

ETHNIC HEALTH FORUM

England & Wales · Charity number 1199687

Details

Status Registered

Legal form CIO

Registered 2022-07-18

Register [View on the Charity Commission register](#)

Contact

Address Ethnic Health Forum
City View House
5 Union Street
Ardwick
Manchester
M12 4JD

Phone 07918830170

Email info@ethnichealth.org.uk

Website www.ethnichealth.org.uk

Activities

Objects: 1)TO DEVELOP THE CAPACITY AND SKILLS OF THE MEMBERS OF THE MINORITY ETHNIC COMMUNITIES IN THE UNITED KINGDOM AND IN THE DEVELOPING COUNTRIES IN SUCH A WAY THAT THEY ARE BETTER ABLE TO IDENTIFY, AND HELP MEET THEIR HEALTH AND SOCIAL CARE NEEDS AND ENABLE THEM TO PARTICIPATE MORE FULLY IN THE LOCAL SOCIETY2)THE PROMOTION OF EQUALITY AND DIVERSITY FOR THE PUBLIC BENEFIT BYA)PROMOTING ACTIVITIES TO FOSTER UNDERSTANDING BETWEEN PEOPLE FROM DIVERSE BACKGROUNDS IN HEALTH AND SOCIAL CARE.B)CONDUCTING OR COMMISSIONING RESEARCH ON EQUALITY AND DIVERSITY ISSUES IN HEALTH AND SOCIAL SCIENCES AND PUBLISHING THE RESULTS TO THE PUBLIC.C)CULTIVATING A SENTIMENT IN FAVOUR OF EQUALITY AND DIVERSITY.3)THE PROMOTION OF RACIAL HARMONY FOR THE PUBLIC BENEFIT BY WORKING TOWARDS THE ELIMINATION OF DISCRIMINATION IN HEALTH AND SOCIAL CARE SERVICES ON THE GROUNDS OF RACE, CULTURE, LANGUAGE AND RELIGION.4)THE PROMOTION OF SUSTAINABLE DEVELOPMENT FOR THE BENEFIT OF THE PUBLIC BY:A)THE RELIEF OF POVERTY AND THE IMPROVEMENT OF THE CONDITIONS OF LIFE IN SOCIALLY AND DISADVANTAGED COMMUNITIES(THE PROMOTION OF SUSTAINABLE MEANS OF ACHIEVING GROWTH AND REGENERATION IN HEALTH, SOCIAL CARE AND PERSONAL DEVELOPMENT. SUSTAINABLE DEVELOPMENT MEANS "DEVELOPMENT WHICH MEET THE NEEDS OF THE PRESENT WITHOUT COMPROMISING THE ABILITY OF FUTURE GENERATIONS TO MEET THEIR OWN NEEDS")5 TO ADVANCE THE EDUCATION OF THE PUBLIC IN THE SUBJECT OF HEALTH, SOCIAL CARE AND PERSONAL DEVELOPMENT.

Activities: 1. Pathway to Prosperity Plus (P2P Plus)2. English Language Conversational Club3. Digital Community Empowerment4. Manchester Happy Homes Project5. Salford Happy Homes Project6. Manchester Living -Well Mental Health Peer Support Service7. Research Capacity Building8. Digital Inclusion9. Volunteering10. Psychosocial Perinatal Peer Support11. Mental Health Wellbeing Sessions.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information, Sponsors Or Undertakes Research
- **What:** General Charitable Purposes, Economic/community Development/employment, Human Rights/religious Or Racial Harmony/equality Or Diversity
- **Who:** People Of A Particular Ethnic Or Racial Origin

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-04-30	£252,564	£230,468	-	-
2024-04-30	£211,838	£199,228	-	-
2023-04-30	£137,328	£109,970	-	-

Trustees

Name	Role	Appointed
HAMID MAHMOOD ZAFAR		2024-06-11
USMAN AKRAM		2024-06-11
Zainab Yusuf		2024-06-11

ETHNIC HEALTH FORUM

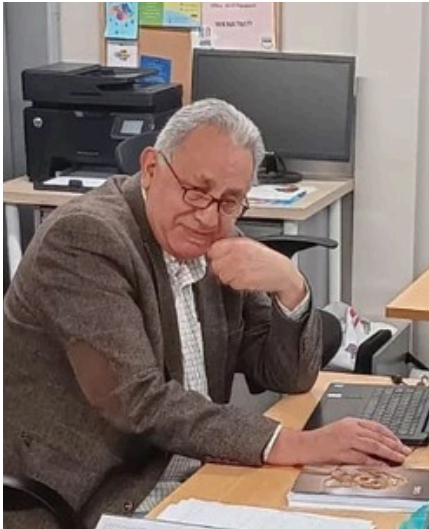
England & Wales - Charity number 1199687

Accounts



2025 Annual Report

FOREWORD



Dear Friends and Supporters,

It's with immense pride and gratitude that I reflect on the past year at Ethnic Health Forum. This has been a remarkable journey, and thanks to your unwavering support that we have been able to advance our mission of promoting health and empowering our diverse communities.

This past year, we have focused on tangible, impactful programs. We successfully delivered our Pathway to Prosperity Plus and Happy Homes Projects, in addition to women Yoga and Men's badminton programmes.

As we look to the future, we are filled with optimism and a renewed sense of purpose. We are committed to building on this momentum, expanding our reach, and continuing to be a steadfast advocate for health equity.

Your partnership is the engine that drives our progress, and we are deeply grateful for your trust and generosity. Thank you for being a vital part of the Ethnic Health Forum family.

Hanif Bobat,
Chief Officer



A Year's Overview

WHERE WE ARE NOW



The Ethnic Health Forum (EHF), established in 2002, is dedicated to enhancing the well-being of underserved ethnic minority communities in Greater Manchester. Our approach is multifaceted, offering a range of health and social care programs including welfare rights advice, digital learning, English language skills, psychological support, perinatal psychosocial support and advocacy. Our success is built on a collaborative method that involves stakeholders and local communities who codesign and help us co-create solutions, which is a best practice for achieving lasting positive results.

We are committed to innovative approaches to service delivery, grounded in a deep understanding of the cultural contexts and sensitivities inherent to our diverse communities. This enables us to provide culturally competent and tailored interventions that are both effective and respectful. We are a forward thinking organisation and thanks to Allied Manchester Business School volunteer students, we have introduced Social Return On Investment (SROI) calculations in our data for evaluating the social value our programmes are producing.



OUR PARTNERS & SUPPORTERS



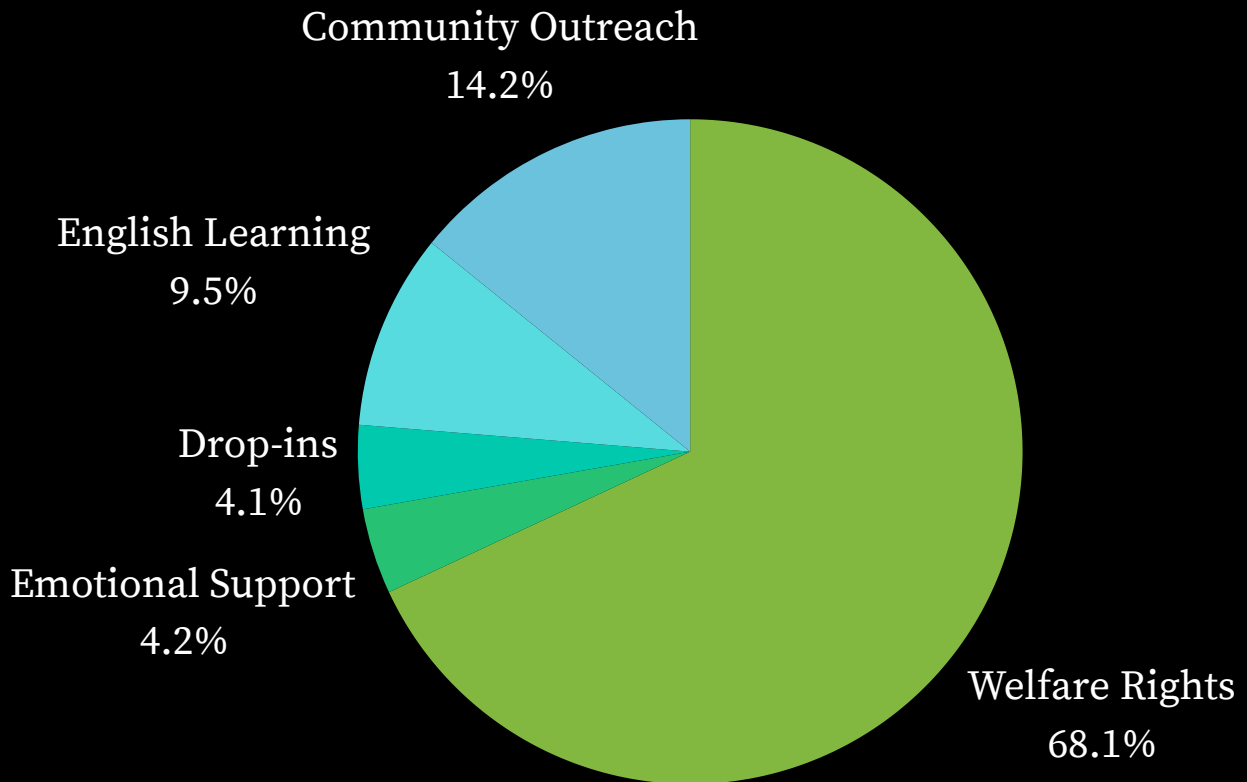
KEY ACHIEVEMENTS

- Over the past five years, EHF has consistently served an average of over 1000 clients annually, primarily from South Asian and Middle Eastern communities.
- The Manchester Happy Homes Project (MHHP) has successfully provided perinatal support to 85 marginalized ethnic minority families in specific areas of Manchester. This support covers the period from pregnancy up to 12 months after the baby's birth.
- The DigitAll program has empowered mothers through digital literacy and online peer support groups, demonstrating a commitment to bridging the digital divide within the community.
- EHF offers a wide range of health and social care programs, including welfare rights advice, digital learning, English language skills, psychological support, and advocacy, to address the diverse needs of the community.
- The organization has established strong partnerships with key stakeholders, including Saint Mary's Midwifery Unit, Manchester City Council, and the NHS, which enables it to effectively deliver its services and address health disparities.
- The EHF's commitment to rigorous monitoring and evaluation, as demonstrated in the documents, allows it to make data-driven decisions and ensure its services are effective and have a tangible impact.

