

SEDSCONNECTIVE

England & Wales · Charity number 1199724

Details

Other names	SUSSEX EHLERS-DANLOS SYNDROMES AND HYPERMOBILITY DISORDERS (SEDS) CIC, Symptomatic Hypermobility Ehlers-Danlos EDS HSD Neurodivergence Autism ADHD Dyspraxia Dyslexia TS +
Status	Registered
Legal form	CIO
Registered	2022-07-20
Register	View on the Charity Commission register

Contact

Address	Planet House North Heath Lane Industrial Estate Horsham W Sussex RH12 5QE
Phone	07376973688
Email	general@sedsconnective.org
Website	www.sedsconnective.org

Activities

Objects: THE OBJECT OF THE CIO, TO BE CARRIED OUT FOR THE PUBLIC BENEFIT PRIMARILY IN SUSSEX, THE SURROUNDING AREAS AND BEYOND, AS THE TRUSTEES SEE FIT, IS: TO RELIEVE THE NEEDS OF PEOPLE (AND THEIR FAMILIES AND OR THEIR CARERS) LIVING WITH EHLERS-DANLOS SYNDROME (EDS), HYPERMOBILITY SPECTRUM DISORDERS (HSD) OR SYMPTOMATIC HYPERMOBILITY, NEURODIVERGENT CONDITIONS AND ANY ASSOCIATED CONDITIONS OR SYMPTOMS, IN PARTICULAR BUT NOT EXCLUSIVELY, BY: A) PROVIDING ADVICE, INFORMATION AND PEER SUPPORT AS WELL AS FUNDING FOR ACTIVITIES, SUPPORT SERVICES AND EQUIPMENT; AND B) ADVANCING THE EDUCATION OF THE PUBLIC AND ALLIED PROFESSIONALS BY RAISING AWARENESS OF THE ABOVE CONDITIONS; FOR THE PURPOSE OF THIS CLAUSE "NEURODIVERGENT CONDITIONS" INCLUDE, BUT NOT EXCLUSIVELY, AUTISM, ATTENTION DEFICIT HYPERACTIVITY DISORDER (ADHD), DYSPRAXIA AND TOURETTE'S SYNDROME. "ASSOCIATED CONDITIONS OR SYMPTOMS" INCLUDE, BUT ARE NOT LIMITED TO, FIBROMYALGIA, M.E./CFS (CHRONIC FATIGUE SYNDROME), ALLERGIES AND POSTURAL TACHYCARDIA SYNDROME (POTS).

Activities: SEDSConnective improves and actively supports the lives of people with Symptomatic hypermobility EDS HSD and Neurodivergence (primarily autism, ADHD, dyspraxia, TS) and associated conditions, families and carers, in health, education, social care, employment, and transport accessibility.

Classification

- **How:** Provides Advocacy/advice/information, Acts As An Umbrella Or Resource Body, Other Charitable Activities
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Human Rights/religious Or Racial Harmony/equality Or Diversity, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, People With Disabilities, Other Defined Groups, The General Public/mankind

Geography

- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-11-30	£42,309	£20,035	-	-
2023-11-30	£40,949	£26,768	-	-

Trustees

Name	Role	Appointed
Jane Fiona Green MBE	Chair	2022-07-21
Andrea Sanchez		2024-07-15
Areeba Javaid Qureshi		2025-10-09
Katy Brizell		2024-07-15
Kelly Elizabeth Harris		2022-07-21
Lkhagvadulam Battumur		2025-08-22
Sonal Bisht		2025-04-18

SEDSCONNECTIVE

England & Wales - Charity number 1199724

Accounts



Trustee Report 2024

The Trustees present their first annual report together with the financial statements of SEDSConnective for the period 1 November 2023 to 30 November 2024. SEDSConnective operated as Sussex Ehlers-Danlos Syndromes and Hypermobility Disorders (SEDS) CIC whose assets and liabilities were transferred to SEDSConnective on 19 July 2022.

Objectives and activities

a. Policies and objectives - The object of the CIO, to be carried out for the public benefit primarily in Sussex, the surrounding areas and beyond, as the Trustees see fit, is:

To relieve the needs of people (and their families and or their carers) living with Ehlers-Danlos Syndrome (EDS), Hypermobility Spectrum Disorders (HSD) or symptomatic hypermobility, neurodivergent conditions and any associated conditions or symptoms, in particular but not exclusively, by:

- a) providing advice, information and peer support as well as funding for activities, support services and equipment;
- b) advancing the education of the public and allied professionals by raising awareness of the above conditions.

For the purpose of this object, “neurodivergent conditions” include, but not exclusively, Autism, Attention Deficit Hyperactivity Disorder (ADHD), Dyspraxia and Tourette’s Syndrome. “Associated conditions or symptoms” include, but are not limited to, fibromyalgia, M.E/CFS (Chronic Fatigue Syndrome), Allergies and Postural Tachycardia Syndrome (POTS).

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

Achievements and performance

a. Review of activities - SEDSConnective addresses a significant gap in understanding for the neurodivergent community, by providing support for individuals with symptomatic hypermobility and related conditions, including Ehlers-Danlos Syndromes and neurodivergence. The prevalence of these conditions is higher than commonly reported, emphasising the need for improved diagnosis, support and understanding. SEDSConnective is run primarily by volunteers but also sources specialist practitioners to run several activities that are put into place in co-production with its members. The charity also uses webinars, focus groups, polls and surveys to be sure it is delivering exactly what its members want. Activities include:

- Online and in person Pilates classes
- Administrative Support
- Specialist equipment for Pilates
- EDS Specialist instructors for advice and lessons

b. Investment policy and performance - It is the policy of the charity to maintain Reserves for both restricted and unrestricted funds in cash. The charity has not yet accumulated sufficient funds to consider establishing a formal Investment Policy.

