

# LIFTED LIFE CHARITY

England & Wales · Charity number 1199698

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2022-07-18

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** 75 Cranford Avenue  
Staines-Upon-Thames  
Middlesex  
TW19 7AQ

**Phone** 07832412522

**Email** [maria@liftedlife.net](mailto:maria@liftedlife.net)

**Website** [www.liftedlife.net](http://www.liftedlife.net)

## Activities

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**Objects:** TO ADVANCE THE CHRISTIAN FAITH IN LONDON AND SURREY, FOR THE BENEFIT OF THE PUBLIC IN PARTICULAR BUT NOT EXCLUSIVELY BY:• BROADCASTING CHRISTIAN MESSAGES OF AN EVANGELISTIC AND TEACHING NATURE• CARRYING OUT PASTORAL AND OUTREACH WORK INCLUDING WORK FOR THE RELIEF OF POVERTY

**Activities:** 1. PROVIDE OPPORTUNITIES FOR MUSICAL AND TECHNICAL DEVELOPMENT IN RADIO2. SIGNPOST FOR INFORMATION3. PARTNER WITH A 24/7 HELPLINE4. 24-HOUR INSPIRATIONAL RADIO STATION

## Classification

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- **How:** Provides Advocacy/advice/information
- **What:** The Prevention Or Relief Of Poverty, Religious Activities, Arts/culture/heritage/science, Other Charitable Purposes
- **Who:** Children/young People, Elderly/old People, Other Charities Or Voluntary Bodies, The General Public/mankind

## Geography

- Throughout England

## Finances

Period end	Income	Expenditure	Assets	Employees	
2025-04-05		£616	£576	-	-
2024-04-05		£612	£583	-	-
2023-04-05		£325	£293	-	-

## Trustees

Name	Role	Appointed
<b>Maria Bowen</b>	Chair	2022-07-28
Lie Wah Johnson		2024-02-12
Patricia Samms		2022-07-28
Steven Nsubuga		2024-02-12

**LIFTED LIFE CHARITY**

England & Wales - Charity number 1199698

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# Accounts

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## Trustees' Annual Report for the period

**From** 6th April 2024      **Period start date to**      **5th**      **April**      **2025**

**Charity name:** Lifted Life Charity

**Charity registration number:** 1199698

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Lifted Life Charity, registered under charity number 1199698, was established to advance the Christian faith in London and Surrey. The Charity's main objectives include broadcasting Christian messages of an evangelistic and teaching nature, as well as conducting pastoral and outreach work. This work notably includes efforts for the relief of poverty. The charity focuses on benefitting the public through these activities, as outlined in its governing document established as a CIO - Foundation on 18th July 2022.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The main activities of Lifted Life Charity, in relation to its purposes for public benefit, include operating a community-focused radio station. This station broadcasts a diverse range of music and talk shows, aiming to promote mental wellness, encourage faith, and create a sense of community. The Charity integrates music therapy, inspirational messages, and audience engagement to enhance mental health awareness and provide support. Collaborations with local organizations, mental health professionals, and volunteers are central to its operations. These activities, reflected in the Volunteer DJ Handbook, demonstrate the Charity's commitment to uplifting and supporting its community through music and broadcast media.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In preparing this report, the trustees of Lifted Life Charity have duly considered the guidance issued by the Charity Commission regarding public benefit. This includes ensuring that the Charity's activities align with the principles of public benefit as outlined in the guidance. The trustees remain committed to fulfilling their obligations under this guidance, continually

		assessing and adapting the Charity's operations to meet these standards and effectively serve the community.
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**Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

**Achievements and Performance**

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Lifted Life Charity's main achievements are catered around its innovative use of music and broadcasting to promote mental wellness and community support. Through their radio station, they have successfully created an inclusive space that offers solace, inspiration, and healing. The Charity's activities, such as music therapy sessions, engaging radio programs, and community events, have significantly impacted individuals and communities, fostering a supportive atmosphere for mental well-being. The role of our Volunteer DJs has been crucial in this mission, as they curate and broadcast music that uplifts and connects with the audience, going beyond entertainment to offer hope and encouragement for mental health challenges. The Charity's adherence to high standards in broadcasting, legal compliance, and ethical conduct has further amplified its positive impact on society.