Last Year's

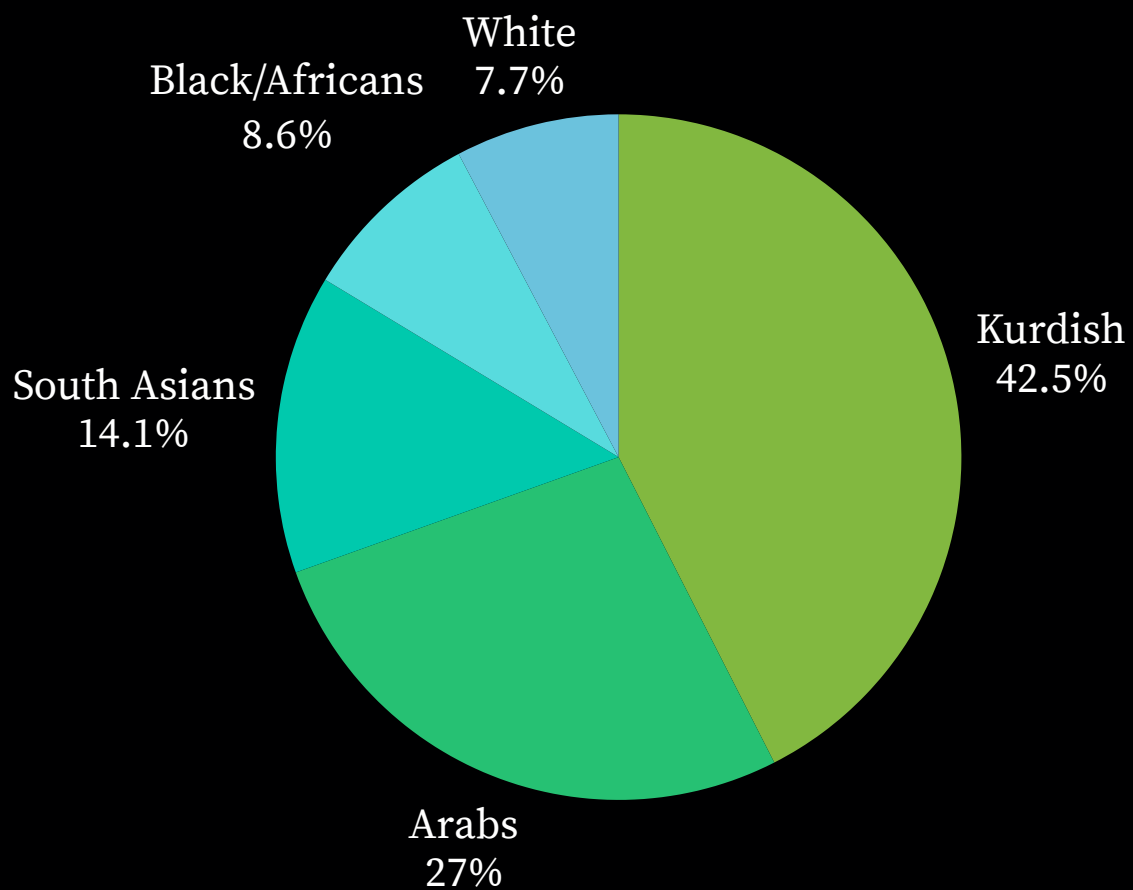
PATHWAY TO PROSPERITY PLUS - P2P+

Reports are widely used by companies for documenting projects, cash flow and finances, employee performance, marketing st



The Pathway to Prosperity Plus project has continued to deliver comprehensive support in its second year, addressing a range of needs within the community. Our services, which include welfare rights advice, English language conversational sessions, digital literacy and psychological support, have been instrumental in improving the well-being and stability of our clients. Notably, our efforts in welfare rights have led to clients successfully claiming an average of £17654 in monthly financial benefits over the last six months, significantly improving their financial stability.

The program's focus on holistic support also includes a strong emphasis on volunteering and psychological support. By providing volunteering opportunities, we have helped clients gain practical experience, build valuable skills, and establish local professional networks, which in turn enhances their employability. The peer support for psychological well-being has strengthened community resilience and support networks, providing a vital resource for those facing mental health challenges and reducing isolation. These combined achievements highlight the project's success in addressing both the financial and personal development needs of our clients.





HAPPY HOMES PROJECT

The Manchester Happy Homes Project (MHHP) and Salford Happy Homes Project have demonstrated significant success in providing comprehensive psychosocial support to marginalized ethnic minority families in Greater Manchester during the crucial perinatal period. The project, led by a dedicated team of five women from diverse ethnic backgrounds, has successfully assisted 85 families in areas such as Gorton, Longsight, Moss Side, and Levenshulme over the past six months. This vital assistance spans from pregnancy until the baby is 12 months old, bridging a critical service gap for disadvantaged communities and complementing local midwifery and health visiting services.

Beyond direct family support, a key achievement of the project is the creation of a digital community through its "DigitAll" initiative. This has led to the establishment of three vibrant online peer support groups on WhatsApp for Kurdish, South Asian, and Arabic-speaking women. These groups serve as dynamic platforms where mothers can access and share valuable information on health and family support, while also providing a safe space to discuss perinatal concerns and offer peer support advice. This transformative digital approach ensures mothers are not only supported but are also actively engaged in a supportive community tailored to their needs.



LIVING WELL MENTAL HEALTH - PEER SUPPORT WORK

The "Manchester Living Well" Peer Support work is a collaboration of Manchester VCSE and NHS Living-well teams. The Ethnic Health Forum participation in this programme is aimed at helping individuals with mental health challenges, especially those who may not be adequately served by traditional primary and secondary care. A key component of this service is the use of lived experience to inform and guide the support provided. Peer support workers hold a caseload and offer a "valued listening ear". They also connect with peer support groups across the city to help clients access ongoing support. The service is built on the belief that building trusting and kind relationships can make a significant difference in a person's life.

LIVING LIFE TO THE FULL (LLTTF)

The "Manchester Living Well" Peer Support Programme is a key initiative of the Ethnic Health Forum, designed to provide emotional and mental support to clients and build their resilience. As part of this program, the organization has successfully delivered three workshops to its clients:

"Living Life to the Full," "Reclaim Your Life," and "Enjoy Your Baby." These workshops equip individuals with practical tools and strategies to help them manage stress and other mental health challenges.

Ethnic Health Forum also organised a half day training on "Empty Your mind - Stress management" as part of a series in helping communities to improve mental health and wellbeing.

New Initiative-2024-25

QUALIFICATIONS & SKILLS INTEGRATION & UPGRADATION SERVICE - QSIUS




The Qualifications and Skills Integration & Upgradation Service (QSIUS) is a new initiative from the Ethnic Health Forum designed to help migrant community members overcome the professional challenges they face in the UK. Many of these individuals have a wealth of qualifications and experience from their home countries that are not recognised here, creating a significant barrier to finding suitable employment.

This program addresses these issues head-on by providing personalised, multilingual support. Our team work with each client to assess and reframe their existing skills, adapting their CVs to highlight transferrable abilities that are valuable in the UK job market. We also help them seek entry-level opportunities to gain local experience and guide them toward alternative educational pathways to upgrade their qualifications. This process, which we refer to as the "Staircase Rule," empowers clients to start small, build confidence and local knowledge, and progress toward their long-term career goals.

The QSIUS program is a testament to our commitment to empowering individuals and ensuring that no one is left behind due to systemic barriers.








**Join
YOGA
for
WOMEN**

Every
Tuesday, Thursday & Friday
9:00 AM
at Marlborough Road Academy,
Dudley Street, Salford M7 4XD

Every
Monday
9:00 AM
at Unity Community Primary School, The
nursery building, 41 Allesley
Drive, Cheetwood, Manchester, M7 4YE

Call or WhatsApp
07865 762106



TASTE & TALK
Family Cooking & English Learning

Bring families together through
FOOD, LANGUAGE & CULTURE

Taste & Talk offers families a unique experience to cook, taste and talk English together!

Children aged 6-11 and their parents are invited to:
Shop for ingredients
Cook a healthy meal at home
Bring & share their meal with others
Enjoy fun conversations & activities

HOW TO TAKE PART?