Balance Sheet

SEDSCoconnective CIO

As at 30 November 2024

30 NOV 2024

Fixed Assets

Tangible Assets

Computer Equipment	3,523.60
Less Accumulated Depreciation on Computer Equipment	(2,349.06)
Less Accumulated Depreciation on Office Equipment	(1,092.38)
Office Equipment	2,730.96
Total Tangible Assets	2,813.12

Total Fixed Assets 2,813.12

Current Assets

Cash at bank and in hand

SEDSCoconnective	53,532.16
Total Cash at bank and in hand	53,532.16

Prepayments 291.12

Total Current Assets 53,823.28

Creditors: amounts falling due within one year

Accounts Payable	531.21
Accruals	3,342.42
Total Creditors: amounts falling due within one year	3,873.63

Net Current Assets (Liabilities) 49,949.65

Total Assets less Current Liabilities 52,762.77

Net Assets 52,762.77

Capital and Reserves

Current Year Earnings	22,272.81
Restricted Grants	27,385.88
Retained Earnings	3,104.08
Total Capital and Reserves	52,762.77

SEDSCONNECTIVE CIO

UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE YEAR ENDED 30 NOVEMBER 2024

SEDSCONNECTIVE CIO

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SEDSCONNECTIVE CIO

REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS FOR THE YEAR ENDED 30 NOVEMBER 2024

Trustees	Jane Green, Chair David Mason (resigned 31 May 2024) Stephanie Lucas, Treasurer (appointed 1 February 2025) Monica Collins (resigned 31 March 2025) Kelly Harris Abraham Arshad (resigned 28 February 2025) Katy Brizell (appointed 15 April 2024) Andrea Sanchez (appointed 15 April 2024) Sonal Bisht (appointed 15 April 2025) Lkhagvadulam Battumur, Vice Treasurer (appointed 22 August 2025) Joanna Feanley (appointed 22 February 2024, resigned 30 June 2025)
Charity registered number	1199724
Principal office	Planet House North Heath Lane Industrial Estate Horsham West Sussex RH12 5QE
Accountants	GMBC LLP Chartered Tax Advisers and Accountants Marine House 151 Western Road Haywards Heath West Sussex RH16 3LH

SEDSCONNECTIVE CIO

TRUSTEES' REPORT FOR THE YEAR ENDED 30 NOVEMBER 2024

The Trustees present their annual report together with the financial statements of the SEDSConnective CIO for the 1 December 2023 to 30 November 2024.

Objectives and activities

a. Policies and objectives

The object of the CIO, to be carried out for the public benefit primarily in Sussex, the surrounding areas and beyond, as the Trustees see fit, is:

To relieve the needs of people (and their families and or their carers) living with Ehlers-Danlos Syndrome (EDS), Hypermobility Spectrum Disorders (HSD) or symptomatic hypermobility, neurodivergent conditions and any associated conditions or symptoms, in particular but not exclusively, by:

- a) providing advice, information and peer support as well as funding for activities, support services and equipment;
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For the purpose of this object, "neurodivergent conditions" include, but not exclusively, Autism, Attention Deficit Hyperactivity Disorder (ADHD), Dyspraxia and Tourette's Syndrome. "Associated conditions or symptoms" include, but are not limited to, fibromyalgia, M.E/CFS (Chronic Fatigue Syndrome), Allergies and Postural Tachycardia Syndrome (POTS).

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

Achievements and performance

a. Review of activities

SEDSConnective addresses a significant gap in understanding for the neurodivergent community, by providing support for individuals with symptomatic hypermobility and related conditions, including Ehlers-Danlos Syndromes and neurodivergence. The prevalence of these conditions is higher than commonly reported, emphasising the need for improved diagnosis, support and understanding.

SEDSConnective is run primarily by volunteers but also sources specialist practitioners to run several activities that are put into place in co-production with its members. The charity also uses webinars, focus groups, polls and surveys to be sure it is delivering exactly what its members want. Activities include:

- Online and in person Pilates classes
- Administrative Support
- Specialist equipment for Pilates
- EDS Specialist instructors for advice and lessons

b. Investment policy and performance

It is the policy of the charity to maintain Reserves for both restricted and unrestricted funds in cash. The charity has not yet accumulated sufficient funds to consider establishing a formal Investment Policy.nput

Financial review

**TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 30 NOVEMBER 2024**

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the Charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

It is the policy of the charity to maintain unrestricted funds, which are free reserves of the charity, at a level of between 3 to 6 months of the resources expended. At this level the Trustees feel that in the event of a significant drop in funding, they would be able to continue the current activities of the charity for a limited period and discharge all financial and contractual liabilities. It would obviously be necessary to consider how funding would be replaced and/or activities changed.

c. Principal funding

The charity's principal source of funding is in the form of cash grants for which the charity has to apply on an individual basis as and when the funding opportunity becomes available. For the period covered by this report, the most significant grants came from The National Lottery and Postcode Society.

Structure, governance and management

a. Constitution

SEDSConnective CIO is a registered charity, number 1199724, and is governed by a Constitution dated 20 July 2022.

b. Methods of appointment or election of Trustees

The management of the charity is the responsibility of the Trustees who are elected and co opted under the terms of the Constitution. The Board of Trustees must have a minimum of three members; there is no maximum number of charity trustees that may be appointed to the CIO.

c. Organisational structure and decision-making policies

The Board of Trustees delegates the running of the day to day operations of the charity to the Chief Executive Officer who is also the Chair of the Trustees. To facilitate effective operations, the CEO has delegated authority, within terms of delegation approved by the Trustees, for operational matters including finance, employment, and performance related activities.

d. Policies adopted for the induction and training of Trustees

New Trustees undergo an induction session with SEDSConnective to brief them on their obligations under charity law, the content of the Constitution, the committee and decision-making processes, the business plan, budget and recent performance of the charity and the policies of the charity. During the induction session they meet other Trustees. Trustees are encouraged to attend appropriate training and information sessions to facilitate the undertaking of their role

**TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 30 NOVEMBER 2024**

Structure, governance and management (continued)

e. Financial risk management

The Trustees have assessed the major risks to which the Charity is exposed, in particular those related to the operations and finances of the Charity, and are satisfied that systems and procedures are in place to mitigate exposure to the major risks.

The charity is run almost entirely by volunteers and is dependent on successful grant applications to fund the services it provides. The most significant risks facing SEDSConnective therefore relate to securing and maintaining its income streams and ensuring there is adequate cover for volunteers who are themselves potentially vulnerable to medical complications.

A financial landscape of rising inflation and a cost of living crisis has direct implications for charities like SEDSConnective, who are grappling with the difficult reality of increased operational costs and diminishing donation values. The financial challenges could hinder the ability of SEDSConnective to fulfil its mission effectively. In this challenging environment, the need for funding support becomes even more pressing for small charities like SEDSConnective. An income shortfall would threaten to limit its capacity to provide vital services, conduct outreach programmes, and support the community effectively.

TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 30 NOVEMBER 2024

Plans for future periods

- Ongoing financial support is crucial to sustain and expand our programmes, improve access to resources, and provide comprehensive support services to individuals with symptomatic hypermobility and related conditions. We aim to establish strong collaborations with like-minded charities and groups to leverage collective expertise, share best practices, and enhance the overall support network for our target audience.

