

BUILDING FUTURES, CHANGING LIVES

For the year ended July 2023

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Trustee Statement

Driven by our commitment and passion, Future for All has recently made a significant impact on the lives of many children, resulting in a dramatic transformation for the better. We have overcome the challenges that come with being a new organization by maintaining our determination and emerging stronger as a result.

We take great satisfaction in reflecting on the past year, during which we provided over 100 disadvantaged NEET and impoverished children with a summer retreat, music therapy classes, summer day camp, and a gardening club, which was established by our young users.

Given the current financial climate, an unprecedented number of families are struggling to make ends meet, making our services more important than ever before. **Future for All fills the gaps in education, therapy, and extracurricular activities that result from social and economic pressures.** We are confident that our organization can provide disadvantaged children with the tools they need to unlock their future, navigate the challenges of being disadvantaged, **and become the leaders of tomorrow.** Our results speak for themselves. Over the past year, **we have helped over 100 children develop talents, skills, capability, resilience, and strength.**

This is a significant accomplishment, as disadvantaged children need all of these attributes to become successful, productive, and contributing members of society.

At Future for All, we believe that children have the power to achieve greatness, and we strive to harness this power to help them fulfil their potential. Our staff and volunteers are driven by their remarkable dedication, which has resulted in numerous positive accomplishments. The children we serve have made new friends, developed new interests, and become more mature, attentive, and confident. All participants learn tolerance and patience as a result of their involvement with our organization. We are confident that these benefits will manifest themselves in a higher quality childhood and a brighter future for all of our participants.

We are delighted to share our first annual report, which showcases our accomplishments thus far. Despite limitations in funding, we managed to deliver high-quality services and programs. Our success is not solely attributed to us, but to all of our supporters who have believed in our mission and made a positive impact on children's lives by providing them with hope for a better future.

Leah Gluck
Trustee, chair

We at FFA, firmly believe that every child has a promising future, and we possess the key that unlocks it.

Aims and Objectives

Future for All is a non-profit organization that was established by a group of compassionate and dedicated trustees who had first-hand experience of the negative impact of a difficult childhood. They strongly believe that every child deserves a chance to experience the joy of a happy childhood and a future full of promise, regardless of their social or economic background. The charity's primary objective is to remove any barriers that prevent children from enjoying a fulfilling childhood and looking forward to a brighter tomorrow. Through their tireless efforts, they aim to create a world where every child has an equal opportunity to thrive and succeed.



FFA has well-defined aims and objectives

Our topmost priority is to provide every child with the necessary childhood experiences that enable them to flourish, and to support the bright future they rightfully deserve.

Our programs aim to enhance every child's future prospects by giving them vital skills that will enhance employment opportunities which will help them break out of the cycle of poverty.

Our programs equip them with essential life skills that are necessary for their survival in the challenging world out there.

We aim to give underprivileged children an opportunity to participate in community activities and interact with people from diverse backgrounds. By doing so, we hope to help them develop an accepting, empathetic, and productive mindset, which will prepare them to become valuable members of our society.

FFA is also very user-focused. The children themselves are encouraged to share their opinions as to what programs are most essential. FFA tries as much as possible to fulfil these requests. Unfortunately, due to lack of funds we have been unable to do everything.

However, despite the dearth of funds, what we have done has been met with overwhelming success by far exceeding our expectations and fulfilling all our above-mentioned aims and objectives.

FFA has a far vision, setting high goals and planning strategies to achieve them. We keep our aims and objectives in mind and that keeps us focused and going full force towards achievement.

An overview of our programs

Although FFA has only been established since July 13th, 2022, we have already implemented several successful programs, each designed to fulfil a specific need. These programs have been highly effective and we've received a lot of positive feedback on the impact they've had. FFA is always looking for ways to improve and maximize the benefits of these programs. Below, you can find more information on the needs that FFA identified and the programs they implemented to address them.

Mission statement:

At FFA, our mission is to help disadvantaged children become valuable members of society. To achieve this, we focus on providing therapeutic skill-based activities as part of our extracurricular programs. Our goal is to empower underprivileged children and young people with foundational life skills, while also instilling a sense of pride and accomplishment in them. By doing so, we hope to plant the belief that they have a bright future ahead of them, despite facing high levels of deprivation, lack of skills, and social isolation.

MUSIC THERAPY CLASSES:

THE NEED:

The COVID-19 pandemic has had a significant impact on the world, particularly on children who come from impoverished and disadvantaged backgrounds. These children have been forced to spend months in cramped living conditions often without access to proper nutrition. As a result, many have experienced trauma and socialization issues, including depression, anxiety, and stress.