**Additional information (optional)**

You may choose to include further statements where relevant about:

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<p>Achievements against objectives set</p>	<p>Para 1.41</p>	<p>Lifted Life Charity has successfully achieved its objectives by creating a meaningful impact through its volunteer-driven radio broadcasts. The Charity's DJs have played a pivotal role in promoting mental wellness and community support, effectively using music as a tool for healing and connection. Their diligent adherence to broadcasting standards and compliance with legal requirements has reinforced the charity's credibility. The impact of Lifted Life's work is evident in the positive feedback from listeners and the growing community engagement, demonstrating a significant contribution to the welfare of its beneficiaries and society.</p>
<p>Performance of fundraising activities against objectives set</p>	<p>Para 1.41</p>	<p>Lifted Life Charity's fundraising performance, catered around donations received through its radio broadcasts, has been promising, considering the early stage of the Charity's development. While the Charity has not yet launched its full range of activities and initiatives, the radio platform has successfully begun to generate financial support. This initial fundraising success lays a strong foundation for future growth and indicates a positive response from the community, aligning with the Charity's objectives to build engagement and support through its broadcasting efforts.</p>
<p>Investment performance against objectives</p>	<p>Para 1.41</p>	<p>The investment performance of Lifted Life Charity, prior to its formal incorporation, was pivotal in establishing its operational foundation. The initial focus was on procuring essential broadcasting equipment, such as DJ controllers and computers, funded by personal contributions from the members. This demonstrated their deep commitment to the charity's cause. Following incorporation, the Charity judiciously used donations to enhance its digital presence. This year we have modernised the website, making it much more interactive and providing study tools online.</p>
<p>Other</p>		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	£616 received by way of donations during this financial period; £576 expenditure during this financial period
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Charity holds a small reserve to assist in covering small emergencies
Amount of reserves held	Para 1.22	£40
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are currently no concerns about the Charity continuing as a going concern

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Currently, Lifted Life Charity's principal source of funding is through its radio broadcasts. The Charity relies on donations received from listeners and supporters engaged with their radio programming. This source of funds is vital for the charity's operations and growth, particularly at this stage where it is focusing on establishing its presence and impact in the community through its broadcasting activities.
Investment policy and objectives including any social investment policy adopted	Para 1.46	Lifted Life Charity's investment policy and objectives are centered on utilizing resources efficiently to further its mission. Currently, the focus is on investing in essential infrastructure and equipment needed for effective broadcasting and operations. This includes investments in technology like DJ equipment and software for radio broadcasting. The charity also prioritizes investments that enhance its digital presence, such as website development and online broadcasting platforms. There is no specific social investment policy adopted at this time, as the primary investment goal is building a strong operational base to support its core activities.
A description of the principal risks facing the charity	Para 1.46	Lifted Life Charity faced principal risks primarily related to the COVID-19 pandemic. The lockdowns and restrictions significantly impacted fundraising opportunities and community engagement, leading to limited donations. The reliance on a single source of funding, through radio broadcasts, also presented a risk due to potential fluctuations in listener engagement and support. Additionally, operational challenges, including adapting to remote

		broadcasting and maintaining volunteer involvement during lockdowns, were key risks that the charity needed to navigate.
Other		

