

FEAST

England & Wales - Charity number 1199711

Details

Status Registered

Legal form CIO

Registered 2022-07-19

Register [View on the Charity Commission register](#)

Contact

Address Methodist Church
Higham Lane
Tonbridge
TN10 4JG

Phone 01732354338

Email tonbridgemethodistchurch1990@gmail.com

Activities

Objects: THE PREVENTION OR RELIEF OF POVERTY OR FINANCIAL HARDSHIP, PARTICULARLY BUT NOT EXCLUSIVELY IN THE AREA OF TONBRIDGE & MALLING BOROUGH COUNCIL IN THE COUNTY OF KENT AND SURROUNDING AREAS, BY PROVIDING SUBSIDISED FOOD AND OTHER ESSENTIAL ITEMS AND SERVICES TO INDIVIDUALS IN NEED.

Activities: FEAST (Families Eating And Sharing Together) is a food project based in Kent. We are passionate about tackling food inequality through various projects including the hosting of family meals during school holidays and running two community larders in the locality called FEAST Fresh. For more information please refer to www.feast.org.uk

Classification

- **How:** Provides Services
- **What:** The Prevention Or Relief Of Poverty
- **Who:** Children/young People, Elderly/old People, Other Defined Groups, The General Public/mankind

Geography

- Kent

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£39,144	£34,192	-	-
2023-12-31	£113,281	£62,969	-	-

Trustees

Name	Role	Appointed
PETER HAMILTON SMART	Chair	2022-07-18
Felicity Anne Layton		2022-05-18
JENNIFER MARY SMART		2022-05-18
Liesje Athwal BEM		2022-05-18
Michael John Smout		2022-05-18
Paul Kenneth White		2025-10-01
Robert Comben		2024-01-18
Sarah Jane Hardcastle		2022-09-18

FEAST

England & Wales - Charity number 1199711

Accounts

FEAST Annual Report 2024

This report covers the period 1st January 2024 to 31st December 2024

FEAST has continued to fulfil its mission to combat poverty, in and around Tonbridge, through the provision of Community larders, a hygiene hub and school holiday meals and social activities to low income households.

We ran 103 larders, distributing surplus food, with food bought specifically, with 470 local households attending. We estimate our reach to be across 1500 individuals.

We also estimate that we have saved £110,000 worth of food from going to landfill.

At each larder, guests can enjoy free tea, coffee and cakes provided by host volunteers.

Feast had 103 volunteers across the year, contributing just under 6500 of volunteer hours.

We have continued to run lunches during the school holidays, offering a healthy, free two-course lunch to families, with social activities included. We have also run social lunches for our 'non-family' guests. During the summer holidays we ran three extra events, offering 2 mornings of free activities at a local leisure centre, followed by a picnic lunch, and a day at an outdoor activity centre for around 50 children, including a picnic and barbecue.

Support from the local community and local businesses remains strong, with excellent donations of money, goods and time.

Supermarket vouchers to help with Christmas expenses were issued to 129 guests.

