



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 10/08/2022 To 31/07/2023

Charity name: A Bag for Flo

Charity registration number: 1200019

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Relief of period poverty: the detrimental effects on the education, employment, social contact and mental health of girls and women of menstruating age and the consequent effects on their families, through the discreet and free provision of non-medicinal menstrual products, as well as supporting publicity and education in support of that relief.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Utilising donations and purchasing period products to produce discreet bags of pads, tampons, or pads and tampons, to be collected from various local collection points. Also producing 'Bump to birth' bags of maternity pads, period pads and breast pads for people who have just given birth to support them during postpartum bleeding. Running competitions using social media/donations from local businesses to raise awareness of the issue. Purchasing marketing materials in order to raise awareness and find local organisations to work with.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have all had regard to the guidance issued by the Charity Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Approximately 2000 period products distributed in Daventry and the immediate surrounding area. Groups in society that benefitted from our work included family centres and food banks. The provision of period products has provided security and confidence to those who menstruate but who struggle to afford period products. By providing this service our charity ensures that those who face period poverty do need to choose between dignity and other basic necessities.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of the period the financial position of the charity was credit of £9838.19
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Zero reserves held
Amount of reserves held	Para 1.22	Zero reserves held
Reasons for holding zero reserves	Para 1.22	Young and growing charity with no need for reserves
Details of fund materially in deficit	Para 1.24	No funds materially in deficit.
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No current about the charity continuing due to a strong financial position and being a growing charity.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	

Other		
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Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Charitable trust deed
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	As the charity is young no new trustees have been selected since the founding of the charity. It has been agreed moving forward that trustees should be informally interviewed to ensure they are committed to the charity's aims and align with the values of the charity and can commit at least 2 hours per week to the charity. All existing trustees must agree on the selection of any new trustee.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related		

parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	A Bag for Flo
Other name the charity uses	
Registered charity number	1200019
Charity's principal address	4 North Close Braunston NN11 7JA

		Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
	1	Laura Cooper-Wortley			
	2	Emily Giles			
	3	Rebecca Norman			
	4	Tina Fitzhugh			
	5				
	6				
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	15				
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	17				
	18				
	19				
	20				

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

	Type of adviser	Name	Address
	Name of chief executive or names of senior staff members (Optional information)		

Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

	Signature(s)	LCWORTLEY	E S GILES/R NORMAN/T FITZHUGH	
		Full name(s)	Laura Cooper- Wortley	Emily Giles/Rebecca Norman/Tina Fitzhugh
		Position (eg Secretary, Chair, etc)	Charity Director	Trustee
	Date	22/05/2024		



CHARITY COMMISSION
FOR ENGLAND AND WALES

A Bag for Flo CIO

1200019

Receipts and payments accounts

CC16a

For the period
from

11/08/2022

To

31/07/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	11,978	-	-	11,978	-
Interest on deposit account	23	-	-	23	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	12,000	-	-	12,000	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	12,000	-	-	12,000	-
A3 Payments					
Purchase of period products	639	-	-	639	-
Direct costs associated with period products	248	-	-	248	-
Advertising	825	-	-	825	-
Insurance	307	-	-	307	-
Computer running costs	143	-	-	143	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	2,162	-	-	2,162	-
A4 Asset and investment purchases. (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	2,162	-	-	2,162	-
Net of receipts/(payments)	9,838	-	-	9,838	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	9,838	-	-	9,838	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Lloyds bank account	815	-	-
	Lloyds Bank Instant account	9,023	-	-
		-	-	-
	Total cash funds	9,838	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
		LCWORTLEY	LAURA COOPER-WORTLEY	27/05/2024
		E S GILES	EMILY GILES	27/05/2024