

MILTON KEYNES PROSTATE CANCER SUPPORT

England & Wales · Charity number 1199745

Details

Other names	MK PROSTATE CANCER SUPPORT
Status	Registered
Legal form	CIO
Registered	2022-07-21
Register	View on the Charity Commission register

Contact

Address	28 Pigott Drive Shenley Church End Milton Keynes MK5 6BY
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Website	www.prostatemk.org

Activities

Objects: THE OBJECTS OF THE CIO ARE:1. THE RELIEF OF PERSONS WHO ARE AFFECTED BY PROSTATE CANCER, THEIR CARERS AND FAMILIES, RESIDING IN MILTON KEYNES AND THE SURROUNDING AREAS, BY PROVIDING INFORMATION, ADVICE AND SUPPORT.2. TO ADVANCE THE EDUCATION OF THE PUBLIC IN PROSTATE CANCER AND PROSTATE ISSUES.NOTHING IN THIS CONSTITUTION SHALL AUTHORISE AN APPLICATION OF THE PROPERTY OF THE CIO FOR THE PURPOSES WHICH ARE NOT CHARITABLE IN ACCORDANCE WITH SECTION 7 OF THE CHARITIES AND TRUSTEE INVESTMENT (SCOTLAND) ACT 2005 AND SECTION 2 OF THE CHARITIES ACT (NORTHERN IRELAND) 2008.

Activities: The objects of the CIO are:The relief of persons who are affected by prostate cancer, their carers and families, residing in Milton Keynes and the surrounding areas, by providing information, advice and supportTo advance the education of the public in prostate cancer and prostate issues

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body
- **What:** General Charitable Purposes
- **Who:** Other Defined Groups

Geography

- Milton Keynes

Finances

Period end	Income	Expenditure	Assets	Employees
2025-09-30	£3,919	£1,938	-	-
2024-09-30	£4,175	£7,043	-	-
2023-09-30	£5,053	£3,466	-	-

Trustees

Name	Role	Appointed
David Buckley		2022-07-21
David Tomlinson		2022-07-21
David Wiggins		2022-03-01
HAYDN JOHN SINFIELD		2023-05-01
Jaswant Singh Bhamber		2024-08-01
Malcolm Edward Carpenter		2023-11-01
Steven Sidney Wakeland		2025-09-02

Accounts

Trustees' Report 2025

Milton Keynes Prostate Cancer Support

This year, In a break with past tradition and in keeping with the requirements of the Charities Commission, we are submitting a Trustee's report rather than a Chairman's report.

We have continued to operate without a chairman this year and believe this has been effective in a very busy year due to the efforts of an active committee and member contributions.

Operations Summary:

We welcomed member Steve Wakeland to our committee in September. Steve brings a wealth of charity work experience and has already been a willing participant in our activities and a great addition to the committee. Steve's wife Pat has also helped out at events and committee member Haydn's wife Christine continue to help at events and managed the refreshments at the Broughton meetings.

We once again thank Ted for making the facilities at Shenley Wood available to us and managing the rooms and refreshments for the meetings. Thanks also go to members Vince, Keith and Norman who helped out with car parking management at PSA events and at other events. A special mention to Vince and Keith, and to committee member David Tomlinson, for managing car parking at the Sherington event in February where they were out in the freezing cold for four hours. Also thanks to committee member Jas whose brave abseiling challenge in August raised over £600.

Committee member Malcom negotiated a free storage deal with Big Yellow in Milton Keynes at the beginning of the year in exchange for mentioning them in our presentations, leaflets and social media. This has made a huge positive difference in managing our meetings, awareness and PSA events and has become crucial with our increasing activities.

Broughton Parish Council designated us as one of their supported charities this year. This brought a number of benefits particularly in the early part of the year when we were able to use their community centre for our meetings when Shenley Wood was undergoing renovations. They also helped us with getting set up on Facebook and invited us to their community events to promote awareness and to fundraise. We were invited to fundraise at their annual fireworks event in November and raised over £2,000, more than enough to cover our operating costs for a full year. We would like to thank Gary and Lynn and the Broughton Parish Council for their support.

Haydn took the initiative to source MK Prostate Cancer Support branded T-Shirts and Fleecees from a local company and all committee members have purchased them and display them proudly at events and meetings. They are also available for members to buy as well.

We continue to participate in the monthly Tackle group meetings though committee member David Buckley who also attended their AGM in Birmingham in April. Haydn and David attend the MK Cancer Forum meetings at MKUH and Jas attends MK Community Foundation Trust meetings and events. We have added our support to the campaign to provide a national screening programme for prostate cancer.

We would also like to mention the sad passing of former committee member Chris Monk in September of this year. Chris was an active member of the committee in his time with us and his contributions live on in the design of our trifold leaflet and in his suggestions for how to conduct our monthly meetings. We would also like to thank Chris's family for the donations that we received in memory of Chris from friends and family.

Support Group:

Our key purpose is to provide a support group for families affected by prostate issues and we do this primarily through our monthly meetings. We have held meetings every month this year except August as usual, some with speakers and some just to meet and chat. We are pleased to report that these meetings have been increasingly well attended and we have welcomed many new members as well as welcoming back familiar faces. We observe that men and their families getting to grips with a recent prostate cancer diagnosis find talking with others who have been in their situation and further along their treatment paths particularly useful.

In February one of our patrons Tom Leslie, consultant urologist at MKUH (now Oxford), took time out of his busy schedule to talk to us about the latest developments in diagnosing and treating prostate cancer. Despite it being a cold February evening and our first meeting at Broughton Pavilion the meeting was very well attended and Tom's presentation and presence very well received.

In April Dr. Kayleigh Orchard of the Open University came to speak with the group and request our support as a potential patient group for the project she planned to propose to Prostate Cancer UK to identify the more aggressive forms of prostate cancer much earlier in order to provide targeted treatments. Kayleigh has subsequently decided to delay her submission of the project to a later date.

In July Harry Robbins of the Clinisupplies company presented his company's range of products to help with incontinence after prostate cancer treatments to the group. These products were unknown to most of the group and his presentation was well received.

In October Professor Robert Thomas, consultant oncologist and professor of exercise and nutritional science gave a packed audience a presentation on the findings of trials of how certain foods and supplements affected people living with cancer and the aftereffects of treatment and the proven benefits of a healthy lifestyle. The presentation was much appreciated and Robert has offered to lead another discussion with our members which is scheduled for the June 2026 meeting.

In November committee member Steve Wakeland gave a first-hand account of he and his two sons participation in the charity bicycle ride led by Sir Chris Hoy in Glasgow to raise cancer awareness. The presentation was fascinating and Steve and his family raised over £2,000 for Prostate Cancer UK.

In December we welcome Sally Burnie, Divisional Chief Nurse Cancer and Core Clinical Services at the Milton Keynes Foundation Trust, and some friends to our AGM and Annual Festive Get-Together to tell us about recent service developments.

We also continue to operate our website, providing information about prostate cancer and our activities, and our email and telephone numbers and have answered many people who contact us with questions and concerns.

Awareness:

The other key part of our mission is to raise awareness of prostate cancer and the benefits of early diagnosis in the Milton Keynes area. We have been very busy this year attending a wide range of events and driving initiatives to raise awareness:

Malcolm attended Drop-Ins for prostate cancer patients at the Newport Pagnell and Watling Street surgeries and has been contacting MK practices to promote awareness of our group and activities. This has proved hard going but we are making some progress.

Jas has been attending the monthly Veterans' Walk-in meetings at the MK Blue Light Hub promoting awareness with the veterans and with the police, fire and ambulance services. As a result of this we funded PSA tests for 9 veterans at our November test event who otherwise may not have been able to afford the test. We plan to do this again at future tests events.