OUR RESPONSE:

After the COVID-19 pandemic, we established music therapy classes at FFA, led by an experienced music therapist. Music has an incredible power, and we make the most of it at FFA. In these classes, children are encouraged to explore and express their emotions through music. They participate in singing, playing instruments, song writing, and improvising. Music is used as a tool to treat trauma, anxiety, and depression. It also helps improve communication and social skills, increases confidence, and develops creative thinking. Many of the previously troubled and dejected children have shown an interest in pursuing a career in music, which is a significant achievement.



We started with 20 vulnerable children, and the demand for our services has been so high that we currently have 60 children on our waiting list. Our success is demonstrated by these numbers. With additional funding, we hope to expand our services so that we can help more children in need to start building a brighter future.

ANNUAL RETREAT

THE NEED:

Children from dysfunctional families or those with mentally or physically disabled parents are often left to fend for themselves, especially during prolonged absences from school, such as school holidays. In the absence of proper adult guidance and supervision, these children are at risk of being exposed to several potential dangers, including physical or emotional abuse, and mental health issues. Without a supportive environment and adult direction, deprived children are more likely to feel overwhelmed, anxious or isolated, which can lead to poor academic performance in school and, ultimately, a compromised future.



OUR RESPONSE:

During the summer holidays in July and August, we organized a one-week-long retreat for 75 children:

- The retreat provided a diverse range of activities, workshops, and trips, all of which were aimed at enhancing the children's mental health, social skills, and confidence.
- The nature walks, in particular, were perceived to have a positive impact on the children's mental wellbeing, while the workshops taught them fundamental skills.
- Additionally, the recreational activities instilled new abilities in the children, which translated into newfound confidence.

Throughout the duration of the camp, there was a dedicated focus on promoting social interaction, an essential skill set for the children's future development. Experienced and qualified youth leaders and volunteers were recruited, all of whom were subjected to rigorous safety checks and DBS screening. This contributed immensely to the favourable outcome of the retreat.



MEGA MUSICAL MOVERS

THE NEED:

When speaking to the local community at our winter-holiday-fete; we realised that some young people have a very strong objection to anything sport related and have a strong negative attitude to it. They find movement difficult, tiresome and boring. They do not join any sport activities and hardly walk anywhere, preferring to use buses where possible. This has resulted in them being as what should be termed "couch potatoes"; feeling sluggish, poor body image, low self esteem and them being overweight at a very young age. After further research, FFA have realised the strong need to get young people active and lead healthy lifestyles.



Research has proven that poor body image leading a sedentary lifestyle contributes to poor self-esteem and weak academic performance. This leads to poorer chances of employability and eventually leading to a life of poverty and crime. This project will stop this destructive cycle from being created for these over hundred young people.

OUR RESPONSE:

FFA were excited to launch Mega Musical Movers where over 100 young people have fun exercise sessions at no cost.

Each session includes one hour of getting them moving in a pleasant and non-threatening environment with fun musical activities giving them a good taste of being active. Then, there are 30 minutes of fun workshops where they learn the importance of keeping healthy.

The participants get their bodies moving and get the feeling that getting fit and active is fun and are gaining a positive attitude to sports for their future.

We monitor the effectiveness by compiling data from the questionnaires that we ask our staff and users to complete weekly.



DAYCAMPS

THE NEED:

Many underprivileged children dread the approaching summer and winter holidays. While for most children, school vacations connote with fun family time, pure pleasure and excitement, this is not the case for disadvantaged children. They often witness their more fortunate peers having a great time while they feel stuck in a cycle of boredom. Furthermore, school holidays can also deprive these children of a significant source of nutrients, as they may lack access to school lunches. This can be disastrous for their health and well-being. With boredom and hunger taking a toll on their mental health, and a lack of proper adult supervision, it is no surprise that numerous disadvantaged children suffer from mental health issues during school holidays.



Impact

1 At FFA we see a marked improvement in every one of the children. Kids who entered our program with a low self-esteem, mental health issues, dimmed eyes and chip the size of boulders resting on their meagre shoulders now project an aura of confidence, happiness and self-satisfaction. Their dull, unfocused looks have now been replaced with twinkling sparkles in their eyes. They now sport a natural joie de vivre, which will certainly contribute to a more positive and productive future.

2 Many kids have now developed hobbies they would have never been able to previously and have a wider range of interests and experiences. They have learned and perfected many skills and gained a wealth of knowledge. It is not only at FFA that we see the results. Schools contact us frequently reporting how their most challenging students have shown great progress, with some even doing a 180° turnaround. An occasional parent or guardian has reached out to us to update us what a positive impact FFA has on their charges.

Testimonials

Below is sampling of some feedback received, unedited but with some name changes to protect privacy.

'3 of our pupils J.M, R.S, S.M have grown tremendously since joining FFA. Keep on going'
-Mrs S, Head teacher.

'I have never yet missed a single session coz I love it so much'
- B.R age 10, one of our users.

'You change my miserable, lonely days to happy and glorious days'
- M.J.K one of FFA's benefiter.

