

Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	April	2023		31	March	2024

Section A Reference and administration details

Charity name

Thrive Langton

Other names charity is known by

Registered charity number (if any)

1200068

Charity's principal address

Thrive Langton c/o LGPS

Lampington Row

Langton Green, Kent

Postcode

TN3 0JG

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Karen Masterson	Chair		
2	Thomas Maynard	Vice-Chair		
3	Karen Williams	Treasurer		
4	Lesley Adshead	Secretary		
5	Mark Gamble			
6	James Bracewell			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution (August 2022)
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation (CIO)
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.



The trustees of Thrive Langton are committed to upholding the highest standards of governance and compliance. We have ensured that our charity operates in accordance with legal and regulatory requirements. Regular trustee meetings were held throughout the year to review progress, make strategic decisions and monitor the implementation of our charitable objectives.

Policies

The following policies are in place:

Code of Conduct for Trustees
 Conflict of Interest for Trustees
 Expenses
 Safeguarding (children)
 Safeguarding (adults)
 Equality Diversity & Inclusion
 Community Garden Health & Safety
 Complaints
 Privacy

Charity Structure

Thrive Langton has a board of six trustees who oversee the strategy and governance of the charity.

The day-to-day running of Thrive Langton is undertaken by a core operational group of approximately ten volunteers.

Thrive Langton also enlists the help of several ad hoc volunteers when required.

All trustees and core group members are volunteers from the local community of Langton Green.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

Thrive Langton's charitable objects are:

To provide or assist in the provision of facilities in the interests of social welfare for recreation, other leisure time occupation, or other such activity as the trustees shall from time to time determine, of individuals and families living/studying/working/volunteering within the community of Langton Green ("the area of benefit") who have need of such facilities by reason of their youth, age, infirmity or disability, financial hardship or social circumstances with the object of improving their conditions of life.



OUR CORE BELIEFS

1. Well-being and emotional health are important but can be difficult to talk about.



2. Everyone should actively nurture their own well-being and emotional health.



3. Communities can work together to support each other with well-being and emotional health.



4. Well-being and emotional health are best nurtured through "The Five Ways to Wellbeing"



MISSION STATEMENT 2024

Thrive Langton believes in the power of community for supporting well-being and emotional health. By connecting with each other and providing opportunities for everyone in Langton Green, we aim to encourage one another to nurture our own well-being and emotional health through art, music, social interaction, engagement with nature and physical activity. The "Five Ways to Well-being" underpin everything we do.



Be active



Connect



Give



Keep learning



Take notice

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The Trustees confirm that they have had regard to the Charity Commission's public benefit guidance where relevant.

Throughout the year, Thrive Langton has provided a range of well-being activities for members of the local community to fulfil our mission and objectives. This includes the provision of:

- Mindfulness sessions: a monthly activity
- Knit and Natter: a monthly activity
- Art Journaling: a series of 6 sessions
- Thrive Talks: an informational wellbeing talk for teens run by a GP
- Community Coffee Morning: a monthly event open to all but targeting those affected by memory loss or dementia
- Community Garden: cultivating a space in the village with access and activities for everyone
- Children's Fitness: a series of 6 fitness sessions run by a professional coach for primary school aged children
- Well-being workshops: a series of workshops delivered by a qualified counsellor to primary aged children and teens.
- Cooking in the Community: naan bread making session for families
- Art Workshops: open to the whole community, a variety of sessions including abstract art and bauble decorating

Thrive Langton has fully funded all activities with some participants offering a donation towards core costs.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Thrive Langton has had a successful year operating within the community of Langton Green. Some of our notable achievements include:

Provision of well-being activities

Thrive Langton has successfully delivered a variety of well-being activities (listed in section C) to benefit the community of Langton Green.

Fundraising

£1,000 raised through community donations

£1,000 donation from Movement for Good

£500 grant from South East Water

£480 raised from an auction of artworks donated by the Hare Pub

Community engagement

Thrive Langton has sought to actively engage the community through events such as the Tunbridge Wells Fringe Festival (July 2023) in order to make and strengthen connections within the community.

Partnerships

We continue to maintain strategic partnerships with local organisations and businesses such as the Village Society, Langton Green Village Hall and the Pavilion Cafe to maximise our impact and reach. These collaborations have enabled us to leverage resources and expand our services to a wider audience.

Section E

Financial review

Brief statement of the charity's policy on reserves

Thrive Langton's policy is to keep reserves of £2,000. The trustees deem this amount to be a prudent hedge against fluctuations in income and to provide a sufficient buffer to facilitate smooth cash flows.

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Thrive Langton received a grant of £2,500 from Gatwick Airport Community Trust (GACT) in June 2023 designated for use to furnish a yurt as a venue for Thrive Langton to host well-being events. The grant was returned in full to GACT in November 2023 when trustees established that the yurt project was not going to be financially viable on an ongoing basis.

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

Full name(s)

Position (eg Secretary, Chair, etc)

Date

Karen Williams

Treasurer

24th December 2024

Thrive Langton - Financial Summary 01 April 2023 - 31 March 2024

Summary

Opening Balance @ 01 April 2023	£5,222.46
Total Income	£5,599.56
Total Expenditure	-£5,183.27
Closing Balance @ 31 Mar 2024	£5,638.75

Income and Expenditure detail

Category	Income	Expenditure
Movement for Good Donation	£1,000.00	
JustGiving Donations	£537.37	
Misc Donations	£513.92	
South East Water Donation	£500.00	
Hare Auction Donation	£482.00	
Gatwick Airport Community Trust Grant	£2,500.00	-£2,500.00
Easy Fundraising	£45.16	
Amazon smile	£21.11	
Event Costs		-£1,081.70
Donation to LGPS PTA		-£150.00
Advertising		-£333.00
Running Costs		-£306.46
Insurance		-£331.84
Merchandise		-£315.76
Gardening expenses		-£164.51
Grand Total	£5,599.56	-£5,183.27