1. Attend Monday session at 3.30 pm at school
2. Receive £20 cash to shop for ingredients
3. Prepare a healthy meal with your child at home
4. Bring your food for four people to the next Monday session
5. Enjoy sharing food, stories, and meeting other families






Ethnic Health Forum (Charitable Incorporated Organisation)

Charity No. 1199687 (1123223)

STATEMENT OF FINANCIAL ACTIVITIES

FOR THE YEAR ENDED 30 APRIL 2025

				2025	2024
INCOME FROM:	Notes	Restricted Funds £	Unrestricted Funds £	Total £	Total £
Charitable Activities	4	184,926	67,638	252,564	
Grand Total		184,926	67,638	252,564	211,838
EXPENDITURE ON					
Charitable Expense	5	185,613	44,855	230,468	
Grand Total		185,613	44,855	230,468	199,228
Net Movement in Funds		(687)	22,783	22,096	12,610
Reconciliation of Funds					
Funds brought forward	3	85,281	38,169	123,450	110,840
Funds carried forward	3	84,594	60,952	145,546	123,450

All income and expenditure derive from continuing activities.

The statement of financial activities includes all gains and losses recognised during the year.

The notes on pages 12 to 17 form part of these financial statements.

Ethnic Health Forum (Charitable Incorporated Organisation)

Charity No. 1199687 (1123223)

BALANCE SHEET

AS AT 30 APRIL 2025

	Notes	£	2025 £	£	2024 £
FIXED ASSETS					
Tangible Fixed Assets	8		1,242		1,553
CURRENT ASSETS					
Debtors	9	-	-	-	-
Cash Deposits		-	-	-	-
Cash at Bank and in Hand		<u>170,153</u>	<u>168,292</u>		
		170,153	168,292		
CREDITORS					
Amounts falling due within one year	10	<u>73,533</u>	<u>52,988</u>		
NET CURRENT ASSETS			96,620		115,303
TOTAL NET ASSETS			97,863		116,856
THE FUNDS OF THE CHARITY					
Unrestricted	3		60,952		38,169
Restricted	3		84,594		85,281
Total Charity Funds			145,546		123,450

The notes on pages 12 to 17 form part of these financial statements.

Ethnic Health Forum (Charitable Incorporated Organisation)

Charity No. 1199687 (1123223)

**STATEMENT OF CASH FLOWS
FOR THE YEAR ENDING 30 APRIL 2025**

RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Current Year £	Prior Year £
Net movement in funds	22,096	12,610
Add back depreciation	311	388
Deduct investment income	-	-
Decrease/(increase) in debtors	-	-
Increase/(decrease) in creditors	(20,545)	(217)
Net cash used in operating activities	1,861	12,781
Cash flows from investment activities:		
Interest	-	-
Purchase of fixed assets	-	-
Net cash provided by investing activities	-	-
Increase/(decrease) in cash and cash equivalents during the year	1,861	12,781
Cash and cash equivalents brought forward	168,292	155,511
Cash and cash equivalents carried forward	170,153	168,292

The notes on pages 12 to 17 form part of these financial statements.

Ethnic Health Forum (Charitable Incorporated Organisation)

Charity No. 1199687 (1123223)

Notes to the Financial Statements Year Ended 30 April 2025

1. Summary of Significant Accounting Policies

(a) General information and basis of preparation

Ethnic Health Forum is a Charitable Incorporated Organisation registered in England and Wales. The address of the registered office is given in the charity information on our website (www.ethnichealth.org.uk).

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling, which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in preparing these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

(b) Funds

Unrestricted funds are available for use at the trustees' discretion in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that the trustees have set aside for particular purposes. The aim and use of each designated fund are set out in the notes to the financial statements.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the charity for particular purposes. The cost of raising and administering such funds is charged against the specific fund. The aim and use of each restricted fund are set out in the notes to the financial statements.

(c) Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA); when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably, and the income is probable to be received.

For donations to be recognised, the charity will be notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity, and it is probable that they will be fulfilled.

No amount of volunteer time is included in the financial statements in line with the SORP.

Ethnic Health Forum (Charitable Incorporated Organisation)

Charity No. 1199687 (1123223)

(c) Income recognition (continued)

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services to raise funds and is recognised when entitlement occurs.

Income from the government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met; the income will probably be received, and the amount can be measured reliably. If entitlement is not met, then these amounts are deferred.

(d) Expenditure recognition

All expenditure is accounted for on an accrual basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties; the settlement will probably be required, and the obligation amount can be measured reliably. It is categorised under the following headings:

Expenditure on charitable activities:

Comprises those costs incurred by the charity in delivering its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Expenditure on raising funds:

Comprises costs which are directly attributable to the charity's fundraising activities for its charitable purposes and includes costs of all fundraising events and non-charitable trading.

Irrecoverable VAT is charged as an expense against the activity for which the expenditure arose.

Grants payable to third parties are within the charitable objectives. Where unconditional grants are offered, this is accrued as soon as the recipient is notified of the grant, giving rise to a reasonable expectation that the recipient will receive the grants. Where grants are conditional, relating to performance, then the grant is only accrued when any unfulfilled conditions are outside the charity's control.

(e) Tangible fixed assets

Tangible fixed assets are stated at a cost less than accumulated depreciation.

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost, less estimated residual value of each asset on a systematic basis over its expected useful life as follows:

Computer equipment 33% straight line

(f) Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and are receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

Ethnic Health Forum (Charitable Incorporated Organisation)

Charity No. 1199687 (1123223)

(g) Foreign currency

Foreign currency transactions are initially recognised by applying to the foreign currency amount to the spot exchange rate between the functional currency and the foreign currency at the date of the transaction.

Monetary assets and liabilities denominated in a foreign currency at the balance sheet date are translated using the closing rate.

(h) Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled to be recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

(i) Tax

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore, it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively for charitable purposes.

(j) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe no material uncertainties exist. The trustees have considered the funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure are sufficient, along with the level of reserves, for the charity to continue as a going concern.

2. INCOME

This represents grants, contracts, service level agreements, and sundry income receivables for providing care and social welfare services.

3. FUNDS OF THE CHARITY FOR THE YEAR 2025

	2025	2024
	£	£
Unrestricted	60,952	38,169
Restricted	84,594	85,281
Total Charity Funds	145,546	123,450

Ethnic Health Forum (Charitable Incorporated Organisation)

Charity No. 1199687 (1123223)

4. INCOME FROM CHARITABLE ACTIVITIES FOR THE YEAR 2025

Related Projects	£
COMMUNITY FUND	67,304
GMCVO	1,200
GMMH Living Well	28,000
Man Uni NHSFT	5,409
Manchester CHEM	15,990
Manchester City Council	27,622
Manchester Mind Garden Project	2,500
MerseyCare NHS FT	3,459
NHS GREATER MANCHESTER	4,000
Salford CVS	26,157
SOCIAL PRESCRIBING FUND	6,822

5. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES

EXPENSES	TOTAL FUNDS	TOTAL LAST YEAR
Salaries	152,482	
PAYE	8,536	
Project Expenses	7,408	
Rent Expenses	7,200	
Cost of Living Payments	5,400	
Professional Services	4,426	
Travel Expenses	161	
Grand Total	185,613	194,719

6. STAFF COSTS

The average monthly number of employees and full-time equivalent (FTE) during the year was as follows:

	2024	2023
Support staff	7	5

Ethnic Health Forum (Charitable Incorporated Organisation)

Charity No. 1199687 (1123223)

6. STAFF COSTS (*continued*)

The total staff costs and employee benefits were as follows:

	£
Wages and salaries	163,610
PAYE contributions	8,536

No employee received a total employee benefit of more than £60,000 (2024: none).

7. TRUSTEES' PERSONAL REMUNERATION AND EXPENSES

The Trustees neither received nor waived any remuneration during the year (2024: £Nil).

The Trustees had no expenses reimbursed during the year (2024: £Nil).

8. TANGIBLE FIXED ASSETS

	Office Equipment £	Furniture & Fixtures £	Total £
Cost - O.B	6,942	1,571	8,513
Additions	-	-	-
Removals	-	-	-
Cost-CB	6,942	1,571	8,513
Accumulated Depreciation - O.B	5,558	1,402	6,961
Depreciation on removals	-	-	-
Depreciation for the year	277	34	311
Accumulated Depreciation – C.B	5,835	1,436	7,271
Net Assets – O.B	1,384	169	1,553
Net Assets – C.B	1,107	135	1,242

9. DEBTORS

There are no debtors in 2025.

Ethnic Health Forum (Charitable Incorporated Organisation)

Charity No. 1199687 (1123223)

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

The charity has received funds in advance to carry out its charitable activities in the next year. The following statement explains the restricted funds against the services.

Current Year	Prior Year
73,533	52,988

The trustees aim to maintain free reserves in unrestricted funds at a level that equates to approximately six months of unrestricted charitable expenditure.

The trustees consider that this level will provide sufficient funds to respond to grant applications and cover support and governance costs.

11. TAXATION

Ethnic Health Forum is a registered charity in England and Wales and is therefore exempt from taxation.



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

ETHNIC HEALTH FORUM

**On accounts for the year
ended**

30/04/2025

**Charity no
(if any)**

1123223
1199687 (CIO)

Set out on pages

11-19

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/04/2025.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

The charity's gross income exceeded £25, 000 and I am qualified to undertake the examination by being a qualified member of Institute of Financial Accountants (IFA).