'My son has stopped behaving aggressively and is now in a happier frame of mind'
- Mrs F, A parent.

'I noticed that my neighbours' child seemed to much more settled recently. I enquired as to what spring boarded the change and was told, FFA. Keep up the great work'.

Future Plans

At FFA we don't know the meaning of inertia. With tremendous success in the past, at the present we are rearing ready to go full force towards the future. Our plans include adding more innovative, highly beneficial programs (and expanding the number of children accepted into our programs).

The following is a sampling of some planned programs:

- Breakfast Club
- Homework Club
- Gardening Club

BREAKFAST CLUB

Disadvantaged and impoverished children often suffer greatly from the lack of nutrition. Many families cannot afford the bare basics and that manifests itself in hungry children suffering from physical and mental ailments. **To combat this, FFA has recently unveiled plans to found the 'BE Happy, Be Healthy' breakfast and dinner club.** This service will provide nutritious and healthful breakfast and dinners. Children will be encouraged, under the direction of trained volunteers to take part in the planning and preparation of the meals. This will give them a sense of ownership and responsibility. Furthermore, this will teach them some additional essential skills such as setting the table, etiquette and even basic kitchen safety.

HOMEWORK CLUB

Statistics have shown a stark contrast between the academic performance of regular young people in comparison to the academic performance of disadvantaged children. At FFA we feel this is partially because disadvantaged children often come home to an unpleasant atmosphere and therefore have no enthusiasm to complete their homework, thereby setting them back in their studies. **In order to halt this vicious cycle, there are plans in the wings to establish a ground-breaking homework club.** This will enable children to have a secure and supportive environment to come to after an arduous day at school. FFA will ensure that staffs are on hand to help with homework. They will be especially trained to detect signs of learning disorders so it will be appropriately be taken care of, allowing children to achieve higher than ever



Too many children are living in cramped, neck to neck city housing with close to no exposure to nature. Habitually disadvantaged children are not even privileged to take pleasure in an occasional 'day out' surrounded by nature. This lack of exposure to nature means that these children miss out on the physical activity, serenity and environmental awareness that it provides. **FFA recognises this need and has future plans in place to meet this need.**

Future For All
Financial Statements
31 July 2023

Future For All

Trustees' Annual Report

Period ended 31 July 2023

The trustees, for the purposes of company law, present their report and the financial statements of the charity for the year ended 31 July 2023.

Reference and administrative details

Registered charity name	Future For All
Charity registration number	1199638
Principal office and registered office	4 Cranwich Road London N16 5JX
The Trustees	Mr Naftali Dym Mr Bernard Mandel Mrs Leah Gluck
Accountants	Brindley Goldstein Ltd Chartered accountants

Strategic report

The following sections for achievements and performance and financial review form the strategic report of the charity.

Trustees' responsibilities statement

The trustees are responsible for preparing the trustees report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

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Mrs Leah Gluck
Chair, Trustee

Future For All

Statement of Financial Activities (including income and expenditure account)

Period ended 31 July 2023

		2023	
	Note	Unrestricted funds £	Total funds £
Income and endowments			
Donations and legacies	4	13,680	13,680
Total income		<u>13,680</u>	<u>13,680</u>
Expenditure on charitable activities			
Activities & programmes		11,760	11,760
Administrative Expenses			
Accounting Fees		720	720
Costs of raising donations and legacies		206	206
Total expenditure		<u>12,686</u>	<u>12,686</u>
Net income/(expenditure)		<u>994</u>	<u>994</u>
Reconciliation of funds			
Total funds brought forward		—	—
Total funds carried forward		<u>994</u>	<u>994</u>

The statement of financial activities includes all gains and losses recognised in the year.
All income and expenditure derive from continuing activities.

The notes on pages 4 to 7 form part of these financial statements.

Future For All

Statement of Financial Position

Period ended 31 July 2023

	Note	£	2023 £
Current assets			
Cash at bank and in hand		1,714	
		<u>1,714</u>	
Net current assets			1,714
Current Liabilities	5	720	
Total assets Less current liabilities			<u>994</u>
Funds of the charity			
Unrestricted funds			994
Total charity funds	6		<u>994</u>

The trustees have not required the company to obtain an audit of its accounts for the year in question.

These financial statements were approved by the board of trustees and authorised for issue on 29th May 2024, and are signed on behalf of the board by:

Mrs Leah Gluck
Chair, Trustee

The notes on pages 4 to 7 form part of these financial statements.

Future For All

Notes to the Financial Statements

Period ended 31 July 2023

1. General information

The charity is a public benefit entity. The address of the registered office is 4 Cranwich Road, London, N16 5JX.

2. Statement of compliance

These financial statements have been prepared in compliance with FRS 102, 'The Financial Reporting Standard applicable in the UK and the Republic of Ireland', the Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (Charities SORP (FRS 102)) and the Companies Act 2006.