## Structure, Governance and Management

Description of charity's trusts:		Lifted Life Charity does not hold specific funds or assets designated as trusts. Financial contributions primarily come from the CEO's monthly donation of £51, which is used to pay for the Radio.co platform, enabling the charity to broadcast its programming. Additionally, listener donations are collected and held in the Lifted Life account. This structure indicates a straightforward financial model focused on maintaining essential operational capabilities, particularly the radio broadcasting service, which is central to the charity's activities.
Type of governing document (trust deed, royal charter)	Para 1.25	The governing document for Lifted Life Charity is a Charitable Incorporated Organization (CIO) - Foundation type.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Lifted Life Charity is constituted as a Charitable Incorporated Organization (CIO) - Foundation type. This legal structure is specifically chosen for its suitability for charities in the UK, offering benefits such as limited liability and a separate legal identity. This allows the Charity to conduct its business, hold assets, and enter into contracts in its own name, providing a solid and flexible framework for its operations and governance.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The trustee selection method for Lifted Life Charity, a foundation Charitable Incorporated Organization (CIO), involves the current trustees appointing new trustees. This method, detailed in their governing document, ensures a coherent and mission-aligned expansion of the trustee board. This process allows the charity to maintain continuity in its governance and strategic direction, aligning with its core mission and values. The trustees are responsible for ensuring that new appointees are fit and proper persons to act in such a capacity, maintaining the integrity and effectiveness of the charity's governance.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the	Para 1.51	

charity works		
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Lifted Life Charity
Other name the charity uses	Lifted Life
Registered charity number	1199698
Charity's principal address	75 Cranford Avenue, Staines-Upon-Thames, Middlesex, TW19 7AQ

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Maria Bowen	CEO		Maria Bowen
2	LieWah Johnson	Trustee		
3	Patricia Samms	Trustee		
4	Steve Nsubuga	Trustee		
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**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	M BOWEN	
<b>Full name(s)</b>	MARIA BOWEN	
<b>Position (eg Secretary, Chair, etc)</b>	CEO	
<b>Date</b>	04.03.2026	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

LIFTED LIFE CHARITY  
LIFTED LIFE CHARITY

No (if any)  
1199698

CC16a

## Receipts and payments accounts

For the period from	Period start date 06/04/2024	To	Period end date 05/04/2026
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
	616	-	-	616	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>616</b>	<b>-</b>	<b>-</b>	<b>616</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>325</b>	<b>-</b>	<b>-</b>	<b>325</b>	<b>-</b>
<b>A3 Payments</b>					
	293	-	-	293	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>293</b>	<b>-</b>	<b>-</b>	<b>293</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>576</b>	<b>-</b>	<b>-</b>	<b>576</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>40</b>	<b>-</b>	<b>-</b>	<b>40</b>	<b>-</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<b>Cash funds this year end</b>	<b>40</b>	<b>-</b>	<b>-</b>	<b>40</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	<b>Details</b>	<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>	<b>When due (optional)</b>
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	M BOWEN	MARIA BOWEN	04/03/2026	

**LIFTED LIFE CHARITY**

England & Wales - Charity number 1199698

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# Accounts

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# Trustees' annual report for the period



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

Period start date  Period end date

Charity name  Charity No (if any)

## Objectives and Activities

	<b>SORP reference</b>	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<input type="text" value="The Charity exists to support the mental and spiritual wellness of its listeners by delivering a Christian message through radio and events ."/>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<input type="text" value="Broadcasting programmes via the medium of radio"/>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<input type="text" value="The trustees have ensured that they have had regard to the guidance issued by the Charity Commission on public benefit"/>

## Additional information (optional)

You may choose to include further statements where relevant about:

	<b>SORP reference</b>	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

## Achievements and Performance

	<b>SORP reference</b>	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	The Charity has continued to broadcast its radio programmes during this financial year. We have identified the weaknesses of our previous platform and have changed to a more professional platform, which will enable our listeners to engage directly with the presenters, making for a much more interactive experience for our listeners.

### Additional information (optional)

You may choose to include further statements where relevant about:

	<b>SORP reference</b>	
Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

	<b>SORP reference</b>	
Review of the charity's financial position at the end of the period	Para 1.21	The Charity has been able to cover our basic expenditure this year and is not in deficit.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	It is the Charity's intention to hold a small reserve to cover any unforeseen emergency when funds allow
Amount of reserves held	Para 1.22	None
Reasons for holding zero reserves	Para 1.22	Funds are insufficient currently to hold a reserve
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	N/A

### Additional information (optional)

You may choose to include further statements where relevant about:

	<b>SORP reference</b>	
The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

<b>Description of charity's trusts:</b>	<b>SORP reference</b>	
Type of governing document (trust deed, royal charter)	Para 1.25	<a href="#">Charity foundational model constitution</a>
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	<a href="#">Charitable Incorporated Organisation</a>
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	<a href="#">Meeting of Trustees called to select new trustees</a>