On behalf of the FEAST Trustees

FEAST INCOME AND EXPENDITURE 2024

	Jan	Feb	Mar	Apr	May	June	July	Aug	Sept	Oct	Nov	Dec	Total
Online Donation	1,009	3,335	1,492	247	351	372	3,279	519	594	2,553	2,460	2,364	18,576
Cash Donation	840	208	-	10	-	120	25	100	-	-	-	-	1,303
Funding	-	1,000	3,000	-	500	348	-	-	4,000	-	-	-	8,848
Interest	-	-	-	-	74	-	-	-	82	90	-	-	246
Other	-	-	41	-	150	-	-	802	-	3	-	-	997
IN TMC Larder	506	299	-	827	1,056	675	854	810	637	990	163	866	7,684
IN STS Larder	742	436	98	169	-	-	-	-	-	-	-	-	1,446
IN Oaks larder	21	14	-	-	-	9	-	-	-	-	-	-	44
Total Income	3,118	5,293	4,632	1,254	2,131	1,524	4,159	2,231	5,313	3,635	2,623	3,230	39,144
TMC Larder Food	149	1,254	122	113	1,214	474	1,207	578	205	544	226	278	6,362
STS Larder Food	1,014	224	1,251	520	416	836	826	275	638	541	825	668	8,034
The Oaks larder FOOD	-	-	-	-	-	-	1,554	-	-	-	-	-	1,554
Fareshare	687	-	1,652	59	-	-	802	785	822	1,041	1,045	825	7,717
TMC Lunches FOOD	-	-	-	25	-	-	-	-	-	-	-	-	25
TMC Lunches Activities	-	-	-	-	-	-	-	-	-	-	-	-	-
STP Lunches FOOD	5	-	99	150	-	-	68	-	-	-	155	-	477
STP Lunches Activities	5	-	-	12	-	-	-	-	-	-	9	-	26
Other Lunches FOOD	-	-	-	-	-	-	85	-	-	-	-	-	85
Other Lunches Activities	-	-	-	-	-	-	-	79	-	-	-	-	79
Events	-	52	-	-	-	85	174	328	-	378	738	-	1,755
(food, vouchers, pressies)	577	-	-	-	-	-	-	-	-	-	-	3,760	4,337
Other events	-	-	-	-	-	-	-	-	71	-	-	-	71
Volunteer training	108	11	-	-	-	-	-	-	-	37	-	-	156
Volunteer food and gifts	101	-	-	-	-	-	124	30	-	6	-	-	261
Advertising & Admin	-	-	-	-	50	-	-	-	30	-	-	-	80
Insurance	-	-	-	-	-	-	-	-	-	544	-	-	544
Phone & Tech	48	12	12	12	12	12	12	22	22	32	212	94	504
Equipment	50	-	-	15	304	-	38	-	541	16	-	50	1,016
Stationery	-	31	-	-	-	-	-	-	-	-	-	-	31
Procured Services	-	-	-	-	-	-	-	-	-	-	-	-	-
Transfers Out	10,000	5,000	5,000	-	-	-	-	-	5,000	-	-	-	-
Sundries	199	-	252	555	-	-	-	5	-	9	15	45	1,079
Total Expenditure	-12,943	-6,584	-8,387	-1,461	-1,996	-1,407	-4,890	-2,102	-7,329	-3,148	-3,226	-5,721	34,192
Profit/Loss	175	3,708	1,245	-207	135	117	-731	129	2,984	488	-602	-2,491	4,951
Interest on Savings	0	0	0	0	74	0	0	0	82	90	0	0	246
Transfers	-10,000	-5,000	-5,000	0	0	0	0	0	-5,000	0	0	0	-25,000
Bank Balance b/f	26,001	16,176	14,885	11,130	10,923	10,984	11,101	10,370	10,499	8,401	8,799	8,196	
Movement (Current a/c)	-9,825	-1,292	-3,755	-207	61	117	-731	129	-2,098	398	-602	-2,491	BALANCE
Balance c/f	16,176	14,885	11,130	10,923	10,984	11,101	10,370	10,499	8,401	8,799	8,196	5,706	5,706
Larders total exp	1,163	1,530	1,373	633	1,629	1,395	2,206	1,181	843	1,462	1,789	946	
Larders total inc	1,248	736	98	996	1,056	675	854	810	637	990	163	866	
Larder P/L	85	- 795	- 1,274	364	- 573	- 720	- 1,352	- 370	- 206	- 473	- 1,626	- 80	

Choose Account

Online Donation	Inc1	Anything sent directly to the bank account or coming in via just giving etc
Cash Donation	Inc2	Cash or cheques
Funding	Inc3	Grants, funding
Interest	Inc4	
Other	Inc4B	Anything we can't fit in somewhere else!
IN TMC Larder	Inc5	Cash and sumup payments per TMC larder
IN STS Larder	Inc6	Cash and sumup payments per STS larder
IN The Oaks Larder	Inc7	Cash payments per Feast @ the Oaks larder
TMC Larder Food	ExpA	All food bought for the TMC larder
STS Larder Food	ExpA2	All food bought for the STS larder
Fareshare	ExpA3	Invoice payments to Fareshare
The Oaks Food	ExpA4	All food bought for the Oaks larder\
TMC Lunch Food	ExpJ	All food bought for lunches at TMC
TMC Lunch Activities	ExpJ2	Anything spent on activities (non-food)
STP Lunch Food	ExpK	All food bought for lunches at STP
STP Lunch Activities	ExpK2	Anything spent on activities (non-food)
Events	ExpB	
Other Lunch Food	ExpB2	Food for any other lunches eg Angel centre, Carotty wood etc
Other Lunch Activities	ExpB3	Activity spend as above
Christmas spend	ExpB4	Christmas bags, vouchers, gifts from santa
Other events	ExpB5	Anything else - e.g spend for Tonbridge calling etc
Volunteer training	ExpL	Spend on specific training courses
Volunteer food/gifts	ExpL2	Food for volunteer evenings, gifts for volunteers
Advertising & Admin	ExpC	
Insurance	ExpD	
Phone & Tech	ExpE	
Equipment	ExpF	
Stationery	ExpG	
Procured Services	ExpM	
Transfers out	ExpN	Transfers of money out to the deposit account
Sundries	ExpH	