SEDSCoconnective operates in a niche market catering to individuals with symptomatic hypermobility, EDS, HSD and neurodivergent conditions such as autism, ADHD dyspraxia and Tourettes not leaving out other neurodivergent conditions such as dyscalculia, dyslexia and mental health disorders. The prevalence of these conditions, along with the challenges faced by individuals in obtaining accurate diagnoses, highlights the significant need for support and awareness. Market research reveals a growing demand for services, with a high percentage of individuals experiencing misdiagnoses and seeking accurate information. While competition exists from other charities and organisations, SEDSCoconnective's unique focus on neurodivergent education, health, social care, transport and employment and its strong research partnerships position it as a valuable player in the sector. The organisation has a solid foundation, excellent reputation as experts and is poised for growth, with opportunities to expand its reach, strengthen its market position, and become an internationally recognized charity.

The charity's focus ahead will be on executing its business plan, with the following objectives:

- Expand membership by:
 - Launching targeted marketing campaigns.
 - Developing referral programmes.
- Enhance the service offerings by:
 - Developing new educational resources.
 - Organising specialised workshops and events.
- Ensure financial stability by:
 - Creating a diversified fundraising strategy.
 - Targeting major grants and funding opportunities.
 - Establishing corporate sponsorship partnerships.
- Geographic expansion by:
 - Identifying new regions for expansion and targeting market research there.
 - Establishing partnerships in new locations and launching activities and events there.

**TRUSTEES' REPORT (CONTINUED)
FOR THE YEAR ENDED 30 NOVEMBER 2024**

Statement of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial which give a true and fair view of the state of affairs of the Charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the Charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the Charity's transactions and disclose with reasonable accuracy at any time the financial position of the Charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the Trust deed. They are also responsible for safeguarding the assets of the Charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees and signed on their behalf by:

Jane Green
.....

Jane Green
(Chair of Trustees)
Date:

SEDSCONNECTIVE CIO

INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 30 NOVEMBER 2024

Independent examiner's report to the Trustees of SEDSCONNECTIVE CIO ('the Charity')

I report to the charity Trustees on my examination of the accounts of the Charity for the year ended 30 November 2024.

Responsibilities and basis of report

As the Trustees of the Charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Your attention is drawn to the fact that the Charity has prepared the accounts in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) in preference to the Accounting and Reporting by Charities: Statement of Recommended Practice issued on 1 April 2005 which is referred to in the extant regulations but has been withdrawn.

I understand that this has been done in order for the accounts to provide a true and fair view in accordance with the Generally Accepted Accounting Practice effective for reporting periods beginning on or after 1 January 2015.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the Charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an Independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body, for my work or for this report.

Signed: *Graham Hole*

Dated: 28 August 2025

Graham Hole (CTA)

Marine House
151 Western Road
Haywards Heath
West Sussex
RH16 3LH

SEDSCONNECTIVE CIO

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE YEAR ENDED 30 NOVEMBER 2024**

	Note	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £	<i>Total funds 2023 £</i>
Income from:					
Donations and legacies	3	25,500	15,361	40,861	38,779
Other trading activities	4	-	1,448	1,448	1,870
Investments	5	-	-	-	300
Total income		25,500	16,809	42,309	40,949
Expenditure on:					
Charitable activities	6	12,858	7,177	20,035	26,768
Total expenditure		12,858	7,177	20,035	26,768
Net movement in funds		12,642	9,632	22,274	14,181
Reconciliation of funds:					
Total funds brought forward		14,744	15,746	30,490	16,309
Net movement in funds		12,642	9,632	22,274	14,181
Total funds carried forward		27,386	25,378	52,764	30,490

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 10 to 21 form part of these financial statements.

SEDSCONNECTIVE CIO

**BALANCE SHEET
AS AT 30 NOVEMBER 2024**

	Note	2024 £	2023 £
Fixed assets			
Tangible assets	10	2,813	4,534
		2,813	4,534
Current assets			
Debtors	11	291	339
Cash at bank and in hand		53,532	28,103
		53,823	28,442
Creditors: amounts falling due within one year	12	(3,873)	(2,486)
Net current assets		49,950	25,956
Total assets less current liabilities		52,763	30,490
Net assets excluding pension asset		52,763	30,490
Total net assets		52,763	30,490
Charity funds			
Restricted funds	14	27,386	14,744
Unrestricted funds	14	25,377	15,746
Total funds		52,763	30,490

The financial statements were approved and authorised for issue by the Trustees and signed on their behalf by:

Jane Green

Jane Green
 (Chair of Trustees)

Date:

The notes on pages 10 to 21 form part of these financial statements.

SEDSCONNECTIVE CIO

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 NOVEMBER 2024

1. General information

SEDSCoconnective CIO is a registered charity number 1199724. The principal office is Planet House, North Heath Lane Industrial Estate, Horsham, West Sussex, RH12 5QE.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

SEDSCONNECTIVE CIO meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

Income tax recoverable in relation to investment income is recognised at the time the investment income is receivable.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is classified by activity. The costs of each activity are made up of the total of direct costs and shared costs, including support costs involved in undertaking each activity. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs which contribute to more than one activity and support costs which are not attributable to a single activity are apportioned between those activities on a basis consistent with the use of resources. Central staff costs are allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the Charity's objectives, as well as any associated support costs.

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2024**

2. Accounting policies (continued)

2.3 Expenditure (continued)

All expenditure is inclusive of irrecoverable VAT.

2.4 Interest receivable

Interest on funds held on deposit is included when receivable and the amount can be measured reliably by the Charity; this is normally upon notification of the interest paid or payable by the institution with whom the funds are deposited.

2.5 Tangible fixed assets and depreciation

Tangible fixed assets costing £100 or more are capitalised and recognised when future economic benefits are probable and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition should be included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives, .

Depreciation is provided on the following bases:

Office equipment	- 20% straight line
Computer equipment	- 33.33% straight line

2.6 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.7 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.8 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the Charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of financial activities as a finance cost.

SEDSCONNECTIVE CIO

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 30 NOVEMBER 2024

2. Accounting policies (continued)

2.9 Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially recognised at transaction value and subsequently measured at their settlement value with the exception of bank loans which are subsequently measured at amortised cost using the effective interest method.

2.10 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the Charity and which have not been designated for other purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the Charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

Investment income, gains and losses are allocated to the appropriate fund.