Committee members and members attended these awareness events:

- Presentation to Ebenezer Men's Fellowship meeting
- Nut & Squirrel Westbrook Quiz Night
- Visit to the prostate cancer labs at the Open University MK
- Broughton Wellbeing Morning
- Presentation to teaching staff at Denbigh School Shenley Church End
- CA Volunteer Recruitment fair in Centre MK
- Broughton Annual Residents meeting
- Presentation to Kiln Farm Gurdwaras
- Lovat Fields Retirement Village Wellbeing Day
- Presentation to staff at DHL Kiln Farm
- MKCF Cancer Awareness event
- Presentation to Winslow Rotary Club
- Old Beams Shenley Lodge Quiz Night
- Nut & Squirrel Westcroft Halloween event
- Presentation to DHL Supply Chain Snaresbrook staff

PSA Test Events:

PSA testing is crucial to early detection of prostate cancer and is a core part of our awareness activities. Last year's report highlighted our decision to stop subsidising our PSA Test events allowing us to focus on getting more men tested. This led to an increase in men tested in 2024 and we are pleased to report that the number of tests carried out has increased again this year and we were able to hold four PSA test events::

- | | | |
|-------------|---|---------------------|
| - February: | MK Hair and Beauty Clinic Sherington: | 229 tests completed |
| - May: | Abbey Hill Golf Centre: | 194 tests completed |
| - August: | Buckingham Golf Club: | 171 tests completed |
| - November: | Windmill Hill Golf Club: | 242 tests completed |
| - | Home Test Kits ordered through our website: | 40 tests completed |

Thanks go to all the venues who are enthusiastic supporters of PSA testing and provide the venues free of charge and have all indicated that they will support similar events in 2026. We have had offers to use other venues for test events as well but the committee believe that holding four events per year at our now familiar venues and making more tests available at those venues is more efficient and more manageable.

Again this year we also supported an employee led PSA Test event at Network Rail which tested around 80 men.

Of the 886 men tested this year 84 men received an amber test result and 57 men a red test result. Both groups are advised to follow up these positive results with their GP and to seek further advice,

We continue to hear feedback from families who have detected prostate cancer early enough through our test events to be able to have appropriate treatment in a timely manner.

MK Prostate Cancer Support Group		
Balance Sheet as at 30th September 2025		
	<u>2025</u>	<u>2024</u>
Reserves	£	£
Surplus brought forward	2,935	5,803
Excess of income over expenditure for the year	1,938	-2,868
Total reserves carried forward	<u>4,873</u>	<u>2,935</u>
Represented by:		
Bank balance	4,833	2,940
Less un-presented cheques and creditors	<u>0</u>	<u>-50</u>
	4,833	2,890
Petty cash	40	45
Total assets	<u>4,873</u>	<u>2,935</u>
Signed on: 3 rd December 2025 by:		
D Wiggins - Treasurer		
D. Tomlinson – Committee Member		
Report of the independent examiner to the members		
I have examined the Balance Sheet and the attached Income and Expense Summaries for the year ended 30 th September 2025 and confirm that they are in agreement with the records and explanations given to me.		
T Thornton		
Examiner		
December 2025		

MK Prostate Cancer Support

Income and Expenditure Summary for the Year Ending 30/09/2025

	<u>Notes</u>	<u>2025</u>	<u>2024</u>
Income			
Grants		250	250
Donations received	1	2,608	3,146
Other	2	1,061	779
Total income:		<u>3,919</u>	<u>4,175</u>
Less: expenditure			
PSA events	3	134	5,650
Events Other		0	
Operations	4	1,282	1,393
Expenses	5	565	
Total expenditure:		<u>1,981</u>	<u>7,043</u>
Excess Income over Expenditure:		£ <u>1,938</u>	£ <u>(2,868)</u>

Notes to the accounts

- 1) See Notes page for details of donations
- 2) Other represents donations in memory of Chris Monk (£240), sponsorship for Jas's Northampton Abseil Challenge (£418) and Quiz Nights (£404) (additional £100 in memory of Chris Monk and £200 from Just Giving for Jas's Abseil due in October 2025)
- 3) PSA Events costs represent catering costs for 2 events
- 4) Operations include Virtual Telephone No. (£161), website, eMail and domain hosting (£304), printing and plastic wallet costs (£220) Big Yellow (£122), PCUK lapel pins (£200), and meeting costs (£201)
- 5) Expenses represent flowers for Jo Baker (£30), purchase of trolley (£80), laminator (£33), portable PA system (£205) and contactless payment device (£217)

MK Prostate Cancer Support							Analysis									
							Income (£)					Expenditure (£)				
Income and Expenditure for the Year Ending 30/09/2025																
Folio	Date	Receipt/ref no	Description	Income (£)	Expenditure (£)	Remarks	Grants	Donations	Quizzes	C. Monk	Jas Chal.	Events	PSA Events	Donations	Operational	Expenses
	02/10/2024	Deposit	SumUp Payments (Network Rail Event)	26.55				26.55								
1	02/10/2024	Card Payment	Mailboxes Etc. – Printing Posters for PSA Event (Deposit)	0.00	35.00											35.00
2	17/10/2024	Card Payment	SMCO – Plastic Wallets for MKUH	0.00	105.00											105.00
	18/10/2024	Deposit	Tackle Grant	250.00	0.00		0.00									0.00
3	21/10/2024	Apptel	Virtual Telephone Number	0.00	13.44											13.44
	06/11/2024	Deposit 500010	Cash Deposit – Donations (Collection Boxes)	212.94	0.00			212.94								
	08/11/2024	Deposit	Donation (B&C Nicholson)	750.00	0.00			750.00								
	11/11/2024	Deposit	SumUp Payment – Donation (No name provided)	32.00	0.00			32.00								0.00
	13/11/2024	Deposit	SumUp Payment – Donation (John Berry)	100.00	0.00			100.00					0.00			
4	18/11/2024	Cheque 000013	Elior Teas & Coffees	0.00	30.00											30.00
	19/11/2024	Deposit	SumUp Payments – Donations (Windmill Hill PSA Event)	42.28	0.00			42.28								0.00
5	21/11/2024	Apptel	Virtual Telephone Number	0.00	13.44											13.44
42	09/12/2024	Expense	D Tomlinson – Flowers for Jo Baker (Paid out of Petty Cash)		30.00											30.00
43	10/12/2024	Transfer	Expenses – Haydn: Food for Windmill Hill PSA Event	0.00	66.96								66.96			
6	10/12/2024	Card Payment	Wix.com – Website Hosting Fee	0.00	201.60											201.60
	17/12/2024	Deposit	Beds Prostate Cancer Support – Gazebo rebranding donation	100.00	0.00			100.00								
7	23/12/2024	Apptel	Virtual Telephone Number	0.00	13.44											13.44
8	23/12/2024	Cheque 000015	Elior Teas & Coffees	0.00	25.00			0.00								25.00
	02/01/2025	Deposit	Donation – Surplus from 10 Year Anniversary Dinner	12.85	0.00			12.85								0.00
9	06/01/2025	Card Payment	Wix.com – Email Fee	0.00	66.62											66.62
10	06/01/2025	Card Payment	Wix.com – Domain Registration Fee	0.00	35.88											35.88
11	09/01/2025	Card Payment	Elior Teas & Coffees	0.00	25.00											25.00
12	13/01/2025	Card Payment	Prostate Cancer UK – Lapel Badges	0.00	200.00											200.00
13	14/01/2025	Card Payment	Screwfix – Trolley	0.00	79.99											79.99
14	20/01/2025	Card Payment	Big Yellow MK – Padlock and Contents Insurance	0.00	26.00											26.00
15	21/01/2025	Apptel	Virtual Telephone Number	0.00	13.44											13.44
	21/01/2025	Deposit 500013	Cash Deposit – Collections Boxes (N&S and other events)	151.56	0.00			151.56					0.00			
	22/01/2025	Deposit	Donation – GroupCBS Europe (N&S Quiz Night)	250.00	0.00			250.00								0.00
	27/01/2025	Deposit	SumUp Payments – Entry & Raffle (N&S Quiz Night)	81.62	0.00				81.62							
	07/02/2025	Deposit	SumUp Payments – (Donation)	2.95	0.00			2.95								
16	14/02/2025	Direct Debit	Big Yellow MK – Contents Insurance	0.00	12.00			0.00								12.00
17	17/02/2025	Card Payment	Amazon – Laminator	0.00	33.99											33.99
	17/02/2025	Deposit	SumUp Payments – Donations (Sherington PSA Event)	34.12	0.00			34.12								
18	19/02/2025	Card Payment	First Avenue Supplies – T Shirt Printing Setup Costs	0.00	36.00											36.00
19	21/02/2025	Direct Debit	Apptel Virtual Telephone Number	0.00	13.44											13.44
20	28/02/2025	Card Payment	Gear4Music – Portable PA Speaker	0.00	204.97											204.97
21	03/03/2025	Card Payment	Gear4Music – Portable PA Speaker Replacement	0.00	169.99						0.00					169.99
44	03/03/2025	Transfer	Expenses – Haydn: Food for Sherington PSA Event	0.00	66.96								66.96			
45	03/03/2025	Transfer	David W. Expenses – Food & Drink for AGM	0.00	51.27				0.00							51.27
22	13/03/2025	Direct Debit	Big Yellow MK – Contents Insurance	0.00	12.00											12.00
	17/03/2025	Deposit	Gear4Music – Portable PA Speaker – Replacement Refund		(169.99)											(169.99)
23	21/03/2025	Direct Debit	Apptel Virtual Telephone Number	0.00	13.64						0.00					13.64
24	11/04/2025	Direct Debit	Big Yellow MK – Contents Insurance	0.00	12.00											12.00
25	22/04/2025	Direct Debit	Apptel Virtual Telephone Number	0.00	13.44											13.44
26	08/05/2025	Direct Debit	Big Yellow MK – Contents Insurance	0.00	12.00			0.00								12.00
27	14/05/2025	Card Payment	Mailboxes Etc. – Business Cards	0.00	53.00											53.00
28	19/05/2025	Card Payment	Elior Teas & Coffees	0.00	20.00											20.00
	19/05/2025	Deposit	SumUp Payments – Donations (Abbey Hill PSA Test Event)	39.32	0.00			39.32								
	19/05/2025	Deposit	Cochran OSG – Donation (Abbey Hill PSA Test Event)	25.00	0.00			25.00								
29	21/05/2025	Direct Debit	Apptel Virtual Telephone Number	0.00	13.44											13.44
30	05/06/2025	Direct Debit	Big Yellow MK – Contents Insurance	0.00	12.00											12.00
31	23/06/2025	Direct Debit	Apptel Virtual Telephone Number	0.00	13.44											13.44