- 1** Download all transactions from bankline (csv format)
- 2** Delete un needed columns
- 3** Put amounts into the same column
- 4** Cut and paste into relevant month sheet - cols b,c,d and f
- 5** Identify what each txn is and add an appropriate account code
 - where it's a repaying of expenses....
 - find email with receipt/s
 - if necessary add a line per item where the expenses relate to more than one code
 - add the date of the event in column e if this is from a lunch, larder, or other event
 - where this is paying off the 2 credit card balances
 - use the statement to add a line per item
 - add the date of the event in column e if this is from a lunch, larder, or other event
 - where this is paying in cash from the larders
 - use the spreadsheet from Lyn which details per larder
 - add a line per date and put the date in column e
 - separate out any donations from actual takings

For the action 5 - this is where you may need to text or call the person involved to get clarity
- 6** Copy through the amount to the correct column based on account code
- 7** The spreadsheet should then total and pull through to the TOTALS page

I report to the trustees on my examination of the accounts of FEAST for the period 1 January 2024 to 31 December 2024.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Foundation's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all of the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in black ink, appearing to read 'David Murray', with a long horizontal flourish extending to the right.

Signed:

Name: DAVID MURRAY

Independent Examiner

Date: 19/07/2025

FEAST

England & Wales - Charity number 1199711

Accounts

FEAST
(Families Eating And Sharing Together)

Annual Report and Financial Statement
For the period 4 July 2022 to 31 December 2023

About FEAST

FEAST (Families Eating And Sharing Together) is a food project based in Kent. We are passionate about tackling food inequality through various projects including the hosting of family meals during school holidays and running two community larders in the locality called FEAST Fresh.

Trustees:

- Peter Smart – Chair
- Catherine Leeson - Secretary
- Christine Ansell
- Liesje Athwal
- Sarah Hardcastle
- Felicity Layton
- Michael Smout
- Jennifer Smart

Charity number: 1199711 (England and Wales)

Principle address: Tonbridge Methodist Church
Higham Lane
Tonbridge
TN10 4JG

Review of the year / Trustees report

2022 was a busy year for FEAST. We continued with our core mission of addressing food poverty via two main projects; FEAST Lunch and FEAST Fresh. Our membership model means that guests fit our criteria, and it helps us identify further help and support, as we get to know our guests at a deeper level.

We also strengthened processes, reviewed policies and began to gather meaningful Management Information on a regular basis. This helped us to make fast decisions to reflect the changing face of poverty this year when we saw a significant upswing in the demand for our services (over 30% increase since 2021, much of this was in the last quarter of 2022).

Work on securing grants and other funding meant we could offer great social opportunities for our guests and pass on help with fuel and phone costs. Relationships with other charities also meant we could pass through individual welfare help, with guests receiving support with white goods, carpets and, through the Winter Warmers scheme supported by Tonbridge Lions, items to help them cope with the cold while managing increasing energy costs.

We were also supported by local churches and other charities to enable us to make sure every guest had a voucher to buy their Christmas turkey and a bag of 'all the trimmings' for Christmas. This, alongside the Tonbridge school fresh food market means that our guests could look forward to eating well over Christmas. Beautiful home-made blankets were also given out, gifted to us by Tonbridge Charity Crafters.

We remain so very grateful to so many organisations and people.

- Tonbridge Methodist Church, St Philips church and St Stephens church for the free use of their premises
- St Andrews Church, Paddock Wood, for rolling out lunch
- River Church, St Peter and St Pauls, St Andrews and St Saviours Churches for generous donations all year
- Others who sent us donations, particularly over Harvest Festival
- Sainsbury's Tonbridge and Co-Op, Martin Hardy Way for permanent donation points
- Fareshare, Fareshare Go and Neighbourly for access to surplus food
- All the other companies and individuals who donate money and/or goods
- And, of course, our amazing volunteers!

Facts and figures 2022

FEAST Fresh

In 2022 we ran 104 Community Larders, with an average of 45 visits per larder. In 2021 we averaged 32.5 visits per larder, so this is an increase of 38% in demand and equates to 4693 'larder visits' so 4693 big bags packed with meat, dairy, veg, fruit, tins, dried goods and bread!