### Additional information (optional)

You may choose to include further statements where relevant about:

	<b>SORP reference</b>	
Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

## Reference and Administrative details

Charity name	LIFTED LIFE CHARITY
Other name the charity uses	N/A
Registered charity number	119698
Charity's principal address	75 CRANFORD AVENUE, STANWELL, MIDDLESEX TW19 7AQ

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	MARIA BOWEN		2022 to current year	
2	PATRICIA SAMMS		2022 to current year	
3	LIE WAH CHOW		2023 to current year	
4	STEPHEN SUBUGA		2023 to current year	
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## Reference and Administrative details

(cont)

Corporate trustees – names of the directors at the date the report was approved

Director name		
N/A		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	
N/A		

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	N/A
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	N/A
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	N/A

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

#### Exemptions from disclosure

Reason for non-disclosure of key personnel details

#### Other optional information

## Declarations

The trustees declare that they have approved the trustees' report above.

### Signed on behalf of the charity's trustees

Signature(s)

M BOWEN

Full name(s)

MARIA BOWEN

Position (eg Secretary,  
Chair, etc)

CEO

Date

07/03/2025

LIFTED LIFE CHARITY ACCOUNT  
75 CRANFORD AVENUE  
STAINES UPON THAMES  
MIDDLESEX  
TW19 7AQ

Your Account

**Sort Code** 30-96-26  
**Account Number** 70577668

TREASURERS ACCOUNT

01 April 2023 to 30 April 2023

<b>Money In</b>	£50.00	<b>Balance on 01 April 2023</b>	£25.36
<b>Money Out</b>	£36.47	<b>Balance on 30 April 2023</b>	£38.89

Your Transactions

Date	Description	Type	Money In (£)	Money Out (£)	Balance (£)
17 Apr 23	M MASON-THOMPSON RADIOJAR	FPI	50.00		75.36
28 Apr 23	RCS TECHNOLOGIES G EUROS 40.00 VISAXR	DEB		35.50	39.86
28 Apr 23	NON-GBP TRANS FEE 2.75% CD 2114	DEB		0.97	38.89

Transaction types

<b>BGC</b> Bank Giro Credit	<b>BP</b> Bill Payments	<b>CHG</b> Charge	<b>CHQ</b> Cheque
<b>COR</b> Correction	<b>CPT</b> Cashpoint	<b>DD</b> Direct Debit	<b>DEB</b> Debit Card
<b>DEP</b> Deposit	<b>FEE</b> Fixed Service	<b>FPI</b> Faster Payment In	<b>FPO</b> Faster Payment Out
<b>MPI</b> Mobile Payment In	<b>MPO</b> Mobile Payment Out	<b>PAY</b> Payment	<b>SO</b> Standing Order
<b>TFR</b> Transfer			

**LIFTED LIFE CHARITY**

England & Wales - Charity number 1199698

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# Accounts

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## Trustees' Annual Report for the period

From 18<sup>th</sup> July 2022      Period start date to      5<sup>th</sup> April 2023

**Charity name:** Lifted Life Charity

**Charity registration number:** 1199698

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	Lifted Life Charity, registered under charity number 1199698, was established to advance the Christian faith in London and Surrey. The Charity's main objectives include broadcasting Christian messages of an evangelistic and teaching nature, as well as conducting pastoral and outreach work. This work notably includes efforts for the relief of poverty. The charity focuses on benefitting the public through these activities, as outlined in its governing document established as a CIO - Foundation on 18th July 2022.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	The main activities of Lifted Life Charity, in relation to its purposes for public benefit, include operating a community-focused radio station. This station broadcasts a diverse range of music and talk shows, aiming to promote mental wellness, encourage faith, and create a sense of community. The Charity integrates music therapy, inspirational messages, and audience engagement to enhance mental health awareness and provide support. Collaborations with local organizations, mental health professionals, and volunteers are central to its operations. These activities, reflected in the Volunteer DJ Handbook, demonstrate the Charity's commitment to uplifting and supporting its community through music and broadcast media.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	In preparing this report, the trustees of Lifted Life Charity have duly considered the guidance issued by the Charity Commission regarding public benefit. This includes ensuring that the Charity's activities align with the principles of public benefit as outlined in the guidance. The trustees remain committed to fulfilling their obligations under this guidance, continually

		assessing and adapting the Charity's operations to meet these standards and effectively serve the community.
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**Additional information (optional)**