[illegible]

Milton Keynes Prostate Cancer Support					
Lloyds Bank Statement as at 30/09/2025					
Date	Receipt/ref no	Description	Out £	In £	Balance £
01/10/2024		Opening Balance			2940.03
02/10/2024	Deposit	SumUp Payments (Network Rail Event)		26.55	2966.58
02/10/2024	Card Payment	Mailboxes Etc. – Printing Posters for PSA Event (Deposit)	35.00		2931.58
14/10/2024	Cheque 000014	Elior Teas & Coffees	50.00		2881.58
17/10/2024	Card Payment	SMCO – Plastic Wallets for MKUH	105.00		2776.58
18/10/2024	Deposit	Tackle Grant		250.00	3026.58
21/10/2024	Apptel	Virtual Telephone Number	13.44		3013.14
06/11/2024	Deposit 500010	Cash Deposit – Donations (Collection Boxes)		212.94	3226.08
08/11/2024	Deposit	Donation (B&C Nicholson)		750.00	3976.08
11/11/2024	Deposit	SumUp Payment – Donation (No name provided)		32.00	4008.08
13/11/2024	Deposit	SumUp Payment – Donation (John Berry)		100.00	4108.08
18/11/2024	Cheque 000013	Elior Teas & Coffees	30.00		4078.08
19/11/2024	Deposit	SumUp Payments – Donations (Windmill Hill PSA Event)		42.28	4120.36
21/11/2024	Apptel	Virtual Telephone Number	13.44		4106.92
10/12/2024	Transfer	Expenses – Haydn: Food for Windmill Hill PSA Event	66.96		4039.96
10/12/2024	Card Payment	Wix.com – Website Hosting Fee	201.60		3838.36
17/12/2024	Deposit	Beds Prostate Cancer Support – Gazebo rebranding donation		100.00	3938.36
23/12/2024	Apptel	Virtual Telephone Number	13.44		3924.92
23/12/2024	Cheque 000015	Elior Teas & Coffees	25.00		3899.92
02/01/2025	Deposit	Donation – Surplus from 10 Year Anniversary Dinner		12.85	3912.77
06/01/2025	Card Payment	Wix.com – Email Fee	66.62		3846.15
06/01/2025	Card Payment	Wix.com – Domain Registration Fee	35.88		3810.27
09/01/2025	Card Payment	Elior Teas & Coffees	25.00		3785.27
13/01/2025	Card Payment	Prostate Cancer UK – Lapel Badges	200.00		3585.27
14/01/2025	Card Payment	Screwfix – Trolley	79.99		3505.28
20/01/2025	Card Payment	Big Yellow MK – Padlock and Contents Insurance	26.00		3479.28
21/01/2025	Apptel	Virtual Telephone Number	13.44		3465.84
21/01/2025	Deposit 500013	Cash Deposit – Collections Boxes (N&S and other events)		151.56	3617.40
22/01/2025	Deposit	Donation – GroupCBS Europe (N&S Quiz Night)		250.00	3867.40
27/01/2025	Deposit	SumUp Payments – Entry & Raffle (N&S Quiz Night)		81.62	3949.02
07/02/2025	Deposit	SumUp Payments – (Donation)		2.95	3951.97
14/02/2025	Direct Debit	Big Yellow MK – Contents Insurance	12.00		3939.97
17/02/2025	Card Payment	Amazon – Laminator	33.99		3905.98
17/02/2025	Deposit	SumUp Payments – Donations (Sherington PSA Event)		34.12	3940.10
19/02/2025	Card Payment	First Avenue Supplies – T Shirt Printing Setup Costs	36.00		3904.10
21/02/2025	Direct Debit	Apptel Virtual Telephone Number	13.44		3890.66
28/02/2025	Card Payment	Gear4Music – Portable PA Speaker	204.97		3685.69
03/03/2025	Card Payment	Gear4Music – Portable PA Speaker Replacement	169.99		3515.70
03/03/2025	Transfer	Expenses – Haydn: Food for Sherington PSA Event	66.96		3448.74
03/03/2025	Transfer	David W. Expenses – Food & Drink for AGM	51.27		3397.47
13/03/2025	Direct Debit	Big Yellow MK – Contents Insurance	12.00		3385.47
17/03/2025	Deposit	Gear4Music – Portable PA Speaker – Replacement Refund		169.99	3555.46
21/03/2025	Direct Debit	Apptel Virtual Telephone Number	13.64		3541.82
11/04/2025	Direct Debit	Big Yellow MK – Contents Insurance	12.00		3529.82
22/04/2025	Direct Debit	Apptel Virtual Telephone Number	13.44		3516.38
08/05/2025	Direct Debit	Big Yellow MK – Contents Insurance	12.00		3504.38

Previous Financial Year Unpresented Cheque

14/05/2025	Card Payment	Mailboxes Etc. – Business Cards	53.00		3451.38	
19/05/2025	Card Payment	Elior Teas & Coffees	20.00		3431.38	
19/05/2025	Deposit	SumUp Payments – Donations (Abbey Hill PSA Test Event)		39.32	3470.70	
19/05/2025	Deposit	Cochran OSG – Donation (Abbey Hill PSA Test Event)		25.00	3495.70	
21/05/2025	Direct Debit	Apptel Virtual Telephone Number	13.44		3482.26	
05/06/2025	Direct Debit	Big Yellow MK – Contents Insurance	12.00		3470.26	
23/06/2025	Direct Debit	Apptel Virtual Telephone Number	13.44		3456.82	
30/06/2025	Deposit	Donation – E & P Leedale		20.00	3476.82	
03/07/2025	Direct Debit	Big Yellow MK – Contents Insurance	12.00		3464.82	
04/07/2025	Deposit 500015	Cash Deposit – Collection Boxes (N&S, DHL) and N&S Wake		374.00	3838.82	
04/07/2025	Deposit 500014	Cash Deposit – Nut & Squirrel Quiz Night		179.00	4017.82	
21/07/2025	Direct Debit	Apptel Virtual Telephone Number	13.44		4004.38	
25/07/2025	Deposit 500016	Cheque Donation – Winslow Rotary Club		250.00	4254.38	
25/07/2025	Deposit 500016	Cash Deposit – Jas Challenge, Abbey Hill and Old Beams collection boxes		277.39	4531.77	
28/07/2025	Card Payment	A4 Labels.com – A4 Labels for collection boxes	20.21		4511.56	£
31/07/2025	Direct Debit	Big Yellow MK – Contents Insurance	12.00		4499.56	1,571.53
01/08/2025	Card Payment	CollecTin Solo Contactless Payments Device	216.60		4282.96	
05/08/2025	Deposit	Donation – Joanne Baker + Employer match		82.54	4365.50	
07/08/2025	Deposit	SumUp Payment – Donation (D. Wiggins test transaction)		1.97	4367.47	
11/08/2025	Deposit	Refund of incorrect charge		32.34	4399.81	
11/08/2025	Deposit	SumUp Payment – Donation (H. Sinfield Jas Challenge)		98.31	4498.12	
12/08/2025	Card Payment	Incorrect charge	32.34		4465.78	
15/08/2025	Deposit	Donation – The Old Beams Charity Quiz Night		143.00	4608.78	
18/08/2025	Deposit	Donation – D. Wiggins Jas Challenge		50.00	4658.78	
21/08/2025	Direct Debit	Apptel Virtual Telephone Number	13.44		4645.34	
28/08/2025	Direct Debit	Big Yellow MK – Contents Insurance	12.00		4633.34	
29/08/2025	Deposit	Donation – M. Carpenter in memory of Chris Monk		100.00	4733.34	
02/09/2025	Deposit	Donation – S. Wakeland Jas Challenge		50.00	4783.34	
02/09/2025	Deposit	Donation – Dr. P. A. Cunningham in memory of Chris Monk		40.00	4823.34	
04/09/2025	Deposit	Donation – S. Monk in memory of Chris Monk		100.00	4923.34	
04/09/2025	Deposit	SumUp Payment – Donation		9.83	4933.17	
04/09/2025	Card Payment	Elior Teas & Coffees	30.00		4903.17	
17/09/2025	Deposit	SumUp Payment – Donation(Lapel Badge)		2.95	4906.12	
22/09/2025	Direct Debit	Apptel Virtual Telephone Number	13.44		4892.68	
25/09/2025	Direct Debit	Big Yellow MK – Contents Insurance	12.00		4880.68	
25/09/2025	Deposit	Donation – J. Bhambher Jas Challenge		4.50	4885.18	
26/09/2025	Transfer	Ted Skone Expenses – Elior Teas and Coffees	45.00		4840.18	
26/09/2025	Transfer	M. Carpenter Expenses – Laminator Consumables	6.77		4833.41	