3. Accounting policies

Basis of preparation

The financial statements have been prepared on the historical cost basis, as modified by the revaluation of certain financial assets and liabilities and investment properties measured at fair value through income or expenditure.

The financial statements are prepared in sterling, which is the functional currency of the entity.

Going concern

There are no material uncertainties about the charity's ability to continue.

Transition to FRS 102

The entity transitioned from previous UK GAAP to FRS 102 as at 1 June 2021. Details of how FRS 102 has affected the reported financial position and financial performance is given in note 11.

Fund accounting

Unrestricted funds are available for use at the discretion of the trustees to further any of the charity's purposes.

Designated funds are unrestricted funds earmarked by the directors for particular future project or commitment.

Restricted funds are subjected to restrictions on their expenditure declared by the donor or through the terms of an appeal and fall into one of two sub-classes: restricted income funds or endowment funds.

Future For All

Notes to the Financial Statements *(continued)*

Period ended 31 July 2023

3. Accounting policies *(continued)*

Incoming resources

All incoming resources are included in the statement of financial activities when entitlement has passed to the charity; it is probable that the economic benefits associated with the transaction will flow to the charity and the amount can be reliably measured. The following specific policies are applied to particular categories of income:

- income from donations or grants is recognised when there is evidence of entitlement to the gift, receipt is probable and its amount can be measured reliably.
- legacy income is recognised when receipt is probable and entitlement is established.
- income from donated goods is measured at the fair value of the goods unless this is impractical to measure reliably, in which case the value is derived from the cost to the donor or the estimated resale value. Donated facilities and services are recognised in the accounts when received if the value can be reliably measured. No amounts are included for the contribution of general volunteers.
- income from contracts for the supply of services is recognised with the delivery of the contracted service. This is classified as unrestricted funds unless there is a contractual requirement for it to be spent on a particular purpose and returned if unspent, in which case it may be regarded as restricted.

Resources expended

Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is classified under headings of the statement of financial activities to which it relates:

- expenditure on raising funds includes the costs of all fundraising activities, events, non-charitable trading activities, and the sale of donated goods.
- expenditure on charitable activities includes all costs incurred by a charity in undertaking activities that further its charitable aims for the benefit of its beneficiaries, including those support costs and costs relating to the governance of the charity apportioned to charitable activities.
- other expenditure includes all expenditure that is neither related to raising funds for the charity nor part of its expenditure on charitable activities.

All costs are allocated to expenditure categories reflecting the use of the resource. Direct costs attributable to a single activity are allocated directly to that activity. Shared costs are apportioned between the activities they contribute to on a reasonable, justifiable and consistent basis.

Financial instruments

A financial asset or a financial liability is recognised only when the charity becomes a party to the contractual provisions of the instrument.

Basic financial instruments are initially recognised at the amount receivable or payable including any related transaction costs.

Future For All

Notes to the Financial Statements *(continued)*

Period ended 31 July 2023

Current assets and current liabilities are subsequently measured at the cash or other consideration expected to be paid or received and not discounted.

Debt instruments are subsequently measured at amortised cost.

Where investments in shares are publicly traded or their fair value can otherwise be measured reliably, the investment is subsequently measured at fair value with changes in fair value recognised in income and expenditure. All other such investments are subsequently measured at cost less impairment.

Other financial instruments, including derivatives, are initially recognised at fair value, unless payment for an asset is deferred beyond normal business terms or financed at a rate of interest that is not a market rate, in which case the asset is measured at the present value of the future payments discounted at a market rate of interest for a similar debt instrument.

Other financial instruments are subsequently measured at fair value, with any changes recognised in the statement of financial activities, with the exception of hedging instruments in a designated hedging relationship.

Financial assets that are measured at cost or amortised cost are reviewed for objective evidence of impairment at the end of each reporting date. If there is objective evidence of impairment, an impairment loss is recognised under the appropriate heading in the statement of financial activities in which the initial gain was recognised.

For all equity instruments regardless of significance, and other financial assets that are individually significant, these are assessed individually for impairment. Other financial assets are either assessed individually or grouped on the basis of similar credit risk characteristics.

Any reversals of impairment are recognised immediately, to the extent that the reversal does not result in a carrying amount of the financial asset that exceeds what the carrying amount would have been had the impairment not previously been recognised.

4. Donations and legacies

	Unrestricted Funds £	Total Funds 2023 £
Donations		
Donations Received	13,680	13,680

5. Creditors

Accruals	720
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Future For All

Notes to the Financial Statements *(continued)*

Period ended 31 July 2023

6. Analysis of charitable funds

Unrestricted funds

General funds	£ 994	£ 994
	<u> </u>	<u> </u>
Cash at bank and in hand	£ 1,714	£ 1,714
	<u> </u>	<u> </u>