 3 forms part of this report.

The financial statements comply with current statutory requirements, the charity's constitution and the Statement of Recommended Practice - Accounting and Reporting by Charities: SORP applicable to charities preparing their accounts in accordance with FRS 102.

Background and Rationale

Youth mentoring work in secondary schools in Oxford began via a volunteering project in 2020. The Iuventas Foundation grew out of this, becoming formally registered as a UK charity in August 2022. Its aim – to provide professional mentoring, counselling and mental health support to young people in Oxfordshire, with a particular focus on those from disadvantaged backgrounds.

Five years on, we have successfully realised our vision to recruit and integrate trained professionals into our mentoring project to work with teenagers and young adults. We now have a steadily growing team of high-quality staff who work privately in a wide variety of fields such as adolescent coaching and mentoring, youth work, child psychotherapy, counselling and pastoral care. Our model revolves around them giving us a day a week of their time to work 1-1 with young people in the schools, sixth form colleges and counselling centres with whom we have developed close working relationships.

Uniquely, our staff are paid for their work and are supported by the foundation to work with young people with varying mental health needs – the rationale behind this being to attract the highest quality of therapist, deliver a transactional service (as distinct from volunteering) and thus provide the best support to young people. The benefits of this model are principally that highly qualified practitioners work with young people in need of their help who otherwise would not get access to this level of support – the practitioner in turn enjoys the benefit of working in a different community to their normal day to day work and derives satisfaction from this kind of work and challenge.

Much of our work is 'blended' in nature, meaning that young people present with a variety of needs and intentions at different times in relation to their wish to receive support. Our team each have their own unique blend of skills, experience and qualifications and thus we deliver a wide variety of different interventions, ranging from 'coaching' style work at one end centred around goal-setting, managing stress and emotional regulation, right through to more intensive psychotherapeutic work processing past trauma and abuse.

We continue to believe as a team of practitioners and as a board of trustees that this model of interventional support brings the greatest transformational benefits to young people as it is long-lasting, transactional and delivered by highly qualified practitioners who have chosen to embellish their professional practices with this kind of work.

Objectives and Activities

Our Mission

The Iuventas Foundation works with young people, often from disadvantaged backgrounds, providing them with mentoring, life guidance and mental health support to raise their aspiration, to empower them to take charge of their lives and to grow in character and self-confidence.

**THE IUVENTAS FOUNDATION
TRUSTEES' REPORT
FOR THE PERIOD ENDED 31 MARCH 2025**

Our Objects

The charity's objects, as set out in its governing document, are:

- *To advance in life and relieve needs of children and young people by providing support and activities which develop their skills, capacities and capabilities to enable them to participate in society as mature and responsible individuals*

We achieve this by engaging with and contracting to secondary schools, further education colleges, counselling services and education providers in the broader Oxford area. Working closely with their pastoral care departments and wellbeing teams, we identify students who are in significant need, but also those receptive to being supported. These students will often be on long waiting lists to receive counselling in school and/or see CAMHS and we work with them, 1-1, in a goal-oriented way to improve their mental health and increase their capacity to manage their lives and enjoy their childhoods.

The outcomes are significant improvements in mental health, confidence, self-esteem and a broader and clearer outlook on life after school. Our mentoring model is a longer-term one that values the longevity and regularity of the working relationship between mentor and young person and aims to be transformational for the individual.

The Trustees have paid due regard to guidance issued by the Charity Commission in deciding what activities the Charity should undertake. The Trustees have had regard to the Charity Commission's guidance on public benefit when reviewing the Charity's aims and objectives, as well as planning its future activities.

Achievements and Performance

During 2024/25, we have continued to expand our team and programme reach, working with 103 young people during the year and conducting a total of 1197 sessions (1-1). Our team of practitioners grew from 7 to 10 and we continue to work in 4 schools/colleges in Oxford and 1 counselling centre in Abingdon.

	2022/23	2023/24	2024/25
Young People	43	118	103
Sessions Held	392	893	1197
Mentoring Team	3	7	10

Our model remains that of developing deeper, longer-term relationships with the young people in our programmes and we have several who we have now worked with almost 3 years. Transformational outcomes in the long run are at the heart of what we do, not just for young people, but also for our staff team as well. 63% of the young people with whom we worked were aged 16 or older and 71% were girls.

Our feedback forms, completed before and after mentoring work by students, reflected the success and impact that our team of mentors have had, including: 100% enjoying the mentoring experience, 86% showed increased resilience, 90% recorded an improved sense of emotional wellbeing with 82% feeling they were now more likely to achieve their goals. 100% of the young people we worked with would recommend the programme to others.