Name	Position	Signature	Date
D Wiggins	Treasurer		
D. Tomlinson	Committee Member		

MK Prostate Cancer Support Group			
Bank Account Reconciliation as at 30th September 2025			
30-Sep-25	Metro Bank Balance	Closed	£0.00
30-Sep-25	Lloyds Bank Balance		£4,833.41
		Adjusted Balance:	£4,833.41

MK Prostate Cancer Support
Petty Cash as at 30/09/2025

Date	Receipt/ref no	Description	Out £	In £	Balance £
01/10/2023		B/fwd from 2022			45.73
08/12/2024	Expense	D Tomlinson - Flowers for Jo Baker	30.00		15.73
30/09/2025	Cash	Donation - Members Jas Challenge		25.00	40.73
		C/fwd			40.73

Name	Position	Signature	Date
D Wiggins	Treasurer		
J Baker	Secretary		

[illegible]

Notes

Donations

B & C Nicholson:	£750	
Group CBS Europe	£250	
Winslow Rotary Club	£250	
DHL Knowlhill Staff	£153	Collection Box
John Berry	£100	
Bedford PCS	£100	(For rebranding donated gazebo)
Joanne Baker & Darwin match	£82	
Cochran OSG	£25	
E & P Leedale	£20	
SumUp Card Donations	£192	Various locations and events
Cash Collection Boxes	£673	Various locations and events
Other	£13	
	£2,608	

Accounts

Chairman's Report 2024
Milton Keynes Prostate Cancer Support Group

I am pleased to submit the annual report to the members of the MKPCS Group. As you are aware, we have operated without a chairman this year and we have not yet appointed anyone in this full-time role. I have therefore worked closely with David Wiggins, Treasurer, to compile this report.

2024 is the 10th Anniversary of the formation of this group and what a year it has been for us.

Christiana Lewis left the committee at the end of 2023 and Chris Monk resigned from the committee in July. We thank both Christiana and Chris for their efforts.

We welcomed Jas Bhamber to the committee in July 2024 and he has already made a huge difference bringing great ideas and building our networks. Among his key contributions to date, is a focus on how we can create more awareness of prostate cancer in ethnic communities.

A sincere thank you to each of the committee; David Wiggins (Treasurer), David Tomlinson, David Buckley, Malcolm Carpenter and Haydn Sinfield. The passion, commitment and time invested has had such a significant impact and is truly appreciated.

I would also like to thank Ted Skone for being a cornerstone of the group organising all our meeting rooms and refreshments. Our group members, Keith Temple and Vince Hughes have kindly helped to support at events throughout the year. Haydn's wife Christine Sinfield has been a huge support at our events and taking on some of the administrative tasks after our PSA testing events.

We have enjoyed talks from several speakers who gave presentations and took questions from the group.

8th January 2024

Eddy Diget, Personal Trainer and rehabilitation specialist

7th October

Michelle Sharman-else, Late effects consultant radiographer, MKUH

Feedback from our membership guided us to creating a series of group discussions, hearing the personal experiences of members, which is an invaluable source of information and support.

12th February

Let's Talk Radiotherapy

10TH April

Let's Talk Support

13th May

Let's Talk Surgery

8th July

Let's Talk Chemotherapy

In June we were delighted to join Professor Francesco Crea at the Open University as he shared an update on the research being carried out by his team and took us on a tour of the laboratories.

We have also attended several events to raise awareness at Parish Councils, Rotary Clubs and community events.

We hosted talks at key employers in Milton Keynes including John Lewis, Network Rail and the Blue Light Centre.

In July we held a fundraising quiz at the Old Beams and in October, the Nut & Squirrel pub held a Halloween Event where proceeds were donated to the group.

We continue to participate in the Milton Keynes Cancer Forum and the Tackle group supporting networking, and collaboration within the community.

We held two PSA testing events this year. The first on 12th May at the Abbey Hill Golf Club and the second at the Windmill Hill Golf Club on 17th November.

In total 490 tests were carried out this year. We have previously partly funded the cost of the tests which has been dependent on fundraising which itself is a demands significant commitment and focus.

So we adapted our approach for the November testing day to understand if we could still be successfully in holding testing days where the full cost was met by the attendees. We saw unprecedented demand, in part due to the publicity created by Sir Chris Hoy with news of his diagnosis, with 322 men being seen on the day.

Demand continues to be high, so we plan to hold three or four PSA events in 2025. We have already booked the next PSA event on 16th February 2025 in Sherington and have almost 150 men signed up already. The PSA events are very well organised. Our thanks to the Graham Fulford Charitable Trust for their professional services.

Regrettably, I will be stepping down as the Secretary as I no longer have the capacity to support. I would like to take this opportunity to thank everyone involved in the Milton Keynes Prostate Cancer Support Group. It has been a very successful year for the group, and I will forever be grateful for the opportunity to work with each of you and for such an important cause. I am proud to have been a part of the significant achievements this group has made and the impact it has on so many.

Thank you

Joanne Baker – Secretary MKPCS Group

MK Prostate Cancer Support Group		
Balance Sheet as at 30th September 2024		
	<u>2,024</u>	<u>2023</u>
Reserves	£	£
Surplus brought forward	5,803	4,216
Excess of expenditure over income for the year	-2,868	1,587
Total reserves carried forward	<u><u>2,935</u></u>	<u><u>5,803</u></u>
Represented by:		
Bank balance	2,940	5,868
Less un-presented cheques and creditors	<u>-50</u>	<u>-110</u>
	2,890	5,758
Petty cash	45	45
Total assets	<u><u>2,935</u></u>	<u><u>5,803</u></u>
Signed on: 2 nd December 2024 by:		
D Wiggins - Treasurer		
J.Baker - Secretary		
Report of the independent examiner to the members		
I have examined the attached Income and Expenditure Summary for the year ended 30th September 2024 and Balance Sheet as at 30th September 2024 and confirm that they are in agreement with the records and explanations given to me.		
T Thornton Examiner December 2024		

MK Prostate Cancer Support

Income and Expenditure Summary for the Year Ending 30/09/2024

	<u>Notes</u>	<u>2024</u>	<u>2023</u>
Income			
Grants		250	0
Donations received	1	3,146	3,842
Raffles and Sundry	2	779	1,211
Total income:		<u>4,175</u>	<u>5,053</u>
Less: expenditure			
PSA events	3	5,650	2,368
Events Other		0	250
Operations	4	1,393	778
Expenses		0	70
Total expenditure:		<u>7,043</u>	<u>3,466</u>
Excess Expenditure over Income:		<u>£ (2,868)</u>	<u>£ 1,587</u>