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

**Achievements and Performance**

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Lifted Life Charity's main achievements are catered around its innovative use of music and broadcasting to promote mental wellness and community support. Through their radio station, they have successfully created an inclusive space that offers solace, inspiration, and healing. The Charity's activities, such as music therapy sessions, engaging radio programs, and community events, have significantly impacted individuals and communities, fostering a supportive atmosphere for mental well-being. The role of our Volunteer DJs has been crucial in this mission, as they curate and broadcast music that uplifts and connects with the audience, going beyond entertainment to offer hope and encouragement for mental health challenges. The Charity's adherence to high standards in broadcasting, legal compliance, and ethical conduct has further amplified its positive impact on society.

**Additional information (optional)**

You may choose to include further statements where relevant about:

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<p>Achievements against objectives set</p>	<p>Para 1.41</p>	<p>Lifted Life Charity has successfully achieved its objectives by creating a meaningful impact through its volunteer-driven radio broadcasts. The Charity's DJs have played a pivotal role in promoting mental wellness and community support, effectively using music as a tool for healing and connection. Their diligent adherence to broadcasting standards and compliance with legal requirements has reinforced the charity's credibility. The impact of Lifted Life's work is evident in the positive feedback from listeners and the growing community engagement, demonstrating a significant contribution to the welfare of its beneficiaries and society.</p>
<p>Performance of fundraising activities against objectives set</p>	<p>Para 1.41</p>	<p>Lifted Life Charity's fundraising performance, catered around donations received through its radio broadcasts, has been promising, considering the early stage of the Charity's development. While the Charity has not yet launched its full range of activities and initiatives, the radio platform has successfully begun to generate financial support. This initial fundraising success lays a strong foundation for future growth and indicates a positive response from the community, aligning with the Charity's objectives to build engagement and support through its broadcasting efforts.</p>
<p>Investment performance against objectives</p>	<p>Para 1.41</p>	<p>The investment performance of Lifted Life Charity, prior to its formal incorporation, was pivotal in establishing its operational foundation. The initial focus was on procuring essential broadcasting equipment, such as DJ controllers and computers, funded by personal contributions from the members. This demonstrated their deep commitment to the charity's cause. Following incorporation, the Charity judiciously used donations to enhance its digital presence. This included hiring a web technician for website development and transitioning to Radio.co, a comprehensive internet radio broadcasting platform. These strategic investments were critical in enhancing the charity's broadcasting capabilities, expanding its reach, and laying a solid foundation for future growth and impact.</p>
<p>Other</p>		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	£325 received by way of donations during this financial period; £293 expenditure during this financial period
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The Charity holds a small reserve to assist in covering small emergencies
Amount of reserves held	Para 1.22	£32
Reasons for holding zero reserves	Para 1.22	N/A
Details of fund materially in deficit	Para 1.24	N/A
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	There are currently no concerns about the Charity continuing as a going concern

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Currently, Lifted Life Charity's principal source of funding is through its radio broadcasts. The Charity relies on donations received from listeners and supporters engaged with their radio programming. This source of funds is vital for the charity's operations and growth, particularly at this stage where it is focusing on establishing its presence and impact in the community through its broadcasting activities.
Investment policy and objectives including any social investment policy adopted	Para 1.46	Lifted Life Charity's investment policy and objectives are centered on utilizing resources efficiently to further its mission. Currently, the focus is on investing in essential infrastructure and equipment needed for effective broadcasting and operations. This includes investments in technology like DJ equipment and software for radio broadcasting. The charity also prioritizes investments that enhance its digital presence, such as website development and online broadcasting platforms. There is no specific social investment policy adopted at this time, as the primary investment goal is building a strong operational base to support its core activities.
A description of the principal risks facing the charity	Para 1.46	During the period of 18 <sup>th</sup> July 2022 to 5 <sup>th</sup> April 2023, Lifted Life Charity faced principal risks primarily related to the COVID-19 pandemic. The lockdowns and restrictions significantly impacted fundraising opportunities and community engagement, leading to limited donations. The reliance on a single source of funding, through radio broadcasts, also presented a risk due to potential fluctuations in listener engagement and support. Additionally, operational challenges, including adapting to remote