**THE IUVENTAS FOUNDATION
TRUSTEES' REPORT
FOR THE PERIOD ENDED 31 MARCH 2025**

Current Mentoring/Counselling Programmes

At present the foundation is operating projects as follows:

Location	Ages	Date Started	Practitioners
The Oxford Academy	11-18	September 2020	2
EMBS, Cowley	16-18	January 2023	1
The Abingdon Bridge	14-23	June 2023	4
Oxford Spires Academy	11-18	September 2023	2
EMBS, Banbury	16-18	September 2025	1

The Oxford Academy and Oxford Spires Academy are state-funded secondary academies, both run by multi-academy trusts (MATs).

EMBS is a state-funded, not-for-profit sixth form college initially established to improve the economic situation of ethnic minority communities in Oxfordshire through education and skills enhancement. EMBS now provides education, training and careers advice for the whole community, delivering services for young people and adults in Oxford. A new development for our foundation in 2025 is a pilot project we are starting at EMBS Banbury in September 2025.

The Abingdon Bridge is a well-established youth charity providing counselling, mental health and lifestyle support to young people across south Oxfordshire. We have a team of four counsellors who operate at TAB and use their facilities and supervision.

Staffing

The foundation continues to work on a model of contracting professionally trained practitioners, usually in private practice, to give a day a week of their time to the charity. They are paid a per day rate, which equates to a meaningful percentage of what they charge privately. As such, the team who provide our mentoring services are effectively sub-contractors, not employees. With this comes many benefits, particularly in relation to flexibility and the ability to act quickly in relation to deploying staff in schools where they are most needed without delay.

As the team has grown though, it has become apparent that the charity needed to create a management and oversight role to formally take responsibility for managing the mentoring team and the relationships with the schools in which they work. Consequently, the role of Foundation Director was created in January 2025 and Roz Rapp appointed to this position. Roz was already working as a mentor in two of our schools and has now taken charge of managing all mentoring staff, as well as mentoring provision and relationships with our schools.

In response to our need to move away from a dependence on a small number of donors to fund our work, the role of Fundraising Manager (part time) has also now been created, funds earmarked and the position filled by Katie Donald in Summer 2025. With the three years of requisite, audited accounts now in place that are always needed to apply for grants from the larger trusts and foundations, we are now intent on expending greater time and resource on securing our first single and multi-year grants, thus diversifying our funding channels.

Furthermore, the part time role of Communications Manager has also been created (Summer 2025) to promote our mentoring work to a wider audience and keep our supporter database up to date with our latest events and developments. This role has been filled by Sam Barnes.

**THE IUVENTAS FOUNDATION
TRUSTEES' REPORT
FOR THE PERIOD ENDED 31 MARCH 2025**

Funding and Fundraising Events

With all of our mentoring programmes now properly integrated into the fabric of the pastoral care departments within the schools that we work, the foundation is starting to reap real benefits from schools 'contributing' to the costs of running our programmes. We are now effectively 'selling' our mentoring and counselling services to schools in the form of an administration fee with the result that we have created a new income stream that now constitutes around 25%+ of our total annual income. It is our intention that this number will grow as we become more and more established.

The Foundation continues to be core funded by donations from a small number of private individuals but we are gradually moving away from this dependence and have had other successes this year at raising funds in the local and wider community. For example, we held a very special Christmas carol concert at Exeter College Chapel, Oxford which, together with a linked online auction consisting of prizes generously donated by our supporters, raised over £6,000 collectively for our work. Together with donations and support from charity runs, local businesses, such as Carter Jonas, Marks & Spencer, Mark Barclay Wealth Management and the Asda Foundation, our work is really starting to become more widely known about and we are excited by the growth and development of our supporters' network.

Financial Review and Funding

The charity achieved a net surplus of £36,112 bringing the charity's total funds to £59,240. Total income for the period was £90,234.

As touched on above, the operational costs of running the mentoring programmes we offer are now increasingly funded by the schools and colleges with whom the charity has contractual agreements in place. This contribution figure has risen over the years from initially zero (as our work in schools was effectively pro bono) to now approaching 50% of cost. This is a huge endorsement from the schools/colleges of the work the foundation and its staff team carries out and helps us move closer to a sustainable business model with appropriate financial stability.

The Trustees have assessed the major risks to which the Charity is exposed, and are satisfied that systems are in place to mitigate exposure to the major risks. The principle risk to the Charity arises from

a lack of income, particularly from donations. This can be mitigated by minimising expenditure. The Charity's contractual arrangements with its mentors and counsellors are flexible which gives the charity the ability to adjust mentoring schedules relative to demand and financial resources. The effect of reducing staff costs would be to reduce the level of activity and services that the Charity can offer, but its operations could continue on this basis.