3. Income from donations and legacies

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £	<i>Total funds 2023 £</i>
Donations	-	1,208	1,208	<i>1,726</i>
Grants	25,500	14,153	39,653	<i>37,053</i>
	<u>25,500</u>	<u>15,361</u>	<u>40,861</u>	<u><i>38,779</i></u>
<i>Total 2023</i>	<u><i>30,410</i></u>	<u><i>8,369</i></u>	<u><i>38,779</i></u>	

4. Income from other trading activities

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2024**

4. Income from other trading activities (continued)

Income from non charitable trading activities

	Unrestricted funds 2024 £	Total funds 2024 £	<i>Total funds 2023 £</i>
Charity trading income - Domestic	1,448	1,448	1,870
	<u>1,448</u>	<u>1,448</u>	
<i>Total 2023</i>	<u>1,870</u>	<u>1,870</u>	

5. Investment income

	Unrestricted funds 2024 £	Total funds 2024 £	<i>Total funds 2023 £</i>
Investment income - local cash	-	-	300
	<u>-</u>	<u>-</u>	
<i>Total 2023</i>	<u>300</u>	<u>300</u>	

6. Analysis of expenditure on charitable activities

Summary by fund type

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total 2024 £	<i>Total 2023 £</i>
Supporting members and expanding awareness	12,858	7,177	20,035	26,768
	<u>12,858</u>	<u>7,177</u>	<u>20,035</u>	
<i>Total 2023</i>	<u>16,916</u>	<u>9,852</u>	<u>26,768</u>	

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2024**

7. Analysis of expenditure by activities

	Activities undertaken directly 2024 £	Support costs 2024 £	Total funds 2024 £	<i>Total funds 2023 £</i>
Supporting members and expanding awareness	9,379	10,656	20,035	<i>26,768</i>
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
<i>Total 2023</i>	<i>8,696</i>	<i>18,072</i>	<i>26,768</i>	
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>	

Analysis of direct costs

	Activities 2024 £	Total funds 2024 £	<i>Total funds 2023 £</i>
Pilates classes and other therapeutic activities	3,093	3,093	<i>6,489</i>
Fundraising expenses	5,400	5,400	<i>1,953</i>
Other direct costs	886	886	<i>254</i>
	<hr/>	<hr/>	<hr/>
	9,379	9,379	<i>8,696</i>
	<hr/> <hr/>	<hr/> <hr/>	<hr/> <hr/>
<i>Total 2023</i>	<i>8,696</i>	<i>8,696</i>	
	<hr/> <hr/>	<hr/> <hr/>	

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2024**

7. Analysis of expenditure by activities (continued)

Analysis of support costs

	Activities 2024 £	Total funds 2024 £	<i>Total funds 2023 £</i>
Depreciation	1,721	1,721	1,721
Bank Charges	1	1	5
Subscriptions	17	17	2,254
Telecommunications	108	108	398
IT Software and consumables	1,911	1,911	1,415
Advertising and marketing	38	38	1,739
Audit & accountancy fee	800	800	600
Insurance	-	-	544
Legal & professional	40	40	755
Travel and subsistence	53	53	1,297
Administrative support	5,650	5,650	7,017
Other office cost	317	317	327
	10,656	10,656	18,072
	18,072	18,072	
<i>Total 2023</i>			

8. Independent examiner's remuneration

	2024 £	<i>2023 £</i>
Fees payable to the Charity's independent examiner for the independent examination of the Charity's annual accounts	800	600
	800	600

9. Trustees' remuneration and expenses

During the year, no Trustees received any remuneration or other benefits (2023 - £NIL).

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2024**

9. Trustees' remuneration and expenses (continued)

During the period, no Trustees received any remuneration or other benefits.

During the year ended 30 November 2024, expenses totalling £1,127 were reimbursed or paid directly to 6 Trustees. The expenses reimbursed related mainly to travel and subsistence costs. (2023: 2167)

10. Tangible fixed assets

	Office equipment £	Computer equipment £	Total £
Cost or valuation			
At 1 December 2023	2,731	3,524	6,255
At 30 November 2024	2,731	3,524	6,255
Depreciation			
At 1 December 2023	546	1,175	1,721
Charge for the year	1,175	546	1,721
At 30 November 2024	1,721	1,721	3,442
Net book value			
At 30 November 2024	1,010	1,803	2,813
<i>At 30 November 2023</i>	2,185	2,349	4,534

11. Debtors

	2024 £	2023 £
Due after more than one year		
Trade debtors	-	302
Prepayments and accrued income	291	37
	291	339
	291	339

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2024**

12. Creditors: Amounts falling due within one year

	2024	<i>2023</i>
	£	£
Trade creditors	531	<i>1,346</i>
Other creditors	-	<i>15</i>
Accruals and deferred income	3,342	<i>1,125</i>
	<u>3,873</u>	<u><i>2,486</i></u>

13. Financial instruments

	2024	<i>2023</i>
	£	£
Financial assets		
Financial assets measured at amortised cost	53,532	<i>28,103</i>
	<u>53,532</u>	<u><i>28,103</i></u>
	2024	<i>2023</i>
	£	£
Financial liabilities		
Other financial liabilities measured at amortised cost	(3,873)	<i>(2,486)</i>
	<u>(3,873)</u>	<u><i>(2,486)</i></u>

Financial assets measured at amortised cost comprise cash at bank and in hand and other debtors.

Other financial liabilities measured at amortised cost comprise accruals.

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2024**

14. Statement of funds

Statement of funds - current year

	Balance at 1 December 2023 £	Income £	Expenditure £	Balance at 30 November 2024 £
Unrestricted funds				
General Funds - all funds	15,746	16,808	(7,177)	25,377
Restricted funds				
Gatwick Airport Community Trust	1,011	-	(6)	1,005
Crawley Borough Council	1,175	-	(744)	431
Active Sussex	3,160	-	-	3,160
Sussex Community Foundation	4,591	-	-	4,591
Versus Arthritis	2,918	-	(1,721)	1,197
National Lottery	1,389	20,000	(8,887)	12,502
Horsham District Council Community Fund	500	3,500	-	4,000
Brighton & Hove Council	-	2,000	(1,500)	500
	14,744	25,500	(12,858)	27,386
Total of funds	30,490	42,308	(20,035)	52,763

