



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 26/07/2022

Period start date To 31/05/2023

Period end date

Charity name: Helping Hearts Fylde

Charity registration number: 1199780

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	We provide a weekly outreach service for homeless and vulnerable people, and people struggling with the cost of living crisis, in central Blackpool, with the aim of alleviating poverty.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	We provide hot and cold food and drinks, clothes, respite accommodation, sleeping bags, and toiletries. Our clients often have complex needs and issues, and we pay for counselling services for them
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	I confirm this to be true and accurate

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	

Other		
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Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>Blackpool occupy 8 out of the top 10 most deprived areas in the UK. Helping Hearts Fylde (HHF) ensure a lifeline of a service is offered to those most in need which includes meals, food parcels, essential supplies for home or homeless and we are now growing our baby bank which includes nappies, wipes milk and other essentials. HHF has grown at a rapid pace since its conception in 2020, feeding around 10 people to now in the region of 150. The charity has grown as the demand and demographics, and we are seeing many more young families utilising our services. HHF rely on public support for kind donations as well as utilising local food banks for food and baby milk. Without the consistency of HHF providing this lifeline of a service many of the local community would struggle have warm clothing, food parcels, nutritious meals and the support and guidance we offer to assist with the likes of emergency accommodation or sign posting to other agencies. HHF work with multiple agencies across the UK to ensure we can operate this service and deliver this to our clients.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

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Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Reviewed by Chair, treasurer and accountant
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	N/A
Amount of reserves held	Para 1.22	N/A
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	No current concerns

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution document including dissolution resolution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO 26/07/2022
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Capacity to carry out additional duties as a trustee is considered. Sharing the same goals and visions for the longevity of the charity. Discussions held with potential trustees to ensure they understand the ask, what is required and the amount of time to contribute to the role. Trustee are voted in on a majority basis.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Helping Hearts Fylde
Other name the charity uses	
Registered charity number	1199780
Charity's principal address	New Life Community Church Queen Victoria Road BLACKPOOL Lancashire FY1 5LF

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Andrew Mills	Chair	26/07/2022 - Current	
2	Samantha Crombleholme Cross	Trustee	26/07/2022 - Current	
3	Kathryn Armstrong	Trustee	12/12/2023 – Current	
4	Jo Kember	Trustee	15/04/2024 - Current	
5	Geraldine Dalton	Trustee	26/07/2022 - Current	
6	Gavin Cross	Trustee / Treasurer	20/10/2023 - Current	
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20				

Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

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Full name(s)

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Position (eg Secretary,
Chair, etc)

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Date

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HELPING HEARTS FYLDE

ACCOUNTS FOR THE YEAR ENDED 31st JULY 2023

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REPORT TO THE EXECUTIVE COMMITTEE TO THE MEMBERS OF
HELPING HEARTS FYLDE

ACCOUNTS FOR THE YEAR ENDED 31st JULY 2023

We approve the Accounts set out on pages 2 to 4, and confirm that we have made available all relevant records and information for their preparation.



..... Chairman

Gavin Cross

..... Treasurer

Apr 23, 2024

.....

Date

HELPING HEARTS FYLDE

INCOME AND EXPENDITURE ACCOUNT

FOR THE YEAR ENDED 31st JULY 2023

	Notes	£	<u>2023</u>	£
INCOME				
Charitable Donations				14,406
 <u>LESS: EXPENSES</u>				
Donations	1	1,545		
Insurance		35		
Advertising		443		
Printing, Postage, Stationery		12		
Accountancy		<u>360</u>		
				<u>2,395</u>
 Excess Income over expenditure				12,011
 Accumulated Funds Brought Forward				<u>0</u>
 Accumulated Fund Carried Forward				<u><u>12,011</u></u>

HELPING HEARTS FYLDE

BALANCE SHEET AS AT 31st JULY 2023

	Notes	£	<u>2023</u>	£
CURRENT ASSETS				
Debtors and Prepayments	2		172	
Cash at Bank and in Hand			<u>12,199</u>	
			12,371	
<u>LESS: CURRENT LIABILITIES</u>	3		<u>(360)</u>	
				<u>12,011</u>
Represented by:-				
Accumulated Funds				<u>12,011</u>

HELPING HEARTS FYLDE

NOTES TO THE ACCOUNTS

FOR THE YEAR ENDED 31st JULY 2023

2023
£

1) **Donations**

Accommodation	379
Clothing	90
Food	771
Packaging	168
Purchases	<u>137</u>
	<u><u>1,545</u></u>

2) **Debtors and Prepayments**

Insurance	<u><u>172</u></u>
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3) **Accruals**

Accountancy	<u><u>360</u></u>
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ACCOUNTANTS REPORT TO THE MEMBERS OF

HELPING HEARTS FYLDE

We have prepared the financial statements on pages 2 to 4 which have been prepared under the historical cost convention.

Respective Responsibilities of Association Officials and Accountant

The association officials are responsible for the preparation of the financial statements. It is our responsibility to form an independent opinion to you.

Basis of Opinion

We have conducted our accounting procedure in accordance with Auditing Standards and our examination includes evidence relevant to the amount of disclosures in the financial statements. Also, to whether the accounting policies are appropriate to the Associations circumstances, consistently applied and adequately disclosed.

This charity, in common with many others of similar size and organisation derives a substantial proportion of its income from voluntary donations which cannot be fully controlled until they are entered in the accounting records, and are not therefore susceptible to independent audit verification.

Otherwise, we planned and performed our accounting procedure as to obtain all the information and explanations which we consider necessary in order to provide us with sufficient evidence to give reasonable assurance that the financial statements give a true and fair view of the state of the association's affairs at 31st July 2023, and of its expenditure over income for the year then ended.

Mills & Burns Limited
T/A NPM Accounting Services
Layton House
3/5 Westcliffe Drive
Layton Square
BLACKPOOL
FY3 7BJ

22nd April 2024