Notes to the accounts

- 1) Donations Received includes £1,170 (£650 from Stony Stratford Summer event) and £152.50 from Darwin for employee charitable hours and giving match, 666.50 from Wolverton Trinity Lodge and £250 from MK Dons Supporters Association
- 2) Raffles and Sundry represents proceeds of Quiz Night tickets, raffle and donations.
- 3) PSA Events costs represent GFCT testing costs
- 4) Operations include Telephone No. cost of £152, eMail domain cost of £66, printing costs of £560, and meeting costs of £230

MK Prostate Cancer Support							Analysis									
							Income				Expenditure					
Income and Expenditure for the Year Ending 30/09/2024																
Folio	Date	Receipt/ref no	Description	Income £	Expenditure £	Remarks	Grants	Donations	Raffles	Sundry	Events	PSA Events	Donations	Operational	Expenses	
1	17/10/2023	Transfer	Loughton and Great Holm Parish Council Grant	250.00	.00		250.00									
	23/10/2023	Apptel	Virtual Telephone Number	.00	12.00										12.00	
	24/10/2023	Transfer	Rotary Club of Woburn Donation	50.00	.00			50.00								
	06/11/2023	Transfer	MK Dons Supports Association Donation	250.00	.00			250.00								
	20/11/2023	SumUp	PSA Test Event Individual Donations	90.45	.00			90.45								
2	21/11/2023	Apptel	Virtual Telephone Number	.00	12.00										12.00	
3	04/12/2023	Transfer	GFCT PSA Tests	.00	3,550.00							3550.00				
4	04/12/2023	Transfer	Haydn Sinfield Expenses – Name badges and food for PSA Test Event	.00	71.87										71.87	
5	21/12/2023	Apptel	Virtual Telephone Number	.00	12.00										12.00	
6	02/01/2024	000005	Elior Teas & Coffees 23/10/23	.00	20.00										20.00	
7	02/01/2024	000006	Elior Teas & Coffees 13/11/23 (Receipt for £25)	.00	20.00										20.00	
8	02/01/2024	000007	Elior Teas & Coffees 11/12/23	.00	20.00										20.00	
	03/01/2024	500006	Cash Donations	465.00	.00			465.00								
9	22/01/2024	Apptel	Virtual Telephone Number	.00	12.00										12.00	
	29/01/2024	Transfer	Charitable Giving Benefity – Individual Donations & Joanne Company Ma	1,169.37	.00			1,169.37								
10	12/02/2024	000008	Elior Teas & Coffees 8/1/24	.00	20.00										20.00	
11	21/02/2024	Apptel	Virtual Telephone Number	.00	12.00										12.00	
12	26/02/2024	Transfer	David Buckley Expenses – Annual charge for eMail account	.00	66.62										66.62	
13	26/02/2024	Transfer	David Wiggins Expenses – Food & Drink for AGM & Gift	.00	84.60										84.60	
14	18/03/2024	000009	Elior Teas & Coffees 20/2/24	.00	20.00										20.00	
15	21/03/2024	Apptel	Virtual Telephone Number	.00	12.00										12.00	
16	22/04/2024	Apptel	Virtual Telephone Number	.00	13.44										13.44	
17	20/05/2024	000010	Elior Teas & Coffees 8/5/24 (2 meetings)	.00	45.00										45.00	
18	20/05/2024	Transfer	GFCT PSA Tests	.00	2,100.00							2100.00				
19	21/05/2024	Apptel	Virtual Telephone Number	.00	13.44										13.44	
	23/05/2024	Transfer	Charitable Giving Benefity – Gift Aid	152.50	.00			152.50								
	23/05/2024	19/12/3268	Cash Donations	82.00	.00			82.00								
	23/05/2024	19/12/3268	Metro Bank Cheque – SumUp Card Donations	100.98	.00			100.98								
20	21/06/2024	Apptel	Virtual Telephone Number	.00	13.44										13.44	
	01/07/2024	SumUp	Individual Card Donations – Swahili Fare	19.66	.00			19.66								
21	10/07/2024	Card Payment	Additional SumUp Card Machine	.00	46.80										46.80	
22	15/07/2024	Card Payment	Mailboxes Etc. – Printing of Tri-folds and business cards (50% Deposit)	.00	205.20										205.20	
23	15/07/2024	000012	Elior Teas & Coffees 8/7/24	.00	35.00										35.00	
	16/07/2024	SumUp	Individual Donations – Quiz Night	161.99	.00					161.99						
25	16/07/2024	Card Payment	Mailboxes Etc. – Printing of Tri-folds and business cards (50% Balance)	.00	205.20										205.20	
	17/07/2024	20/12/3268	Quiz Night Raffle Tickets & Cash Donations	422.25	.00			422.25								
26	22/07/2024	Apptel	Virtual Telephone Number	.00	13.44										13.44	
	22/07/2024	500009	Cheque Donation – Wolverton Trinity Masons Lodge	666.50	.00			666.50								
	09/08/2024	Transfer	Old Beams – Quiz Night Tickets and McMullens Donation	194.70	.00					194.70						
27	19/08/2024	Card Payment	Sign-A-Rama – Pop-up Posters	.00	180.00										180.00	
28	21/08/2024	Apptel	Virtual Telephone Number	.00	13.44										13.44	
	04/09/2024	Transfer	Rotary Club of Wolverton & Stony Stratford Donation	100.00	.00			100.00								
29	23/09/2024	Apptel	Virtual Telephone Number	.00	13.44										13.44	
30	27/09/2024	Card Payment	Mailboxes Etc. – Printing of PSA Test Posters & Leaflets	.00	150.00										150.00	
31	04/10/2024	000014	Elior Teas & Coffees (August & September)		50.00										50.00	
Totals:				4,175.40	7,042.93		£ 250.00 £ 3,146.46 £ 422.25 £ 356.69				0.00 £ 5,650.00				£ 1,392.93	0.00
Excess Income over Expenditure				(2,867.53)												
Excess of Income over Expenditure				(2,867.53)			D.Wiggins Treasurer Dated:									
Excess of Income over Expenditure B/fwd from 2022				4,216.08			J.Baker Secretary Dated:									
Excess of Income over Expenditure C/fwd to 2024				1,348.55												

Milton Keynes Prostate Cancer Support

Metro Bank Statement as at 30/09/2024

Date	Receipt/ref no	Description	Out £	In £	Balance £
01/10/2022		Balance B/fwd from 30/09/2023			0.00
17/11/2023	Transfer	SumUp Card Donation		100.00	100.00
18/11/2023	Transfer	SumUp Card Donation		0.98	100.98
23/05/2024		Transfer to Lloyds Account	100.98		0.00