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2024**

14. Statement of funds (continued)

Statement of funds - prior year

	<i>Balance at 1 July 2022</i>	<i>Income</i>	<i>Expenditure</i>	<i>Transfers in/out</i>	<i>Balance at 30 November 2023</i>
	£	£	£	£	£
Unrestricted funds					
General Funds 1	8,570	10,539	(9,852)	6,489	15,746
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Restricted funds					
Gatwick Airport Community Trust	1,250	-	(239)	-	1,011
Crawley Borough Council	-	1,250	(75)	-	1,175
Active Sussex	-	3,160	-	-	3,160
Sussex Community Foundation	-	5,500	(909)	-	4,591
Versus Arthritis	-	10,000	(7,082)	-	2,918
National Lottery	3,142	10,000	(8,611)	(3,142)	1,389
Horsham District Council Community Fund	-	500	-	-	500
Other	3,347	-	-	(3,347)	-
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
	7,739	30,410	(16,916)	(6,489)	14,744
	<hr/>	<hr/>	<hr/>	<hr/>	<hr/>
Total of funds	<u>16,309</u>	<u>40,949</u>	<u>(26,768)</u>	<u>-</u>	<u>30,490</u>

15. Summary of funds

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2024**

15. Summary of funds (continued)

Summary of funds - current year

	Balance at 1 December 2023 £	Income £	Expenditure £	Balance at 30 November 2024 £
General funds	15,746	16,808	(7,177)	25,377
Restricted funds	14,744	25,500	(12,858)	27,386
	<u>30,490</u>	<u>42,308</u>	<u>(20,035)</u>	<u>52,763</u>

Summary of funds - prior year

	<i>Balance at 1 July 2022 £</i>	<i>Income £</i>	<i>Expenditure £</i>	<i>Transfers in/out £</i>	<i>Balance at 30 November 2023 £</i>
General funds	8,570	10,539	(9,852)	6,489	15,746
Restricted funds	7,739	30,410	(16,916)	(6,489)	14,744
	<u>16,309</u>	<u>40,949</u>	<u>(26,768)</u>	<u>-</u>	<u>30,490</u>

16. Analysis of net assets between funds

Analysis of net assets between funds - current period

	Restricted funds 2024 £	Unrestricted funds 2024 £	Total funds 2024 £
Tangible fixed assets	1,197	1,616	2,813
Debtors due after more than one year	-	291	291
Current assets	26,189	27,343	53,532
Creditors due within one year	-	(3,873)	(3,873)
Total	<u>27,386</u>	<u>25,377</u>	<u>52,763</u>

SEDSCONNECTIVE CIO

NOTES TO THE FINANCIAL STATEMENTS
FOR THE YEAR ENDED 30 NOVEMBER 2024

16. Analysis of net assets between funds (continued)

Analysis of net assets between funds - prior period

	<i>Restricted funds 2023 £</i>	<i>Unrestricted funds 2023 £</i>	<i>Total funds 2023 £</i>
Tangible fixed assets	2,918	1,616	4,534
Debtors due after more than one year	-	339	339
Current assets	11,826	16,277	28,103
Creditors due within one year	-	(2,486)	(2,486)
Total	14,744	15,746	30,490

SEDSConnective CIO 2024

Final Audit Report

2025-08-28

Created:	2025-08-28
By:	Graham Hole (graham@gmbc.uk)
Status:	Signed
Transaction ID:	CBJCHBCAABAAm5X2bHxwmDNR2Ga0m4z9QObM9SdkyJoB

"SEDSConnective CIO 2024" History

-  Document created by Graham Hole (graham@gmbc.uk)
2025-08-28 - 11:55:10 AM GMT
-  Document emailed to Jane Green (chair@sedsconnective.org) for signature
2025-08-28 - 11:55:14 AM GMT
-  Email viewed by Jane Green (chair@sedsconnective.org)
2025-08-28 - 11:56:38 AM GMT
-  Document e-signed by Jane Green (chair@sedsconnective.org)
Signature Date: 2025-08-28 - 11:58:21 AM GMT - Time Source: server
-  Agreement completed.
2025-08-28 - 11:58:21 AM GMT

SEDSCONNECTIVE

England & Wales - Charity number 1199724

Accounts

SEDSCONNECTIVE CIO

UNAUDITED

TRUSTEES' REPORT AND FINANCIAL STATEMENTS

FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023

SEDSCONNECTIVE CIO

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Trustees' report	2 - 5
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SEDSCONNECTIVE CIO

**REFERENCE AND ADMINISTRATIVE DETAILS OF THE CHARITY, ITS TRUSTEES AND ADVISERS
FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023**

Trustees

Jane Green, Chair (appointed 21 July 2022)
David Mason, Treasurer (appointed 28 July 2022)
Monica Collins, Trustee (appointed 21 July 2022)
Kelly Harris, Trustee (appointed 21 July 2022)
Abraham Arshad, Trustee (appointed 3 July 2023)

Charity registered number

1199724

Principal office

Planet House
North Heath Lane Industrial Estate
Horsham
West Sussex
RH12 5QE

Accountants

GMBC LLP
Chartered Tax Advisers and Accountants
Marine House
151 Western Road
Haywards Heath
West Sussex
RH16 3LH

Bankers

Lloyds Bank plc
1 Legg Street
Chelmsford
Essex
CM1 1JS

SEDSCONNECTIVE CIO

TRUSTEES' REPORT FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023

The Trustees present their first annual report together with the financial statements of SEDSConnective CIO for the period 20 July 2022 to 30 November 2023. Prior to this date, SEDSConnective operated as Sussex Ehlers-Danlos Syndromes and Hypermobility Disorders (SEDS) CIC whose assets and liabilities were transferred to SEDSConnective on 19 July 2022.

Objectives and activities

a. Policies and objectives

The object of the CIO, to be carried out for the public benefit primarily in Sussex, the surrounding areas and beyond, as the Trustees see fit, is:

To relieve the needs of people (and their families and or their carers) living with Ehlers-Danlos Syndrome (EDS), Hypermobility Spectrum Disorders (HSD) or symptomatic hypermobility, neurodivergent conditions and any associated conditions or symptoms, in particular but not exclusively, by:

- a) providing advice, information and peer support as well as funding for activities, support services and equipment;
- b) advancing the education of the public and allied professionals by raising awareness of the above conditions.

For the purpose of this object, "neurodivergent conditions" include, but not exclusively, Autism, Attention Deficit Hyperactivity Disorder (ADHD), Dyspraxia and Tourette's Syndrome. "Associated conditions or symptoms" include, but are not limited to, fibromyalgia, M.E/CFS (Chronic Fatigue Syndrome), Allergies and Postural Tachycardia Syndrome (POTS).

In setting objectives and planning for activities, the Trustees have given due consideration to general guidance published by the Charity Commission relating to public benefit, including the guidance 'Public benefit: running a charity (PB2)'.