		broadcasting and maintaining volunteer involvement during lockdowns, were key risks that the charity needed to navigate.
Other		

## Structure, Governance and Management

Description of charity's trusts:		Lifted Life Charity does not hold specific funds or assets designated as trusts. Financial contributions primarily come from the CEO's monthly donation of £35, which is used to pay for the Radiojar platform, enabling the charity to broadcast its programming. Additionally, listener donations are collected and held in the Lifted Life account. This structure indicates a straightforward financial model focused on maintaining essential operational capabilities, particularly the radio broadcasting service, which is central to the charity's activities.
Type of governing document (trust deed, royal charter)	Para 1.25	The governing document for Lifted Life Charity is a Charitable Incorporated Organization (CIO) - Foundation type.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Lifted Life Charity is constituted as a Charitable Incorporated Organization (CIO) - Foundation type. This legal structure is specifically chosen for its suitability for charities in the UK, offering benefits such as limited liability and a separate legal identity. This allows the Charity to conduct its business, hold assets, and enter into contracts in its own name, providing a solid and flexible framework for its operations and governance.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The trustee selection method for Lifted Life Charity, a foundation Charitable Incorporated Organization (CIO), involves the current trustees appointing new trustees. This method, detailed in their governing document, ensures a coherent and mission-aligned expansion of the trustee board. This process allows the charity to maintain continuity in its governance and strategic direction, aligning with its core mission and values. The trustees are responsible for ensuring that new appointees are fit and proper persons to act in such a capacity, maintaining the integrity and effectiveness of the charity's governance.

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the	Para 1.51	

charity works		
Relationship with any related parties	Para 1.51	
Other		

### Reference and Administrative details

Charity name	Lifted Life Charity
Other name the charity uses	Lifted Life
Registered charity number	1199698
Charity's principal address	75 Cranford Avenue, Staines-Upon-Thames, Middlesex, TW19 7AQ

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Maria Bowen	CEO	28 July 2022	Maria Bowen
2	Raymond Price	Trustee	28 July 2022	
3	Patricia Samms	Trustee	28 July 2022	
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

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## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>	M BOWEN	
<b>Full name(s)</b>	MARIA BOWEN	
<b>Position (eg Secretary, Chair, etc)</b>	CEO	
<b>Date</b>	31.01.2024	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

LIFTED LIFE CHARITY  
LIFTED LIFE CHARITY

No (if any)  
1199698

CC16a

## Receipts and payments accounts

For the period from	Period start date 18/07/2022	To	Period end date 05/04/2023
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
	325	-	-	325	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>325</b>	<b>-</b>	<b>-</b>	<b>325</b>	<b>-</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>325</b>	<b>-</b>	<b>-</b>	<b>325</b>	<b>-</b>
<b>A3 Payments</b>					
	293	-	-	293	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>293</b>	<b>-</b>	<b>-</b>	<b>293</b>	<b>-</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>293</b>	<b>-</b>	<b>-</b>	<b>293</b>	<b>-</b>
<b>Net of receipts/(payments)</b>	<b>32</b>	<b>-</b>	<b>-</b>	<b>32</b>	<b>-</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
<b>Cash funds this year end</b>	<b>32</b>	<b>-</b>	<b>-</b>	<b>32</b>	<b>-</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	-	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	<b>Fund to which asset belongs</b>	<b>Cost (optional)</b>	<b>Current value (optional)</b>
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	<b>Details</b>	<b>Fund to which liability relates</b>	<b>Amount due (optional)</b>	<b>When due (optional)</b>
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	M BOWEN	MARIA BOWEN	31.01.2024	