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Date:

05/09/2025

Name:

Iftikhar Mian, AFA

**Relevant professional
qualification(s) or body
(if any):**

Membership No. 244768
Institute of Financial Accountants,

Address:

1C Selworthy Road, Manchester M16 7UG

Section B**Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Nil

ETHNIC HEALTH FORUM

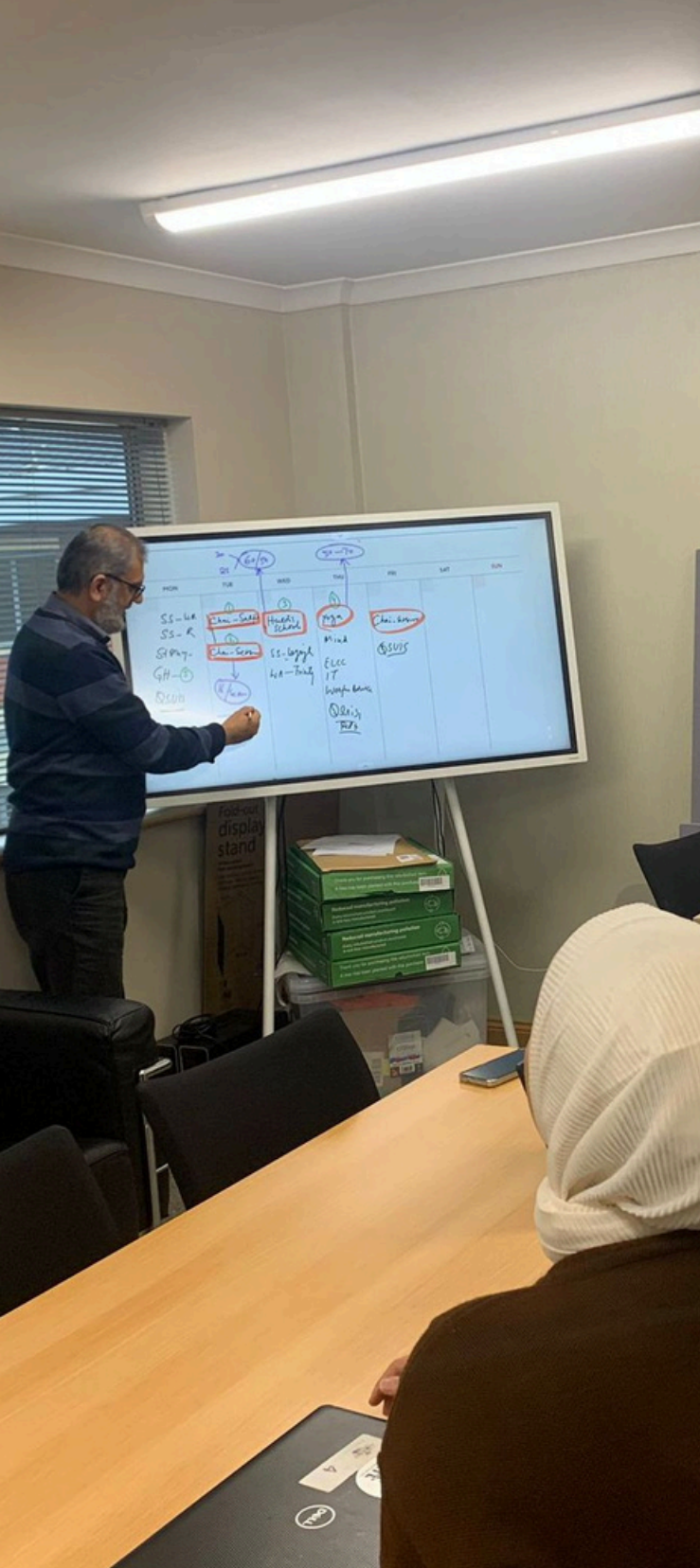
England & Wales - Charity number 1199687

Accounts

YEAR 2023-24

ANNUAL REPORT 2024





A WORD FROM THE CHIEF OFFICER

Dear Partners, Supporters, and Community Members, As I look back on 2023, I am proud of the tremendous progress the Ethnic Health Forum (EHF) has made in supporting minority ethnic communities across Greater Manchester. Our team's dedication, alongside the invaluable contributions of our partners, has allowed us to expand our services and address the evolving needs of those we serve.

This year, the Manchester Happy Homes Project (MHHP) provided essential perinatal support to 193 families, helping them navigate this critical period's emotional and practical challenges. The DigitAll Program has also empowered women by bridging the digital divide providing vital access to online resources and peer support.

Our Welfare Rights Advisory Service has improved the financial security of many newly arrived migrants, helping them access over £13,500 in unclaimed benefits each month. These programs, combined with our community events, have strengthened the social fabric and well-being of minority ethnic communities. None of these achievements would have been possible without the collaboration of partners like Saint Mary's Midwifery Unit, Manchester City Council, and Vodafone. Together, we have created more inclusive and supportive environments for marginalised families.

As we move into 2024, we are excited to continue our work, deepen our impact, and strengthen the partnerships that make it all possible.

Thank you for your ongoing support and commitment to our shared mission.

Warm regards,

A RAUF
CHIEF OFFICER



EXECUTIVE SUMMARY

In 2023, the Ethnic Health Forum (EHF) continued its mission to support minority ethnic communities across Greater Manchester. EHF has been dedicated to improving marginalised groups' health, well-being, and social inclusion, particularly during the critical perinatal period. Through key projects such as the Manchester Happy Homes Project (MHHP) and the DigitAll program, EHF has expanded its outreach, successfully supporting 1,150 clients annually, 62% of whom are women.

Our focus on collaboration with healthcare providers, local government bodies, and community organisations has strengthened our ability to deliver culturally competent services. This report highlights our key initiatives, their impact, and our vision for the future as we continue to address the needs of diverse ethnic communities in Greater Manchester.



Special thanks to the Community Fund for supporting and trusting us to deliver our multilingual Pathway to Prosperity Plus community Project

Key Achievements in 2023

1. Manchester Happy Homes Project (MHHP): The MHHP, launched in May 2023, focused on supporting minority ethnic families during the perinatal period. It provided emotional, practical, and digital support to 193 families in Gorton, Longsight, Moss Side, Rusholme, and Levenshulme. The project has successfully empowered families facing psychosocial challenges in partnership with Saint Mary's Midwifery Unit, Sure Start Centres, and Manchester City Council. The team, consisting of five women from diverse ethnic backgrounds, continues to provide holistic care to families from pregnancy until the baby reaches 12 months.
2. DigitAll Program: The DigitAll program addressed the digital inclusion gap among minority ethnic perinatal mothers. Through establishing three online peer support groups (Kurdish, South Asian, and Arabic-speaking women),

we have provided vital digital literacy skills and information on health, baby care, and employment opportunities.. The WhatsApp groups created a safe space for 79 women to share their concerns and support each other, fostering a sense of community.

3. Welfare Rights Advisory Service: EHF continued to expand its welfare rights advisory services, reaching over 1,150 clients annually, many of whom are newly arrived migrants. The service has helped clients claim an average of £13,500 per month in unclaimed benefits. We also provided English language sessions and IT training, empowering individuals to navigate services like Universal Credit and Manchester Move.

4. Cultural Engagement and Community Events: EHF organised several community events, including an International Women's Day celebration that brought together mothers from our peer support groups. These events celebrated cultural diversity, fostered community engagement, and gathered valuable insights into the digital needs of perinatal mothers. EHF's focus on culturally appropriate services ensures our clients feel comfortable and supported.





25%

community engagement activity of Ethnic Health Forum is carried out to assess community needs

15%

of our work includes working and empowering Volunteers to strengthen their self esteem and build confidence.

50%

of our activity includes Welfare Rights Advice including Happy Home Project for perinatal support services for minority ethnic families.

10%

activities include Research Capacity & Capability within the organisation to undertake data synthesis and monitoring, evaluation, accountability and learning (MEAL) framework

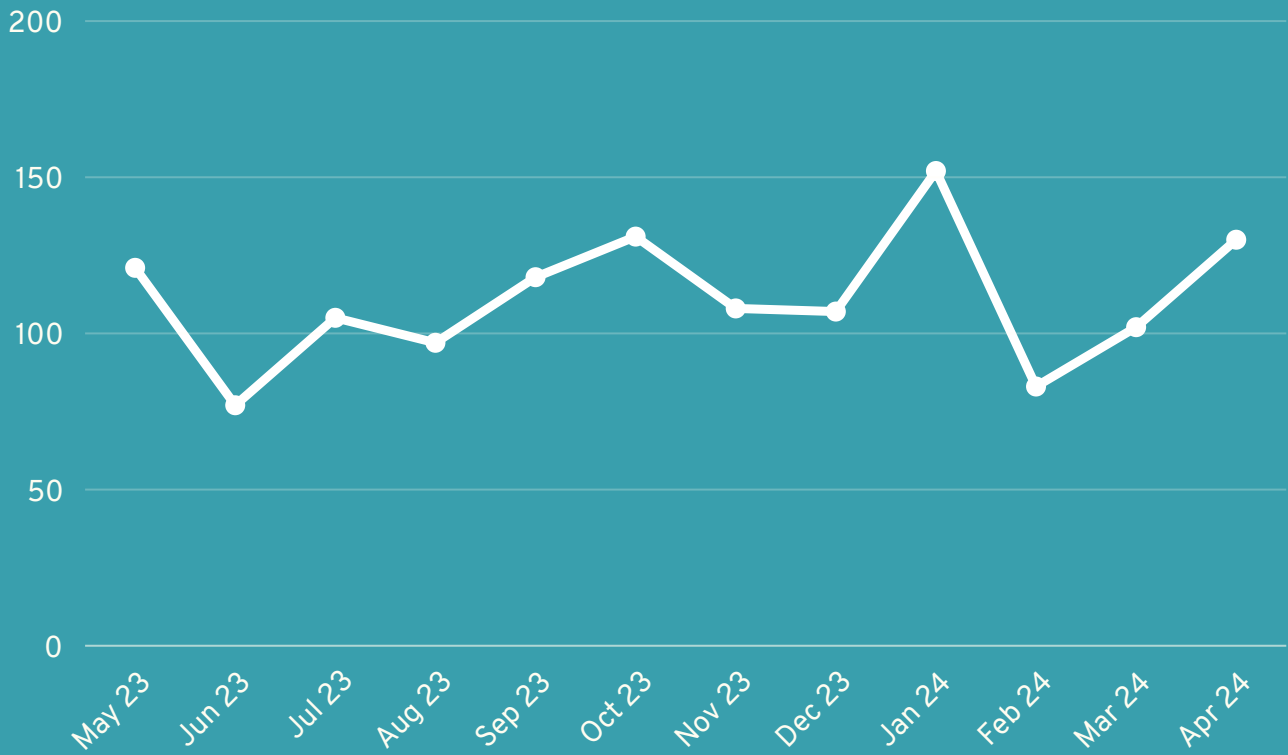
IMPACT ON THE COMMUNITY - HIGHLIGHTS

EHF's work has had a tangible impact on the communities we serve:

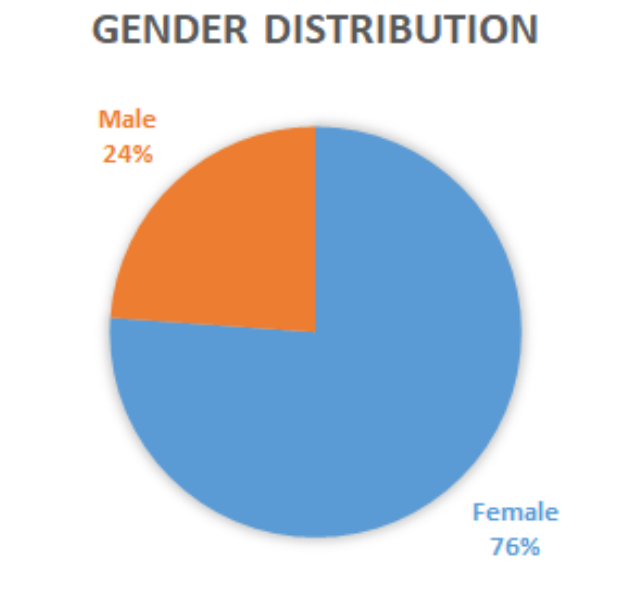
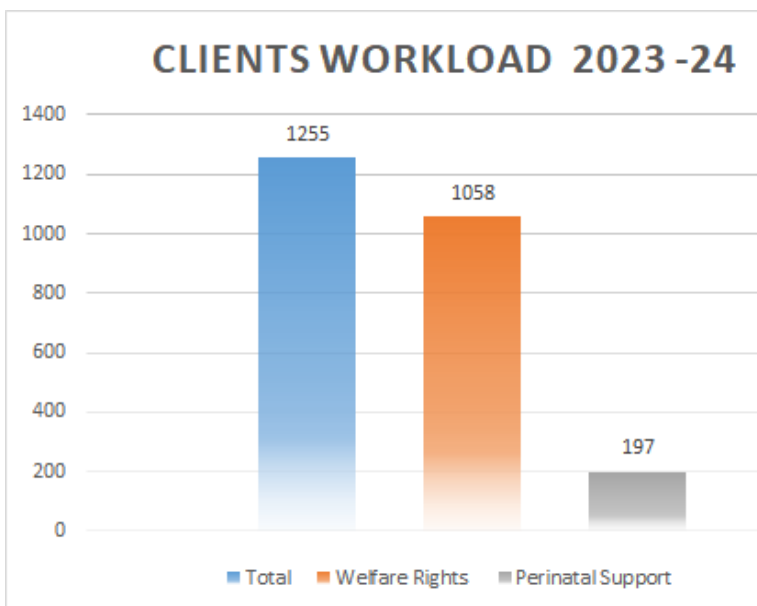
- 1. Improved Health and Well-being:** The perinatal support provided through MHHP has significantly improved the mental and physical health of minority ethnic families. We have seen a reduction in stress and anxiety among mothers as a result of the emotional and practical support offered during pregnancy and postpartum periods.
- 2. Economic Stability:** Our welfare rights advisory service has been instrumental in helping families navigate the complex benefits system, resulting in improved financial security. By ensuring that clients access their entitled benefits, we are reducing the economic pressures faced by marginalised groups.
- 3. Digital Inclusion:** The DigitAll program has empowered women to participate more fully in digital spaces, enabling them to access vital information and connect with others. By improving digital literacy, we are helping to bridge the digital divide and foster greater social inclusion.
- 4. Stronger Community Networks:** Through our peer support groups, community events, and partnerships, we have strengthened the social fabric of minority ethnic communities. These networks provide vital support, reduce isolation, and promote resilience among families.

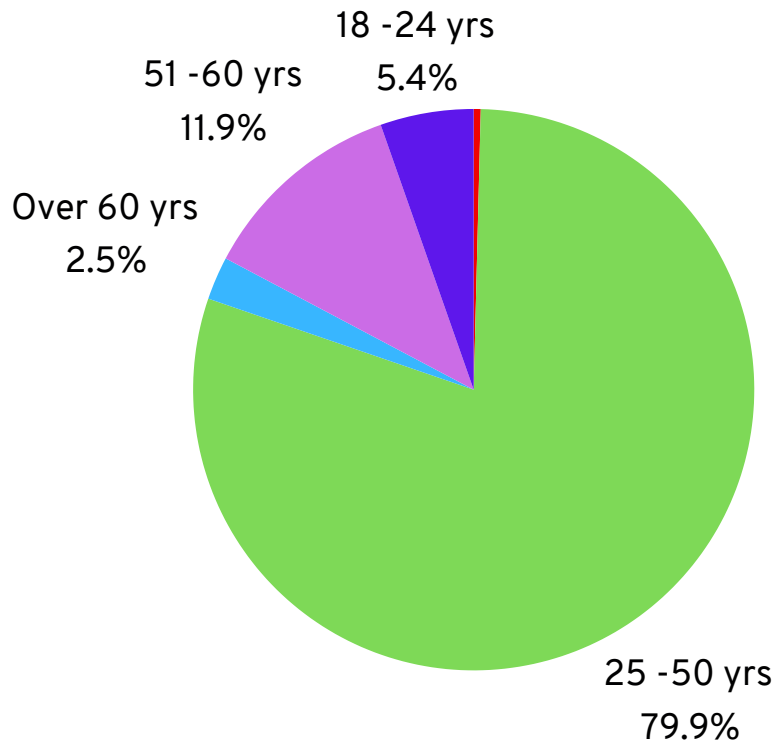


Monthly Workload 2023 - 24

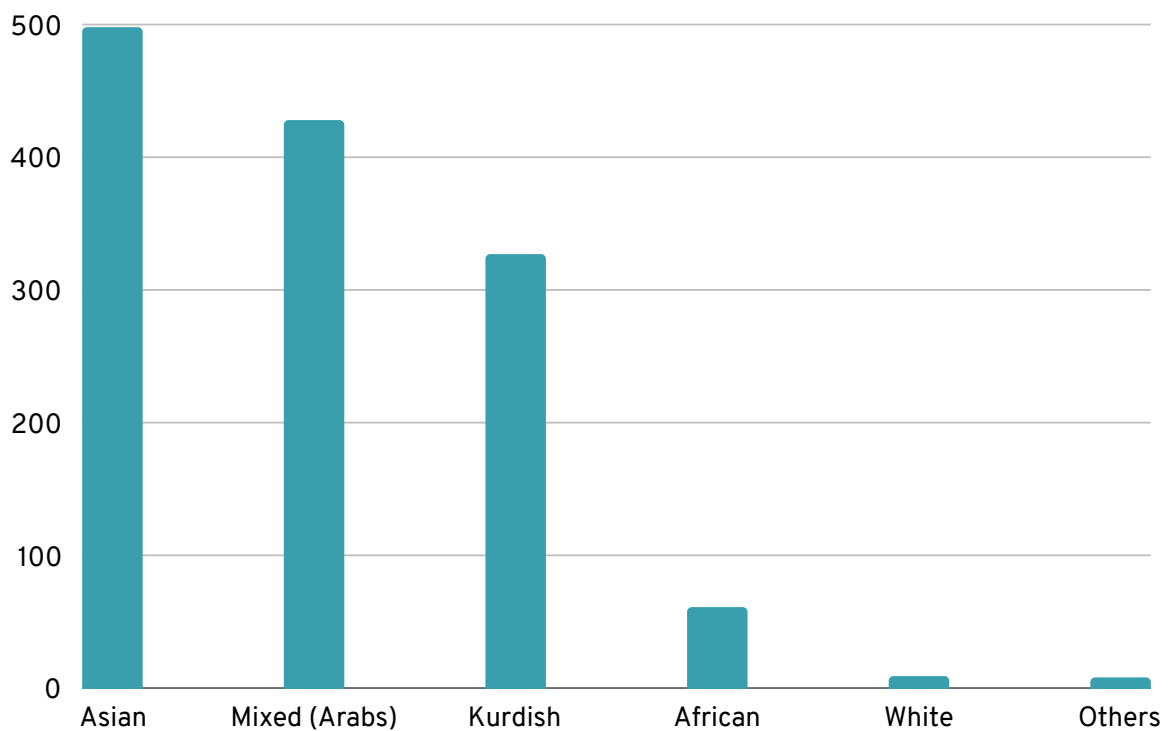


STATISTICS





Majority of our clients fall within the most active socio-economic age group of 25 to 50 years old. However, we have quite a good number of people started accessing our services from 51-60 yrs of age and 18 to 24 years of age.