Achievements and performance

a. Review of activities

SEDSConnective addresses a significant gap in understanding for the neurodivergent community, by providing support for individuals with symptomatic hypermobility and related conditions, including Ehlers-Danlos Syndromes and neurodivergence. The prevalence of these conditions is higher than commonly reported, emphasising the need for improved diagnosis, support and understanding.

SEDSConnective is run primarily by volunteers but also sources specialist practitioners to run several activities that are put into place in co-production with its members. The charity also uses webinars, focus groups, polls and surveys to be sure it is delivering exactly what its members want. Activities include:

- Online and in person Pilates classes
- Administrative Support
- Specialist equipment for Pilates
- EDS Specialist instructors for advice and lessons

b. Investment policy and performance

It is the policy of the charity to maintain Reserves for both restricted and unrestricted funds in cash. The charity has not yet accumulated sufficient funds to consider establishing a formal Investment Policy.

SEDSCONNECTIVE CIO

TRUSTEES' REPORT (CONTINUED) FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023

Structure, governance and management (continued)

Financial review

a. Going concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resources to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements. Further details regarding the adoption of the going concern basis can be found in the accounting policies.

b. Reserves policy

It is the policy of the charity to maintain unrestricted funds, which are free reserves of the charity, at a level of between 3 to 6 months of the resources expended. At this level the Trustees feel that in the event of a significant drop in funding, they would be able to continue the current activities of the charity for a limited period and discharge all financial and contractual liabilities. It would obviously be necessary to consider how funding would be replaced and/or activities changed.

c. Principal funding

The charity's principal source of funding is in the form of cash grants for which the charity has to apply on an individual basis as and when the funding opportunity becomes available. For the period covered by this report, the most significant grants came from Versus Arthritis, Sussex Community Foundation and The National Lottery.

Structure, governance and management

a. Constitution

SEDSConnective CIO is a registered charity, number 1199724, and is governed by a Constitution dated 20 July 2022.

b. Methods of appointment or election of Trustees

The management of the charity is the responsibility of the Trustees who are elected and co-opted under the terms of the Constitution. The Board of Trustees must have a minimum of three members; there is no maximum number of charity trustees that may be appointed to the CIO.

c. Organisational structure and decision-making policies

The Board of Trustees delegates the running of the day-to-day operations of the charity to the Chief Executive Officer who is also the Chair of the Trustees. To facilitate effective operations, the CEO has delegated authority, within terms of delegation approved by the Trustees, for operational matters including finance, employment, and performance related activities.

d. Policies adopted for the induction and training of Trustees

New Trustees undergo an induction session with SEDSConnective to brief them on their obligations under charity law, the content of the Constitution, the committee and decision-making processes, the business plan, budget and recent performance of the charity and the policies of the charity. During the induction session they meet other Trustees. Trustees are encouraged to attend appropriate training and information sessions to facilitate the undertaking of their role.

**TRUSTEES' REPORT (CONTINUED)
FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023**

Structure, governance and management (continued)

e. Financial risk management

The Trustees are satisfied that systems and procedures are in place to mitigate our exposure to the major risks. Risk analyses have been carried out regularly during 2022/23 and will continue at appropriate intervals. The charity is run almost entirely by volunteers and is dependent on successful grant applications to fund the services it provides. The most significant risks facing SEDSConnective therefore relate to securing and maintaining its income streams and ensuring there is adequate cover for volunteers who are themselves potentially vulnerable to medical complications.

A financial landscape of rising inflation and a cost of living crisis has direct implications for charities like SEDSConnective, who are grappling with the difficult reality of increased operational costs and diminishing donation values. The financial challenges could hinder the ability of SEDSConnective to fulfil its mission effectively. In this challenging environment, the need for funding support becomes even more pressing for small charities like SEDSConnective. An income shortfall would threaten to limit its capacity to provide vital services, conduct outreach programmes, and support the community effectively.

Plans for future periods

Ongoing financial support is crucial to sustain and expand our programmes, improve access to resources, and provide comprehensive support services to individuals with symptomatic hypermobility and related conditions. We aim to establish strong collaborations with like-minded charities and groups to leverage collective expertise, share best practices, and enhance the overall support network for our target audience.

SEDSConnective operates in a niche market catering to individuals with symptomatic hypermobility, EDS, HSD and neurodivergent conditions such as autism, ADHD dyspraxia and Tourettes not leaving out other neurodivergent conditions such as dyscalculia, dyslexia and mental health disorders. The prevalence of these conditions, along with the challenges faced by individuals in obtaining accurate diagnoses, highlights the significant need for support and awareness. Market research reveals a growing demand for services, with a high percentage of individuals experiencing misdiagnoses and seeking accurate information. While competition exists from other charities and organisations, SEDSConnective's unique focus on neurodivergent education, health, social care, transport and employment and its strong research partnerships position it as a valuable player in the sector. The organisation has a solid foundation, excellent reputation as experts and is poised for growth, with opportunities to expand its reach, strengthen its market position, and become an internationally recognized charity.

The charity's focus ahead will be on executing its business plan, with the following objectives:

- Expand membership by:
 - Launching targeted marketing campaigns.
 - Developing referral programmes.
- Enhance the service offerings by:
 - Developing new educational resources.
 - Organising specialised workshops and events.
- Ensure financial stability by:
 - Creating a diversified fundraising strategy.
 - Targeting major grants and funding opportunities.
 - Establishing corporate sponsorship partnerships.
- Geographic expansion by:
 - Identifying new regions for expansion and targeting market research there.
 - Establishing partnerships in new locations and launching activities and events there.

SEDSCONNECTIVE CIO

**TRUSTEES' REPORT (CONTINUED)
FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023**

TRUSTEES' RESPONSIBILITIES STATEMENT

Statement of Trustees' responsibilities

The Trustees are responsible for preparing the Trustees' report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England & Wales requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles of the Charities SORP (FRS 102);
- make judgments and accounting estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards (FRS 102) have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charity's transactions and disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008 and the provisions of the trust deed. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Approved by order of the members of the board of Trustees on 3rd Aug..2024 and signed on their behalf by:



Jane Green
Chairman



David Mason
Treasurer

SEDSCONNECTIVE CIO

**INDEPENDENT EXAMINER'S REPORT
FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023**

Independent examiner's report to the Trustees of SEDS Connective CIO ('the charity')

I report to the charity Trustees on my examination of the accounts of the charity for the period from 20 July 2022 to 30 November 2023.

Responsibilities and basis of report

As the Trustees of the charity, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the 2011 Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the charity as required by section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

This report is made solely to the charity's Trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. My work has been undertaken so that I might state to the charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's Trustees as a body, for my work or for this report.