Structure, Governance & Management

The Charity is a charitable incorporated organisation (CIO) and is governed by its Constitution, last amended 8 August 2022. It is registered with the Charity Commission. The Trustees who served during the period and up to the date of signature of the financial statements were:

Nico McEwen	(appointed 8 August 2022)
Sean Fletcher	(appointed 8 August 2022)
Emma Tolson	(appointed 27 July 2023)

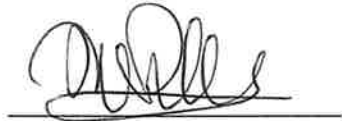
**THE IUVENTAS FOUNDATION
TRUSTEES' REPORT
FOR THE PERIOD ENDED 31 MARCH 2025**

The Trustees were appointed in accordance with the Constitution. Due to the small size of the charity, there are no current plans to grow the board. Trustees are appointed following a short-listing process, including an external search and an internal search of trustee contacts, and an interview with the Chair of Trustees, Founder and/or Foundation Director.

Going Concern

The Trustees have reasonable expectation that the Charity has adequate resources to continue for the foreseeable future, with the continued support of its funders and partnerships. The board continues to adopt the going concern basis in preparing the financial statements.

The Trustees' report was approved by the Board of Trustees.



Mr Nicholas McEwen

Chair

Date:

3/11/25

**THE IUVENTAS FOUNDATION
TRUSTEES' RESPONSIBILITIES STATEMENT
FOR THE PERIOD ENDED 31 MARCH 2025**

The trustees are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the [Charities (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustees' Report has been approved by the Trustees and signed on their behalf by:



Mr Nicholas McEwen
Chair

Date: 3/11/25

THE IUVENTAS FOUNDATION
INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF THE IUVENTAS FOUNDATION
FOR THE PERIOD ENDED 31 MARCH 2025

I report to the charity trustees on my examination of the accounts of the charity for the period ended 31 March 2025 which are set out on pages 11 to 16.

Responsibilities and basis of report

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Caroline Webster FCA
UHY Ross Brooke
Windrush Court
Abingdon Business Park
Abingdon
OX14 1SY
2024

THE IUVENTAS FOUNDATION
STATEMENT OF FINANCIAL ACTIVITIES
(INCLUDING INCOME AND EXPENDITURE ACCOUNT)
FOR THE PERIOD 1 APRIL 2024 TO 31 MARCH 2025

	Notes	Unrestricted Funds 2025 £	Total Funds 2025 £	Unrestricted Funds 2024	Total Funds 2024
Incoming resources from:					
Donations and legacies	2	75,618	75,618	63,663	63,663
Charitable activities	2	14,615	14,615	7,196	7,196
Other income	3	1	1	11	11
Total income		90,234	90,234	70,870	70,870
Expenditure on:					
Charitable activities	4	52,413	52,413	58,283	58,283
Other expenditure	5/6	1,709	1,709	900	900
Total expenditure		54,122	54,122	59,183	59,183
Net income/(expenditure) before transfers		36,112	36,112	11,687	11,687
Transfers between funds		-	-	-	-
Net movement of funds in year		36,112	36,112	11,687	11,687
Reconciliation of funds:					
Total funds brought forward		23,128	23,128	11,441	11,441
Total funds carried forward		59,240	59,240	23,128	23,128

The Statement of Financial Activities includes all gains and losses recognised in the year.

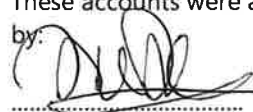
All income and expenditure derive from continuing activities.

**THE IUVENTAS FOUNDATION
BALANCE SHEET
FOR THE PERIOD ENDED 31 MARCH 2025**

	Notes	2025 £	2024 £
Current Assets			
Accrued income	8	5,588	2,537
Cash at bank		56,534	26,481
		<hr/> 62,122	<hr/> 29,018
Creditors			
Amounts due within one year	9	(2,882)	(5,890)
		<hr/> 59,240	<hr/> 23,128
Net Current Assets		<hr/> 59,240	<hr/> 23,128
Total Net Assets		<hr/> 59,240	<hr/> 23,128
The Funds of the Charity			
Unrestricted income funds	12	<hr/> 59,240	<hr/> 23,128
		<hr/> 59,240	<hr/> 23,128

The Trustees acknowledge their responsibilities for complying with the requirements of the Act with respect to accounting records and for the preparation of accounts.