439 individual households used those larder visits. If we use 3 as the average number of people in each household, we can say 1317 people in our local area benefitted from the FEAST Fresh project in 2022.

In 2021 we reached 326 households, so 2022 was an increase of 35%

By the end of 2022, 152 of these have become full members of FEAST.

To achieve this, we bought surplus food from Fareshare, purchased food from local supermarkets, picked up leftover food at the end of the day from local supermarkets and received donations of food from both companies, shops and individuals.

We spent £5,760.20 with Fareshare

We spent £12,412.32 buying food from local stores.

We estimate that we receive over £6000 worth of goods in donations per month (recording started in July 2022).

FEAST Lunch

We held 24 FEAST lunches in 2022 across 4 different Churches.

We served 646 meals across 46 families.

Thanks to some specific Reconnect funding we were able to offer social activities and were pleased to have a range; forest school, circus skills, football, skate-boarding, science workshop, drumming, arts and craft.

We also held events at the Angel Centre (with roller skating and soft play) and Carrotty Wood (with climbing, abseiling and 'the great escape').

Volunteers

None if this would be possible without our volunteers. There are no paid staff at FEAST.

As at the end of 2022 we have 112 fully active volunteers on our books with 3 more under recruitment.

Other activities

Christmas

We sent shopping vouchers worth £10, £20 or £30 (depending on household size) to 110 guests

140 bags were delivered out containing 'all the trimmings'

Fuel

We issued fuel (gas/electric) vouchers worth £49 each to 151 guests

Winter Warmers

76 households benefitted from this scheme. We distributed:

- 8 electric blankets
- 15 slow cookers
- 12 hot water bottles to 8 families
- 21 microwaves
- 19 'snugglies'
- 5 thermal curtain linings

Welfare

Tonbridge Lions Welfare fund secured two cookers, a freezer, a fridge, bunk beds and some carpets for six of our guests

Safeguarding

No safeguarding issues were reported during the period.

Risk

Risks are identified and managed across all levels of the charity. Trustees are accountable for the risks the charity takes. Strategic risks are considered by the Board at least every six months.

Reserves Policy

The Trustees recognise the need to hold sufficient free reserves to safeguard our core activities in the event of unforeseen events - such as a global pandemic and national lockdown - and to protect the organisation from unexpected funding challenges.

In the light of recent global events and after benchmarking against other similar organisations the Trustees believe that the charity should aim to hold unrestricted reserves of between 6 and 12 months of their operating expenditure.

Based on the 2022 financial year, we therefore aim to keep unrestricted reserves at between £24,000 and £48,000 over the coming year.

Towards the end of 2022, the demand for FEAST increased rapidly. We were concerned that, if numbers stayed high or even increased, we would soon struggle to accommodate all of our guests across our two weekly larders. We were wondering whether a third larder might be needed

By September 2023 our volunteer numbers had increased, including several from the Oaks Specialist College. This amazing college caters for young adults (16-25) with additional needs and looks to find opportunities for their learners to hone their skills. Following discussions, we have set up FEAST @ the Oaks, a Friday morning larder that offers ambient food to anyone unable to book a slot on Wednesday or Saturday or for our large families to have a second opportunity each week to access further food. This is going well, and the Oaks are also offering tea and coffee and a simple lunch. We are very happy with this partnership – it seems just perfect.

A highlight of 2023 was the celebration of our 5-year anniversary. Hosted at Tonbridge school, we invited volunteers, donors and the Mayor to hear more about what FEAST has achieved. It was a successful event and reminded us all of what we have achieved together. 2023 has been a year of the same; wonderful two-course lunches, and occasional brunches, offered through every school holiday and our busy larders on Wednesday, Friday & Saturday mornings.

We have secured grants and income, been blessed with new, and retained existing volunteers and continue to work with our host locations to create warm and welcoming communities. All of our guests had a voucher to buy their Christmas turkey and a bag of 'all the trimmings' to go alongside it. This, with the Tonbridge School Fresh Food market means that our guests could look forward to eating well over Christmas.

We remain so very grateful to these organisations and individuals.

- Tonbridge Methodist Church, St Philip's Church and St Stephen's Church for the free use of their premises. River Church, St Peter and St Paul, St Andrew's and St Saviour's for generous donations all year.
- Sainsbury's Tonbridge and Co-Op, Martin Hardie Way for permanent donation points. FareShare, FareShare Go and Neighbourly for access to surplus food. The local residents and community groups who run regular food drives for us. Tonbridge School for their ongoing support. The team at Dodd Group for storage, the gazebo and all their support. All the other companies and individuals who donate money and/or goods. And, of course, our amazing volunteers.