Name	Position	Signature	Date
D Wiggins	Treasurer		
J. Baker	Secretary		

Milton Keynes Prostate Cancer Support Lloyds Bank Statement as at 30/09/2024					
Date	Receipt/ref no	Description	Out £	In £	Balance £
01/10/2023		Opening Balance			5822.56
03/10/2023	000001	Elior Teas & Coffees 12/6/23	20.00		5802.56
03/10/2023	000002	Elior Teas & Coffees 10/7/23	25.00		5777.56
03/10/2023	000004	Elior Teas & Coffees 11/9/23	20.00		5757.56
17/10/2023	Transfer	Loughton and Great Holm Parish Council Grant		250.00	6007.56
23/10/2023	Apptel	Virtual Telephone Number	12.00		5995.56
24/10/2023	Transfer	Rotary Club of Woburn Donation		50.00	6045.56
06/11/2023	Transfer	MK Dons Supports Association Donation		250.00	6295.56
20/11/2023	SumUp	PSA Test Event Individual Donations		90.45	6386.01
21/11/2023	Apptel	Virtual Telephone Number	12.00		6374.01
04/12/2023	Transfer	GFCT PSA Tests	3550.00		2824.01
04/12/2023	Transfer	Haydn Sinfield Expenses – Name badges and food for PSA Test Event	71.87		2752.14
21/12/2023	Apptel	Virtual Telephone Number	12.00		2740.14
02/01/2024	000005	Elior Teas & Coffees 23/10/23	20.00		2720.14
02/01/2024	000006	Elior Teas & Coffees 13/11/23 (Receipt for £25)	20.00		2700.14
02/01/2024	000007	Elior Teas & Coffees 11/12/23	20.00		2680.14
03/01/2024	500006	Cash Donations		465.00	3145.14
22/01/2024	Apptel	Virtual Telephone Number	12.00		3133.14
29/01/2024	Transfer	Charitable Giving Benevity – Individual Donations & Joanne Company Match		1169.37	4302.51
12/02/2024	000008	Elior Teas & Coffees 8/1/24	20.00		4282.51
21/02/2024	Apptel	Virtual Telephone Number	12.00		4270.51
26/02/2024	Transfer	David Buckley Expenses – Annual charge for eMail account	66.62		4203.89
26/02/2024	Transfer	David Wiggins Expenses – Food & Drink for AGM & Gift	84.60		4119.29
18/03/2024	000009	Elior Teas & Coffees 20/2/24	20.00		4099.29
21/03/2024	Apptel	Virtual Telephone Number	12.00		4087.29
22/04/2024	Apptel	Virtual Telephone Number	13.44		4073.85
20/05/2024	000010	Elior Teas & Coffees 8/5/24 (2 meetings)	45.00		4028.85
20/05/2024	Transfer	GFCT PSA Tests	2100.00		1928.85
21/05/2024	Apptel	Virtual Telephone Number	13.44		1915.41
23/05/2024	Transfer	Charitable Giving Benevity – Gift Aid		152.50	2067.91
23/05/2024	500007	Cash Donations		82.00	2149.91
23/05/2024	500007	Metro Bank Cheque – SumUp Card Donations		100.98	2250.89
21/06/2024	Apptel	Virtual Telephone Number	13.44		2237.45
01/07/2024	SumUp	Individual Card Donations – Swahili Fare		19.66	2257.11
10/07/2024	Card Payment	Additional SumUp Card Machine	46.80		2210.31
15/07/2024	Card Payment	Mailboxes Etc. – Printing of Tri-folds and business cards (50% Deposit)	205.20		2005.11
15/07/2024	000012	Elior Teas & Coffees 8/7/24	35.00		1970.11
16/07/2024	SumUp	Individual Donations – Quiz Night		161.99	2132.10
16/07/2024	Card Payment	Mailboxes Etc. – Printing of Tri-folds and business cards (50% Balance)	205.20		1926.90
17/07/2024	500008	Quiz Night Raffle Tickets & Cash Donations		422.25	2349.15
22/07/2024	Apptel	Virtual Telephone Number	13.44		2335.71
22/07/2024	500009	Cheque Donation – Wolverton Trinity Masons Lodge		666.50	3002.21
09/08/2024	Transfer	Old Beams – Quiz Night Tickets and McMullens Donation		194.70	3196.91
19/08/2024	Card Payment	Sign-A-Rama – Pop-up Posters	180.00		3016.91
21/08/2024	Apptel	Virtual Telephone Number	13.44		3003.47
04/09/2024	Transfer	Rotary Club of Wolverton & Stony Stratford Donation		100.00	3103.47
23/09/2024	Apptel	Virtual Telephone Number	13.44		3090.03
27/09/2024	Card Payment	Mailboxes Etc. – Printing of PSA Test Posters & Leaflets	150.00		2940.03
04/10/2024	000014	Elior Teas & Coffees (August & September)	50.00		2890.03

Previous financial year expense

Previous financial year expense

Previous financial year expense

Name	Position	Signature	Date
D Wiggins	Treasurer		
J. Baker	Secretary		

MK Prostate Cancer Support Group
Bank Account Reconciliation as at 30th September 2023

30-Sep-24	Metro Bank Balance	Closed	£0.00
30-Sep-24	Lloyds Bank Balance		£2,940.03
04-Oct-24	000014	Elior Teas & Coffees (August & September)	-£50.00
		Adjusted Balance:	£2,890.03

MK Prostate Cancer Support					
Petty Cash as at 30/09/2023					
Date	Receipt/ref no	Description	Out £	In £	Balance £
01/10/2023		B/fwd from 2022			45.73
		C/fwd			45.73

Name	Position	Signature	Date
D Wiggins	Treasurer		
J Baker	Secretary		

£20	£10	£5	£1	£0.50	£0.20	£0.10	£0.05	£0.02	£0.01	Total £
1	0	1	15	7	6	5	7	6	6	45.73
										0.00
1	0	1	15	7	6	5	7	6	6	45.73

Notes

1. Subsidies for PSA tests in November 2023 and May 2024 covered by 2023 surplus
2. Committee decision to cease subsidies for PSA tests to switch focus from fund raising to core activities
3. Chris Monk resigned from the committee and Jas Bhamber joined the committee
4. Metro Bank account closed
5. Quiz night in July raised over £750
6. Donations from Darwin, Wolverton Trinity Masons Lodge, MK Dons Supporters Association and Loughton Parish Council
7. PSA Events planned for November 2024, February 2025 and May 2025.

Accounts

Chairman's Report 2023
Milton Keynes Prostate Cancer Support Group

I am pleased to submit the annual report to the members of the MKPCS Group. As you are aware, Sam Younan stepped down as our chairman this year and we have not yet appointed anyone in this full-time role. I have therefore worked closely with David Wiggins, Treasurer, to compile this report.

We have seen a number of changes to the committee this year.

Sam Younan stepped down as chairman and was appointed instead as an ambassador of our group. Lorraine Belam and Osei Tuto Bonsu also had to step down for personal reasons and Christiana Lewis will also be leaving the committee at the end of this year.

We welcomed Chris Monk, Haydn Sinfield and Malcolm Carpenter to the committee, and they have already made a huge difference bringing great ideas and introducing networks which benefit our group including the introduction of a dedicated phone number which has proved very successful.

David Wiggins remains Treasurer, and I have been appointed as Secretary. We continue to benefit from the experience and support of David Tomlinson and David Buckley who have been instrumental in building this group since its inception in 2014 and Ted Skone who organises all of our meeting rooms and refreshments.

A special thankyou goes out to every single person who has been on our committee this year. They have worked so hard and given an enormous amount of their personal time in supporting our efforts.

I would also like to thank Keith Temple and David Jordan from our membership who kindly helped to support at events throughout the year and Christine Sinfield who has given up a huge amount of her time to support us in many ways.

We have enjoyed talks from a variety of speakers who gave presentations and took questions from the group.

13 February 2023

Sarah Gray, Tackle

15th May 2023

Juliet Nayler, Macmillan Senior Sister

10th July 2023

Sonpreet Rai, Consultant Urological and Robotic Surgeon

11th September 2023

Emelda Moos, Urology

9th October 2023

Srinivasa Rajamani, Macmillan Wellbeing team

13th November 2023

Tom Leslie, Urology Consultant and Patron of our group

We have also attended a number of events to raise awareness and fundraising:

30th March 2023

Lovatt Fields Wellbeing Event

15th April 2023

Friends of the Caribbean meeting

30th April 2023

Kwahuman meeting

1st May 2023

May Day Fayre at Leighton Buzzard

10th May 2023

Shenley Wood Wellbeing Event

28th July 2023

Abbey Hill Quiz Night

19th October 2023

Woburn and District Rotary Club

9th November 2023

MK Action

We have participated in the Milton Keynes Cancer Forum on a regular basis as that group has evolved this year refining its purpose and even changing its name – special thanks to Haydn Sinfield for being our regular representative.

Finally, our key event of the year was the **PSA testing event** which was held on **19th November 2023**. This was again hosted by Windmill Hill Golf Club. The event was sponsored through very generous donations from:

TC Solutions

Linslade Rotary Club

Abbey Hill Golf Club

285 tests were carried out. The event was very well organised as always and our thanks to the Graham Fulford Cancer Trust for their professional services. We were very pleased to welcome the Mayor Mick Legg, who called in to support the event. We received a number of donations on the day, not least from the Windmill Hill Golf Club so our thanks for the generosity to all, which will help us to continue our work into 2024.

I would like to take this opportunity to thank everyone involved in the Milton Keynes Prostate Cancer Support Group – we have grown even stronger this year and I know how valuable the contributions from each and every one of you, are to our community.