The largest three ethnic groups we serve continue to include South Asians, including Bengali, Pakistani, Afghani, Persian, Chinese, Burmese and Indian. The other two groups include the Arabic speaking and Kurdish speaking people from the Middle Eastern origin.

Ethnic Health Forum (Charitable Incorporated Organisation)

Statement of Financial Activities

Year Ended 30 April 2024

	Notes	2024		2023	
		Restricted Funds	Unrestricted Funds	Total	Total
		£	£	£	£
INCOME FROM:					
Charitable Activities	(4)	198,473	13,365	211,838	
TOTAL		198,473	13,365	211,838	137,328
EXPENDITURE ON:					
Charitable Expenses	(5)	194,719	4,509	199,228	
TOTAL		194,719	4,509	199,228	109,970
Net Movement in Funds		3,754	8,856	12,610	27,358
Reconciliation of Funds					
Funds brought forward	(3)	81,527	29,313	110,840	83,842
Funds carried forward	(3)	85,281	38,169	123,450	110,840

All income and expenditure derive from continuing activities.

The statement of financial activities includes all gains and losses recognised during the year.

The notes on pages 12 to 16 form part of these financial statements.

ETHNIC HEALTH FORUM
BALANCE SHEET AS AT 30 APRIL 2024

CHARITY NO. 1199687 (1123223)

		2024		2023
	Notes	£	£	£
FIXED ASSETS	(8)			
Tangible Fixed Assets			1,553	1,941
CURRENT ASSETS				
Debtors	(9)	0		0.00
Cash Deposits		0		0.00
Cash at Bank and in Hand		<u>168,292</u>		<u>155,511</u>
		168,292		155,511
CREDITORS				
Amounts falling due within one year	(10)	<u>52,988</u>		<u>52,771</u>
NET CURRENT ASSETS			115,303	102,740
TOTAL NET ASSETS			116,856	104,681
THE FUNDS OF THE CHARITY				
Unrestricted	(3)		38,169	29,313
Restricted	(3)		85,281	81,527
Total Charity Funds			123,450	110,840

The notes on pages 12 to 16 form part of these financial statements.

ETHNIC HEALTH FORUM

STATEMENT OF CASH FLOWS FOR THE YEAR ENDING 30 APRIL 2024

RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Current Year	Prior Year
Net movement in funds	12,610	27,358
Add back depreciation	388	485
Deduct investment income	0	0
Decrease/(increase) in debtors	0	0
Increase / (decrease) in creditors	(217)	(4,579)
Net cash used in operating activities	12,781	23,264
Cash flows from investment activities:		
Interest	0	0
Purchase of fixed assets	0	0
Net cash provided by investing activities	0	0
Increase/(decrease) in cash and cash equivalents during the year	12,781	23,264
Cash and cash equivalents brought forward.	155,511	113,844
Cash and cash equivalents carried forward	168,292	155,511

The notes on pages 12 to 16 form part of these financial statements.

Ethnic Health Forum (Charitable Incorporated Organisation)

Notes to the Financial Statements Year Ended 30 April 2024

1. Summary of Significant Accounting Policies

(a) General information and basis of preparation

Ethnic Health Forum is a Charitable Incorporated Organisation registered in England and Wales. The address of the registered office is given in the charity information on our website (www.ethnichealth.org.uk). The nature of the charity's operations and principal activities are included on page X.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling, which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in preparing these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

(b) Funds

Unrestricted funds are available for use at the trustees' discretion in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that the trustees have set aside for particular purposes. The aim and use of each designated fund are set out in the notes to the financial statements.

Restricted funds are funds that are to be used in accordance with specific restrictions imposed by donors or that have been raised by the charity for particular purposes. The cost of raising and administering such funds is charged against the specific fund. The aim and use of each restricted fund are set out in the notes to the financial statements.

(c) Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA); when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably, and the income is probable to be received.

For donations to be recognised, the charity will be notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity, and it is probable that they will be fulfilled.

No amount of volunteer time is included in the financial statements in line with the SORP.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services to raise funds and is recognised when entitlement occurs.

Income from the government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met; the income will probably be received, and the amount can be measured reliably. If entitlement is not met, then these amounts are deferred.

(d) Expenditure recognition

All expenditure is accounted for on an accrual basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties; the settlement will probably be required, and the obligation amount can be measured reliably. It is categorised under the following headings:

Expenditure on charitable activities

Comprises those costs incurred by the charity in delivering its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Expenditure on raising funds

Comprises costs which are directly attributable to the charity's fundraising activities for its charitable purposes and includes costs of all fundraising events and non-charitable trading.

Irrecoverable VAT is charged as an expense against the activity for which the expenditure arose.

Grants payable to third parties are within the charitable objectives. Where unconditional grants are offered, this is accrued as soon as the recipient is notified of the grant, giving rise to a reasonable expectation that the recipient will receive the grants. Where grants are conditional, relating to performance, then the grant is only accrued when any unfulfilled conditions are outside the charity's control.

(e) Tangible fixed assets

Tangible fixed assets are stated at a cost less than accumulated depreciation.

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost, less estimated residual value of each asset on a systematic basis over its expected useful life as follows:
Computer equipment 33% straight line

(f) Debtors and creditors receivable/payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

(g) Foreign currency

Foreign currency transactions are initially recognised by applying to the foreign currency amount to the spot exchange rate between the functional currency and the foreign currency at the date of the transaction.

Monetary assets and liabilities denominated in a foreign currency at the balance sheet date are translated using the closing rate.

(h) Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the **Ethnic Health Forum (Charitable Incorporated Organisation)**

Notes to the Financial Statements Year Ended 30 April 2024

1. Summary of Significant Accounting Policies

employees are entitled to be recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

(i) Tax

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore, it meets the definition of a charitable company for UK corporation tax purposes. Accordingly,

the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively for charitable purposes.

(j) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe no material uncertainties exist. The trustees have considered the funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure are sufficient, along with the level of reserves, for the charity to continue as a going concern.

2 INCOME

This represents grants, contracts, service level agreements, and sundry income receivables for providing care and social welfare services.

3 FUNDS OF THE CHARITY FOR THE YEAR 2024

Unrestricted	38,169	29,313
Restricted	85,281	81,527
Total Charity Funds	123,450	110,840

4 INCOME FROM CHARITABLE ACTIVITIES FOR THE YEAR 2023

Big Life Hosting Services	10000
CHEM Perinatal-1	4979.5
COMMUNITY FUND	66029.5
COMMUNITY FUND-COST OF LIVING	4871.67
FAMILY HUB	9867
GMCVO	2400
Living Well	11200
MANCHESTER CHEM GRANT	10450

Ethnic Health Forum (Charitable Incorporated Organisation)

Notes to the Financial Statements Year Ended 30 April 2024

MANCHESTER CITY COUNCIL	10000
MANCHESTER GLOBAL FOUNDATION	31500
SALFORD CVS	19073.9
SOCIAL PRESCRIBING FUND	11822
Trinity House	6279.62

5. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES

EXPENSES	TOTAL FUNDS	TOTAL LAST YEAR
Other Expense	3,134	
PAYE	10,183	
Professional Services	18,000	
Rent Expenses	16,766	
Salary	130,149	
Travel Expenses	387	
Refund	5000	
Cost of Living Payments	11,100	
Grand Total	194,719	94,145

6. STAFF COSTS

The average monthly number of employees and full-time equivalent (FTE) during the year was as follows:

	2024	2023
Support staff	7	5

The total staff costs and employee benefits were as follows:

Wages, salaries	130,149
PAYE contributions	10,183

No employee received a total employee benefit of more than £60,000 (2023: none).

7. TRUSTEES' PERSONAL REMUNERATION AND EXPENSES

The Trustees neither received nor waived any remuneration during the year (2023: £Nil).
The Trustees had no expenses reimbursed during the year (2023: £Nil).

8. TANGIBLE FIXED ASSETS

	Office Equipment	Furniture & Fixtures	Total
Cost-OB	6,942.41	1,571.00	8,513.41
Additions	0.00	0.00	0.00
Removals	0.00	0.00	0.00
Cost-CB	6,942.41	1,571.00	8,513.41

Accumulated Depreciation-OB	5,212.24	1,360.06	6,572.30
Depreciation on removals	0.00	0.00	0.00
Depreciation for the year	346.03	42.19	388.22
Accumulated Depreciation-CB	5,558.27	1,402.24	6,960.52
Net Assets-OB	1,730.17	210.94	1,941.11
Net Assets-CB	1,384.14	168.76	1,552.89

9. DEBTORS

There will be no debtors in 2024.

10. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR

The charity has received funds in advance to carry out its charitable activities in the next year. The following statement explains the restricted funds against the services.

	Current Year	Prior Year
	52,988	52,771

The trustees aim to maintain free reserves in unrestricted funds at a level that equates to approximately six months of unrestricted charitable expenditure.

The trustees consider that this level will provide sufficient funds to respond to grant applications and cover support and governance costs.

11. TAXATION

The charity is a registered charity and is therefore exempt from taxation.



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

ETHNIC HEALTH FORUM

**On accounts for the year
ended**

30/04/2024

**Charity no
(if any)**

1123223
1199687 (CIO)

Set out on pages

9-11

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/04/2024.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

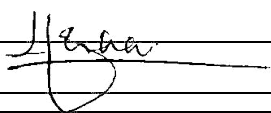
**Independent
examiner's statement**

The charity's gross income exceeded £25, 000 and I am qualified to undertake the examination by being a qualified member of Institute of Financial Accountants (IFA).