Facts & Figures 2023

FEAST Fresh

In 2023 we ran 104 Community Larders, with an average of 56 visits per larder. In 2022 we averaged 45 visits per larder, so this is an increase of 24% in demand (demand increased by 38% from 2021 to 2022). That equates to 5,807 'larder visits'; so 5,807 big bags packed with meat, dairy, veg, fruit, tins, dried goods and bread.

300 individual households used those larder visits. This is a little lower than 2022 – we are pleased that some of our guests are moving on and getting through the cost-of-living crisis.

At the end of 2023, 162 of these have become full members of FEAST. To achieve this, we bought surplus food from FareShare, purchased food from local supermarkets, picked up leftover food at the end of the day from local supermarkets and received donations of food from both companies, shops and individuals.

- We spent £8,897.75 with FareShare.
- We spent £17,447.29 buying food.

We estimate that we receive or collected over £80,550 worth of goods across 2023. This includes pick-ups from supermarkets at the end of the day, collection bins (e.g. Sainsburys), local businesses' surplus, Harvest Festival giving, churches, community groups regular donations, groups of neighbours and kind individuals. So, if we convert £80,550 into potatoes (£1.29 for 2kg), that equates to just under 125,000kg of potatoes. If left to rot, 1kg of potatoes will produce 2.5kg of CO₂ – so we can model this to suggest that we have prevented 312,500 kg of CO₂ from being released.

FEAST Lunches 2023

We held 23 FEAST lunches in 2023 across 3 different locations. We served 778 meals across 55 families. We ensure there is fresh fruit and vegetables and also use rescued food, so that we are able to offer a two-course meal, costing us on average £2.72 per meal.

Volunteers None if this would be possible without our volunteers. We have no paid staff at FEAST. As at the end of 2023 we had 130 fully active volunteers and estimate that in total they have given just under 9,000 hours to FEAST across the year.

At Christmas we gave shopping vouchers worth £10, £20 or £30 (depending on household size) to all of our members. 140 bags were sent out containing 'all the trimmings'.

Looking forward into 2024, as well as building on the success of the lunches and larders, one project that we hope to bring in to fruition is the Community Garden. If we can move ahead with this, then we envisage a partnership with other community groups and charities in Tonbridge.

We have been building a membership and welfare team who are getting to know our members at a deeper level. This gives us the opportunity to signpost them to further help. We really want to open up the opportunities our guests have to face challenges and move forwards.

As a way to increase awareness and raise funds, we will be taking part in the Tonbridge Lions Community Fete this year in June, and working with the Oaks Specialist College, we will be parading as 'Food Waste Heroes', manning a stall to raise money, build our brand and spread the word about FEAST.



CHARITY COMMISSION
FOR ENGLAND AND WALES

1199711

FEAST

CC16a

Receipts and payments accounts

For the period
from

04-Jul-22

To

31-Dec-23

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
A1 Receipts					
Charitable Acts	12,931	-	-	12,931	-
Donations & legacies		-	-	-	-
General	87,887	-	-	87,887	-
Local Government	12,350	-	-	12,350	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	113,168	-	-	113,168	
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	113,168	-	-	113,168	-
A3 Payments					
Programme Activities	60,838	-	-	60,838	-
Administration & Training	1,007	-	-	1,007	-
Finance (incl. Insurance & Subs	1,026	-	-	1,026	-

Other	97	-	-	97	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	62,968	-	-	62,968	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	62,968	-	-	62,968	-
Net of receipts/(payments)	50,200	-	-	50,200	-
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	50,200	-	-	50,200	-
Section B Statement of assets and liabilities at the end of the period					
Categories	Details	Unrestricted funds	Restricted funds	Endowment funds	
		to nearest £	to nearest £	to nearest £	
B1 Cash funds	Current Account	26,001	-	-	
	Business Reserve Account	40,113	-	-	
		-	-	-	
	Total cash funds	66,114	-	-	
		Unrestricted funds	Restricted funds	Endowment funds	
	Details	to nearest £	to nearest £	to nearest £	
B2 Other monetary assets		-	-	-	
		-	-	-	
		-	-	-	

I report to the trustees on my examination of the accounts of FEAST for the period 4 July 2022 to 31 December 2023

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Foundation's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all of the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130

of the Charities Act; or

- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Signed:

20 October 2024

Name: DAVID MURRAY

Independent Examiner