These accounts were approved by the Trustees on _____ and are signed on behalf of the board by:



Nicholas McEwen, Chair

The notes on pages 13 to 16 form part of these financial statements.

**THE IUVENTAS FOUNDATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2025**

1. Accounting Policies

(a) General information and basis of preparation

The Iuventas Foundation is a Charitable Incorporated Organisation in England. In the event of the charity being wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities. The address of the registered office is given in the charity information on page 3 of these financial statements. The nature of the charity's operations and principal activities are youth mentoring and mental health support for young people.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated. The Iuventas Foundation constitutes a public benefit as defined by FRS 102. The accounts have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), and the Charities Act 2011.

(b) Fund Accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objective of the charity and which have not been designated for other purposes.

(c) Incoming resources

All incoming resources are included in the Statement of Financial Activities when the charity has entitlement to the funds, certainty of receipt and the amount can be measured with sufficient reliability.

Donated services or facilities, which comprise donated services, are included in income at a valuation which is an estimate of the financial cost borne by the donor where such a cost is quantifiable and measurable. No income is recognised where there is no financial cost borne by a third party.

Income tax recoverable in relation to donations received under Gift Aid or deeds of covenant is recognised at the time of the donation.

**THE IUVENTAS FOUNDATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2025**

(d) Resources expended

All expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs cannot be directly attributed to particular activities they have been allocated on a basis consistent with the use of the resources.

(e) Going concern

At the time of approving the financial statements, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. Thus the Trustees continue to adopt the going concern basis of accounting in preparing the financial statements.

(f) Reporting period

The reporting period is a 12 month period from 1 April 2024 to 31 March 2025.

2. Voluntary income

	Unrestricted £	2025 £	Unrestricted £	2024 £
Donations	66,849	66,849	57,350	57,350
Gift Aid	8,769	8,769	6,313	6,313
Counselling services	14,615	14,615	7,196	7,196
Voluntary income	<u>90,233</u>	<u>90,233</u>	<u>70,859</u>	<u>70,859</u>

3. Other income

	Unrestricted £	2025 £	Unrestricted £	2024 £
Interest income	1	1	11	11
Other income	<u>1</u>	<u>1</u>	<u>11</u>	<u>11</u>

4. Direct costs

	Unrestricted £	2025 £	Unrestricted £	2024 £
Subcontractors	52,305	52,305	52,335	52,335
Room hire	108	108	2,470	2,470
Direct costs	<u>52,413</u>	<u>52,413</u>	<u>54,805</u>	<u>54,805</u>

**THE IUVENTAS FOUNDATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2025**

5. Support costs

	2025	2024
	£	£
Sundries	-	-
Travel and subsistence	338	699
Insurance	67	67
Subscriptions	-	-
Website	255	2,672
Conferences	42	40
	<u>702</u>	<u>3,478</u>

6. Other expenditure

	2025	2024
	£	£
Independent examination fee	1,007	900
	<u>1,007</u>	<u>900</u>

7. Staff Numbers

The average monthly number of employees during the year was nil (2024: nil).

8. Debtors

	2025	2024
	£	£
Trade debtors	-	-
Prepayments and accrued income	5,588	2,537
	<u>5,588</u>	<u>2,537</u>

9. Creditors – Amounts Falling Due Within One Year

	2025	2024
	£	£
Accruals and deferred income	1,164	5,667
Trade creditors	1,718	223
Working capital loan	-	-
	<u>2,882</u>	<u>5,890</u>

10. Trustees' expenses

During the year, trustees incurred expenditure on the charity's behalf amounting to £nil (2024: nil).

11. Related party transactions

During the year nil (2024: £50,000) of income was received from a Trustee of the Charity.

**THE IUVENTAS FOUNDATION
NOTES TO THE ACCOUNTS
FOR THE PERIOD ENDED 31 MARCH 2025**

12. UNRESTRICTED INCOME FUNDS

	Balance at 1 Apr 2024	Income	Expenditure	Transfers	Balance at 31 Mar 2025
	£	£	£	£	£
Unrestricted general funds	23,128	90,234	(54,122)	-	59,240
	<u>23,128</u>	<u>90,234</u>	<u>(54,122)</u>	<u>-</u>	<u>59,240</u>

<i>Previous year</i>	Balance at 1 April 2023	Income	Expenditure	Transfers	Balance at 31 Mar 2024
	£	£	£	£	£
Unrestricted general funds	11,441	70,870	(59,183)	-	23,128
	<u>-</u>	<u>70,870</u>	<u>(59,183)</u>	<u>-</u>	<u>23,128</u>