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Date: 02/01/2025

Name: Iftikhar Mian, AFA

**Relevant professional
qualification(s) or body
(if any):**

Membership No. 244768
Institute of Financial Accountants,

Address: 1C Selworthy Road, Manchester M16 7UG

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Nil

ETHNIC HEALTH FORUM

England & Wales - Charity number 1199687

Accounts



ANNUAL REPORT 2022-23

Ethnic Health Forum

Charity Number = 1199687 (1123223)

Email: info@ethnichealth.org.uk

Tel: 079 188 301 70

Website: www.ethnichealth.org.uk

City View House, M12 4JD

Submitted by Secretary, Board of Trustee: Usman Akram

Manchester CHEM Covid Chat Programme

What is a COVID Chat?

These are one to one or small group conversations that residents can have either on the telephone, by video call, or face to face where safe to do so. The conversations take



place between residents and credible, informed people that they trust in order to;

- Ascertain

and address what matters to them

- Understand barriers and motivations for the COVID vaccination
- Provide accurate and factual information about COVID-19

About Mcr Covid Chat programme <https://youtu.be/RcVrXZ2IzHg>

What are we trying to reach & why? <https://youtu.be/S8QVK7IVY60>

Check information Online <https://youtu.be/ud4b9TVtwGs>



I am delighted to present the Ethnic Health Forum's Annual Report for the past year. As we reflect on our journey and accomplishments, it fills me with immense pride to see the positive impact we have made on the lives of individuals and communities we serve.

Over the past year, we have continued our unwavering commitment to improving the health, well-being, and social inclusion of ethnic minority communities in Manchester. Through our dedicated efforts and collaborative approach, we have achieved significant milestones and brought about tangible changes in our communities.

I would like to extend my heartfelt gratitude to each and every member of our team for their dedication, passion, and hard work. Your commitment to our mission has been instrumental in driving our success and impact.

A Rauf
Chief Officer
Ethnic Health Forum

Salford Covid Chat Community Champions Programme

Salford City Council's Public Health Team accessed various community organisations in its endeavours to

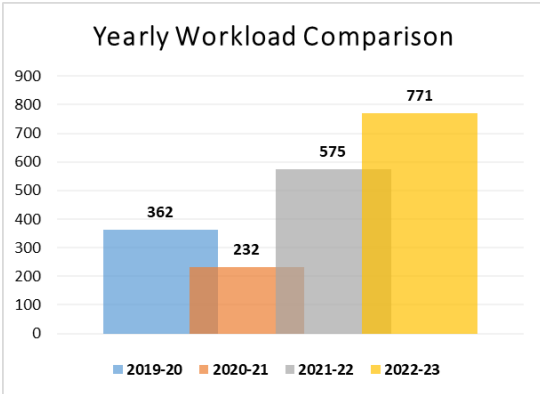
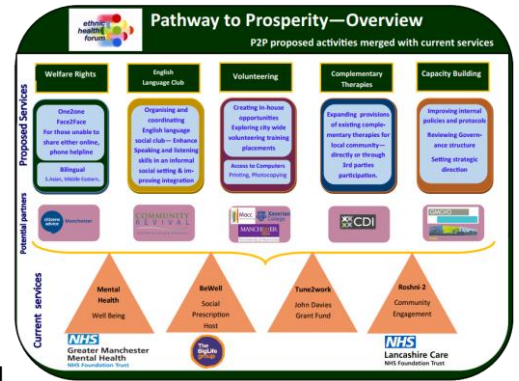
engage communities that Covid-19 has worst hit to improve the uptake of vaccinations in low uptake areas of Salford.



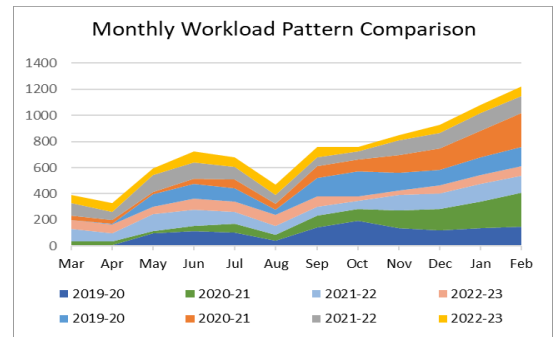
Ethnic Health Forum established its scope by focusing on South Asian communities mainly residing in Broughton and other minority ethnic communities in Eccles and Salford.

Pathway to Prosperity – a social empowerment programme for Manchester minority ethnic communities

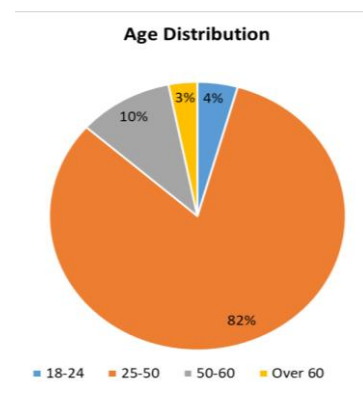
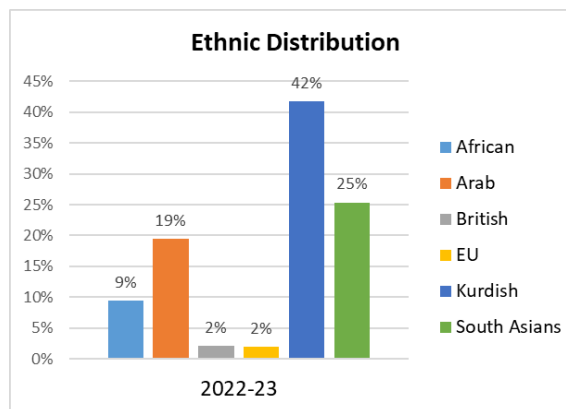
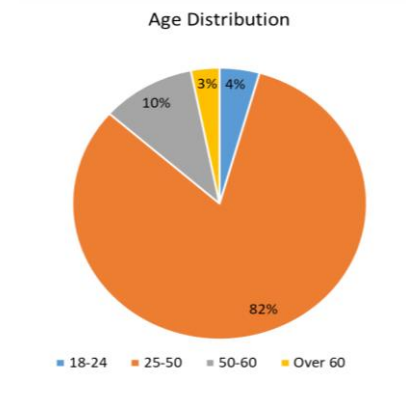
In 2022-23, the number of clients surged to 771, representing a substantial increase from the previous year's count of 575. This significant increase in the number of clients reflects the Ethnic Health Forum's successful execution of community-based services according to our strategic initiatives. The substantial increase in client numbers suggests several potential factors contributing to this uptrend. It could be attributed to implementing practical community engagement outreach work, expanding our service offerings, or improving client experience, resulting in higher client retention and acquisition rates. Moreover, the surge in client numbers in 2022-23 may also reflect a positive response to community needs with rising living costs and people falling within the poverty line. Understanding the underlying drivers behind this increase in clientele provides valuable insights for sustaining momentum by identifying potential funding bodies.



When we observe the trends across the years, specific patterns emerge: **Seasonal Variations:** There are noticeable fluctuations in workload volume across the months within each year. For instance, in 2019-20 and 2020-21, there seems to be a peak in workload from September to November, followed by a decline towards the end of the year. **Stability and Change:** Some months exhibit relative stability in workload



volume across the years, while others show significant changes. For example, February consistently has higher workload volumes across all years, indicating a potential trend or pattern in the tasks assigned during that month. Analysing these trends can offer insights into resource allocation, capacity planning, and identifying peak workload periods to optimise efficiency and productivity in managing tasks and projects throughout the year. The organisation must continue monitoring client trends and feedback and adapting strategies to meet evolving market demands. By leveraging the momentum gained in 2022-23, the organisation can position itself for continued growth and success in the future.

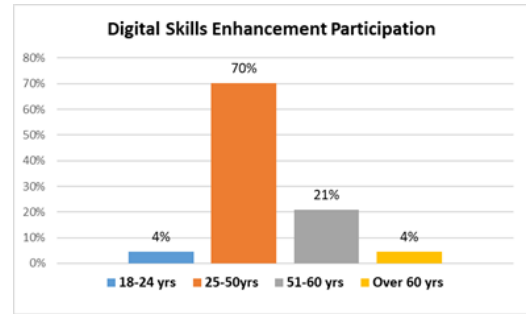


Social Prescriber Programme - Move2Wellbeing

As part of Manchester Social Prescriber Programme, Ethnic Health Forum was funded to expand its Welfare Rights Advice and Volunteering services to the wards of Longsight, Ardwick and Rusholme. The programme was successful in achieving its outcomes of making people to Move on in their life goals, and improve the health and social wellbeing of the minority ethnic communities.

Post Covid-19 Digital Inclusion – Enhancing Digital Skills

Good Things Foundation- EHF delivered a Digital Learning Project supported by the Good Things Foundation, which enabled EHF to help residents access basic IT skills.



DWP Kick Start Youth Employment Support Programme

Three young kick starters joined the EHF for six months to get mentorship, placement and learn skills of community development. After their completion with us, one moved on to Overseas employment, one into full time employment and one joined the University to get Masters qualification.

Networking

During 2022-23, EHF developed further links and created opportunities for the organization to showcase its services and promote EHF. To achieve this, EHF joined the Pakistani Sounding Board (PSB), a forum for local Pakistani community groups and individuals to have a voice and enable PSB to articulate and raise issues and concerns with the senior staff at Manchester City Council. EHF was also a vital member of the South Asian Sounding Board, created before the COVID-19 pandemic, bringing all South Asian community groups together on a single platform to share information and good practice.