Signed: 

Dated: 3/5/2024

Graham Hole

GMBC LLP
Chartered Tax Advisers and Accountants
Marine House
151 Western Road
Haywards Heath
RH16 3LH

SEDSCONNECTIVE CIO

**STATEMENT OF FINANCIAL ACTIVITIES
FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023**

	Note	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Income from:				
Donations and legacies	3	8,369	30,410	38,779
Other trading activities	4	2,170	-	2,170
Total income		<u>10,539</u>	<u>30,410</u>	<u>40,949</u>
Expenditure on:				
Charitable activities	5	9,852	16,916	26,768
Total expenditure		<u>9,852</u>	<u>16,916</u>	<u>26,768</u>
Net (expenditure)/income		687	13,494	14,181
Transfers between funds	12	6,489	(6,489)	-
Net movement in funds		<u>7,176</u>	<u>7,005</u>	<u>14,181</u>
Reconciliation of funds:				
Total funds transferred from CIC on 20 July 2022		8,570	7,739	16,309
Net movement in funds		7,176	7,005	14,181
Total funds carried forward		<u>15,746</u>	<u>14,744</u>	<u>30,490</u>

The Statement of financial activities includes all gains and losses recognised in the year.

The notes on pages 9 to 23 form part of these financial statements.

SEDSCONNECTIVE CIO

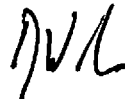
**BALANCE SHEET
AS AT 30 NOVEMBER 2023**

	Note	2023 £
Fixed assets		
Tangible assets	9	4,534
		<u>4,534</u>
Current assets		
Debtors	10	339
Cash at bank and in hand		28,103
		<u>28,442</u>
Creditors: amounts falling due within one year	11	(2,486)
		<u>25,956</u>
Net current assets		25,956
Total assets less current liabilities		30,490
Total net assets		<u>30,490</u>
Charity funds		
Restricted funds	12	14,744
Unrestricted funds	12	15,746
		<u>30,490</u>
Total funds		<u>30,490</u>

The financial statements were approved and authorised for issue by the Trustees on 3 May 2024 and signed on their behalf by:



Jane Green
Chairman



David Mason
Treasurer

The notes on pages 9 to 23 form part of these financial statements.

SEDSCONNECTIVE CIO

NOTES TO THE FINANCIAL STATEMENTS FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023

1. General Information

SEDSConnective CIO is a registered charity number 1199724. The principal office is Planet House, North Heath Lane Industrial Estate, Horsham, West Sussex, RH12 5QE.

2. Accounting policies

2.1 Basis of preparation of financial statements

The financial statements have been prepared in accordance with the Charities SORP (FRS 102) - Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Charities Act 2011.

The financial statements have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair' view. This departure has involved following the Charities SORP (FRS 102) published in October 2019 rather than the Accounting and Reporting by Charities: Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

SEDSConnective CIO meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy.

2.2 Income

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of income receivable can be measured reliably.

Grants are included in the Statement of financial activities on a receivable basis. The balance of income received for specific purposes but not expended during the period is shown in the relevant funds on the Balance Sheet. Where income is received in advance of entitlement of receipt, its recognition is deferred and included in creditors as deferred income. Where entitlement occurs before income is received, the income is accrued.

2.3 Expenditure

Expenditure is recognised once there is a legal or constructive obligation to transfer economic benefit to a third party, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been included under expense categories that aggregate all costs for allocation to activities.

Expenditure on charitable activities is incurred on directly undertaking the activities which further the charity's objectives, as well as any associated support costs.

All expenditure is inclusive of irrecoverable VAT.

SEDSCONNECTIVE CIO

NOTES TO THE FINANCIAL STATEMENTS FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023

2. Accounting policies (continued)

2.4 Tangible fixed assets and depreciation

Tangible fixed assets costing £1,000 or more are capitalised and recognised when future economic benefits are probable, and the cost or value of the asset can be measured reliably.

Tangible fixed assets are initially recognised at cost. After recognition, under the cost model, tangible fixed assets are measured at cost less accumulated depreciation and any accumulated impairment losses. All costs incurred to bring a tangible fixed asset into its intended working condition are included in the measurement of cost.

Depreciation is charged so as to allocate the cost of tangible fixed assets less their residual value over their estimated useful lives.

Depreciation is provided on the following bases:

Computer	- 33.33% straight line
Other equipment	- 20% straight line

2.5 Debtors

Trade and other debtors are recognised at the settlement amount after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

2.6 Cash at bank and in hand

Cash at bank and in hand includes cash and short-term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

2.7 Liabilities and provisions

Liabilities are recognised when there is an obligation at the Balance Sheet date as a result of a past event, it is probable that a transfer of economic benefit will be required in settlement, and the amount of the settlement can be estimated reliably.

Liabilities are recognised at the amount that the charity anticipates it will pay to settle the debt or the amount it has received as advanced payments for the goods or services it must provide.

Provisions are measured at the best estimate of the amounts required to settle the obligation. Where the effect of the time value of money is material, the provision is based on the present value of those amounts, discounted at the pre-tax discount rate that reflects the risks specific to the liability. The unwinding of the discount is recognised in the Statement of Financial Activities as a finance cost.

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023**

2. Accounting policies (continued)

2.8 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the Trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The costs of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023**

3. Income from donations and legacies

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Grants			
Versus Arthritis	-	10,000	10,000
National Lottery	-	10,000	10,000
Sussex Community Foundation	-	5,500	5,500
Active Sussex	-	3,160	3,160
Crawley Borough Council	2,617	1,250	3,867
Co-Op	1,026	-	1,026
ASDA	1,000	-	1,000
East Grinstead Common Fund	1,000	-	1,000
Moto Community Trust	1,000	-	1,000
Subtotal	<u>6,643</u>	<u>29,910</u>	<u>36,553</u>
Donations	1,726	-	1,726
Other grants	-	500	500
Subtotal	<u>1,726</u>	<u>500</u>	<u>2,226</u>
Total 2023	<u><u>8,369</u></u>	<u><u>30,410</u></u>	<u><u>38,779</u></u>

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023**

4. Income from other trading activities

	Unrestricted funds 2023 £	Total funds 2023 £
Fees from webinars and presentations	1,870	1,870
Compensation from bank	300	300
Total 2023	<u><u>2,170</u></u>	<u><u>2,170</u></u>

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023**

5. Analysis of expenditure on charitable activities

Summary by fund type

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Supporting members and expanding awareness	<u>9,852</u>	<u>16,916</u>	<u>26,768</u>

