

Trustees' Annual Report for the period								
From		Period start date			To		Period end date	
		01	April	2022			31	March

Section A Reference and administration details

Charity name	Thrive Langton		
Other names charity is known by			
Registered charity number (if any)	1200068		
Charity's principal address	Thrive Langton c/o LGPS		
	Lampington Row		
	Langton Green, Kent		
Postcode	TN3 0JG		

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Karen Masterson	Chair		
2	Thomas Maynard	Vice-Chair		
3	Karen Williams	Treasurer		
4	Lesley Adshead	Secretary		
5	Mark Gamble			
6	James Bracewell			
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution (August 2022)
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation (CIO)
Trustee selection methods (eg. appointed by, elected by)	Appointed by existing trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.



Thrive Langton started operating in June 2022 and was registered as a charity on 16th August 2022.

The trustees of Thrive Langton are committed to upholding the highest standards of governance and compliance. We have ensured that our charity operates in accordance with legal and regulatory requirements. Regular trustee meetings were held throughout the year to review progress, make strategic decisions and monitor the implementation of our charitable objectives.

Policies

The following policies are in place:

Code of Conduct for Trustees
Conflict of Interest for Trustees
Expenses
Safeguarding (children)
Safeguarding (adults)
Equality Diversity & Inclusion
Community Garden Health & Safety
Complaints
Privacy

Charity Structure

Thrive Langton has a board of six trustees who oversee the strategy and governance of the charity.

The day-to-day running of Thrive Langton is undertaken by a core operational group of approximately ten volunteers.

Thrive Langton also enlists the help of several ad hoc volunteers when required.

All trustees and core group members are volunteers from the local community of Langton Green.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

Thrive Langton's charitable objects are:

To provide or assist in the provision of facilities in the interests of social welfare for recreation, other leisure time occupation, or other such activity as the trustees shall from time to time determine, of individuals and families living/studying/working/volunteering within the community of Langton Green ("the area of benefit") who have need of such facilities by reason of their youth, age, infirmity or disability, financial hardship or social circumstances with the object of improving their conditions of life.



OUR CORE BELIEFS

1.
Well-being and emotional health are important but can be difficult to talk about.



2.
Everyone should actively nurture their own well-being and emotional health.



3.
Communities can work together to support each other with well-being and emotional health.



4.
Well-being and emotional health are best nurtured through "The Five Ways to Wellbeing"



MISSION STATEMENT 2024

Thrive Langton believes in the power of community for supporting well-being and emotional health. By connecting with each other and providing opportunities for everyone in Langton Green, we aim to encourage one another to nurture our own well-being and emotional health through art, music, social interaction, engagement with nature and physical activity. The "Five Ways to Well-being" underpin everything we do.



Be active



Connect



Give



Keep learning



Take notice

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The Trustees confirm that they have had regard to the Charity Commission's public benefit guidance where relevant.

Throughout the year, Thrive Langton has provided a range of well-being activities for members of the local community to fulfil our mission and objectives. This includes the provision of:

- Family Life: workshop session for parents run by a professional counsellor
- Family Life: workshop session for grandparents run by a professional counsellor
- Family Life: workshop session for students run by a professional counsellor
- Teen Art: an outdoor summer activity
- Musical Mash-Up: music improvisation for the family
- Mindfulness sessions: a monthly activity
- Knit and Natter: a monthly activity
- Art Journaling: a series of 6 sessions
- Thrive Talks*: an informational event about Menopause Awareness
- Community Garden: cultivating a space in the village with access and activities for everyone

Thrive Langton has fully funded all activities with some participants offering a donation towards core costs.
*Thrive Talks, as a ticketed event, are an exception as speaker and refreshment costs are covered by the ticket price.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

Thrive Langton has had a successful first year operating within the community of Langton Green. Some of our notable achievements include:

Fundraising

£3,440 raised by a sponsored walk
£700 raised from a charity evening
£600 donated by the local Budgens shop

Provision of well-being activities

Thrive Langton has successfully delivered a variety of well-being activities (listed in section C) to benefit the community of Langton Green.

Community engagement

Thrive Langton has sought to actively engage the community through events such as an information evening to introduce the charity to the community and to recruit volunteers and service providers.

We have also participated in events such as the village fete (July 2022) and local primary school Christmas fair (December 2022) in order to make and strengthen connections within the community.

Partnerships

We have established strategic partnerships with local organisations and businesses such as the Village Society, Langton Green Village Hall and the Pavilion Cafe to maximise our impact and reach. These collaborations have enabled us to leverage resources and expand our services to a wider audience.

Section E

Financial review

Brief statement of the charity's policy on reserves

Thrive Langton's policy is to keep reserves of £2,000. The trustees deem this amount to be a prudent hedge against fluctuations in income and to provide a sufficient buffer to facilitate smooth cash flows.

Details of any funds materially in deficit

n/a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Karen Williams	
Position (eg Secretary, Chair, etc)	Treasurer	
Date	22 nd December 2023	

Thrive Langton - Financial Summary 01 April 2022 - 31 March 2023

Category	Income	Expenditure
Amazon Smile	6.35	
Bank Compensation	550	
Budgens Donation	600	
Church Donation	333.48	
Events	1090.91	-427.15
Launch	199.36	-707.14
LA fundraising	37	
Marketing		-45
Misc Donation	205.03	
Open evening		-70.63
Running cost		-353.55
Sponsored Walk	3440.03	
Trafalgar Night	700	
Website Design + training		-330
Grand Total	7162.16	-1933.47
Bank balance @ 31 Mar 2023	5228.69	