Working in Partnerships

During 2022-23, the Ethnic Health Forum consolidated and improved our partnership work with the Be Well Service, a significant service commissioned by NHS Manchester Health Care and provided by the Big Life Company to promote Social prescription in Manchester. EHF continue to build and secure long-term partnerships with the Trinity Community Resource Centre, a vibrant community hub in the multicultural ward of Moss Side and Rusholme.

Ethnic Health Forum (Charitable Incorporated Organisation)
Statement of Financial Activities
Year Ended 30 April 2023

	Notes	2023		2022	
		Restricted Funds £	Unrestricted Funds £	Total £	Total £
INCOME FROM:					
Charitable Activities	(4)	108,910	28,418	137,328	
TOTAL		108,910	28,418	137,328	145,950
EXPENDITURE ON:					
Charitable Expenses	(5)	94,145	15,825	109,970	
TOTAL		94,145	15,825	109,970	135,671
Net Movement in Funds		14,765	12,592	27,358	10,279
Reconciliation of Funds					
Funds brought forward	(3)	66,762	16,720	83,842	73,203
Funds carried forward	(3)	81,527	29,313	110,840	83,482

All income and expenditure derive from continuing activities.

The statement of financial activities includes all gains and losses recognised during the year.

The notes on pages 8 to 12 form part of these financial statements.

ETHNIC HEALTH FORUM
BALANCE SHEET AS AT 30 APRIL 2023

CHARITY NO. 1199687 (1123223)

		2023		2022	
	Notes	£	£	£	£
FIXED ASSETS	(8)				
Tangible Fixed Assets			1,941		2,426
CURRENT ASSETS					
Debtors	(9)	0		0.00	
Cash Deposits		0		0.00	
Cash at Bank and in Hand		<u>155,511</u>		<u>132,247</u>	
		132,247		132,247	
CREDITORS					
Amounts falling due within one year	(10)	<u>52,771</u>		<u>48,192</u>	
NET CURRENT ASSETS			102,740		84,056
TOTAL NET ASSETS			104,681		86,482
THE FUNDS OF THE CHARITY					
Unrestricted	(3)		29,313		16,720
Restricted	(3)		81,527		66,762
Total Charity Funds			110,840		83,482

The notes on pages 8 to 12 form part of these financial statements.

ETHNIC HEALTH FORUM

STATEMENT OF CASH FLOWS FOR THE YEAR ENDING 30 APRIL 2023

RECONCILIATION OF NET MOVEMENT IN FUNDS TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Current Year	Prior Year
Net movement in funds	27,358	22,315
Add back depreciation	485	607
Deduct investment income	0	0
Decrease/(increase) in debtors	0	0
Increase / (decrease) in creditors	-4,579	-4,518
Net cash used in operating activities	23,264	18,404
Cash flows from investment activities:		
Interest	0	0
Purchase of fixed assets	0	0
Net cash provided by investing activities	0	0
Increase/(decrease) in cash and cash equivalents during the year	23,264	18,404
Cash and cash equivalents brought forward	132,247	113,844
Cash and cash equivalents carried forward	155,511	132,247

The notes on pages 8 to 12 form part of these financial statements.

Ethnic Health Forum (Charitable Incorporated Organisation)

Notes to the Financial Statements Year Ended 30 April 2023

1. Summary of significant accounting policies

(a) General information and basis of preparation

Ethnic Health Forum is a Charitable Incorporated Organisation registered in England and Wales. The address of the registered office is given in the charity information on page X of these financial statements. The nature of the charity's operations and principal activities are included on page X.

The charity constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), the Charities Act 2011, and UK Generally Accepted Accounting Practice.

The financial statements are prepared on a going concern basis under the historical cost convention. The financial statements are presented in sterling which is the functional currency of the charity and rounded to the nearest £.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

(b) Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes. The aim and use of each designated fund is set out in the notes to the financial statements.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund. The aim and use of each restricted fund is set out in the notes to the financial statements.

(c) Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained, then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

No amount is included in the financial statements for volunteer time in line with the SORP.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met, then these amounts are deferred.

(d) Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably. It is categorised under the following headings:

Expenditure on charitable activities

Comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Expenditure on raising funds

Comprises costs which are directly attributable to the charity's fund-raising activities for its charitable purposes and includes costs of all fundraising events and non-charitable trading.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

Grants payable to third parties are within the charitable objectives. Where unconditional grants are offered, this is accrued as soon as the recipient is notified of the grant, as this gives rise to a reasonable expectation that the recipient will receive the grants. Where grants are conditional relating to performance then the grant is only accrued when any unfulfilled conditions are outside of the control of the charity.

(e) Tangible fixed assets

Tangible fixed assets are stated at cost less accumulated depreciation.

Depreciation is provided on all tangible fixed assets, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:
Computer equipment 33% straight line

(f) Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

(g) Foreign currency

Foreign currency transactions are initially recognised by applying to the foreign currency amount the spot exchange rate between the functional currency and the foreign currency at the date of the transaction.

Monetary assets and liabilities denominated in a foreign currency at the balance sheet date are translated using the closing rate.

(h) Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the **Ethnic Health Forum (Charitable Incorporated Organisation)**

Notes to the Financial Statements Year Ended 30 April 2023**1. Summary of significant accounting policies**

employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates a defined contribution plan for the benefit of its employees. Contributions are expensed as they become payable.

(i) Tax

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore, it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

(j) Going concern

The financial statements have been prepared on a going concern basis as the trustees believe that no material uncertainties exist. The trustees have considered the level of funds held and the expected level of income and expenditure for 12 months from authorising these financial statements. The budgeted income and expenditure is sufficient with the level of reserves for the charity to be able to continue as a going concern.

2 INCOME

This represents grants, contracts, service level agreements and sundry income receivable for the provision of care and social welfare services.

3 FUNDS OF THE CHARITY FOR THE YEAR 2023

Unrestricted	29,313	16,720
Restricted	81,527	66,762
Total Charity Funds	110,840	83,482

4 INCOME FROM CHARITABLE ACTIVITIES FOR THE YEAR 2023

BIG LIFE Partnership	7500
BOLLYFIT ACTIVE	400
EGALITY LIMITED	50
GOOD THINGS FOUNDATION	6420
GMCVO	5000
KING S COLLEGE LONDON	106
Community Fund	32696
MANCHESTER CITY COUNCIL	44794

MANCHESTER GLOBAL FOUNDATION	1500
SALFORD CITY COUNCIL	10000
SALFORD CVS	5000

Ethnic Health Forum (Charitable Incorporated Organisation)

Notes to the Financial Statements Year Ended 30 April 2023

SOCIAL PRESCRIBING	5000
THE WORK COMPANY	2170
TRINITY HOUSE COMMUNITY CENTRE	16691

5. ANALYSIS OF EXPENDITURE ON CHARITABLE ACTIVITIES

EXPENSES	TOTAL FUNDS	TOTAL LAST YEAR
Other Expense	3,200	
PAYE	9,317	
Professional Services	4,787	
Rent Expenses	7,832	
Salary	84,783	
Travel Expenses	51	
Grand Total	109,970	135,671

6. STAFF COSTS

The average monthly number of employees and full time equivalent (FTE) during the year was as follows:

	2023	2022
Support staff	5	5

The total staff costs and employee benefits were as follows:

Wages, salaries	84,783
PAYE contributions	9,317

No employee received total employee benefit of more than £60,000 (2022: none).

7. TRUSTEES' PERSONAL REMUNERATION AND EXPENSES

The Trustees neither received nor waived any remuneration during the year (2022: £Nil).
The Trustees did not have any expenses reimbursed during the year (2022: £Nil).

8. TANGIBLE FIXED ASSETS

	Office Equipment	Furniture & Fixtures	TOTAL
Cost-OB	6,942	1,571	8,513
Additions	0	0	0
Removals	0	0	0

Cost-CB	6,942	1,571	8,513
Accumulated Depreciation-OB	4,780	1,307	6,087
Depreciation for the year	433	53	485
Accumulated Depreciation-CB	5,212	1,360	6,572
Net Assets-OB	2,163	264	2,426
Net Assets-CB	1,730	211	1,941

9. DEBTORS

There is no debtor during the year 2023.

10. CREDITORS:AMOUNTS FALLING DUE WITHIN ONE YEAR

The charity has received funds in advance to carry out its charitable activities in the next year. The following statement explains the restricted funds against the services.

	Current Year	Prior Year
	52,771	48,192

The trustees aim to maintain free reserves in unrestricted funds at a level which equates to approximately six months of unrestricted charitable expenditure.

The trustees consider that this level will provide sufficient funds to respond to applications for grants and ensure that support and governance costs are covered.

11. TAXATION

The charity is a registered charity and is therefore exempt from taxation.



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

ETHNIC HEALTH FORUM

**On accounts for the year
ended**

30/04/2022

**Charity no
(if any)**

1123223

1199687 (CIO)

Set out on pages

5-12

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 30/04/2022.

**Responsibilities and
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

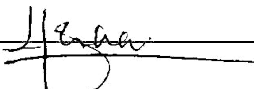
**Independent
examiner's statement**

The charity's gross income exceeded £25, 000 and I am qualified to undertake the examination by being a qualified member of Institute of Financial Accountants (IFA).

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Date: 12/02/2024

Name: Iftikhar Mian, AFA

**Relevant professional
qualification(s) or body
(if any):**

Membership No. 244768
Institute of Financial Accountants,

Address: 1C Selworthy Road, Manchester M16 7UG

Section B

Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

Nil