Thank you

Joanne Baker – Secretary MKPCS Group

MK Prostate Cancer Support Group

Balance Sheet as at 30th September 2023

	2023	2022
	£	£
Reserves		
Surplus brought forward	4,216	3,848
Excess of income over expenditure for the year	1,587	368
Total reserves carried forward	5,803	4,216
Represented by:		
Bank balance	5,868	4,768
Less un-presented cheques and creditors	-110	-574
	5,758	4,194
Petty cash	46	22
Total assets	5,803	4,216
Signed on	by:	
	D Wiggins - Treasurer	
	J.Baker - Secretary	
Report of the independent examiner to the members		
I have examined the attached Income and Expenditure Account for the year ended 30th September 2023 and Balance Sheet as at 30th September 2023 and confirm that they are in agreement with the records and explanations given to me.		
T Thornton Examiner November 2023		

MK Prostate Cancer Support

Income and Expenditure Summary for the Year Ending 30/09/2023

	<u>Notes</u>	<u>2023</u>	<u>2022</u>
Income			
Grants		0	500
Donations received	1	3,842	610
Raffles and Sundry	2	1,211	434
Total income:		<u>5,053</u>	<u>1,544</u>
Less: expenditure			
PSA events	3	2,368	180
Events Other	4	250	250
Operations	5	778	584
Donations		0	60
Expenses		70	102
Total expenditure:		<u>3,466</u>	<u>1,176</u>
Excess Income over Expenditure:		<u>£ 1,587</u>	<u>£ 368</u>

Notes to the accounts

- 1) Donations Received includes £1,000 from Plumbing and Gas Solutions for 2022 PSA Test Event and £1,250 from Abbey Hill Golf Club, £500 each from Leighton Buzzard Rotary Club and Totally CTC Solutions for 2023 PSA Test Event to be held 19th November 2023
- 2) Raffles and Sundry includes sundries of £737.50 representing 59 Quiz Night tickets @ £12.50 and Quiz Night raffle ticket sales and donations
- 3) PSA Events costs represent GFCT testing costs
- 4) Events Other costs include Quiz Night costs of £300 less £50 reserve not used (2022 Quiz Night costs overestimated)
- 5) Operations include Website costs of £229, printing costs of £46 and virtual telephone number costs of £71

MK Prostate Cancer Support							Analysis								
Income and Expenditure for the Year Ending 30/09/2023							Income				Expenditure				
Folio	Date	Receipt/ref no	Description	Income £	Expenditure £	Remarks	Grants	Donations	Raffles	Sundry	Events	PSA Events	Donations	Operational	Expenses
1	01/10/2022	Adjustment	Quiz night costs actual £160 versus provision of £210		£ (50.00)						£ (50.00)				
	19/10/2022	Bank Transfer	Plumbing and Gas Solutions donation for PSA Event	£ 1,000.00				£ 1,000.00							
	31/10/2022	Cheque 800141	Sam Younan - Expenses Thank You gifts		£ 36.91										£ 36.91
	31/10/2022	Cheque 800142	Elior coffee meeting 31/10/22		£ 30.00	No receipt provided								£ 30.00	
2	04/11/2023	Cash Deposit	Collection boxes cash donations	£ 32.78				£ 32.78							
	16/11/2022	Cheque 800143	i-Print MK INV-244483		£ 46.00									£ 46.00	
3	20/11/2022	Cheque 800146	Christiana Lewis - Expenses Food for PSA Testing Event		£ 39.97						£ 39.97				
	21/11/2022	Bank Transfer	N. Bromley - donation following PSA Testing Event	£ 100.00				£ 100.00				£ (108.13)			
	21/11/2022	Bank Transfer	SumUP Payments - PSA Testing Event Participant Payments (11 @ £10.00 less fees)		£ (108.13)							£ (390.00)			
	23/11/2022	Cash Deposit	PSA Testing Event Participant Payments (39 @ £10.00)		£ (390.00)										
4	23/11/2022	Cash Deposit	Collection boxes cash donations	£ 91.10				£ 91.10							
	12/12/2022	Cheque 800147	GFCT Ltd. - PSA Testing Costs		£ 2,730.00						£ 2,730.00				
5	12/12/2022	Cheque 800148	Sam Younan - Expenses Thank You gift for Ted Skone		£ 13.90										£ 13.90
	12/12/2022	Cheque 800149	Elior tea/coffee meeting 12/12/22		£ 20.00	No receipt provided								£ 20.00	
6	23/01/2023	Cheque 800150	David Buckley - Expenses Website Hosting		£ 229.36									£ 229.36	
7	09/02/2023	Cheque 800151	Joanne Baker - Expenses PSA Event Promotions		£ 96.32						£ 96.32				
8	09/02/2023	Cheque 800152	Martin Bell - Expenses Food & Drink for AGM		£ 70.95									£ 70.95	
9	09/02/2023	Cheque 800153	David Wiggins - Expenses Prostate Cancer UK Lapel Pins		£ 160.00									£ 160.00	
10	13/02/2023	Cheque 800154	Elior tea/coffee meeting 13/02/22		£ 20.00									£ 20.00	
	08/03/2023	Cheque 800155	Void												
11	13/03/2023	Cheque 800156	Elior tea/coffee meeting 13/03/23		£ 20.00									£ 20.00	
12	17/04/2023	Cheque 800157	Elior tea/coffee meeting 17/04/23		£ 20.00									£ 20.00	
13	02/05/2023	Bank Transfer	SumUP Payments - Leighton Buzzard May Day Fayre donations/lapel pins (£40	£ 39.32				£ 39.32							
	15/05/2023	Cheque 800158	Elior tea/coffee meeting 15/05/23		£ 25.00									£ 25.00	
14	23/05/2023	Bank Transfer	Leighton Buzzard Rotary Club - Donation for PSA Testing Event	£ 500.00				£ 500.00						£ 20.00	
	13/06/2023	Cheque 000001	Elior Ltd – Teas and Coffees		£ 20.00									£ 20.00	
15	13/06/2023	Deposit 000002	Cash donations – collection boxes, lapel pins, wishing well, etc.	£ 221.90				£ 221.90							
	14/06/2023	Online Payment	Lorraine Belam - Expenses Gifts for presenters		£ 19.00										£ 19.00
	23/06/2023	Online Payment	Totally CTC Solutions – PSA Test Event donation	£ 500.00				£ 500.00							
	10/07/2023	Cheque 000002	Elior Ltd – Teas and Coffees		£ 25.00	No receipt provided								£ 25.00	
16	21/07/2023	Direct Debit	Apptel – Virtual telephone number registration and monthly fee		£ 47.52									£ 47.52	
	31/07/2023	Bank Transfer	SumUp Payments – Quiz Night admission fees and raffle tickets	£ 218.85					£ 68.85	£ 150.00					
	02/08/2023	Bank Transfer	TicketSource – Quiz Night tickets and donations	£ 460.02					£ 22.52	£ 437.50					
	11/08/2023	Deposit 000003	Cash Receipts from Quiz Night	£ 532.50					£382.50	£ 150.00					
17	11/08/2023	Deposit 000003	Abbey Hill Golf Club – PSA Test Event donation	£ 1,250.00				£ 1,250.00							
	21/08/2023	Direct Debit	Apptel – Virtual telephone number monthly fee		£ 12.00									£ 12.00	
	31/08/2023	Online Payment	BGC – Donation for hours spent on charitable work	£ 82.54				£ 82.54							
	06/09/2023	Cheque 000003	Christiana Lewis – Quiz Night venue expense claim		£ 300.00						£ 300.00				
18	06/09/2023	Cheque 000003	Christiana Lewis – Quiz Night venue expense claim		£ 300.00										
19	11/09/2023	Cheque 000004	Elior Ltd – Teas and Coffees		£ 20.00									£ 20.00	
20	21/09/2023	Direct Debit	Apptel – Virtual telephone number monthly fee		£ 12.00									£ 12.00	
	30/09/2023	Cash	Sale of Lapel Pins	£ 24.00				£ 24.00							
Totals:				£ 5,053.01	£ 3,465.80		£ 3,841.64	£473.87	£ 737.50		£ 250.00	£ 2,368.16	£ 777.83	£ 69.81	
Excess Income over Expenditure				£ 1,587.21											
Excess of Income over Expenditure				£ 1,587.21											
Excess of Income over Expenditure B/fwd from 2022				£ 4,216.08											
Excess of Income over Expenditure C/fwd to 2024				£ 5,803.29											
Represented by:															
Bank – Metro					£ 45.00										
Bank – Lloyds					£ 5,822.56										
Unpresented cheque 800157 to Elior (17/04/23)					£ (20.00)										
Unpresented cheque 800158 to Elior (15/05/23)					£ (25.00)										
Unpresented cheque 000001 to Elior (13/06/23)					£ (20.00)										
Unpresented cheque 000002 to Elior (10/07/23)					£ (25.00)										
Unpresented cheque 000004 to Elior (11/09/23)					£ (20.00)										
Petty cash					£ 45.73										
					£ 5,803.29	0.00									