6. Analysis of expenditure by activities

	Activities undertaken directly 2023 £	Support costs 2023 £	Total funds 2023 £
Supporting members and expanding awareness	<u>8,696</u>	<u>18,072</u>	<u>26,768</u>

Analysis of direct costs

	Activities 2023 £	Total funds 2023 £
Pilates classes and other therapeutic activities	6,489	6,489
Fundraising expenses	1,953	1,953
Other direct costs	254	254
Total 2023	<u>8,696</u>	<u>8,696</u>

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023**

6. Analysis of expenditure by activities (continued)

Analysis of support costs

	Activities 2023 £	Total funds 2023 £
Administrative support	7,017	7,017
Advertising and marketing	1,739	1,739
Audit and accountancy	600	600
Bank charges	5	5
Depreciation	1,721	1,721
Insurance	544	544
IT software and consumables	1,415	1,415
Legal expenses	755	755
Motor vehicle expenses	746	746
Office expenses	19	19
Postage	46	46
Printing and stationery	184	184
Subscriptions	2,254	2,254
Telecommunications	398	398
Training	78	78
Travel and subsistence	551	551
Other	-	-
Total 2023	<u><u>18,072</u></u>	<u><u>18,072</u></u>

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023**

7. Independent examiner's remuneration

	2023
	£
Fees payable to the charity's independent examiner for the independent examination of the charity's annual accounts	600

8. Trustees' remuneration and expenses

During the period, no Trustees received any remuneration or other benefits, with the exception of the Chair, who participated in Pilates classes to the value of £453 which were provided by the charity. The charity also paid £518 towards the costs of photography relating to the Chair's MBE investiture ceremony.

During the 16 months ended 30 November 2023, expenses totalling £1,649 were reimbursed or paid directly to 3 Trustees. The expenses reimbursed related mainly to travel and subsistence costs.

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023**

9. Tangible fixed assets

	Computer equipment £	Other equipment £	Total £
Cost or valuation			
Additions	3,524	2,731	6,255
At 30 November 2023	<u>3,524</u>	<u>2,731</u>	<u>6,255</u>
Depreciation			
Charge for the year	1,175	546	1,721
At 30 November 2023	<u>1,175</u>	<u>546</u>	<u>1,721</u>
Net book value			
At 30 November 2023	<u>2,349</u>	<u>2,185</u>	<u>4,534</u>

10. Debtors

	2023 £
Due within one year	
Trade debtors	302
Prepayments and accrued income	37
	<u>339</u>

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023**

11. Creditors: Amounts falling due within one year

	2023
	£
Trade Creditors	1,346
Other Creditors	15
Accruals and deferred income	1,125
	<u>2,486</u>

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023**

12. Statement of funds

Statement of funds - current year

	Balance transferred from CIC account at 20 July 2022 £	Income £	Expenditure £	Transfers In/out £	Balance at 30 November 2023 £
Unrestricted funds					
General funds					
General funds	<u>8,570</u>	<u>10,539</u>	<u>(9,852)</u>	<u>6,489</u>	<u>15,746</u>
Total Unrestricted funds	<u>8,570</u>	<u>10,539</u>	<u>(9,852)</u>	<u>6,489</u>	<u>15,746</u>
Restricted funds					
National Lottery Community Fund 2	3,142	-	-	(3,142)	-
Brighton & Hove Council	2,534	-	-	(2,534)	-
Gatwick Airport Community Trust	1,250	-	(239)	-	1,011
Crawley Borough Council	-	1,250	(75)	-	1,175
Active Sussex	-	3,160	-	-	3,160
Sussex Community Foundation	-	5,500	(909)	-	4,591
Versus Arthritis	-	10,000	(7,082)	-	2,918
National Lottery	-	10,000	(8,611)	-	1,389
Horsham District Council Community Fund	-	500	-	-	500
Other	813	-	-	(813)	-

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023**

12. Statement of funds (continued)

Statement of funds - current year (continued)

	Balance transferred from CIC account at 20 July 2022 £	Income £	Expenditure £	Transfers in/out £	Balance at 30 November 2023 £
Total restricted funds	<u>7,739</u>	<u>30,410</u>	<u>(16,916)</u>	<u>(6,489)</u>	<u>14,744</u>
Total of funds	<u><u>16,309</u></u>	<u><u>40,949</u></u>	<u><u>(26,768)</u></u>	<u><u>-</u></u>	<u><u>30,790</u></u>

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023**

AIM AND USE OF DESIGNATED AND RESTRICTED FUNDS

Restricted funds:

Gatwick Airport Community Trust – matched with Crawley Borough Council – is for the provision of Pilates classes to members and administrative support.

Active Sussex fund is for the delivery of Pilates sessions.

Sussex Community Foundation funds comprise three separate grants of £4,500, £500 and £500 for the provision of specialist therapy activity and IT equipment.

The Versus Arthritis fund was for the costs of IT equipment, sundry consumables and administrative support. The project was completed during 2023 and the required Impact Report submitted to the donor. The balance remaining on the fund refers to future years' depreciation charges on the purchased equipment that has been capitalised.

The National Lottery grant is mainly to fund the costs of an administrative support officer.

The Horsham District Council Community Fund is awarded to local voluntary, community or not-for-profit organisations that contribute to the improvement of quality of life for district residents and is here primarily for the costs of administrative support.

Unused funds of £6,489 on restricted grants where the project has been closed are transferred into unrestricted/general funds.

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023**

13. Summary of funds

Summary of funds - current year

	Balance transferred from CIC account at 20 July 2022 £	Income £	Expenditure £	Transfers in/out £	Balance at 30 November 2023 £
General funds	8,570	10,539	(9,852)	6,489	15,746
Restricted funds	7,739	30,410	(16,916)	(6,489)	14,744
	<u>16,309</u>	<u>40,949</u>	<u>(26,768)</u>	<u>-</u>	<u>30,490</u>

SEDSCONNECTIVE CIO

**NOTES TO THE FINANCIAL STATEMENTS
FOR THE 16 MONTHS ENDED 30 NOVEMBER 2023**

14. Analysis of net assets between funds

Analysis of net assets between funds - current year

	Unrestricted funds 2023 £	Restricted funds 2023 £	Total funds 2023 £
Tangible fixed assets	1,651	2,883	4,534
Current assets	16,581	11,861	28,442
Creditors due within one year	(2,486)	-	(2,486)
Total	<u>15,746</u>	<u>14,744</u>	<u>30,490</u>