

# MY BODY IS MY BODY FOUNDATION

England & Wales · Charity number 1199901

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2022-08-01

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 105 Redbrook Rd  
Gawber  
Barnsley  
S75 2RG

**Phone** 07871301112

**Email** [chrissy@mbimb.org](mailto:chrissy@mbimb.org)

**Website** [www.mbimb.org](http://www.mbimb.org)

## Activities

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**Objects:** THE PREVENTION OF MENTAL AND PHYSICAL HARM TO YOUNG CHILDREN CAUSED BY CHILD ABUSE, BY PROVIDING CHILDCARE PROFESSIONALS AND OTHERS WITH RESOURCES THAT ENABLE YOUNG CHILDREN TO KEEP THEMSELVES SAFE.

**Activities:** My Body is My Body Programme is an internationally acclaimed body safety program using music to educate and empower adults and children on child abuse prevention. Distributed in 60 plus countries worldwide, it offers a free resource for communities, parents, teachers, and carers. Our mission is to stop child abuse through positive, non threatening education.

## Classification

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- **How:** Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives, Economic/community Development/employment
- **Who:** Children/young People, Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

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- Afghanistan
- Angola
- Australia
- Bangladesh
- Belgium
- Botswana
- Brazil
- Burundi
- Cambodia
- Cameroon
- Canada
- Colombia
- Congo (Democratic Republic)
- Cyprus
- Czech Republic
- Dubai
- Ecuador
- Egypt
- Eswatini
- Germany
- Greece
- Guinea-bissau
- Haiti
- Hungary
- India
- Indonesia
- Iran
- Iraq
- Ireland
- Italy
- Ivory Coast
- Kenya
- Lesotho
- Liberia

- Malawi
- Malta
- Mauritius
- Mexico
- Mozambique
- Namibia
- Nepal
- Netherlands
- New Zealand
- Nigeria
- Pakistan
- Poland
- Portugal
- Saudi Arabia
- Sierra Leone
- Singapore
- South Africa
- South Sudan
- Sri Lanka
- Sudan
- Tanzania
- The Gambia
- Trinidad And Tobago
- Turkey
- Uganda
- United Arab Emirates
- United States
- Zambia
- Zimbabwe
- Throughout England And Wales

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-07-31	£5,987	£4,068	-	-
2024-07-31	£4,366	£1,819	-	-
2023-07-31	£196	£954	-	-

## Trustees

Name	Role	Appointed
<b>Christine Ann Sykes</b>	Chair	2022-08-01
Antonia Noble		2022-11-20
Caroline Flynn		2022-08-01
Daphne Gail Russell-Thomas		2022-08-01
Nicholas ASkew		2022-11-20
Nicholas Charles Gazzard OBE		2025-06-25