Name	Position	Signature	Date
D Wiggins	Treasurer		
J. Baker	Secretary		

Milton Keynes Prostate Cancer Support
Metro Bank Statement as at 30/09/2022

Date	Receipt/ref no	Description	Out £	In £	Balance £
01/10/2022		Balance B/fwd from 30/09/2022			4713.03
19/10/2022	Bank Transfer	Plumbing and Gas Solutions donation for PSA Event		1000.00	5713.03
31/10/2022	Cheque 800138	Void			5713.03
25/10/2021	Cheque 800139	David Buckley - Expenses Ink Cartridge & Business Card Boxes (2022)	23.68		5689.35
31/10/2022	Cheque 800140	David Wiggins - Expenses GFCT Microsite (£180) and Plastic Wallets (£105) (2022)	285.00		5404.35
31/10/2022	Cheque 800141	Sam Younan - Expenses Thank You gifts	36.91		5367.44
31/10/2022	Cheque 800142	Elior coffee meeting 31/10/22	30.00		5337.44
04/11/2023	Cash Deposit	Collection boxes cash donations		32.78	5370.22
16/11/2022	Cheque 800143	i-Print MK INV-244483	46.00		5324.22
17/11/2022	Cheque 800144	Christiana Lewis - Expenses Quiz Night (2022)	160.00		5164.22
	Cheque 800145	Void			5164.22
20/11/2022	Cheque 800146	Christiana Lewis - Expenses Food for PSA Testing Event	39.97		5124.25
21/11/2022	Bank Transfer	N. Bromley - donation following PSA Testing Event		100.00	5224.25
21/11/2022	Bank Transfer	SumUP Payments - PSA Testing Event Participant Payments (11 @ £10.00 less fees)		108.13	5332.38
23/11/2022	Cash Deposit	PSA Testing Event Participant Payments (39 @ £10.00)		390.00	5722.38
23/11/2022	Cash Deposit	Collection boxes cash donations		91.10	5813.48
12/12/2022	Cheque 800147	GFCT Ltd. - PSA Testing Costs	2730.00		3083.48
12/12/2022	Cheque 800148	Sam Younan - Expenses Thank You gift for Ted Skone	13.90		3069.58
12/12/2022	Cheque 800149	Elior tea/coffee meeting 12/12/22	20.00		3049.58
23/01/2023	Cheque 800150	David Buckley - Expenses Website Hosting	229.36		2820.22
09/02/2023	Cheque 800151	Joanne Baker - Expenses PSA Event Promotions	96.32		2723.90
09/02/2023	Cheque 800152	Martin Bell - Expenses Food & Drink for AGM	70.95		2652.95
09/02/2023	Cheque 800153	David Wiggins - Expenses Prostate Cancer UK Lapel Pins	160.00		2492.95
13/02/2023	Cheque 800154	Elior tea/coffee meeting 13/02/22	20.00		2472.95
08/03/2023	Cheque 800155	Void			2472.95
13/03/2023	Cheque 800156	Elior tea/coffee meeting 13/03/23	20.00		2452.95
17/04/2023	Cheque 800157	Elior tea/coffee meeting 17/04/23	20.00		2432.95
02/05/2023	Bank Transfer	SumUP Payments - Leighton Buzzard May Day Fayre donations/lapel pins (£40 less fees)		39.32	2472.27
15/05/2023	Cheque 800158	Elior tea/coffee meeting 15/05/23	25.00		2447.27
23/05/2023	Bank Transfer	Leighton Buzzard Rotary Club - Donation for PSA Testing Event		500.00	2947.27
07/06/2023	Cheque 800159	MKPCS - Transfer to Lloyds Bank	2000.00		947.27
14/06/2023	Bank Transfer	MKPCS - Transfer from Lloyds Bank		10.00	957.27
31/07/2023	Bank Transfer	SumUp Payments – Quiz Night admission fees and raffle tickets		218.85	1176.12
02/08/2023	Bank Transfer	TicketSource – Quiz Night tickets and donations		460.02	1636.14
26/09/2023	Cheque 800160	MKPCS - Transfer to Lloyds Bank	1636.14		0.00

2022 Expense included in 2022 accounts

2022 Expense included in 2022 accounts

2022 Expense included in 2022 accounts

Cheque pending presentation

Cheque pending presentation

Name	Position	Signature	Date
D Wiggins	Treasurer		
J. Baker	Secretary		

Milton Keynes Prostate Cancer Support
Lloyds Bank Statement as at 30/09/2022

Date	Receipt/ref no	Description	Out £	In £	Balance £	
01/06/2023		Opening Balance			0.00	
12/06/2023	Deposit 000001	Transfer from Metro Bank		2000.00	2000.00	
13/06/2023	Cheque 000001	Elior Ltd – Teas and Coffees	20.00	0.00	1980.00	Cheque pending presentation
13/06/2023	Deposit 000002	Cash donations – collection boxes, lapel pins, wishing well, etc.		221.90	2201.90	
14/06/2023	Online Payment	Lorraine Belam - Expenses Gifts for presenters	19.00		2182.90	
14/06/2023	Online Payment	Metro Bank - Test authorisation process	10.00		2172.90	
23/06/2023	Online Payment	Totally CTC Solutions – PSA Test Event donation		500.00	2672.90	
10/07/2023	Cheque 000002	Elior Ltd – Teas and Coffees	25.00		2647.90	Cheque pending presentation
21/07/2023	Direct Debit	Apptel – Virtual telephone number registration and monthly fee	47.52		2600.38	
11/08/2023	Deposit 000003	Cash Receipts from Quiz Night		532.50	3132.88	
11/08/2023	Deposit 000003	Abbey Hill Golf Club – PSA Test Event donation		1250.00	4382.88	
21/08/2023	Direct Debit	Apptel – Virtual telephone number monthly fee	12.00		4370.88	
31/08/2023	Online Payment	BGC – Donation for hours spent on charitable work		82.54	4453.42	
06/09/2023	Cheque 000003	Christiana Lewis – Quiz Night venue expense claim	300.00		4153.42	
11/09/2023	Cheque 000004	Elior Ltd – Teas and Coffees	20.00		4133.42	Cheque pending presentation
21/09/2023	Direct Debit	Apptel – Virtual telephone number monthly fee	12.00		4121.42	
26/09/2023	Deposit 000004	Transfer from Metro Bank		1636.14	5757.56	

Name	Position	Signature	Date
D Wiggins	Treasurer		
J. Baker	Secretary		

MK Prostate Cancer Support Group
Bank Account Reconciliation as at 30th September 2023

30-Sep-23	Metro Bank Balance		£45.00
17-Apr-23	Cheque 800157	Elior tea/coffee meeting 17/04/23	-£20.00
15-May-23	Cheque 800158	Elior tea/coffee meeting 15/05/23	-£25.00
		Adjusted Balance	£0.00
30-Sep-23	Lloyds Bank Balance		£5,822.56
13-Jun-23	Cheque 000001	Elior Ltd – Teas and Coffees	-£20.00
10-Jul-23	Cheque 000002	Elior Ltd – Teas and Coffees	-£25.00
11-Sep-23	Cheque 000004	Elior Ltd – Teas and Coffees	-£20.00
		Adjusted Balance:	£5,777.56
		Total	£5,867.56
		Unpaid Cheques	-£110.00

MK Prostate Cancer Support
Petty Cash as at 30/09/2023

Date	Receipt/ref no	Description	Out £	In £	Balance £
01/10/2021		B/fwd from 2022			21.73
30/09/2023		Sale of Lapel Pins		24.00	45.73
		C/fwd			45.73

Name	Position	Signature	Date
D Wiggins	Treasurer		
J Baker	Secretary		

[illegible]

Notes

1. O.T. Bonsu resigned as secretary and Joanne Baker appointed Secretary
2. Sam Younan resigned as chairman
3. Lorraine Belam resigned from the committee
4. Opened new bank account with Lloyds in June
5. Quiz night in July raised over £900
6. Donations from Plumbing and Gas Solutions, Leighton Buzzard Rotary Club, Totally CTC Solutions and Abbey Hill Golf Club
7. PSA Event planned for November